

Program Proposal Form

Title of Program	5 Love Languages for Aging Adults
Date and Time	2/12/2019 at 10am
Duration	1 hour
Description of Program	Discerning the primary love language of another and communicating that language allows love and concern to be shown most fluently. In this author-endorsed interactive workshop based on principles from “The Five Love Languages” by Dr. Gary Chapman, participants will learn their own love languages. Participants will also learn ways that the principles from this book can be utilized to improve communication in any setting.
Goals	<ol style="list-style-type: none"> 1. Improve residential communication. 2. Explore self-awareness.
Objectives	<ol style="list-style-type: none"> 1. 80% of individuals will be able to identify their love language. 2. Learn two ways to improve overall communication among residents.
Fulfills Successful Aging Model	<input type="checkbox"/> Disease/Disability Risk Reduction <input checked="" type="checkbox"/> Maintain Physical and Cognitive Function <input checked="" type="checkbox"/> Continuous Engagement with Life
Successful Aging Model Dimensions	<input checked="" type="checkbox"/> Health (Physical/Mental/Spiritual) <input checked="" type="checkbox"/> Social <input checked="" type="checkbox"/> Cognitive

Contact Information

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