



Research Assistant Application

StressWAVES Biobehavioral Research Laboratory Department of Psychological Science University of North Carolina at Charlotte

The major purpose of a research assistant position is to provide an opportunity for advanced and qualified students to obtain firsthand, supervised research experience in psychology. As a research assistant, you will assist me with a research project and may work with a graduate student who is doing research supervised by me. You should not expect to be able to conduct an experiment of your own. If you are considering graduate school or are unsure about the direction you want to take with your degree or career, research experience such as this is essential!

I am looking for bright and motivated students to join my research team. My research focuses on the study of psychological and biological responses to stress. Psychological, physiological, or pharmacology stressors can be induced in the laboratory and/or can be observed and measured in clinical populations. The ultimate goal of my research is to understand how behavior, biology, and psychology intertwine to affect neuronendocrine-immune bidirectional communication and overall health. This is an especially good opportunity for students interested in biopsychology, health psychology, psychoneuroimmunology, clinical psychology, or a health-related field.

As a research assistant, you will have some or all of the following duties: 1) *conduct basic research*: help recruit and retain participants, run participants through study protocol from informed consent to debriefing, enter and analyze data, prepare presentations; 2) *be a member of the lab group*: attend regular lab meetings in which we discuss relevant literature, research protocol issues, and study progress; 3) *conduct library research*: conduct literature reviews, write up summaries, and present synthesis to lab group; 4) *assist in the lab*: help set up and maintain lab equipment and supplies; and 5) *other*: students have the option of adding other skills they wish to learn that are within the scope of the project and its timeline.

Serving as a research assistant requires that you sign up for supervised research for credit. Some of the options for this include for undergraduate students:

- PSYC 3806 Research Assistantship
- Volunteer time in the laboratory

Following are the *required qualifications* for a research assistant position: 1) a commitment of 6-9 hours per week during the semester; 2) a minimum 3.0 cumulative GPA; and 3) a commitment of three consecutive semesters, especially if you are seeking a recommendation letter for grad/medical school or employment following graduation.

Following are a few qualifications that I would *prefer* but that are not required: 1) experience with SPSS; 2) preference is given to psychology students who have completed PSYC 2103, but all students will be considered; and 3) coursework in Statistics and Research Methods with grades of B or better.

Contact information:

Jeanette M. Bennett, PhD

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Instructions: Please complete this application and submit it to me via email or in my 4018 Colvard mailbox. Enter information in the yellow spaces provided. For the boxes to check, double click on the box and there will be an option to check it.

Name:		UNCC ID:	
Email:		Phone:	
Major(s):		Minor:	
Cumulative GPA:		Major GPA:	

Status: ☐ Undergraduate student ☐ Graduate student

☐ Freshman ☐ Junior ☐ 1st year ☐ 3rd year

☐ Sophomore ☐ Senior ☐ 2nd year ☐ 4th year

Expected graduation date: Number of semesters you can commit:

Semester(s) and year(s) applying for:

	Fall	Spring	Summer	Year
Semester 1:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Semester 2:	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

Please indicate the operating systems/programs that you have experience using:

<input type="checkbox"/> Word	<input type="checkbox"/> PC Windows	<input type="checkbox"/> PsycINFO
<input type="checkbox"/> Excel	<input type="checkbox"/> PowerPoint	<input type="checkbox"/> Medline
<input type="checkbox"/> SPSS	<input type="checkbox"/> Endnote	<input type="checkbox"/> Internet Explorer
Other:		

Estimate your ability to type: ☐ Inexperienced ☐ Experienced ☐ Proficient

Please list all relevant coursework (e.g., psychology, statistics, health-related, physiology, biology):

Course name	Grade	Course name	Grade

List any previous research experience (including experience in lab courses in biology, etc.). Include your supervisor's name, dates of your involvement, project description, and your specific role and duties.

Why do you want to work in my lab?

What experience and knowledge do you expect to gain from being a research assistant, in general and specifically in my lab?

What are your career/education plans, both long and short-term?

Please provide two references (professor, teacher, supervisor – no parents or friends):

Name: Email:
Relationship: Phone:

Name: Email:
Relationship: Phone:

Please check all times when you would be available for the first semester you are applying for:

	Monday	Tuesday	Wednesday	Thursday	Friday
8:00-9:00	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9:00-10:00	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10:00-11:00	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11:00-12:00	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12:00-1:00	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
1:00-2:00	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2:00-3:00	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3:00-4:00	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4:00-5:00	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5:00-6:00	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I am unsure about my schedule	<input type="checkbox"/>				

Please state anything I should know about your schedule: