

## CURRICULUM VITAE

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<u>Education</u>	<u>Degree</u>	<u>Year</u>	<u>Field</u>
The Pennsylvania State University University Park, Pennsylvania	Ph.D.	2010	Biobehavioral Health
The Pennsylvania State University University Park, Pennsylvania	M.S.	2007	Biobehavioral Health
Gannon University Erie, Pennsylvania	B.S./B.A.	2002	Biology/Psychology

### I. PROFESSIONAL

#### Professional and Research Experience

2018 – present	Associate Professor, Department of Psychological Science, The University of North Carolina at Charlotte (UNCC)
2017 – present	Director, Biobehavioral Core (BBC), Department of Psychological Science, UNCC
2013 – present	Director, StressWAVES BRL, UNCC
2013 – present	Honors Faculty, UNCC
2012 – present	Graduate Faculty, Health Psychology PhD Program, UNCC
2012 – 2018	Assistant Professor, Department of Psychological Science, UNCC
2010 – 2012	Postdoctoral Fellow, NIDCR, CTOC, College of Dentistry and Institute for Behavioral Medicine Research, College of Medicine, The Ohio State University (OSU)
2009 – 2010	Kligman Graduate Research Fellow, Department of Biobehavioral Health (BBH), The Pennsylvania State University (PSU)
2006 – 2009	Graduate Research Assistant, NICHD, Departments of BBH and Human Development and Family Studies, PSU
2005 – 2006	Graduate Research Assistant, ONR, Department of BBH, PSU
2004 – 2005	Supervisor, Department of Anatomic Pathology Operations, Covance Laboratories, Vienna, Virginia
2003 – 2004	Research Assistant, PI: Drs. Thomas and Theresa Pretlow, Case Western Reserve University Medical School, Cleveland, OH

Awards and Honors

2019	Nominated for the Bonnie E. Cone Early-Career Professorship in Teaching, Office of the Provost
2019	Nominated for the Harshini V. de Silva Graduate Mentor Award, Office of the Provost and The Graduate School, UNCC
2019, 2018	Nominated for the Excellence in Health Psychology Research by an Early Career Professional, American Psychological Association, Division 38
2017	BRIDGES Fellow, The William and Ida Friday Center for Continuing Education, UNC Chapel Hill
2017	Catalyst Fellow, College of Liberal Arts and Sciences (CLAS), UNCC
2017	Nominated for the Ader Early Career Investigator, Psychoneuroimmunology Research Society
2015	Junior Faculty Development Award, CLAS, UNCC
2015	1 of 10 Must Take Psychology Professors in Charlotte, Careers in Psychology
2014	Junior Investigator Award, UNC Charlotte Health Academy, UNCC
2012	Dean's Award for Excellence in Research, College of Dentistry, OSU
2009	Kligman Graduate Research Fellowship, College of Health and Human Development, PSU
2009, 2008, 2005	Hintz Graduate Education Enhancement Fellowship, BBH, PSU
2009	Howard F. Martin Graduate Assistant Outstanding Teaching Award, Graduate School and the Office of the Vice President and Dean for Undergraduate Education, PSU
2009	Biobehavioral Health Outstanding Graduate Teaching Award, PSU
2002	Joe Luckey Award for Dedication to the University, Gannon University
2002	University Honors Degree, Gannon University
2002	Omincon Delta Kappa Leadership Honor Society, Gannon University
2001	Psi Chi Honor Society, Gannon University
1999	Beta Beta Beta Honor Society, Gannon University
1998	Phi Eta Sigma Honor Society, Gannon University

II. RESEARCHFellowships

2010 – 2012	Postdoctoral Fellow, NIDCR, CTOC, College of Dentistry, OSU
2009 – 2010	Kligman Graduate Research Fellow, College of Health and Human Development, PSU

Grants*Internal Grants*

2018 – 2019	<i>Blood markers related to isometric exercise training induced reductions in resting blood pressure.</i> Role on project: Co-PI. UNC Charlotte Faculty Research Grant (\$17,678)
2017	<i>Associations between social motivation orientations and physical health.</i> Role on project: Co-PI. Psychology Internal Grants (\$4,500)
2016	<i>Deciphering changes in early immune cell sensitivity to lipopolysaccharide between healthy smokers and non-smokers.</i> Role on project: PI. ARCHES seed grant (\$1,000)
2014 – 2015	<i>Glucocorticoid receptor expression in a population at high-risk for chronic disease development.</i> Role on project: PI. Psychology Internal Grants (\$5,000)
2013 – 2015	<i>Examining differences in glucocorticoid resistance between smokers and nonsmokers.</i> Role on project: PI. UNC Charlotte Faculty Research Grant (\$6,000)

**Scientific Publications in Referred Journals (\*undergraduate student, † graduate student)***Accepted and/or Published*

1. †Gordon, B. D. H., Whitmire, S., Zacherle, E. W., Doyle, S., Gulati, S., Leamy, L. J., Marino, J. S., Bennett, J. M., Reitzel, A. M., Swaine, I., & Howden, R. (2019). "Get a grip on hypertension": Exploring the use of isometric handgrip training in cardiac rehabilitation patients. *Journal of Cardiopulmonary Rehabilitation and Prevention*, 39, E31-E34. doi: 10.1097/HCR.0000000000000468
2. †Roos, L. G., †O'Connor, V., Canevello, A., & Bennett, J. M. (2019). Posttraumatic stress and psychological health following infidelity in unmarried young adults. *Stress & Health*, 35, 468-479. doi: 10.1002/smi.2880
3. Sturmberg, J. M., Picard, M., Aron, D.C., Bennett, J. M., Bircher, J., DeHaven, M. J., Gijzel, S. M., Marcum, J. A., Heng, H. H., Martin, C. M., Miles, A., Peterson, C., Rohleder, N., Walker, C., Rikkert M., & Melis, R.J. (2019). Health and disease – Emergent states resulting from adaptive social and biological network interactions. A framework for debate. *Frontiers in Medicine*, 6, 59. doi: 10.3389/fmed.2019.00059
4. †Roos, L. G., Janson, J., Sturmbauer, S. C., Bennett, J. M., & Rohleder, N. (2019). Higher trait reappraisal predicts stronger HPA axis habituation to repeated stress. *Psychoneuroendocrinology*, 101, 12-18. doi: 10.1016/j.psyneuen.2018.10.018 PMID: 30399458
5. †Gordon, B. D. H., Thomas, E. V., Warren-Findlow, J., Marino, J. S., Bennett, J. M., Reitzel, A., Leamy, L. J., Swaine, I., & Howden, R. (2018). A comparison of blood pressure reductions following 12-weeks of isometric exercise training either in the laboratory or at home. *Journal of the American Society of Hypertension*, 12, 798-808. doi: 10.1016/j.jash.2018.09.003 PMID: 30342777
6. Bennett, J. M., Reeves, G., Billman, G. E., & Sturmberg, J. P. (2018). Inflammation – Nature's way to efficiently respond to all types of challenges: Implications for understanding and managing "the epidemic" of chronic diseases. *Frontiers in Medicine*, 5, 316. doi: 10.3389/fmed.2018.00316 PMID: 30538987
7. Bennett, J. M., Rohleder, N., & Sturmberg, J. P. (2018). Biopsychosocial approach to understanding resilience: Stress habituation and where to intervene. *Journal of Evaluation in Clinical Practice*, 24, 1339-1346. doi: 10.1111/jep.13052 PMID: 30338615
8. Bennett, J. M., Marino, J. S., †Peck, B., †Roos, L. G., \*Joseph, K. M., \*Carter, L. B., †Smith, C. B., Rohleder, N. & Coffman, M. J. (2018). Smokers display reduced glucocorticoid sensitivity prior to symptomatic chronic disease development. *Annals of Behavioral Medicine*, 52, 830-841. doi: 10.1093/abm/kax058 PMID: 30212844
9. †Roos, L. G., Levens, S. M., & Bennett, J. M. (2018). Recent stressful life events, relationship stressors, and cortisol reactivity: The moderating role of suppression. *Psychoneuroendocrinology*, 89, 69-77. doi: 10.1016/j.psyneuen.2017.12.026 PMID: 29331801 \*\*\*2019 Psi Chi & APA Edwin B. Newman Graduate Research Award\*\*\*
10. Kase, S. E., Ritter, F. E., Bennett, J. M., Klein, L. C., & Schoelles, M. (2017). Fitting a model to behavior tells us what changes cognitively when under stress and with caffeine. *Biologically Inspired Cognitive Architectures*, 22, 1-9. doi: 10.1016/j.bica.2017.09.008
11. Bennett, J. M. & Leggett, A. N. (2017). Caregiving stress and its toll on health from a psychoneuro-immunological perspective. *Current Breast Cancer Reports*, 9, 82-90. doi: 10.1007/s12609-017-0246-7
12. Sturmberg, J. P., Bennett, J. M., Martin, C. M., & Picard, M. (2017). 'Multimorbidity' as the manifestation of network disturbances. *Journal of Evaluation in Clinical Practice*, 23, 199-208. doi: 10.1111/jep.12587 PMID: 27421249

13. †Blevins, C. M., †Sagui, S. J. & Bennett, J. M. (2017). Inflammation and positive affect: Examining the stress-buffering hypothesis with data from the National Longitudinal Study of Adolescent to Adult Health. *Brain, Behavior, and Immunity*, 61, 21-26. doi: 10.1016/j.bbi.2016.07.149 PMID: 27444965
14. Derry, H. M., Jaremka, L. M., Bennett, J. M., Peng, J., Andridge, R. R., Shapiro C., Malarkey W. B., Emery C. F., Layman R., Mrozek E., Glaser R., & Kiecolt-Glaser, J. K. (2015). Yoga and self-reported cognitive problems in breast cancer survivors: A randomized controlled trial. *Psycho-Oncology*, 24, 958-966. doi: 10.1002/pon.3707 PMID: 25336068
15. Sturmborg, J. P., Bennett, J. M., Picard, M., & Seely, A. J. E. (2015). The trajectory of life: Decreasing physiological network complexity through changing fractal patterns. *Frontiers in Physiology*, 6, 169. doi: 10.3389/fphys.2015.00169 PMID: 26082722
16. Kiecolt-Glaser, J. K., Bennett, J. M., Andridge, R. R., Peng, J., Shapiro, C. L., Malarkey, W. B., Emery, C. F., Layman, R. Mrozek, E. E., & Glaser, R. (2014). Yoga's impact on inflammation, mood, and fatigue in breast cancer survivors: A randomized controlled trial. *Journal of Clinical Oncology*, 32 (10), 1040-1049. doi: JCO.2013.51.8860 PMID: 24470004
17. Klein, L. C., Whetzel, C. A., Bennett, J. M., Ritter, F. E., Nater, U. M., & Schoelles, M. (2014). Caffeine administration does not alter salivary  $\alpha$ -amylase activity in young male daily caffeine consumers. *BMC Research Notes*, 7(1), 30. doi: 10.1186/1756-0500-7-30. PMID: 24410993
18. Bennett, J. M., Rodrigues, I. M., & Klein, L. C. (2013). Effects of caffeine and stress on biomarkers of cardiovascular disease in healthy men and women with a family history of hypertension. *Stress & Health*, 29, 401-409. doi: 10.1002/smi.2486 PMID: 23504818
19. Jaremka, L. M., Fagundes, C. P., Peng, J., Bennett, J. M., Glaser, R., Malarkey, W. B., & Kiecolt-Glaser, J. K. (2013). Loneliness promotes inflammation during acute stress. *Psychological Science*, 24, 1089-1097. doi: 10.1177/0956797612464059 PMID: 23630220
20. Jaremka, L. M., Fagundes, C. P., Glaser, R., Bennett J. M., Malarkey, W. B., & Kiecolt-Glaser, J. K. (2013). Loneliness predicts pain, depression, and fatigue: Understanding the role of immune dysregulation. *Psychoneuroendocrinology*, 38, 1310-1317. doi: 10.1016/j.psyneuen.2012.11.016 PMID: 23273678
21. Bennett, J. M., Glaser, R., Andridge, R. R., Peng, J., Malarkey, W. B., & Kiecolt-Glaser, J. K. (2013). Long lasting effects of smoking: Breast cancer survivors' inflammatory responses to acute stress differ by smoking history. *Psychoneuroendocrinology*, 38, 179-187. doi: 10.1016/j.psyneuen.2012.05.012 PMID: 22727479
22. Walter, K. N., Corwin, E. J., Ulbrecht, J., Bennett, J. M., Demers, L. M., Whetzel, C. A., & Klein, L. C. (2012). Elevated thyroid stimulating hormone is associated with elevated cortisol in healthy young men and women. *Thyroid Research*, 5, 13. doi: 10.1186/1756-6614-5-13 PMID: 23111240
23. Bennett, J. M., Glaser, R., Malarkey, W. B., Beversdorf, D. Q., Peng, J., & Kiecolt-Glaser, J. K. (2012). Inflammation and reactivation of latent herpesviruses in older adults. *Brain, Behavior, and Immunity*, 26, 739-746. doi: 10.1016/j.bbi.2011.11.007 PMID: 22155500
24. Fagundes, C. P., Glaser, R., Alfano, C. M., Bennett, J. M., Povoski, S. P., Lipari, A. M., Agnese, D. M., Yee, L. D., Carson III, W. E., Farrar, W. B., Malarkey, W. B., & Kiecolt-Glaser, J. K. (2012). Fatigue and herpesvirus latency in women newly diagnosed with breast cancer. *Brain, Behavior, and Immunity*, 26, 394-400. doi:10.1016/j.bbi.2011.09.014 PMID: 21988771
25. Fagundes, C. P., Gillie, B. L., Derry, H. M., Bennett, J. M., & Kiecolt-Glaser, J. K. (2012). Chapter 2: Resilience and immune function in older adults. *Annual review of gerontology and geriatrics*, 32, 29-47. doi: 10.1891.0198-8794.32.29

26. Fagundes, C. P., Bennett, J. M., Alfano, C. M., Glaser, R., Povoski, S. P., Lipari, A. M., Agnese, D. M., Yee, L. D., Carson III, W. E., Farrar, W. B., Malarkey, W. B., Chen, M. & Kiecolt-Glaser, J. K. (2012). Social support and socioeconomic status interact to predict Epstein-Barr virus latency in women awaiting diagnosis or newly diagnosed with breast cancer. *Health Psychology, 31*, 11-19. doi: 10.137/a0025599 PMID: 22004465
27. Fagundes, C. P., Bennett, J. M., Derry, H., & Kiecolt-Glaser, J. K. (2011). Relationships and inflammation across the lifespan: Social developmental pathways to disease. *Social and Personality Psychology Compass, 5*, 891-903. doi: 10.1111/j.1751-9004.2011.00392.x PMID: 22125580
28. Klein, L. C., Bennett, J. M., Whetzel, C. A., Granger, D. A., & Ritter, F. E. (2010). Caffeine and stress alter salivary  $\alpha$ -amylase levels in young men. *Human Psychopharmacology, 25*, 359-367. doi: 10.1002/hup.1126 PMID: 20589924
29. Kapelewski, C. H., Bennett, J. M., Cavigelli, S. A., & Klein, L. C. (2010). Application of a naturalistic psychogenic stressor in periadolescent mice: Effect on serum corticosterone levels differs by strain but not sex. *BMC Research Notes, 3*, 170. doi: 10.1186/1756-0500-3-170 PMID: 20565762
30. Cavigelli, S. A., Bennett, J. M., Michael, K. C., & Klein, L. C. (2008). Female temperament, tumor development, and life span: Relation to glucocorticoid and tumor necrosis factor alpha levels in rats. *Brain, Behavior, and Immunity, 22*, 727-735. doi: 10.1016/j.bbi.2007.10.014 PMID: 18155400

#### Invited Book Chapters († graduate student)

1. Bennett, J. M., †Roos, L. G., Marino, J. S., Rohleder, N., & Coffman, M. J. (2018). Healthy smokers: An oxymoron? Maybe, but it is more complicated than that. In J. P. Sturmborg (Ed) *The Value of Systems and Complexity Sciences for Healthcare - Proceedings of the 2nd International Conference of Systems and Complexity in Health* (pp 23-39). Charm: Springer.
2. Bennett, J. M. & †Roos, L. G. (2016). Yoga's effect on mental and physical health outcomes. In M. R. Opp (Ed). *Primer of PNI Research* (pp 165-172). New York: Elsevier.
3. Bennett, J. M. (2016). Psychoneuroimmunology. In: H. L. Miller (Ed.) *The SAGE Encyclopedia of Theory in Psychology* Vol. 2. Thousand Oaks, CA: SAGE Publications Inc. doi: 10.4135/9781483346274.n261
4. Bennett, J. M., & Sturmborg, J. P. (2016). Depression: Not just a top-down phenomenon. In J. P. Sturmborg (Ed): *The Value of Systems and Complexity Sciences for Healthcare - Proceedings of the 1st International Conference of Systems and Complexity in Health* (pp 163-173). Charm: Springer.
5. Bennett, J. M., Fagundes, C. P., & Kiecolt-Glaser, J. K. (2013). The chronic stress of caregiving accelerates the natural aging of the immune system. In: J. A. Bosch, A. C. Phillips, & J. M. Lord (Eds.) *Immunosenescence: Psychological and behavioural determinants* (pp 35-46). New York: Springer.
6. Bennett, J. M., Gillie, B. L., Lindgren, M. E., Fagundes, C. P., & Kiecolt-Glaser, J. K. (2013). Inflammation through a psychoneuroimmunological lens. In: J. P. Sturmborg & C. M. Martin (Eds.) *Handbook of systems and complexity in health* (pp 279-300). New York: Springer.

#### Conference Proceedings

1. Ritter, F. E., Kase, S. E., Klein, L. C., Bennett, J. M., & Schoelles, M. (2009). Fitting a model to behavior tells us what changes cognitively when under stress and with caffeine. In: *Proceedings of the biologically inspired cognitive architectures at the Association for the Advancement of Artificial Intelligence (AAAI) Fall Symposium* (pp 109-115). Keynote Presentation, Technical report FS-0901. Menlo Park, CA: AAAI Press

## Scholarly Works

1. Bennett, J. M. (2010). *Nicotine modulation of anti-viral immunity in periadolescent male and female C57BL/6J mice*. Doctoral Dissertation, Department of Biobehavioral Health, PSU. Advisor: Laura Cousino Klein, Ph.D.
2. Bennett, J. M. (2007). *The biobehavioral effects of caffeine exposure and withdrawal in healthy, young men*. Master's Thesis, Department of Biobehavioral Health, PSU. Advisor: Laura Cousino Klein, Ph.D.

## Invited Presentations at Scientific Meetings

1. Bennett, J. M., & Sturmborg, J. P. (2014 November). *Depression: More than a top-down phenomenon*. Paper presented at the Systems and Complexity Sciences for Healthcare, Georgetown University Medical Center, Washington, DC.
2. Klein, L.C., Bennett, J.M., Stawski, R.S., Whetzel, C.A., Davis, K.D., Almeida, D.M., McHale, S.M., & Crouter, A.C. (2009 April). *Synchrony between daily salivary melatonin and cortisol levels: Impact of sleep and work stressors in parents and children*. Paper presented at the National Heart Lung and Blood Institute Sleepiness and Health-Related Quality of Life Conference, Bethesda, MD.

## Presentations at Scientific Meetings (\*undergraduate student, † graduate student)

### *International*

1. Bennett, J. M., Rohleder, N., & Sturmborg, J. P. (2019 June). *Psychoneuroimmunology – the link that explains the nature of health between the constraints imposed by the external environment limiting the emergent possibilities of the biological blueprint*. Poster presented at the biennial meeting of the German-Endocrine-Brain-Immune-Network and the annual meeting of the Psychoneuroimmunology Research Society, Berlin, Germany. *Brain, Behavior, and Immunity*, 81(Supplement), e38.
2. Bennett, J. M., †Roos, L. G., \*Mehta, A. C., \*Penley, C. J., \*Gresham, A. M. & Canevello, A. (2019 June). *Interpersonal motivations and health: Compassion toward others and protection of self-image possible biological pathways*. Poster presented at the biennial meeting of the German-Endocrine-Brain-Immune-Network and the annual meeting of the Psychoneuroimmunology Research Society, Berlin, Germany. *Brain, Behavior, and Immunity*, 81(Supplement), e37-38.
3. Vilasagar, S., Lorenz, T. K., Schang, A. K., & Bennett, J. M. (2019 May). *Women with endometriosis experience and cope differently with chronic pain: Is a tailored yoga intervention the key?* Poster presented at the annual meeting of the Society of Endometriosis and Uterine Disorders, Montreal, Canada.
4. †Roos, L. G., \*Stone, A. R., Levens, S. M., & Bennett, J. M. (2019 March). *Stressed? Maybe skip the coffee: The interactive effects of caffeine and chronic stress on responses to emotional stimuli*. Oral paper presented at the annual meeting of the American Psychosomatic Society, Vancouver, Canada. *Psychosomatic Medicine*, 81(3), A-121-122. ++Selected as APS news release.
5. †Alessi, M. G., \*Stone, A. R., Levens, S. M., & Bennett, J. M. (2019 March). *Trait mindfulness and emotional reactivity: Examining self-report and a caffeine manipulated emotional task*. Poster presented at the annual meeting of the American Psychosomatic Society, Vancouver, Canada. *Psychosomatic Medicine*, 81(3), A-93.
6. \*Gresham, A. M., †Roos, L. G., & Bennett, J. M. (2019 March). *Exposure to intimate partner violence, regardless of awareness, influences mental and physical health in healthy young adults*. Poster presented at the annual meeting of the American Psychosomatic Society, Vancouver, Canada. *Psychosomatic Medicine*, 81(3), A-32.
7. \*Mehta, A. C., †Roos, L. G., Canevello, A., \*Gresham, A. M., & Bennett, J. M. (2019 March). *The influence of interpersonal goals on physical health outcomes: Examining the roles of self-compassion and heart rate*

*variability*. Poster presented at the annual meeting of the American Psychosomatic Society, Vancouver, Canada. *Psychosomatic Medicine*, 81(3), A-70.

8. \*Stone, A. R., Levens, S. M., & Bennett, J. M. (2019 March). *Alexithymia and depression interact to affect caffeine's modulation of emotion reactivity: Evidence from a double-blind, placebo-controlled study*. Poster presented at the annual meeting of the American Psychosomatic Society, Vancouver, Canada. *Psychosomatic Medicine*, 81(3), A-95.
9. †Roos, L. G., Coffman, M. J., & Bennett, J. M. (2017 March). *Stressful life events and health: The differential impacts of trait reappraisal and suppression on cardiovascular functioning, inflammation, and psychological distress*. Poster session presented at the annual meeting of the American Psychosomatic Society, Sevilla, Spain. *Psychosomatic Medicine*, 79(4), A-69.
10. Bennett, J. M., †Peck, B., \*Joseph, K. M., \*Carter, L. B., †Roos, L. G., Coffman, M. J., †Smith, C. B., Rohleder, N., & Marino, J. S. (2016 June). *Healthy smokers' peripheral blood lymphocytes exhibit differential inflammatory gene expression to glucocorticoid and lipopolysaccharide exposure*. Poster session presented at the annual meeting of the Psychoneuroimmunology Research Society, Brighton, England. *Brain, Behavior, and Immunity*, 57(Supplement), e32-33.
11. Bennett, J. M., Glaser, R., Andridge, R. R., Peng, J., Malarkey, W. B., & Kiecolt-Glaser, J. K. (2012 March). *Long lasting effects of smoking: Breast cancer survivors' inflammatory responses to acute stress differ by smoking history*. Poster session presented at the annual meeting of the American Psychosomatic Society, Athens, Greece. *Psychosomatic Medicine*, 74(3), A-20.
12. Bennett, J. M., Whetzel, C. A., Almeida, D. M., & Klein, L. C. (2009 April). *Tobacco use is associated with an elevated cortisol awakening response: evidence from a daily diary study with hotel workers*. Poster session presented at the annual meeting of the Society for Research on Nicotine and Tobacco, Dublin, Ireland.
13. Klein, L. C., Bennett, J. M., Davis, K. D., Almeida, D. M., Crouter, A. C., & McHale, S. (2009 April). *Workplace stress increases tobacco use among workers and their partners: evidence from the Penn State Hotel Work and Well-being Study*. Poster session presented at the annual meeting of the Society for Research on Nicotine and Tobacco, Dublin, Ireland.

#### National

1. †Price, B. C., Bennett, J. M., & Case, A. D. (2020 March). *Trait anger and perceived stress differentially explain the relationship between discrimination and chronic health burden based on race*. Submitted for presentation at the annual meeting of the American Psychosomatic Society, Long Beach, California.
2. †Alessi, A. G., & Bennett, J. M. (2020 March). *The role of heart rate variability and sex in depression severity and development a decade later: Findings from Mid-Life in the United States (MIDUS)*. Submitted for presentation at the annual meeting of the American Psychosomatic Society, Long Beach, California.
3. †Roos, L. G., & Bennett, J. M. (2020, March). *To creep or not to creep? The health effects of social media creeping on an ex-partner and the influence of posttraumatic stress symptoms*. Submitted for presentation at the annual meeting of the American Psychosomatic Society, Long Beach, California.
4. \*Mehta, A. C., †Roos, L. G., \*Gresham, A. M., & Bennett, J. M. (2020, March) *Power of negative thoughts: Post-traumatic cognitions following a relationship stressor linked to physical health*. Submitted for presentation at the annual meeting of the American Psychosomatic Society, Long Beach, California.
5. †Rozario, N. L., Blanchette, C., Howden R., Noone, J., Saunders, W., Binion-Richards, K., & Bennett, J. M. (2019 May). *The effect of missing a specialty medication dose on total healthcare cost burden*. Poster presented at ISPOR, New Orleans, LA.

6. Bennett, J. M., Vilasagar, S., Lorenz, T. K., & Schang, A. K. (2019 April). *Enhancing pain management for women with chronic pelvic pain*. Oral presentation at the meeting for the International Society for Systems and Complexity Sciences for Health, Knoxville, TN.
7. †Price, B., Gil-Rivas, V., Case, A. D., Abrams, L., & Bennett, J. M. (2019 April). *Understanding the African American and heart rate variability paradox*. Oral presentation at the meeting for the International Society for Systems and Complexity Sciences for Health, Knoxville, TN.
8. †Alessi, M. G., & Bennett, J. M. (2019 April). *Mental disorders as brain/body disorders: How health psychology and psychoneuroimmunologic approaches can inform and improve treatment*. Oral presentation at the meeting for the International Society for Systems and Complexity Sciences for Health, Knoxville, TN.
9. †Roos, L. G., \*Mehta, A., Canevello, A., & Bennett, J. M. (2018 July). *The influence of interpersonal goals on breakup distress*. Oral paper presented at the International Association for Relationship Research conference, Fort Collins, CO.
10. Bennett, J. M., †Roos, L. G., \*Penley, C. J., & Canevello, A. (2018 March). *Interpersonal goals influence how trauma affects health among emerging adults*. Poster presented at the annual meeting of the American Psychosomatic Society, Louisville, KY. *Psychosomatic Medicine*, 80(3), A-42.
11. †Roos, L. G., Janson, J., Sturbauer, S., Bennett, J. M., & Rohleder, N. (2018 March). *The role of emotion regulation strategies in HPA axis habituation to acute stress*. Poster presented at the annual meeting of the American Psychosomatic Society, Louisville, KY. *Psychosomatic Medicine*, 80(3), A-41.
12. †Willetts, V., Canevello, A. B., †Roos, L. G., & Bennett, J. M. (2018 March). *Interpersonal Electronic Surveillance: a Response to Relationship Trauma*. Poster presented at Society for Personality and Social Psychology Annual Convention, Atlanta, GA.
13. †Roos, L. G., †Willetts, V., Canevello, A. B., & Bennett, J. M. (2017 November). *From infidelity to posttraumatic stress: The psychological effects of relationship infidelity on young adults*. Poster presented at annual meeting of the International Society for Traumatic Stress Studies, Chicago, IL.
14. Bennett, J. M., Marino, J. S., †Peck, B., \*Joseph, K. M., \*Carter, L. B., †Roos, L. G., †Smith, C. B., Rohleder, N., & Coffman, M. J. (2017 June). *Smokers exhibit glucocorticoid insensitivity prior to chronic disease development*. Poster presented at the annual meeting of the Psychoneuroimmunology Research Society, Galveston, TX. *Brain, Behavior, and Immunity*, 66(Supplement), e29.
15. †Willetts, V., †Roos, L. G., Canevello, A. B., †Griffin, M. & Bennett, J. M. (2017 June). *Infidelity as a trauma: Empirical research linking infidelity experience and posttraumatic stress symptoms*. Paper presented at the International Association for Relationship Research Conference, Syracuse, NY.
16. †Blevins, C. M., Tedeschi, R. G., Bennett, J. M., Canevello, A. B., & Elnitsky, C. (2017 March). *Posttraumatic growth and biomarkers of chronic stress among combat veterans of Operations Enduring and Iraqi Freedom*. Poster session presented at annual meeting of the Society of Behavioral Medicine, San Diego, CA.
17. Bennett, J. M., †Roos, L. G., Marino, J. S., Rohleder, N., & Coffman, M. J. (2016 November). *Healthy smokers: An oxymoron?* Paper presented at the bi-annual meeting of the Systems and Complexity Sciences for Healthcare, Billings Clinic, Billings, MT.
18. Bennett, J. M., †Roos, L. G., & †Papay, K. A. (2016 March). *Depression, perceived stress, & EBV reactivation: Disentangling the relationship and approaching causality?* Poster session presented at the annual meeting of the American Psychosomatic Society, Denver, CO. *Psychosomatic Medicine*, 78(3), A-95.
19. †Roos, L. G., †Papay, K. A., & Bennett, J. M. (2016 March). *The interacting role of emotion regulation and stressful life events to predict cortisol response to stress*. Paper presented in the Social Factors, Inflammation,



and Health Paper Session at the annual meeting of the American Psychosomatic Society, Denver, CO. *Psychosomatic Medicine*, 78(3), A-50.

20. †Papay, K. A., †Roos, L. G., & Bennett, J. M. (2016 March). *Stress reactivity influenced by self-acceptance and neuroticism*. Citation poster session presented at the annual meeting of the American Psychosomatic Society, Denver, CO. *Psychosomatic Medicine*, 78(3), A-64.
21. Padin, A. C., Bennett, J. M., Emery, C. F., & Kiecolt-Glaser, J. K. (2016 March). *Yoga for breast cancer survivors: Impact on cancer-related distress and sleep*. Poster session presented poster at the annual meeting of the American Psychosomatic Society, Denver, CO. *Psychosomatic Medicine*, 78(3), A-59.
22. Woods, S. J., Hall, R. J., Bennett, J. M., & Page, G. G. (2015 April). *Patterns of diurnal cortisol and DHEA in women experiencing intimate violence*. Oral presentation at the Nursing Network for Violence Against Women International 20th Conference, Atlanta, GA.
23. Bennett, J. M., †Papay, K., †Sagui, S. J., & Coffman, M. J. (2015 March). *Depression and stress reactivity interact to predict heart rate variability over and above current smoking status: A preliminary investigation*. Poster session presented at the annual meeting of the American Psychosomatic Society, Savannah, GA. *Psychosomatic Medicine*, 77(3), A-108.
24. Woods, S. J., Hall, R. J., Bennett, J. M., & Page, G.G. (2014 October). *Trajectories of change and predictors of AM-PM cortisol and DHEA Patterns in women experiencing intimate partner violence*. Poster session presented at the annual meeting of the Academy on Violence and Abuse, Salt Lake City, Utah.
25. Derry, H. M., Jaremka, L. M., Bennett, J. M., Peng, J., Andridge, R. R. ... Kiecolt-Glaser, J. K. (2014 March). *Yoga and self-reported cognitive problems in breast cancer survivors: A randomized controlled trial*. Poster session presented at the annual meeting of the American Psychosomatic Society, San Francisco, CA. *Psychosomatic Medicine*, 76(3), A-3.
26. Hussain, M. H., Jaremka, L. M., Bennett, J. M., Fagundes, C. P., Malarkey, W. B., Emery, C. F., & Kiecolt-Glaser, J. K. (2014 March). *Syndromal depression, intrusive thoughts, and heart rate variability among cancer survivors*. Poster session presented at the annual meeting of the American Psychosomatic Society, San Francisco, CA. *Psychosomatic Medicine*, 76(3), A-99.
27. Bennett, J. M., Bayly, J. E., & Klein, L. C. (2013 March). *Caffeine and sex influence inflammatory responses to acute stress*. Poster session presented at the annual meeting of the American Psychosomatic Society, Miami, FL. *Psychosomatic Medicine*, 75(3), A-146.
28. Revitsky, A.R., Bennett, J.M., & Klein, L.C. (2012 March). *The effects of nicotine exposure on body weight and food consumption differ by age in adolescent and adult female mice*. Poster session presented at the annual meeting of the Society for Research on Nicotine and Tobacco, Houston, TX.
29. Walter, K.N., Mercincavage, M., Whetzel, C.A., Bennett, J.M., Foulds, J., Almeida, D.A., Muscat, J.E., & Klein, L.C. (2012 March). *Validation in self-reported non-tobacco use status in a daily diary study: Results from the Penn State Hotel Work and Well-Being Study*. Poster session presented at the annual meeting of the Society for Research on Nicotine and Tobacco, Houston, TX.
30. Fagundes, C. P., Bennett, J. M., Alfano, C. M., Glaser, R., Povoski, S. P., Lipari, A. M., Agnese, D. M., Yee, L. D., Carson III, W. E., Farrar, W. B., Malarkey, W. B., Chen, M. & Kiecolt-Glaser, J. K. (2011 June). *Social support and socioeconomic status interact to predict Epstein-Barr virus latency in women awaiting diagnosis or newly diagnosed with breast cancer*. Poster session presented at the annual meeting of the Psychoneuroimmunology Research Society, Chicago, IL. *Brain, Behavior, and Immunity*, 25, S213.
31. Bennett, J. M., Fagundes, C. P., Glaser, R., Malarkey, W. B., & Kiecolt-Glaser, J. K. (2011 June). *Parasympathetic tone and time since treatment influence the expression of latent cytomegalovirus in breast*

- cancer survivors*. Poster session presented at the annual meeting of the Psychoneuroimmunology Research Society, Chicago, IL. *Brain, Behavior, and Immunity*, 25, S216.
32. Bennett, J. M., Glaser, R., & Kiecolt-Glaser, J. K. (2011 March). *A double whammy: Smoking and fatigue increase TNF- $\alpha$  levels in older adults*. Poster session presented at the annual meeting of the American Psychosomatic Society, San Antonio, TX. *Psychosomatic Medicine*, 73(3), A-84/85.
  33. Walter, K. N., Corwin, E. J., Ulbrecht, J., Bennett, J. M., Demers, L. M., Whetzel, C. A., Seeman, T. E., & Klein, L. C. (2010 March). *Thyroid stimulating hormone is associated with body mass index and resting blood pressure in healthy young men and women*. Poster session presented at the annual meeting of the American Psychosomatic Society, Portland, OR. *Psychosomatic Medicine*, 72(3), A-133.
  34. Bennett, J. M., Stawski, R. S., Whetzel, C. A., Almeida, D. M., & Klein, L. C. (2009 March). *Daily rhythms of melatonin are altered by amount of sleep*. Poster session presented at the annual meeting of the American Psychosomatic Society, Chicago, IL. *Psychosomatic Medicine*, 71(3), A-75.
  35. Bennett, J. M., Stawski, R. S., Whetzel, C. A., Almeida, D. M., & Klein, L. C. (2009 March). *Synchrony between daily salivary melatonin and cortisol levels: Impact of sleep and stressors*. Presented as part of the HPA Axis II paper session at the annual meeting of the American Psychosomatic Society, Chicago, IL. *Psychosomatic Medicine*, 71(3), A-135.
  36. Walter, K. N., Bennett, J. M., Whetzel, C. A., Davis, K. D., Almeida, D. M., & Klein, L. C. (2009 March). *Job status, burnout, and waking cortisol levels: Evidence from the Penn State Hotel Work and Well-Being Study*. Poster session presented at the annual meeting of the American Psychosomatic Society, Chicago, IL. *Psychosomatic Medicine*, 71(3), A-42.
  37. Whetzel, C. A., Davis, K. D., Bennett, J. M., Almeida, D. M., Crouter, A. C., & Klein, L. C. (2009 March). *Higher dehydroepiandrosterone-sulfate (DHEA-S) levels are associated with lower levels of daily stress: Evidence from the Penn State Hotel Work and Well-Being Study*. Poster session presented at the annual meeting of the American Psychosomatic Society, Chicago, IL. *Psychosomatic Medicine*, 71(3), A-80.
  38. Guaderrama, M. M., Bennett, J. M., Kapelewski, C. H., & Klein, L. C. (2008 November). *Stress exposure results in elevated cotinine levels but does not alter 24-hr oral nicotine intake in periadolescent male and female mice*. Poster session presented at the annual meeting of the Society for Neuroscience, Washington, DC.
  39. Kapelewski, C.H., Bennett, J.M., & Klein, L.C. (2008 November). *Strain differences in efficacy of a psychogenic stressor in periadolescent mice*. Poster session presented at the annual meeting of the Society for Neuroscience, Washington, DC.
  40. Bennett, J. M., Rodrigues, I. M., & Klein, L. C. (2008 March). *Sex differences in impact of C-reactive protein risk group on cortisol stress reactivity in healthy young adults with parental history of hypertension*. Poster session presented at the annual meeting of the American Psychosomatic Society, Baltimore, MD. *Psychosomatic Medicine*, 70(3), A-74.
  41. Klein, L. C., Bennett, J. M., Whetzel, C. A., & Ritter, F. E. (2008 March). *Daily caffeine use impacts neuroendocrine and cardiovascular responses to laboratory stress in healthy men*. Poster session presented at the annual meeting of the American Psychosomatic Society, Baltimore, MD. *Psychosomatic Medicine*, 70(3), A-58.
  42. Klein, L. C., Bennett, J. M., Kambhampati, S. K., Corwin, E. J., Stine, M. M., Deitch, H., Taylor, S. E., & Seeman, T. E. (2008 March). *Undiagnosed thyroid disease elevates baseline cortisol levels in asymptomatic young men and women*. Poster session presented at the annual meeting of the American Psychosomatic Society, Baltimore, MD. *Psychosomatic Medicine*, 70(3), A-92.

43. Klein, L. C., Whetzel, C. A., Almeida, D. M., Bennett, J. M., Stawski, R. S., Banks, S. R., & Crouter, A. C. (2008 March). *Salivary DHEA-S levels across the day: Evidence for a daily rhythm in a healthy adult population*. Poster session presented at the annual meeting of the American Psychosomatic Society, Baltimore, MD. *Psychosomatic Medicine*, 70(3), A-46.
44. Rodrigues, I. M., Bennett, J. M., & Klein, L. C. (2007 March). *Caffeine exposure and stress increase blood markers of cardiovascular disease risk in young adult men and women with a family history of hypertension*. Poster session presented at the annual meeting of the Society of Behavioral Medicine, Washington, D.C.
45. Bennett, J. M., Leslie, J., McClearn, G. E., & Klein, L. C. (2007 February). *Sex but not strain influences voluntary nicotine intake in adolescent mice*. Poster session presented at the annual meeting of the Society for Research on Nicotine and Tobacco, Austin, TX.
46. Ritter, F. E., Kase, S., Schoelles, M., Bennett, J. M., & Klein, L. C. (2006 July). *Cognitive aspects of serial subtraction*. Presented at the annual ACT-R Workshop, Pittsburgh, PA.
47. Bennett, J. M., Whetzel, C. A., Ritter, F. E., Reifers, A., & Klein, L. C. (2006 March). *Effects of caffeine and stress on cortisol and serial subtraction performance in young healthy men*. Poster session presented at the annual meeting of the American Psychosomatic Society, Denver, CO. *Psychosomatic Medicine*, 68, A-77.
48. Klein, L. C., Whetzel, C. A., Bennett, J. M., Ritter, F. E., & Granger, D. A. (2006 March). *Effects of caffeine and stress on salivary alpha-amylase in young men: A salivary biomarker of sympathetic activity*. Poster session presented at the annual meeting of the American Psychosomatic Society, Denver, CO. *Psychosomatic Medicine*, 68, A-4.

#### Local and Regional

1. †Gaillard, E., †Gordon, B. D. H., †Alessi, M. G., Marino, J. S., Bennett, J. M., †Price, B. C., †Sombatsaphay, V., Stewart, C., Green, S., \*Roberts, M. T., \*Kachmarik, J. E., \*Persin, M. J. & Howden, R. (2020 February). *Isometric exercise training, regardless of muscle mass, reduces resting blood pressure in normotensive health males*. Poster presentation at the annual meeting of the Southeast Chapter of American College of Sports Medicine, Jacksonville, FL.
2. †Alessi, M. G., \*Stone, A. R., Levens, S. M., & Bennett, J. M. (2019 March). *Trait mindfulness and emotional reactivity: Examining self-report and a caffeine manipulated emotional task*. Oral presentation to be presented at the Graduate Research Symposium, UNC Charlotte, Charlotte, NC.
3. \*Stone, A. R., Levens, S. M., & Bennett, J. M. (2018 November). *Alexithymia and depressive symptoms interact to affect caffeine's modulation of emotion reactivity: Evidence from a double-blind, placebo-controlled study*. Presented at the North Carolina Undergraduate Research Symposium, North Carolina State University, Raleigh, NC.
4. \*Stone, A., & Bennett, J. M. (2018 September). *Alexithymia and conversation: A cup of coffee please*. Presented at the North Carolina Honors Association Conference, High Point University, High Point, NC.
5. \*Stone, A., & Bennett, J. M. (2018 July). *The emotional intersection between alexithymia and caffeine*. Presented at the Summer Scholar Research Program Symposium, The University of North Carolina at Charlotte, Charlotte, NC.
6. \*Mehta, A. C., †Roos, L. G., & Bennett, J. M. (2018 April). *The influence of interpersonal goals on posttraumatic growth outcomes following infidelity: Self-esteem as a mediator*. Presented at the Undergraduate Research Symposium, The University of North Carolina at Charlotte, Charlotte, NC. ++ Award winner
7. †Gordon, B. D. H., Marino, J. S., Stewart, C., Green, S., Bennett, J. M., & Howden, R. (2018 April). *Blood pressure responses to low intensity isometric exercise: The influence of muscle mass?* Presented at the Graduate Research Symposium, The University of North Carolina at Charlotte, Charlotte, NC.

8. \*Silva, H., \*Stone, A., †Roos, L. G., & Bennett, J. M. (2017 April). *Sex moderates the relationship between emotion regulation and fetuin-a*. Paper presented at the Undergraduate Research Symposium, The University of North Carolina at Charlotte, Charlotte, NC. ++ Award winner
9. \*Joseph, K. M., Ray, C. G., Kluttz, A. L., & Bennett, J. M. (2017 April). *Multilingualism and executive function*. Poster presented at the Undergraduate Research Symposium, The University of North Carolina at Charlotte, Charlotte, NC.
10. Bennett, J. M. (2016 November). Lonely? How others affect our immunity without touching us. In S. M. Levens (Chair), *The common thread: Emotions as a potential link between intra- and interpersonal factors and wellbeing*. Symposium conducted at the annual meeting of the Society for Southeastern Social Psychologists, Asheville, NC.
11. \*Joseph, K. M., Marino, J. S., Coffman, M. J., & Bennett, J. M. (2016 April). *Blood lymphocytes' cytokine gene expression from glucocorticoid and lipopolysaccharide exposure in healthy smokers and non-smokers*. Poster session presented at the Undergraduate Research Symposium, The University of North Carolina at Charlotte, Charlotte, NC.
12. \*Mills, M. & Bennett, J. M. (2014 April). *Depression in college students: A comparison between freshmen and first year transfer students*. Poster session presented at the Undergraduate Research Symposium, The University of North Carolina at Charlotte, Charlotte, NC.
13. \*Jarecke, M. J. & Bennett, J. M. (2014 March). *Impaired Immune Function: Glucocorticoid Resistance may be an Underlying Mechanism for Chronic Diseases*. Poster session presented at the Central Carolinas Conference in Psychology, The University of North Carolina at Charlotte, Charlotte, NC.
14. Bayly, J.E., Bennett, J.M., & Klein, L.C. (2013 April). *Inflammatory responses to acute stress: Effects of caffeine and stress*. Poster session presented at the Pennsylvania State University Undergraduate Research Exhibition, University Park, PA.
15. Bennett, J.M., Davis, K.D., Almeida, D.M., & Klein, L.C. (2008 October). *Interpersonal stressors and longer work days increase tobacco use among hotel workers*. Poster session presented at the Pennsylvania State University Social Science Research Institute Stress and Health Research Day, University Park, PA.
16. Guaderrama, M., Kapelewski, C.H., Bennett, J.M., & Klein, L.C. (2008 October). *Stress exposure results in elevated cotinine levels but does not alter 24-hr oral nicotine intake in periadolescent male and female mice*. Poster session presented at the Pennsylvania State University Social Science Research Institute Stress and Health Research Day, University Park, PA.
17. Kapelewski, C.H., Bennett, J.M., Guaderrama, M., & Klein, L.C. (2008 October). *Impact of stress on 24-hr nicotine consumption and corticosterone responses in adolescent C57BL/6J and DBA/2 mice*. Poster session presented at the Pennsylvania State University Social Science Research Institute Stress and Health Research Day, University Park, PA.

### Invited Lectures

1. Bennett, J. M. (2018). *Survivorship: Stress takes a toll on the patient and caregiver*, Presented at Levine Cancer Institute, Supportive Oncology, Grand Rounds, Charlotte, NC, September 20, 2018.
2. Bennett, J. M. (2017). *Chronic disease development from a psychoneuroimmunological perspective*, Presented at Department of Psychology Research Seminar Series, Wake Forest University, Winston-Salem, NC, March 22, 2017.
3. Bennett, J. M. (2016). *Wait...is that a lion? Stress, the Intersection of biological and psychological phenomena*, Presented at Department of Biological Sciences Research Seminar Series, UNC Charlotte, October 14, 2016.

4. Bennett, J. M. (2016). *Psychology: More than what is in the brain*, Keynote address presented at the Western Pennsylvania Undergraduate Psychology Conference, a division of Northeast American Psychological Association, Gannon University, Erie, PA, April 16, 2016.
5. Bennett, J. M. (2012). *Psychology affects medicine: Psychoneuroimmunology*, presented at Psi Chi Honor Society Seminar, The University of North Carolina at Charlotte, Department of Psychology, Charlotte, NC, November 1, 2012.
6. Bennett, J. M. (2012). *Biobehavioral approach to understanding health*, presented at Health Psychology Graduate Program Seminar, The University of North Carolina at Charlotte, Department of Psychology, Charlotte, NC, October 12, 2012.
7. Bennett, J. M. (2012). *Biobehavioral approach to health: Investigating neuroendocrine and immune communication*, presented at The University of North Carolina at Charlotte, Department of Psychology, Charlotte, NC, February 9, 2012.
8. Bennett, J. M. (2012). *Biobehavioral approach to health: Investigating neuroendocrine and immune communication*, presented at Virginia Commonwealth University, Department of Psychology, Richmond, VA, January 26, 2012.
9. Bennett, J. M. (2011). *Biobehavioral approach to health: Investigating neuroendocrine and immune communication*, presented at West Virginia University, Department of Psychology, Morgantown, WV, December 5, 2011.

### III. TEACHING & MENTORING

#### Dissertation Supervision

- 2022 Brittany Price, *Racial context of origin informs cardiovascular health in at-risk populations*, Health Psychology PhD Program (expected)
- 2021 Lydia Roos, *Reappraisal, stress reactivity, and health: An investigation into reappraisal ability and stressful life events as the missing links*, Health Psychology PhD Program (expected)

#### Masters Thesis Supervision

- 2020 Maria Alessi, *The role of heart rate variability and inflammation in depression severity and development: A 10-year longitudinal analysis of Midlife Development in the U.S. (MIDUS)*, Psychology MA & Health Psychology PhD Program, UNCC (expected)
- 2018 Brittany Price, *The role of perceived stress reactivity in the relationship among race, discrimination, and heart rate variability*, Psychology MA & Health Psychology PhD Program, UNCC
- 2018 Lydia Roos, *The influence of emotion regulation on psychological distress and physiological functioning following a romantic breakup*, Psychology MA & Health Psychology PhD Program, UNCC
- 2016 Brooke Palmer, *The role of overvaluation of shape and weight in Latinas with binge eating disorder*, Psychology MA & Health Psychology PhD Program, UNCC

#### Undergraduate Honor's Thesis Supervised

- 2020 Jaylaan Bennett, *Trauma affects physical health: Investigating the role of perceived stress and being a racial minority*, Psychological Science, UNCC (expected)
- 2018 Alexandria Stone, *The emotional intersection between alexithymia and caffeine*, Psychological Science, UNCC
- 2018 Abriana Gresham, *Self-identification of intimate partner violence victimization & stress-related health indicators*, Psychological Science, UNCC

- 2018 Philip Hinson, *Examining the relationship among executive functioning, stress perception, and heart rate variability*, Psychological Science, UNCC
- 2018 Katherine Jensen, *Interactive mutations of signaling pathways in patients with glial cell cancer: Potential effects on cognition*, Psychological Science, UNCC
- 2018 Allison Mehta, *The influence of interpersonal goals on posttraumatic growth outcomes following infidelity: Self-esteem as a mediator*, Psychological Science, UNCC
- 2017 Henry Danois, *Place: La liv de Danois*, University, UNCC
- 2017 Catherine Onia, *Identity: Saliency and shiftability*, University, UNCC
- 2015 James Bollinger, *Examining the relationships among caffeine sensitivity, emotional reactivity, and personality*, Psychology, UNCC
- 2015 Zachary Greth, *Living a "neuroplastic" life*, University, UNCC
- 2014 Michael Mills, *Depression in college students: A comparison between freshmen and first year transfer students*, Psychology, UNCC

### Undergraduate Student Group Advisor

2014 – 2018 Faculty Advisor, Alpha Phi Omega, National Co-Ed Service Fraternity, UNCC

### Graduate Student Committees

#### *Health Psychology PhD Program*

Maria Alessi – Advisory thru 2 <sup>nd</sup> year project; chair	2018-present
Alexis Mitchell – Advisory thru 2 <sup>nd</sup> year project; member	2019-present
Brittany Price – Qualifying project thru dissertation; co-chair	2016-present
Lydia Roos – Advisory thru dissertation; chair	2015-present
Cara Blevins – 2 <sup>nd</sup> year project; member	2015-2016
Abigail Hardin – Comp project thru dissertation; member	2014-2017
Brooke Palmer – 2 <sup>nd</sup> year project; co-chair	2013-2016
Kimberly Papay – Advisory; chair	2014-2016
Jenna Ray – Dissertation; member	2014-2015
Sara Sagui – Advisory thru dissertation; member	2013-2018

#### *Biology PhD Program*

Ebony Gaillard – Comp exam thru dissertation; outside member	2018-present
Austin Jefferies – Comp exam thru dissertation; outside member	2017-present
Hyunjae Jeon – Comp exam thru dissertation; outside member	2018-present
Sean Krysak – Comp exam thru Dissertation; outside member	2019-present
Vanna Sombatsaphay – Comp exam thru Dissertation; outside member	2019-present
Nicole Stott – Comp exam thru Dissertation; outside member	2018-present
Joshua Hout – Comp exam thru dissertation; outside member	2015-2018
Benjamin Gordon – Comp exam thru dissertation; outside member	2015-2018
Marcus Lawrence – Comp exam thru dissertation; outside member	2014-2017

#### *Counseling PhD Program*

Stacie Camp Bennett – Dissertation; outside member	2017-2018
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#### *Health Services Research PhD Program*

Laura Clark – Comps project; outside member	2019-present
Leslie McKee – Comps project thru dissertation; outside member	2016-present
Nigel Rozario – Dissertation; outside member	2019

#### *Public Health Sciences PhD Program*

Purva Koraonkar – Comps exam; content expert	2016-2017
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#### *Kinesiology Master's Program*

Bailey Peck – Thesis; outside member	2014-2016
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*Psychology Master's Program*

Monica Nelson – Thesis; member  
 Colleen Thomas – Thesis; member

2017-2019  
 2014

Teaching Experience (\*100% online instruction)

## Undergraduate Course Instruction, Department of Psychology, UNCC

*Course: Research Methods II (PSYC 2103, 3 credit hours)*

Role: Course instructor (100% responsibility); deliver 45 lecture hours per semester  
 Semesters taught: SP13, FA13, SP15  
 Enrollment: Approximately 25 students

*Course: Introduction to Brain & Behavior (PSYC 2113, 3 credit hours)*

Role: Course developer & instructor (100% responsibility); deliver 45 lecture hours per semester  
 Semesters taught: FA14, FA15, FA16, SP17, SU17\*, FA17\*, SU19\*  
 Enrollment: Approximately 75-215 students

*Course: Physiological Psychology (PSYC 3113, 3 credit hours)*

Role: Course instructor (100% responsibility); deliver 45 lecture hours per semester  
 Semesters taught: FA12, SP13, SU13, SU14, SU15\*, SU16\*, SP18, SP19, FA19\*  
 Enrollment: Approximately 40-50 students

*Course: Seminar in Physiological Psychology: Psychopharmacology (PSYC 4613, 3 credit hours)*

Role: Course developer & instructor (100% responsibility); deliver 45 lecture hours per semester  
 Semesters taught: SP14, SP15  
 Enrollment: Approximately 15 students

## Graduate Course Instruction, Department of Psychology, UNCC

*Course: Physiological Psychology (PSYC 6015/6113, 3 credit hours)*

Role: Course instructor (100% responsibility); deliver 45 lecture hours per semester  
 Semesters taught: SP14, SP15, SP17, SP19  
 Enrollment: Approximately 10-15 students

*Course: Applied Physiological Psychology for Health Scientists (PSYC 6099/8099, 3 credit hours)*

Role: Course developer & instructor (100% responsibility); deliver 45 lecture hours per semester  
 Semesters taught: FA18  
 Enrollment: Approximately 8-10 students

*Course: Health Psychology I (PSYC 8200, 3 credit hours)*

Role: Course instructor (100% responsibility); deliver 45 lecture hours per semester  
 Semesters taught: FA13, FA14, FA15, FA16, FA17, FA18, FA19  
 Enrollment: Approximately 10-15 students

## Undergraduate Course Instruction, Department of Biobehavioral Health, PSU

*Course: Pharmacological Influences on Health (PSYC 451, 3 credit hours)*

Role: Course instructor (100% responsibility); deliver 45 lecture hours per semester  
 Semesters taught: SU08  
 Enrollment: Approximately 20 students

## Graduate Guest Teaching Lectures

*Psychoneuroimmunology*, Course: Health Psychology I (PSYC 8200), Department of Psychology, UNCC (3 lecture hours), FA12

## Undergraduate Guest Teaching Lectures (1 lecture hours unless noted otherwise)

*Psychoneuroimmunology*, Course: Health Psychology (PSYC 234), Department of Psychology and Counseling, Gannon University, SP 16

*Drug Use and Health*, Course: Health Psychology (PSYCH 531), Department of Psychology, The Ohio State University, (1.5 lecture hour), SP 12

*Successful Professional Presentation & Communication Styles*, Course: Biobehavioral Health First Year Seminar (PSU 014), Department of Biobehavioral Health (BBH), Penn State University (PSU)

*Caffeine, a Psychostimulant*, Course: Pharmacological Influences on Health (BBH 451), BBH, PSU

*Nicotine and Tobacco Use*, Course: Drugs, Behavior, & Health (BBH 143), BBH, PSU

*Sex Differences in Biobehavioral Response to Stress*, Course: Biobehavioral Aspects of Stress (BBH 432), BBH, PSU

*Caffeine: History, Pharmacology and Health*, Course: Drugs, Behavior, & Health (BBH 143), BBH, PSU

*Effects of Caffeine and Stress on Salivary Alpha-Amylase in Young Men: A Biomarker of Sympathetic Activity*, Course: Research & Applications in Biobehavioral Health (BBH 411), BBH, PSU

*Antibiotic Resistance*, Course: Behavior, Health, & Disease (BBH 119), BBH, PSU

*Pre-natal Testing*, Course: Behavior, Health, & Disease (BBH 119), BBH, PSU

*Stress and Coping*, Course: Introduction to Biobehavioral Health (BBH 101), BBH, PSU

*Psychoneuroimmunology*, Course: Introduction to Biobehavioral Health (BBH 101), BBH, PSU

#### IV. SERVICE

##### Member

American Association for the Advancement of Science

American Heart Association

American Psychological Association (APA)

APA Division 38: Health Psychology

American Psychosomatic Society

Association for Psychological Science

International Society for Systems and Complexity Sciences for Health

Psychoneuroimmunology Research Society

##### Ad hoc Manuscript Reviewer

*Anxiety, Stress, and Coping*

*Brain, Behavior, and Immunity*

*Clinical Psychology Review*

*Current Psychology*

*European Journal of Cancer Care*

*Health Psychology*

*Infectious Diseases*

*International Journal of Behavioral Medicine*

*Journal of Affective Disorders*

*Journal of Clinical Oncology*

*Journal of Medical Virology*

*Journal of Neuroinflammation*

*Journal of Psychiatric Research*



*Journal of Visualized Experiments*  
*Psychoneuroendocrinology*  
*Stress*  
*Stress & Health*

### International Societies

#### *Leadership*

2019-present Treasurer, International Society of Systems and Complexity Sciences for Health  
 2016-present Financial Committee, Psychoneuroimmunology Research Society  
 2017-present Board committee member, International Society of Systems and Complexity Sciences for Health  
 2016-2017 Founding/Charter Committee, International Society of Systems and Complexity Sciences for Health

#### *Invited Positions*

2018-2019 Abstract Reviewer, Psychoneuroimmunology Research Society Annual Meetings  
 2009-2020 Abstract Reviewer, American Psychosomatic Society Annual Meetings  
 2008-2010 Abstract Reviewer, Society for Research on Nicotine and Tobacco Annual Meetings

### Scientific Agencies

#### *National Science Foundation*

2016-2017 Graduate Research Fellowship Program (GRFP) Panel Reviewer

### UNC Charlotte

#### *University Committees*

Vice Chair:

2018-present Institutional Biosafety Committee

Member:

2018-present Honors Council, Alternate At Large Representative  
 2018-present Faculty Research Grants, Alternate CLAS Representative  
 2018-present BRIDGES women's leadership group, Board Member  
 2018-present University Liaison, Levine Scholars Program  
 2014-2018 Institutional Biosafety Committee  
 2016-2017 Teaching with Clicker Faculty Review  
 2013 University Honors Council

#### *College of Liberal Arts and Sciences Committees*

Member:

2019-present Lead Graduation Faculty Marshal  
 2017-present Research Advisory Committee, Alternate Department Representative  
 2018 Catalyst Fellows Selection Committee  
 2016 Core Science Facility Working Group  
 2014-2019 Graduation Faculty Marshal

#### *Health Psychology PhD Program*

2018-present Co-coordinator, General concentration  
 2017 Co-creator and co-lecturer for the Health Psychology BioData Seminars

**Committee Member:**

2016-present Advisory Committee  
 2016-2018 Comprehensive Exam/Qualifying Project Committee  
 2016 Graduate Student Award Committee  
 2013 Summer Research Graduate Fellowship Selection Committee

*Department of Psychology***Chair:**

2018-present Student Learning Outcome committee  
 2013-present SEED grant committee

**Member:**

2019-present Advisory Committee  
 2018-2019 Search Committee, Assistant Professor: Clinical Health Psychologist focus  
 2018-2019 Search Committee, Assistant Professor: Gerontology focus  
 2017-2018 Student Learning Outcome committee  
 2013-2015 Communication Across the Curriculum (CxC) Committee  
 2013-2014 Honors Liaison for Department of Psychology

**Service to Local or Regional Research Opportunities**

2015-2017 Judge, Winkler Middle School, *Medical Grand Rounds*, 7<sup>th</sup> grade science classes  
 2014-2015 Judge, UNCC Graduate Research Symposium  
 2013-2017 Judge, UNCC Undergraduate Research Day  
 2014 Judge, Pitts School Road Elementary, 5<sup>th</sup> grade science fair  
 2006-2010 Judge, Pennsylvania Junior Academy of Science State Competition

**Invited Service Lectures**

*Sex, gender, & desire*, presented as a 2 part series for a CLAS Salon, co-developed with Drs. Sara Levens and Mark Clemens, March 19 & 26, 2019.

*Future of psychology and health: An exciting time*, presented at the Psi Chi Honor Society Induction Ceremony, UNCC, Charlotte, NC, April 12, 2013.

**Community Service**

2018-present Mentor, Myers Park High School, Graduation Project  
 2018-present Research Expert, Science Fair Project, Providence High School  
 2018-2019 Mentor, Providence Day High School, Senior Project  
 2018 Dentistry Merit Badge Counselor, Scouts BSA, Myers Park United Methodist Church, Charlotte, NC  
 2018 Medicine Merit Badge Counselor, Scouts BSA, Myers Park United Methodist Church, Charlotte, NC  
 2018 Public Health Merit Badge Counselor, Scouts BSA, Myers Park United Methodist Church, Charlotte, NC  
 2016-2017 Research Expert, Science Fair Project, Metrolina Regional Scholars Academy