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Google Scholar: <https://scholar.google.com/citations?user=gBen0VoAAAAJ&hl=en>
Publications: https://www.researchgate.net/profile/Alicia_Dahl
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Last updated: 10/2025

EDUCATION

- 2018 **Doctor of Philosophy**, University of South Carolina, Arnold School of Public Health, Department of Health Promotion, Education, and Behavior, Columbia, SC
Dissertation: "The Healthy Motivations for Moms-To-Be (Healthy MoM2B) Study: Development and Implementation of a Mobile Health Intervention Targeting Gestational Weight Gain Among Pregnant Women in the U.S." Chair: Gabrielle Turner-McGrievy, RD, PhD
- 2013- **Master of Science, Health Promotion**, University of Delaware, Department of Behavioral Health and Nutrition, Newark, DE
- 2011 **Bachelor of Science, Global Health and Communications**, Juniata College, Huntingdon, PA

PROFESSIONAL EXPERIENCE

Academic Appointments

- 7/2024-Present **Associate Professor (Tenured)**, Department of Epidemiology and Community Health, University of North Carolina at Charlotte, Charlotte, NC
- 7/2024-Present **Honors Program Director**, Public Health and Health Systems Management, University of North Carolina at Charlotte
- 8/2018-6/2024 **Assistant Professor (Tenure-Track)**, Department of Public Health Sciences, University of North Carolina at Charlotte, Charlotte, NC

Other Relevant Experience

- 07/2025-Present **Affiliate Faculty**, Violence Prevention Center, University of North Carolina at Charlotte, Charlotte, NC
- 05/2024-Present **Consultant**, *Impact, Data, and Evaluation Academy (IDEA)*, Urban Institute, University of North Carolina at Charlotte, Charlotte, NC
- 11/2024-6/2026 **Gambrell Faculty Fellow**, Urban Institute, University of North Carolina at Charlotte, Charlotte, NC
- 9/2022-11/2024 **Consultant**, *Access to Perinatal Care Campaign*, Smart Start of Mecklenburg, Charlotte, NC

1/2013-7/2014 **Research Specialist, Data Analyst, Eat.Right.Now. Nutrition Education Program**, Office of Research and Evaluation, The School District of Philadelphia, Philadelphia, PA

CERTIFICATIONS

2/2023-Present **Trainer, Green Dot for College**, violence prevention. alteristic.org/services/green-dot/
5/2023-5/2026 **Adult Certification, Mental Health First Aid USA**. <https://www.mentalhealthfirstaid.org/>

LEADERSHIP TRAINING

2024-2025 Leadership at UNC Charlotte, UNC Charlotte Center for ADVANCing Faculty Success
2023-2024 Diversity Institute for Emerging Leaders, Society of Behavioral Medicine

HONORS/AWARDS

Recipient

2024-2025 Loan Repayment Program, National Institute on Minority Health & Health Disparities
2024 Faculty Excellence Award in Service, College of Health & Human Services, UNC Charlotte
2023 Faculty Honoree, Delta Omega Honor Society
8/2021-5/2023 Research Fellow, Office of Undergraduate Research, UNC Charlotte
2022-Present The Honor Society of Phi Kappa Phi, UNC Charlotte, Member
5/2022-6/2022 CHHS Education Innovation Fellow, UNC Charlotte
5/2021 Faculty Excellence Award in Online Teaching, College of Health & Human Services, UNC Charlotte
2020-2022 Loan Repayment Program, National Institute on Minority Health & Health Disparities
5/2018 Arnold School of Public Health Doctoral Achievement Award, University of SC
5/2018 Christopher Peter Aluah Outstanding HPEB Doctoral Student Award, University of SC
4/2018 3-Minute Thesis (3MT) Heat Winner, Second Runner-Up Overall, University of SC
4/2018 2018 Excellence in Research Award, Society of Behavioral Medicine
8/2017 Norman and Gerry Sue Arnold Emerging Scholar in Childhood Obesity, University of SC
6/2016 TecHealth Summer Sponsorship, University of South Carolina
5/2013 Outstanding Graduate Student, Dept. of Behavioral Health and Nutrition, University of DE
10/2011 Women of Pride Award, University of Delaware
05/2011 Senior Student of the Year, Juniata College

RESEARCH ACTIVITIES

Total Funding Managed During Current Appointment as Principal Investigator/Co-PI: \$407,867

External Funding: \$281,917

Internal Funding: \$125,950

Federal Funding – Reviewed, not funded

6/2025-5/2030 **Shaping What's Next: Maternal and Child Health (MCH) Catalyst at UNC Charlotte**
Role: Project Director
Health Resources & Services Administration; HRSA-25-025 [Requested: \$674,083]
Reviewed 2025. Scored 95/100. No weaknesses were noted.

Continued...

Current Projects

Research as Principal Investigator

- 11/2024-Present **Dissemination and Implementation of an Online Community Resource Hub to Improve Perinatal Care Access Among Black Communities in Charlotte** [Total Awarded: \$18,000] Role: PI
UNC Charlotte Internal – 2024: Gambrell Fellowship (\$18,0000)
- 01/2024-Present **Urban Campus Food Environments: An Evaluation of Policies, Practices, and Opportunities for Health Promotion within the UNC System** [Total Awarded: \$8,000] Role: PI
UNC Charlotte Internal – 2024: Faculty Research Grant (\$8,0000)
- 12/2022-Present **Project Build: Healthy Choices for Campus Life and Beyond** [Total Contracted: \$150,000] Role: PI
Texas A&M AgriLife Center
- 5/2021-Present **Paper Chase Pilot Program. Developing Campus Skills for Rapid Dissemination** [Total Awarded: \$67,500 *detailed below*] Role: Research Fellow; Co-PI
UNC Charlotte Internal - 2024: Department of Public Health Sciences & the Violence Prevention Center (\$8,000)
UNC Charlotte Internal - 2023: College of Health & Human Services (\$3,000)
UNC Charlotte Internal - 2023: Office of Undergraduate Research (\$18,500)
UNC Charlotte Internal - 2022: Office of Undergraduate Research (\$18,500)
UNC Charlotte Internal - 2021: Office of Undergraduate Research (\$15,500)
UNC Charlotte Internal: Women & Girls Research Alliance Seed Funding (\$4,000)

Research as Co-Investigator

- 6/2021-9/2023 **Social Determinants of Health/Community Resource Centers Monitoring and Evaluation** [Total Subcontracted: \$473,500] Role: Faculty Co-Lead (\$26,000)
Centers for Disease Control and Prevention (CDC) grant; Mecklenburg Public Health
- 2/2020-Present **Embrace Moms Study** Role: Co-Investigator (PI: Jennifer Webb)

Completed Research

Research Activities as Principal Investigator or Co-PI

- 12/2021-8/2023 **Improving Access and Healthier Food Choices through Daycare Take-Home Dinners** [Total Awarded: \$111,917] Role: PI (*grant obtained by Dr. Beth Racine*)
Cabarrus Health Alliance via the Walmart Foundation
- 3/2019-9/2021 **MamaVIEW: A mixed-methods approach to understanding perceived barriers and enabling factors of health during pregnancy among Black/African American women in Mecklenburg County, NC.** Role: PI [Total Awarded: \$12,510 *detailed below*]
UNC Charlotte Internal: Faculty Research Grant (\$7,550)
UNC Charlotte Internal: Women & Girls Research Alliance Seed Funding (\$4,960)
- 5/2021-6/2021 **Pandemic & Peripartum: Understanding the Impact of the COVID-19 Pandemic on the Wellbeing of First-Time Moms in North Carolina** [Total Awarded: \$5,000] Role: PI
UNC Charlotte Internal: Women & Girls Research Alliance Seed Funding

- 1/2020-12/2021 **Take a Timeout: A Skills-Based Podcast Program for Addressing Mental Health Challenges in Collegiate Student-Athletes** [Total Direct Awarded: \$24,940] Role: PI
National Collegiate Athletic Association, Innovations in Research and Practice Grant (\$20,000)
UNC Charlotte Internal: Women & Girls Research Alliance Seed Funding (\$4,940)
- 8/2019-8/2021 **Understanding and Resolving a Paradox between Privacy Protection and Data Gathering/Analytics for an mHealth System in Support of Depression Monitoring, Management, and Intervention.** [Total Awarded: \$10,000] PI: Zhang; Role: Co-PI
UNC Charlotte Internal: School of Data Science Initiative
- 7/2016-8/2018 **The Healthy Motivations for Moms-To-Be (Healthy MoM2B) Study: Development and Implementation of a Mobile Health Intervention Targeting Gestational Weight Gain Among Pregnant Women in the U.S.** [Total U of SC Internal Funds Awarded: \$2,100, *detailed below*] Role: PI
Provost's Funds, Department of HPEB, U of SC (\$1,000)
Dean's Travel Award, Arnold School of Public Health, U of SC (\$600)
Graduate School Travel Grant, U of SC (\$500)
TecHealth Summer Sponsorship, U of SC (80 hours of free tech programming)

Research Activities as Research Assistant

- 8/2014-8/2018 **The Health in Pregnancy and Postpartum (HIPP) Study.** [Total Direct Awarded: \$2,901,888] Role: Graduate Research Assistant
National Institutes of Health; R01 HD078407; Granting period: 8/2014-6/2019; PI: Sara Wilcox and Jihong Liu; Co-I: Gabrielle Turner-McGrievy
- 8/2016-10/2016 **Barriers to Exercise in Pregnancy.** [Total Direct Awarded: \$8,461] Role: Qualitative Data Analyst; PI: Natalie Buckham; Co-I: Kim Sims, Jihong Liu, Sara Wilcox
Richland Memorial Hospital Research and Education Foundation, Grant-In-Aid Award; Granting period: 11/2015-8/2016
- 6/2012-5/2013 **Project Vida Sana.**
Role: Research Coordinator; PI: Mia Papas; Co-I: Jillian Trabulsi, Gregory Dominick

Research Activities as Mentor, Completed

- 10/2017-8/2018 **Investigating meal quality of pregnant women participating in a mobile health study targeting gestational weight gain** [Total U of SC Internal Funds Awarded: \$5,900] Role: Mentor
Magellan Scholar Award; U of SC; Co-PI: Courtney Cooper and Rachel Desch
- 3/2017-12/2017 **Passion for public health: A pregnancy study investigating meal quality.** [Total U of SC Internal Funds Awarded: \$2,490 *detailed below*] Role: Mentor & Supervisor
Magellan Scholar Apprentice (\$995) PI: Courtney Cooper
Magellan Scholar Mini Grant (\$997) PI: Courtney Cooper
Sustainable Magellan Award (\$498) PI: Courtney Cooper
- 8/2016-5/2017 **Pregnant women's knowledge of gestational weight gain: Online needs assessment.** [Total U of SC Internal Funds Awarded: \$5,900] Role: Mentor & Supervisor
Magellan Scholar Mini Grant (\$991) PI: Shannon Mellon

PUBLICATIONS

Underlined co-author names denote current or former student and/or trainee

Peer-Reviewed Journal Articles

Published

2025

1. McAvoy, C.R., **Dahl, A.A.**, Bauer, P.W., Brunner Huber, L.R. (in press) Association between EIM-OC Recognition and Physical Activity Using ACHA–NCHA Fall 2019 Data. *Current Sports Medicine Reports*.
2. **Dahl, A.A.**, Fandetti, S., Moore-Harrison, T., Barojas Chavarria, R., Raya, M., Racine, E.F. (2025) The Campus Healthy Lifestyles, Outcomes, and Experiences (CHLOE) Study: Protocol for an Observational Assessment of College Students' Health. *Frontiers in Public Health*, 13.
<https://doi.org/10.3389/fpubh.2025.1593943>
3. Moxie, J., **Dahl, A.A.**, Fernandez-Borunda, A., & Partridge, H. (2025) Teamwork makes the dream work: Group effectiveness in a “Paper Chase” collaborative writing exercise for higher education. *Frontiers in Education*, 10: 1405449. [10.3389/feduc.2025.1405449](https://doi.org/10.3389/feduc.2025.1405449)
4. Mooney, J.T., Webb, J.B., Lipsky, L.M., **Dahl, A.A.**, Quinlan, M.M., Nansel, T.R. (2025) Psychometric properties of the Power of Food scale during pregnancy and postpartum. *Journal of Health Psychology*.
<https://journals.sagepub.com/doi/10.1177/13591053251333244>

2024

5. Moxie, J., **Dahl, A.A.**, Benson, K., Sisney, S.B. (2024) Evaluation of “Paper Chase”: Enhancing research dissemination and collaborative writing skills. *Active Learning in Higher Education*, [10.1177/14697874241304313](https://doi.org/10.1177/14697874241304313)
6. Racine E.F., Ademu L.A., **Dahl A.A.**, Fandetti S.M., Schulkind L. (2024) The Impact of Fast-Food Calorie Posting on College Students' Food Purchases. *American Journal of Clinical Nutrition*,
<https://doi.org/10.1016/j.ajcnut.2024.09.007>
7. **Dahl, A.A.**, Ademu, L., Fandetti, S., Harris, R. (2024) University Food Environment Assessment Methods and Their Implications: Protocol for a Systematic Review. *JMIR Research Protocols*, 13:e54955.
<https://doi.org/10.2196/54955>
8. McAvoy, C.R., **Dahl, A.A.**, Lim, J.H., Bauer, P.W., Brunner Huber, L.R. (2024) A Collective Agenda: A Qualitative Study on Exercise Is Medicine® on Campus Gold-Level Institutions. *Preventative Medicine Reports*, 44, 102785. <https://doi.org/10.1016/j.pmedr.2024.102785>
9. **Dahl, A.A.**, Fandetti, S., Alemu, L.O., Harris, R., Racine, E.F. (2024) Assessing the Healthfulness of University Food Environments: A Systematic Review of Methods and Tools. *Nutrients*, 16, 1426.
<https://doi.org/10.3390/nu16101426>
10. Mooney, J.T., **Dahl, A.A.**, Quinlan, M.M., Lisenbee, J., Yada, F.N., Shade, L.E., Buscemi, J., Duffecy, J. (2024) Expand and extend postpartum Medicaid to support maternal and child health, *Translational Behavioral Medicine*, 14(5), 298-300. <https://doi.org/10.1093/tbm/ibae007>
11. Kaniuka, A.R., Nanney, E.M., Robertson, R., Hoff, R., Smith, M., Bowling, J., Basinger, E.D., **Dahl, A.A.**, & Cramer, R.J. (2024) A grounded theory of sexual and gender minority suicide risk: The sexual and gender minority suicide risk and protection model. *Psychology of Sexual Orientation and Gender Diversity*. Advance online publication. <https://doi.org/10.1037/sgd0000699>

2023

12. Lisenbee, J., Webb, J.B., Gil-Rivas, V., Quinlan, M.M., **Dahl, A.A.** (2023) Expanding Our Understanding of Birth Doula's Emotional and Informational Support Role: A Qualitative Analysis of Interventions Delivered During COVID-19. *Women's Reproductive Health*. 11(3), 509-522.
<https://doi.org/10.1080/23293691.2023.2285273>
13. Mooney, J. & **Dahl, A.A.** (2023) Digital self-monitoring tools for the management of gestational weight gain: Protocol for a systematic review. *JMIR Research Protocols*, 12, e50145.
<https://doi.org/10.2196/50145>

14. **Dahl, A.A., Yada, F.N., Butts, S.J., Tolley, A., Hirsch, S., Lalgondar, P., Wilson, K.** Shade, L. (2023) Contextualizing the experiences of Black pregnant women during the COVID-19 pandemic: "It's been a lonely ride." *BMC Reproductive Health*, 20(124). <https://doi.org/10.1186/s12978-023-01670-4>
15. **Fandetti, S., Dahl, A.A., Webster, C., Bably, M., Racine, E.** (2023) An overview of the healthy food policies evident in North Carolina public universities utilizing food service contractors. *International Journal of Environmental Research and Public Health*. <https://doi.org/10.3390/ijerph20166617>
16. **Kaniuka, A.,** Bowling, J., Wright, S., **Dahl, A.A.,** Basinger, E.D., Benson, J.K., Stambaugh, R., & Cramer, R.J. (2023) Psychometric properties of the Brief Resilience Scale among alt-sex community members. *Journal of Interpersonal Violence*, 0(0). <https://doi.org/10.1177/08862605231188055>
17. **Dahl, A.A.,** Cramer, R.J., Gemberling, T., Wright, S., Wilsey, C.N., Bowling, J., & Golom, F.D. (2023). Exploring the prevalence and characteristics of self-labelled identity, coping, and mental health among BDSM-practicing adults in the United States. *Psychology & Sexuality*. <https://doi.org/10.1080/19419899.2023.2203134>
18. **Mooney, J.,** Webb, J.B., Armstrong, L., **Dahl, A.A.** (2023). Caring for myself while I'm growing somebody else: Mindful self-care buffers between pregnancy body disconnection and distress. *Body Image*, 45, 296-306. <https://doi.org/10.1016/j.bodyim.2023.03.009>

2022

19. Wilcox, S., **Dahl, A.A.,** Boutte, A.K., Liu, J., Day, K., Turner-McGrievy, G., Wingard, E. (2022). Process evaluation of the Health in Pregnancy and Postpartum (HIPPP) study: Methods, implementation fidelity, and participant experiences with program components. *BMC Pregnancy and Childbirth*, 22(794), 1-18. <https://doi.org/10.1186/s12884-022-05107-x>
20. **Dahl, A.A., Mayfield, M., Fernandez-Borunda, A., Butts, S.J.,** Grafals, M., Racine, E.F. (2022). Dinner planning and preparation considerations of parents with children attending childcare. *Appetite*, 180(1), 1-10. <https://doi.org/10.1016/j.appet.2022.106332>
21. **Lisenbee, J.,** Gil-Rivas, V., Webb, J.B., **Dahl, A.A.,** Quinlan, M.M. (2022) Birth doula care in California during COVID-19: The impacts of social distancing on a high-touch helping profession. *Qualitative Health Research*, 32(10), 1447-1486. <https://doi.org/10.1177/10497323221110807>
22. **Dahl, A.A.,** Bowling, J., **Krinner, L.M.,** Brown, C.S., Shaw, G., Lewis, J.B., Moore-Harrison, T., Clinton, S.M., Gartlan, S.R. (2022). "If we can do it, anyone can!": Evaluating a virtual "Paper Chase" collaborative writing model for rapid research dissemination. *Active Learning in Higher Education*. <https://doi.org/10.1177/14697874221099011>

2021

23. Zhang, D., Lim, J., Zhou, L., **Dahl, AA.** (2021) Breaking the data value-privacy paradox in mobile mental health systems through user-centered privacy protection: online survey study. *JMIR Mental Health*, 8(12):e31633. <https://doi.org/10.2196/31633>
24. Karami, A., **Dahl, A.A.,** Shaw, G., Valappil, S.P., Turner-McGrievy, G., Kharrazi, H., Bozorgi, P. (2021). Analysis of social media discussions on (#)diet by blue, red, and swing states in the U.S., *Healthcare*, 9(5), 518. <https://doi.org/10.3390/healthcare9050518>
25. Liu, J., Wilcox, S., Wingard, E., Burgis, J., Schneider, L., **Dahl, A.A.** (2020). Strategies and challenges in recruiting pregnant women with elevated body mass index for a behavioral lifestyle intervention. *Women's Health Reports*, 1(1), 556-565. <https://doi.org/10.1089/whr.2020.0089>

2020

26. Bowling, J.B., **Vercruysse, C., Bello-Ogunu, F., Krinner, L.M., Greene, T., Webster, C., Dahl, A.A.** (2020) "It's the nature of the beast": Community resilience among gender diverse individuals. *J Community Psychology*, 48(7), 2191-2207. <https://doi.org/10.1002/jcop.22371>
27. Kennedy, A.B., Riyad, C.N.Y., Gunn, L.H., Brown, A.G., **Dunlap, K.B., Knutsen, M.E., Dahl, A.A.** (2020). More than their test scores: Redefining success with multiple mini-interviews. *Med.Sci.Educ*, 30, 1049-1060. <https://doi.org/10.1007/s40670-020-01013-z>

2018

28. Wilcox, S., Liu, J., Addy, C., Turner-McGrievy, G., Burgis, J., Wingard, E., **Dahl, A.A.,** Whitaker, K., Schneider, L., & Boutté, A. (2018). A randomized controlled trial to prevent excessive gestational weight gain and promote postpartum weight loss in overweight and obese women: Health in Pregnancy and Postpartum (HIPPP). *Contemporary Clinical Trials*, 66, 51-63. <https://doi.org/10.1016/j.cct.2018.01.008>

29. Karami, A., **Dahl, A.A.**, Turner-McGrievy, G., Kharrazi, H., & Shaw, G. (2018). Characterizing diabetes, diet, exercise, and obesity comments on Twitter. *International Journal of Information Management*, 38(1), 1–6. <https://doi.org/10.1016/j.ijinfomgt.2017.08.002>
 30. **Dahl, A.A.**, Dunn, C., Boutté, A., Crimarco, A., & Turner-McGrievy, G. (2018). Mobilizing mHealth for moms: A review of mobile apps for tracking gestational weight gain. *Journal of Technology in Behavioral Science*, 3(1), 32–40. <https://doi.org/10.1007/s41347-017-0030-6>
- 2016**
31. Schoffman, D., Davidson, C., Hales, S., Crimarco, A., **Dahl, A.A.**, & Turner-McGrievy, G. (2016). The fast-casual conundrum: Fast-casual restaurant entrées are higher in calories than fast food. *Journal of the Academy of Nutrition and Dietetics*, 116(10), 1606–1612. <https://doi.org/10.1016/j.jand.2016.03.020>
 32. **Dahl, A.A.**, Hales, S., & Turner-McGrievy, G. (2016). Integrating social media into weight loss interventions. *Current Opinion in Psychology*, 9, 11–15. <https://doi.org/10.1016/j.copsyc.2015.09.018>
 33. Papas, M., Trabulsi, J., **Dahl, A.A.**, & Dominick, G. (2016). Food insecurity increases the odds of obesity among young Hispanic children. *Journal of Immigrant and Minority Health*, 18(5), 1046–1052. <https://doi.org/10.1007/s10903-015-0275-0>

Under Review

1. Fandetti, SM, **Dahl, A.A.**, Mayfield, M., Primus, A., Grafals, M., Racine, E.F. Increasing Access to Healthy Food Options Through Early Childhood Education Center Take-Home Dinners. *Submitted May 2025*.
2. Ventura LM, Issoufou Kapran M, Beatty KE, **Dahl, AA**. Spheres of Influence on Postpartum Contraceptive Decision-Making: Evidence to Inform Contraceptive Care Along the Perinatal Continuum. *Submitted May 2025*.
3. Taylor, Y.J, **Dahl, A.A.**, Isreal, M., Spinner, C., Sammons, L., Fesperman, D., Britt, M., Washington, R., Mehta, S., Howell, C., Stamp, J., Cobb, P., Bridges Community Partner Group. Health system community partnership to design an online resource to address perinatal information needs for Black families: an action research study. *Submitted January 2025*. <https://preprints.jmir.org/preprint/71161>
4. Lisenbee, J., **Dahl, A. A.**, Gil-Rivas, V., Quinlan, M. M., Oni, K. C., Webb, J. B. Decision-Making Pathways in the Management of Labor Dystocia: Insights from a Qualitative Study of Interprofessional Obstetric Care. *Submitted July 2025*.
5. Mamudu, H.M., Pons-Junkins, A.T., Luffman, I.E., Rodriguez, C.L., Ventura, L.M., **Dahl, A.A.**, Black, J.D., Hudson, W.B., Boghazian, R., Ahuja, M., Ride, J., Johnson, L., Flores, E. Tobacco Use in Pregnancy: Disparities Associated with Place, Sociodemographics, and Health Behaviors. *Submitted July 2025*.
6. Olufadewa, L., Okoduwa, G., **Dahl, A.A.** SMS-based Interventions to Promote Childhood Vaccination Coverage: A Systematic Review. *Submitted August 2025*.
7. Ayo, A.O., Ventura, L.M., Adebayo-Abikoye, E., Keinath, C., **Dahl, A.A.**, Mamudu, H.M. Prenatal Tobacco Use Among Rural Populations in the United States: A Scoping Review of Risk Factors and Barriers to Cessation. *Submitted July 2025*.
8. Tolley, A., Scotte, V., Langhinrichsen-Rohling, J., **Dahl, A.A.**, Rao, E., Lim, J. Where is the client in client-centered care? Centering the experiences of integrated care among Black women within public health settings. *Submitted September 2025*.

Book Chapters

1. Jake-Schoffman D.E., **Dahl A.A.**, Moore J.B. “Dissemination: Models and Methods.” In D. Bornstein, A. Eyler, J. Maddock, & J.B. Moore (Eds.), *Physical Activity and Public Health: A Guide to Effective Interventions*, First Edition. New York City, NY: Springer Publishing. January 2019. ISBN: 9780826134585

Websites Developed for Product Dissemination

1. **Dahl, A.A.** (2020). Take A Timeout. Podcast Series. <https://www.AthletesTakeATimeout.com/>

Public Facing Articles (not peer-reviewed)

1. Smith, M. & **Dahl, A.A.** Is Your College Student Lonely? *Healthy Living Website, Society of Behavioral Medicine*. Retrieved from <https://www.sbm.org/healthy-living/is-your-college-student-lonely>
2. **Dahl, A.A.** & Fandetti, S.M., (August 2025) How to Eat Healthy in College. *Healthy Living Website, Society of Behavioral Medicine*. Retrieved from <https://www.sbm.org/healthy-living/how-to-eat-healthy-in-college>
3. Maher, J. & **Dahl, A.A.** (October 2024) Exercise During Pregnancy. *Healthy Living Website, Society of Behavioral Medicine*. Retrieved from <https://www.sbm.org/healthy-living/can-i-exercise-during-pregnancy>
4. Schumacher, L., **Dahl, A.A.**, Liao, Y., Hollis-Hansen, K., Lechuga, J., Maher, J.P., Kruzel, M.D., Cadmus-Bertram, L. (Fall 2024). Sharing Science to Make Real-World Impact: Available Resources and Ways to Get Involved in Sci Comm at SBM. *Outlook Newsletter, Society of Behavioral Medicine*. Retrieved from <https://www.sbm.org/publications/outlook/issues/fall-2024/sharing-science-to-make-real-world-impact-available-resources-and-ways-to-get-involved-in-sci-comm-at-sbm/full-article>
5. **Dahl, A.A.**, Waring, M.E., Biviji, R., Felder, T., Lisenbee, J. (Spring 2022). Pandemic Parenting: Challenges and Silver Linings. *Outlook Newsletter, Society of Behavioral Medicine*. Retrieved from <https://www.sbm.org/publications/outlook/issues/spring-2022/pandemic-parenting-challenges-and-silver-linings/full-article>
6. Lisenbee, J., **Dahl, A.A.**, Shi, S.F., Lunde, C. (May 2021). A Guide to Preconception Health Considerations. *Healthy Living Website, Society of Behavioral Medicine*. Retrieved from <https://www.sbm.org/healthy-living/a-guide-to-preconception-health-considerations>
7. Njie-Carr, V.P.S., Carson, T.L., **Dahl, A.A.**, Shen, M.J., Wigfall, L.T. (Spring 2021). Countering the Negative Health Effects of Racial Injustice and Systemic Racism: Call to Action, Call to Support: Racial Equity & Inclusion Series Part I. *Outlook Newsletter, Society of Behavioral Medicine*. Retrieved from <https://www.sbm.org/publications/outlook/issues/spring-2021/countering-the-negative-health-effects-of-racial-injustice-and-systemic-racism/full-article>
8. McCann, A. & **Dahl, A.A.** (February 2019). Healthiest & Unhealthiest Cities in America. *Ask the Experts*. Retrieved from <https://wallethub.com/edu/healthiest-cities/31072/#expert=alicia-dahl>
Symons Downs, D., Krukowski, B., Huberty, J., Waring, M., **Dahl, A. A.**, & Mailey, E. (2019). Tips for a Healthy Pregnancy. *Healthy Living Website, Society of Behavioral Medicine*. Retrieved from <https://www.sbm.org/healthy-living/tips-for-a-healthy-pregnancy>

POLICY POSITION STATEMENTS

1. Mooney, J.T., **Dahl, A.A.**, Lisenbee, J., Quinlan, M.M., Shade, L.E., Yada, F.N., Buscemi, J., Duffecy, J. (2023, August) *Expand and extend postpartum Medicaid to support maternal and child health*. <https://www.sbm.org/UserFiles/ExpandandExtendPostpartumMedicaidtoSupportMaternalandChildHealth.pdf>

PRESENTATIONS

Underlined co-author names denote current or former student and/or trainee

Peer-Reviewed Conference Presentations

1. Moxie, J. and **Dahl, A.A.** *Paper Chase: A Collaborative Method for Engaging Academic and Community Partners in Science Communication*. Poster accepted to the 2025 Annual Meeting and Expo of the American Public Health Assoc., Washington, DC.
2. Moxie, J., **Dahl, A.A.**, Beete, D., Mennicke, A., Montanaro, E. *Games, Art, and Writing: Finding creative opportunities for developing skills on a college campus*. Panel submitted to the 2026 Annual Meeting of the Society of Behavioral Medicine, Chicago, IL.
3. **Dahl, A.A.**, Hopper, L.N., Glass, D.M., Atmore, A., Desloge, A. *Improving Communication and Advocacy Through Respectful Maternity Care Simulations*. Poster accepted to the 2025 North Carolina Public Health Association Fall Educational Conference.

4. Ayo, A., Ventura, L., Adebayo-Abikoye, E., Keinath, C., **Dahl, A.A.**, Mamudu, H. *Prenatal tobacco use among rural populations in the United States: A scoping review of risk factors and barriers to cessation*. Poster accepted to the 2025 Annual Meeting and Expo of the American Public Health Assoc., Washington, DC.
5. Ventura, L.M., Issoufou Kapran, M.I., Beatty, K.E., **Dahl, A.A.** (2025, August) *Spheres of Influence on Postpartum Contraception Decision-Making Within a Maternity Care Desert in the United States*. Presentation presented at the 18th Intl. Congress of Behavioral Medicine, Vienna, Austria.
6. **Dahl, A.A.**, Fandetti, S., Racine, E.F. (2025, June) *Campus health lifestyles, outcomes, and experiences study: Protocol and lessons on behaviors of first-year college students in North Carolina from 2023-2024*. Paper presented at the International Health Promoting Campuses Conference, Limerick, Ireland.
7. Issoufou Kapran, M., Ventura, L.M., Beatty, K.E., **Dahl, A.A.** (2025, March) *"I had flat nipples, which was hard." A qualitative exploration of mothers navigating the complexities of breastfeeding*. Poster presented at the 2025 annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
8. Moxie, J., **Dahl, A.A.**, Benson, J.K. (2025, March) *Team Science: Enhancing Research Dissemination and Collaborative Writing Skills*. Paper presentation at the annual meeting of the Society of Behavioral Med., San Francisco, CA.
9. **Dahl, A.A.**, Moxie, J., Maher, J., Fandetti, S., Benson, J.K., Troutman, E. (2025, March) *Leveraging Team Science in Research Communication: Strategies and Lessons Learned from the Paper Chase Method*. Panel discussion presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.
10. Ventura, L.M., Huang, Q., **Dahl, A.A.**, Mamudu, H., Beatty, K. (2024, March) *Applying the North Carolina Maternal and Child Health Dashboard to examine smoking during pregnancy and related social determinants of health*. Poster accepted to the 2025 annual meeting of the Society of Behavioral Med., San Francisco, CA.
11. Ademu, L.O., Racine, E.F., Schulkind, L., **Dahl, A.A.**, Fandetti, S. (2024, June) *Examining the Impact of Calorie Menu Labelling on University Students' Food Choices*. Research presentation presented at the 2024 annual meeting of the American Society of Nutrition, Chicago, IL.
12. Isreal, M., Davenport, P., **Dahl, A.A.**, Cobb, G.G. Sammons, L., Fesperman, D., Howell, C., Washington, R., Stamp, J., Taylor, Y.J. (2024, June) *Bridges for Infants Community Partners. Designing a Community-Informed Online Resource Hub to Address Perinatal Information Needs for Black Families*. Research poster presented at the annual research meeting of AcademyHealth, Baltimore, MD.
13. **Dahl, A.A.**, Taylor, Y., Cobb, G.G. Isreal, M., Sammons, L., Fesperman, D., Washington, R. *Engaging Diverse Local Leaders to Address Perinatal Information Gaps for Black Families*. Research poster (2024, April) Virtual poster presented at the 2024 annual meeting of the Association of Maternal and Child Health Programs, Oakland, CA.
14. Fandetti, S., **Dahl, A.A.**, Ademu, L., Harris, R. (2024, May) *How healthy is your campus? A systematic review of university food environment assessments*. Research poster presented at the annual meeting of the American College Health Association, Atlanta, GA.
15. Wallace, L., Shaw, G., Cacace, S., Issel, M., Thompson, M., Thill, J-C., **Dahl, A.A.** (2023, November) *Evaluating public health summative indices as tools for local health departments to track improvements in health outcomes*. Research poster presented at the annual meeting of the American Public Health Association, Atlanta, GA.
16. **Dahl, A.A.**, Mayfield, M., Fernandez-Borunda, A., Butts, S.I., Ademu, L.O., and Racine, E.F. (2023, April) *Dinner planning and preparation considerations of parents with children attending childcare*. Research Paper presented at the 44th annual meeting of the Society of Behavioral Medicine, Phoenix, AZ.
17. Kaniuka, A., Scheer, J.R., Cascalheira, C.J., Helminen, E.C., Sullivan, T.P., Batchelder, A.W. Jackson, S.D., **Dahl, A.A.**, Basinger, E.D., Bowling, J., & Cramer, R.J. *Sexual harassment and mental health among gender-diverse sexual minority women*. Presentation accepted to the Study for the Psychological Study of Social Issues (SPSSI) 2023 conference: Denver, CO.
18. Butts, S., **Dahl, A.A.**, Racine, E.F., Mayfield, M., Fernandez-Borunda, A. (2022, May) *Parental self-confidence regarding healthy meal preparation for preschool age children attending childcare*. Research Poster presented at the 2022 annual meeting of ISBNPA, Phoenix, AZ.
19. Mayfield, M., **Dahl, A.A.**, Racine, E.F., Fernandez-Borunda, A. Butts, S. (2022, May) *Exploring how caregivers of young children enrolled in childcare experience dinner*. Research Poster presented at the 2022 annual meeting of ISBNPA, Phoenix, AZ.
20. **Dahl, A.A.**, Yada, F.N., Wilson, K., Shade, L. (2022, April) *MamaVIEW study: Understanding perceived barriers and enabling factors of prenatal health among Black/African American women*. Research Poster presented at the 43rd annual meeting of the Society of Behavioral Medicine, Baltimore, MD.

21. **Dahl, A.A.** & Bowling, J. (2022, April) *Pulling others in to get the word out: Evaluating a training program on the "Paper Chase" writing model for research dissemination*. Research Poster presented at the 43rd annual meeting of the Society of Behavioral Medicine, Baltimore, MD.
22. Yada, F.N., Butts, S., Shade, L., Dahl, A.A. (2022, April) *MamaVIEW photo-elicitation project: Pregnancy stories of black women in Charlotte, NC*. Research Poster presented at the 43rd annual meeting of the Society of Behavioral Medicine, Baltimore, MD.
23. Butts, S., Dahl, A.A., Yada, F.N. (2022, April) *The impact of the COVID-19 pandemic on lifestyle behaviors of Black pregnant women in Charlotte, NC*. Research Poster presented at the 43rd annual meeting of the Society of Behavioral Medicine, Baltimore, MD.
24. Mooney, J., Webb, J.B., Armstrong, L.M., Dahl, A.A. (2021, June) *Pernicious pressures on the pregnancy physique: Examining the persistence of diet culture internalization during gestation*. Research Poster presented at the biennial conference from the Centre for Appearance Research "Appearance Matters 9."
25. **Dahl, A.A., Coffey, A.F.** (2021, April) *Season cancelled: Assessing the impact of the COVID-19 pandemic on female student-athletes' mental health using mixed methods*. Research Spotlight (Poster) presented at the 42nd annual meeting of the Society of Behavioral Medicine, Virtual.
26. Lisenbee, J., Webb, J.B., Gil-Rivas, V., Dahl, A.A., Quinlan, M.M. (2021, April) *Doula care in California during COVID-19: The impacts of social distancing on a high-touch helping profession*. Research Spotlight (Poster) submitted to the 42nd annual meeting of the Society of Behavioral Medicine, Virtual.
27. Mooney, J., Webb, J.B., Armstrong, L.M., Dahl, A.A. (2021, April) *Self-care to self-soothe? Mindful self-care as a buffer between body estrangement and prenatal distress*. Research Spotlight (Poster) presented at the 42nd annual meeting of the Society of Behavioral Medicine, Virtual.
28. Mooney, J., Webb, J.B., Armstrong, L.M., Dahl, A.A. (2021, April) *Navigating COVID-19 during pregnancy: Preliminary psychometric properties of items assessing the impact of the pandemic*. Research Spotlight (Poster) presented at the 42nd annual meeting of the Society of Behavioral Medicine, Virtual.
29. Coffey, A., Dahl, A.A. (2021, April) *Cognitive Behavioral Therapy interventions in collegiate student-athletes: A scoping review*. Research Spotlight (Poster) presented at the 42nd annual meeting of the Society of Behavioral Medicine, Virtual.
30. **Dahl, A.A., Coffey, A.** (2020). *Take a Timeout: Female student athletes' mental health needs, resource utilization, and priorities for programming on campus*. Poster accepted to the 41st annual meeting of the Society of Behavioral Medicine, San Francisco, CA. (Conference canceled due to COVID-19)
31. Coffey, A., Dahl, A.A. (2020). *Take A Timeout: Assessing the mental health needs of female student-athletes*. Oral presentation accepted to the 2020 annual conference of the National Council on Undergraduate Research, Denver, CO. (Conference canceled due to COVID-19)
32. Karami, A., **Dahl, A.A.**, Shaw, Jr., G., Turner-McGrievy, G. (2019, November). *Dynamic mapping of (#)diet and (#)exercise in Twitter*. Paper presented at the 2019 annual conference of AMIA, Washington, DC.
33. Schneider, L., Liu, J., Wingard, E., Wilcox, S., Burgis, J., **Dahl, A.A.** (2019, May). *Strategies and challenges in recruiting overweight/obese pregnant women for a behavioral lifestyle intervention program*. Poster presented at the 2019 annual conference of the American College of Sports Medicine, Orlando, FL.
34. Wilson, K. and **Dahl, A.A.** (2019, March) *Keep that bump moving: An investigation of the effects of social support on physical activity during late pregnancy*. Poster presented at the 40th annual meeting of the Society of Behavioral Medicine, Washington, DC.
35. Desch, R., Dahl, A.A., Cooper, C., Turner-McGrievy, G. (2018, November). *Use of social engagement in relation to self-efficacy for healthy behaviors during research: A quantitative approach*. Poster presented at the 146th annual meeting of the American Public Health Association, San Diego, CA.
* PHEHP Section: Student Poster Award Recipient
36. Griffin, R., Dahl, A.A., Cooper, C., Desch, R., Turner-McGrievy, G. (2018, April) *Drive-throughs and dine-ins: Examining meal behaviors of pregnant women in an intervention for healthy gestational weight gain*. Poster presented at the 7th annual Center for Research in Nutrition and Health Disparities Healthy Eating in Context Symposium, Columbia, SC.
37. Desch, R., Dahl, A.A., Cooper, C., Turner-McGrievy, G. (2018, April). *Examining the role of social support and self-efficacy related to healthy eating during pregnancy: A mobile health approach*. Poster presented at the University of South Carolina's Discover USC Student Research Day, Columbia, SC. *Second place winner – student poster awards

38. **Dahl, A.A.**, Turner-McGrievy, G., Wilcox, S., Liu, J., and Davis, R. (2018, April). *Healthy MoM2B: Baseline features of pregnant women participating in a mobile health study targeting gestational weight gain*. Poster presented at the 39th annual meeting of the Society of Behavioral Med., New Orleans, LA.
39. **Dahl, A.A.**, Wende, M., Turner-McGrievy, G., Qiao, S., Wilcox, S., Liu, J., and Davis, R. (2018, April). *Integration of technology in lifestyle interventions focused on weight gain during pregnancy: A systematic review*. Paper presented at the 39th annual meeting of the Society of Behavioral Med., New Orleans, LA.
40. **Dahl, A.A.**, Dunn, C., Boutte, A., Crimarco, A., Turner-McGrievy, G. (2018, April). *Mobilizing mHealth for moms: A review of mobile apps for tracking gestational weight gain*. Paper presented at the 39th annual meeting of the Society of Behavioral Medicine, New Orleans, LA.
41. **Dahl, A.A.**, Cooper, C.B., Wilcox, S., Liu, J., Davis, R.E., and Turner-McGrievy, G. (2017, November). *Tailoring the development of an e-Health intervention for pregnant women: Results from a web-based needs assessment of intervention components*. Poster presented at the 145th annual meeting of the American Public Health Association, Atlanta, GA. * PHEHP Section: Student Poster Award Recipient
42. **Dahl, A.A.**, Cooper, C.B., Wilcox, S., Liu, J., Davis, R.E., and Turner-McGrievy, G. (2017, November). *Tailoring the development of an e-Health intervention for pregnant women: Results from a web-based needs assessment of intervention components*. Poster presented at the 145th annual meeting of the American Public Health Association, Atlanta, GA. * PHEHP Section: Student Poster Award Recipient
43. Wilcox, S., Liu, J., Turner-McGrievy, G., Burgis, J., Addy, C., Wingard, E., Blackmon, B., **Dahl, A.A.**, and Schneider, L. (2017, May). *Health in Pregnancy and Postpartum (HIPP): Targeting gestational weight gain and postpartum weight loss*. Paper presented at the annual meeting of the American College of Sports Medicine, Denver, CO.
44. Buckham, N., Wilcox, S., Liu, J., **Dahl, A.A.**, Wende, M., and Sims, K. (2017, April). *Barriers to exercise in pregnancy: 16-20-year olds*. Poster presented at the annual meeting of the North American Society for Pediatric and Adolescent Gynecology, Chicago, IL.
45. **Dahl, A.A.**, Turner-McGrievy, G., Wilcox, S., Liu, J., and Davis, R.E. (2017, March). *What (pregnant) women want: Results from a web-based needs assessment of weight-related mobile app motivations and experiences of pregnant women in the U.S*. Poster presented at the 38th annual meeting of the Society of Behavioral Medicine, San Diego, CA.
46. Mellon, S., **Dahl, A.A.**, Turner-McGrievy, G., Wilcox, S., Liu, J., and Davis, R.E. (2017, March). *Pregnant women's knowledge of gestational weight gain: Online needs assessment*. Poster presented at the 38th annual meeting of the Society of Behavioral Medicine, San Diego, CA.
47. Liu, J., Wilcox, S., Turner-McGrievy, G., Burgis, J., Addy, C., Wingard, E., Blackmon, B., **Dahl, A.A.**, Schneider, L. (2016, November). *The HIPP Trial: Preventing excessive gestational weight gain and promoting postpartum weight loss*. Poster presented at the South Carolina Birth Outcomes Initiative, Columbia, SC.
48. Buckham, N., Wilcox, S., Liu, J., **Dahl, A.A.**, Wende, M., Sims, K. (2016, November). *Barriers to exercise in pregnancy*. Poster presented at the Carolina Women's Health Research Forum, Columbia, SC.
49. **Dahl, A.A.**, Hales, S.B., Turner-McGrievy, G. (2016, April). *#Weightloss: Helpful or harmful? Integrating social media into weight loss interventions*. Paper presented at the University of South Carolina's Graduate Student Day, Columbia, SC.
50. **Dahl, A.A.**, Hales, S.B., Turner-McGrievy, G. (2016, April). *#Weightloss: Helpful or harmful? Integrating social media into weight loss interventions*. Poster presented at the 37th annual meeting of the Society of Behavioral Medicine, Washington, DC.
51. **Dahl, A.A.**, Raucheisen, D., Weir, K.E., Wolford, T.E. (2014, September). *SNAP-ED Eat.Right.Now. Nutrition Education Program: Long-Term Impacts of Fourth Grade Vegetable Core Intervention*. Poster presented at the SEC Symposium on Obesity Prevention, Atlanta, GA.
52. **Dahl, A.A.**, Raucheisen, D., Weir, K.E. (2014, March). *Eat.Right.Now. nutrition education program: 2012-2013 school year reach and scope*. Poster presented at the School District of Philadelphia's Research, Policy, & Practice Conference, Philadelphia, PA.
53. **Dahl, A.A.**, Raucheisen, D., Weir, K.E. (2014, March). *SNAP-ED Eat.Right.Now. Nutrition Education Program: Long-Term Impacts of Fourth Grade Vegetable Core Intervention*. Poster presented at the School District of Philadelphia's Research, Policy, & Practice Conference, Philadelphia, PA.
54. **Dahl, A.A.**, Dominick, G., Trabulsi, J., Mirkil, M., Papas, M.A. (2013, March). *Application of the Transtheoretical model of change examining obesity and activity patterns among low-income Hispanic mothers*. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.

55. Hazuda, L., **Dahl, A.A.**, Papas, M.A., Dominick, G., Peterson, M. (2013, March). *Seasonal variation in the use of a web-based social marketing campaign to increase physical activity*. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Francisco, CA.

Invited Presentations and Workshops

1. **Dahl, A.A.**, Goldstein, C., Krukowski, R., Shen, M., et al. (2025, March) *The Public Education Committee Presents: Sci Comm Workshop*. Preconference workshop presented to the 46th Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA.
2. Goldstein, C., Krukowski, R., Conley, C., Shen, M., Doyle, C.Y., **Dahl, A.A.** (2024, March) *The Public Education Committee Presents: Sci Comm Studio*. Preconference workshop presented at the 45th Annual Meeting of the Society of Behavioral Medicine, Philadelphia, PA.
3. **Dahl, A.A.** (2022, July) *Developing innovative health promotion resources for managing collegiate mental health*. (Virtual Presentation) China-USA Workshop on Intelligent Detection and Interventions of Patients with Depression, Beijing, China.
4. **Dahl, A.A.** (2022, April) *Psychosocial factors and women's health*. Chair of session at the 43rd annual meeting of the Society of Behavioral Medicine, Baltimore, MD.
5. **Dahl, A.A.** & **Coffey, A.** (2021, January) *Take A Timeout: A skills-based podcast program for coping with mental health challenges as a collegiate athlete*. Presented at the NCAA Convention Education Session - Innovative Programs for Enhancing Student-Athlete Mental Well-Being and Mental Health.
6. Montgomery, T., **Dahl, A.A.**, Lennon, E. (2021, October) *Prioritizing women's mental health during COVID-19*. Richardson, S (Chair) Presented at the Women & Girls Research Alliance Monthly Conversation Webinar, UNC Charlotte.
7. **Dahl, A.A.**, Turner-McGrievy, G. (2020, March) *Don't get left behind: Emerging technology transforming healthcare*. South Carolina's Department of Health and Environmental Control's 18th Annual Chronic Disease Prevention Symposium, Myrtle Beach, SC. (Presentation made available via videocast due to COVID-19 travel restrictions)
8. Turner-McGrievy, G., Moreno, M., **Dahl, A.A.** (2018, April) *#Health behaviors: Designing and delivering interventions via social media*. Arigo, D. (Chair) Presented at the 39th annual meeting of the Society of Behavioral Medicine, New Orleans, LA.

TEACHING EXPERIENCE

Courses Taught, University of North Carolina at Charlotte

Undergraduate

HAHS 1000	Prospect for Success Health and Human Services	Fall 2019, Fall 2020
HSMT 2101	Intro to Health Professions (online)	Summer I 2020, Summer I 2021, Summer II 2022, Summer II 2023, Summer I 2024
HLTH 3103	Behavior Change Theories & Practice	Fall 2018, Fall 2019, Fall 2020, Fall 2021 (IOR: Andréa Kaniuka), Fall 2022, Fall 2023, Fall 2024 (IOR: Ryan Robertson)
HLTH 3105	Public Health Education & Promotion	Fall 2018, Spring 2020, Spring 2021
HONR 3700	The Pursuit of Happiness for Health (honors)	Fall 2021
HLTH 3790	Honors Capstone Prep	Spring 2025
HLTH 3791	Honors Capstone	Fall 2025
HLTH 4800	Independent Study (research)	Fall 2020

Graduate

HLTH 6104	Population Perspectives on Nutrition & PA	Fall 2019, Fall 2021, Fall 2022, Fall 2024
HLTH 6200	Case Studies in Public Health	Fall 2020

HLTH 6212	Health Promotion Program Management	Fall 2023
HLTH 6227	Community Health Planning & Evaluation	Spring 2019, Spring 2020, Spring 2021, Spring 2022, Spring 2023, Spring 2024, Spring 2025, Fall 2025
HLTH 6800	Independent Study	Fall 2020, Spring 2022, Spring 2023, Summer 2023
HLTH 8600	Seminar in Health Services Research	Spring 2020
HLTH 8602	Communicating and Disseminating Research	Spring 2024
HLTH 8603	Teaching Portfolio	Fall 2024

Invited Lectures

1. The Pursuit of Happiness for Health	UNC Charlotte Honors College Enrichment Seminar	October 2022, March 2023
2. Dinner Preparation Decision-Making for Parents of Children Attending Childcare	UNC Charlotte MCH Workgroup	October 18, 2022
3. Girls, Technology, and Social Determinants of Health	Women & Girls Research Alliance	January 12, 2021
4. Conducting Virtual Focus Groups	UNC Charlotte MPH Program	November 9, 2020
5. Grant Seeking and Writing	Health Psychology Graduate Student Association Speaker Series	April 24, 2020
6. "Eating for Two" Misconceptions about Pregnancy	UNC Charlotte Allied Health Professions student group	October 23, 2019
7. Tag, you're it! An introduction to the Paper Chase collaborative writing process.	Atrium Health's Center for Outcomes Research and Evaluation	September 17, 2019

STUDENT SUPERVISION

Primary Research Assistantship Supervisor, UNC Charlotte

Name	Program	Research Area	Year
Liane Ventura	Public Health Sciences – PhD	Maternal and child health	2024-
Stacy Fandetti	Public Health Sciences – MPH	Nutrition	2022-2024
Maimouna Issoufou Kapran	Public Health Sciences – PhD	Maternal and child health	2023-
Lilian Ademu	Public Policy - PhD	Nutrition policy	2022-2023
Melanie Mayfield	Public Health Sciences – PhD	Nutrition	Spring 2022
Shanika Jerger Butts	Public Health Sciences – PhD	Maternal and child health	2021-2022
Farida Yada	Health Services Res. – PhD	Maternal and child health	2020-2022
Abigail Coffey	Public Health Sciences – MPH	Student-athlete mental health	2020-2021
Jan Mooney	Health Psychology - PhD	Maternal wellbeing	Summer 2020
Zyishia Bailey	Public Health Sciences – PhD	Digital health	2019
Kala Wilson	Public Health Sciences – PhD	Maternal and child health	2018-2020

Academic Committee Member, UNC Charlotte

Name	Program	Research Area	Year
Kendall Drummond	Clinical Health Psychology - PhD	Maternal and Child Health	2025-
Sophie Hirsch	Health Psychology – PhD	Rest unequal – sleep disturbances and family mental health in down syndrome: A three study, multi-method approach	2025-

Ebony Rao	Public Health Sciences - PhD	Exploration of perinatal mood disorders in African American women	2025-
Stacy Fackler	Doctor of Nursing Practice - DNP	Implementing and evaluating a perinatal discharge navigator position	2024-2025
Johana Rodriguez Barahona	Public Health Sciences - MPH and Anthropology - MA	Understanding where Latina women with diabetes receive their health information and how that affects their utilization of healthcare resources	2024-2025
Annalise Tolley	Health Psychology - MA	Where is the client in client-centered care? Centering the experience of integrated behavioral and public health services among Black and Hispanic women of low-income and economically marginalized backgrounds to better promote wellness	2023-2024
Annamarie Rohrs	Nursing – BSN, Honors College	Doula care and health disparities	2023-2024
Precious Ikejiaku*	Public Health Sciences – BS, Honors College	Limitations to the Implementation of Doula Care in North Carolina for Black Birthing Women	2022-2023
Cayla McAvoy*	Public Health Sciences – PhD	Exercise is Medicine – On Campus and Physical Activity Measurement in College Students	2021-2023
Andréa Kaniuka	Public Health Sciences – PhD	Mental Health Promotion and Suicide Prevention Among Sexually and Gender Diverse Adults	2021-2022
Shaina Glass	Health Psychology - PhD Health Psychology – MA	The Relationship Between Self-Verification and Emotion Regulation	2022- 2020-2022
Brianna Smith	Public Health Sciences – BS, Honors College	How Racial Discrimination and Social Determinants of Health Perpetuate the Disparity in Maternal Mortality Facing Black Women in the United States	2020-2021
Jodie Lisenbee	Health Psychology – PhD Health Psychology – MA	Labor dystocia Doula care during COVID-19	2021-2024 2019-2021
Jan Mooney	Health Psychology – PhD Health Psychology – MA	Maternal wellbeing Appetite during pregnancy and postpartum	2019-2023
Ligia Vasquez-Huot	Public Health Sciences – PhD	Physical activity and social support	2019-2024

*Denotes Committee Chair or Co-Chair

Supervised Students in Part-Time or Short-Term Research Activities

University of North Carolina at Charlotte

Anna Taylor (BSPH), Afra Mahmood (BSPH), Nick Rios (BSPH), Neielle Saint-Cyr (BSPH), Nikitha Lanka (BSPH), Grace Lumbu (BSPH), Lisa Krinner (PhD), Alejandra Fernandez-Borunda (MPH), Sarah Beth Sisney (MPH), Kevin Benson (PhD), Rosalba Chavarria (MPH), Maha Raya (MPH), Regine Smith (MPH), Marielle Indyg (MPH)

Office of Undergraduate Research Scholars: Jocelyn Davis, Abigail Coffey, Victoria McClare, Alex Willis, Lyba Qureshi

Charlotte Research Scholars: Lauren Reid, Cheyenne Jennings, Jessica Mathew

Independent Study: Harrison Froelich, Jan Mooney, Stacy Fandetti, Bailey Stillwell

University of South Carolina

Alexa Swingle, Destiny Byrd, Jillian Polk, Davis Weinberg, Nidha Khan, Shannon Mellon, Courtney Cooper

University of Delaware

Lakshmi Patel and Olivia Cosides

Supervised Students in Teaching Assistantship Roles

University of North Carolina at Charlotte

Taryn Greene, Mariah Quinn, Andrea Kaniuka, Ryan Robertson

FACILITATED EDUCATION AND TRAINING PROGRAMS

Paper Chase: A Professional Development Training Program for Rapid Manuscript Development

5/2024	Paper Chase for Public Health, UNC Charlotte, College of Health and Human Services, Role: Program Coordinator & Facilitator
5/2023	Campuswide Paper Chase, UNC Charlotte, Office of Undergraduate Research, Role: Program Coordinator & Facilitator
3/2022	Campuswide Paper Chase, UNC Charlotte, Office of Undergraduate Research. Role: Program Coordinator & Facilitator
6/2021	Virtual Paper Chase, UNC Charlotte, Office of Undergraduate Research, Role: Program Coordinator & Facilitator

Charlotte Maternal and Child Health Workgroup

11/2025	Respectful Maternity Care Simulation: Prematurity Awareness Month, UNC Charlotte, College of Health and Human Services, Role: Event Coordinator
11/2025	PASOs Atrium Health: Empowering Vulnerable Communities with Lauri Munoz, Adriana Gonzalez, and Tagny Diaz Solis, Crucial Conversation Series, Role: Moderator
9/2025	Tiny Bubbles, Big Impact: Fighting Childhood Pneumonia with Bubble CPAP in Africa with Tanveer Faruk, Crucial Conversation Series, Role: Moderator
5/2025	Rural Mental Health with Dr. Allissa Desloge and Liane Ventura, Crucial Conversation Series, Role: Moderator
4/2025	Respectful Maternity Care Simulation: National Public Health Week, UNC Charlotte, College of Health and Human Services, Role: Event Coordinator
11/2024	Part 2- Black Birthing Matters: Who Are Your Providers of Care with Racquel Washington, Kris Elle, Dr. Pamela Cobb, and Nicole Parchment, Crucial Convo. Series, Role: Moderator
11/2024	Respectful Maternity Care Simulation: Prematurity Awareness Month, UNC Charlotte, College of Health and Human Services, Role: Event Coordinator
9/2024	Part 1- Black Birthing Matters: Who Are Your Providers of Care with Racquel Washington, Kris Elle, Dr. Pamela Cobb, and Nicole Parchment, Crucial Convo. Series, Role: Moderator
4/2024	Respectful Maternity Care Simulation: Black Maternal Health Week, UNC Charlotte, College of Health and Human Services, Role: Event Coordinator
4/2023	"Aftershock" Film Screening and Panel Discussion, UNC Charlotte, College of Health and Human Services, Role: Event Coordinator

Science Communication

10-11/2025	Public Impact through Science Communication (SciComm): A Three Part Workshop, Facilitator , UNC Charlotte, College of Health and Human Services
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SERVICE

Academic Service

University of North Carolina at Charlotte

01/2025-05/2025	Tenured Faculty Workload Task Force, UNC Charlotte, College of Health and Human Services, Member
08/2024-Present	Honors Program Committee, UNC Charlotte, Department of Epidemiology and Community Health, Chair
08/2024-05/2025	Department Chair Search Committee, UNC Charlotte, Department of Epidemiology and Community Health, Member
08/2024-05/2025	Health Psychology Programs, UNC Charlotte, External Faculty Ombudsperson
08/2023-05/2024	Assistant Professor Search Committee, UNC Charlotte, Department of Public Health Sciences, Chair (successful hire)
08/2023-05/2024	PhD Program Committee, UNC Charlotte, Department of Public Health Sciences, Member
9/2022-Present	Charlotte Maternal and Child Health Workgroup, UNC Charlotte, Faculty Lead for Education and Training
9/2022-Present	Campus Food Security Committee, UNC Charlotte, Advisor
2022, 2021, 2019	Undergraduate Research Conference Judge
2/2022-Present	Master of Public Health Sciences Marketing Subcommittee, UNC Charlotte, Department of Public Health Sciences, Member
2021-Present	Esports Committee, UNC Charlotte, Advisor – Health and Wellbeing
3/2021-8/2021	Vaccine Communications Committee, UNC Charlotte, Member
8/2020-Present	Ad-hoc Communications Committee, Department of Public Health Sciences, Member
8/2020-8/2023	Diversity Inclusion via Equity Committee, College of Health and Human Services, Member
8/2019-Present	Master of Public Health Sciences Program Committee, Department of Public Health Sciences, Member
5/2019	Annual Graduate Student Research Symposium Judge
8/2018-8/2019	Bachelor of Public Health Sciences Program Committee, Department of Public Health Sciences, Member
8/2018-5/2021	Bachelor of Health Systems Management Advisory Committee, Department of Public Health Sciences, Member

University of South Carolina

8/2016-5/2018	Academic Programs Committee, Arnold School of Public Health, Student Representative,
8/2016-5/2018	Dean's Student Advisory Council, Arnold School of Public Health, HPEB Representative, President
2017-2018	Faculty Search Committee, TecHealth Center to Promote Healthy Lifestyles, Student Representative
8/2018-8/2019	Faculty Search Committee, Health Promotion, Education, & Behavior, Student Representative
4/2015 and 4/2018	Discovery Day Undergraduate Student Research Exhibition, Judge

Professional Service

Ad-hoc Journal Reviewer

2022-2024	Cogent Psychology
2019-2021	Maternal & Child Nutrition
2018-Present	Journal of Medical Internet Research
2018-Present	Translational Behavioral Medicine: Practice, Policy and Research
2016-2017	Preventative Medicine Reports

Nutrition & Obesity Policy Research & Evaluation Network (NOPREN)

2023-Present	Healthy Food Retail Working Group (Co-Chair , member)
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Society of Behavioral Medicine (SBM)

2025-Present	SBM 2026 Annual Meeting Large Program Committee, Member
2022-2026	Public Education Committee (Executive) Member, <u>Chair</u> (2023-2026)
2019-Present	Annual Meeting Abstract Reviewer: Topics - Women's Health; Diet, Nutrition & Eating Disorders
2019-2022	Women's Health Special Interest Group (SIG) <u>Co-Chair</u>
2019-Present	Women's Health SIG Communications Subcommittee <u>Chair</u>
2018-Present	Behavioral Informatics and Technology SIG Social Media Committee
2016 and 2017	Annual Conference Volunteer

Community Service

3/2021-11/2024	Bridging Healthcare and Community Settings for Infant Health, Stakeholder Group
2020-2022	State of the Plate; Charlotte Mecklenburg Food Policy Council; 1 hour every 2 months
1/2021-06/2021	Girls on the Run, Volunteer Coach, 1 hour/week
2019-2020	Tobacco-Free Parks Evaluation, Role: PI, providing in-kind policy evaluation work
10/2019	Habitat for Humanity, Volunteer, build site 4 hours
2/2019-4/2019	Promising Pages, Volunteer, 8 hours

PROFESSIONAL AFFILIATIONS

2019-Present	Council of Undergraduate Research, Member
2019-Present	CityMatCH - Association of local maternal and child health professionals
2017-2020	American Public Health Association, Member
2013-Present	Society of Behavioral Medicine, Member
2018-2019	The Obesity Society, Member

PROFESSIONAL TRAINING

Participant

5/2025	The Op-Ed Project (in-person)
5/2025	Introductions to Strengths: Name it, Claim it, Aim it., Clifton Strengths, UNC Charlotte
5/2025	NEXUS Networking Across Disciplines, UNC Charlotte
2024-2025	Constructive Dialogue Faculty Learning Community, UNC Charlotte
4/2024	The Op-Ed Project (online)
5/2023	Career Competency Training, UNC Charlotte
11/2022	Thrive Mosaic Developmental Framework Workshop with Robbin Chapman
11/2021	Green Dot Violence Prevention Overview, UNC Charlotte
11/2021	Reimagining Your Course Materials, Center for Teaching and Learning, UNC Charlotte
8/2020	Designing Effective Online Courses, Digital Learning Initiative, UNC System
2019-2020	Active Learning Academy, University of North Carolina at Charlotte
11/2019	NIH Day, UNC Charlotte
10/2019	Graduate Faculty Mentor Training, ADVANCE at UNC Charlotte
6/2019-7/2019	Catalyst Bootcamp for Grant Writing, Fellow, UNC Charlotte
2018-2019	New Faculty Teaching Academy, UNC Charlotte
5/2019	Crucial Conversations, College of Health and Human Services, UNC Charlotte
3/2019	3rd Annual Latinx Mental Health Summit, Camino Community Center
2/2019	The 'Nuts and Bolts' of Behavioral Intervention Development: Study Designs, Methods, and Funding Opportunities, Society of Behavioral Medicine Annual Meeting, pre-conference workshop, Washington, DC
2018	Essentials of Teaching and Learning, Center for Teaching and Learning, UNC Charlotte

