

Alicia A. Dahl, PhD, MS
University of North Carolina at Charlotte
e: ADAHL3@uncc.edu

Department Office

College of Health and Human Services
Department of Public Health Sciences, 4th floor
9201 University City Blvd, Charlotte, NC 28223
Phone: 704-687-5612
Main website: <https://publichealth.uncc.edu/>
Faculty website: <https://pages.uncc.edu/adahl3/>

Follow My Work

LinkedIn: www.linkedin.com/in/alicia-dahl-public-health
Twitter: <https://twitter.com/pubhealthdahl>
Publications:
https://www.researchgate.net/profile/Alicia_Dahl
<https://orcid.org/0000-0002-6229-0926>

Last updated: 7/2022

EDUCATION

- 2018 **Doctor of Philosophy**, University of South Carolina, Arnold School of Public Health, Department of Health Promotion, Education, and Behavior, Columbia, SC
Dissertation: "The Healthy Motivations for Moms-To-Be (Healthy MoM2B) Study: Development and Implementation of a Mobile Health Intervention Targeting Gestational Weight Gain Among Pregnant Women in the U.S." Chair: Gabrielle Turner-McGrievy, RD, PhD
- 2013 **Master of Science, Health Promotion**, University of Delaware, Department of Behavioral Health and Nutrition, Newark, DE
- 2011 **Bachelor of Science, Global Health and Communications**, Juniata College, Huntingdon, PA

PROFESSIONAL EXPERIENCE

Academic Appointments

- 8/2018-Present **Assistant Professor (Tenure Track)**, Department of Public Health Sciences, University of North Carolina at Charlotte, Charlotte, NC

Other Relevant Experience

- 1/2013-7/2014 **Research Specialist, Data Analyst**, *Eat.Right.Now. Nutrition Education Program*, Office of Research and Evaluation, The School District of Philadelphia, Philadelphia, PA

HONORS/AWARDS

Recipient

- 2022-Present The Honor Society of Phi Kappa Phi, UNC Charlotte, Member
5/2022-6/2022 CHHS Education Innovation Fellow, UNC Charlotte
8/2021-5/2022 Research Fellow, Office of Undergraduate Research, UNC Charlotte
5/2021 Faculty Excellence Award in Online Teaching, College of Health & Human Services, UNC Charlotte
8/2020 Loan Repayment Program, National Institute on Minority Health & Health Disparities
5/2018 Arnold School of Public Health Doctoral Achievement Award, University of SC
5/2018 Christopher Peter Aluah Outstanding HPEB Doctoral Student Award, University of SC
4/2018 3-Minute Thesis (3MT) Heat Winner, Second Runner-Up Overall, University of SC
4/2018 2018 Excellence in Research Award, Society of Behavioral Medicine
8/2017 Norman and Gerry Sue Arnold Emerging Scholar in Childhood Obesity, University of SC
6/2016 TecHealth Summer Sponsorship, University of South Carolina

- 5/2013 Outstanding Graduate Student, Department of Behavioral Health and Nutrition, University of Delaware
- 10/2011 Women of Pride Award, University of Delaware

RESEARCH ACTIVITIES

Current Projects

Research as Principal Investigator

- 12/2021-Present **Improving Access and Healthier Food Choices through Daycare Take Home Dinners**
[Total Awarded: \$111,917]
Cabarrus Health Alliance via the Walmart Foundation

Research as Co-Investigator

- 6/2021-Present **Social Determinants of Health/Community Resource Centers Monitoring and Evaluation** [Total Subcontracted: \$473,500] Role: Faculty Co-Lead
Centers for Disease Control and Prevention (CDC) grant; Mecklenburg County Public Health
- 5/2021-Present **Paper Chase Pilot Program. Developing Campus Skills for Rapid Dissemination** [Total Awarded: \$38,000 *detailed below*] Role: Research Fellow; Co-PI
UNC Charlotte Internal - 2022: Office of Undergraduate Research (\$18,500)
UNC Charlotte Internal - 2021: Office of Undergraduate Research (\$15,500)
UNC Charlotte Internal: Women & Girls Research Alliance Seed Funding (\$4,000)

Completed Research

Research Activities as Principal Investigator

- 3/2019-9/2021 **MamaVIEW: A mixed-methods approach to understanding perceived barriers and enabling factors of health during pregnancy among Black/African American women in Mecklenburg County, NC.** [Total Awarded: \$12,510 *detailed below*]
UNC Charlotte Internal: Faculty Research Grant (\$7,550)
UNC Charlotte Internal: Women & Girls Research Alliance Seed Funding (\$4,960)
- 5/2021-6/2021 **Pandemic & Peripartum: Understanding the Impact of the COVID-19 Pandemic on the Wellbeing of First-Time Moms in North Carolina** [Total Awarded: \$5,000]
UNC Charlotte Internal: Women & Girls Research Alliance Seed Funding
- 1/2020-12/2021 **Take a Timeout: A Skills-Based Podcast Program for Addressing Mental Health Challenges in Collegiate Student-Athletes.** [Total Direct Awarded: \$24,940]
National Collegiate Athletic Association, Innovations in Research and Practice Grant (\$20,000)
UNC Charlotte Internal: Women & Girls Research Alliance Seed Funding (\$4,940)
- 7/2016-8/2018 **The Healthy Motivations for Moms-To-Be (Healthy MoM2B) Study: Development and Implementation of a Mobile Health Intervention Targeting Gestational Weight Gain Among Pregnant Women in the U.S.** [Total U of SC Internal Funds Awarded: \$2,100, *detailed below*]
Provost's Funds, Department of HPEB, U of SC (\$1,000)
Dean's Travel Award, Arnold School of Public Health, U of SC (\$600)
Graduate School Travel Grant, U of SC (\$500)
TecHealth Summer Sponsorship, U of SC (80 hours of free tech programming)

Research Activities as Co-Investigator

8/2019-8/2021 **Understanding and Resolving a Paradox between Privacy Protection and Data Gathering/Analytics for an mHealth System in Support of Depression Monitoring, Management, and Intervention.** [Total Awarded: \$10,000] PI: Zhang; Role: Co-PI
UNC Charlotte Internal: School of Data Science Initiative

Research Activities as Research Assistant

8/2014-8/2018 **The Health in Pregnancy and Postpartum (HIPP) Study.** [Total Direct Awarded: \$2,901,888]
National Institutes of Health; R01 HD078407; Granting period: 8/2014-6/2019; PI: Sara Wilcox and Jihong Liu; Co-I: Gabrielle Turner-McGrievy; Role: Graduate Research Assistant

8/2016-10/2016 **Barriers to Exercise in Pregnancy.** [Total Direct Awarded: \$8,461]
Richland Memorial Hospital Research and Education Foundation, Grant-In-Aid Award; Granting period: 11/2015-8/2016; PI: Natalie Buckham; Co-I: Kim Sims, Jihong Liu, Sara Wilcox; Role: Qualitative Data Analyst

6/2012-5/2013 **Project Vida Sana.**
PI: Mia Papas; Co-I: Jillian Trabulsi, Gregory Dominick; Role: Research Coordinator

Research Activities as Mentor, Completed

10/2017-8/2018 **Investigating meal quality of pregnant women participating in a mobile health study targeting gestational weight gain** [Total U of SC Internal Funds Awarded: \$5,900]
Magellan Scholar Award; U of SC; Co-PI: Courtney Cooper and Rachel Desch; Role: Mentor

3/2017-12/2017 **Passion for public health: A pregnancy study investigating meal quality.** [Total U of SC Internal Funds Awarded: \$2,490 *detailed below*]
Magellan Scholar Apprentice (\$995) PI: Courtney Cooper; Role: Mentor
Magellan Scholar Mini Grant (\$997) PI: Courtney Cooper; Role: Mentor
Sustainable Magellan Award (\$498) PI: Courtney Cooper; Role: Mentor

8/2016-5/2017 **Pregnant women's knowledge of gestational weight gain: Online needs assessment.** [Total U of SC Internal Funds Awarded: \$5,900]
Magellan Scholar Mini Grant (\$991) PI: Shannon Mellon; Role: Mentor

PUBLICATIONS

Underlined co-author names denote current or former student and/or trainee

Peer-Reviewed Journal Articles

Published or In Press

1. Lisenbee, J. Gil-Rivas, V., Webb, J.B., **Dahl, A.A.**, Quinlan, M.M. (2022) Birth Doula Care in California during COVID-19: The Impacts of Social Distancing on a High-Touch Helping Profession. *Qualitative Health Research*. <https://journals.sagepub.com/doi/10.1177/10497323221110807>
2. **Dahl, A.A.**, Bowling, J., Krinner, L.M., Brown, C.S., Shaw, G., Lewis, J.B., Moore-Harrison, T., Clinton, S.M., Gartlan, S.R. (2022). "If we can do it, anyone can!": Evaluating a Virtual "Paper Chase" Collaborative Writing Model for Rapid Research Dissemination. *Active Learning in Higher Education*. <https://doi.org/10.1177/14697874221099011>
3. Zhang, D., Lim, J., Zhou, L., **Dahl, AA.** (2021) Breaking the Data Value-Privacy Paradox in Mobile Mental Health Systems Through User-Centered Privacy Protection: Online Survey Study. *JMIR Mental Health*, 8(12):e31633. <https://doi.org/10.2196/31633>

4. Karami, A., **Dahl, A.A.**, Shaw, G., Valappil, S.P., Turner-McGrievy, G., Kharrazi, H., Bozorgi, P. (2021). Analysis of social media discussions on (#)diet by blue, red, and swing states in the U.S., *Healthcare*, 9(5), 518. <https://doi.org/10.3390/healthcare9050518>
5. Liu, J., Wilcox, S., Wingard, E., Burgis, J., Schneider, L., **Dahl, A.A.** (2020). Strategies and challenges in recruiting pregnant women with elevated body mass index for a behavioral lifestyle intervention. *Women's Health Reports*, 1(1), 556-565. <https://doi.org/10.1089/whr.2020.0089>
6. Bowling, J.B., Vercruyse, C., Bello-Ogunu, F., Krinner, L.M., Greene, T., Webster, C., **Dahl, A.A.** (2020) "It's the nature of the beast": Community Resilience Among Gender Diverse Individuals. *J Community Psychology*, 48(7), 2191-2207. <https://doi.org/10.1002/jcop.22371>
7. Kennedy, A.B., Riyad, C.N.Y., Gunn, L.H., Brown, A.G., Dunlap, K.B., Knutsen, M.E., **Dahl, A.A.** (2020). More Than Their Test Scores: Redefining Success with Multiple Mini-Interviews. *Med.Sci.Educ*, 30, 1049-1060. <https://doi.org/10.1007/s40670-020-01013-z>
8. Wilcox, S., Liu, J., Addy, C., Turner-McGrievy, G., Burgis, J., Wingard, E., **Dahl, A.A.**, Whitaker, K., Schneider, L., & Boutté, A. (2018). A randomized controlled trial to prevent excessive gestational weight gain and promote postpartum weight loss in overweight and obese women: Health in Pregnancy and Postpartum (HIPP). *Contemporary Clinical Trials*, 66, 51-63. <https://doi.org/10.1016/j.cct.2018.01.008>
9. Karami, A., **Dahl, A.A.**, Turner-McGrievy, G., Kharrazi, H., & Shaw, G. (2018). Characterizing diabetes, diet, exercise, and obesity comments on Twitter. *International Journal of Information Management*, 38(1), 1-6. <https://doi.org/10.1016/j.ijinfomgt.2017.08.002>
10. **Dahl, A.A.**, Dunn, C., Boutté, A., Crimarco, A., & Turner-McGrievy, G. (2018). Mobilizing mHealth for Moms: A Review of Mobile Apps for Tracking Gestational Weight Gain. *Journal of Technology in Behavioral Science*, 3(1), 32-40. <https://doi.org/10.1007/s41347-017-0030-6>
11. Schoffman, D., Davidson, C., Hales, S., Crimarco, A., **Dahl, A.A.**, & Turner-McGrievy, G. (2016). The Fast-Casual Conundrum: Fast-Casual Restaurant Entrées Are Higher in Calories than Fast Food. *Journal of the Academy of Nutrition and Dietetics*, 116(10), 1606-1612. <https://doi.org/10.1016/j.jand.2016.03.020>
12. **Dahl, A.A.**, Hales, S., & Turner-McGrievy, G. (2016). Integrating social media into weight loss interventions. *Current Opinion in Psychology*, 9, 11-15. <https://doi.org/10.1016/j.copsy.2015.09.018>
13. Papas, M., Trabulsi, J., **Dahl, A.A.**, & Dominick, G. (2016). Food Insecurity Increases the Odds of Obesity Among Young Hispanic Children. *Journal of Immigrant and Minority Health*, 18(5), 1046-1052. <https://doi.org/10.1007/s10903-015-0275-0>

Under Review

1. Wilcox, S., **Dahl, A.A.**, Boutte, A.K., Liu, J., Day, K., Turner-McGrievy, G., Wingard, E. (under review). Process evaluation of the Health in Pregnancy and Postpartum (HIPP) study: Methods, implementation fidelity, and participant experiences with program components. *Submitted May 23, 2022.*
2. Lisenbee, J., Webb, J.B., Gil-Rivas, V., Quinlan, M.M., **Dahl, A.A.** (Under Review). Examining birth doulas' role in supporting psychological adaptation processes: A qualitative analysis of interventions delivered during COVID-19. *Submitted November 8, 2021.*
3. **Dahl, A.A.**, Cramer, R.J., Gemberling, T., Wright, S., Wilsey, C.N., Bowling, J., & Golom, F.D. (Under Review). An Examination of Identity, Community Involvement, Coping, and Mental Health among BDSM-Practicing Adults. *Submitted February 15, 2022.*
4. **Dahl, A.A.**, Yada, F.N., Butts, S.J., Tolley, A., Hirsch, S., Lalgondar, P., Shade, L. Contextualizing the Experiences of Black Pregnant Women During the COVID-19 Pandemic: "It's been a lonely ride." *Submitted March 28, 2022.*
5. **Dahl, A.A.**, Mayfield, M., Fernandez-Borunda, A., Butts, S.J., Grafals, M., Racine, E.F. (Awaiting Reviewer Assignment) Dinner Planning and Preparation Considerations of Parents with Children Attending Childcare. *Submitted June 23, 2022.*

Under Revision and/or In Progress

1. **Dahl, A.A.**, Turner-McGrievy, G., Mooney, J., Wende, M., Qiao, S., Wilcox, S., Liu, J., Davis, R.E. A systematic review of digital self-monitoring adherence for gestational weight gain. *Under revision.*
2. **Dahl, A.A.**, Turner-McGrievy, G., Wilcox, S., Liu, J., Davis, R.E. Health motivations for moms-to-be study: A mobile health study targeting gestational weight gain. *Developing.*

3. **Dahl, A.A.**, Wilcox, S., Liu, J., Hutto, B., Lane-Cardova, A., Wingard, E. Breastfeeding intentions and practice: Results from the health in pregnancy and postpartum behavioral intervention. *Developing*.
4. Mooney, J., Webb, J.B., Armstrong, L., **Dahl, A.A.** Maternal well-being during gestation: Examining the role of pregnant embodiment. *Developing*.

Public Facing Articles (not peer-reviewed)

1. **Dahl, A.A.**, Waring, M.E., Biviji, R., Felder, T., Lisenbee, J. (Spring 2021). Pandemic Parenting: Challenges and Silver Linings. *Outlook Newsletter, Society of Behavioral Medicine*. <https://www.sbm.org/publications/outlook/issues/spring-2022/pandemic-parenting-challenges-and-silver-linings/full-article>
2. Lisenbee, J., **Dahl, A.A.**, Shi, S.F., Lunde, C. (2021, May). A Guide to Preconception Health Considerations. *Healthy Living Website, Society of Behavioral Medicine*. Retrieved from <https://www.sbm.org/healthy-living/a-guide-to-preconception-health-considerations>
3. Njie-Carr, V.P.S., Carson, T.L., **Dahl, A.A.**, Shen, M.J., Wigfall, L.T. (Spring 2021). Countering the Negative Health Effects of Racial Injustice and Systemic Racism: Call to Action, Call to Support: Racial Equity & Inclusion Series Part I. *Outlook Newsletter, Society of Behavioral Medicine*. Retrieved from <https://www.sbm.org/publications/outlook/issues/spring-2021/countering-the-negative-health-effects-of-racial-injustice-and-systemic-racism/full-article>
4. McCann, A. & **Dahl, A.A.** (2019, February 11). Healthiest & Unhealthiest Cities in America. *Ask the Experts*. Retrieved from <https://wallethub.com/edu/healthiest-cities/31072/#expert=alicia-dahl>
5. Symons Downs, D., Krukowski, B., Huberty, J., Waring, M., **Dahl, A. A.**, & Mailey, E. (2019). Tips for a Healthy Pregnancy. *Healthy Living Website, Society of Behavioral Medicine*. Retrieved from <https://www.sbm.org/healthy-living/tips-for-a-healthy-pregnancy>

Book Chapters

1. Jake-Schoffman D.E., **Dahl A.A.**, Moore J.B. "Dissemination: Models and Methods." In D. Bornstein, A. Eyler, J. Maddock, & J.B. Moore (Eds.), *Physical Activity and Public Health: A Guide to Effective Interventions*, First Edition. New York City, NY: Springer Publishing. January 2019. ISBN: 9780826134585

PRESENTATIONS

Underlined co-author names denote current or former student and/or trainee

Peer-Reviewed Conference Presentations

1. Butts, S., **Dahl, A.A.**, Racine, E.F., Mayfield, M., Fernandez-Borunda, A. Parental self-confidence regarding healthy meal preparation for preschool age children attending childcare. Research Poster presented at the 2022 annual meeting of ISBNPA, Phoenix, AZ.
2. Mayfield, M., **Dahl, A.A.**, Racine, E.F., Fernandez-Borunda, A. Butts, S. Exploring How Caregivers of Young Children Enrolled in Childcare Experience Dinner. Research Poster presented at the 2022 annual meeting of ISBNPA, Phoenix, AZ.
3. **Dahl, A.A.**, Yada, F.N., Wilson, K., Shade, L. *MamaVIEW Study: Understanding Perceived Barriers and Enabling Factors of Prenatal Health Among Black/African American Women*. Research Poster presented at the 2022 annual conference of the Society of Behavioral Medicine, Baltimore, MD.
4. **Dahl, A.A.** & Bowling, J. Pulling Others in to Get the Word Out: Evaluating a Training Program on the "Paper Chase" Writing Model for Research Dissemination. Research Poster presented at the 2022 annual conference of the Society of Behavioral Medicine, Baltimore, MD.
5. Yada, F.N., Butts, S., Shade, L., **Dahl, A.A.** *MamaVIEW Photo-Elicitation Project: Pregnancy Stories of Black Women in Charlotte, NC*. Research Poster presented at the 2022 annual conference of the Society of Behavioral Medicine, Baltimore, MD.

6. Butts, S., Dahl, A.A., Yada, F.N. *The Impact of the COVID-19 Pandemic on Lifestyle Behaviors of Black Pregnant Women in Charlotte, NC.* Research Poster presented at the 2022 annual conference of the Society of Behavioral Medicine, Baltimore, MD.
7. Mooney, J., Webb, J.B., Armstrong, L.M., Dahl, A.A. (2021, June) *Pernicious Pressures on the Pregnancy Physique: Examining the Persistence of Diet Culture Internalization during Gestation.* Research Poster presented at the biennial conference from the Centre for Appearance Research "Appearance Matters 9", Virtual.
8. Dahl, A.A., Coffey, A.F. (2021, April) *Season Cancelled: Assessing the Impact of the COVID-19 Pandemic on Female Student-Athletes' Mental Health Using Mixed Methods.* Research Spotlight (Poster) presented at the annual conference of the Society of Behavioral Medicine, Virtual.
9. Lisenbee, J., Webb, J.B., Gil-Rivas, V., Dahl, A.A., Quinlan, M.M. (2021, April) *Doula Care in California during COVID-19: The Impacts of Social Distancing on a High-Touch Helping Profession.* Research Spotlight (Poster) submitted to the annual conference of the Society of Behavioral Medicine, Virtual.
10. Mooney, J., Webb, J.B., Armstrong, L.M., Dahl, A.A. *Self-care to self-soothe?* (2021, April) *Mindful self-care as a buffer between body estrangement and prenatal distress.* Research Spotlight (Poster) presented at the annual conference of the Society of Behavioral Medicine, Virtual.
11. Mooney, J., Webb, J.B., Armstrong, L.M., Dahl, A.A. (2021, April) *Navigating COVID-19 during pregnancy: Preliminary psychometric properties of items assessing the impact of the pandemic.* Research Spotlight (Poster) presented at the annual conference of the Society of Behavioral Medicine, Virtual.
12. Coffey, A., Dahl, A.A. (2021, April) *Cognitive Behavioral Therapy Interventions in Collegiate Student Athletes: A Scoping Review.* Research Spotlight (Poster) presented at the annual conference of the Society of Behavioral Medicine, Virtual.
13. Dahl, A.A., Coffey, A. (2020). *Take a Timeout: Female student athletes' mental health needs, resource utilization, and priorities for programming on campus.* Poster accepted to the 41st annual meeting of the Society of Behavioral Medicine, San Francisco, CA. (Conference canceled due to COVID-19)
14. Coffey, A., Dahl, A.A. (2020). *Take A Timeout: Assessing the Mental Health Needs of Female Student Athletes.* Oral presentation accepted to the 2020 annual conference of the National Council on Undergraduate Research, Denver, CO. (Conference canceled due to COVID-19)
15. Karami, A., Dahl, A.A., Shaw, Jr., G., Turner-McGrievy, G. (2019, November). *Dynamic mapping of (#)diet and (#)exercise in Twitter.* Paper presented at the 2019 annual conference of AMIA, Washington, DC.
16. Schneider, L., Liu, J., Wingard, E., Wilcox, S., Burgis, J., Dahl, A.A. (2019, May). *Strategies and challenges in recruiting overweight/obese pregnant women for a behavioral lifestyle intervention program.* Poster presented at the 2019 annual conference of the American College of Sports Medicine, Orlando, FL.
17. Wilson, K. and Dahl, A.A. (2019, March) *Keep that bump moving: An investigation of the effects of social support on physical activity during late pregnancy.* Poster presented at the 40th annual meeting of the Society of Behavioral Medicine, Washington, DC.
18. Desch, R., Dahl, A.A., Cooper, C., Turner-McGrievy, G. (2018, November). *Use of social engagement in relation to self-efficacy for healthy behaviors during research: A quantitative approach.* Poster presented at the 146th annual meeting of the American Public Health Association, San Diego, CA.
* PHEHP Section: Student Poster Award Recipient
19. Griffin, R., Dahl, A.A., Cooper, C., Desch, R., Turner-McGrievy, G. (2018, April) *Drive-throughs and dine-ins: Examining meal behaviors of pregnant women in an intervention for healthy gestational weight gain.* Poster presented at the 7th annual Center for Research in Nutrition and Health Disparities Healthy Eating in Context Symposium, Columbia, SC.
20. Desch, R., Dahl, A.A., Cooper, C., Turner-McGrievy, G. (2018, April). *Examining the role of social support and self-efficacy related to healthy eating during pregnancy: A mobile health approach.* Poster presented at the University of South Carolina's Discover USC Student Research Day, Columbia, SC. *Second place winner – student poster awards
21. Dahl, A.A., Turner-McGrievy, G., Wilcox, S., Liu, J., and Davis, R. (2018, April). *Healthy MoM2B: Baseline features of pregnant women participating in a mobile health study targeting gestational weight gain.* Poster presented at the 39th annual meeting of the Society of Behavioral Med., New Orleans, LA.
22. Dahl, A.A., Wende, M., Turner-McGrievy, G., Qiao, S., Wilcox, S., Liu, J., and Davis, R. (2018, April). *Integration of technology in lifestyle interventions focused on weight gain during pregnancy: A systematic review.* Paper presented at the 39th annual meeting of the Society of Behavioral Med., New Orleans, LA.

23. **Dahl, A.A.**, Dunn, C., Boutte, A., Crimarco, A., Turner-McGrievy, G. (2018, April). *Mobilizing mHealth for moms: A review of mobile apps for tracking gestational weight gain*. Paper presented at the 39th annual meeting of the Society of Behavioral Medicine, New Orleans, LA.
24. **Dahl, A.A.**, **Cooper, C.B.**, Wilcox, S., Liu, J., Davis, R.E., and Turner-McGrievy, G. (2017, November). *Tailoring the development of an e-Health intervention for pregnant women: Results from a web-based needs assessment of intervention components*. Poster presented at the 145th annual meeting of the American Public Health Association, Atlanta, GA. * PHEHP Section: Student Poster Award Recipient
25. **Dahl, A.A.**, **Cooper, C.B.**, Wilcox, S., Liu, J., Davis, R.E., and Turner-McGrievy, G. (2017, November). *Tailoring the development of an e-Health intervention for pregnant women: Results from a web-based needs assessment of intervention components*. Poster presented at the 145th annual meeting of the American Public Health Association, Atlanta, GA. * PHEHP Section: Student Poster Award Recipient
26. Wilcox, S., Liu, J., Turner-McGrievy, G., Burgis, J., Addy, C., Wingard, E., Blackmon, B., **Dahl, A.A.**, and Schneider, L. (2017, May). *Health in Pregnancy and Postpartum (HIPP): Targeting gestational weight gain and postpartum weight loss*. Paper presented at the annual meeting of the American College of Sports Medicine, Denver, CO.
27. Buckham, N., Wilcox, S., Liu, J., **Dahl, A.A.**, Wende, M., and Sims, K. (2017, April). *Barriers to exercise in pregnancy: 16-20-year olds*. Poster presented at the annual meeting of the North American Society for Pediatric and Adolescent Gynecology, Chicago, IL.
28. **Dahl, A.A.**, Turner-McGrievy, G., Wilcox, S., Liu, J., and Davis, R.E. (2017, March). *What (pregnant) women want: Results from a web-based needs assessment of weight-related mobile app motivations and experiences of pregnant women in the U.S*. Poster presented at the 38th annual meeting of the Society of Behavioral Medicine, San Diego, CA.
29. Mellon, S., **Dahl, A.A.**, Turner-McGrievy, G., Wilcox, S., Liu, J., and Davis, R.E. (2017, March). *Pregnant women's knowledge of gestational weight gain: Online needs assessment*. Poster presented at the 38th annual meeting of the Society of Behavioral Medicine, San Diego, CA.
30. Liu, J., Wilcox, S., Turner-McGrievy, G., Burgis, J., Addy, C., Wingard, E., Blackmon, B., **Dahl, A.A.**, Schneider, L. (2016, November). *The HIPP Trial: Preventing excessive gestational weight gain and promoting postpartum weight loss*. Poster presented at the South Carolina Birth Outcomes Initiative, Columbia, SC.
31. Buckham, N., Wilcox, S., Liu, J., **Dahl, A.A.**, Wende, M., Sims, K. (2016, November). *Barriers to exercise in pregnancy*. Poster presented at the Carolina Women's Health Research Forum, Columbia, SC.
32. **Dahl, A.A.**, Hales, S.B., Turner-McGrievy, G. (2016, April). *#Weightloss: Helpful or harmful? Integrating social media into weight loss interventions*. Paper presented at the University of South Carolina's Graduate Student Day, Columbia, SC.
33. **Dahl, A.A.**, Hales, S.B., Turner-McGrievy, G. (2016, April). *#Weightloss: Helpful or harmful? Integrating social media into weight loss interventions*. Poster presented at the 37th annual meeting of the Society of Behavioral Medicine, Washington, DC.
34. **Dahl, A.A.**, Raucheisen, D., Weir, K.E., Wolford, T.E. (2014, September). *SNAP-ED Eat.Right.Now. Nutrition Education Program: Long-Term Impacts of Fourth Grade Vegetable Core Intervention*. Poster presented at the SEC Symposium on Obesity Prevention, Atlanta, GA.
35. **Dahl, A.A.**, Raucheisen, D., Weir, K.E. (2014, March). *Eat.Right.Now. nutrition education program: 2012-2013 school year reach and scope*. Poster presented at the School District of Philadelphia's Research, Policy, & Practice Conference, Philadelphia, PA.
36. **Dahl, A.A.**, Raucheisen, D., Weir, K.E. (2014, March). *SNAP-ED Eat.Right.Now. Nutrition Education Program: Long-Term Impacts of Fourth Grade Vegetable Core Intervention*. Poster presented at the School District of Philadelphia's Research, Policy, & Practice Conference, Philadelphia, PA.
37. **Dahl, A.A.**, Dominick, G., Trabulsi, J., Mirkil, M., Papas, M.A. (2013, March). *Application of the Transtheoretical model of change examining obesity and activity patterns among low-income Hispanic mothers*. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
38. Hazuda, L., **Dahl, A.A.**, Papas, M.A., Dominick, G., Peterson, M. (2013, March). *Seasonal variation in the use of a web-based social marketing campaign to increase physical activity*. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.

Invited Presentations and Workshops

1. **Dahl, A.A.** (2022, April) *Psychosocial Factors and Women's Health*. Chair of session at the 43rd annual meeting of the Society of Behavioral Medicine, Baltimore, MD.
2. Montgomery, T., **Dahl, A.A.**, Lennon, E. (2021, October) *Prioritizing Women's Mental Health During COVID-19*. Richardson, S (Chair) Presented at the Women & Girls Research Alliance Monthly Conversation Webinar
3. **Dahl, A.A.**, Turner-McGrievy, G. (2020, March) *Don't Get Left Behind: Emerging Technology Transforming Healthcare*. South Carolina's Department of Health and Environmental Control's 18th Annual Chronic Disease Prevention Symposium, Myrtle Beach, SC. (Presentation made available via videocast due to COVID-19 travel restrictions)
4. Turner-McGrievy, G., Moreno, M., **Dahl, A.A.** (2018, April) *#Health behaviors: Designing and delivering interventions via social media*. Arigo, D. (Chair) Presented at the 39th annual meeting of the Society of Behavioral Medicine, New Orleans, LA.

TEACHING EXPERIENCE

Courses Taught, University of North Carolina at Charlotte

Undergraduate

HLTH 3103	Behavior Change Theories & Practice	Fall 2018, Fall 2019, Fall 2020, Fall 2021 (IOR: Andréa Kaniuka)
HTLH 3105	Public Health Education & Promotion	Fall 2018, Spring 2020, Spring 2021
HAHS 1000	Prospect for Success Health and Human Services	Fall 2019, Fall 2020
HSMT 2101	Intro to Health Professions (online)	Summer I 2020, Summer I 2021
HLTH 4800	Independent Study (research)	Fall 2020
HONR 3700	The Pursuit of Happiness for Health (honors)	Fall 2021

Graduate

HLTH 6104	Perspectives on Nutrition & Physical Activity	Fall 2019, Fall 2021
HLTH 6227	Community Health Planning & Evaluation	Spring 2019, Spring 2020, Spring 2021, Spring 2022
HLTH 8600	Seminar in Health Services Research	Spring 2020
HLTH 6200	Case Studies in Public Health	Fall 2020

Invited Guest Lectures

1. Conducting Virtual Focus Groups	UNC Charlotte MPH Program	November 9, 2020
2. Grant Seeking and Writing	Health Psychology Graduate Student Association Speaker Series	April 24, 2020
3. "Eating for Two" Misconceptions about Pregnancy	UNC Charlotte Allied Health Professions student group	October 23, 2019
4. Tag, you're it! An introduction to the Paper Chase collaborative writing process.	Atrium Health's Center for Outcomes Research and Evaluation	September 17, 2019

STUDENT SUPERVISION

Primary Research Advisor, UNC Charlotte

Name	Program	Research Area	Year
Cayla McAvoy	Public Health Sciences	Social support and physical activity	2021-
Melanie Mayfield	Public Health Sciences – PhD	Nutrition	2022-
Shanika Jerger Butts	Public Health Sciences – PhD	Maternal and child health	2021-

Farida Yada	Health Services Res. – PhD	Maternal and child health	2020-2021
Abigail Coffey	Public Health Sciences – MPH	Student-athlete mental health	2020-2021
Jan Mooney	Health Psychology - PhD	Maternal wellbeing	Summer 2020

Academic Committee Member, UNC Charlotte

Name	Program	Research Area	Year
Ligia Vasquez-Huot	Public Health Sciences – PhD	Physical activity and social support	2019-
Jodie Lisenbee	Health Psychology – PhD	Pregnancy health and doula support	2019-
Jan Mooney	Health Psychology – PhD	Maternal wellbeing	2019-
Shaina Glass	Health Psychology – PhD	Health behavior change	2020-
Andréa Kaniuka	Public Health Sciences - PhD	LGBT health & suicidality	2021-

Supervised Students in Part-Time Hourly Research Activities

University of North Carolina at Charlotte

Anna Taylor, Afra Mahmood, Nick Rios, Neielle Saint-Cyr, Nikitha Lanka, Grace Lumbu
Office of Undergraduate Research Scholars: Jocelyn Davis, Abigail Coffey, Victoria McClare
Charlotte Research Scholar: Lauren Reid
Independent Study: Harrison Froelich, Jan Mooney

University of South Carolina

Alexa Swingle, Destiny Byrd, Jillian Polk, Davis Weinberg, Nidha Khan

University of Delaware

Lakshmi Patel and Olivia Cosides

SERVICE

Academic Service

University of North Carolina at Charlotte

4/2022 Undergraduate Research Conference Judge
2/2022-Present Master of Public Health Sciences Marketing Subcommittee, Department of Public Health Sciences, Member
2021-Present Esports Committee, UNC Charlotte, Advisor – Health and Wellbeing
3/2021-8/2021 Vaccine Communications Committee, UNC Charlotte, Member
8/2020-Present Ad-hoc Communications Committee, Department of Public Health Sciences, Member
8/2020-8/2023 Diversity Inclusion via Equity Committee, College of Health and Human Services, Member
8/2019-Present Master of Public Health Sciences Program Committee, Department of Public Health Sciences, Member
5/2019 Annual Graduate Student Research Symposium Judge
8/2018-8/2019 Bachelor of Public Health Sciences Program Committee, Department of Public Health Sciences, Member
8/2018-5/2021 Bachelor of Health Systems Management Advisory Committee, Department of Public Health Sciences, Member

University of South Carolina

8/2016-5/2018 Academic Programs Committee, Arnold School of Public Health, Student Representative,
8/2016-5/2018 Dean’s Student Advisory Council, Arnold School of Public Health, HPEB Representative, President

2017-2018	Faculty Search Committee, TecHealth Center to Promote Healthy Lifestyles, Student Representative
8/2018-8/2019	Faculty Search Committee, Health Promotion, Education, & Behavior, Student Representative
4/2015 and 4/2018	Discovery Day Undergraduate Student Research Exhibition, Judge

Professional Service

Ad-hoc Journal Reviewer

2022-Present	Cogent Psychology
2019-Present	Maternal & Child Nutrition
2018-Present	Journal of Medical Internet Research
2018-Present	Translational Behavioral Medicine: Practice, Policy and Research
2016-2017	Preventative Medicine Reports

Society of Behavioral Medicine

2022-2025	Civic and Public Engagement Committee (Executive)
2019-Present	Annual Meeting Abstract Reviewer: Topics - Women's Health, Diet, Nutrition & Eating Disorders
2019-2022	Women's Health Special Interest Group (SIG) Co-Chair, Social Media Subcommittee
2018-Present	Behavioral Informatics and Technology SIG Social Media Committee
2016 and 2017	Annual Conference Volunteer

Community Service

3/2021-Present	Bridging Healthcare and Community Settings for Infant Health, Stakeholder Advisory Board; 1 hour/month
6/2020-Present	State of the Plate; Charlotte Mecklenburg Food Policy Council; 1 hour every 2 months
1/2021-06/2021	Girls on the Run, Volunteer Coach, 1 hour/week
3/2019-Present	Tobacco-Free Parks Evaluation, Role: PI, providing in-kind policy evaluation work
10/2019	Habitat for Humanity, Volunteer, build site 4 hours
2/2019-4/2019	Promising Pages, Volunteer, 8 hours

PROFESSIONAL AFFILIATIONS

2019-Present	Council of Undergraduate Research, Member
2019-Present	CityMatCH - association of local maternal and child health professionals
2017-Present	American Public Health Association, Member
2013-Present	Society of Behavioral Medicine, Member, Women's Health SIG Co-Chair
2018-2019	The Obesity Society, Member

PROFESSIONAL TRAININGS

Participant

11/2021	Green Dot Violence Prevention, UNC Charlotte
11/2021	Reimagining Your Course Materials, Center for Teaching and Learning, UNC Charlotte
8/2020	Designing Effective Online Courses, Digital Learning Initiative, UNC System
2019-2020	Active Learning Academy, University of North Carolina at Charlotte
11/2019	NIH Day, UNC Charlotte
10/2019	Graduate Faculty Mentor Training, ADVANCE at UNC Charlotte

6/2019-7/2019 Catalyst Bootcamp for Grant Writing, Fellow, UNC Charlotte
2018-2019 New Faculty Teaching Academy, UNC Charlotte
5/2019 Crucial Conversations, College of Health and Human Services, UNC Charlotte
3/2019 3rd Annual Latinx Mental Health Summit, Camino Community Center and ARCHES at UNC Charlotte
2/2019 The 'Nuts and Bolts' of Behavioral Intervention Development: Study Designs, Methods, and Funding Opportunities, The Society of Behavioral Medicine Annual Meeting, pre-conference workshop, Washington, DC