

CURRICULUM VITAE

JEANETTE MARIE BENNETT

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<u>Education</u>	<u>Degree</u>	<u>Year</u>	<u>Field</u>
The Pennsylvania State University University Park, Pennsylvania	PhD	2010	Biobehavioral Health
The Pennsylvania State University University Park, Pennsylvania	MS	2007	Biobehavioral Health
Gannon University Erie, Pennsylvania	BS/BA	2002	Biology/Psychology

I. PROFESSIONAL

Professional and Research Experience

2022 – present	Associate Chair for Curriculum, Department of Psychological Science, The University of North Carolina at Charlotte (UNCC)
2018 – present	Associate Professor, Department of Psychological Science, UNCC
2017 – present	Director, Biobehavioral Core (BBC), Department of Psychological Science, UNCC
2013 – present	Principal Investigator, StressWAVES BRL, UNCC
2013 – present	Honors Faculty, UNCC
2012 – present	Graduate Faculty, Health Psychology PhD Program, UNCC
2012 – 2018	Assistant Professor, Department of Psychological Science, UNCC
2010 – 2012	Postdoctoral Fellow, NIDCR, CTOC, College of Dentistry and Institute for Behavioral Medicine Research, College of Medicine, The Ohio State University (OSU)
2009 – 2010	Endowed Graduate Research Fellow, Department of Biobehavioral Health (BBH), The Pennsylvania State University (PSU)
2006 – 2009	Graduate Research Assistant, NICHD, Departments of BBH and Human Development and Family Studies, PSU
2005 – 2006	Graduate Research Assistant, ONR, Department of BBH, PSU
2004 – 2005	Supervisor, Department of Anatomic Pathology Operations, Covance Laboratories, Vienna, Virginia
2003 – 2004	Research Assistant, PI: Drs. Thomas and Theresa Pretlow, Case Western Reserve University Medical School, Cleveland, OH

Awards and Honors

2020 – 2023	Bonnie E. Cone Early-Career Professorship in Teaching, Office of the Provost, UNCC
2019	Nominated for the Harshini V. de Silva Graduate Mentor Award, Office of the Provost and The Graduate School, UNCC
2017	BRIDGES Fellow, The William and Ida Friday Center for Continuing Education, UNC Chapel Hill
2017	Catalyst Fellow, College of Liberal Arts and Sciences (CLAS), UNCC
2015	Junior Faculty Development Award, CLAS, UNCC
2015	1 of 10 Must Take Psychology Professors in Charlotte, Careers in Psychology
2014	Junior Investigator Award, UNC Charlotte Health Academy, UNCC
2012	Dean's Award for Excellence in Research, College of Dentistry, OSU
2009 – 2010	Health and Human Development Endowed Graduate Fellow, PSU
2009, 2008, 2005	Hintz Graduate Education Enhancement Fellowship, BBH, PSU
2009	Howard F. Martin Graduate Assistant Outstanding Teaching Award, Graduate School and the Office of the Vice President and Dean for Undergraduate Education, PSU
2009	Biobehavioral Health Outstanding Graduate Teaching Award, PSU
2002	Joe Luckey Award for Dedication to the University, Gannon University
2002	University Honors Degree, Gannon University
2002	Omicron Delta Kappa Leadership Honor Society, Gannon University
2001	Psi Chi Honor Society, Gannon University
1999	Beta Beta Beta Honor Society, Gannon University
1998	Phi Eta Sigma Honor Society, Gannon University

II. RESEARCH**Fellowships**

2010 – 2012	Postdoctoral Fellow, NIDCR, CTOC, College of Dentistry, OSU
2009 – 2010	Endowed Graduate Research Fellow, College of Health and Human Development, PSU

Grants*External Grants*

Risk and resilience in urban black acute trauma survivors. [R01 MH129882 PIs: Larson (UWM) & deRoos-Cassini (MCW)] Role: PI of subaward
09.01.2021-7.31.2026

Internal Grants

2021 – 2022	<i>Validation of urinary oxytocin methods in captive and wild hylobatids.</i> Role: Co-PI. UNC Charlotte Faculty Research Grant (\$9,300)
2020 – 2021	<i>Reducing hypertension and hypertension risk in black women using a simple handgrip exercise training program.</i> Role: Co-PI. Women+Girls Research Alliance (\$5,000)
2018 – 2019	<i>Blood markers related to isometric exercise training induced reductions in resting blood pressure.</i> Role: Co-PI. UNC Charlotte Faculty Research Grant (\$17,678)
2017	<i>Associations between social motivation orientations and physical health.</i> Role: Co-PI. Psychology Internal Grants (\$4,500)
2016	<i>Deciphering changes in early immune cell sensitivity to lipopolysaccharide between healthy smokers and non-smokers.</i> Role: PI. ARCHES seed grant (\$1,000)

- 2014 – 2015 *Glucocorticoid receptor expression in a population at high-risk for chronic disease development.* Role: PI. Psychology Internal Grants (\$5,000)
- 2013 – 2015 *Examining differences in glucocorticoid resistance between smokers and nonsmokers.*
Role: PI. UNC Charlotte Faculty Research Grant (\$6,000)

Scientific Publications in Referred Journals (*undergraduate student, † graduate student)

Accepted and/or Published

1. †Roos, L. G., & **Bennett, J. M.** (2023). Reappraisal and health: How habitual reappraisal and reappraisal ability interact to protect against life stress in young adults. *Emotion*, 23 (5), 1360-1372. doi: 10.1037/emo0001154
2. †Gordon, B. D. H., Zacherle, E. W., Whitmire, S., Leamy, L. J., **Bennett, J. M.**, Marino, J. S., Reitzel, A., Huet, Y., Swaine, I., & Howden, R. (2023). Isometric exercise & blood pressure: 12-weeks of training and detraining in the elderly. *Journal of Clinical Exercise Physiology*, 12 (1), 3-11. doi: /10.31189/2165-6193-12.1.3
3. †Stott Bond, N. L., Dréau, D., Marriott, I., **Bennett, J. M.**, Turner, M. J., Arthur, S. T., & Marino, J. S. (2023). Low-dose Metformin treatment reduces in vitro growth of the LL/2 non-small cell lung cancer cell line. *Biomedicines*, 11, 65. doi: 10.3390/biomedicines11010065
4. Tretter, F., Peters, E., Sturmberg, J.P., **Bennett, J. M.**, Voit, E., Dietrich, J. W., Smith, G., Weckwerth, W., Grossman, Z., Wolkenhauer, O., & Marcum, J. A. (2023). Perspectives of (/Memorandum for) systems thinking on COVID-19 pandemic and pathology. *Journal of Evaluation in Clinical Practice*, 29(3), 403-564. doi: 10.1111/jep.13772
5. Renna, M. E., Shrout, M. R., Madison, A. A., **Bennett, J. M.**, Malarkey, W. B., Emery, C. F., & Kiecolt-Glaser, J. K. (2022). Distress disorder histories predict HRV trajectories during and after stress. *Psychoneuroendocrinology*, 135, 105575. doi: 10.1016/j.psyneuen.2021.105575
6. Madison, A. A., Andridge, R., Shrout, M. R., Renna, M. E., **Bennett, J. M.**, Jaremka, L. M., Fagundes, C. P., Belury, M. A., Malarkey, W. B., & Kiecolt-Glaser, J. K. (2022). Chronic interpersonal stress and inflammatory reactivity predict depressive symptom increases: Two tests of the social signal transduction theory of depression. *Psychological Science*, 33, 152-164. doi: 10.1177/09567976211031225
7. †Payen, A., †Chen, M. J., †Carter, T. G., Kilmer, R. P. & **Bennett, J. M.** (2022). Childhood ADHD, Going beyond the brain: A meta-analysis on peripheral physiological markers of the heart and the gut. *Frontiers in Endocrinology-Neuroendocrine Science*, 13, 738065. doi: 10.3389/fendo.2022.738065
8. †Stott Bond, N. L., Dréau, D., Marriott, I., **Bennett, J. M.**, Turner, M. J., Arthur, S. T., & Marino, J. S. (2021). Metformin's efficacy as a tumor suppressor in rodents with Non-Small Cell Lung Carcinoma. *Biomedicines*, 9, 1685. doi: 10.3390/biomedicines9111685
9. †Alessi, M. G. & **Bennett, J. M.** (2020). Mental health is the health of the whole body: How psychoneuro-immunology & health psychology can inform & improve treatment. *Journal of Evaluation in Clinical Practice*, 26, 1539-1547. doi: 10.1111/jep.13386
10. †Gordon, B. D. H., Whitmire, S., Zacherle, E. W., Doyle, S., Gulati, S., Leamy, L. J., Marino, J. S., **Bennett, J. M.**, Reitzel, A. M., Swaine, I., & Howden, R. (2019). "Get a grip on hypertension": Exploring the use of isometric handgrip training in cardiac rehabilitation patients. *Journal of Cardiopulmonary Rehabilitation and Prevention*, 39, E31-E34. doi: 10.1097/HCR.0000000000000468
11. †Roos, L. G., †O'Connor, V., Canevello, A., & **Bennett, J. M.** (2019). Posttraumatic stress and psychological health following infidelity in unmarried young adults. *Stress & Health*, 35, 468-479. doi: 10.1002/smi.2880

12. Sturmberg, J. M., Picard, M., Aron, D.C., **Bennett, J. M.**, Bircher, J., DeHaven, M. J., Gijzel, S. M., Marcum, J. A., Heng, H. H., Martin, C. M., Miles, A., Peterson, C., Rohleder, N., Walker, C., Rikkert M., & Melis, R.J. (2019). Health and disease – Emergent states resulting from adaptive social and biological network interactions. A framework for debate. *Frontiers in Medicine*, 6, 59. doi: 10.3389/fmed.2019.00059
13. †Roos, L. G., Janson, J., Sturmbauer, S. C., **Bennett, J. M.**, & Rohleder, N. (2019). Higher trait reappraisal predicts stronger HPA axis habituation to repeated stress. *Psychoneuroendocrinology*, 101, 12-18. doi: 10.1016/j.psyneuen.2018.10.018 PMID: 30399458
14. †Gordon, B. D. H., Thomas, E. V., Warren-Findlow, J., Marino, J. S., **Bennett, J. M.**, Reitzel, A., Leamy, L. J., Swaine, I., & Howden, R. (2018). A comparison of blood pressure reductions following 12-weeks of isometric exercise training either in the laboratory or at home. *Journal of the American Society of Hypertension*, 12, 798-808. doi: 10.1016/j.jash.2018.09.003 PMID: 30342777
15. **Bennett, J. M.**, Reeves, G., Billman, G. E., & Sturmberg, J. P. (2018). Inflammation – Nature’s way to efficiently respond to all types of challenges: Implications for understanding and managing “the epidemic” of chronic diseases. *Frontiers in Medicine*, 5, 316. doi: 10.3389/fmed.2018.00316 PMID: 30538987
16. **Bennett, J. M.**, Rohleder, N., & Sturmberg, J. P. (2018). Biopsychosocial approach to understanding resilience: Stress habituation and where to intervene. *Journal of Evaluation in Clinical Practice*, 24, 1339-1346. doi: 10.1111/jep.13052 PMID: 30338615
17. **Bennett, J. M.**, Marino, J. S., †Peck, B., †Roos, L. G., *Joseph, K. M., *Carter, L. B., †Smith, C. B., Rohleder, N. & Coffman, M. J. (2018). Smokers display reduced glucocorticoid sensitivity prior to symptomatic chronic disease development. *Annals of Behavioral Medicine*, 52, 830-841. doi: 10.1093/abm/kax058 PMID: 30212844
18. †Roos, L. G., Levens, S. M., & **Bennett, J. M.** (2018). Recent stressful life events, relationship stressors, and cortisol reactivity: The moderating role of suppression. *Psychoneuroendocrinology*, 89, 69-77. doi: 10.1016/j.psyneuen.2017.12.026 PMID: 29331801 ***2019 Psi Chi & APA Edwin B. Newman Graduate Research Award***
19. Kase, S. E., Ritter, F. E., **Bennett, J. M.**, Klein, L. C., & Schoelles, M. (2017). Fitting a model to behavior tells us what changes cognitively when under stress and with caffeine. *Biologically Inspired Cognitive Architectures*, 22, 1-9. doi: 10.1016/j.bica.2017.09.008
20. **Bennett, J. M.** & Leggett, A. N. (2017). Caregiving stress and its toll on health from a psychoneuro-immunological perspective. *Current Breast Cancer Reports*, 9, 82-90. doi: 10.1007/s12609-017-0246-7
21. Sturmberg, J. P., **Bennett, J. M.**, Martin, C. M., & Picard, M. (2017). ‘Multimorbidity’ as the manifestation of network disturbances. *Journal of Evaluation in Clinical Practice*, 23, 199-208. doi: 10.1111/jep.12587 PMID: 27421249
22. †Blevins, C. M., †Sagui, S. J. & **Bennett, J. M.** (2017). Inflammation and positive affect: Examining the stress-buffering hypothesis with data from the National Longitudinal Study of Adolescent to Adult Health. *Brain, Behavior, and Immunity*, 61, 21-26. doi: 10.1016/j.bbi.2016.07.149 PMID: 27444965
23. Derry, H. M., Jaremka, L. M., **Bennett, J. M.**, Peng, J., Andridge, R. R., Shapiro C., Malarkey W. B., Emery C. F., Layman R., Mrozek E., Glaser R., & Kiecolt-Glaser, J. K. (2015). Yoga and self-reported cognitive problems in breast cancer survivors: A randomized controlled trial. *Psycho-Oncology*, 24, 958-966. doi: 10.1002/pon.3707 PMID: 25336068
24. Sturmberg, J. P., **Bennett, J. M.**, Picard, M., & Seely, A. J. E. (2015). The trajectory of life: Decreasing physiological network complexity through changing fractal patterns. *Frontiers in Physiology*, 6, 169. doi: 10.3389/fphys.2015.00169 PMID: 26082722

25. Kiecolt-Glaser, J. K., **Bennett, J. M.**, Andridge, R. R., Peng, J., Shapiro, C. L., Malarkey, W. B., Emery, C. F., Layman, R. Mrozek, E. E., & Glaser, R. (2014). Yoga's impact on inflammation, mood, and fatigue in breast cancer survivors: A randomized controlled trial. *Journal of Clinical Oncology*, *32* (10), 1040-1049. doi: JCO.2013.51.8860 PMID: 24470004
26. Klein, L. C., Whetzel, C. A., **Bennett, J. M.**, Ritter, F. E., Nater, U. M., & Schoelles, M. (2014). Caffeine administration does not alter salivary α -amylase activity in young male daily caffeine consumers. *BMC Research Notes*, *7*(1), 30. doi: 10.1186/1756-0500-7-30. PMID: 24410993
27. **Bennett, J. M.**, Rodrigues, I. M., & Klein, L. C. (2013). Effects of caffeine and stress on biomarkers of cardiovascular disease in healthy men and women with a family history of hypertension. *Stress & Health*, *29*, 401-409. doi: 10.1002/smi.2486 PMID: 23504818
28. Jaremka, L. M., Fagundes, C. P., Peng, J., **Bennett, J. M.**, Glaser, R., Malarkey, W. B., & Kiecolt-Glaser, J. K. (2013). Loneliness promotes inflammation during acute stress. *Psychological Science*, *24*, 1089-1097. doi: 10.1177/0956797612464059 PMID: 23630220
29. Jaremka, L. M., Fagundes, C. P., Glaser, R., **Bennett, J. M.**, Malarkey, W. B., & Kiecolt-Glaser, J. K. (2013). Loneliness predicts pain, depression, and fatigue: Understanding the role of immune dysregulation. *Psychoneuroendocrinology*, *38*, 1310-1317. doi: 10.1016/j.psyneuen.2012.11.016 PMID: 23273678
30. **Bennett, J. M.**, Glaser, R., Andridge, R. R., Peng, J., Malarkey, W. B., & Kiecolt-Glaser, J. K. (2013). Long lasting effects of smoking: Breast cancer survivors' inflammatory responses to acute stress differ by smoking history. *Psychoneuroendocrinology*, *38*, 179-187. doi: 10.1016/j.psyneuen.2012.05.012 PMID: 22727479
31. Walter, K. N., Corwin, E. J., Ulbrecht, J., **Bennett, J. M.**, Demers, L. M., Whetzel, C. A., & Klein, L. C. (2012). Elevated thyroid stimulating hormone is associated with elevated cortisol in healthy young men and women. *Thyroid Research*, *5*, 13. doi: 10.1186/1756-6614-5-13 PMID: 23111240
32. **Bennett, J. M.**, Glaser, R., Malarkey, W. B., Beversdorf, D. Q., Peng, J., & Kiecolt-Glaser, J. K. (2012). Inflammation and reactivation of latent herpesviruses in older adults. *Brain, Behavior, and Immunity*, *26*, 739-746. doi: 10.1016/j.bbi.2011.11.007 PMID: 22155500
33. Fagundes, C. P., Glaser, R., Alfano, C. M., **Bennett, J. M.**, Povoski, S. P., Lipari, A. M., Agnese, D. M., Yee, L. D., Carson III, W. E., Farrar, W. B., Malarkey, W. B., & Kiecolt-Glaser, J. K. (2012). Fatigue and herpesvirus latency in women newly diagnosed with breast cancer. *Brain, Behavior, and Immunity*, *26*, 394-400. doi:10.1016/j.bbi.2011.09.014 PMID: 21988771
34. Fagundes, C. P., Gillie, B. L., Derry, H. M., **Bennett, J. M.**, & Kiecolt-Glaser, J. K. (2012). Chapter 2: Resilience and immune function in older adults. *Annual review of gerontology and geriatrics*, *32*, 29-47. doi: 10.1891.0198-8794.32.29
35. Fagundes, C. P., **Bennett, J. M.**, Alfano, C. M., Glaser, R., Povoski, S. P., Lipari, A. M., Agnese, D. M., Yee, L. D., Carson III, W. E., Farrar, W. B., Malarkey, W. B., Chen, M. & Kiecolt-Glaser, J. K. (2012). Social support and socioeconomic status interact to predict Epstein-Barr virus latency in women awaiting diagnosis or newly diagnosed with breast cancer. *Health Psychology*, *31*, 11-19. doi: 10.1037/a0025599 PMID: 22004465
36. Fagundes, C. P., **Bennett, J. M.**, Derry, H., & Kiecolt-Glaser, J. K. (2011). Relationships and inflammation across the lifespan: Social developmental pathways to disease. *Social and Personality Psychology Compass*, *5*, 891-903. doi: 10.1111/j.1751-9004.2011.00392.x PMID: 22125580
37. Klein, L. C., **Bennett, J. M.**, Whetzel, C. A., Granger, D. A., & Ritter, F. E. (2010). Caffeine and stress alter salivary α -amylase levels in young men. *Human Psychopharmacology*, *25*, 359-367. doi: 10.1002/hup.1126 PMID: 20589924

38. Kapelewski, C. H., **Bennett, J. M.**, Cavigelli, S. A., & Klein, L. C. (2010). Application of a naturalistic psychogenic stressor in periadolescent mice: Effect on serum corticosterone levels differs by strain but not sex. *BMC Research Notes*, 3, 170. doi: 10.1186/1756-0500-3-170 PMID: 20565762
39. Cavigelli, S. A., **Bennett, J. M.**, Michael, K. C., & Klein, L. C. (2008). Female temperament, tumor development, and life span: Relation to glucocorticoid and tumor necrosis factor alpha levels in rats. *Brain, Behavior, and Immunity*, 22, 727-735. doi: 10.1016/j.bbi.2007.10.014 PMID: 18155400

Invited Book Chapters († graduate student)

1. †Roos, L. G., †Alessi, M. G., †Price, B. C., & **Bennett, J. M.** (2022). The measurement of stress. In: R. Gurung (General Editor) *Psychology in the Real World: Health*. Routledge Resources Online. doi: 10.4324/9780367198459-REPRW77-1
2. **Bennett, J. M.**, †Roos, L. G., Marino, J. S., Rohleder, N., & Coffman, M. J. (2018). Healthy smokers: An oxymoron? Maybe, but it is more complicated than that. In J. P. Sturmborg (Ed) *The Value of Systems and Complexity Sciences for Healthcare - Proceedings of the 2nd International Conference of Systems and Complexity in Health* (pp 23-39). Charm: Springer.
3. **Bennett, J. M.** & †Roos, L. G. (2016). Yoga's effect on mental and physical health outcomes. In M. R. Opp (Ed). *Primer of PNI Research* (pp 165-172). New York: Elsevier.
4. **Bennett, J. M.** (2016). Psychoneuroimmunology. In: H. L. Miller (Ed.) *The SAGE Encyclopedia of Theory in Psychology* Vol. 2. Thousand Oaks, CA: SAGE Publications Inc. doi: 10.4135/9781483346274.n261
5. **Bennett, J. M.**, & Sturmborg, J. P. (2016). Depression: Not just a top-down phenomenon. In J. P. Sturmborg (Ed): *The Value of Systems and Complexity Sciences for Healthcare - Proceedings of the 1st International Conference of Systems and Complexity in Health* (pp 163-173). Charm: Springer.
6. **Bennett, J. M.**, Fagundes, C. P., & Kiecolt-Glaser, J. K. (2013). The chronic stress of caregiving accelerates the natural aging of the immune system. In: J. A. Bosch, A. C. Phillips, & J. M. Lord (Eds.) *Immunosenescence: Psychological and behavioural determinants* (pp 35-46). New York: Springer.
7. **Bennett, J. M.**, Gillie, B. L., Lindgren, M. E., Fagundes, C. P., & Kiecolt-Glaser, J. K. (2013). Inflammation through a psychoneuroimmunological lens. In: J. P. Sturmborg & C. M. Martin (Eds.) *Handbook of systems and complexity in health* (pp 279-300). New York: Springer.

Media Coverage

1. Blum, Dani (2023, Mar 22). *The truth about the internet's favorite stress hormone: Cortisol gets a bad rap, but it's not so clear-cut.* [Interviewed] Retrieved from: <https://www.nytimes.com/2023/03/22/well/live/cortisol-stress-hormone.html>
2. Chadha, Tina (2023, Mar 13). *What's the difference between an anxiety attack and a panic attack?* [Interviewed] Retrieved from: <https://www.oprahdaily.com/life/health/a43166331/panic-attack-vs-anxiety-attack-whats-the-difference/>
3. King Lindley, Jennifer (2023, Feb 26). *Make stress work in your favor with these 7 steps.* [Interviewed] Retrieved from: <https://www.dailyom.com/journal/make-stress-work-in-your-favor-with-these-steps/>
4. Seo, Hannah (2022, Dec 26). *Small steps to improve your mental health in 2023.* [Interviewed] Retrieved from: <https://www.nytimes.com/2022/12/26/well/mind/mental-health-advice-2023.html>
5. King Lindley, Jennifer (2022, Dec 4). *5 Tips for managing stress so you can live your best life.* [Interviewed]. Retrieved from: <https://www.dailyom.com/journal/5-tips-for-managing-stress-so-you-can-live-your-best-life/>

6. Blum, Dani (2022, Aug 23). *How can I tell if I'm depressed or burned out?* [Interviewed]. Retrieved from: <https://www.nytimes.com/2022/08/23/well/mind/burnout-depression-symptoms-treatment.html>
7. Women's Wealth: The Middle Way® (2022, April 27). *Stress and your health with Jeanette Bennett* [Podcast]. Retrieved from <https://directory.libsyn.com/episode/index/id/22900943>
8. Moyer, Melinda (2022, Feb 15). *Your body knows you're burned out.* [Interviewed]. Retrieved from <https://www.nytimes.com/2022/02/15/well/live/burnout-work-stress.html?smid=url-share>
9. Pevzner, Holly (2020, Dec 19). *A systemic response.* Eating Well Magazine: Anti-Inflammation Special Edition. [Interviewed].
10. Inside UNC Charlotte (2019, April 11). *Caffeine can darken moods as people face work stress say researchers.* [Feature]. Retrieved from <https://inside.uncc.edu/news-features/2019-04-11/caffeine-can-darken-moods-people-face-workstress-say-researchers>

Scholarly Works

1. **Bennett, J. M.** (2010). *Nicotine modulation of anti-viral immunity in periadolescent male and female C57BL/6J mice.* Doctoral Dissertation, Department of Biobehavioral Health, PSU. Advisor: Laura Cousino Klein, Ph.D.
2. **Bennett, J. M.** (2007). *The biobehavioral effects of caffeine exposure and withdrawal in healthy, young men.* Master's Thesis, Department of Biobehavioral Health, PSU. Advisor: Laura Cousino Klein, Ph.D.

Invited Presentations at Scientific Meetings

1. **Bennett, J. M.** (2022 November). *COVID-19 pandemic: Are we in the resilience phase?* Oral presentation during the opening session at meeting for the International Society for Systems and Complexity Sciences for Health, Phoenix, AZ.
2. **Bennett, J. M.,** & Sturmberg, J. P. (2014 November). *Depression: More than a top-down phenomenon.* Paper presented at the Systems and Complexity Sciences for Healthcare, Georgetown University Medical Center, Washington, DC.
3. Ritter, F. E., Kase, S. E., Klein, L. C., **Bennett, J. M.,** & Schoelles, M. (2009). Fitting a model to behavior tells us what changes cognitively when under stress and with caffeine. In: *Proceedings of the biologically inspired cognitive architectures at the Association for the Advancement of Artificial Intelligence (AAAI) Fall Symposium* (pp 109-115). Keynote Presentation, Technical report FS-0901. Menlo Park, CA: AAAI Press.
4. Klein, L.C., **Bennett, J.M.,** Stawski, R.S., Whetzel, C.A., Davis, K.D., Almeida, D.M., McHale, S.M., & Crouter, A.C. (2009 April). *Synchrony between daily salivary melatonin and cortisol levels: Impact of sleep and work stressors in parents and children.* Paper presented at the National Heart Lung and Blood Institute Sleepiness and Health-Related Quality of Life Conference, Bethesda, MD.

Presentations at Scientific Meetings (*undergraduate student, † graduate student)

International

1. **Bennett, J. M.,** †Gordon, B. D. H., †Gaillard, E., †Alessi, M. G., †Price, B. C., *Kachmarik, J. E., *Persin, M. J., †Snapper, L., Marino, J. S., & Howden, R. (2022 June). *Systemic biomarkers and isometric exercise training: Does inflammation underlie the resting blood pressure adaptations?* Poster presented at the annual meeting of the Psychoneuroimmunology Research Society, Zurich, Switzerland. *Brain, Behavior, and Immunity*, 106(Supplement), e31.
2. **Bennett, J. M.,** Rohleder, N., & Sturmberg, J. P. (2019 June). *Psychoneuroimmunology – the link that explains the nature of health between the constraints imposed by the external environment limiting the emergent possibilities of the biological blueprint.* Poster presented at the biennial meeting of the German-Endocrine-Brain-

- Immune-Network and the annual meeting of the Psychoneuroimmunology Research Society, Berlin, Germany. *Brain, Behavior, and Immunity*, 81(Supplement), e38.
3. **Bennett, J. M.**, †Roos, L. G., *Mehta, A. C., *Penley, C. J., *Gresham, A. M. & Canevello, A. (2019 June). *Interpersonal motivations and health: Compassion toward others and protection of self-image possible biological pathways*. Poster presented at the biennial meeting of the German-Endocrine-Brain-Immune-Network and the annual meeting of the Psychoneuroimmunology Research Society, Berlin, Germany. *Brain, Behavior, and Immunity*, 81(Supplement), e37-38.
 4. Vilasagar, S., Lorenz, T. K., Schang, A. K., & **Bennett, J. M.** (2019 May). *Women with endometriosis experience and cope differently with chronic pain: Is a tailored yoga intervention the key?* Poster presented at the annual meeting of the Society of Endometriosis and Uterine Disorders, Montreal, Canada.
 5. †Roos, L. G., *Stone, A. R., Levens, S. M., & **Bennett, J. M.** (2019 March). *Stressed? Maybe skip the coffee: The interactive effects of caffeine and chronic stress on responses to emotional stimuli*. Oral paper presented at the annual meeting of the American Psychosomatic Society, Vancouver, Canada. *Psychosomatic Medicine*, 81(3), A-121-122. ++Selected as APS news release.
 6. †Alessi, M. G., *Stone, A. R., Levens, S. M., & **Bennett, J. M.** (2019 March). *Trait mindfulness and emotional reactivity: Examining self-report and a caffeine manipulated emotional task*. Poster presented at the annual meeting of the American Psychosomatic Society, Vancouver, Canada. *Psychosomatic Medicine*, 81(3), A-93.
 7. *Gresham, A. M., †Roos, L. G., & **Bennett, J. M.** (2019 March). *Exposure to intimate partner violence, regardless of awareness, influences mental and physical health in healthy young adults*. Poster presented at the annual meeting of the American Psychosomatic Society, Vancouver, Canada. *Psychosomatic Medicine*, 81(3), A-32.
 8. *Mehta, A. C., †Roos, L. G., Canevello, A., *Gresham, A. M., & **Bennett, J. M.** (2019 March). *The influence of interpersonal goals on physical health outcomes: Examining the roles of self-compassion and heart rate variability*. Poster presented at the annual meeting of the American Psychosomatic Society, Vancouver, Canada. *Psychosomatic Medicine*, 81(3), A-70.
 9. *Stone, A. R., Levens, S. M., & **Bennett, J. M.** (2019 March). *Alexithymia and depression interact to affect caffeine's modulation of emotion reactivity: Evidence from a double-blind, placebo-controlled study*. Poster presented at the annual meeting of the American Psychosomatic Society, Vancouver, Canada. *Psychosomatic Medicine*, 81(3), A-95.
 10. †Roos, L. G., Coffman, M. J., & **Bennett, J. M.** (2017 March). *Stressful life events and health: The differential impacts of trait reappraisal and suppression on cardiovascular functioning, inflammation, and psychological distress*. Poster session presented at the annual meeting of the American Psychosomatic Society, Sevilla, Spain. *Psychosomatic Medicine*, 79(4), A-69.
 11. **Bennett, J. M.**, †Peck, B., *Joseph, K. M., *Carter, L. B., †Roos, L. G., Coffman, M. J., †Smith, C. B., Rohleder, N., & Marino, J. S. (2016 June). *Healthy smokers' peripheral blood lymphocytes exhibit differential inflammatory gene expression to glucocorticoid and lipopolysaccharide exposure*. Poster session presented at the annual meeting of the Psychoneuroimmunology Research Society, Brighton, England. *Brain, Behavior, and Immunity*, 57(Supplement), e32-33.
 12. **Bennett, J. M.**, Glaser, R., Andridge, R. R., Peng, J., Malarkey, W. B., & Kiecolt-Glaser, J. K. (2012 March). *Long lasting effects of smoking: Breast cancer survivors' inflammatory responses to acute stress differ by smoking history*. Poster session presented at the annual meeting of the American Psychosomatic Society, Athens, Greece. *Psychosomatic Medicine*, 74(3), A-20.

13. **Bennett, J. M.**, Whetzel, C. A., Almeida, D. M., & Klein, L. C. (2009 April). *Tobacco use is associated with an elevated cortisol awakening response: evidence from a daily diary study with hotel workers*. Poster session presented at the annual meeting of the Society for Research on Nicotine and Tobacco, Dublin, Ireland.
14. Klein, L. C., **Bennett, J. M.**, Davis, K. D., Almeida, D. M., Crouter, A. C., & McHale, S. (2009 April). *Workplace stress increases tobacco use among workers and their partners: evidence from the Penn State Hotel Work and Well-being Study*. Poster session presented at the annual meeting of the Society for Research on Nicotine and Tobacco, Dublin, Ireland.

National

1. †Payen, A., Bateman, J.R., & **Bennett, J.M.** (2023 November). *Social support buffers the effect of APOE4 gene on cognition*. Abstract submitted for presentation at the annual meeting of the Gerontological Society of America, Tampa, FL.
2. †Payen, A., Bateman, J.R., & **Bennett, J.M.** (2023 June). *Social support and hippocampal volume differentially affect cognition for those with mild cognitive impairment: Preliminary investigation*. Poster accepted for presentation at the annual meeting of the American Academy of Clinical Neuropsychology, Washington, D.C.
3. Timmer-Murillo, S.C., Tomas, C.W., Wang, Z., **Bennett, J. M.**, Larson, C., & deRoos-Cassini, T.A. (2023 April) *Does pro-inflammatory cytokine response predict posttraumatic stress symptom trajectory acutely after trauma?* Poster presented at the Society of Biological Psychiatry annual conference, San Diego, CA.
4. *Hoff, R., & **Bennett, J. M.** (2023 April). The relationship between racial discrimination and mental and physical health among college students. Oral presentation at the annual National Conference on Undergraduate Research (NCUR), Eau Claire, Wisconsin.
5. Roos, L. G., Gresham, A. M., Kachmarik, J., **Bennett, J. M.** & Peters, B. (2023 March). *The influence of social media creeping on infidelity-related PTSD symptoms over time*. Poster presentation at the annual meeting of the American Psychosomatic Society, San Juan, Puerto Rico.
6. †Alessi, M. G. & **Bennett, J. M.** (2022 November). *Nations on the Decline: Understanding the complexity of global trends in life expectancy*. Oral presentation at meeting for the International Society for Systems and Complexity Sciences for Health, Phoenix, AZ.
7. †Price, B. C., Case, A. D., & **Bennett, J. M.** (2022 March). *Acknowledgement and long-term experiences of discrimination impacts chronic health conditions*. Oral presentation at the annual meeting of the American Psychosomatic Society, Long Beach, CA. *Psychosomatic Medicine*, 84(5), A131-A132.
8. †Alessi, M. G., *Persin, M. J., *Stone, A. R., Levens, S. M., & **Bennett, J. M.** (2022 March). *Trait mindfulness and heart rate variability reactivity during a caffeine manipulated emotional task*. Poster presentation at the annual meeting of the American Psychosomatic Society, Long Beach, CA. *Psychosomatic Medicine*, 84(5), A53.
9. †Payen, A., *Persin, M. J., Bateman, J. R., & **Bennett, J. M.** (2022 March). *Friendship quality alters concurrent cognitive functioning and decline over 10 years differentially within the context of varying physiological health markers*. Poster presentation at the annual meeting of the American Psychosomatic Society, Long Beach, CA. *Psychosomatic Medicine*, 84(5), A67.
10. *Persin, M. J., †Payen, A., Bateman, J. R., †Alessi, M. G., & **Bennett, J. M.** (2022 March). *Mid-life depressive symptoms and cognitive functioning: Cross-sectional and longitudinal relationships differ by racial minority status*. Oral presentation at the annual meeting of the American Psychosomatic Society, Long Beach, CA. *Psychosomatic Medicine*, 84(5), A92.
11. †Roos, L. G., *Kachmarik, J., Slavich, G. M. & **Bennett, J. M.** (2022 February). *Reappraisal and health: How habitual reappraisal and reappraisal ability interact to protect against life stress*. Oral presentation at the annual meeting of the Society for Personality and Social Psychology, San Francisco, CA.

12. †Price, B. C., Case, A. D., & **Bennett, J. M.** (2020 December). *Long-term experiences of discrimination negatively impacts chronic health conditions regardless of race*. Poster presented at the American Psychosomatic Society's virtual meeting on Pursuing Health Equity in the Context of COVID-19: The Essential Role of Psychosomatic Medicine.
13. †Price, B. C., Case, A. D., & **Bennett, J. M.** (2020 October). *Does the link between discrimination and chronic health conditions differ between Blacks and Whites?* Poster presented at the 8th Annual Black Doctoral Network Virtual Conference.
14. †Gaillard, E., †Gordon, B. D. H., †Alessi, M. G., Marino, J. S., **Bennett, J. M.**, †Price, B. C., †Sombatsaphay, V., Stewart, C., Green, S., *Roberts, M. T., *Kachmarik, J. E., *Persin, M. J. & Howden, R. (2020 May). *Isometric exercise training, regardless of muscle mass, reduces resting blood pressure in normotensive health males*. Poster to be presented at the annual meeting of the American College of Sports Medicine, San Francisco, CA. *Medicine & Science in Sports & Exercise*, 52 (7S), 237. (Conference canceled)
15. †Price, B. C., **Bennett, J. M.**, & Case, A. D. (2020 March). *Trait anger and perceived stress differentially explain the relationship between discrimination and chronic health burden based on race*. Poster to be presented at the annual meeting of the American Psychosomatic Society, Long Beach, California. *Psychosomatic Medicine*, 82(6), A34. (Conference canceled)
16. †Alessi, A. G., & **Bennett, J. M.** (2020 March). *The role of heart rate variability and sex in depression severity and development a decade later: Findings from Mid-Life in the United States (MIDUS)*. Poster to be presented at the annual meeting of the American Psychosomatic Society, Long Beach, California. *Psychosomatic Medicine*, 82(6), A60. (Conference canceled).
17. †Roos, L. G., & **Bennett, J. M.** (2020 March). *To creep or not to creep? The health effects of social media creeping on an ex-partner and the influence of posttraumatic stress symptoms*. Poster to be presented at the annual meeting of the American Psychosomatic Society, Long Beach, California. *Psychosomatic Medicine*, 82(6), A41-A42. (Conference canceled).
18. *Mehta, A. C., †Roos, L. G., *Gresham, A. M., & **Bennett, J. M.** (2020 March) *Power of negative thoughts: Post-traumatic cognitions following a relationship stressor linked to physical health*. Poster to be presented at the annual meeting of the American Psychosomatic Society, Long Beach, California. *Psychosomatic Medicine*, 82(6), A17. (Conference canceled).
19. †Rozario, N. L., Blanchette, C., Howden R., Noone, J., Saunders, W., Binion-Richards, K., & **Bennett, J. M.** (2019 May). *The effect of missing a specialty medication dose on total healthcare cost burden*. Poster presented at ISPOR, New Orleans, LA.
20. **Bennett, J. M.**, Vilasagar, S., Lorenz, T. K., & Schang, A. K. (2019 April). *Enhancing pain management for women with chronic pelvic pain*. Oral presentation at the meeting for the International Society for Systems and Complexity Sciences for Health, Knoxville, TN.
21. †Price, B., Gil-Rivas, V., Case, A. D., Abrams, L., & **Bennett, J. M.** (2019 April). *Understanding the African American and heart rate variability paradox*. Oral presentation at the meeting for the International Society for Systems and Complexity Sciences for Health, Knoxville, TN.
22. †Alessi, M. G., & **Bennett, J. M.** (2019 April). *Mental disorders as brain/body disorders: How health psychology and psychoneuroimmunologic approaches can inform and improve treatment*. Oral presentation at the meeting for the International Society for Systems and Complexity Sciences for Health, Knoxville, TN.
23. †Roos, L. G., *Mehta, A., Canevello, A., & **Bennett, J. M.** (2018 July). *The influence of interpersonal goals on breakup distress*. Oral paper presented at the International Association for Relationship Research conference, Fort Collins, CO.

24. **Bennett, J. M.**, †Roos, L. G., *Penley, C. J., & Canevello, A. (2018 March). *Interpersonal goals influence how trauma affects health among emerging adults*. Poster presented at the annual meeting of the American Psychosomatic Society, Louisville, KY. *Psychosomatic Medicine*, 80(3), A-42.
25. †Roos, L. G., Janson, J., Sturmbauer, S., **Bennett, J. M.**, & Rohleder, N. (2018 March). *The role of emotion regulation strategies in HPA axis habituation to acute stress*. Poster presented at the annual meeting of the American Psychosomatic Society, Louisville, KY. *Psychosomatic Medicine*, 80(3), A-41.
26. †Willetts, V., Canevello, A. B., †Roos, L. G., & **Bennett, J. M.** (2018 March). *Interpersonal Electronic Surveillance: a Response to Relationship Trauma*. Poster presented at Society for Personality and Social Psychology Annual Convention, Atlanta, GA.
27. †Roos, L. G., †Willetts, V., Canevello, A. B., & **Bennett, J. M.** (2017 November). *From infidelity to posttraumatic stress: The psychological effects of relationship infidelity on young adults*. Poster presented at annual meeting of the International Society for Traumatic Stress Studies, Chicago, IL.
28. **Bennett, J. M.**, Marino, J. S., †Peck, B., *Joseph, K. M., *Carter, L. B., †Roos, L. G., †Smith, C. B., Rohleder, N., & Coffman, M. J. (2017 June). *Smokers exhibit glucocorticoid insensitivity prior to chronic disease development*. Poster presented at the annual meeting of the Psychoneuroimmunology Research Society, Galveston, TX. *Brain, Behavior, and Immunity*, 66(Supplement), e29.
29. †Willetts, V., †Roos, L. G., Canevello, A. B., †Griffin, M. & **Bennett, J. M.** (2017 June). *Infidelity as a trauma: Empirical research linking infidelity experience and posttraumatic stress symptoms*. Paper presented at the International Association for Relationship Research Conference, Syracuse, NY.
30. †Blevins, C. M., Tedeschi, R. G., **Bennett, J. M.**, Canevello, A. B., & Elnitsky, C. (2017 March). *Posttraumatic growth and biomarkers of chronic stress among combat veterans of Operations Enduring and Iraqi Freedom*. Poster session presented at annual meeting of the Society of Behavioral Medicine, San Diego, CA.
31. **Bennett, J. M.**, †Roos, L. G., Marino, J. S., Rohleder, N., & Coffman, M. J. (2016 November). *Healthy smokers: An oxymoron?* Paper presented at the bi-annual meeting of the Systems and Complexity Sciences for Healthcare, Billings Clinic, Billings, MT.
32. **Bennett, J. M.**, †Roos, L. G., & †Papay, K. A. (2016 March). *Depression, perceived stress, & EBV reactivation: Disentangling the relationship and approaching causality?* Poster session presented at the annual meeting of the American Psychosomatic Society, Denver, CO. *Psychosomatic Medicine*, 78(3), A-95.
33. †Roos, L. G., †Papay, K. A., & **Bennett, J. M.** (2016 March). *The interacting role of emotion regulation and stressful life events to predict cortisol response to stress*. Paper presented in the Social Factors, Inflammation, and Health Paper Session at the annual meeting of the American Psychosomatic Society, Denver, CO. *Psychosomatic Medicine*, 78(3), A-50.
34. †Papay, K. A., †Roos, L. G., & **Bennett, J. M.** (2016 March). *Stress reactivity influenced by self-acceptance and neuroticism*. Citation poster session presented at the annual meeting of the American Psychosomatic Society, Denver, CO. *Psychosomatic Medicine*, 78(3), A-64.
35. Padin, A. C., **Bennett, J. M.**, Emery, C. F., & Kiecolt-Glaser, J. K. (2016 March). *Yoga for breast cancer survivors: Impact on cancer-related distress and sleep*. Poster session presented poster at the annual meeting of the American Psychosomatic Society, Denver, CO. *Psychosomatic Medicine*, 78(3), A-59.
36. Woods, S. J., Hall, R. J., **Bennett, J. M.**, & Page, G. G. (2015 April). *Patterns of diurnal cortisol and DHEA in women experiencing intimate violence*. Oral presentation at the Nursing Network for Violence Against Women International 20th Conference, Atlanta, GA.

37. **Bennett, J. M.**, †Papay, K., †Sagui, S. J., & Coffman, M. J. (2015 March). *Depression and stress reactivity interact to predict heart rate variability over and above current smoking status: A preliminary investigation*. Poster session presented at the annual meeting of the American Psychosomatic Society, Savannah, GA. *Psychosomatic Medicine*, 77(3), A-108.
38. Woods, S. J., Hall, R. J., **Bennett, J. M.**, & Page, G.G. (2014 October). *Trajectories of change and predictors of AM-PM cortisol and DHEA Patterns in women experiencing intimate partner violence*. Poster session presented at the annual meeting of the Academy on Violence and Abuse, Salt Lake City, Utah.
39. Derry, H. M., Jaremka, L. M., **Bennett, J. M.**, Peng, J., Andridge, R. R. ... Kiecolt-Glaser, J. K. (2014 March). *Yoga and self-reported cognitive problems in breast cancer survivors: A randomized controlled trial*. Poster session presented at the annual meeting of the American Psychosomatic Society, San Francisco, CA. *Psychosomatic Medicine*, 76(3), A-3.
40. Hussain, M. H., Jaremka, L. M., **Bennett, J. M.**, Fagundes, C. P., Malarkey, W. B., Emery, C. F., & Kiecolt-Glaser, J. K. (2014 March). *Syndromal depression, intrusive thoughts, and heart rate variability among cancer survivors*. Poster session presented at the annual meeting of the American Psychosomatic Society, San Francisco, CA. *Psychosomatic Medicine*, 76(3), A-99.
41. **Bennett, J. M.**, Bayly, J. E., & Klein, L. C. (2013 March). *Caffeine and sex influence inflammatory responses to acute stress*. Poster session presented at the annual meeting of the American Psychosomatic Society, Miami, FL. *Psychosomatic Medicine*, 75(3), A-146.
42. Revitsky, A.R., **Bennett, J.M.**, & Klein, L.C. (2012 March). *The effects of nicotine exposure on body weight and food consumption differ by age in adolescent and adult female mice*. Poster session presented at the annual meeting of the Society for Research on Nicotine and Tobacco, Houston, TX.
43. Walter, K.N., Mercincavage, M., Whetzel, C.A., **Bennett, J.M.**, Foulds, J., Almeida, D.A., Muscat, J.E., & Klein, L.C. (2012 March). *Validation in self-reported non-tobacco use status in a daily diary study: Results from the Penn State Hotel Work and Well-Being Study*. Poster session presented at the annual meeting of the Society for Research on Nicotine and Tobacco, Houston, TX.
44. Fagundes, C. P., **Bennett, J. M.**, Alfano, C. M., Glaser, R., Povoski, S. P., Lipari, A. M., Agnese, D. M., Yee, L. D., Carson III, W. E., Farrar, W. B., Malarkey, W. B., Chen, M. & Kiecolt-Glaser, J. K. (2011 June). *Social support and socioeconomic status interact to predict Epstein-Barr virus latency in women awaiting diagnosis or newly diagnosed with breast cancer*. Poster session presented at the annual meeting of the Psychoneuroimmunology Research Society, Chicago, IL. *Brain, Behavior, and Immunity*, 25, S213.
45. **Bennett, J. M.**, Fagundes, C. P., Glaser, R., Malarkey, W. B., & Kiecolt-Glaser, J. K. (2011 June). *Parasympathetic tone and time since treatment influence the expression of latent cytomegalovirus in breast cancer survivors*. Poster session presented at the annual meeting of the Psychoneuroimmunology Research Society, Chicago, IL. *Brain, Behavior, and Immunity*, 25, S216.
46. **Bennett, J. M.**, Glaser, R., & Kiecolt-Glaser, J. K. (2011 March). *A double whammy: Smoking and fatigue increase TNF- α levels in older adults*. Poster session presented at the annual meeting of the American Psychosomatic Society, San Antonio, TX. *Psychosomatic Medicine*, 73(3), A-84/85.
47. Walter, K. N., Corwin, E. J., Ulbrecht, J., **Bennett, J. M.**, Demers, L. M., Whetzel, C. A., Seeman, T. E., & Klein, L. C. (2010 March). *Thyroid stimulating hormone is associated with body mass index and resting blood pressure in healthy young men and women*. Poster session presented at the annual meeting of the American Psychosomatic Society, Portland, OR. *Psychosomatic Medicine*, 72(3), A-133.

48. **Bennett, J. M.**, Stawski, R. S., Whetzel, C. A., Almeida, D. M., & Klein, L. C. (2009 March). *Daily rhythms of melatonin are altered by amount of sleep*. Poster session presented at the annual meeting of the American Psychosomatic Society, Chicago, IL. *Psychosomatic Medicine*, 71(3), A-75.
49. **Bennett, J. M.**, Stawski, R. S., Whetzel, C. A., Almeida, D. M., & Klein, L. C. (2009 March). *Synchrony between daily salivary melatonin and cortisol levels: Impact of sleep and stressors*. Presented as part of the HPA Axis II paper session at the annual meeting of the American Psychosomatic Society, Chicago, IL. *Psychosomatic Medicine*, 71(3), A-135.
50. Walter, K. N., **Bennett, J. M.**, Whetzel, C. A., Davis, K. D., Almeida, D. M., & Klein, L. C. (2009 March). *Job status, burnout, and waking cortisol levels: Evidence from the Penn State Hotel Work and Well-Being Study*. Poster session presented at the annual meeting of the American Psychosomatic Society, Chicago, IL. *Psychosomatic Medicine*, 71(3), A-42.
51. Whetzel, C. A., Davis, K. D., **Bennett, J. M.**, Almeida, D. M., Crouter, A. C., & Klein, L. C. (2009 March). *Higher dehydroepiandrosterone-sulfate (DHEA-S) levels are associated with lower levels of daily stress: Evidence from the Penn State Hotel Work and Well-Being Study*. Poster session presented at the annual meeting of the American Psychosomatic Society, Chicago, IL. *Psychosomatic Medicine*, 71(3), A-80.
52. Guaderrama, M. M., **Bennett, J. M.**, Kapelewski, C. H., & Klein, L. C. (2008 November). *Stress exposure results in elevated cotinine levels but does not alter 24-hr oral nicotine intake in periadolescent male and female mice*. Poster session presented at the annual meeting of the Society for Neuroscience, Washington, DC.
53. Kapelewski, C.H., **Bennett, J.M.**, & Klein, L.C. (2008 November). *Strain differences in efficacy of a psychogenic stressor in periadolescent mice*. Poster session presented at the annual meeting of the Society for Neuroscience, Washington, DC.
54. **Bennett, J. M.**, Rodrigues, I. M., & Klein, L. C. (2008 March). *Sex differences in impact of C-reactive protein risk group on cortisol stress reactivity in healthy young adults with parental history of hypertension*. Poster session presented at the annual meeting of the American Psychosomatic Society, Baltimore, MD. *Psychosomatic Medicine*, 70(3), A-74.
55. Klein, L. C., **Bennett, J. M.**, Whetzel, C. A., & Ritter, F. E. (2008 March). *Daily caffeine use impacts neuroendocrine and cardiovascular responses to laboratory stress in healthy men*. Poster session presented at the annual meeting of the American Psychosomatic Society, Baltimore, MD. *Psychosomatic Medicine*, 70(3), A-58.
56. Klein, L. C., **Bennett, J. M.**, Kambhampati, S. K., Corwin, E. J., Stine, M. M., Deitch, H., Taylor, S. E., & Seeman, T. E. (2008 March). *Undiagnosed thyroid disease elevates baseline cortisol levels in asymptomatic young men and women*. Poster session presented at the annual meeting of the American Psychosomatic Society, Baltimore, MD. *Psychosomatic Medicine*, 70(3), A-92.
57. Klein, L. C., Whetzel, C. A., Almeida, D. M., **Bennett, J. M.**, Stawski, R. S., Banks, S. R., & Crouter, A. C. (2008 March). *Salivary DHEA-S levels across the day: Evidence for a daily rhythm in a healthy adult population*. Poster session presented at the annual meeting of the American Psychosomatic Society, Baltimore, MD. *Psychosomatic Medicine*, 70(3), A-46.
58. Rodrigues, I. M., **Bennett, J. M.**, & Klein, L. C. (2007 March). *Caffeine exposure and stress increase blood markers of cardiovascular disease risk in young adult men and women with a family history of hypertension*. Poster session presented at the annual meeting of the Society of Behavioral Medicine, Washington, D.C.
59. **Bennett, J. M.**, Leslie, J., McClearn, G. E., & Klein, L. C. (2007 February). *Sex but not strain influences voluntary nicotine intake in adolescent mice*. Poster session presented at the annual meeting of the Society for Research on Nicotine and Tobacco, Austin, TX.

60. Ritter, F. E., Kase, S., Schoelles, M., **Bennett, J. M.**, & Klein, L. C. (2006 July). *Cognitive aspects of serial subtraction*. Presented at the annual ACT-R Workshop, Pittsburgh, PA.
61. **Bennett, J. M.**, Whetzel, C. A., Ritter, F. E., Reifers, A., & Klein, L. C. (2006 March). *Effects of caffeine and stress on cortisol and serial subtraction performance in young healthy men*. Poster session presented at the annual meeting of the American Psychosomatic Society, Denver, CO. *Psychosomatic Medicine*, 68, A-77.
62. Klein, L. C., Whetzel, C. A., **Bennett, J. M.**, Ritter, F. E., & Granger, D. A. (2006 March). *Effects of caffeine and stress on salivary alpha-amylase in young men: A salivary biomarker of sympathetic activity*. Poster session presented at the annual meeting of the American Psychosomatic Society, Denver, CO. *Psychosomatic Medicine*, 68, A-4.

Local and Regional

1. *Campbell, S., *Kachmarik, J. E., †Roos, L.G., & Bennett, J. M. (2020 November). *Posttraumatic growth & adversity: How characteristics of the adverse event affect health outcomes among young adults*. Poster presentation at the State of North Carolina Undergraduate Research and Creativity Symposium.
2. †Gaillard, E., †Gordon, B. D. H., †Alessi, M. G., Marino, J. S., **Bennett, J. M.**, †Price, B. C., †Sombatsaphay, V., Stewart, C., Green, S., *Roberts, M. T., *Kachmarik, J. E., *Persin, M. J. & Howden, R. (2020 February). *Isometric exercise training, regardless of muscle mass, reduces resting blood pressure in normotensive health males*. Poster presentation at the annual meeting of the Southeast Chapter of American College of Sports Medicine, Jacksonville, FL.
3. †Alessi, M. G., *Stone, A. R., Levens, S. M., & **Bennett, J. M.** (2019 March). *Trait mindfulness and emotional reactivity: Examining self-report and a caffeine manipulated emotional task*. Oral presentation at the Graduate Research Symposium, UNC Charlotte, Charlotte, NC.
4. *Stone, A. R., Levens, S. M., & **Bennett, J. M.** (2018 November). *Alexithymia and depressive symptoms interact to affect caffeine's modulation of emotion reactivity: Evidence from a double-blind, placebo-controlled study*. Presented at the North Carolina Undergraduate Research Symposium, North Carolina State University, Raleigh, NC.
5. *Stone, A., & **Bennett, J. M.** (2018 September). *Alexithymia and conversation: A cup of coffee please*. Presented at the North Carolina Honors Association Conference, High Point University, High Point, NC.
6. *Stone, A., & **Bennett, J. M.** (2018 July). *The emotional intersection between alexithymia and caffeine*. Presented at the Summer Scholar Research Program Symposium, The University of North Carolina at Charlotte, Charlotte, NC.
7. *Mehta, A. C., †Roos, L. G., & **Bennett, J. M.** (2018 April). *The influence of interpersonal goals on posttraumatic growth outcomes following infidelity: Self-esteem as a mediator*. Presented at the Undergraduate Research Symposium, The University of North Carolina at Charlotte, Charlotte, NC. ++ Award winner
8. †Gordon, B. D. H., Marino, J. S., Stewart, C., Green, S., **Bennett, J. M.**, & Howden, R. (2018 April). *Blood pressure responses to low intensity isometric exercise: The influence of muscle mass?* Presented at the Graduate Research Symposium, The University of North Carolina at Charlotte, Charlotte, NC.
9. *Silva, H., *Stone, A., †Roos, L. G., & **Bennett, J. M.** (2017 April). *Sex moderates the relationship between emotion regulation and fetuin-a*. Paper presented at the Undergraduate Research Symposium, The University of North Carolina at Charlotte, Charlotte, NC. ++ Award winner
10. *Joseph, K. M., Ray, C. G., Kluttz, A. L., & **Bennett, J. M.** (2017 April). *Multilingualism and executive function*. Poster presented at the Undergraduate Research Symposium, The University of North Carolina at Charlotte, Charlotte, NC.

11. **Bennett, J. M.** (2016 November). Lonely? How others affect our immunity without touching us. In S. M. Levens (Chair), *The common thread: Emotions as a potential link between intra- and interpersonal factors and wellbeing*. Symposium conducted at the annual meeting of the Society for Southeastern Social Psychologists, Asheville, NC.
12. *Joseph, K. M., Marino, J. S., Coffman, M. J., & **Bennett, J. M.** (2016 April). *Blood lymphocytes' cytokine gene expression from glucocorticoid and lipopolysaccharide exposure in healthy smokers and non-smokers*. Poster session presented at the Undergraduate Research Symposium, The University of North Carolina at Charlotte, Charlotte, NC.
13. *Mills, M. & **Bennett, J. M.** (2014 April). *Depression in college students: A comparison between freshmen and first year transfer students*. Poster session presented at the Undergraduate Research Symposium, The University of North Carolina at Charlotte, Charlotte, NC.
14. *Jarecke, M. J. & **Bennett, J. M.** (2014 March). *Impaired Immune Function: Glucocorticoid Resistance may be an Underlying Mechanism for Chronic Diseases*. Poster session presented at the Central Carolinas Conference in Psychology, The University of North Carolina at Charlotte, Charlotte, NC.
15. Bayly, J.E., **Bennett, J.M.**, & Klein, L.C. (2013 April). *Inflammatory responses to acute stress: Effects of caffeine and stress*. Poster session presented at the Pennsylvania State University Undergraduate Research Exhibition, University Park, PA.
16. **Bennett, J.M.**, Davis, K.D., Almeida, D.M., & Klein, L.C. (2008 October). *Interpersonal stressors and longer work days increase tobacco use among hotel workers*. Poster session presented at the Pennsylvania State University Social Science Research Institute Stress and Health Research Day, University Park, PA.
17. Guaderrama, M., Kapelewski, C.H., **Bennett, J.M.**, & Klein, L.C. (2008 October). *Stress exposure results in elevated cotinine levels but does not alter 24-hr oral nicotine intake in periadolescent male and female mice*. Poster session presented at the Pennsylvania State University Social Science Research Institute Stress and Health Research Day, University Park, PA.
18. Kapelewski, C.H., **Bennett, J.M.**, Guaderrama, M., & Klein, L.C. (2008 October). *Impact of stress on 24-hr nicotine consumption and corticosterone responses in adolescent C57BL/6J and DBA/2 mice*. Poster session presented at the Pennsylvania State University Social Science Research Institute Stress and Health Research Day, University Park, PA.

Invited Presentations at Research Society Sponsored Webinars

International

1. **Bennett, J. M.** & Bondi, D. (2021 July). *Summary indexes of health: Markers as outcomes of variability, complexity, and systemic adaptations*. Co-chair of 2nd webinar of the series "The emergence of health: navigating through mechanisms, drivers, hallmarks and analyses" sponsored by the Physiological Society, London, UK.
2. **Bennett, J. M.** (2021 March). *COVID-19 pandemic, a global, real-life stress experiment*. Paper presented at the 2nd International Webinar on Physical Health, Nursing Care and COVID-19 Management, London, UK.
3. **Bennett, J. M.**, Sturmberg, J. P., Martin, C. M., & McDonald, P. (2020 Sept). *COVID-19, Masks, and Science in Public Policy*. Panel discussion member for the inaugural webinar sponsored by the International Society of Systems and Complexity Sciences for Health.

Invited Lectures

1. **Bennett, J. M.** (2022). *The body's responses to adversity: Using biobehavioral lens*. Presented virtually at the Milwaukee Trauma Outcomes Project research meeting, December 7, 2022

2. **Bennett, J. M.** (2022). *Discrimination & health through a biobehavioral lens*. Presented virtually at University of Nebraska - Lincoln, CABIN Speaker Series, December 5, 2022.
3. **Bennett, J. M.** (2022). *Handgrip isometric exercise training: The solution to our hypertension problem?* Presented at Northern Arizona University, Psychological Sciences Department Speak Series. Flagstaff, AZ, November 18, 2022.
4. **Bennett, J. M.** (2018). *Survivorship: Stress takes a toll on the patient and caregiver*, Presented at Levine Cancer Institute, Supportive Oncology, Grand Rounds, Charlotte, NC, September 20, 2018.
5. **Bennett, J. M.** (2017). *Chronic disease development from a psychoneuroimmunological perspective*, Presented at Department of Psychology Research Seminar Series, Wake Forest University, Winston-Salem, NC, March 22, 2017.
6. **Bennett, J. M.** (2016). *Wait...is that a lion? Stress, the intersection of biological and psychological phenomena*, Presented at Department of Biological Sciences Research Seminar Series, UNC Charlotte, October 14, 2016.
7. **Bennett, J. M.** (2016). *Psychology: More than what is in the brain*, Keynote address presented at the Western Pennsylvania Undergraduate Psychology Conference, a division of Northeast American Psychological Association, Gannon University, Erie, PA, April 16, 2016.
8. **Bennett, J. M.** (2012). *Psychology affects medicine: Psychoneuroimmunology*, presented at Psi Chi Honor Society Seminar, The University of North Carolina at Charlotte, Department of Psychology, Charlotte, NC, November 1, 2012.
9. **Bennett, J. M.** (2012). *Biobehavioral approach to understanding health*, presented at Health Psychology Graduate Program Seminar, The University of North Carolina at Charlotte, Department of Psychology, Charlotte, NC, October 12, 2012.
10. **Bennett, J. M.** (2012). *Biobehavioral approach to health: Investigating neuroendocrine and immune communication*, presented at The University of North Carolina at Charlotte, Department of Psychology, Charlotte, NC, February 9, 2012.
11. **Bennett, J. M.** (2012). *Biobehavioral approach to health: Investigating neuroendocrine and immune communication*, presented at Virginia Commonwealth University, Department of Psychology, Richmond, VA, January 26, 2012.
12. **Bennett, J. M.** (2011). *Biobehavioral approach to health: Investigating neuroendocrine and immune communication*, presented at West Virginia University, Department of Psychology, Morgantown, WV, December 5, 2011.

III. TEACHING & MENTORING

Dissertation Supervision

- 2024 Maria Alessi, *Mechanisms of mindfulness on acute psychological and physiological stress reactivity in stressed young adults*, Health Psychology PhD Program (expected)
- 2022 Brittany Price, *Using the racial context of origin lens to understand health differences among black people in the United States*, Health Psychology PhD Program
- 2021 Lydia Roos, *Reappraisal, stress reactivity, and health: An investigation into reappraisal ability and stressful life events as the missing links*, Health Psychology PhD Program

Masters Thesis Supervision

- 2020 Maria Alessi, *The role of heart rate variability and inflammation in depression severity and development a decade later*, Psychology MA & Health Psychology PhD Program, UNCC

- 2018 Brittany Price, *The role of perceived stress reactivity in the relationship among race, discrimination, and heart rate variability*, Psychology MA & Health Psychology PhD Program, UNCC
- 2018 Lydia Roos, *The influence of emotion regulation on psychological distress and physiological functioning following a romantic breakup*, Psychology MA & Health Psychology PhD Program, UNCC
- 2016 Brooke Palmer, *The role of overvaluation of shape and weight in Latinas with binge eating disorder*, Psychology MA & Health Psychology PhD Program, UNCC

Undergraduate Honor's Thesis Supervised

- 2022 Saghar Kholghi Arris, *The effects of loneliness and coping during the SARS-CoV-2/COVID pandemic on clinical and biological indicators of Alzheimer's Disease*, Psychological Science, UNCC
- 2021 Elizabeth Stancil, *Interpersonal stressors and trait resilience: The roles of compassionate goals and gender*, Psychological Science, UNCC
- 2020 Jaylaan Bennett, *Trauma affects physical health: Investigating the role of perceived stress and being a racial minority*, Psychological Science, UNCC
- 2018 Alexandria Stone, *The emotional intersection between alexithymia and caffeine*, Psychological Science, UNCC
- 2018 Abriana Gresham, *Self-identification of intimate partner violence victimization & stress-related health indicators*, Psychological Science, UNCC
- 2018 Philip Hinson, *Examining the relationship among executive functioning, stress perception, and heart rate variability*, Psychological Science, UNCC
- 2018 Katherine Jensen, *Interactive mutations of signaling pathways in patients with glial cell cancer: Potential effects on cognition*, Psychological Science, UNCC
- 2018 Allison Mehta, *The influence of interpersonal goals on posttraumatic growth outcomes following infidelity: Self-esteem as a mediator*, Psychological Science, UNCC
- 2017 Henry Danois, *Place: La liv de Danois*, University, UNCC
- 2017 Catherine Onia, *Identity: Saliency and shiftability*, University, UNCC
- 2015 James Bollinger, *Examining the relationships among caffeine sensitivity, emotional reactivity, and personality*, Psychology, UNCC
- 2015 Zachary Greth, *Living a "neuroplastic" life*, University, UNCC
- 2014 Michael Mills, *Depression in college students: A comparison between freshmen and first year transfer students*, Psychology, UNCC

Undergraduate Student Group Advisor

2014 – 2018 Faculty Advisor, Alpha Phi Omega, National Co-Ed Service Fraternity, UNCC

Graduate Student Committees

Health Psychology PhD Program

Kristen Van Swearingen – Advisory; member	2023 – present
Sneha Dhanavanthri Muralidhara – Advisory; member	2023 – present
Sophie Hirsch – Advisory thru 2 nd year project; member	2021 – present
Clysha Whitlow – Advisory thru 2 nd year project; member	2021 – present
Ameanté Payen – Advisory thru 2 nd year project; chair	2020 – present
Alexis Mitchell – Advisory thru dissertation; member	2019 – present
Maria Alessi – Advisory thru dissertation; chair	2018 – present
Brittany Price – 2 nd year project thru dissertation; co-chair	2016 – 2022
Lydia Roos – Advisory thru dissertation; chair	2015 – 2021
Cara Blevins – 2 nd year project; member	2015 – 2016
Abigail Hardin – Comp project thru dissertation; member	2014 – 2017
Kimberly Papay – Advisory; chair	2014 – 2016

Jenna Ray – Dissertation; member	2014 – 2015
Brooke Palmer – 2 nd year project; co-chair	2013 – 2016
Sara Sagui – Advisory thru dissertation; member	2013 – 2018
<i>Biology PhD Program</i>	
Trevor Price – Comp exam thru dissertation; outside member	2023 – present
Sean Krysak – Comp exam thru dissertation; outside member	2019 – present
Vanna Sombatsaphay – Comp exam thru dissertation; outside member	2019 – present
Ebony Gaillard – Comp exam thru dissertation; outside member	2018 – 2022
Hyunjae Jeon – Comp exam thru dissertation; outside member	2018 – 2021
Nicole Stott – Comp exam thru dissertation; outside member	2018 – 2021
Austin Jefferies – Comp exam thru dissertation; outside member	2017 – 2020
Joshua Hout – Comp exam thru dissertation; outside member	2015 – 2018
Benjamin Gordon – Comp exam thru dissertation; outside member	2015 – 2018
Marcus Lawrence – Comp exam thru dissertation; outside member	2014 – 2017
<i>Computing and Information Systems PhD Program</i>	
Safat Siddiqui – Dissertation; outside member	2020 – 2022
<i>Counseling PhD Program</i>	
Stacie Camp Bennett – Dissertation; outside member	2017 – 2018
<i>Health Services Research PhD Program</i>	
Laura Clark – Comps project thru dissertation; outside member	2019 – present
Leslie McKee – Comps project thru dissertation; outside member	2016 – present
Nigel Rozario – Dissertation; outside member	2019
<i>Public Health Sciences PhD Program</i>	
Purva Koraonkar – Comps exam; content expert	2016 – 2017
<i>Kinesiology Master's Program</i>	
Bailey Peck – Thesis; outside member	2014 – 2016
<i>Psychology Master's Program</i>	
Monica Nelson – Thesis; member	2017 – 2019
Colleen Thomas – Thesis; member	2014

Teaching Experience (*100% online instruction)

Undergraduate Course Instruction, Department of Psychology, UNCC

Course: Research Methods II (PSYC 2103, 3 credit hours)

Role: Course instructor (100% responsibility); deliver 45 lecture hours per semester

Semesters taught: SP13, FA13, SP15

Enrollment: Approximately 25 students

Course: Introduction to Brain & Behavior (PSYC 2113, 3 credit hours)

Role: Course developer & instructor (100% responsibility); deliver 45 lecture hours per semester

Semesters taught: FA14, FA15, FA16, SP17, SU17*, FA17*, SU19*, SP21*, SP23

Enrollment: Approximately 75-215 students

Course: Physiological Psychology (PSYC 3113, 3 credit hours)

Role: Course instructor (100% responsibility); deliver 45 lecture hours per semester

Semesters taught: FA12, SP13, SU13, SU14, SU15*, SU16*, SP18, SP19, FA19*, SU20*, FA20*, SP21*, SU21*, FA21, SP22, SU22

Enrollment: Approximately 40-50 students

Course: Seminar in Physiological Psychology: Psychopharmacology (PSYC 4613, 3 credit hours)

Role: Course developer & instructor (100% responsibility); deliver 45 lecture hours per semester

Semesters taught: SP14, SP15, SP20
 Enrollment: Approximately 15 students

Graduate Course Instruction, Department of Psychology, UNCC

Course: Physiological Psychology (PSYC 6113, 3 credit hours)

Role: Course instructor (100% responsibility); deliver 45 lecture hours per semester
 Semesters taught: SP14, SP15, SP17, SP19, SP22
 Enrollment: Approximately 10-15 students

Course: Applied Physiological Psychology for Health Scientists (PSYC 6099/8099, 3 credit hours)

Role: Course developer & instructor (100% responsibility); deliver 45 lecture hours per semester
 Semesters taught: FA18
 Enrollment: Approximately 8-10 students

Course: Health Psychology I (PSYC 8200, 3 credit hours)

Role: Course instructor (100% responsibility); deliver 45 lecture hours per semester
 Semesters taught: FA13, FA14, FA15, FA16, FA17, FA18, FA19, FA20*, FA21, FA22
 Enrollment: Approximately 10-15 students

Undergraduate Course Instruction, Department of Biobehavioral Health, PSU

Course: Pharmacological Influences on Health (PSYC 451, 3 credit hours)

Role: Course instructor (100% responsibility); deliver 45 lecture hours per semester
 Semesters taught: SU08
 Enrollment: Approximately 20 students

Graduate Guest Teaching Lectures

Psychoneuroimmunology, Course: Health Psychology I (PSYC 8200), Department of Psychology, UNCC (3 lecture hours), FA12

Undergraduate Guest Teaching Lectures (1 lecture hours unless noted otherwise)

Psychoneuroimmunology, Course: Health Psychology (PSYC 234), Department of Psychology and Counseling, Gannon University, SP 16

Drug Use and Health, Course: Health Psychology (PSYCH 531), Department of Psychology, The Ohio State University, (1.5 lecture hour), SP 12

Successful Professional Presentation & Communication Styles, Course: Biobehavioral Health First Year Seminar (PSU 014), Department of Biobehavioral Health (BBH), Penn State University (PSU)

Caffeine, a Psychostimulant, Course: Pharmacological Influences on Health (BBH 451), BBH, PSU

Nicotine and Tobacco Use, Course: Drugs, Behavior, & Health (BBH 143), BBH, PSU

Sex Differences in Biobehavioral Response to Stress, Course: Biobehavioral Aspects of Stress (BBH 432), BBH, PSU

Caffeine: History, Pharmacology and Health, Course: Drugs, Behavior, & Health (BBH 143), BBH, PSU

Effects of Caffeine and Stress on Salivary Alpha-Amylase in Young Men: A Biomarker of Sympathetic Activity, Course: Research & Applications in Biobehavioral Health (BBH 411), BBH, PSU

Antibiotic Resistance, Course: Behavior, Health, & Disease (BBH 119), BBH, PSU

Pre-natal Testing, Course: Behavior, Health, & Disease (BBH 119), BBH, PSU

Stress and Coping, Course: Introduction to Biobehavioral Health (BBH 101), BBH, PSU

Psychoneuroimmunology, Course: Introduction to Biobehavioral Health (BBH 101), BBH, PSU

IV. SERVICE

Member

American Association for the Advancement of Science
 American Psychosomatic Society
 International Society for Systems and Complexity Sciences for Health
 Psychoneuroimmunology Research Society

Ad hoc Manuscript Reviewer

Anxiety, Stress, and Coping
Annals of Behavioral Medicine
Brain, Behavior, and Immunity
Clinical Psychology Review
Current Psychology
European Journal of Cancer Care
Health Psychology
Infectious Diseases
International Journal of Behavioral Medicine
Journal of Affective Disorders
Journal of Clinical Oncology
Journal of Medical Virology
Journal of Neuroinflammation
Journal of Psychiatric Research
Journal of Racial and Ethnic Health Disparities
Journal of Visualized Experiments
Neurobiology of Stress
Psychoneuroendocrinology
Scientific Reports – Nature
Stress
Stress & Health

International Societies

Leadership

2019 – present Treasurer, International Society of Systems and Complexity Sciences for Health
 2017 – present Board committee member, International Society of Systems and Complexity Sciences for Health
 2016 – 2019 Financial Committee, Psychoneuroimmunology Research Society
 2016 – 2017 Founding/Charter Committee, International Society of Systems and Complexity Sciences for Health

Invited Positions

2018 – 2019 Abstract Reviewer, Psychoneuroimmunology Research Society Annual Meetings
 2009 – 2020 Abstract Reviewer, American Psychosomatic Society Annual Meetings
 2008 – 2010 Abstract Reviewer, Society for Research on Nicotine and Tobacco Annual Meetings

Scientific Agencies

National Science Foundation

2016-2017 Graduate Research Fellowship Program (GRFP) Panel Reviewer

UNC Charlotte*University Committees*Chair:

2020-present Institutional Biosafety Committee

Vice Chair:

2018-2020 Institutional Biosafety Committee

Member:

2021 – present Executive Commencement Committee

2021 – present Lead Marshal for Undergraduate Student Marshals

2020 – 2021 InfoEd Steering Committee

2020 Search Committee, Director of Research Protections and Integrity

2020 Restart and restoration of research task force & SARS-CoV-2 testing center committee

2018 – 2022 University Liaison, Levine Scholars Program

2018 – 2022 Honors Council, University Honors Alternate At Large Representative

2018 – 2020 Faculty Research Grants, Alternate CLAS Representative

2018 – 2022 BRIDGES women's leadership group, Board Member

2014 – 2018 Institutional Biosafety Committee

2016 – 2017 Teaching with Clicker Faculty Review

2013 University Honors Council

*Center of Teaching & Learning*2020 – present *Using Cognitive Empathy in the Classroom* (CTLEP033), Developer and facilitator of 90 min workshop for higher education instructors and staff actively engaged with undergraduate student learning*College of Liberal Arts and Sciences Committees*Member:

2019 – 2023 Lead Graduation Faculty Marshal

2017 – 2021 Research Advisory Committee, Alternate Department Representative

2018 Catalyst Fellows Selection Committee

2016 Core Science Facility Working Group

2014-2019 Graduation Faculty Marshal

Health Psychology PhD Program

2021 – 2022 Graduate Student Ombudsperson

2018 – 2021 Co-coordinator, General concentration

2017 Co-creator and co-lecturer for the Health Psychology BioData Seminars

Committee Member:

2016 – 2021 Advisory Committee

2016 – 2018 Comprehensive Exam/Qualifying Project Committee

2016 Graduate Student Award Committee

2013 Summer Research Graduate Fellowship Selection Committee

*Department of Psychology*Chair:

2018 – 2022 Student Learning Outcome committee

2013 – 2019 SEED grant committee

Member:

- 2021 – 2022 Search Committee, Assistant/Associate Professor: Clinical Health Psychologist focus
- 2019 – 2021 Advisory Committee
- 2018 – 2019 Search Committee, Assistant Professor: Clinical Health Psychologist focus
- 2018 – 2019 Search Committee, Assistant Professor: Gerontology focus
- 2017 – 2018 Student Learning Outcome committee
- 2013 – 2015 Communication Across the Curriculum (CxC) Committee
- 2013 – 2014 Honors Liaison for Department of Psychology

Service to Local or Regional Research Opportunities

- 2020 – present Atrium, Institutional Biosafety Committee, community member
- 2015 – 2017 Judge, Winkler Middle School, *Medical Grand Rounds*, 7th grade science classes
- 2014 – 2015 Judge, UNCC Graduate Research Symposium
- 2013 – 2017 Judge, UNCC Undergraduate Research Day
- 2014 Judge, Pitts School Road Elementary, 5th grade science fair
- 2006 – 2010 Judge, Pennsylvania Junior Academy of Science State Competition

Invited Service Lectures

- Stress & Health* presented as part of Shane Mauss' Stand Up Science, Charlotte, NC, October 19, 2019.
- Sex, gender, & desire*, presented as a 2 part series for a CLAS Salon, co-developed with Drs. Sara Levens and Mark Clemens, March 19 & 26, 2019.
- Future of psychology and health: An exciting time*, presented at the Psi Chi Honor Society Induction Ceremony, UNCC, Charlotte, NC, April 12, 2013.

Community Service

- 2018 – 2019 Mentor, Myers Park High School, Graduation Project
- 2018 – 2020 Research Expert, Science Fair Project, Providence High School
- 2018 – 2019 Mentor, Providence Day High School, Senior Project
- 2018 Dentistry Merit Badge Counselor, Scouts BSA, Troop 3: Myers Park United Methodist Church
- 2018 Medicine Merit Badge Counselor, Scouts BSA, Troop 3: Myers Park United Methodist Church
- 2018 Public Health Merit Badge Counselor, Scouts BSA, Troop 3: Myers Park United Methodist Church
- 2016 – 2017 Research Expert, Science Fair Project, Metrolina Regional Scholars Academy