



DATA REPORT





SOCIO-DEMOGRAPHIC PROFILE
of Adults 60+ in Charlotte and
Mecklenburg County
N = 758



CHART 1: How long have you lived in Charlotte/Mecklenburg County?

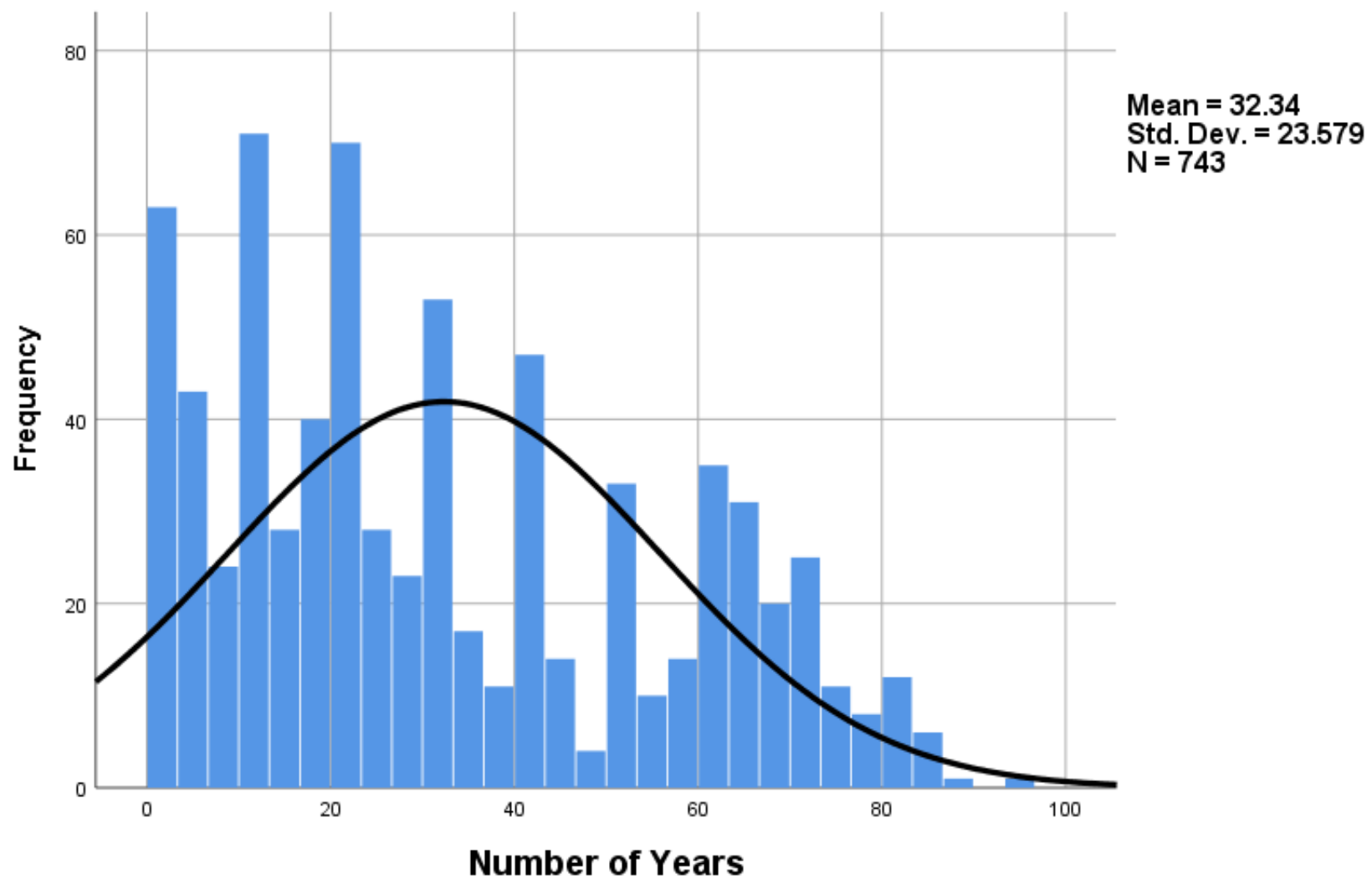


CHART 2. Average years in Charlotte/Mecklenburg County by Gender

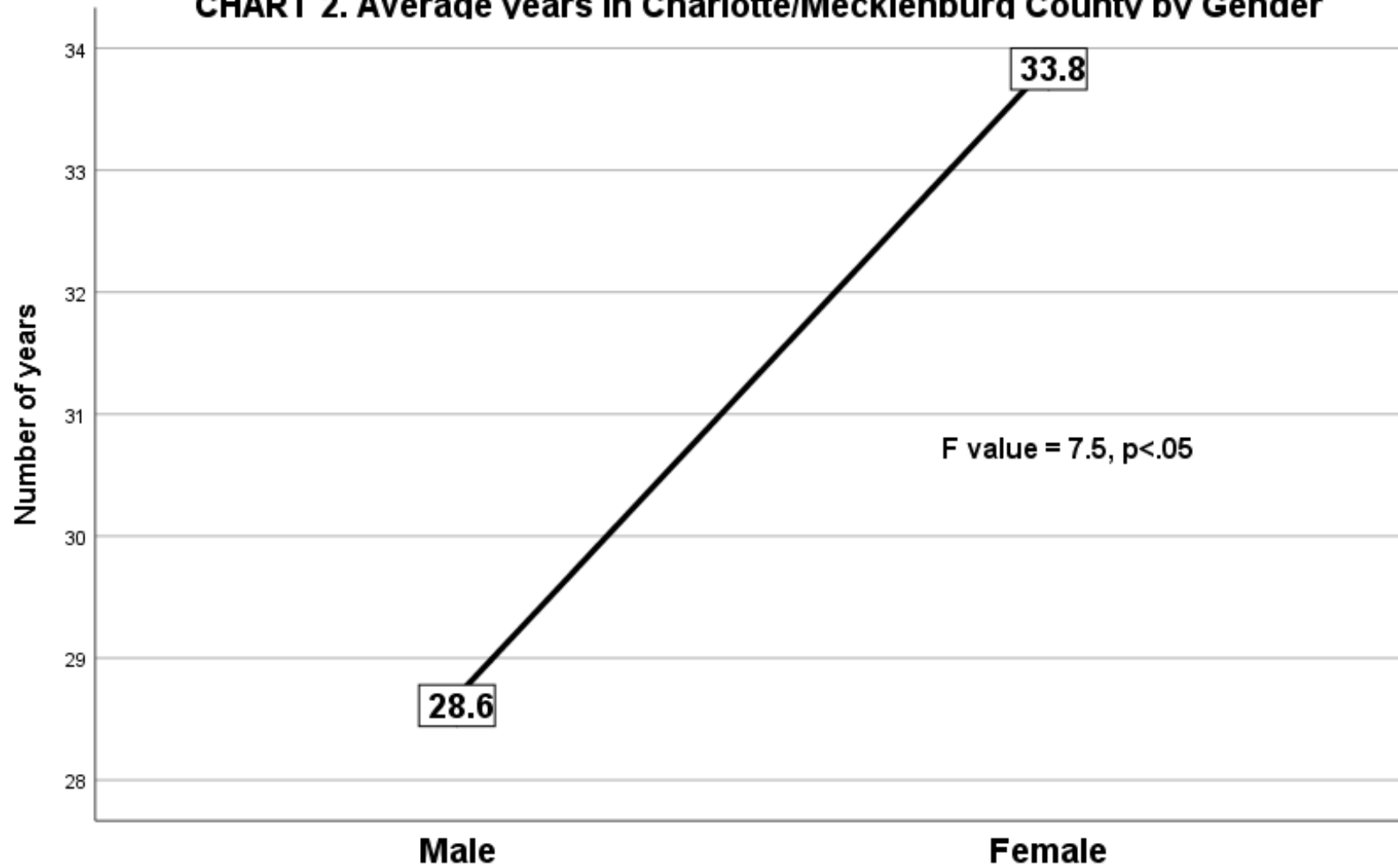


CHART 3. Average years in Charlotte/Mecklenburg County by Race/Ethnicity

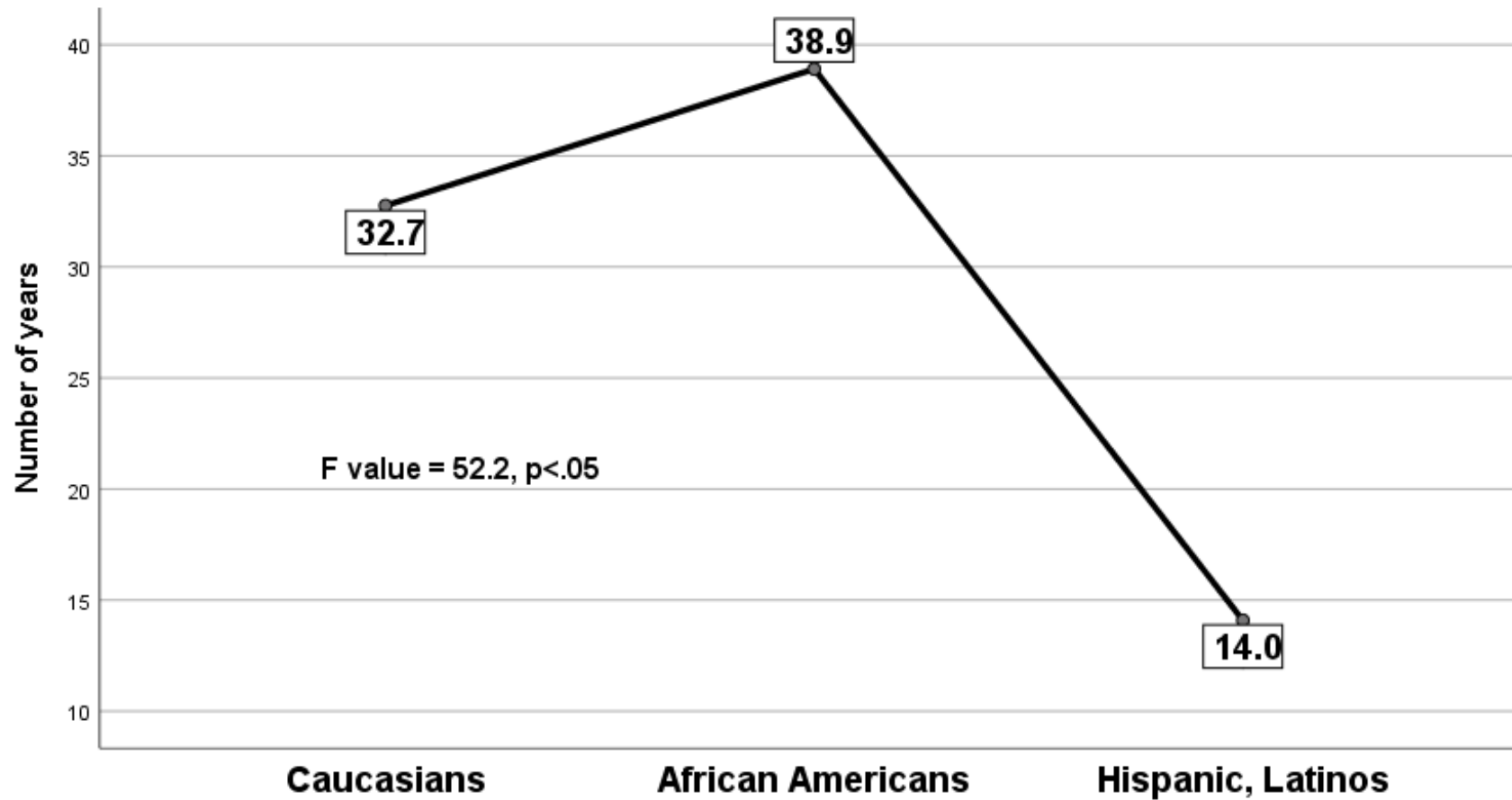


CHART 4. What is your Age?

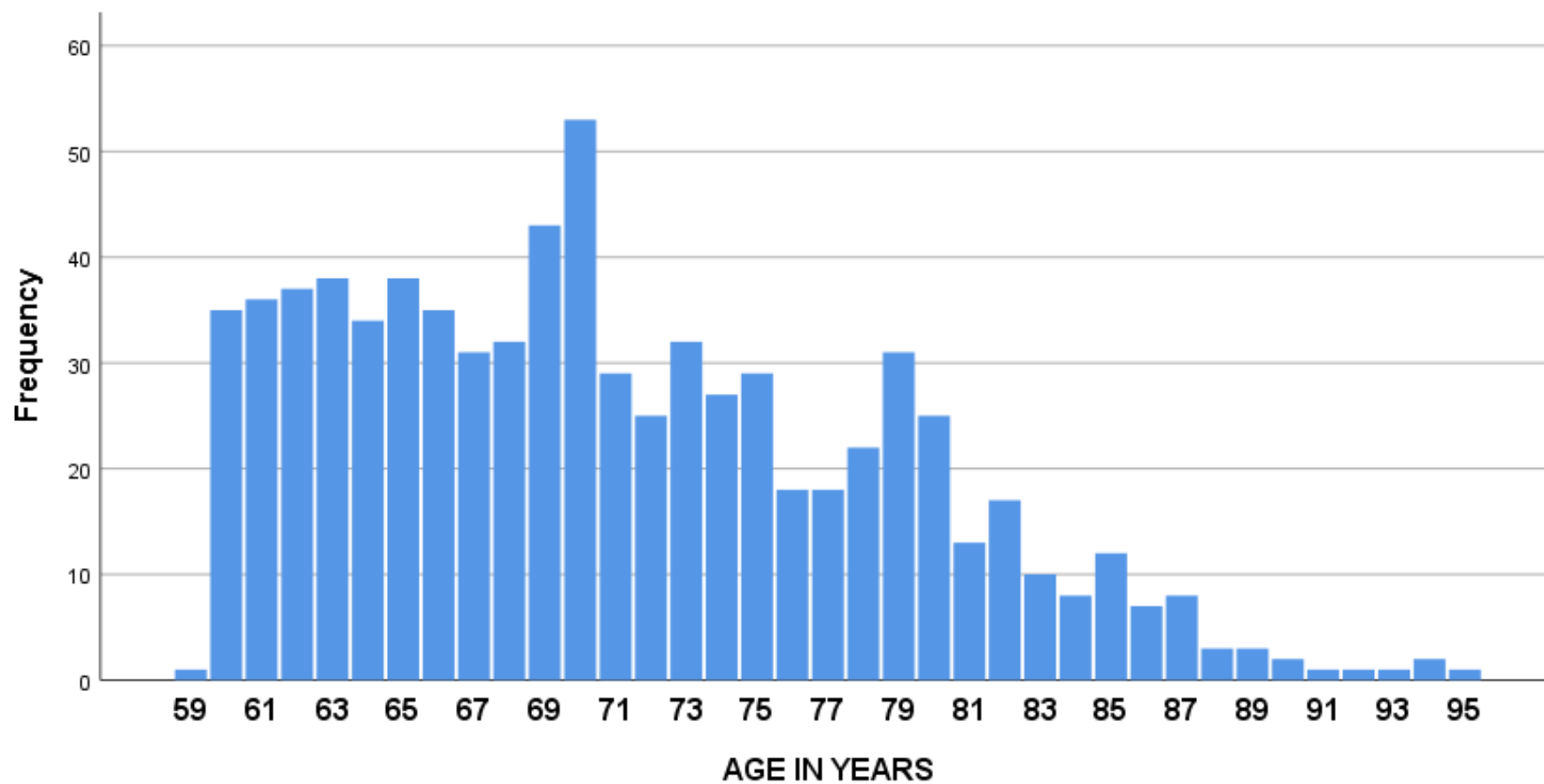


CHART 5. Age Groups

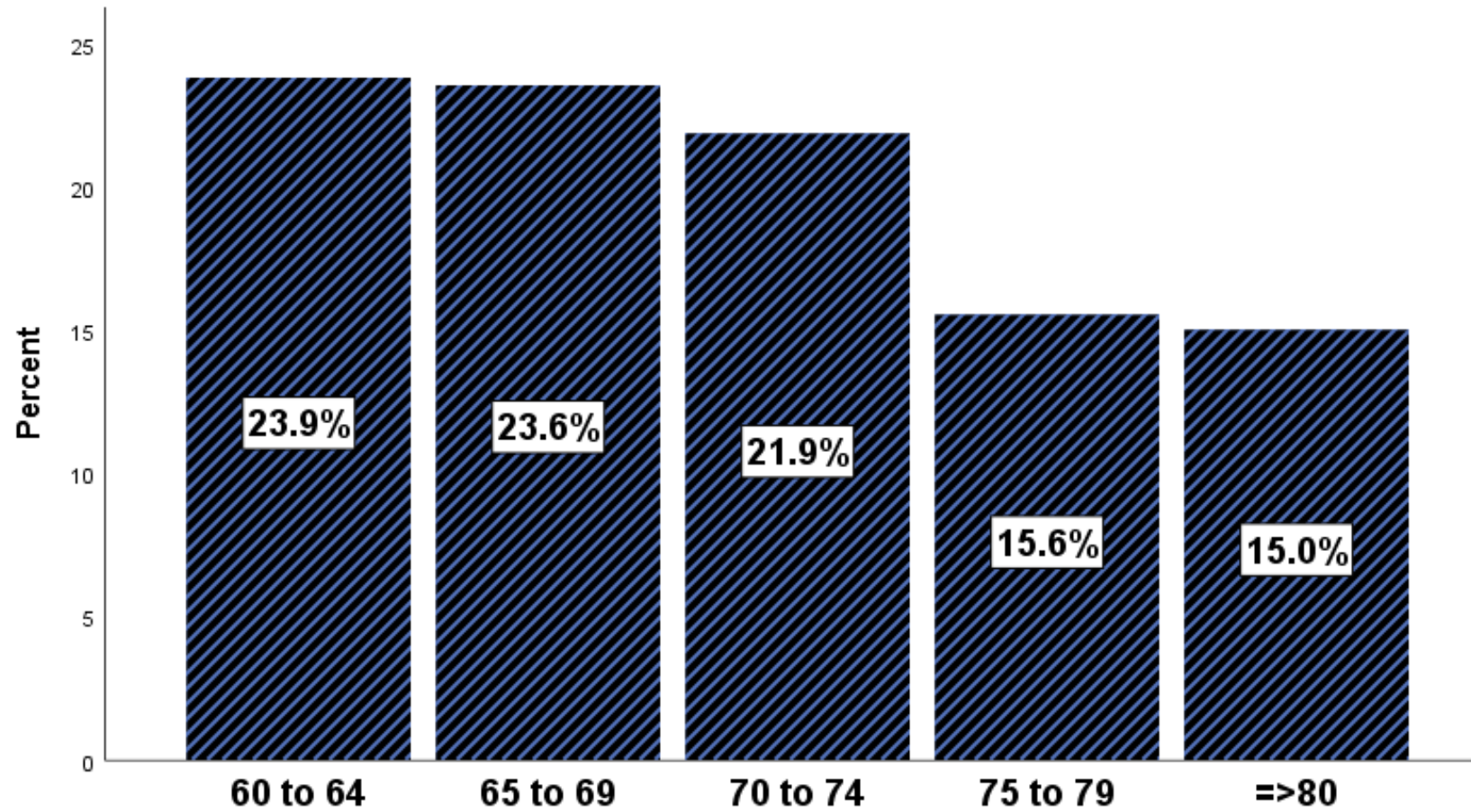


CHART 6. What is your Gender?

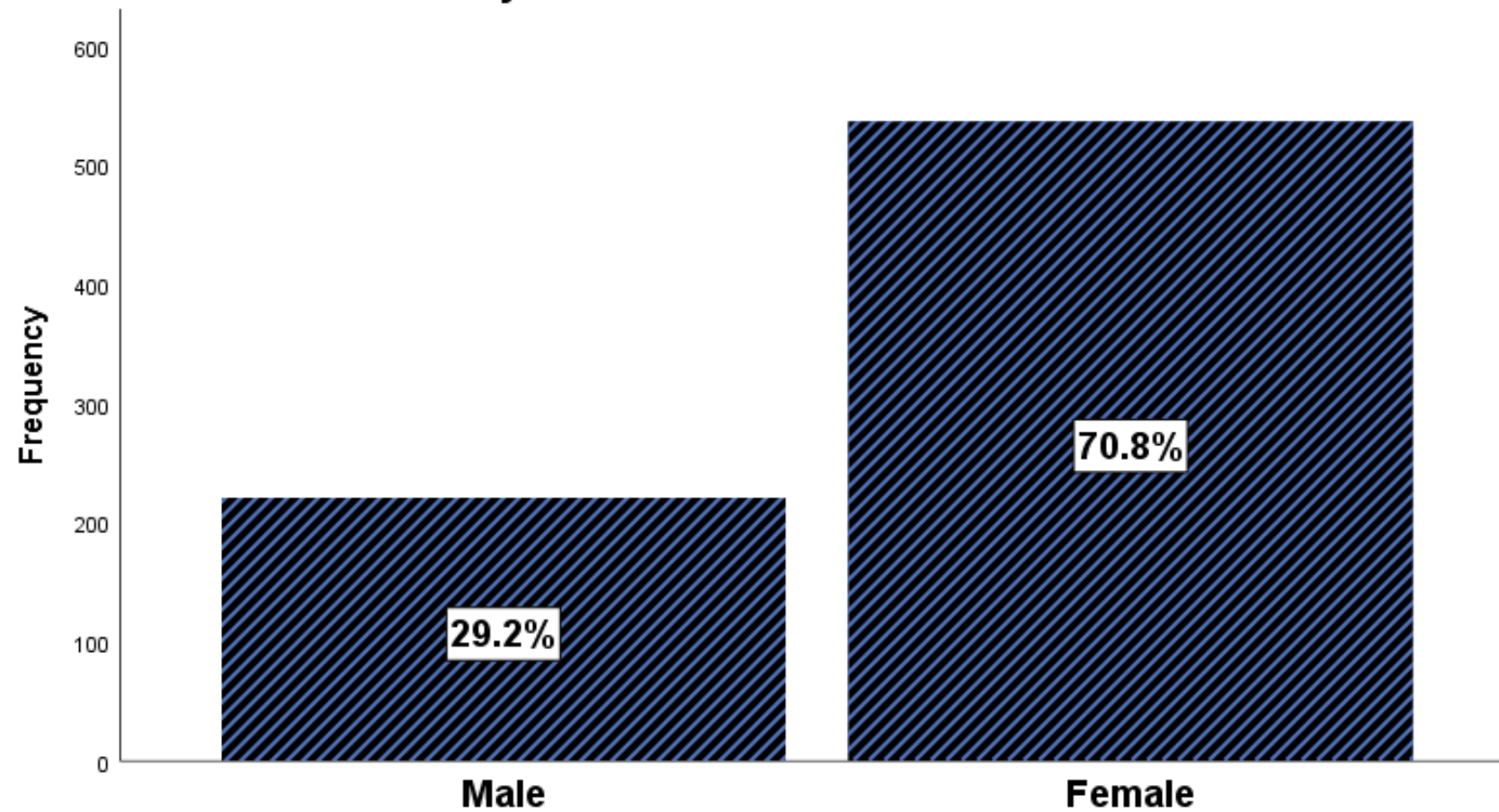


CHART 7. Age Groups by Gender

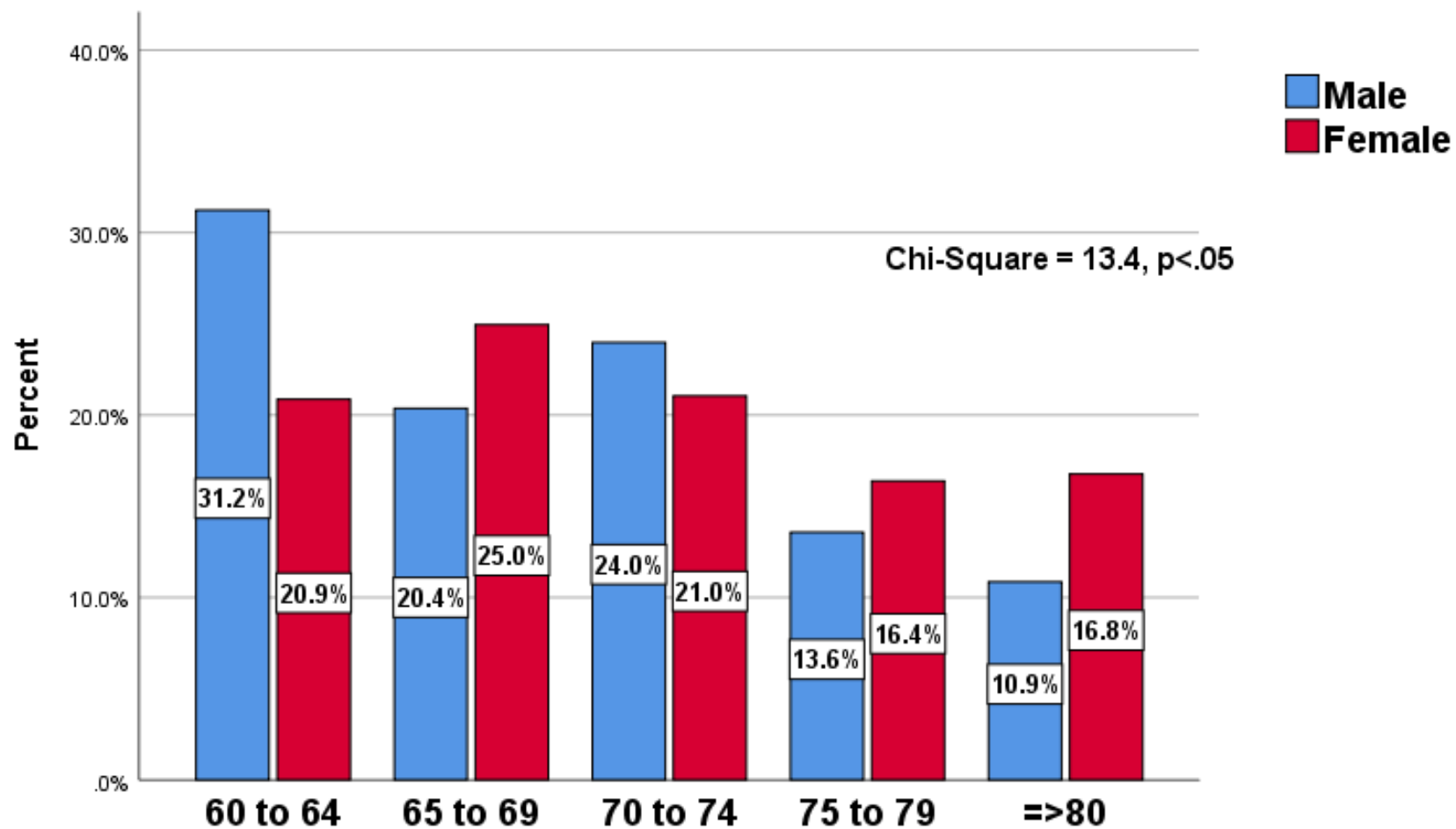


CHART 8. Which of the following describes your Race/Ethnicity?

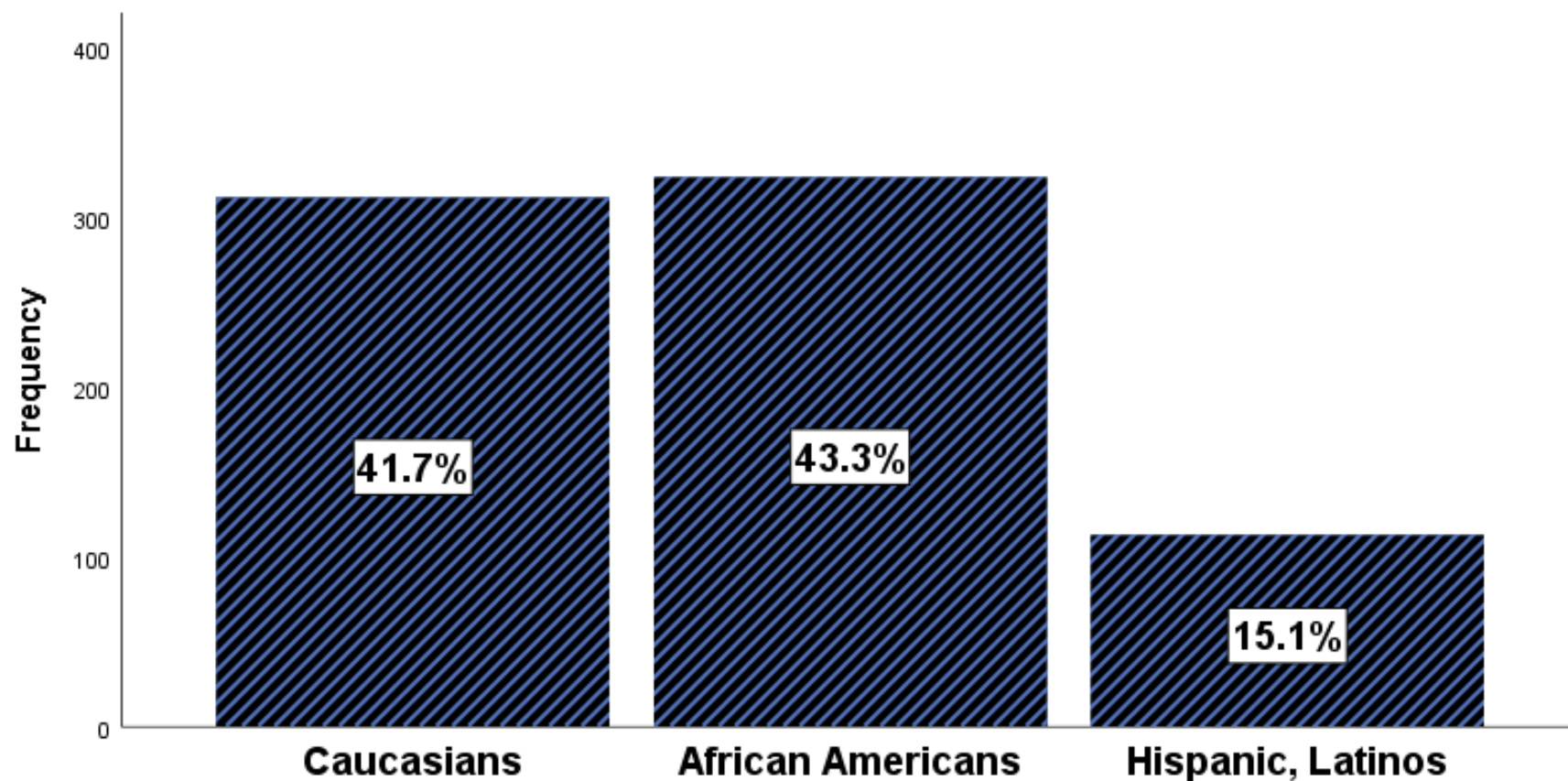


CHART 9. Average Age by Race/Ethnicity

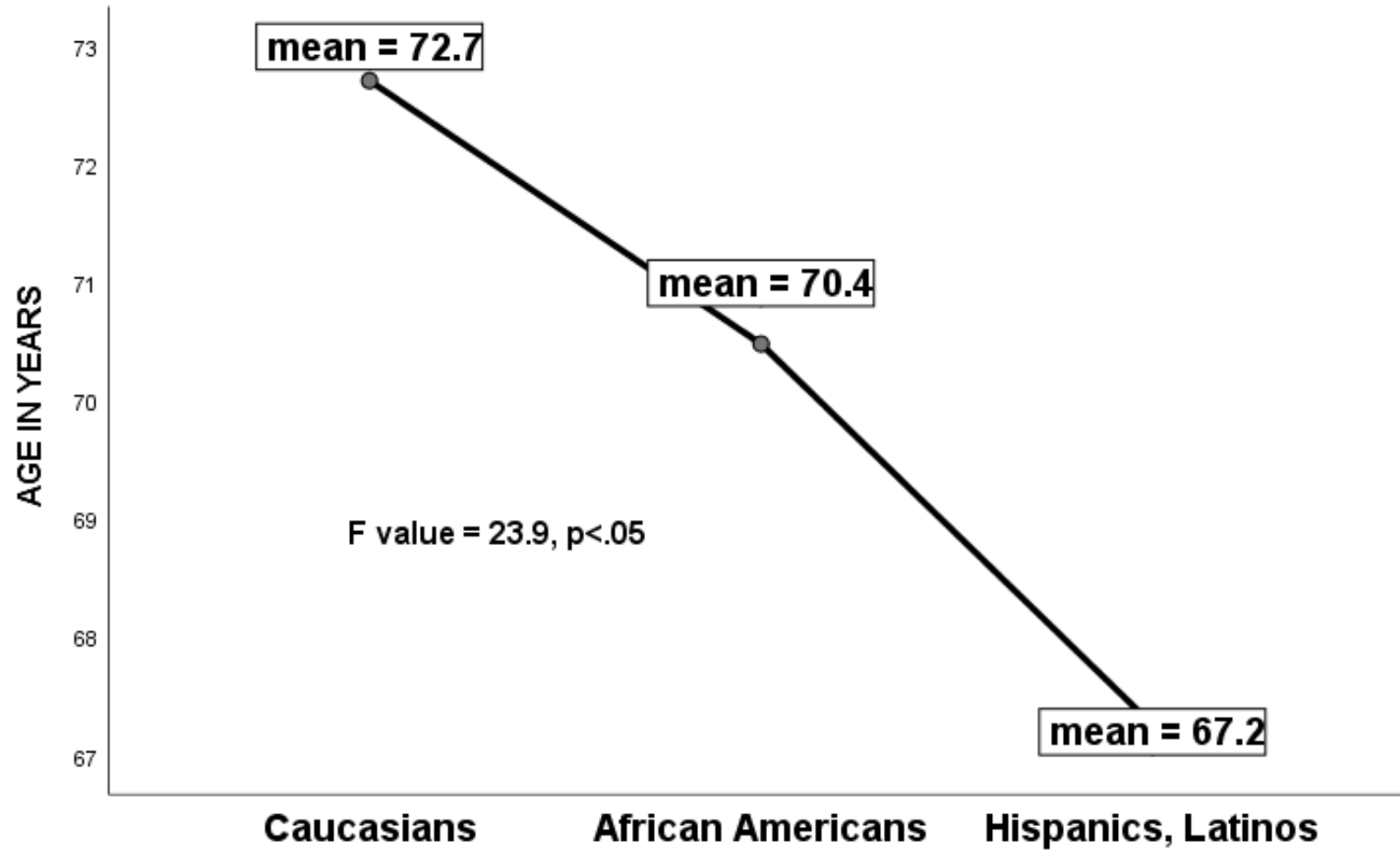


CHART 10. Gender by Race/Ethnicity

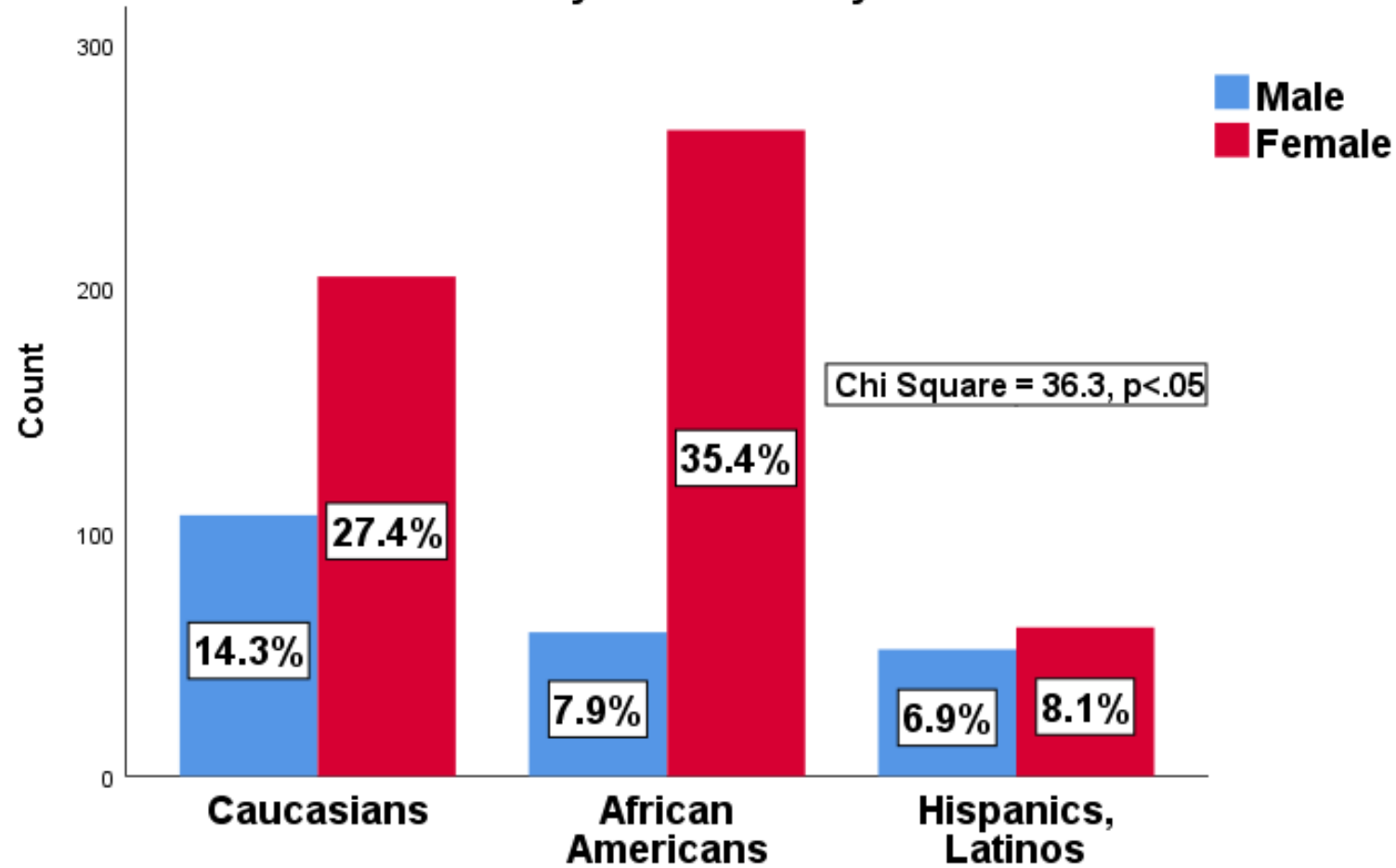


CHART 11. What is your current Marital Status?

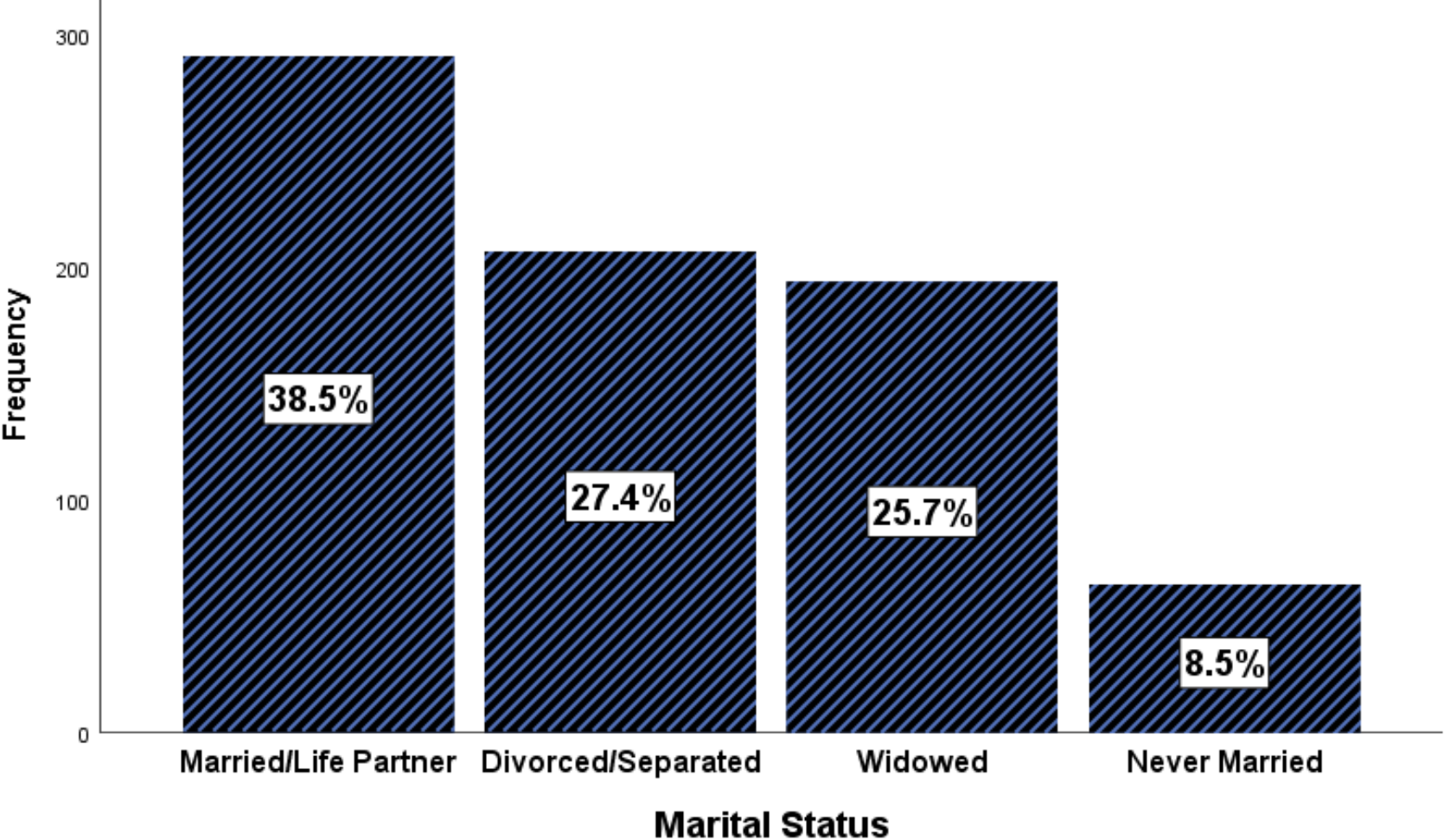


CHART 12. Married versus Not Married

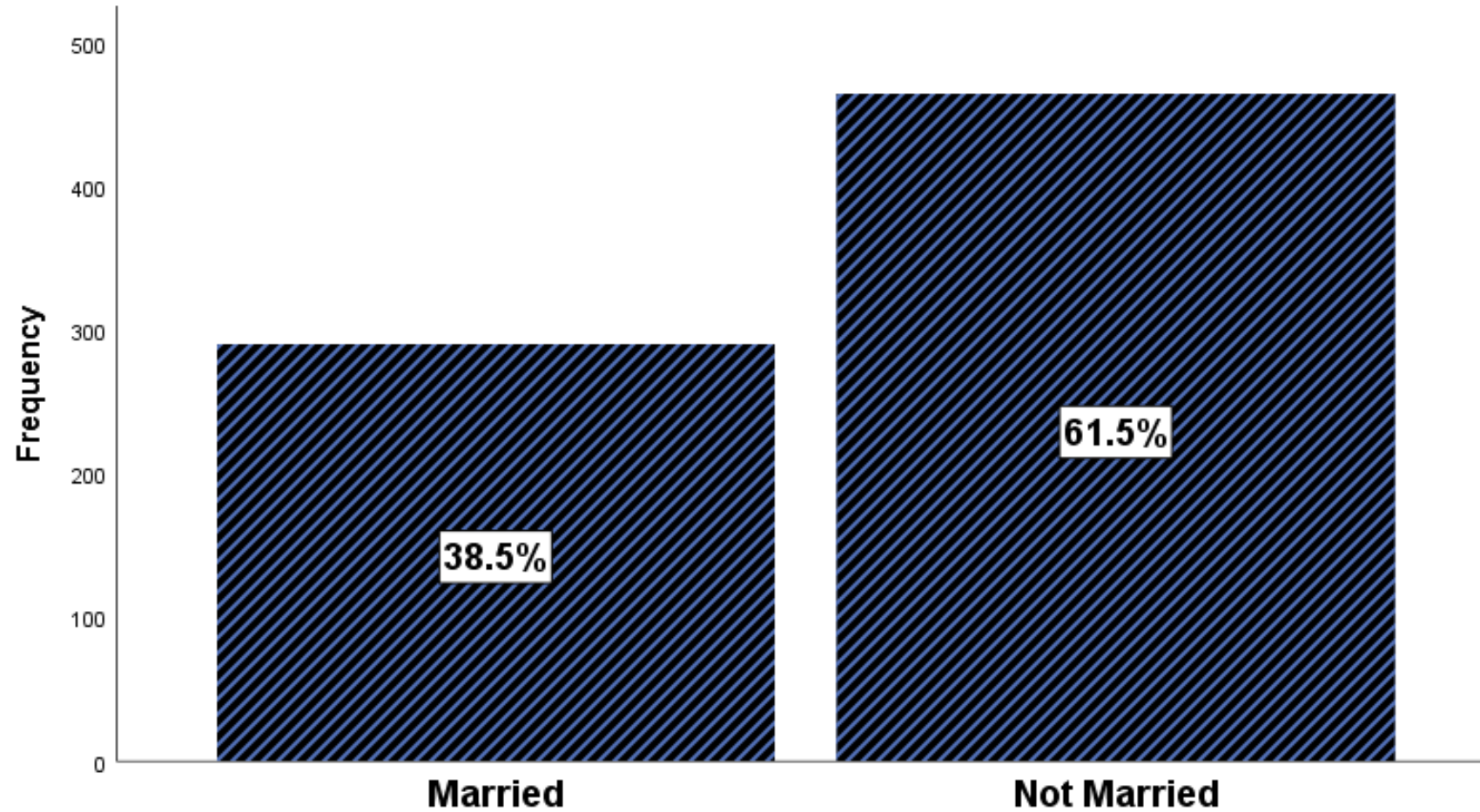


CHART 13. Marital Status by Gender

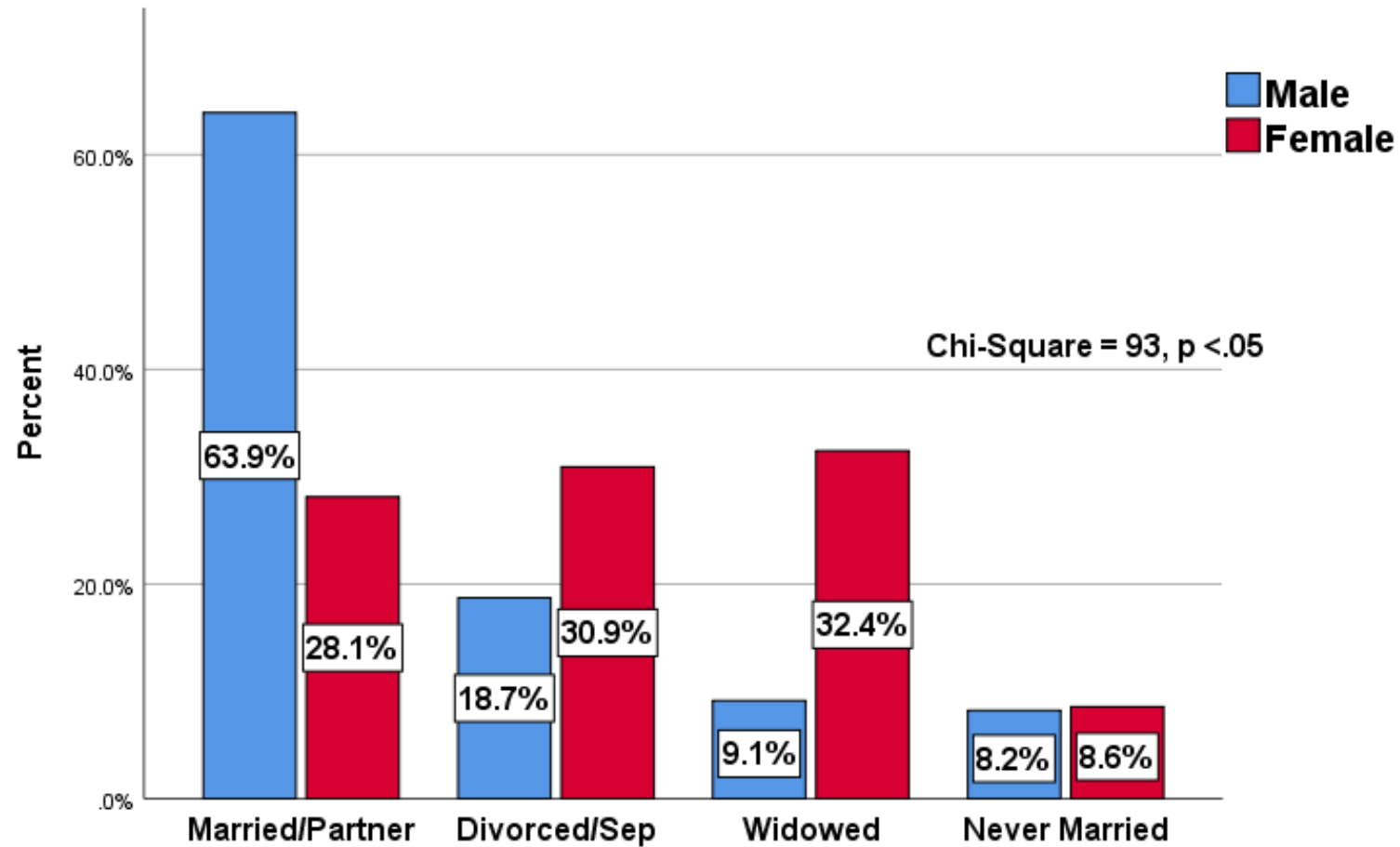


CHART 14. Marital Status by Age Groups

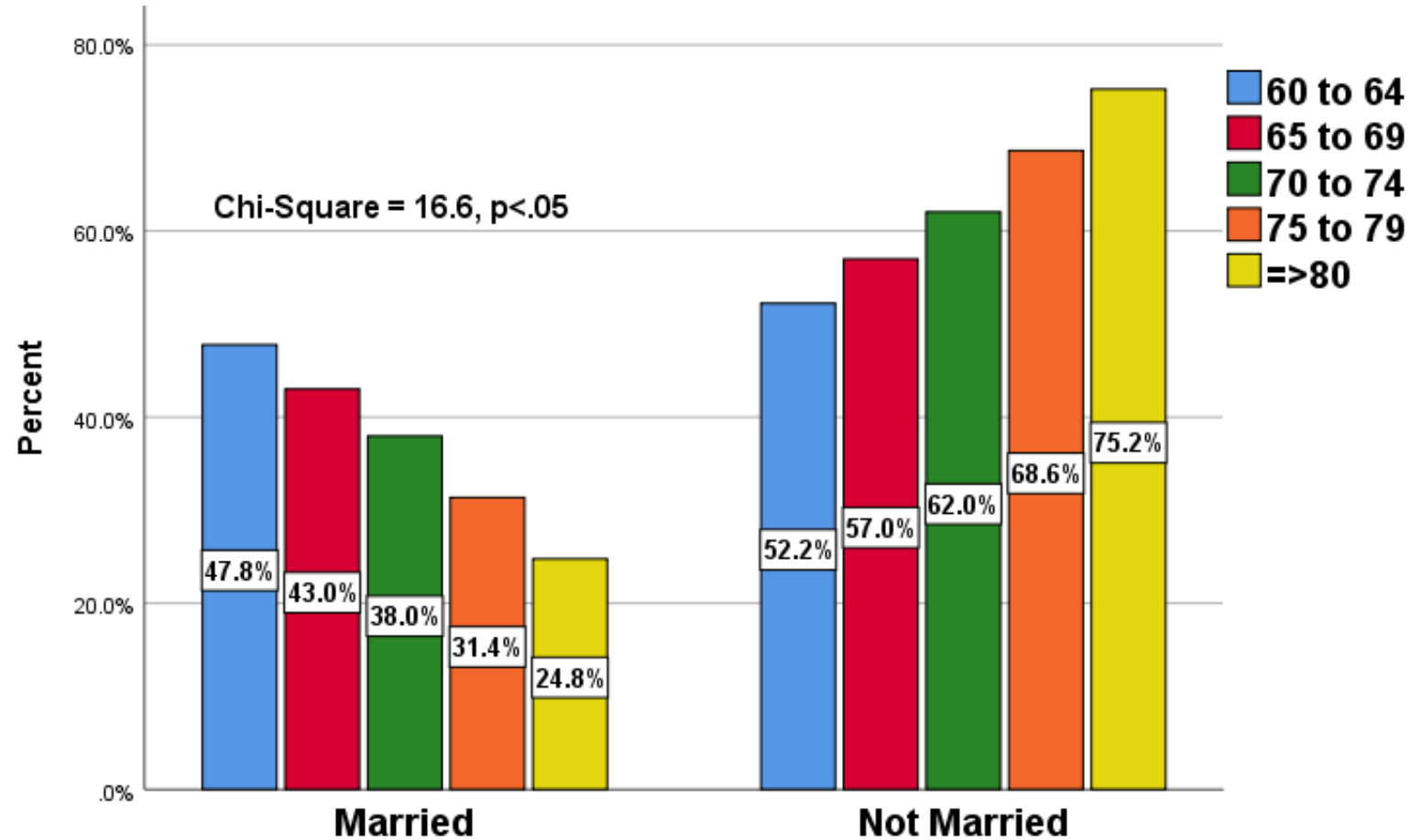


CHART 15. Marital Status by Race/Ethnicity

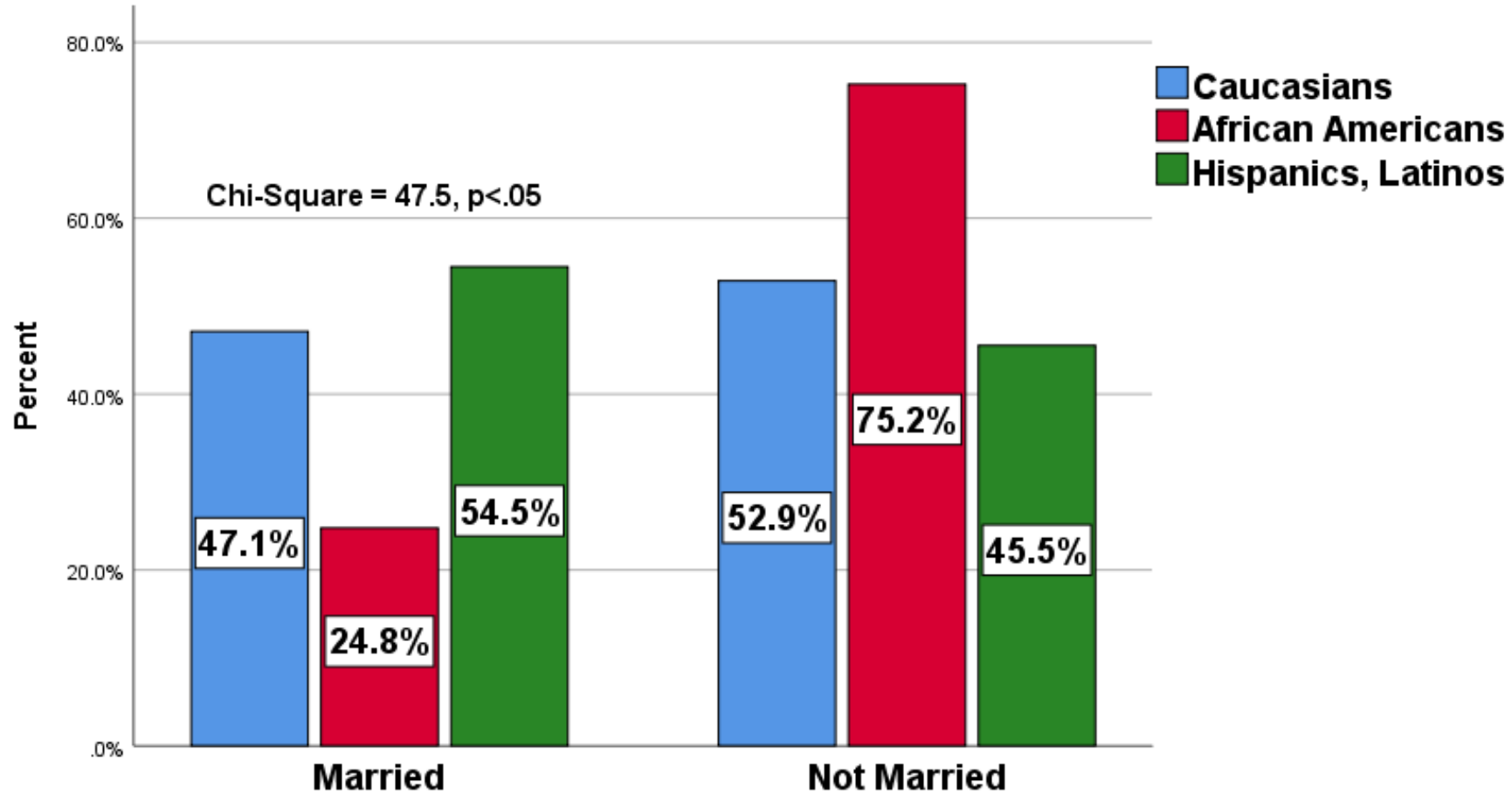


CHART 16. Living Arrangements

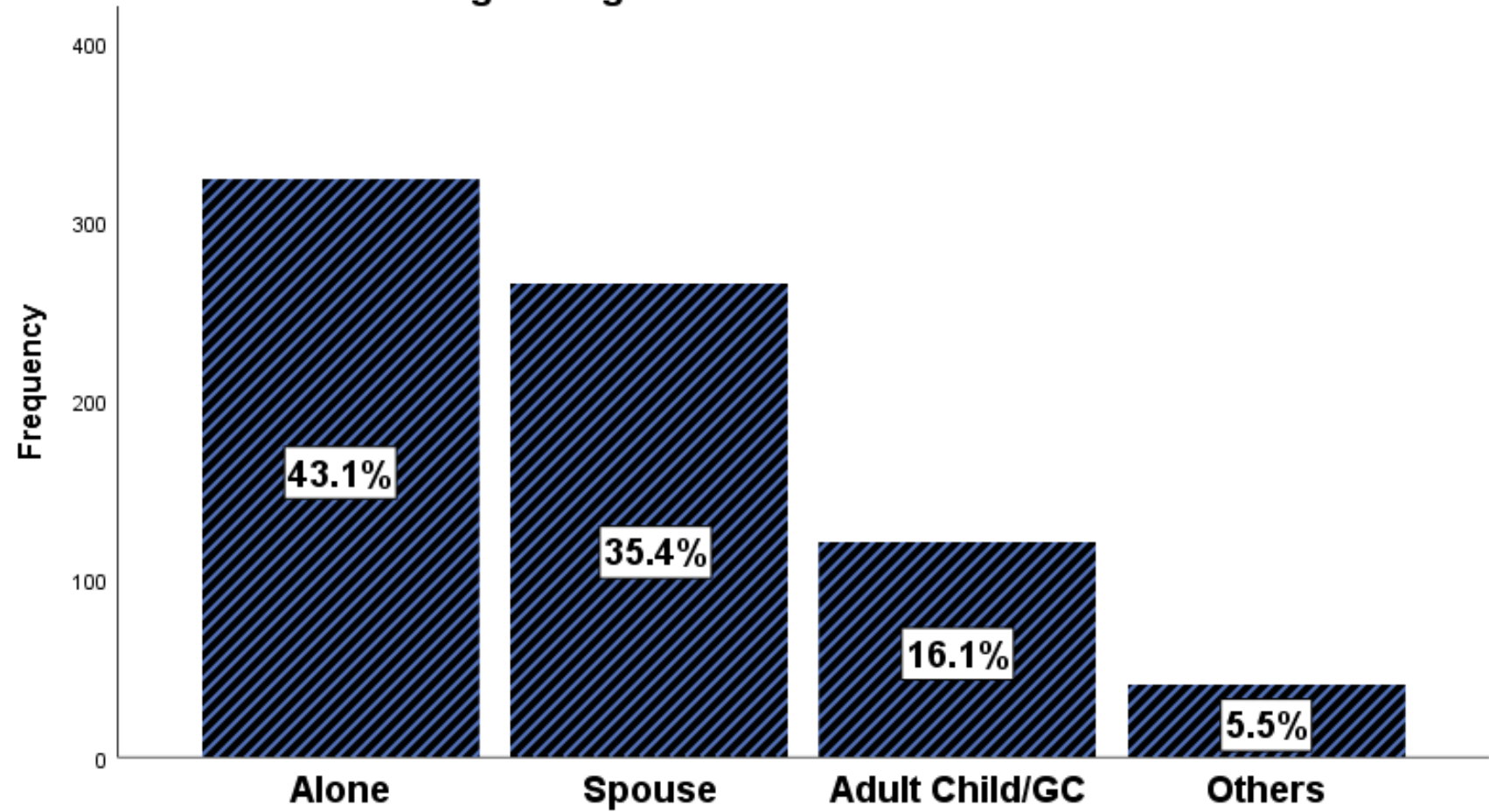


CHART 17. Average Age by Living Arrangements

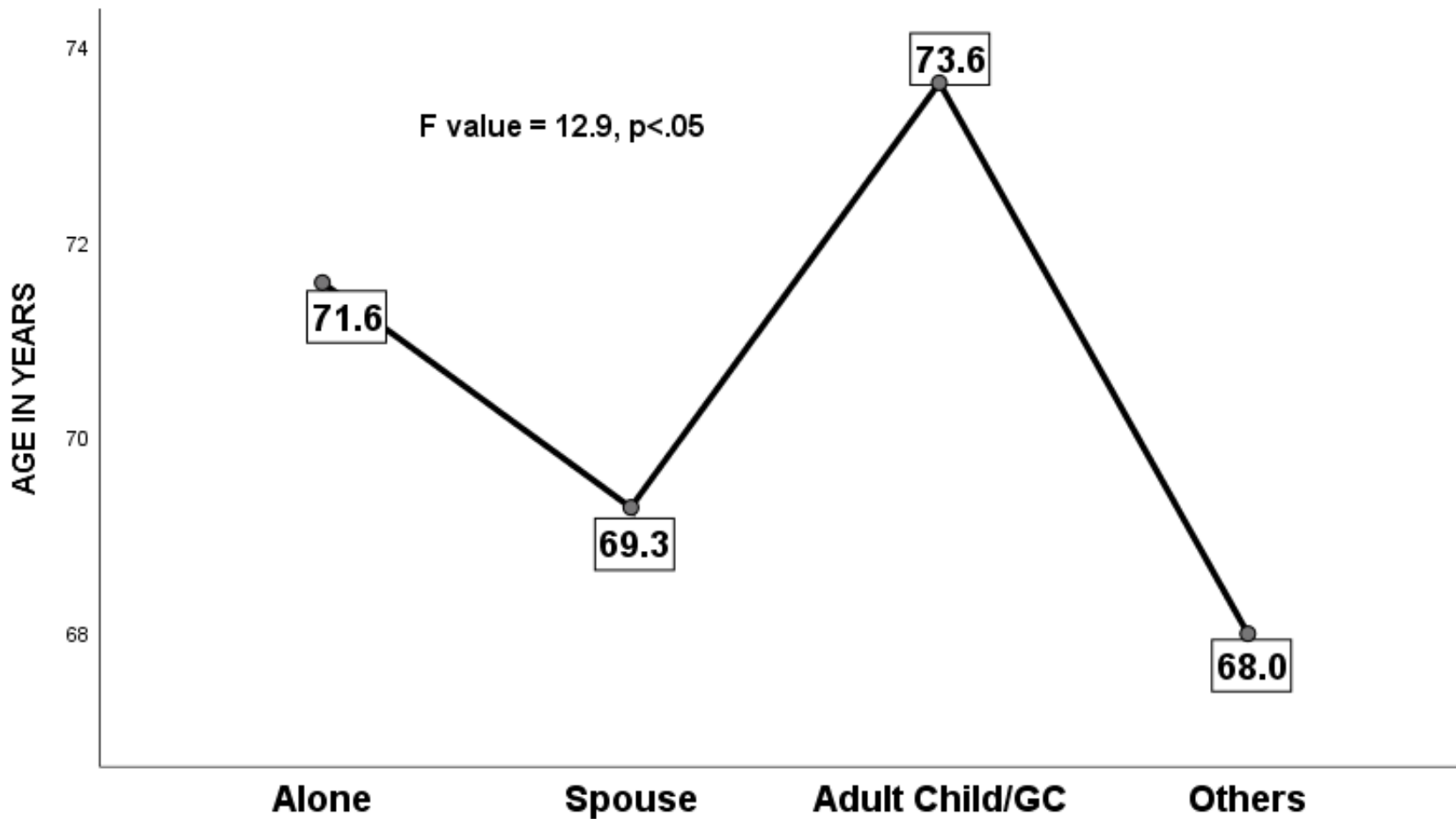


CHART 18. Living Arrangements by Gender

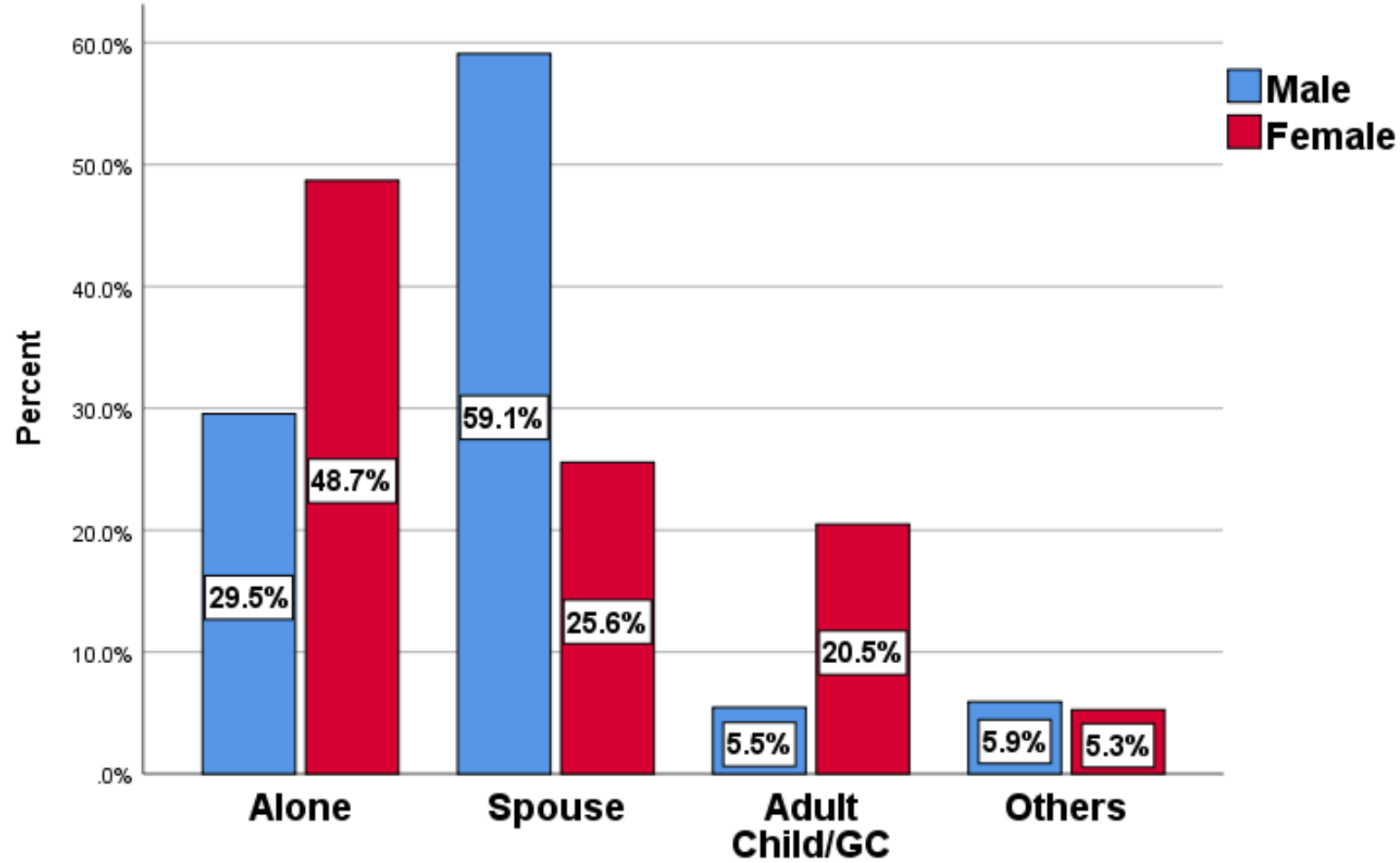


CHART 19. Living Arrangement by Race/Ethnicity

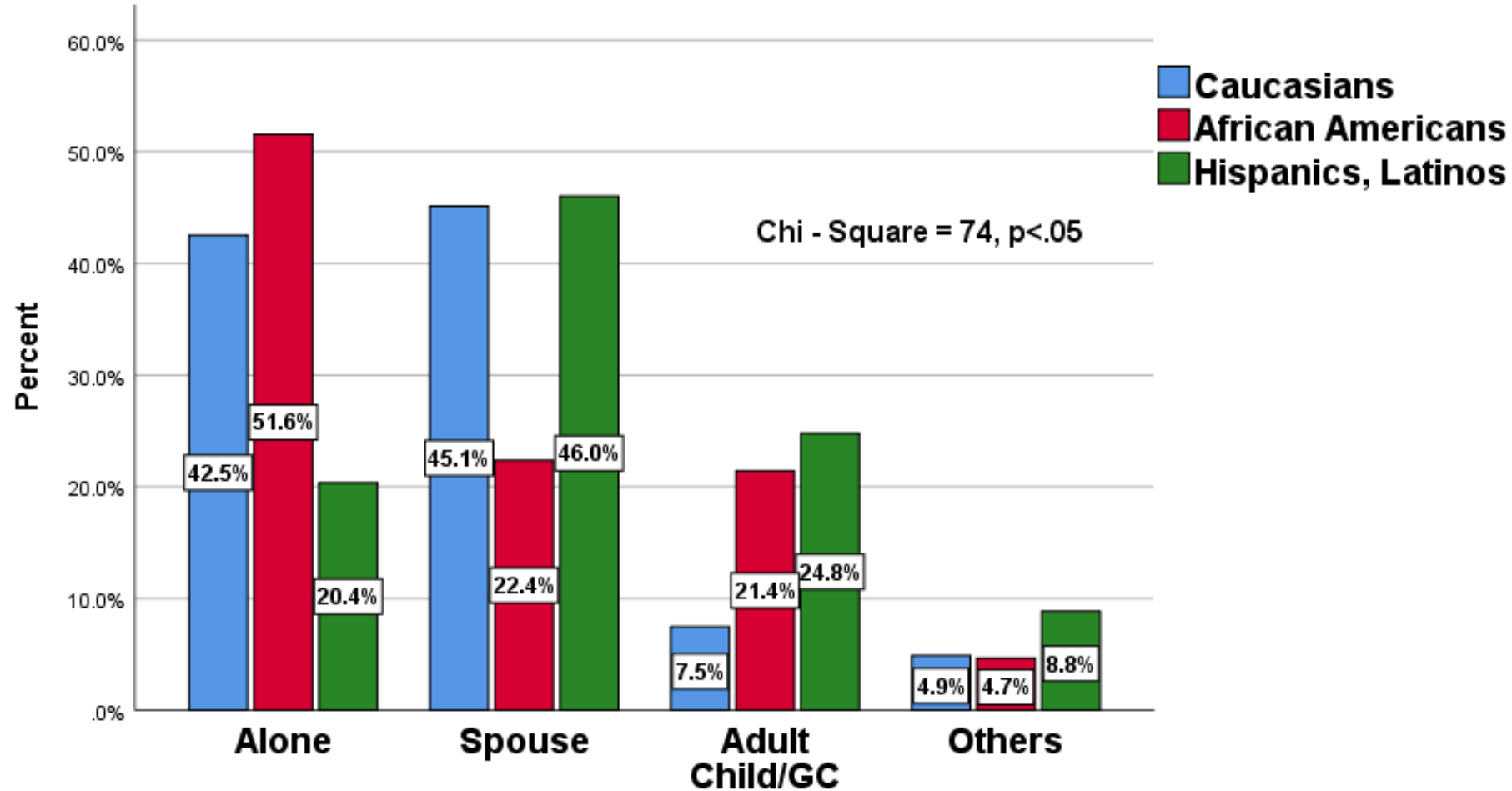


CHART 20. Number of Children

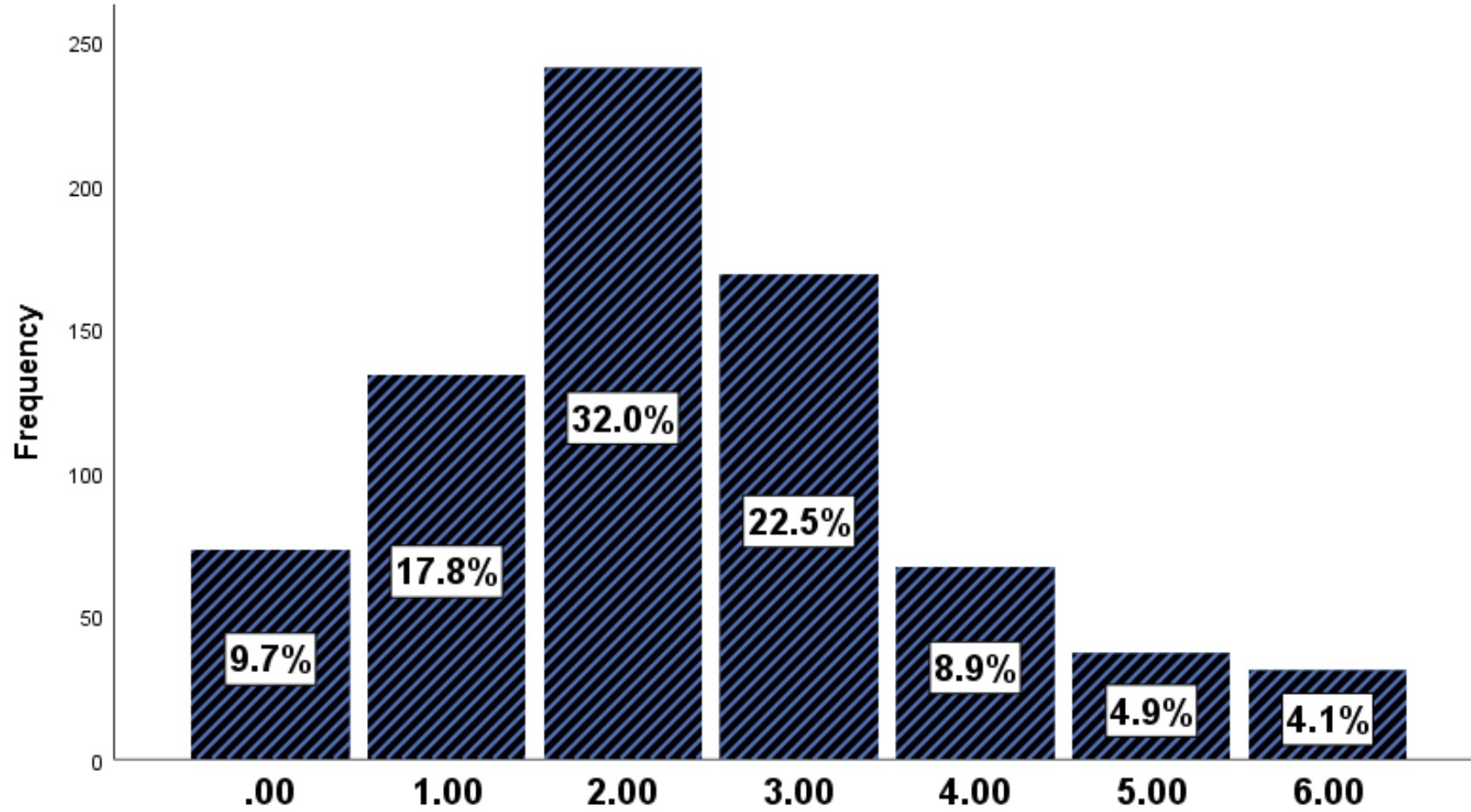


CHART 21. Average number of Children by Race/Ethnicity

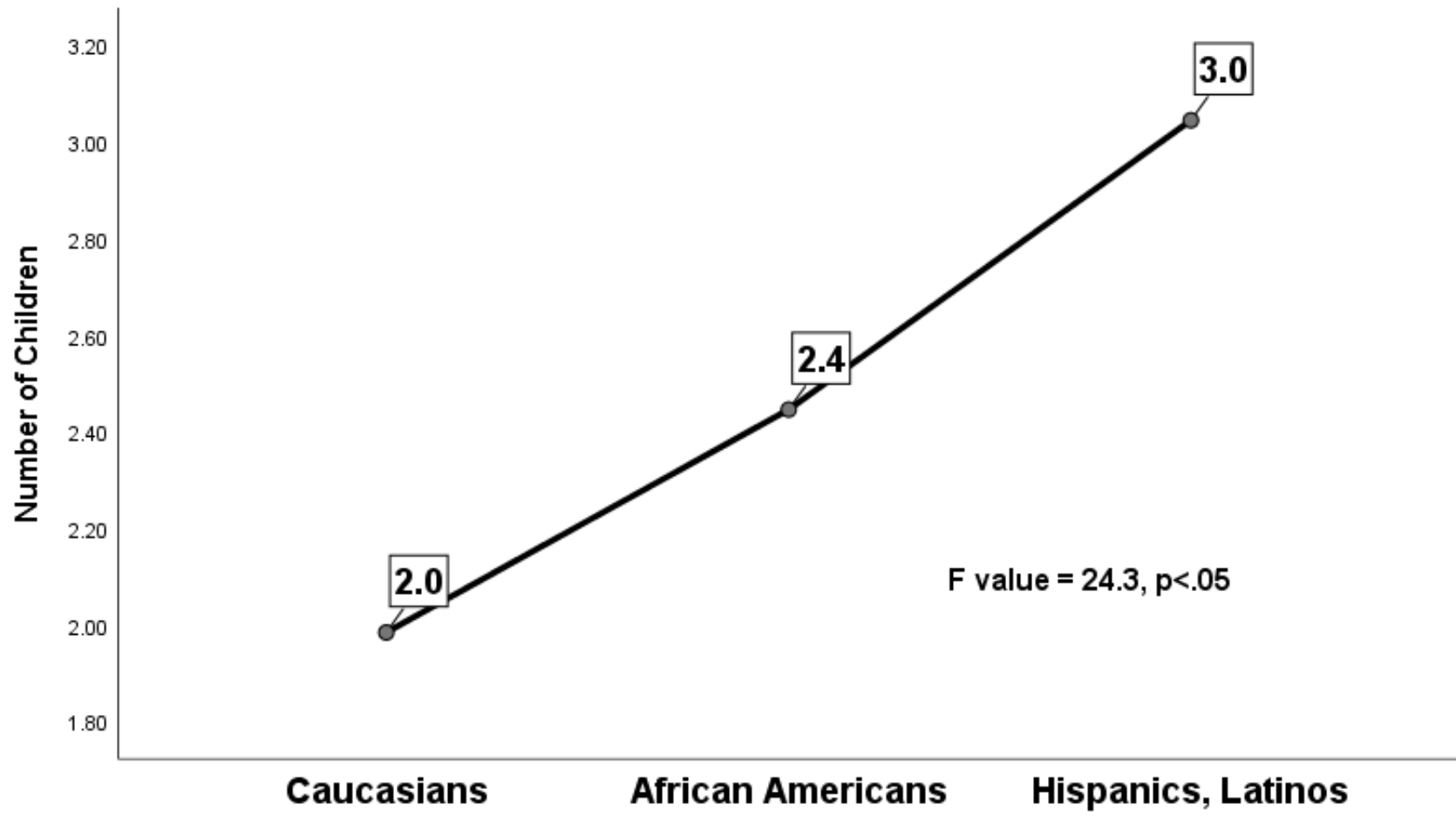


CHART 22. What is the last grade of school you completed?

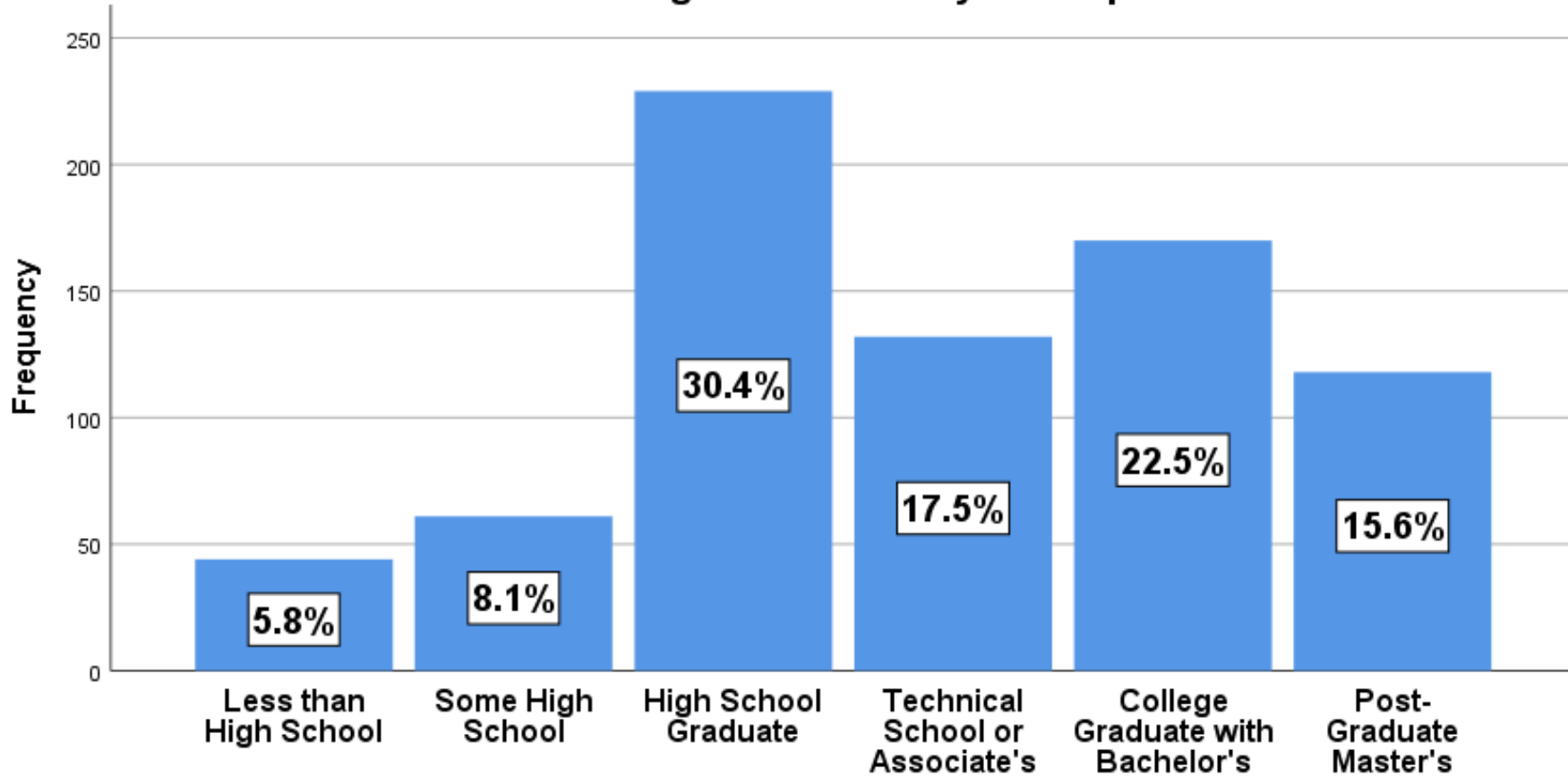


CHART 23. Education by Race/Ethnicity

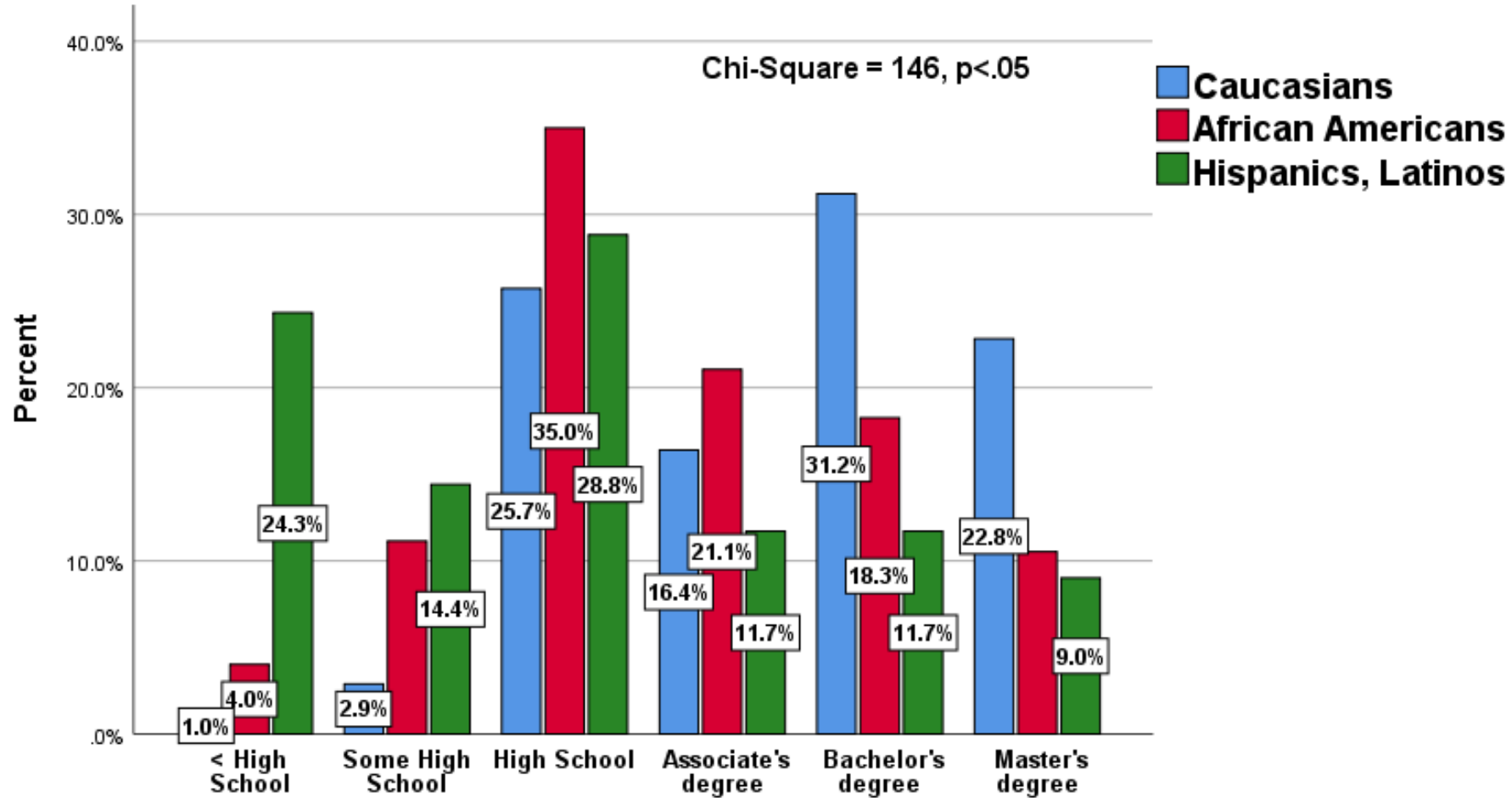


CHART 24. Education by Gender

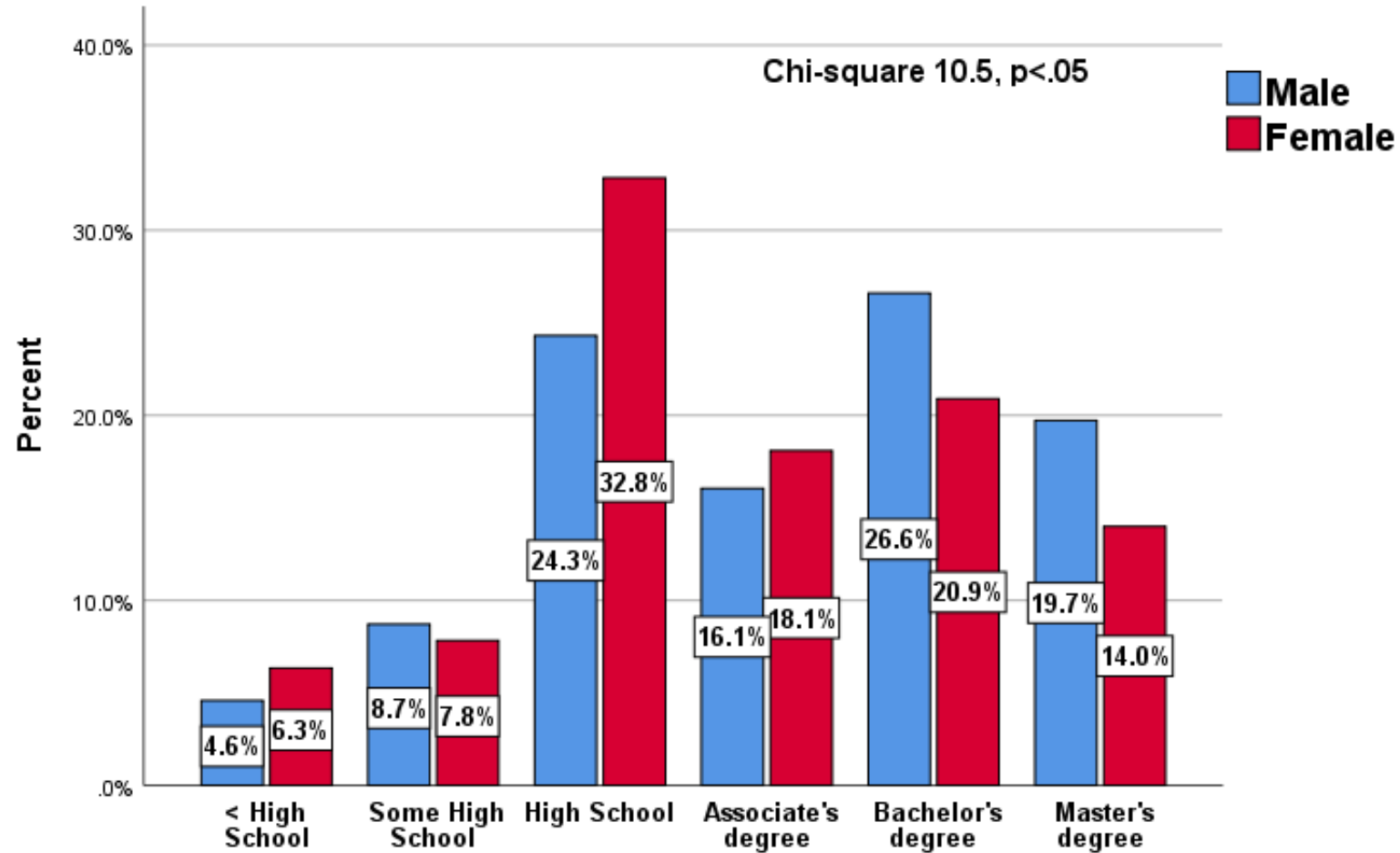


CHART 25. Employment Status

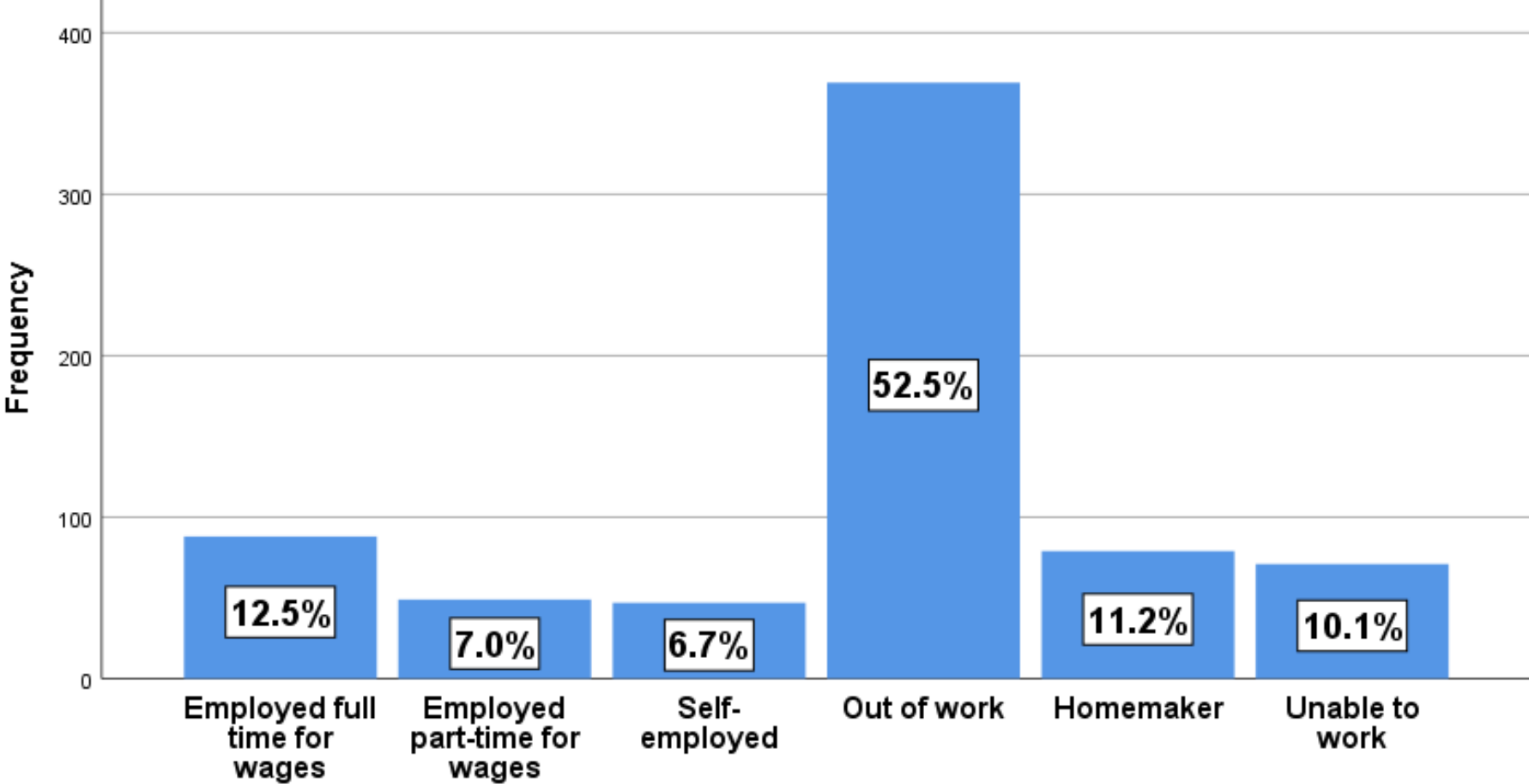


CHART 26. Work Status

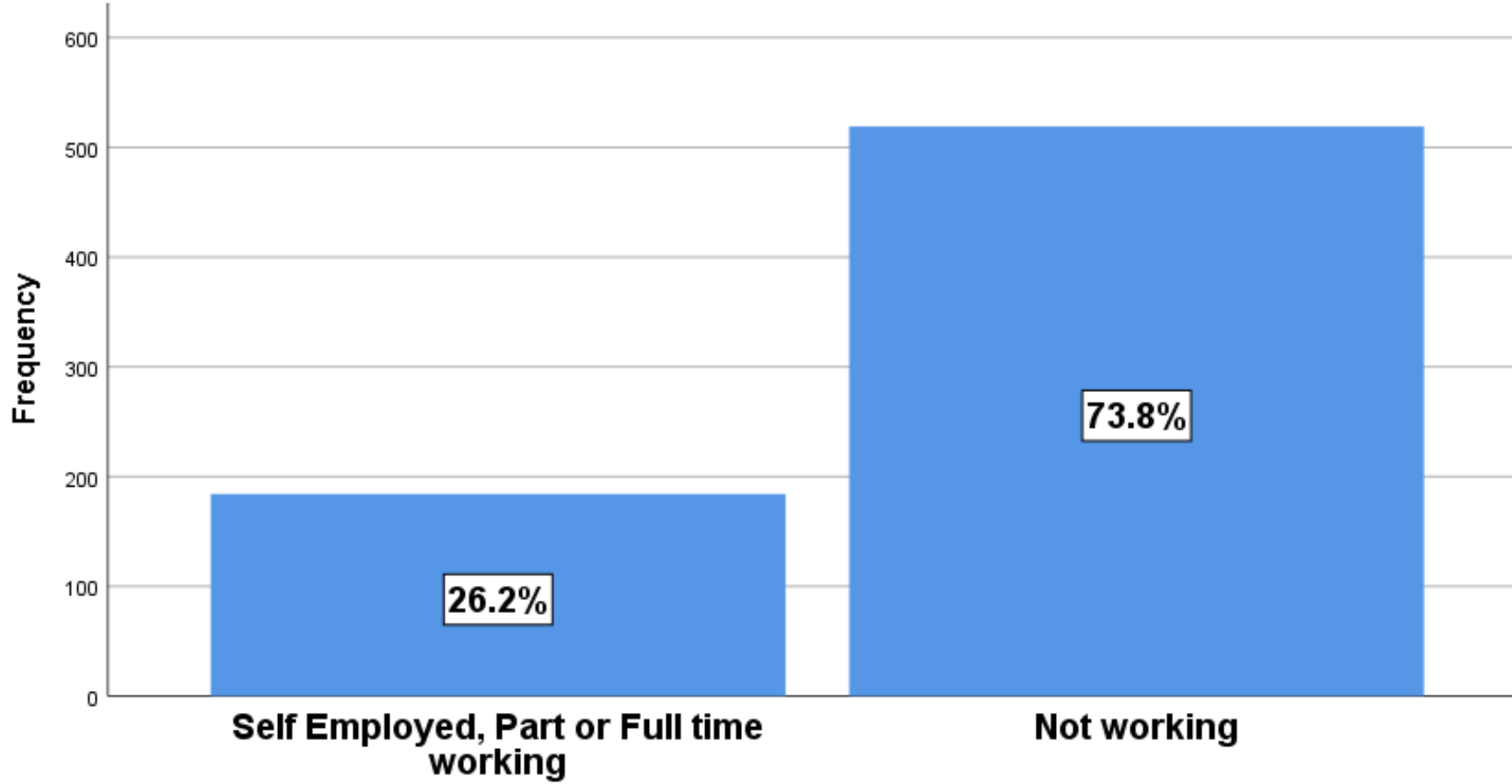


CHART 27. Work Status by Gender

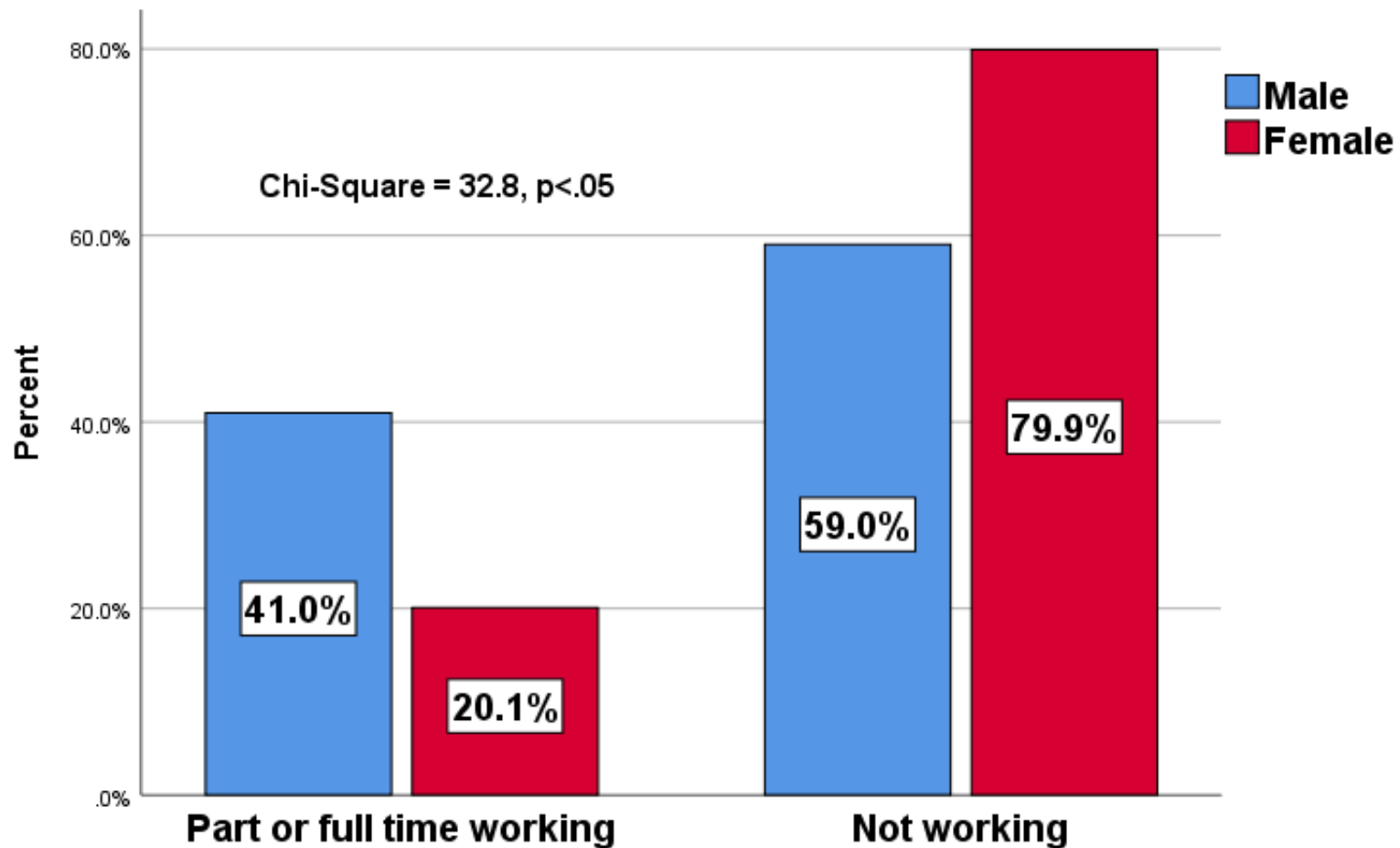


CHART 28. Work Status by Race/Ethnicity

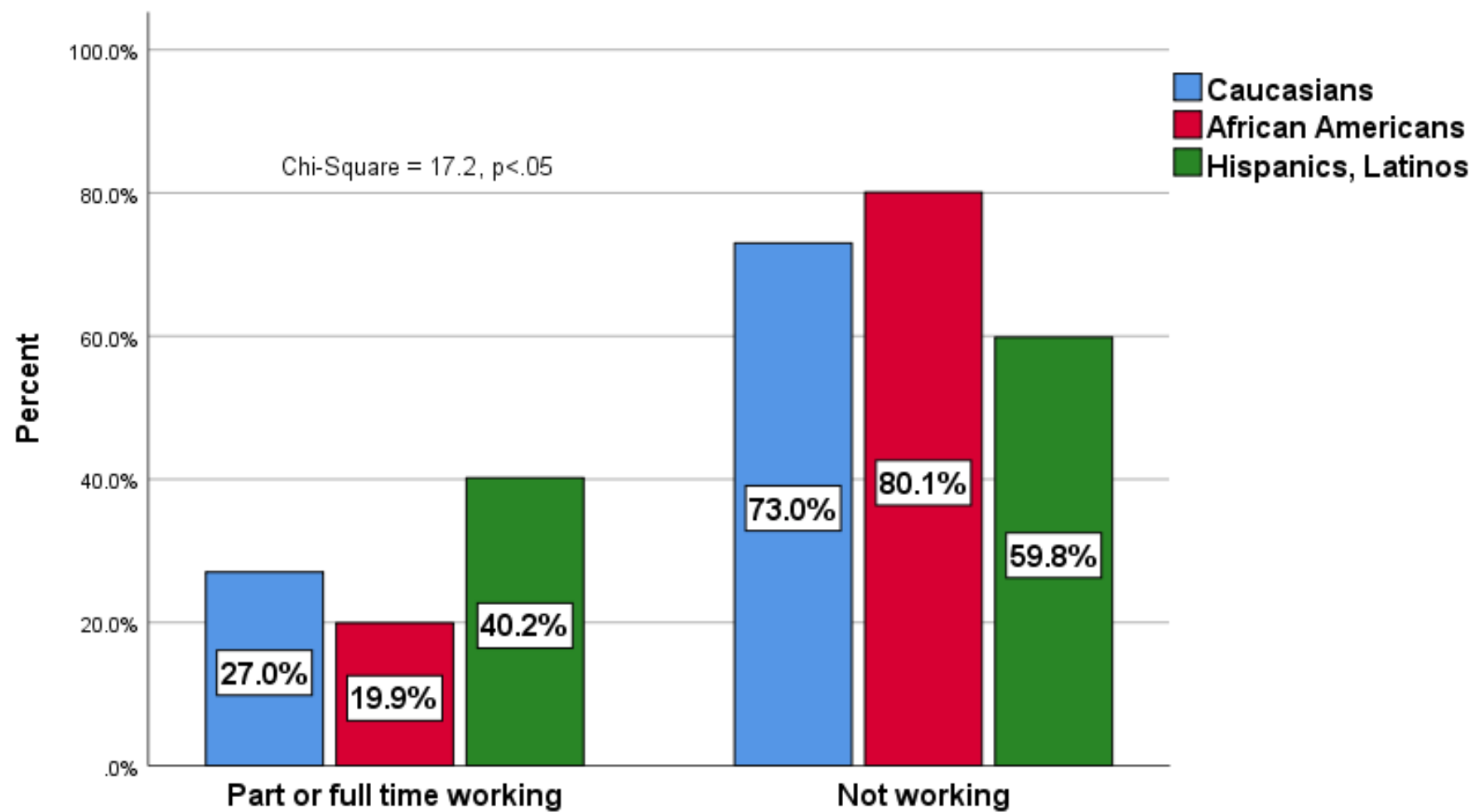


CHART 29. Total Family Income, from all sources, for last year before taxes

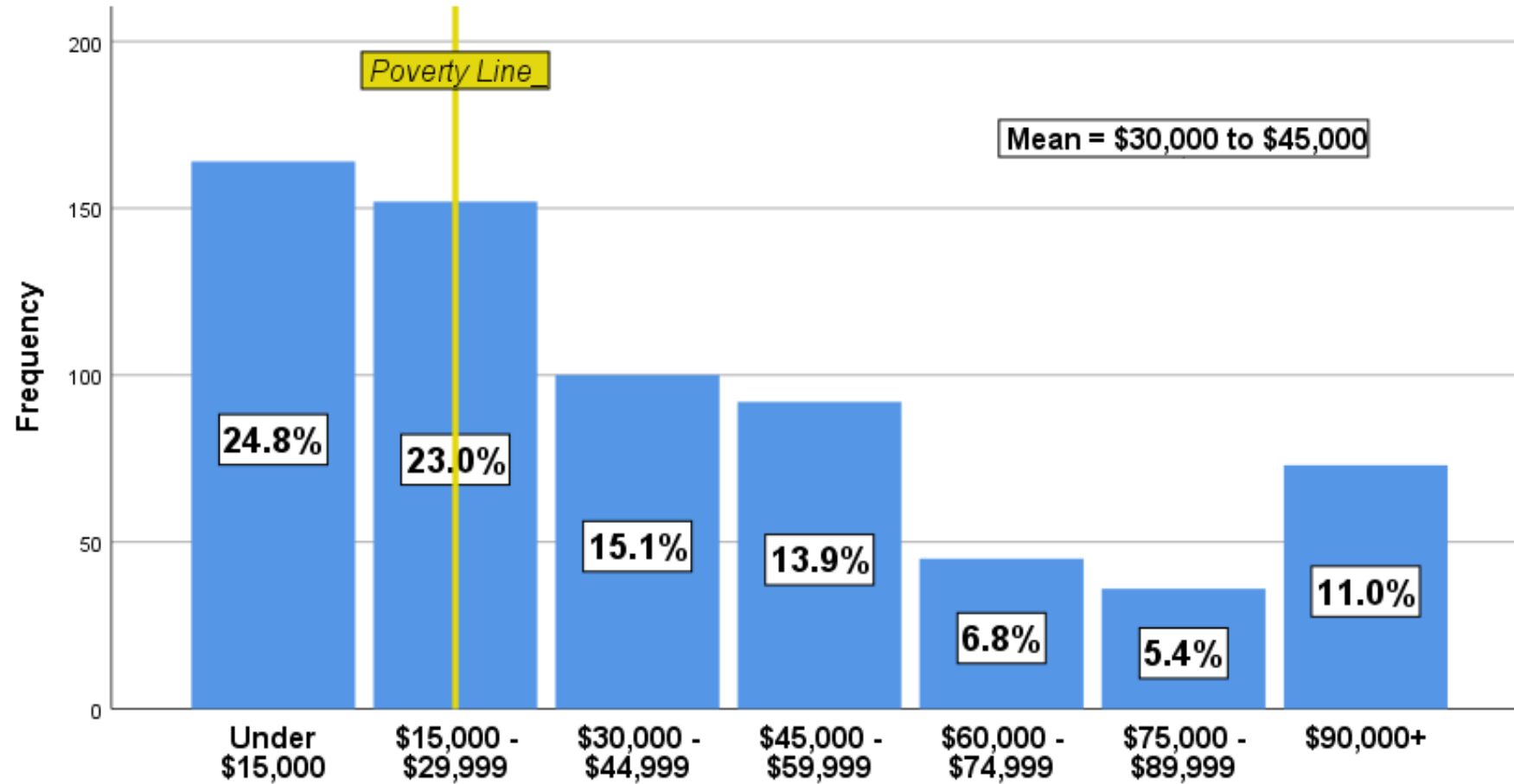


CHART 30. Average Family Income by Age Groups

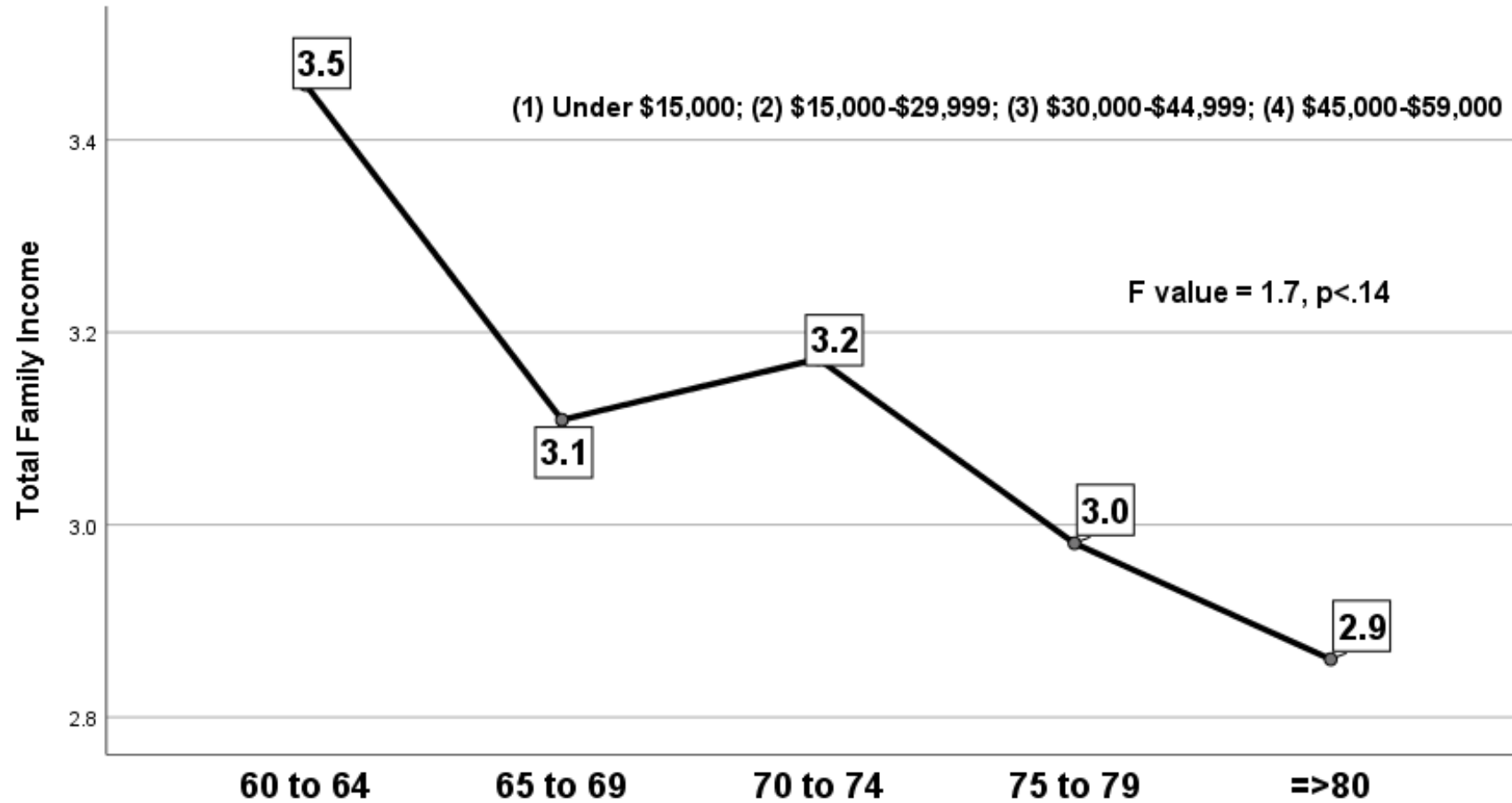


CHART 31. Average Family Income by Race/Ethnicity

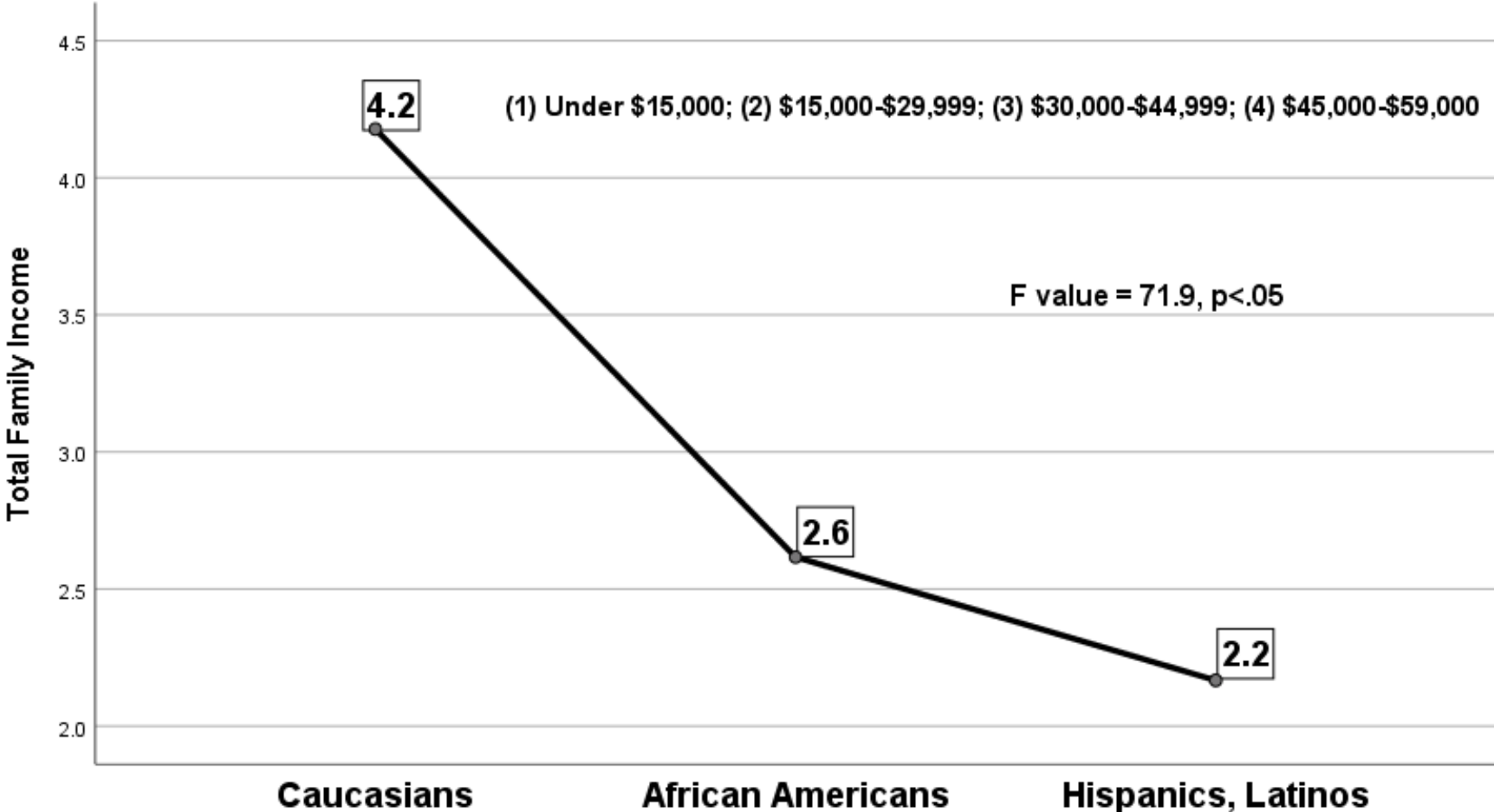


CHART 32. Average Family Income by Gender

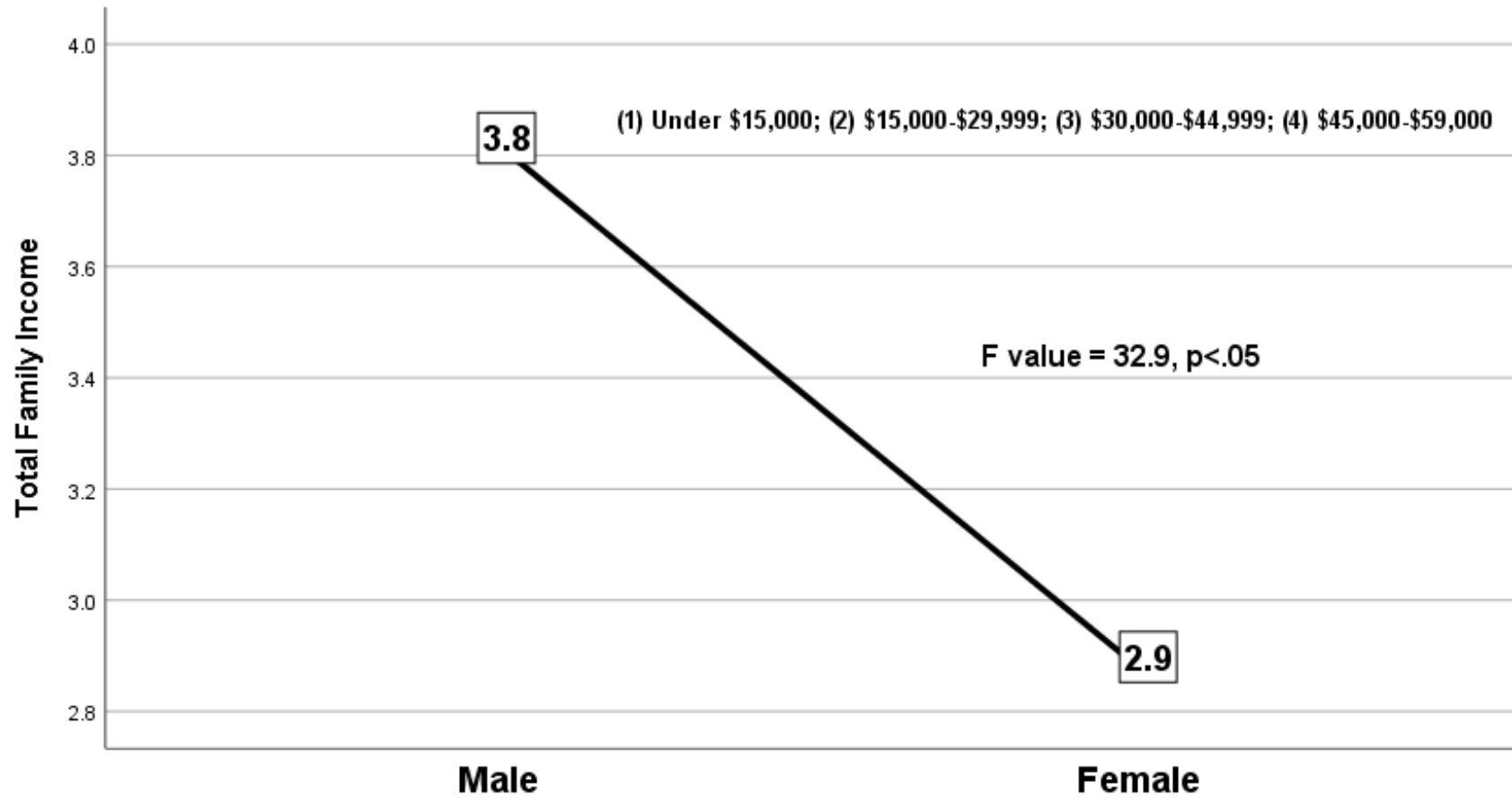


CHART 33. Annual Family Income by Marital Status

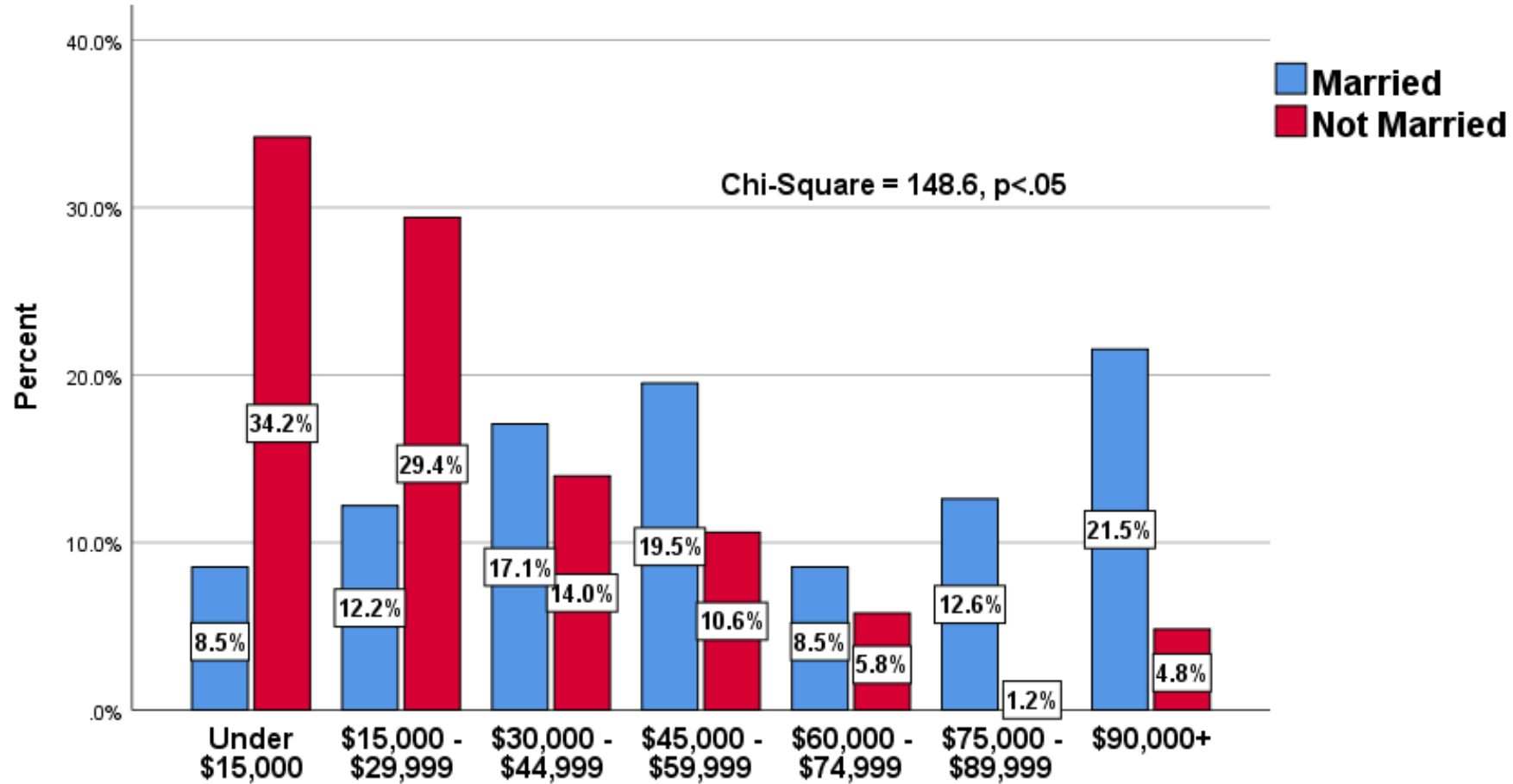


CHART 34. Annual Family Income by Living Alone

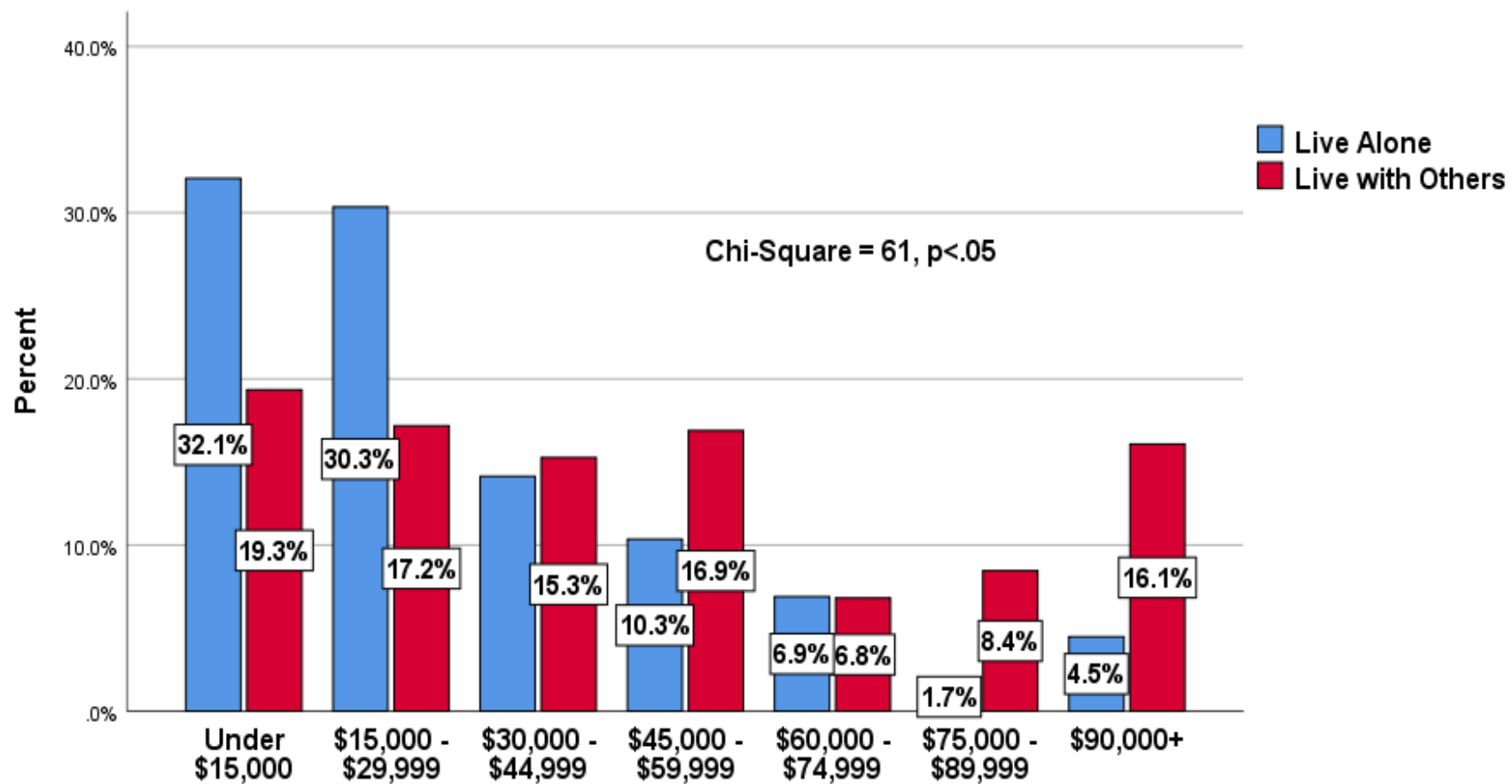


CHART 35. Do you OWN or RENT your home?

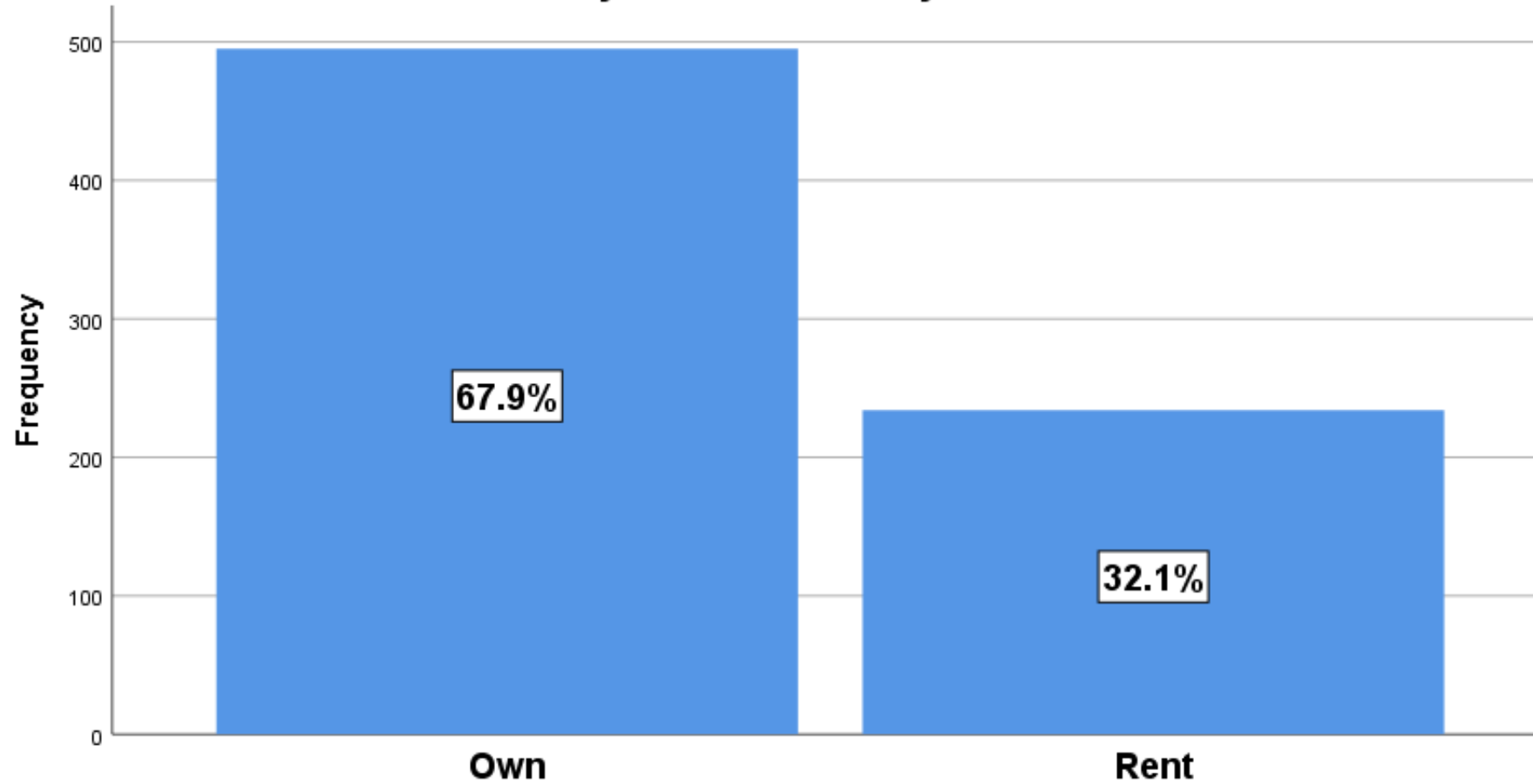


CHART 36. Own or Rent by Age Group

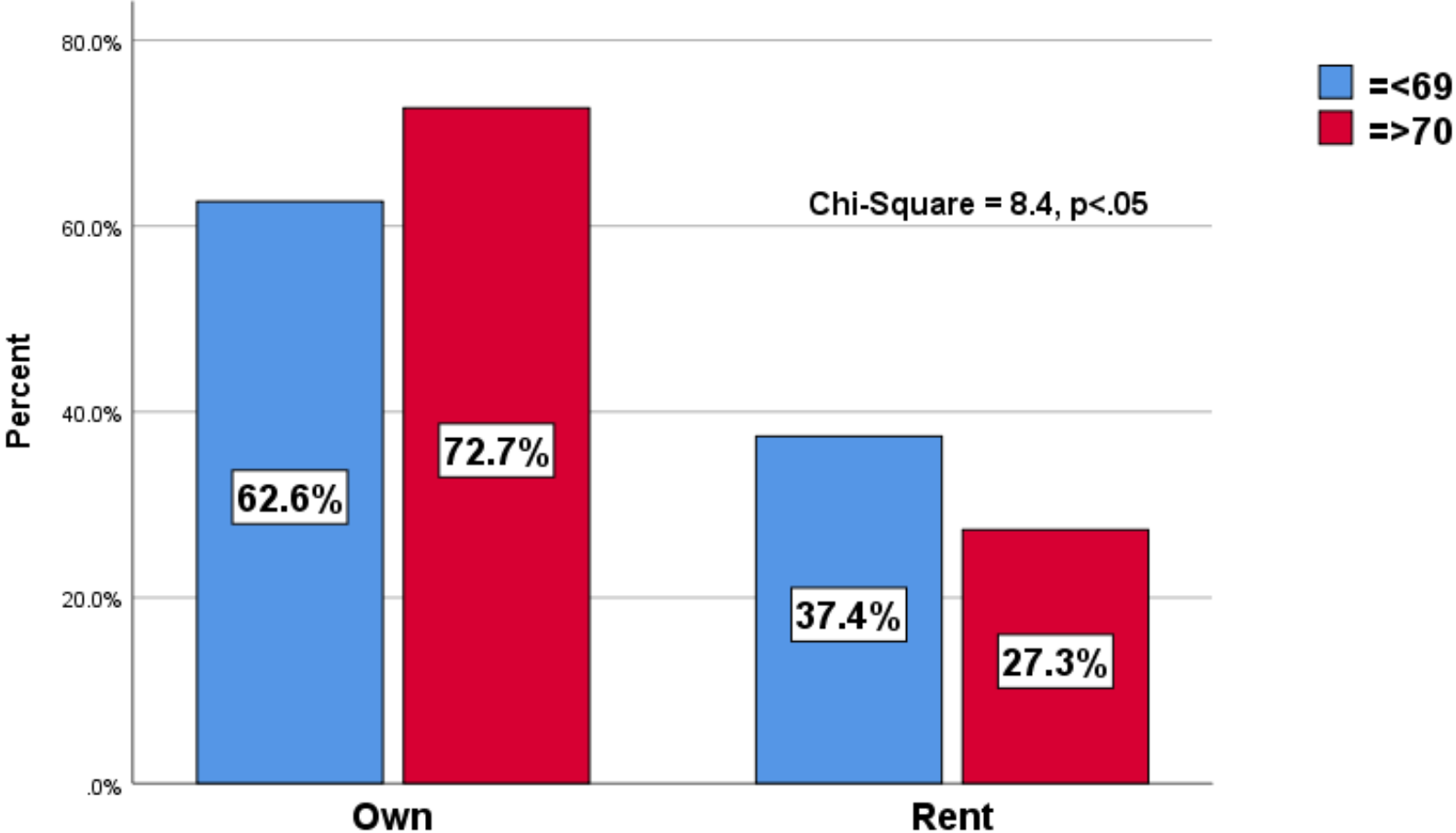


CHART 37. Own or Rent Home by Gender

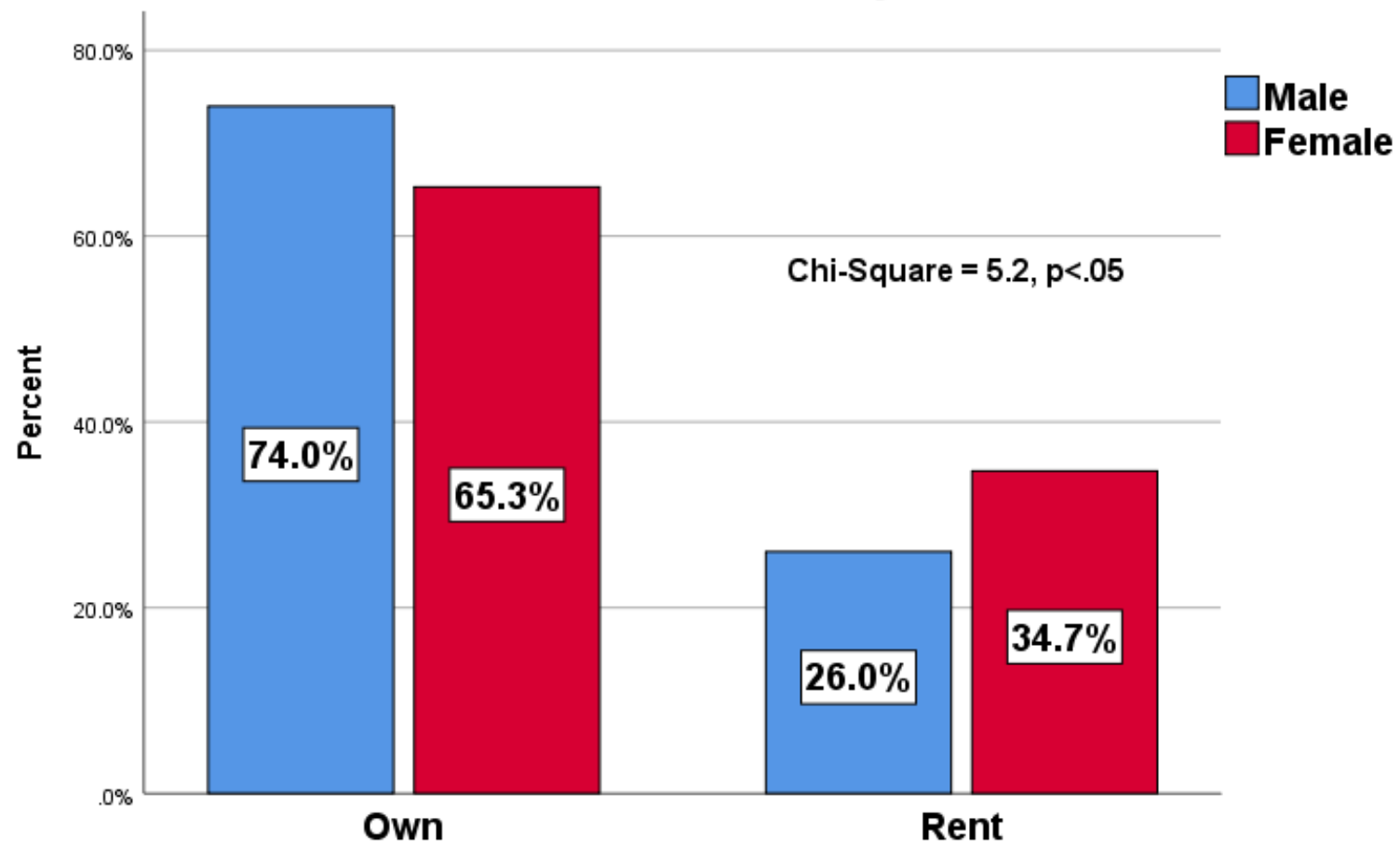


CHART 38. Own or Rent by Race/Ethnicity

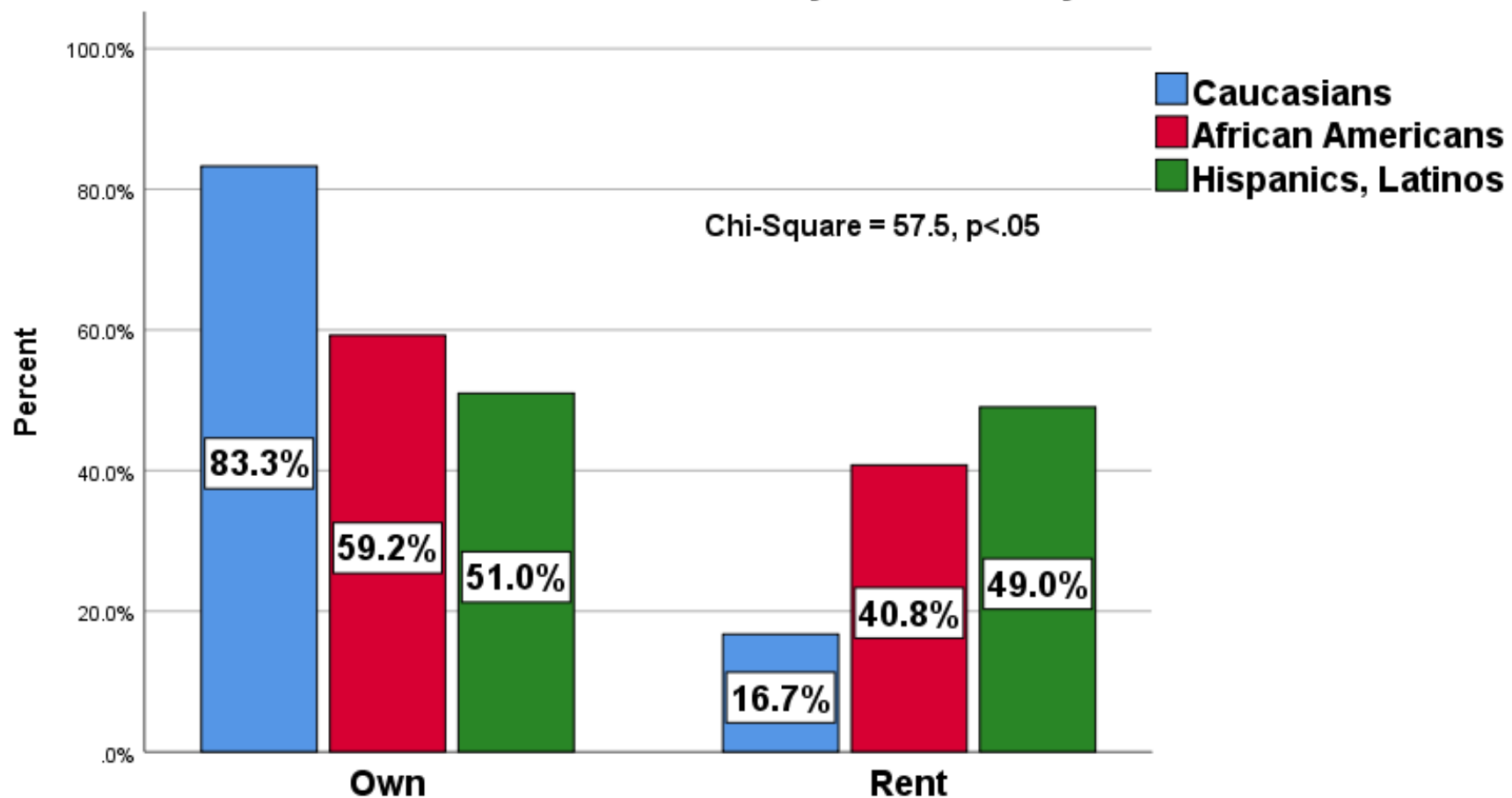


CHART 39. Stressed about Money to pay Rent/Mortgage

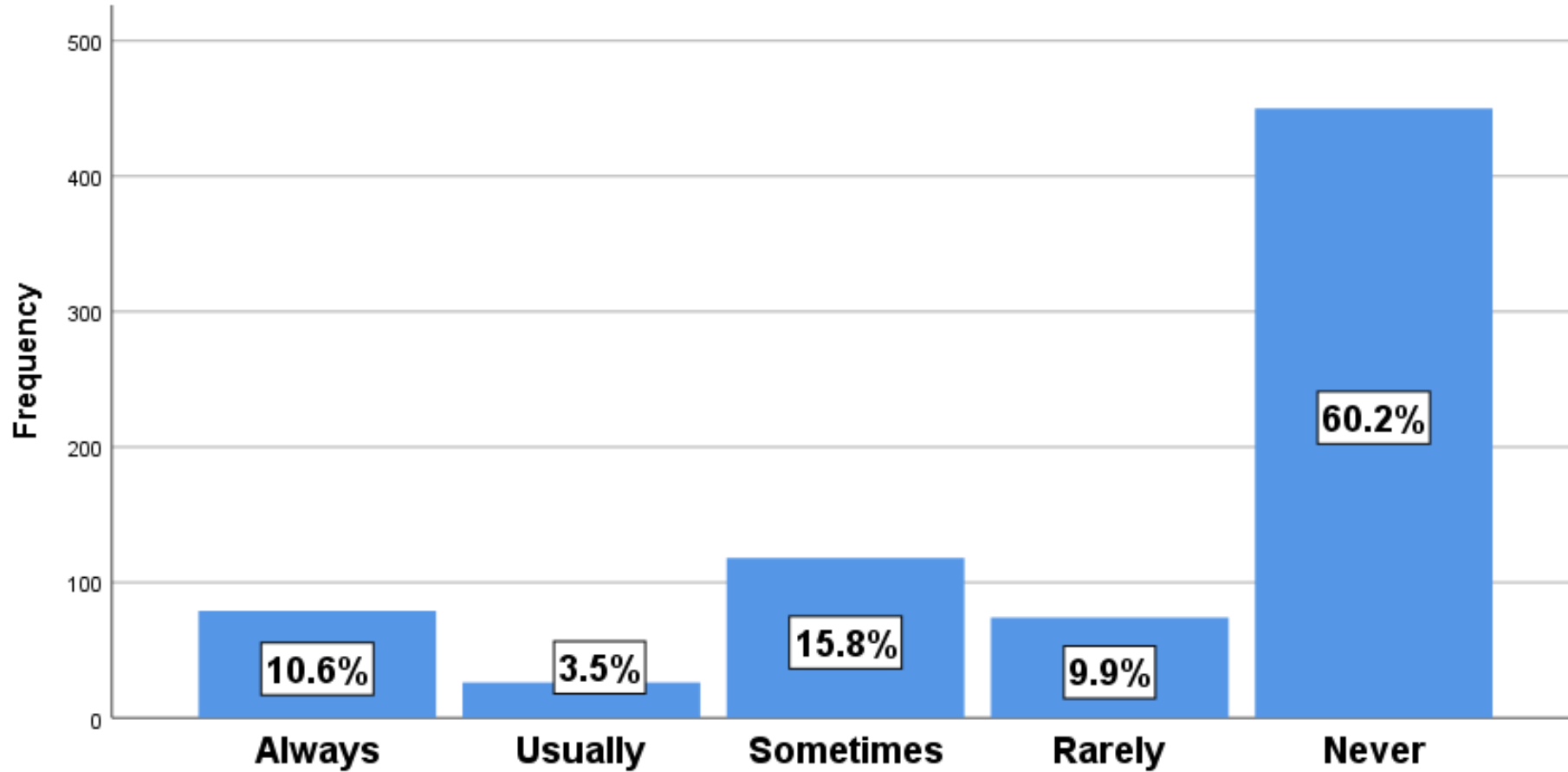


CHART 40. Worried about paying Rent/Mortgage by Age Groups

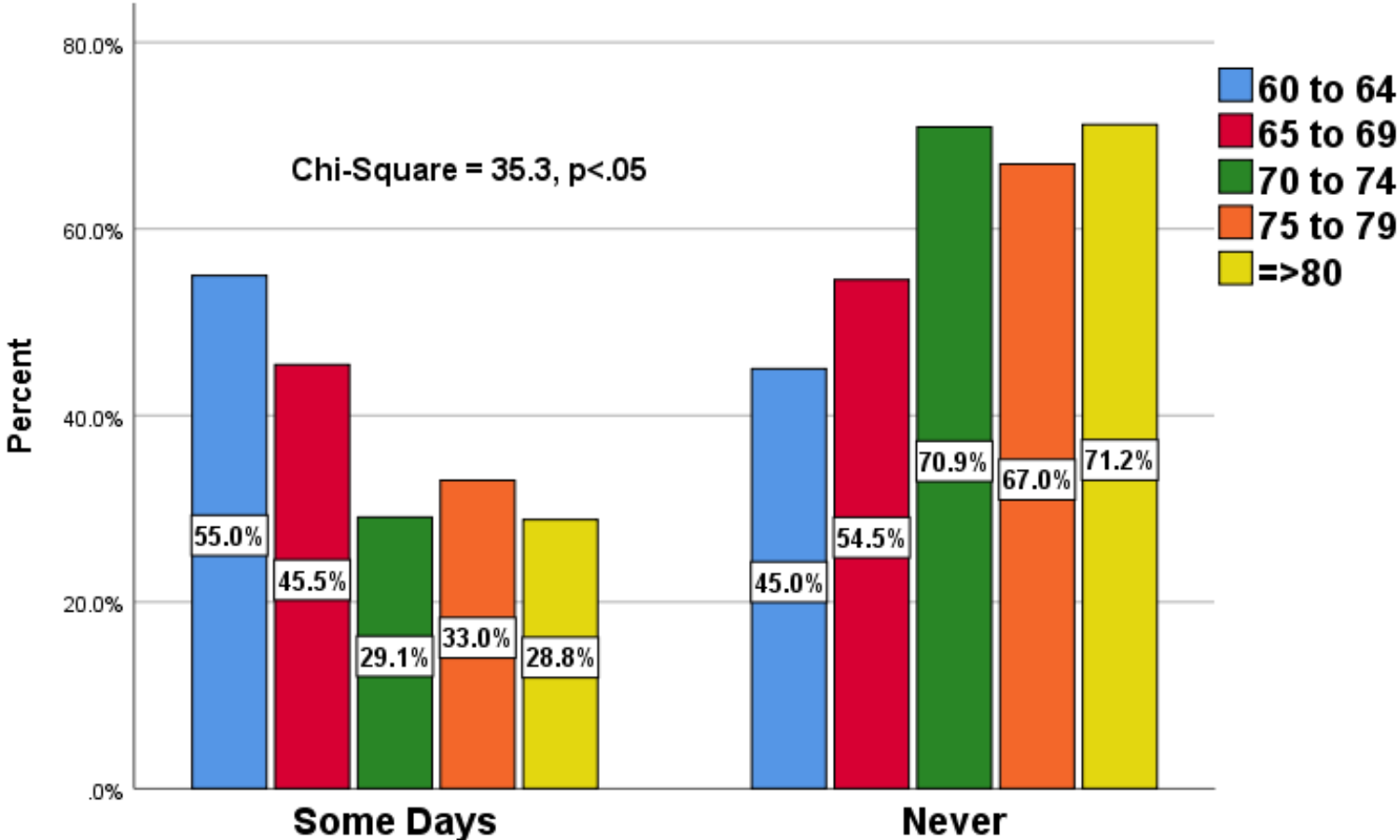


CHART 41. Worried about paying Rent/Mortgage

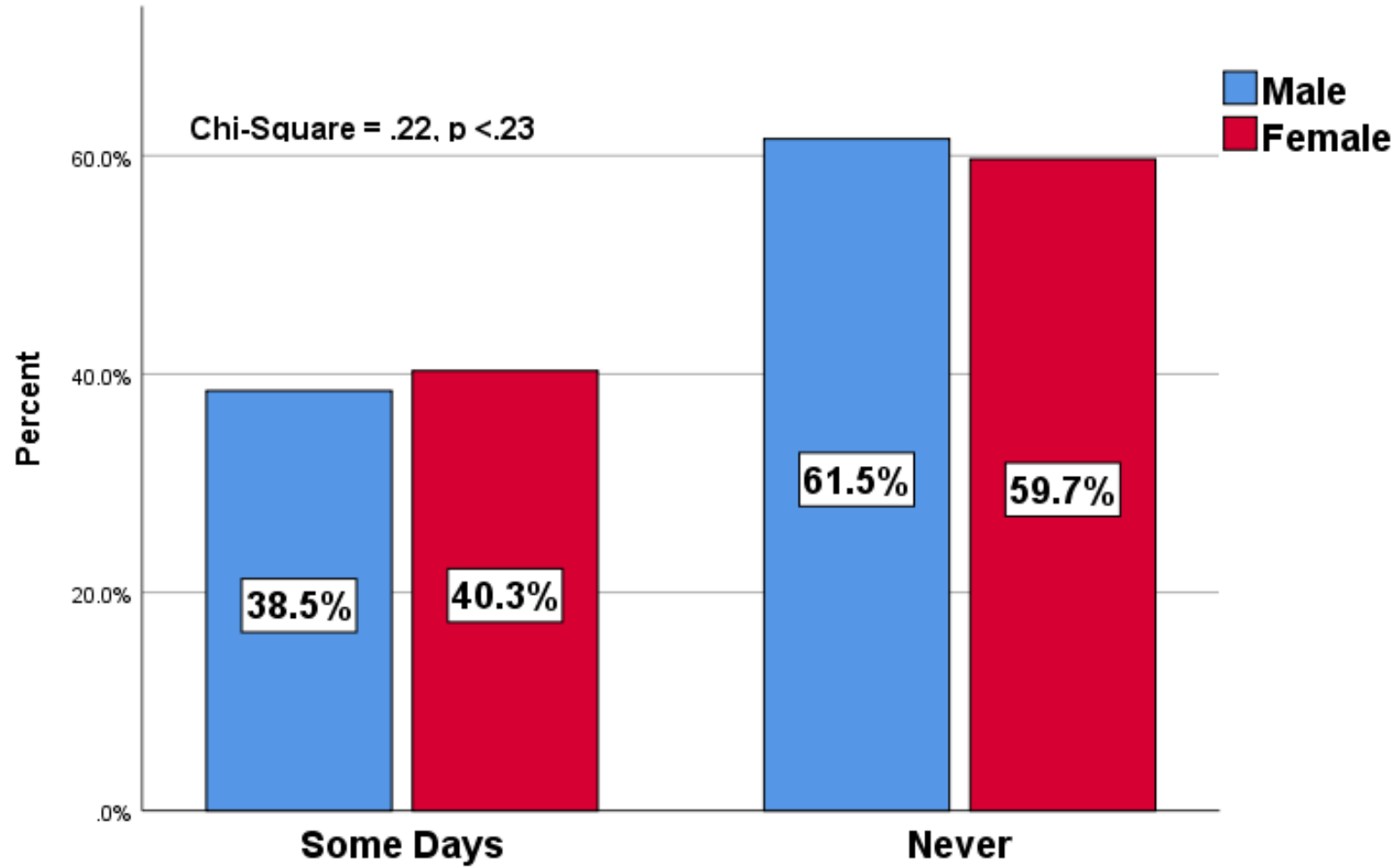
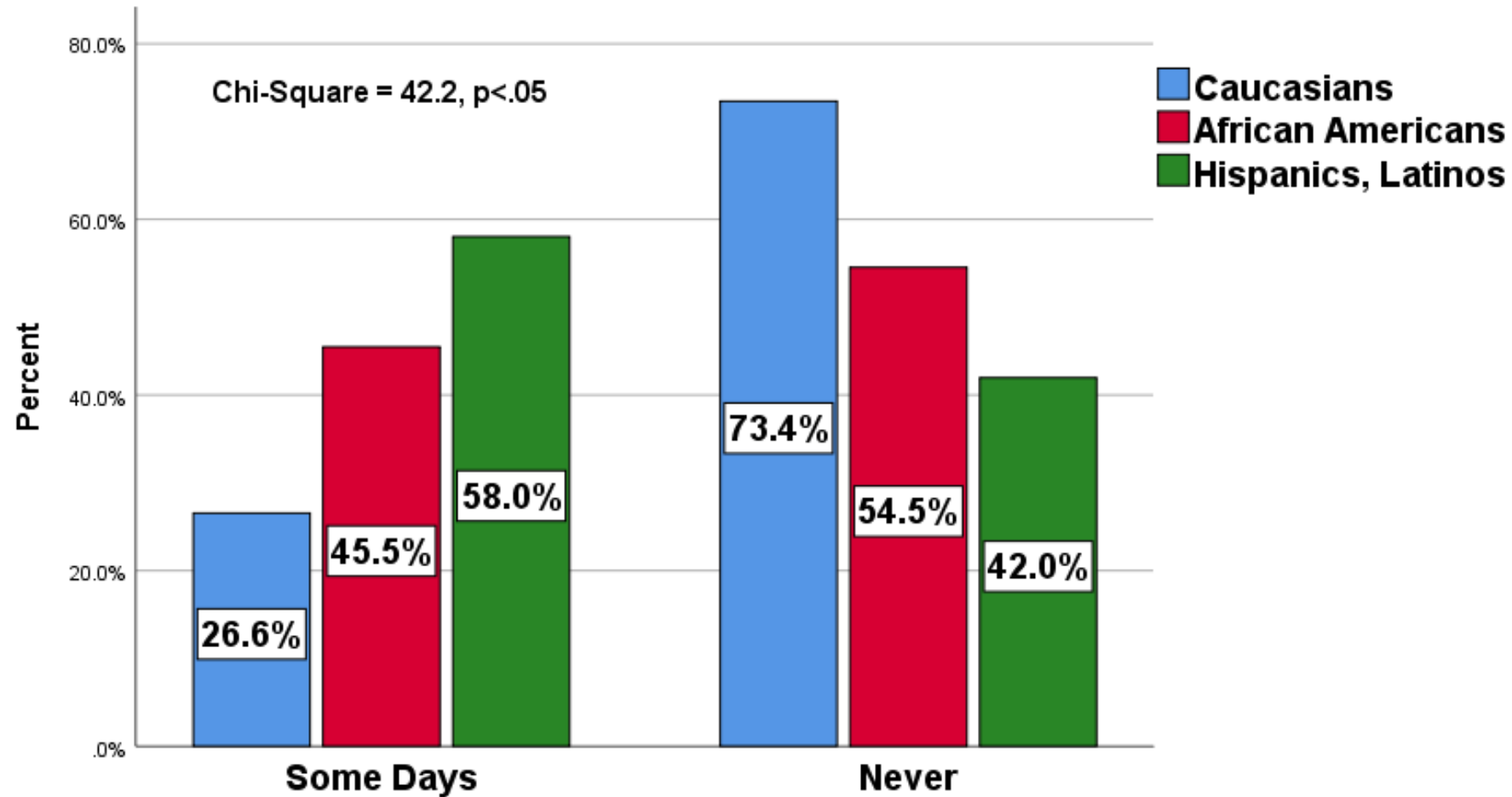


CHART 42. Worried paying Rent/Mortgage by Race/Ethnicity





Socio-Demographic Characteristics and Geographical Distribution
of Adults 60+ in Charlotte and Mecklenburg County



Table 1: Geographical Distribution of participants by ZIP CODE

<u>Zip Codes</u> <u>(top # participants)</u>	<u>N</u> <u>%</u>	<u>LOCATION</u>
<u>28215</u>	<u>68</u> <u>(9.0%)</u>	<u>-</u> <u>East</u>
<u>28269</u>	<u>62</u> <u>(8.2%)</u>	<u>North</u>
<u>28216</u>	<u>61</u> <u>(8.0%)</u>	<u>North</u>
<u>28208</u>	<u>43</u> <u>(5.7%)</u>	<u>West</u>
<u>28205</u>	<u>39</u> <u>(5.1%)</u>	<u>East</u>
<u>28227</u>	<u>33</u> <u>(4.4%)</u>	<u>East</u>
<u>28217</u>	<u>33</u> <u>(4.4%)</u>	<u>South</u>
<u>28210</u>	<u>29</u> <u>(3.8%)</u>	<u>South</u>
<u>28226</u>	<u>29</u> <u>(3.8%)</u>	<u>South</u>
<u>28277</u>	<u>28</u> <u>(3.7%)</u>	<u>South</u>
<u>28214</u>	<u>27</u> <u>(3.6%)</u>	<u>West</u>

FIGURE 1

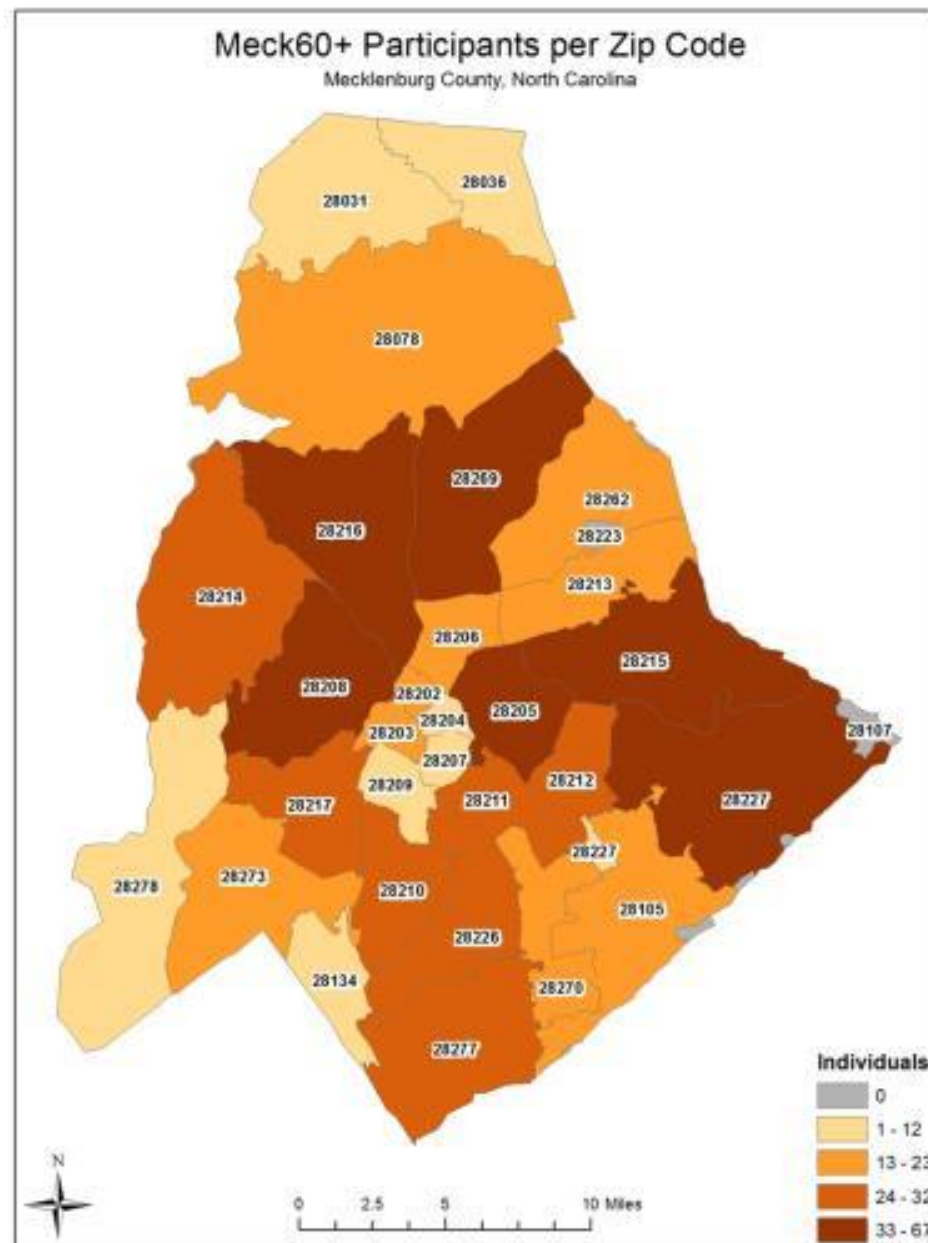


FIGURE 2

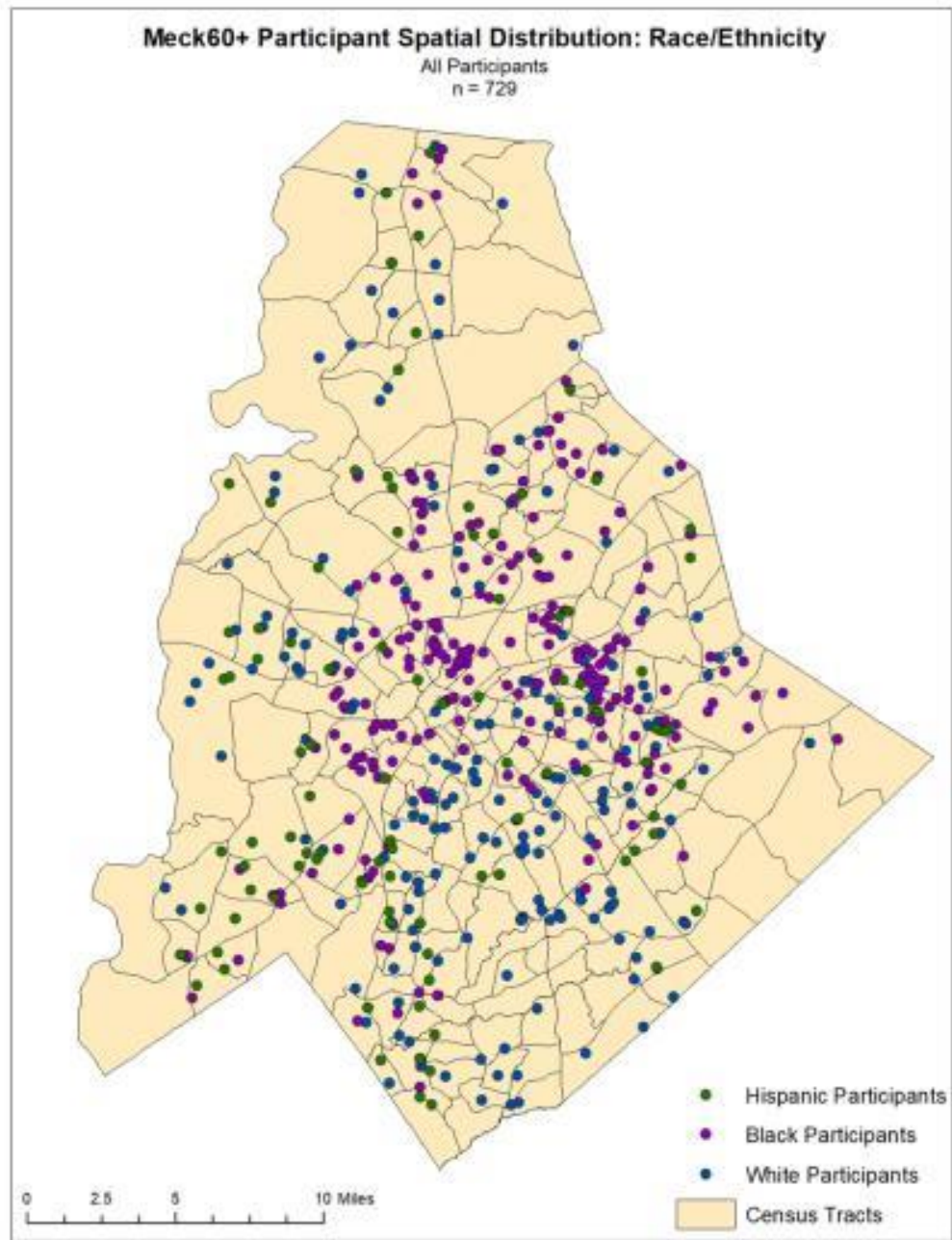


FIGURE 3

Meck60+ Participant Distribution (Race/Ethnicity)

Black & Hispanic Participants
n = 427

Total Black & Hispanic Population (2016 ACS Estimates)

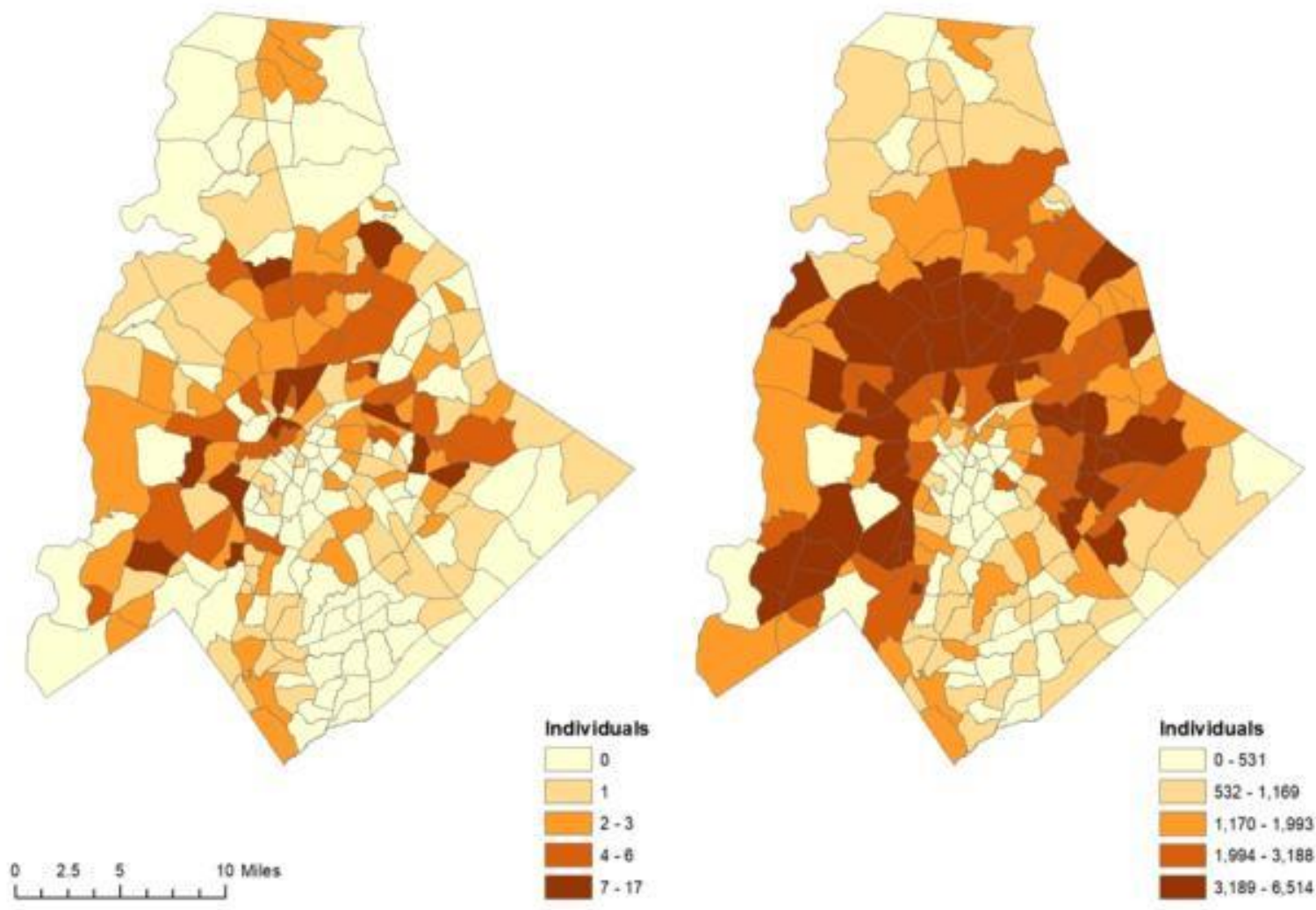
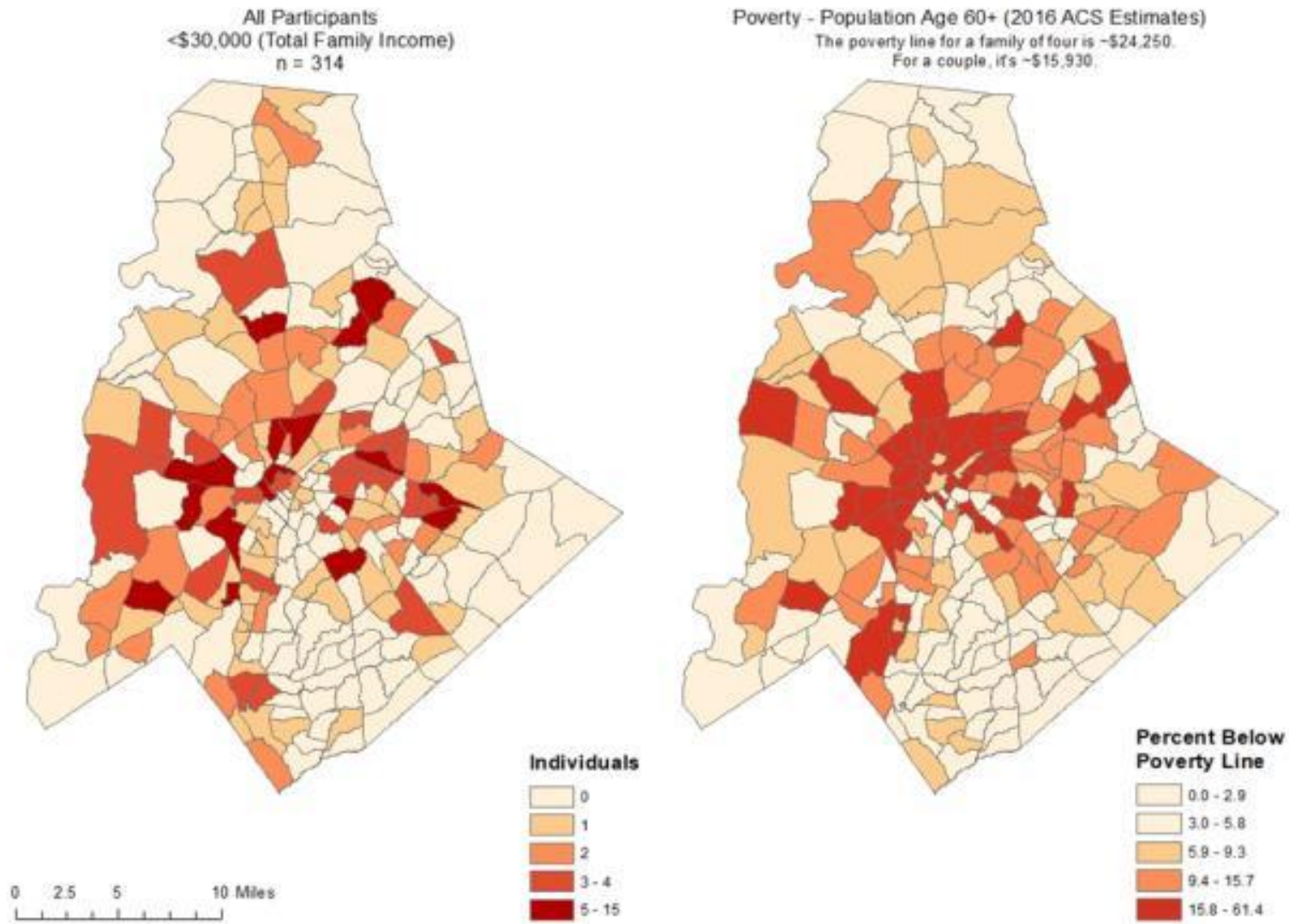


FIGURE 4

Meck60+ Participant Distribution (Poverty)



Meck60+ Participants (Mecklenburg County, North Carolina)

Meck60+ Participants (Mecklenburg County, North Carolina)

FIGURE 5-6

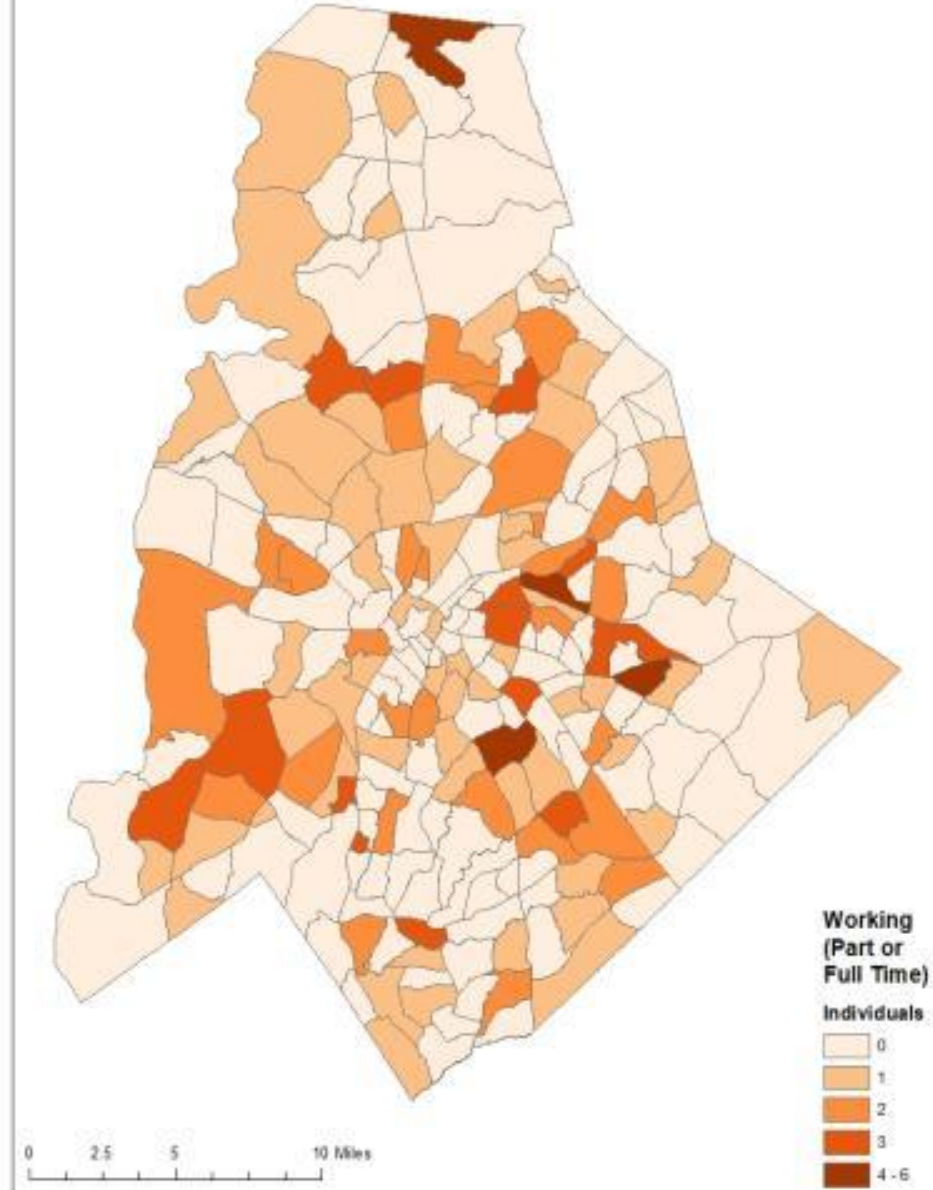
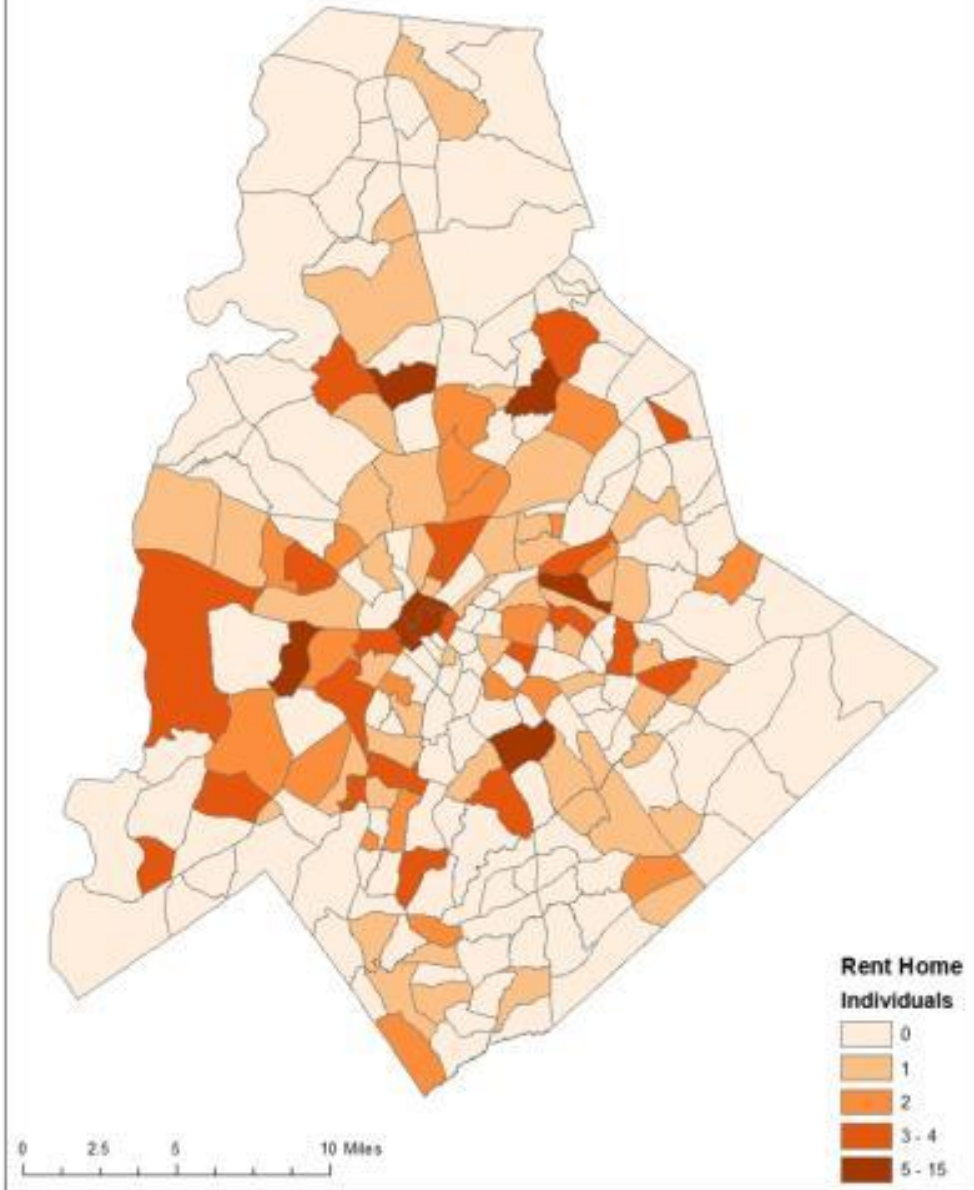
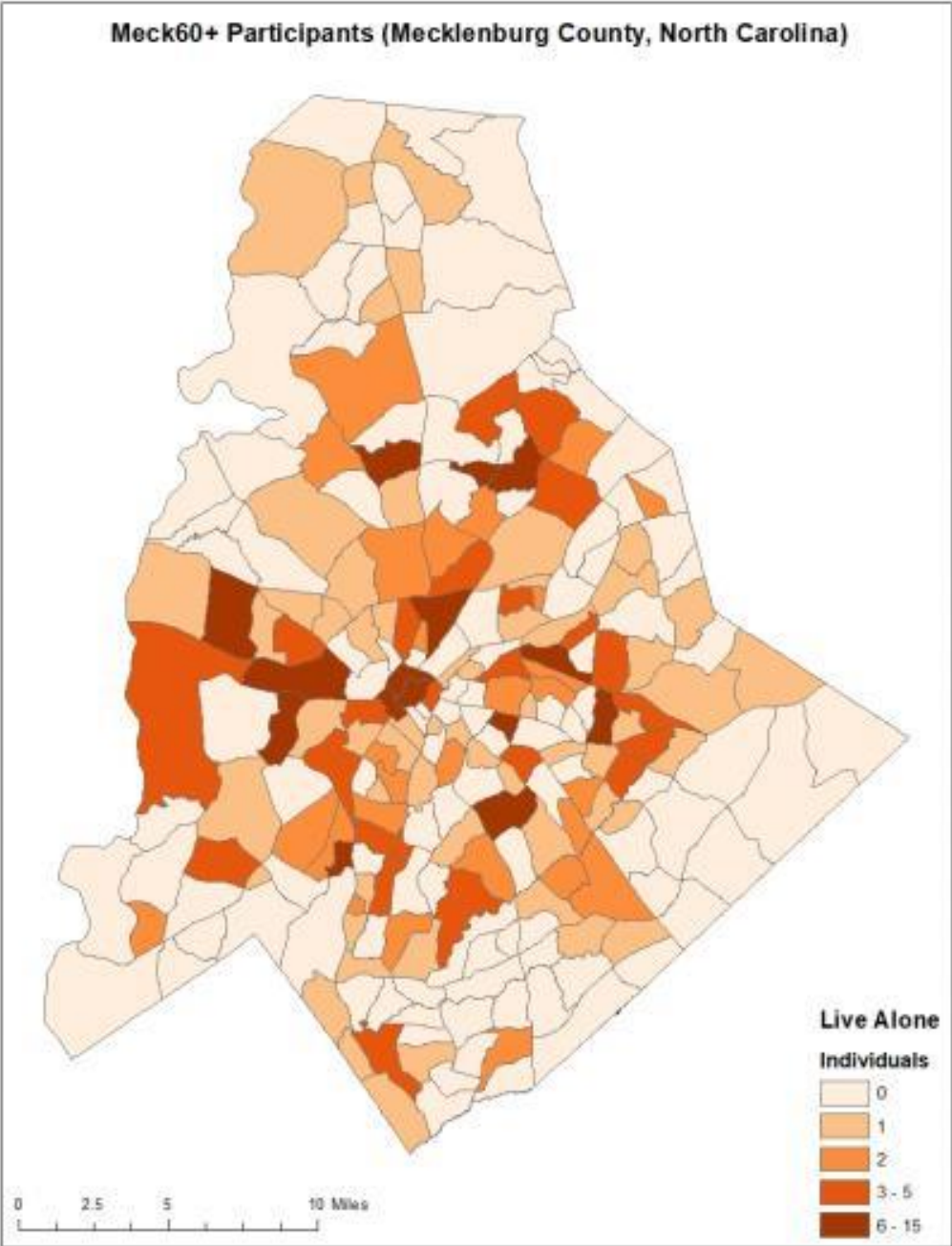


FIGURE 7





HEALTH PROFILE

N = 758



CHART 46. Subjective Perceived Health



CHART 47. Subjective Perceived Health by Race/Ethnicity

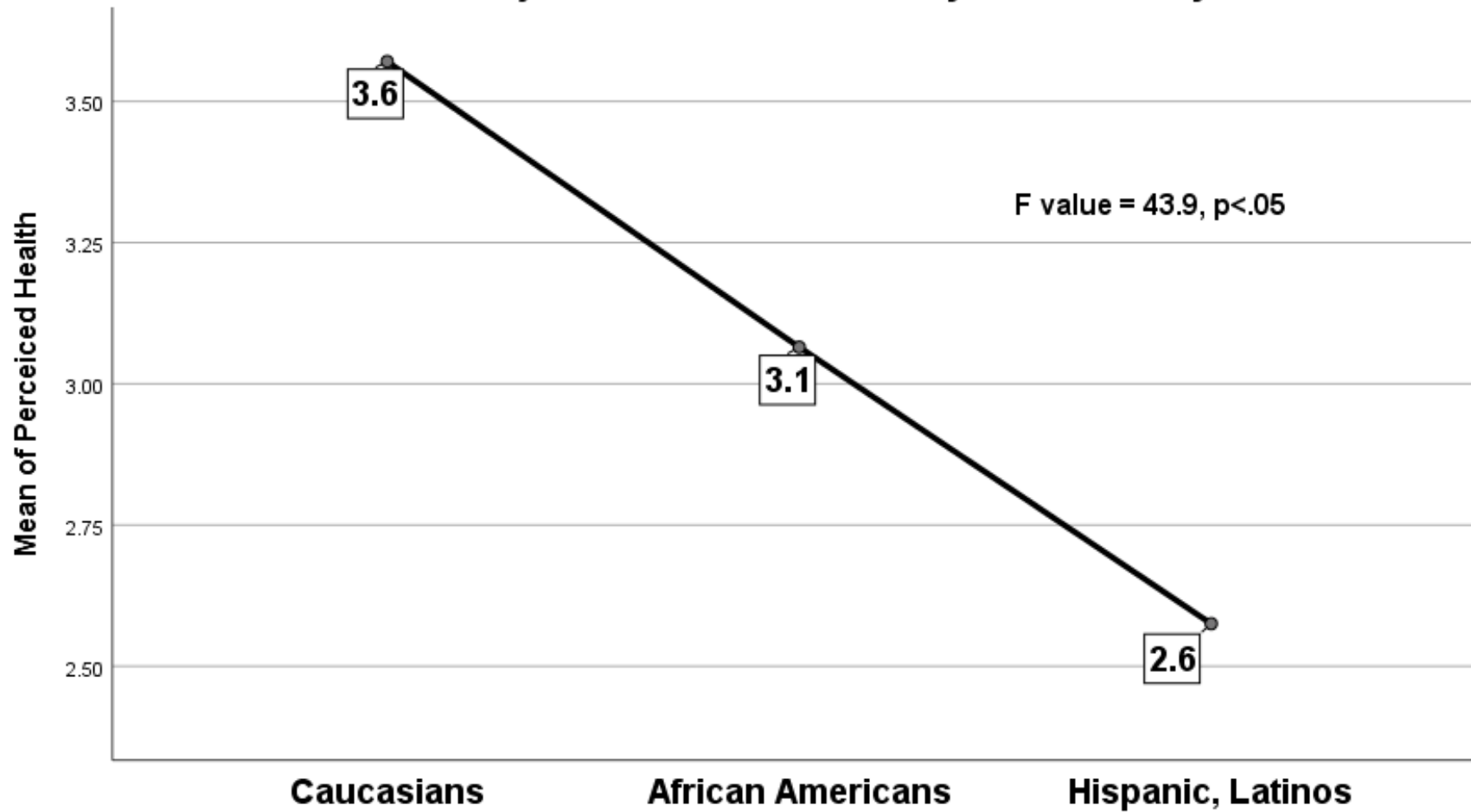


CHART 48. Disability or Health Condition

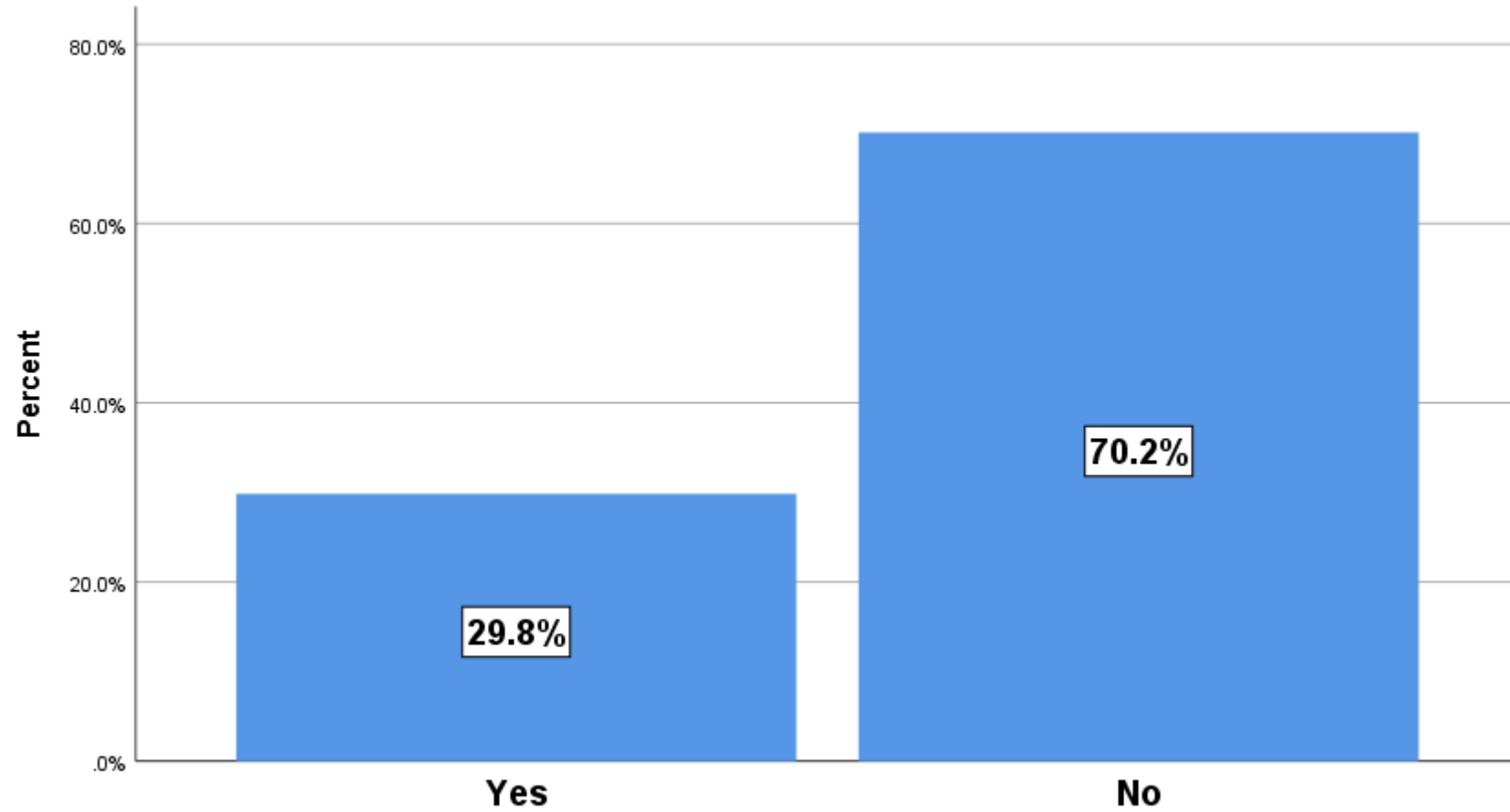


CHART 49. Physical or Mental Health was Not Good during last Month

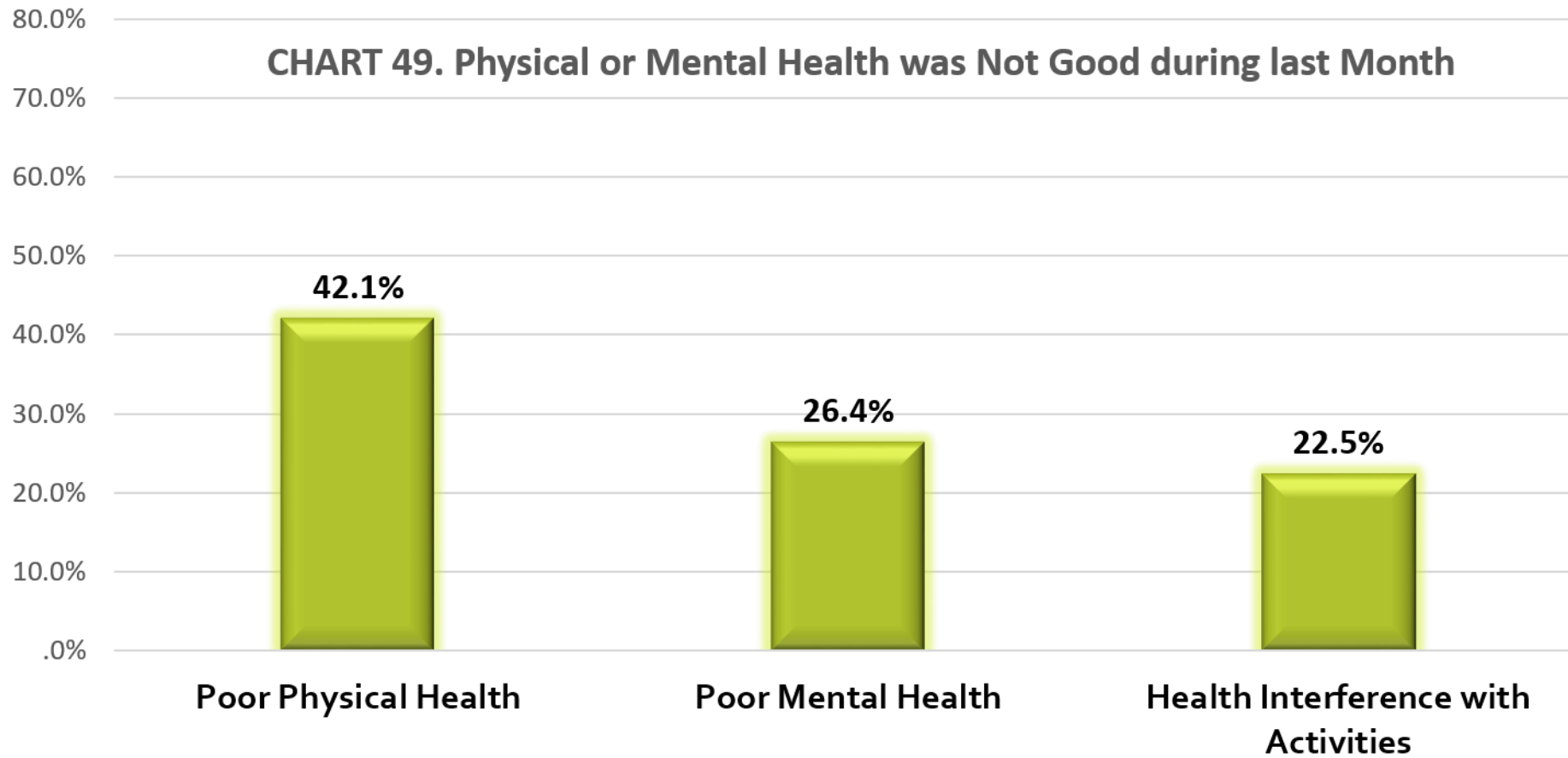


CHART 50. Number of Days with Health Trouble last Month by Race/Ethnicity

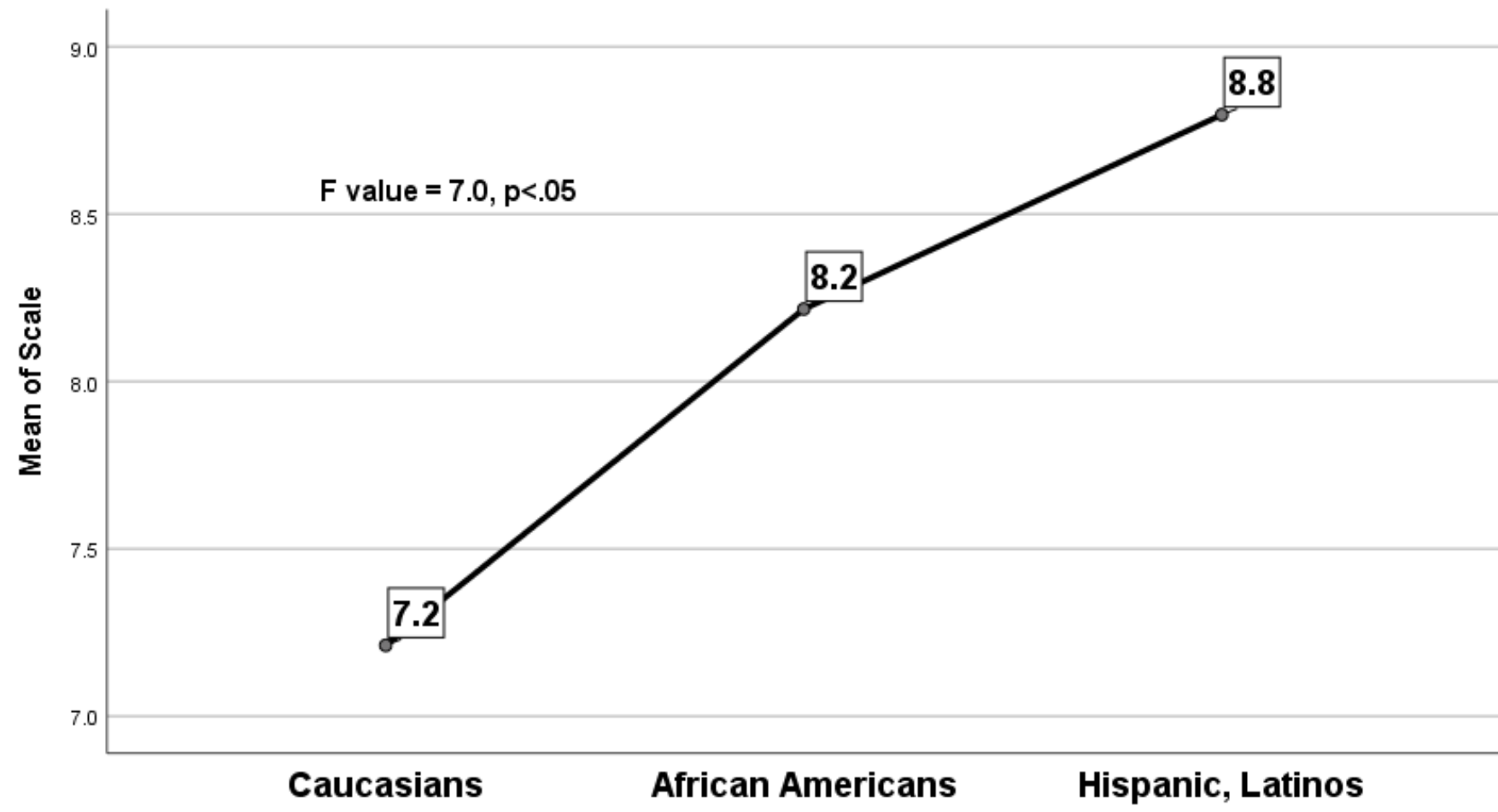


CHART 51. Number of Days Health was Not Good last Month by Race/Ethnicity

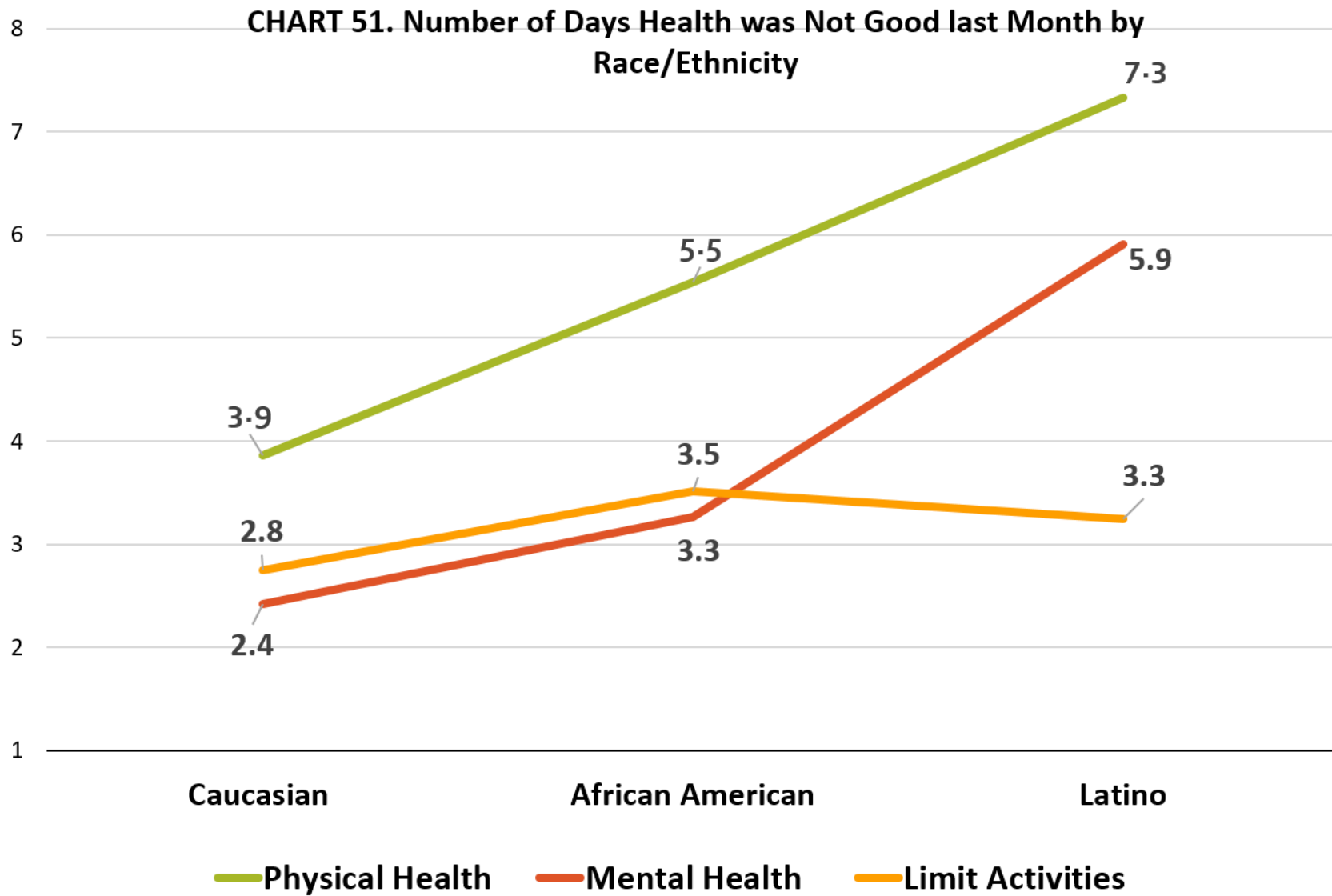


CHART 52. Average Number of Days with Health Trouble last Month by Gender

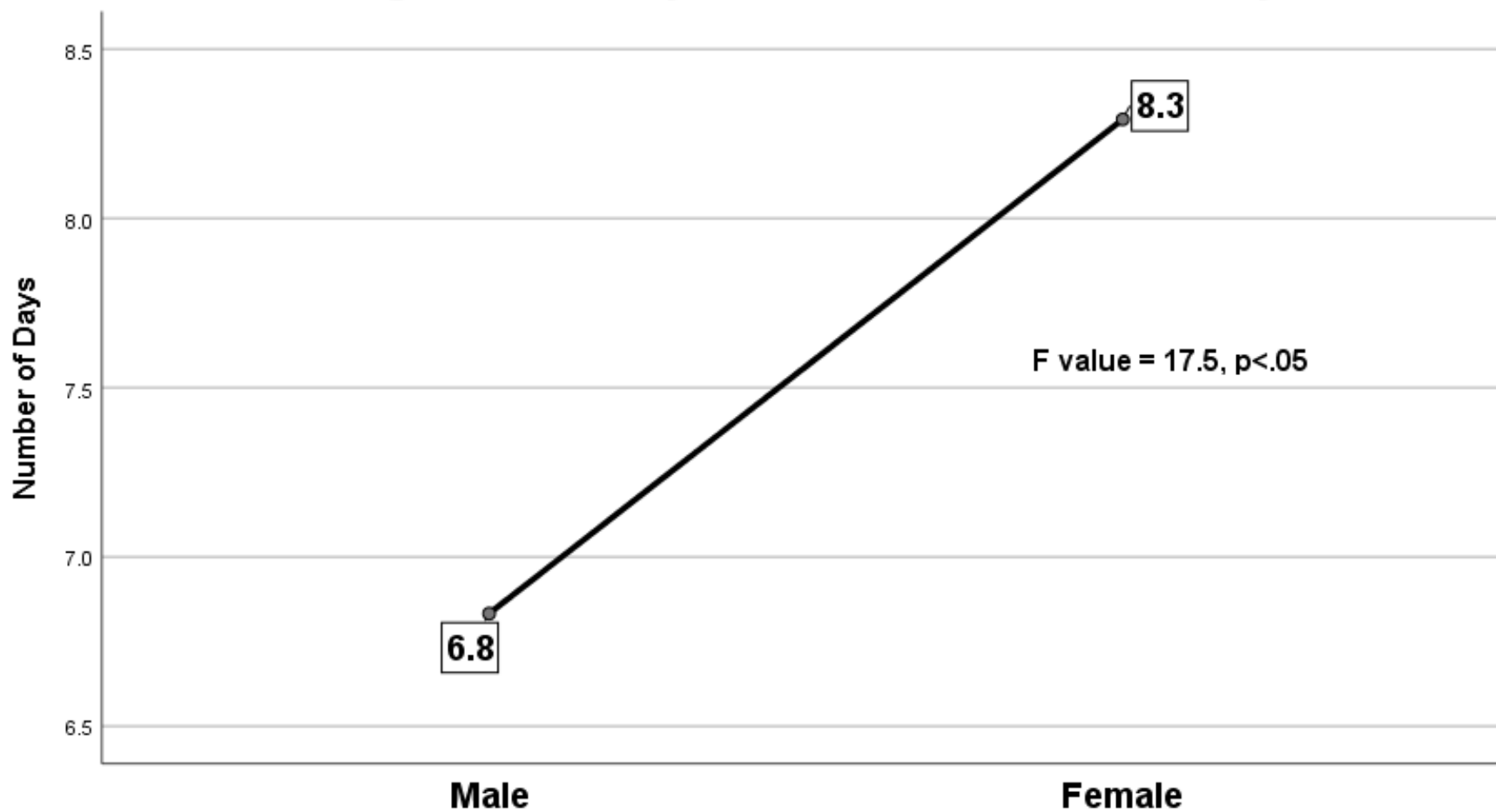


CHART 53. Number of Days last Month your Health was Not Good by Gender

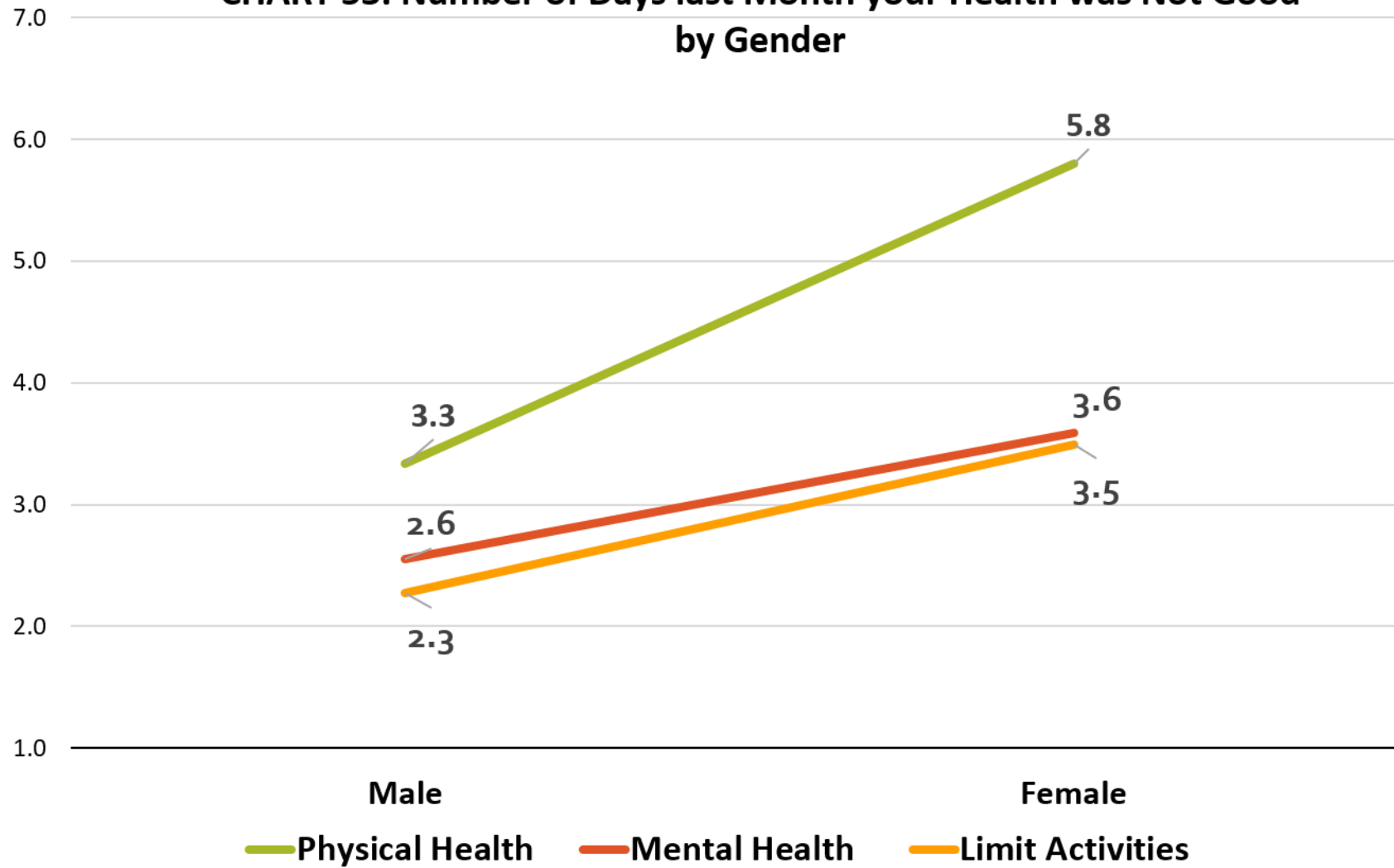


CHART 54. Activity Limitation because of Physical, Mental, or Emotional Problems

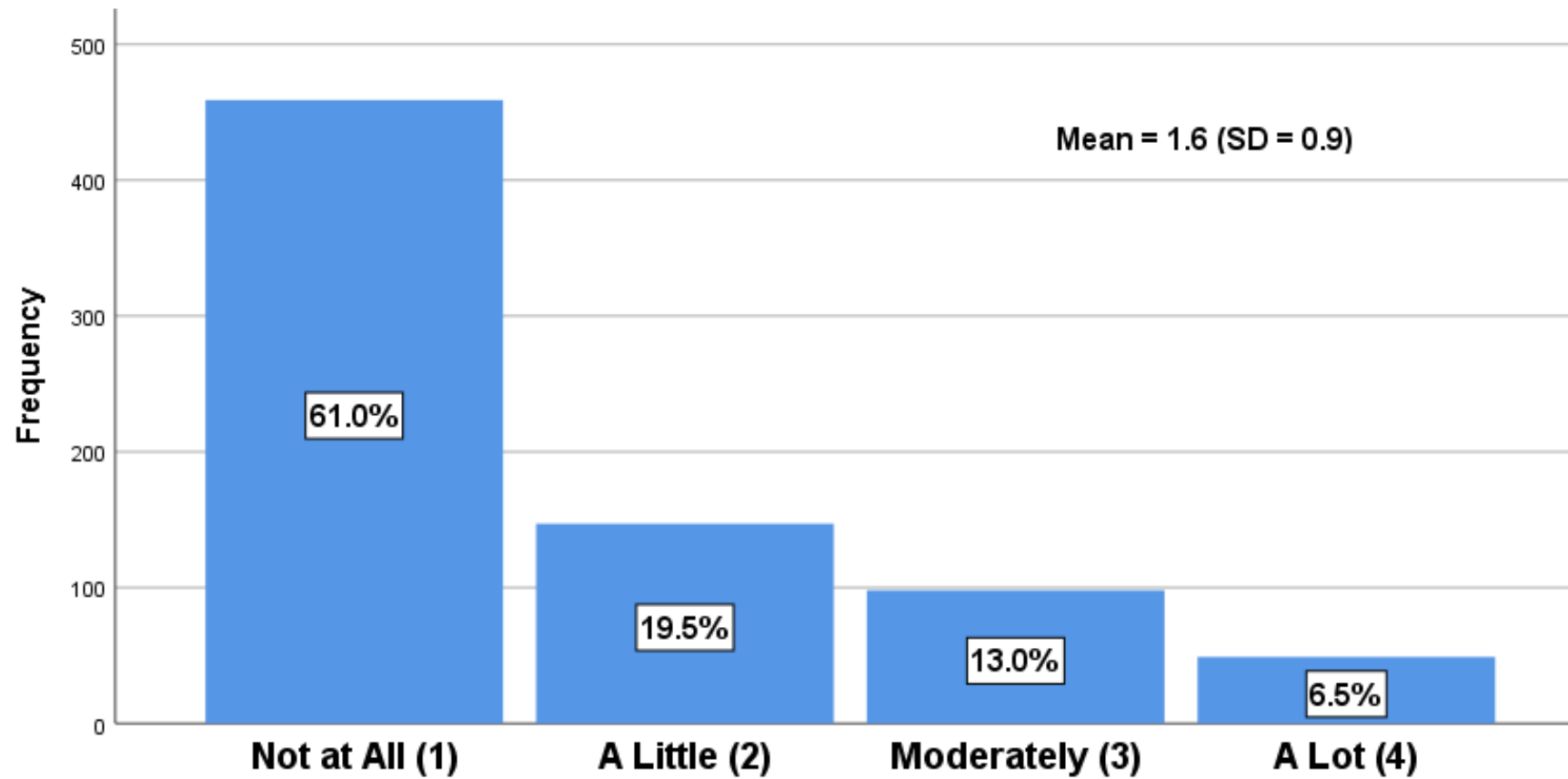


CHART 55. Disability or Health Difficulty with Activities of Daily Living

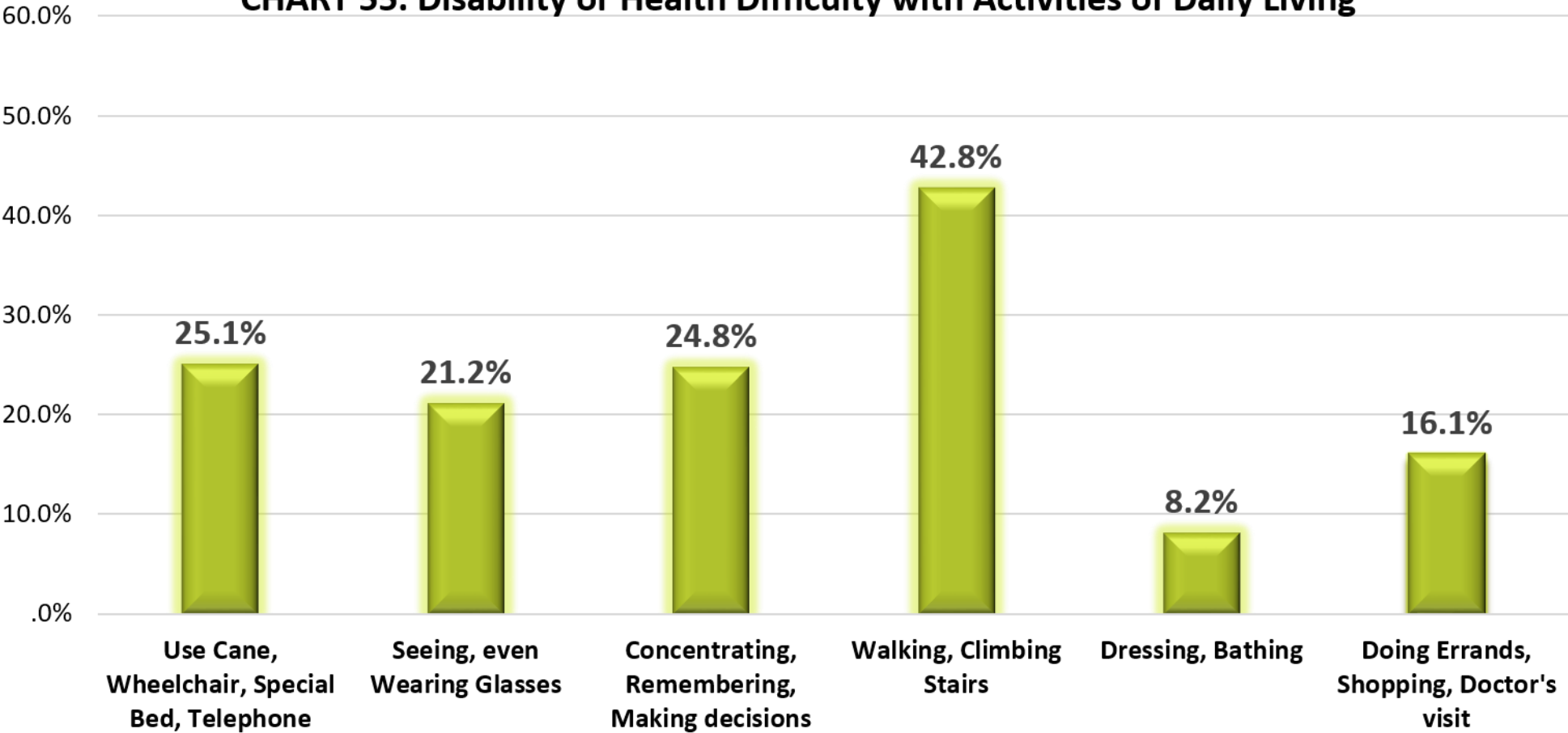


CHART 56. Difficulties with Activities of Daily Living (IADL's) by Race/Ethnicity

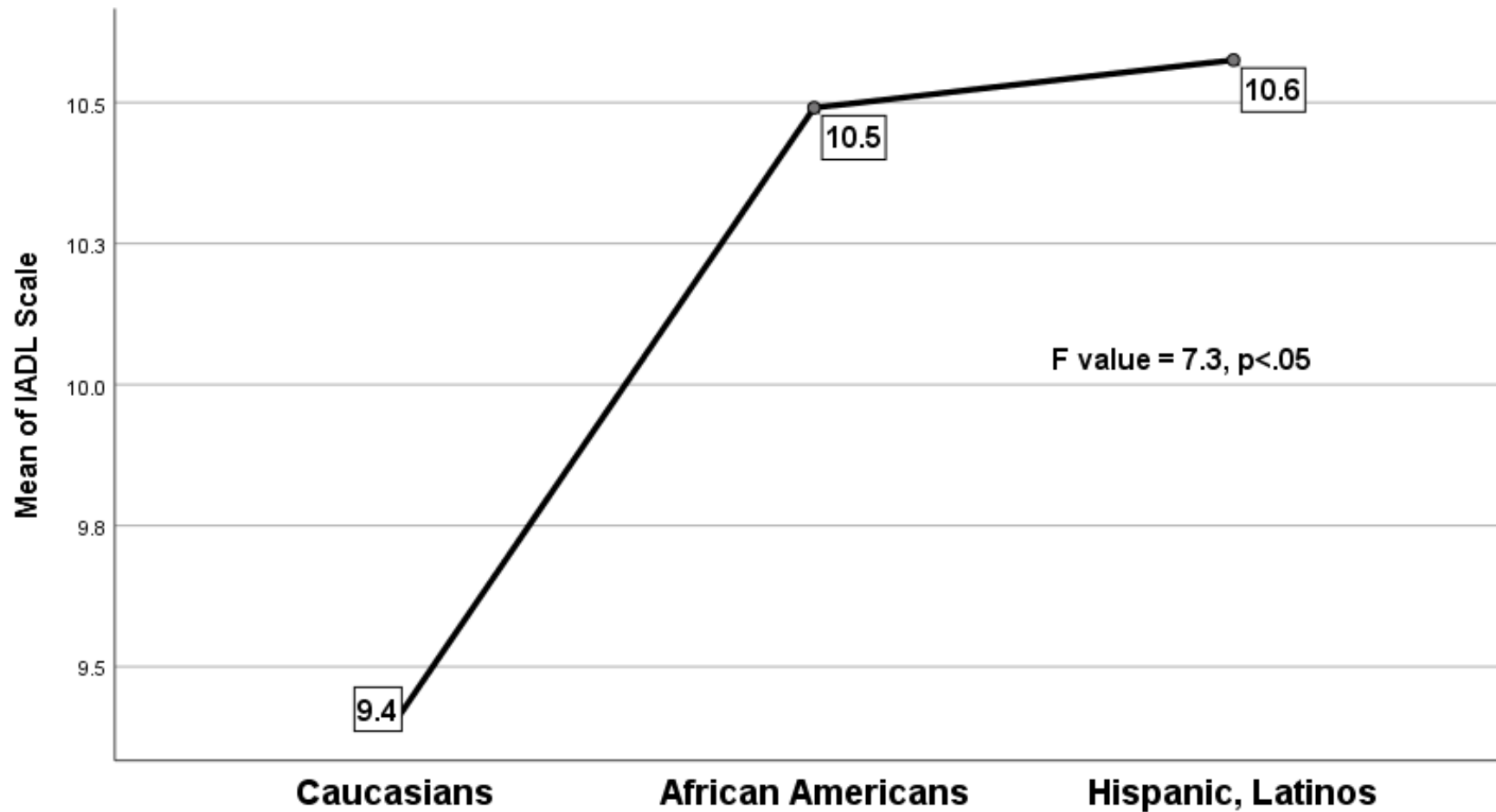


CHART 57. Difficulty with Activities of Daily Living (IADL's) by Gender

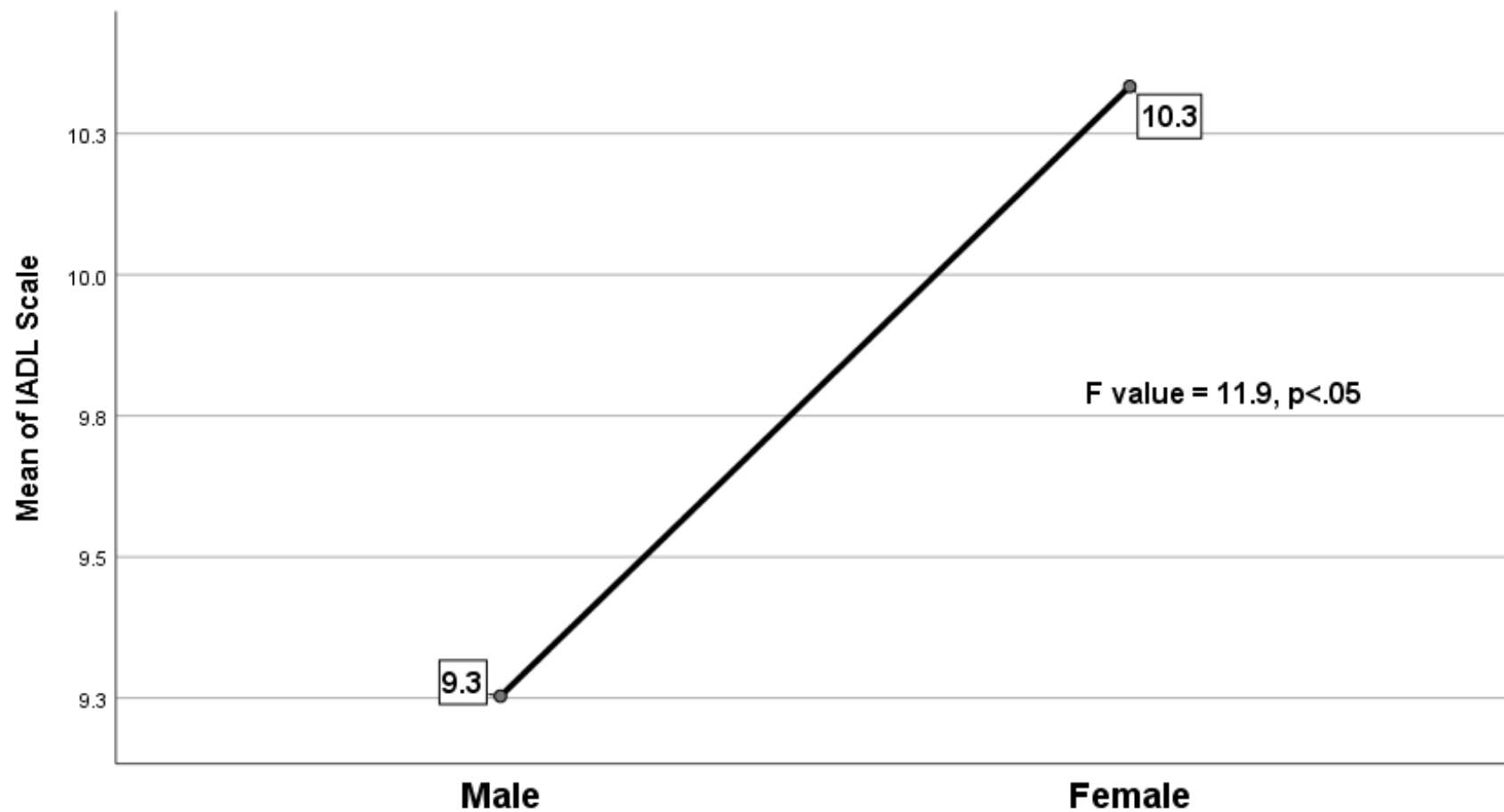


Chart 58. Health Risk Behaviors by Race/Ethnicity

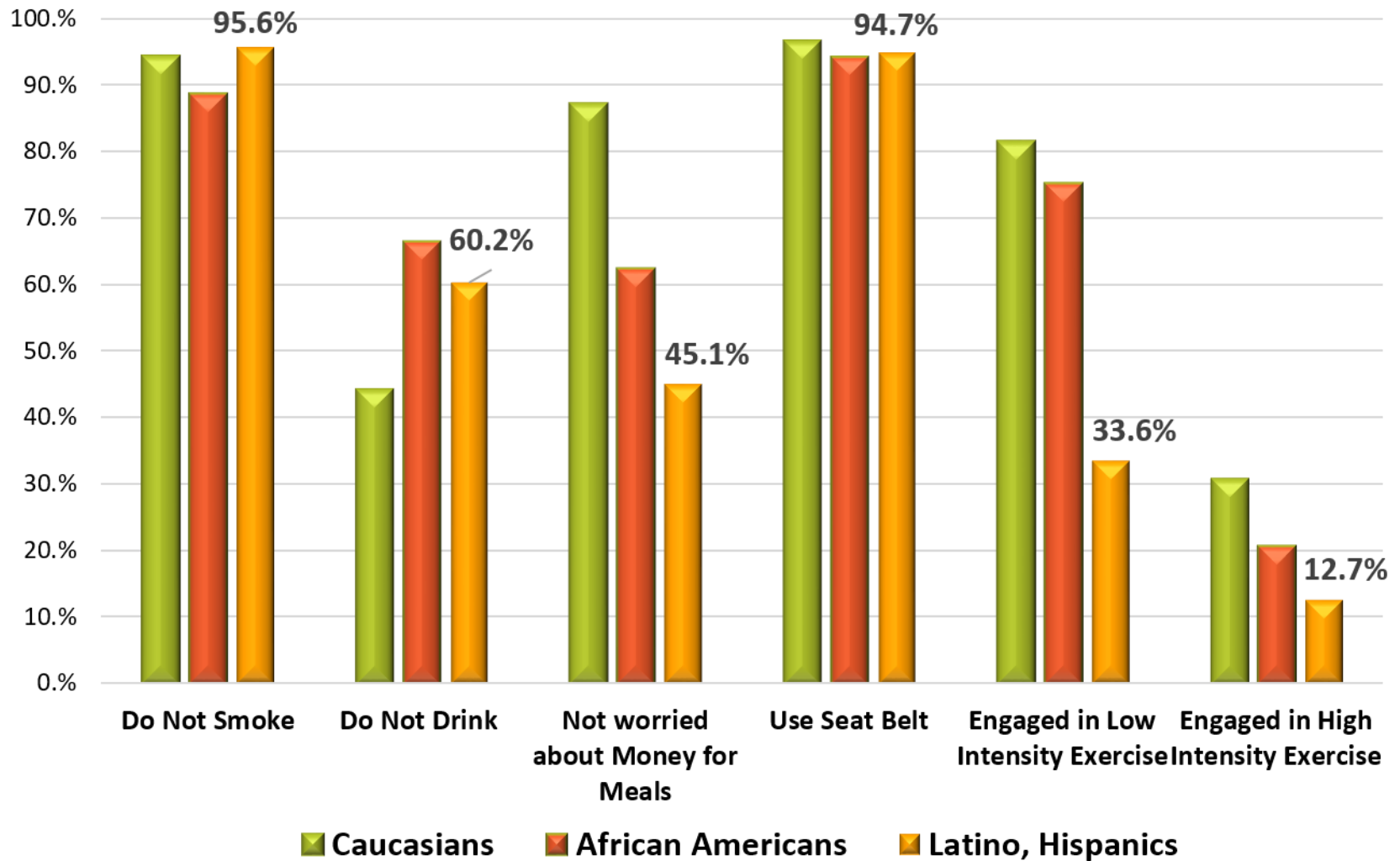


Chart 59. Health Risk Behaviors by Gender

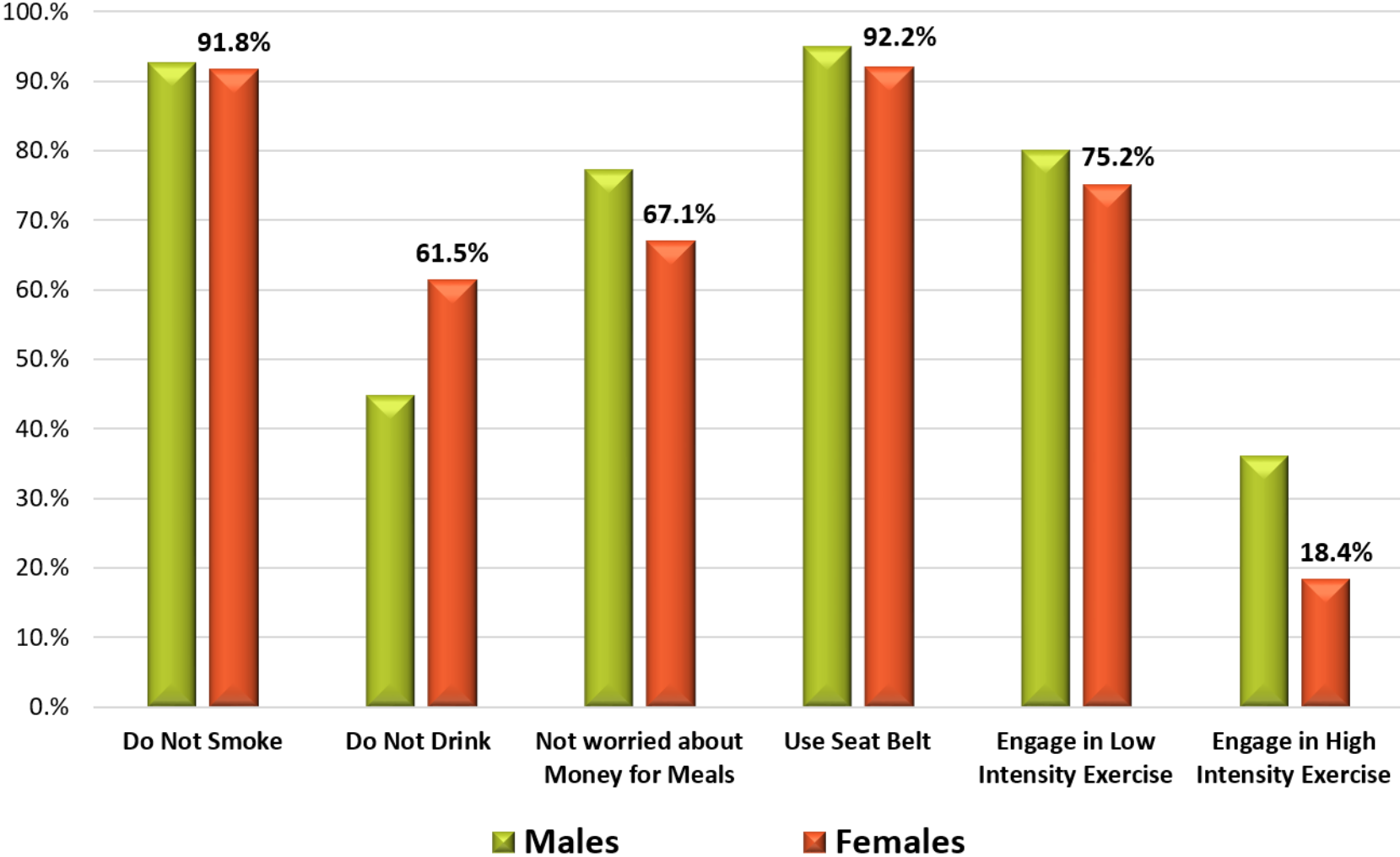


CHART 60. Prevalence of Health Chronic Conditions

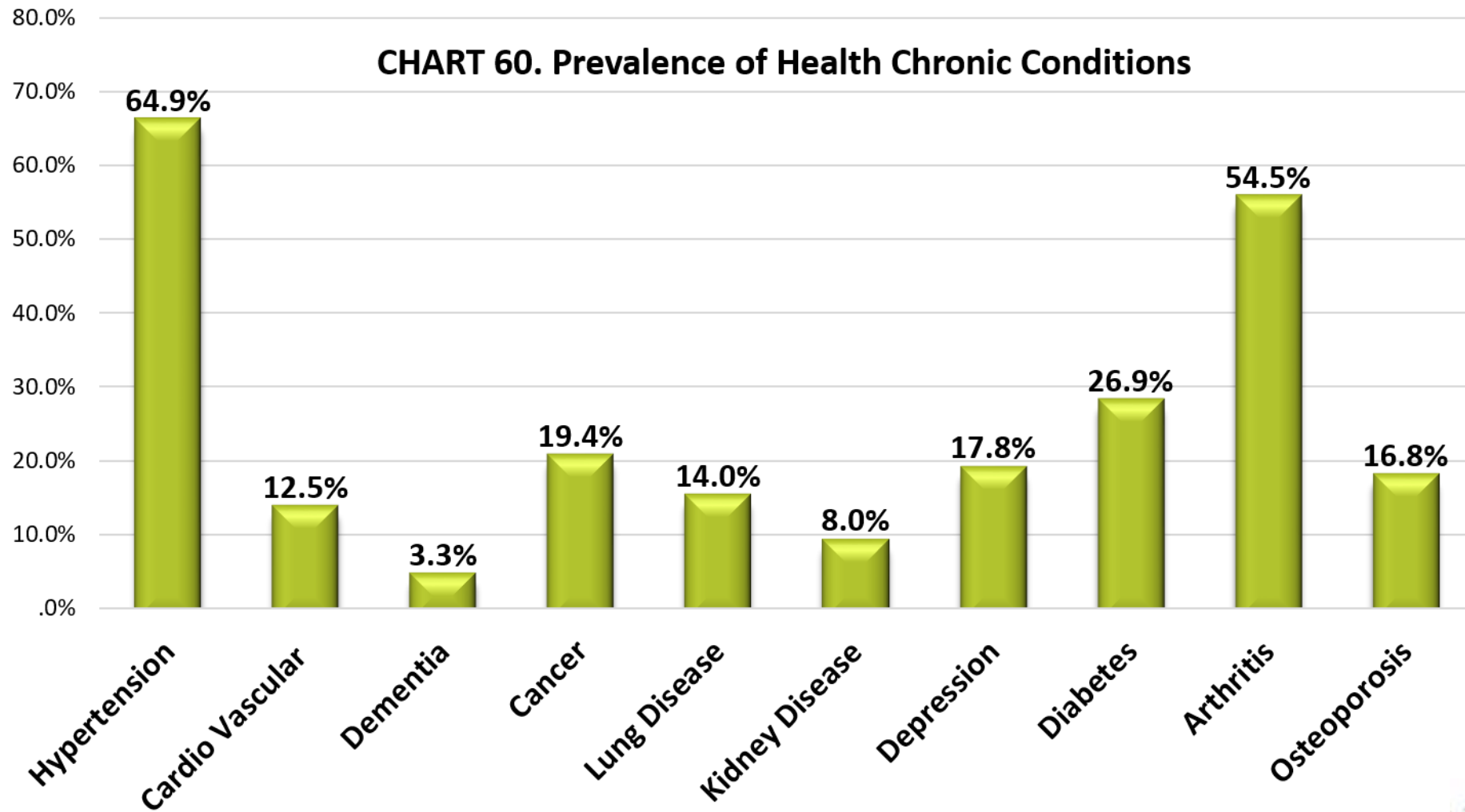


CHART 61. Prevalence of Chronic Conditions by Race/Ethnicity

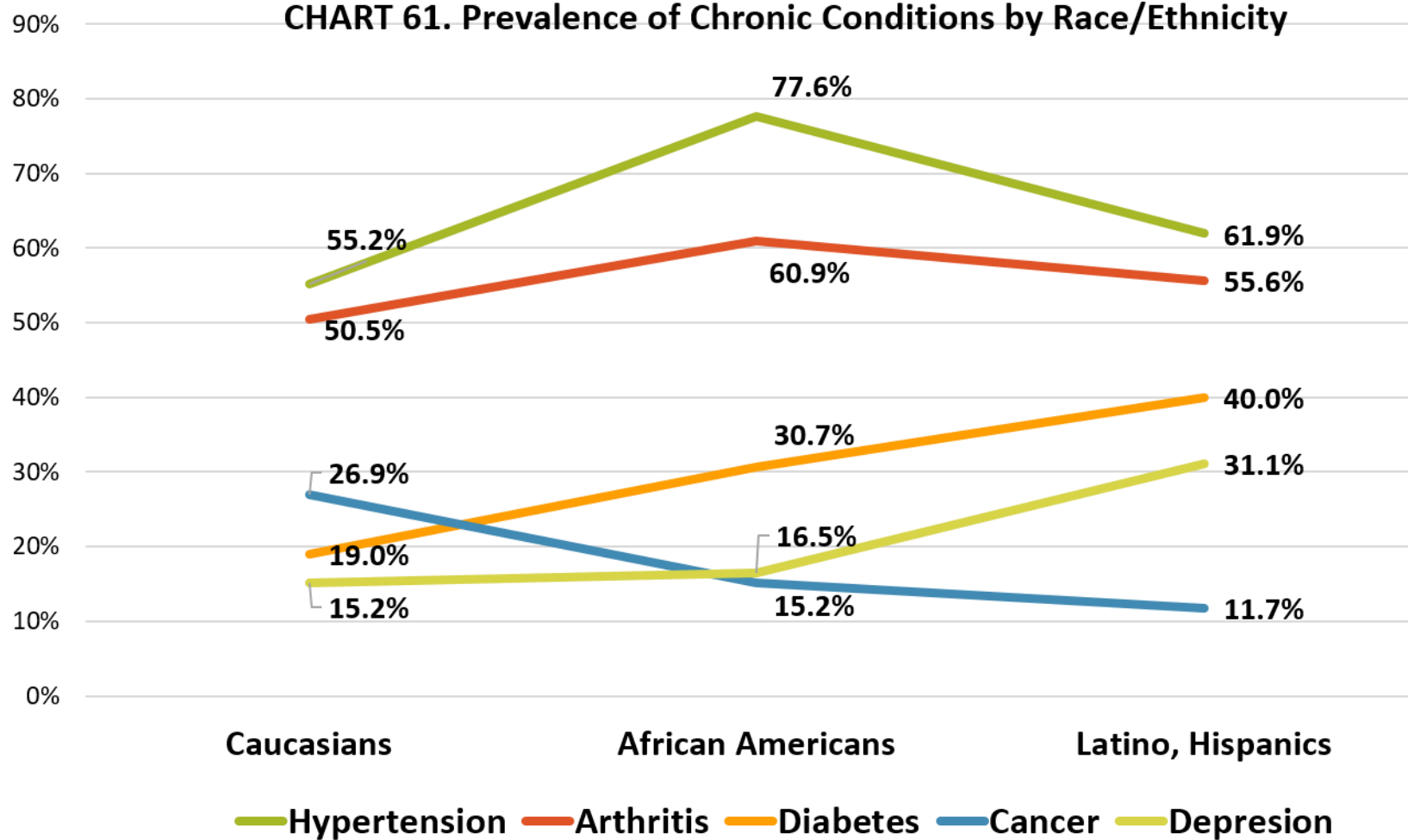


CHART 62. Prevalence of Chronic Conditions by Gender

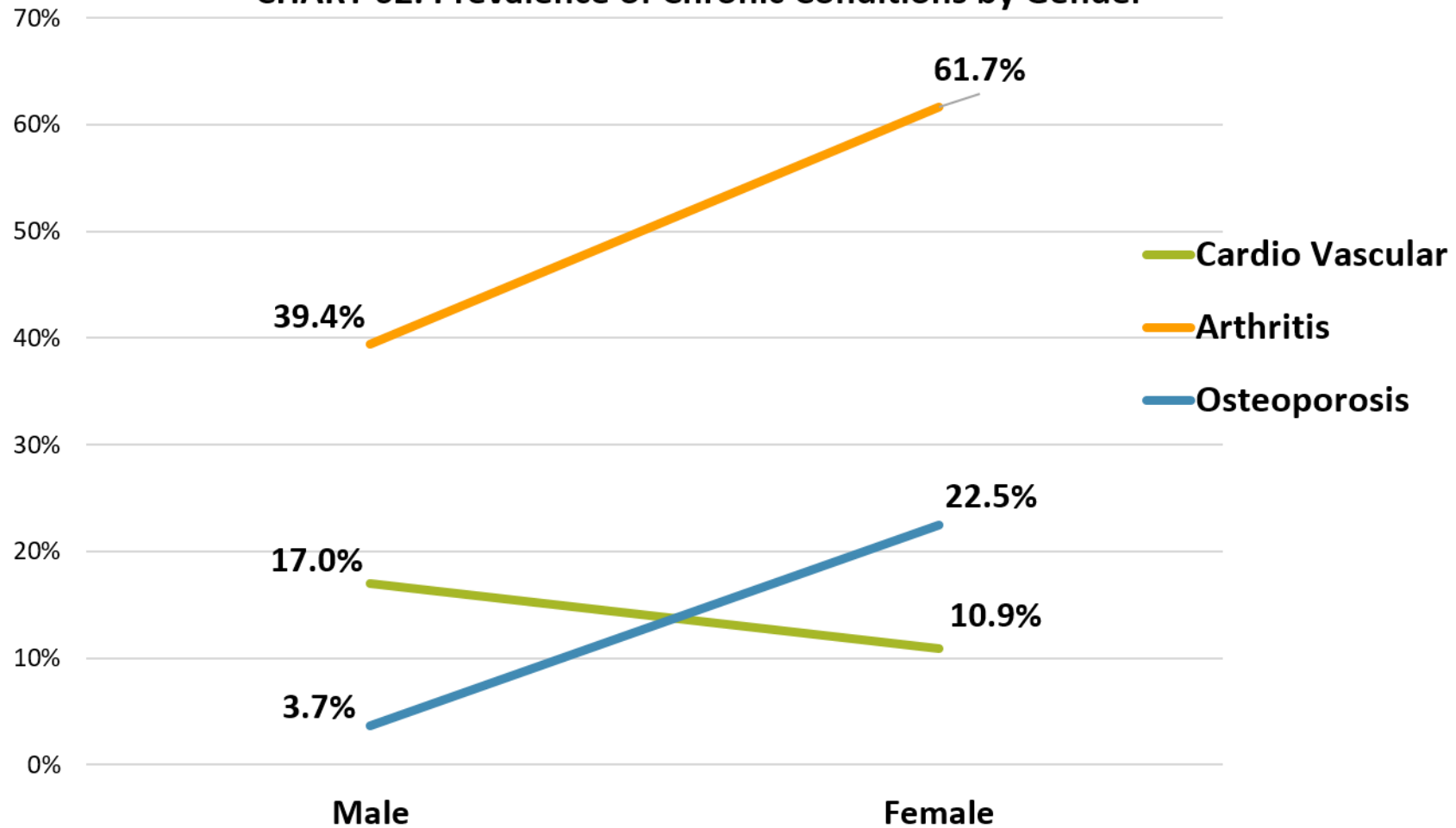


CHART 63. Average Number of Health Chronic Conditions by Race/Ethnicity

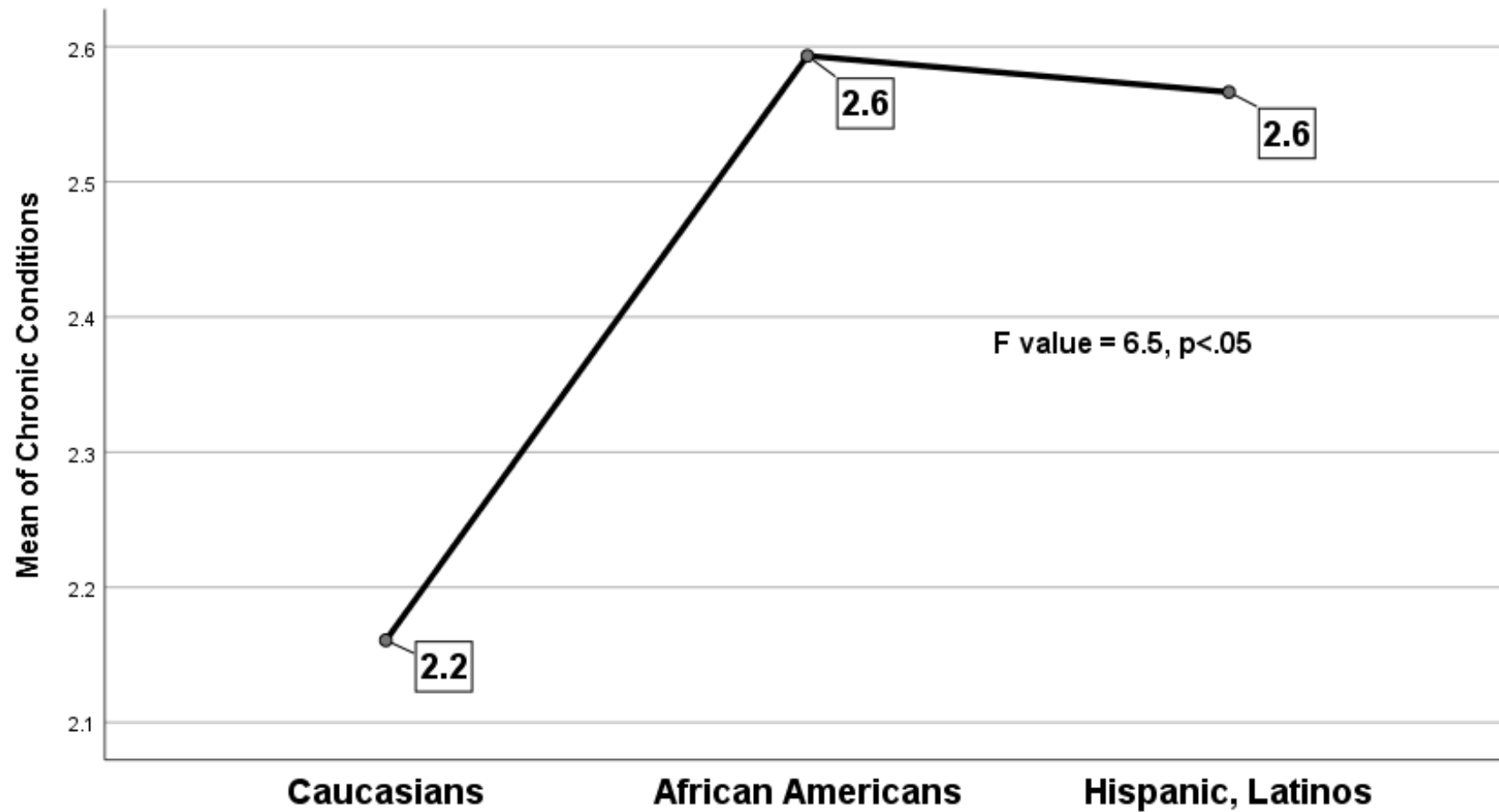


CHART 64. Average Number of Health Chronic Conditions by Gender

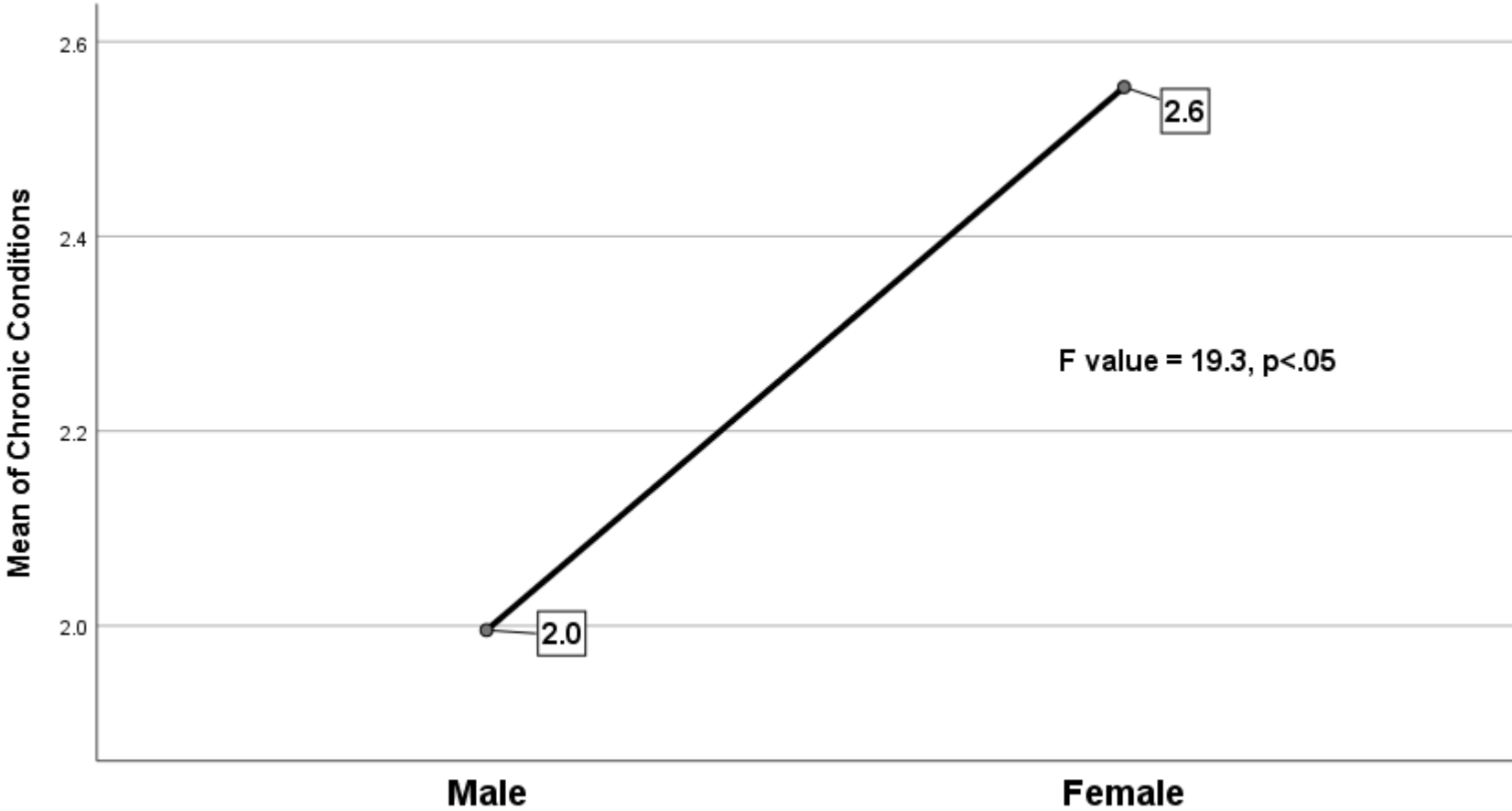


CHART 65. Self-reported Health Care Coverage

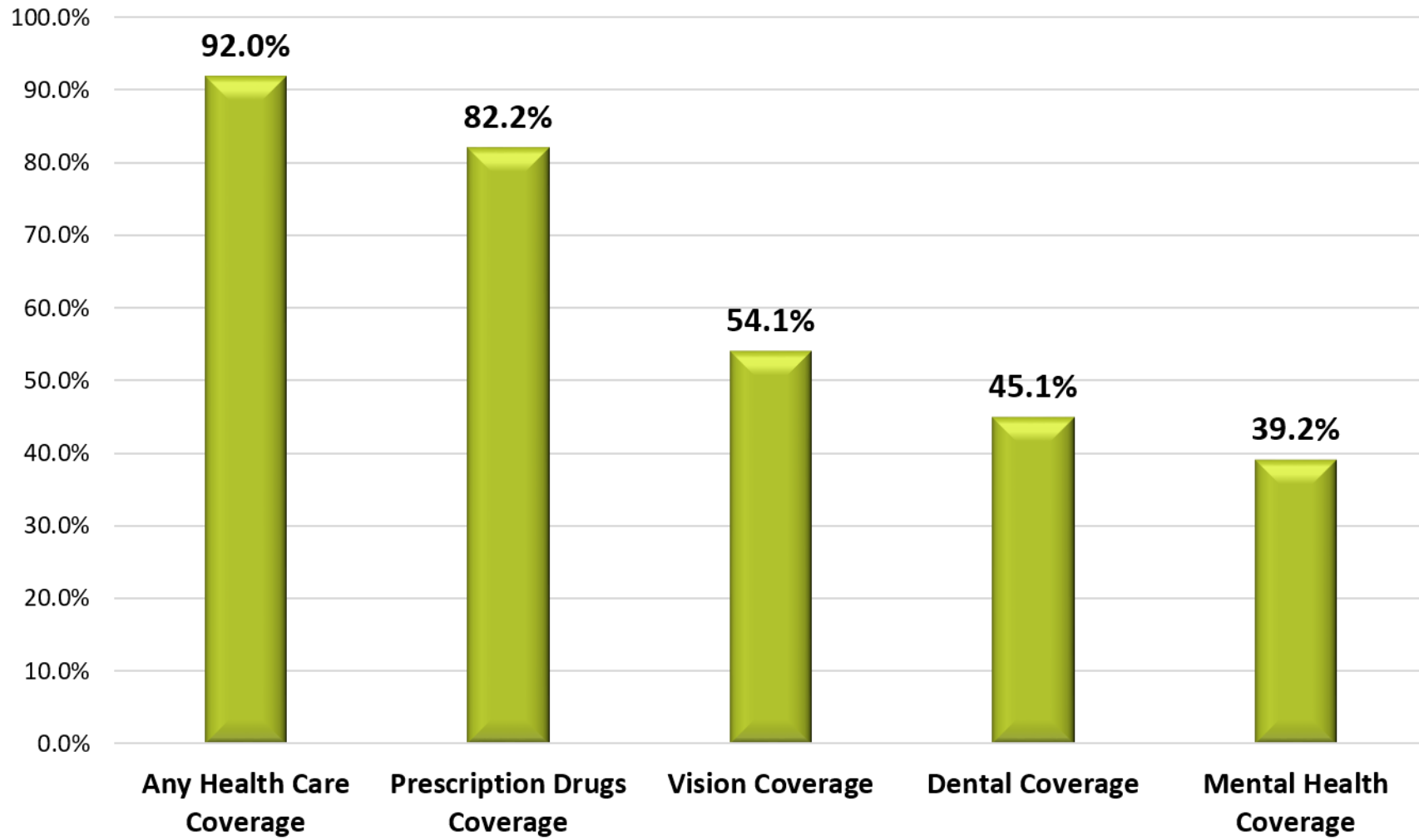


CHART 66. Primary Source of Health Care Coverage

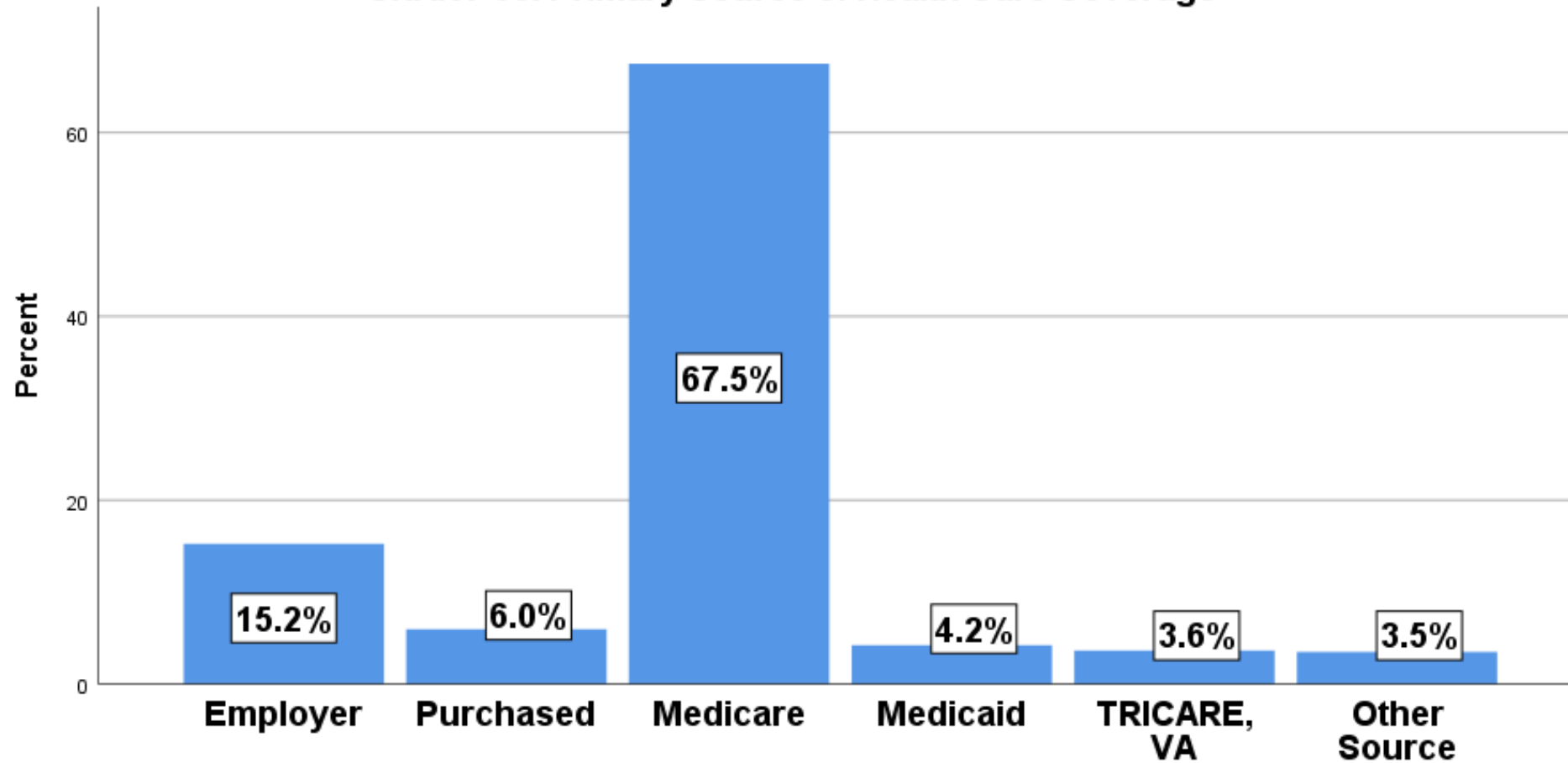


CHART 67. Satisfaction with Health Care Coverage

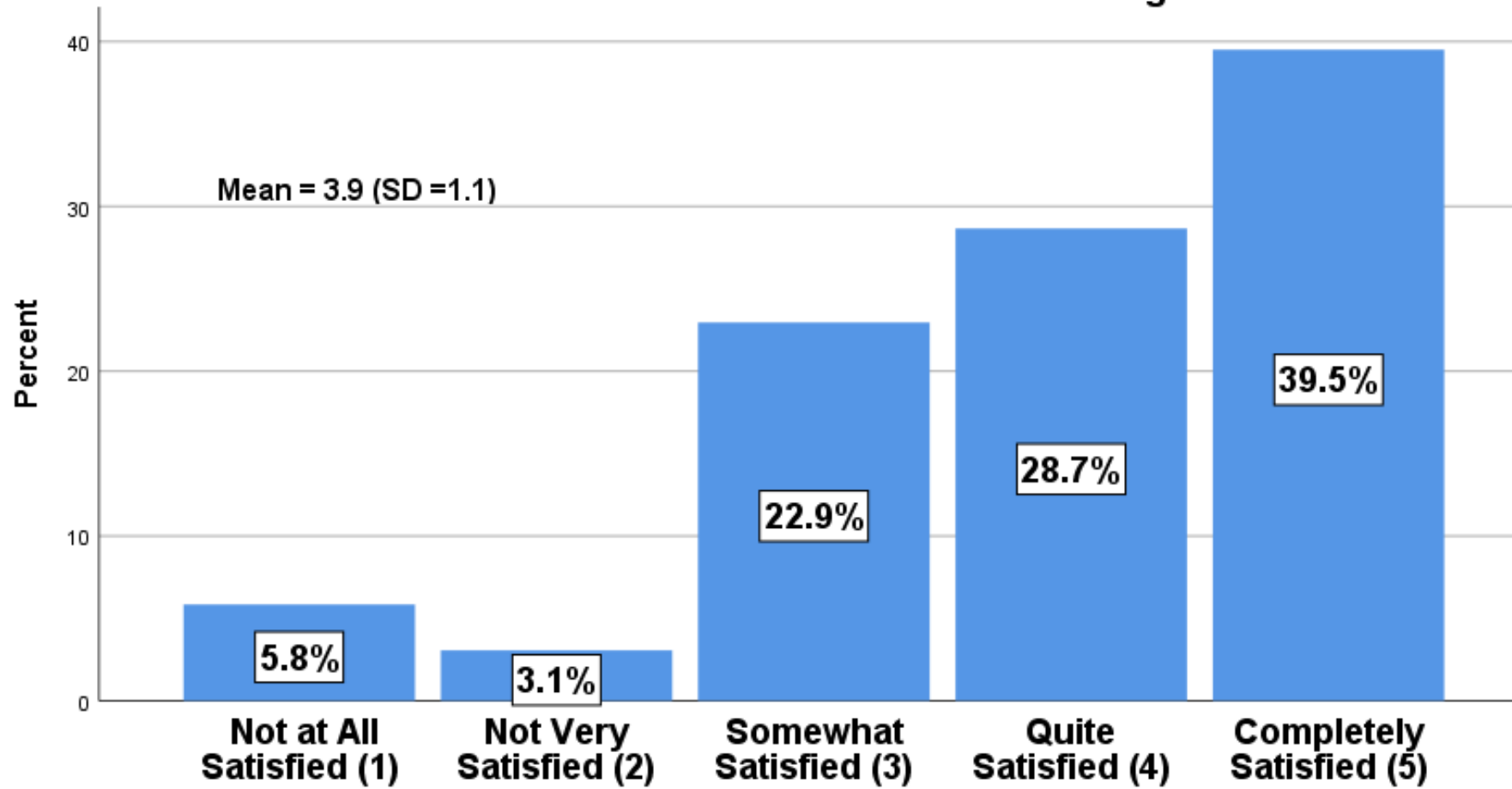


CHART 68. Satisfaction with Health Care Coverage by Race/Ethnicity

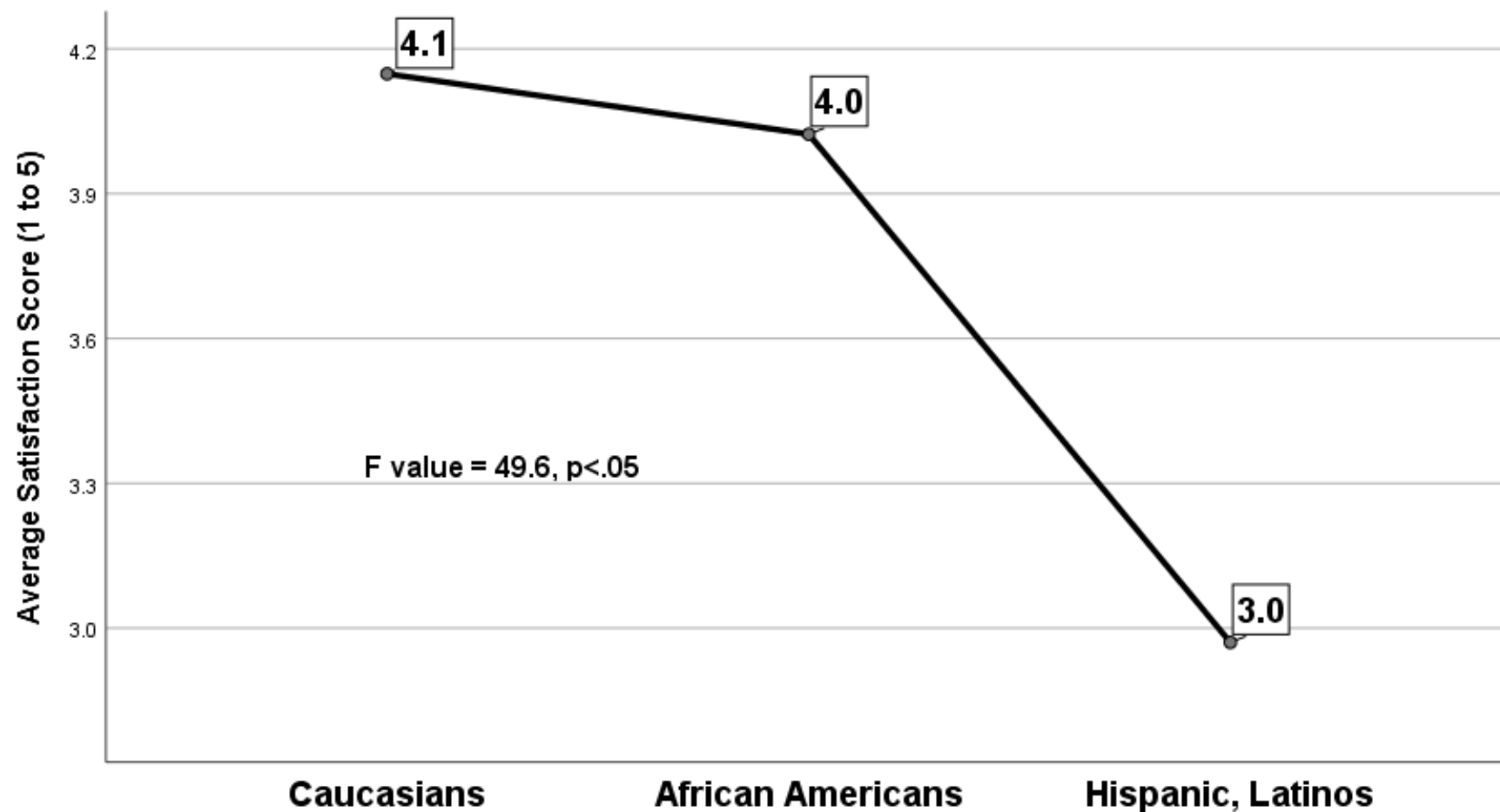


CHART 69. Self-Reported Use of Medical Services Last Twelve Months

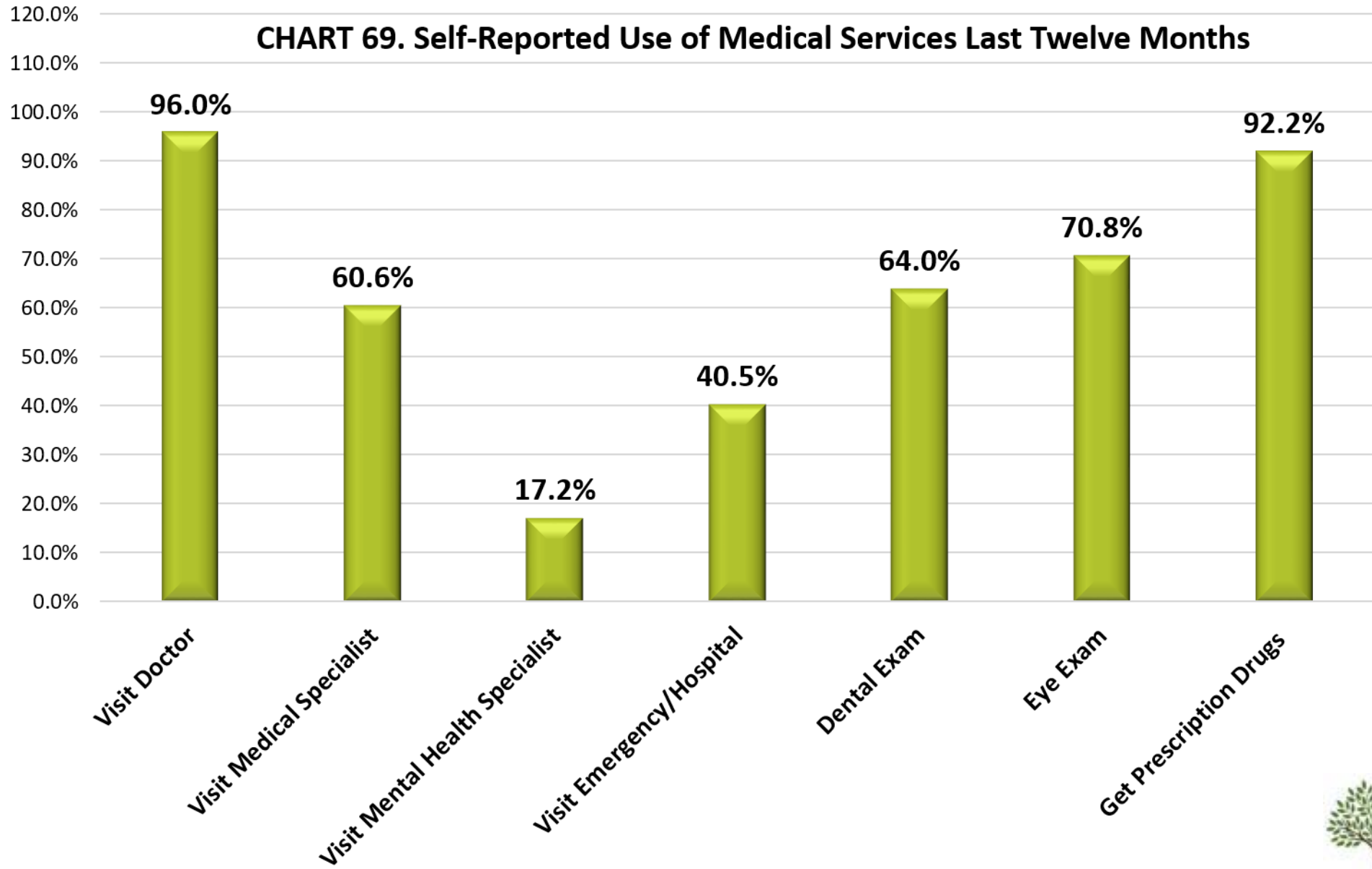


Chart 70. Average Times of Use of Health Services in the past 12 Months by Race/Ethnicity

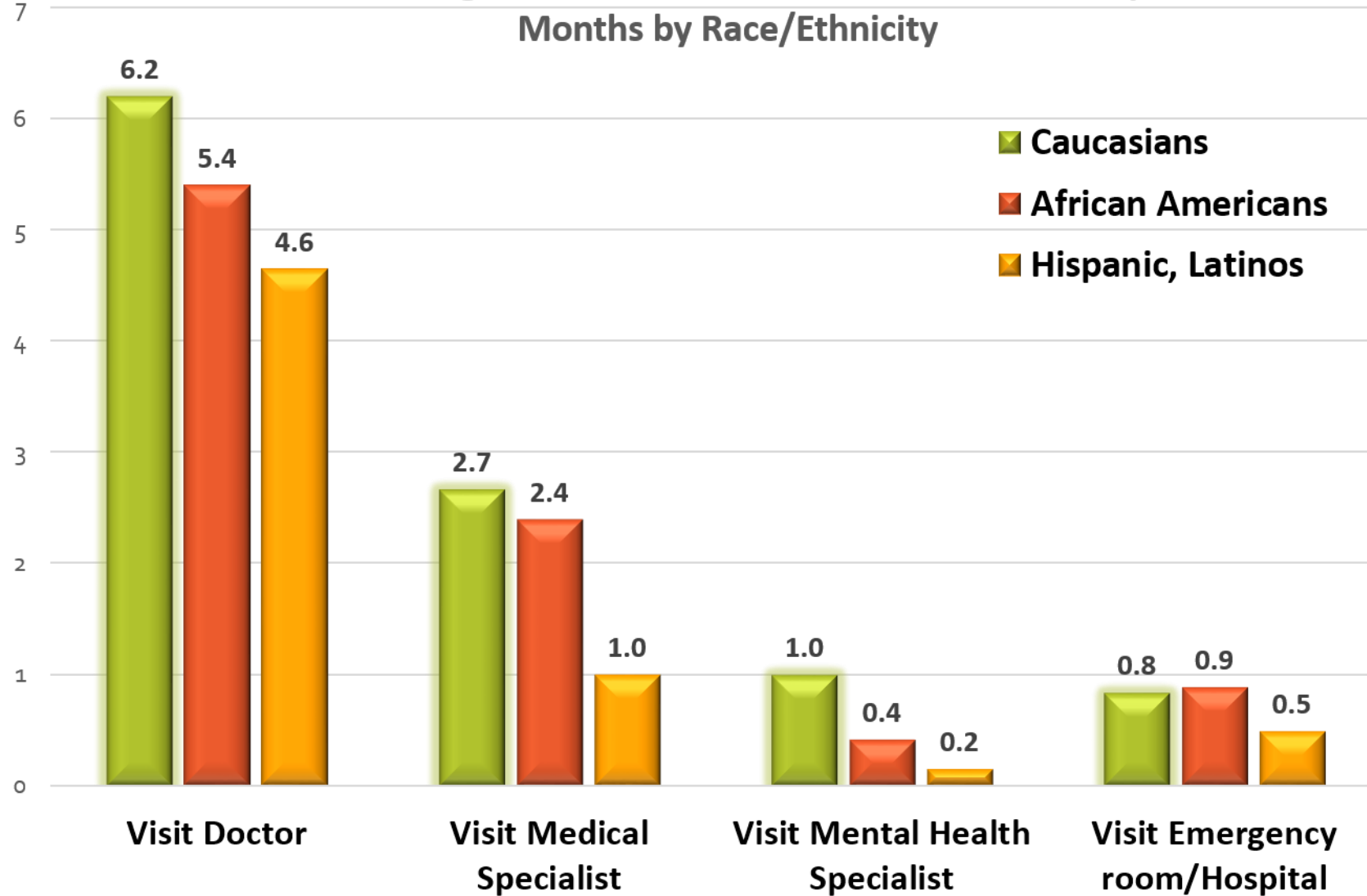
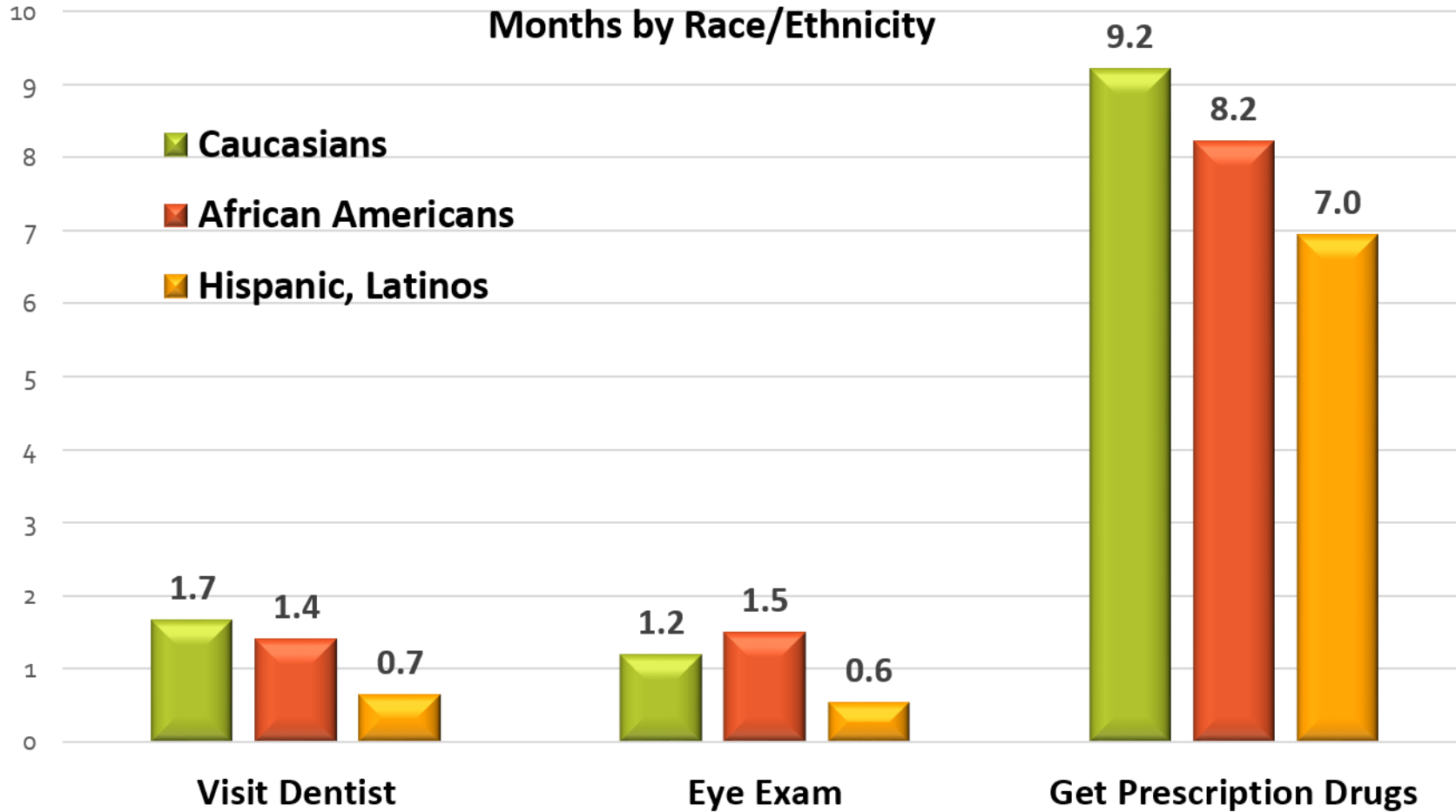
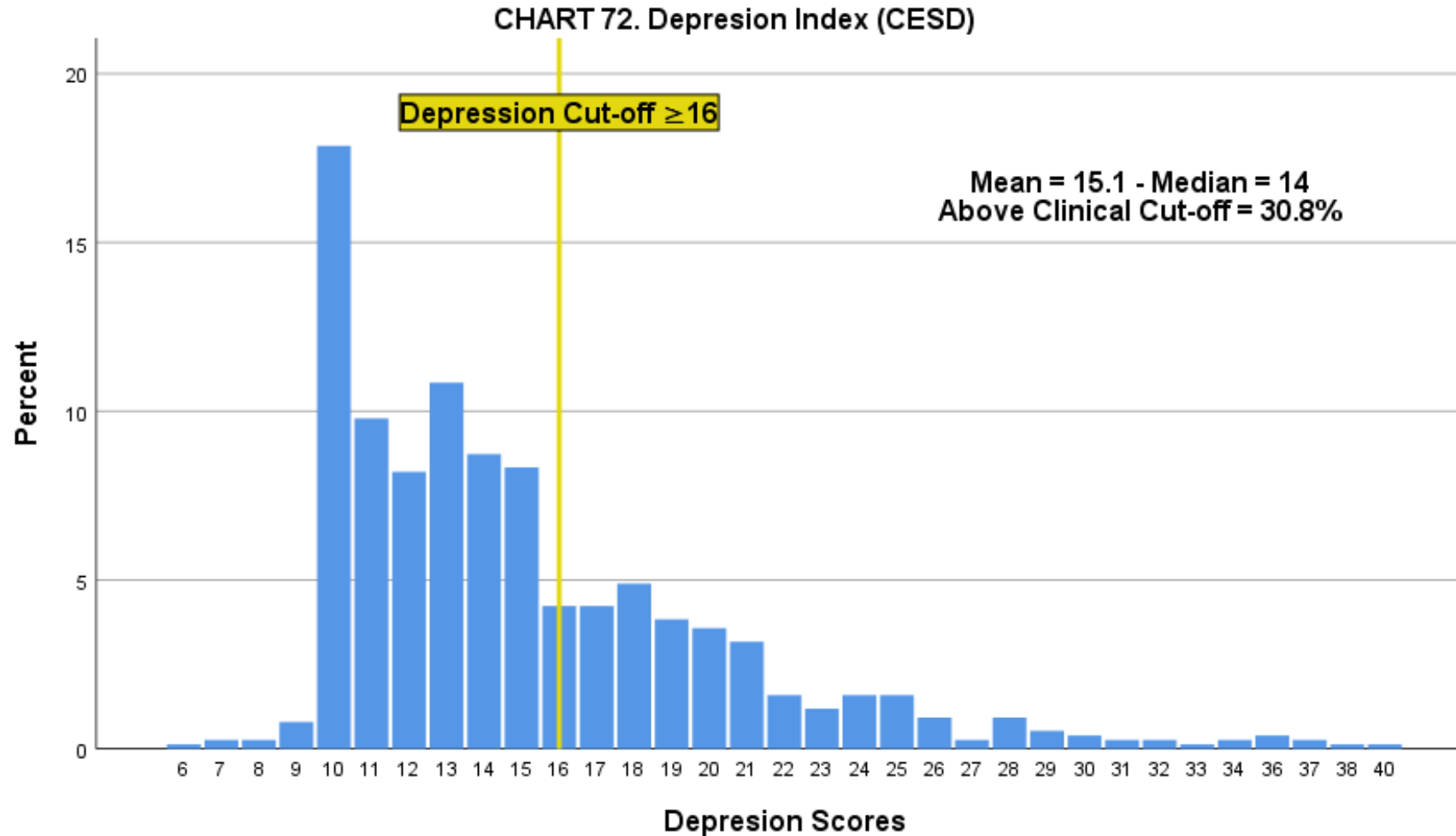


Chart 71. Average Time Use of Health Services in the Past 12 Months by Race/Ethnicity



DEPRESSION
CESD – Caregiver Depression Index

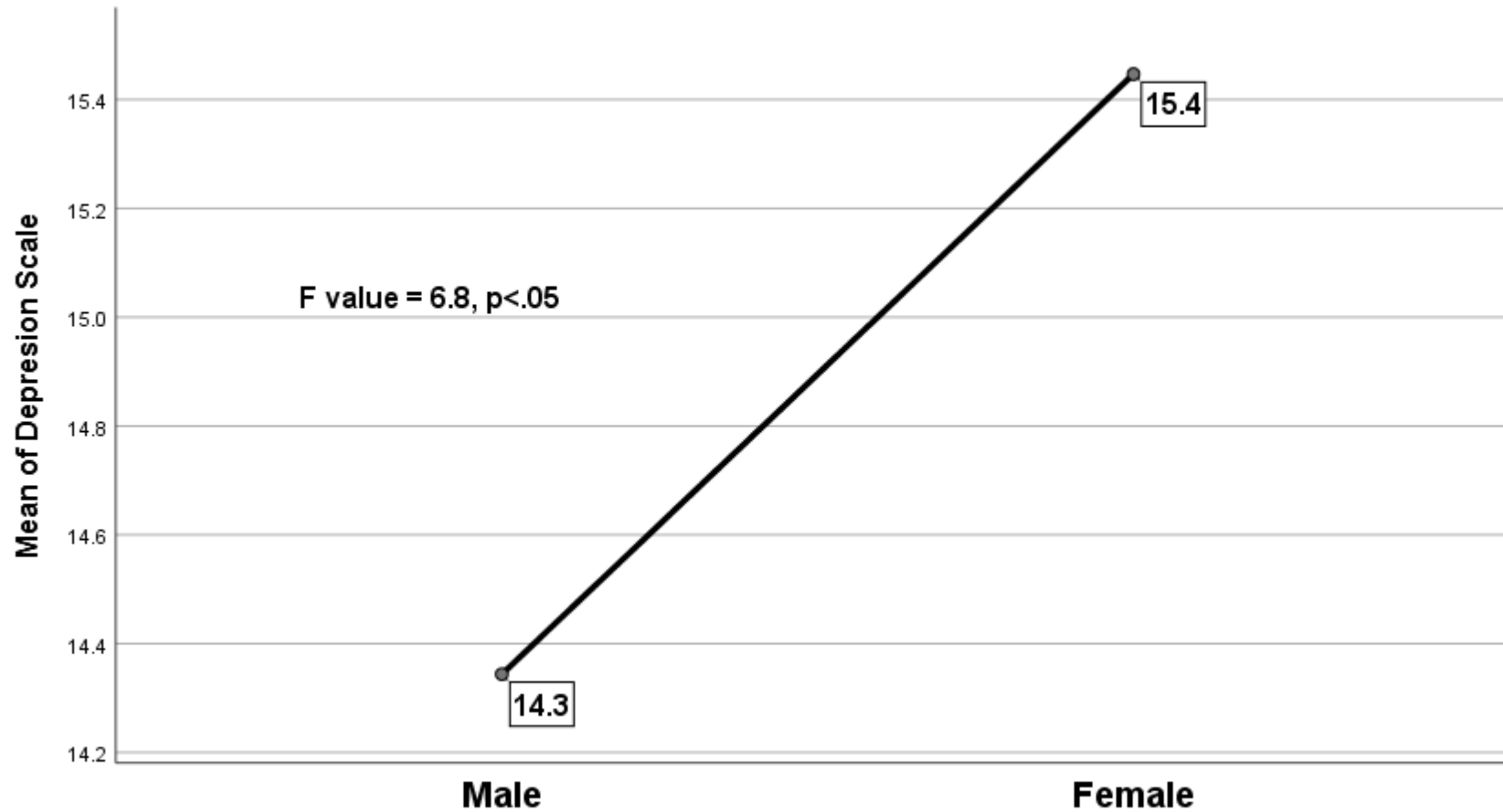
Mean = 15.1 (SD = 5.3)
Range 6 to 40



DEPRESSION
CESD – Caregiver Depression Index

Mean = 15.1 (SD = 5.3)
Range 6 to 40

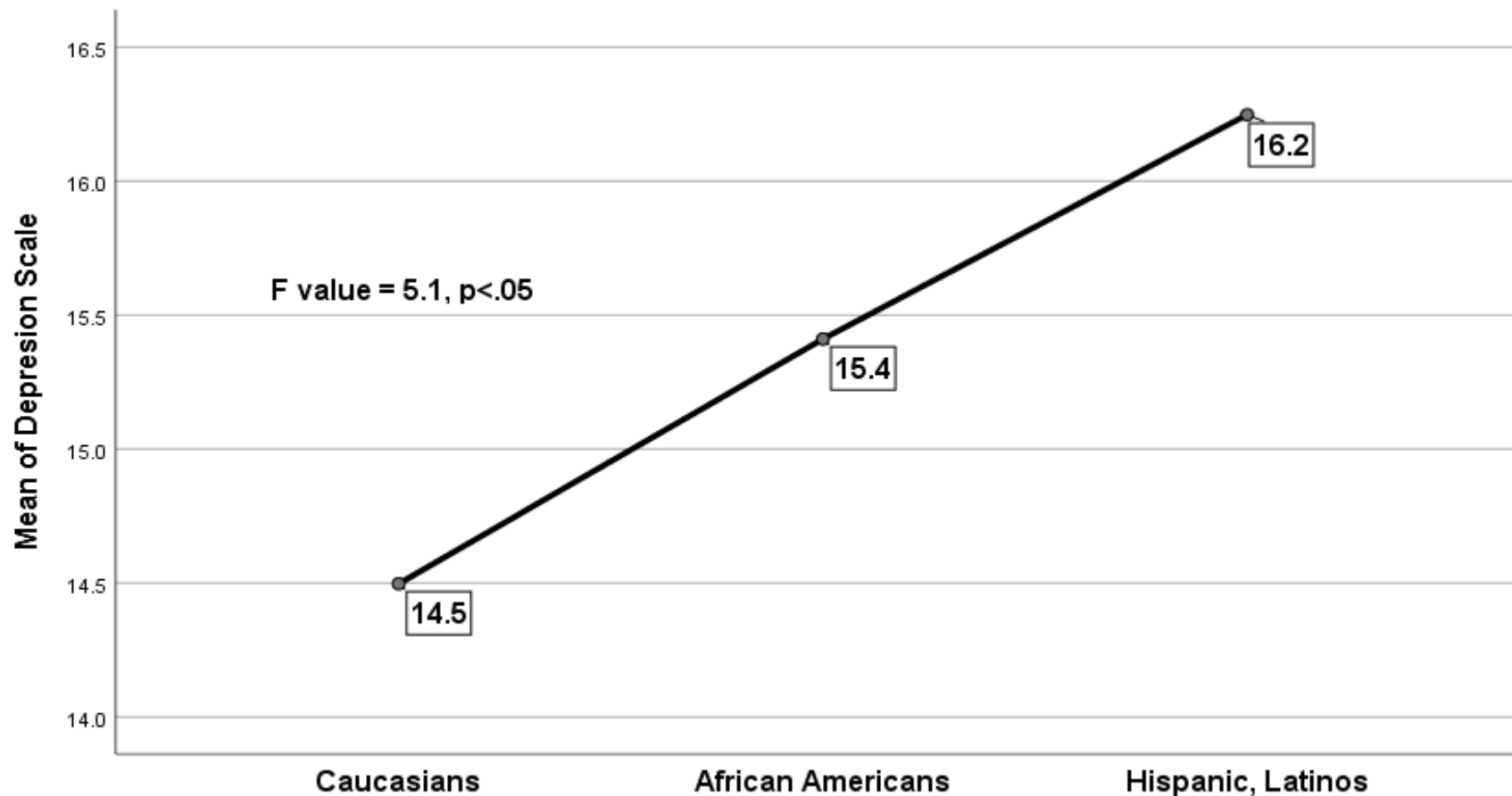
CHART 73. CESD Depression Scale by Gender



DEPRESSION
CESD – Caregiver Depression Index

Mean = 15.1 (SD = 5.3)
Range 6 to 40

CHART 74. CESD Depression Scores by Race/Ethnicity

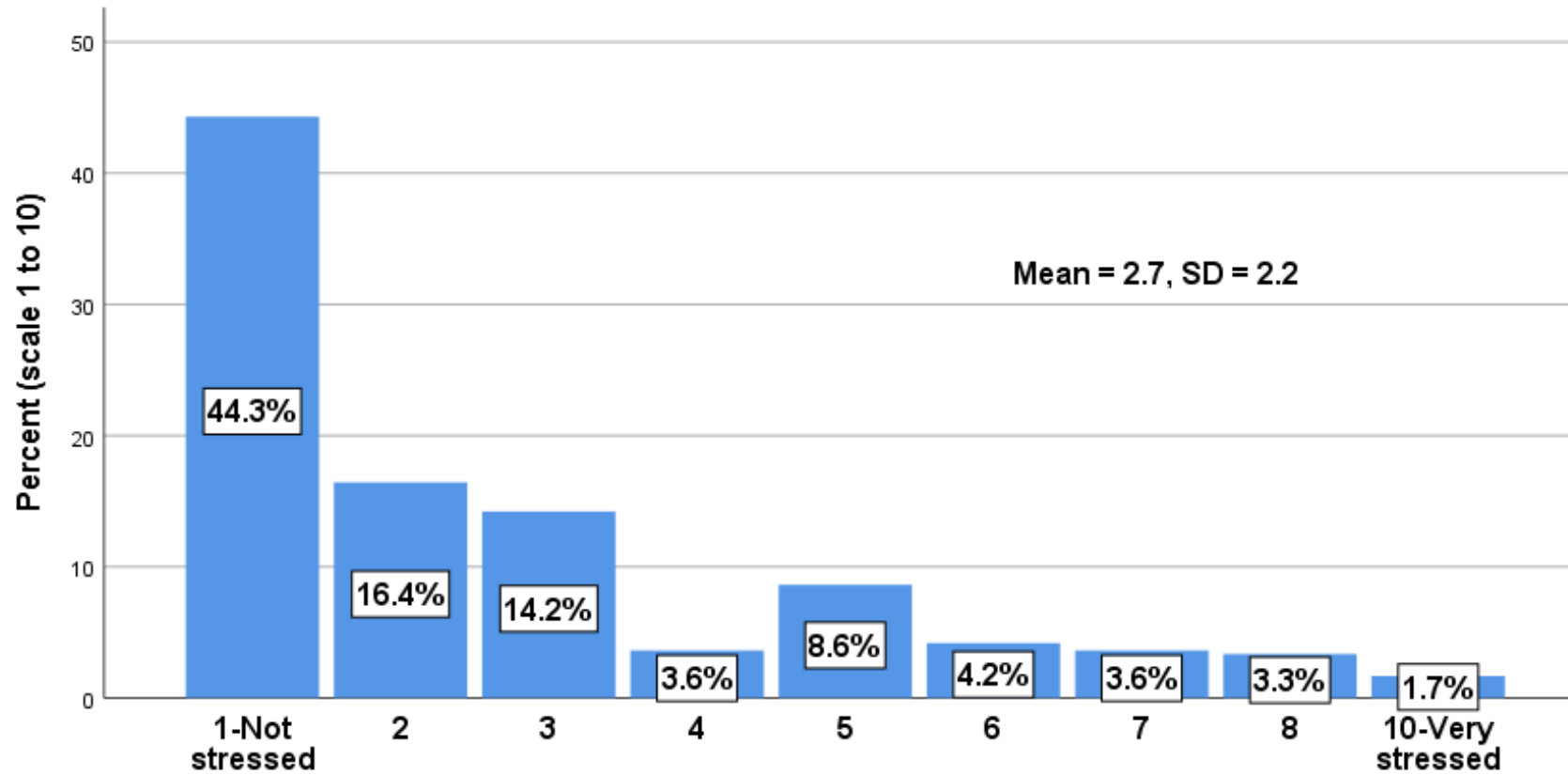


STRESS

Subjective Rate on a scale from 1 to 10

Mean = 2.7 (SD = 2.2)
Range 1 to 10

CHART 75. Level of Subjective Stress

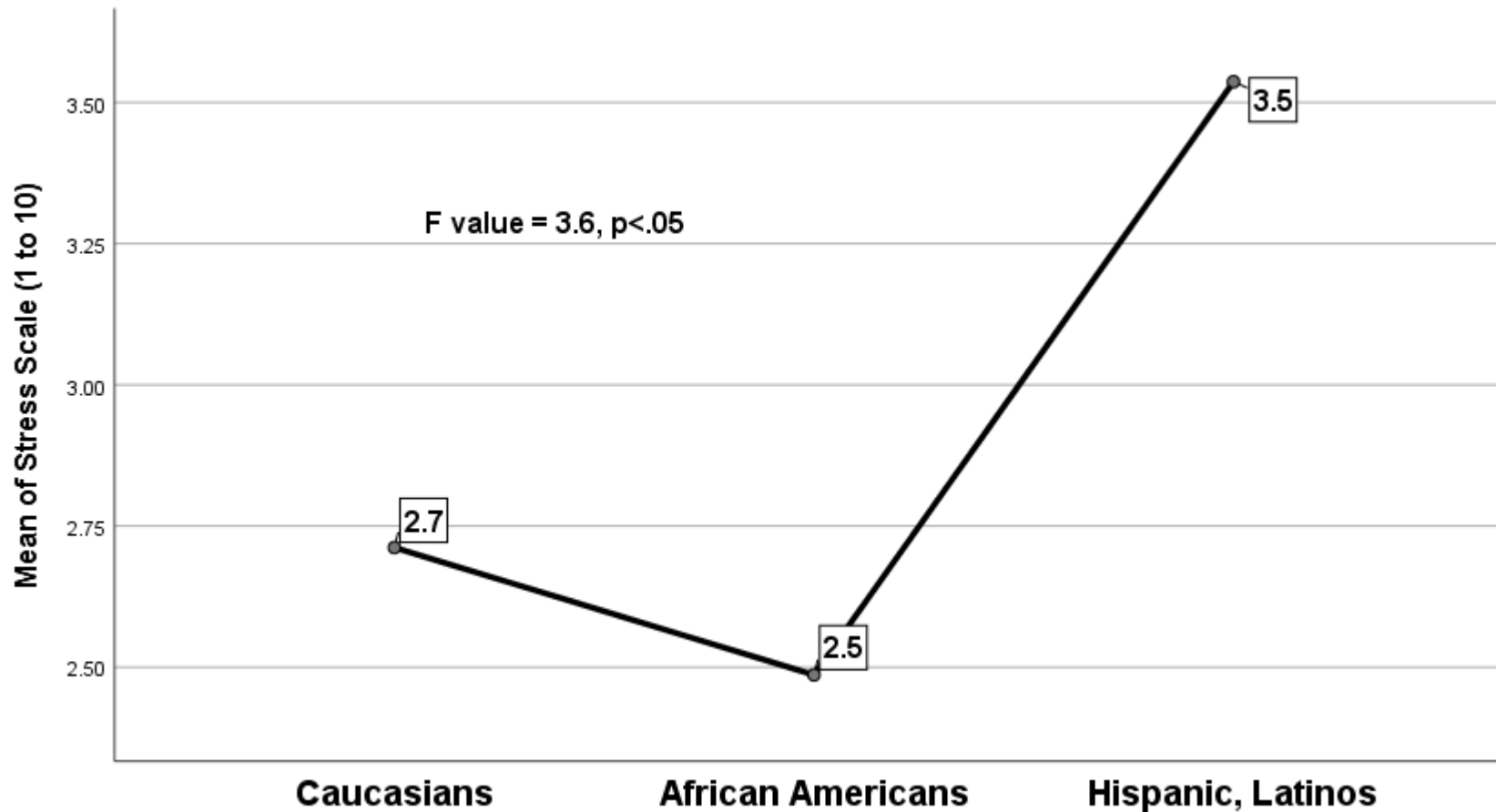


STRESS

Subjective Rate on a scale from 1 to 10

Mean = 2.7 (SD = 2.2)
Range 1 to 10

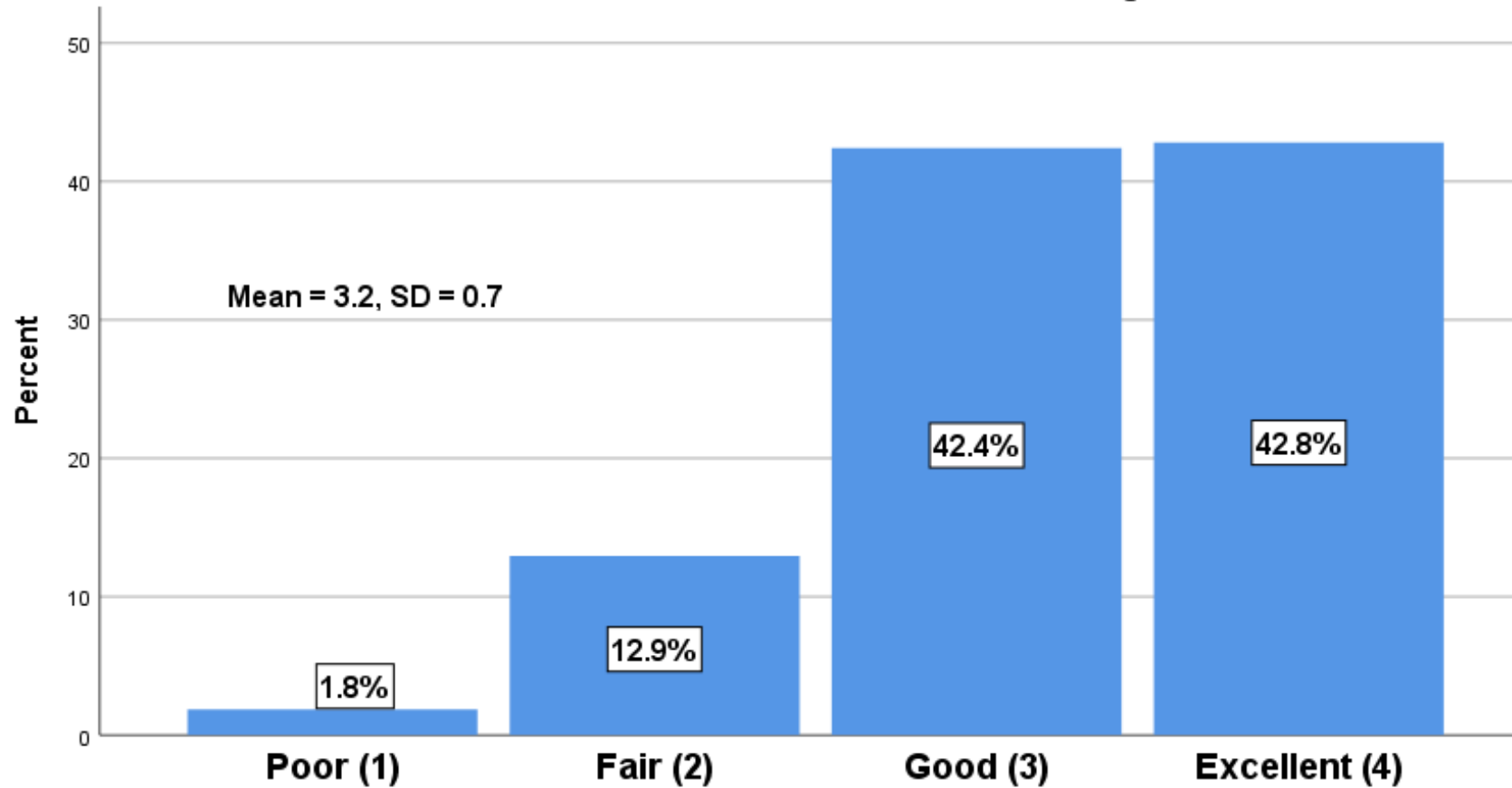
CHART 76. Subjective Level of Stress by Race/Ethnicity



MENTAL HEALTH –EMOTIONAL WELLBEING
Scale: Poor (1) to Excellent (4)

Mean = 3.2 (SD = 0.7)
Range 1 to 4

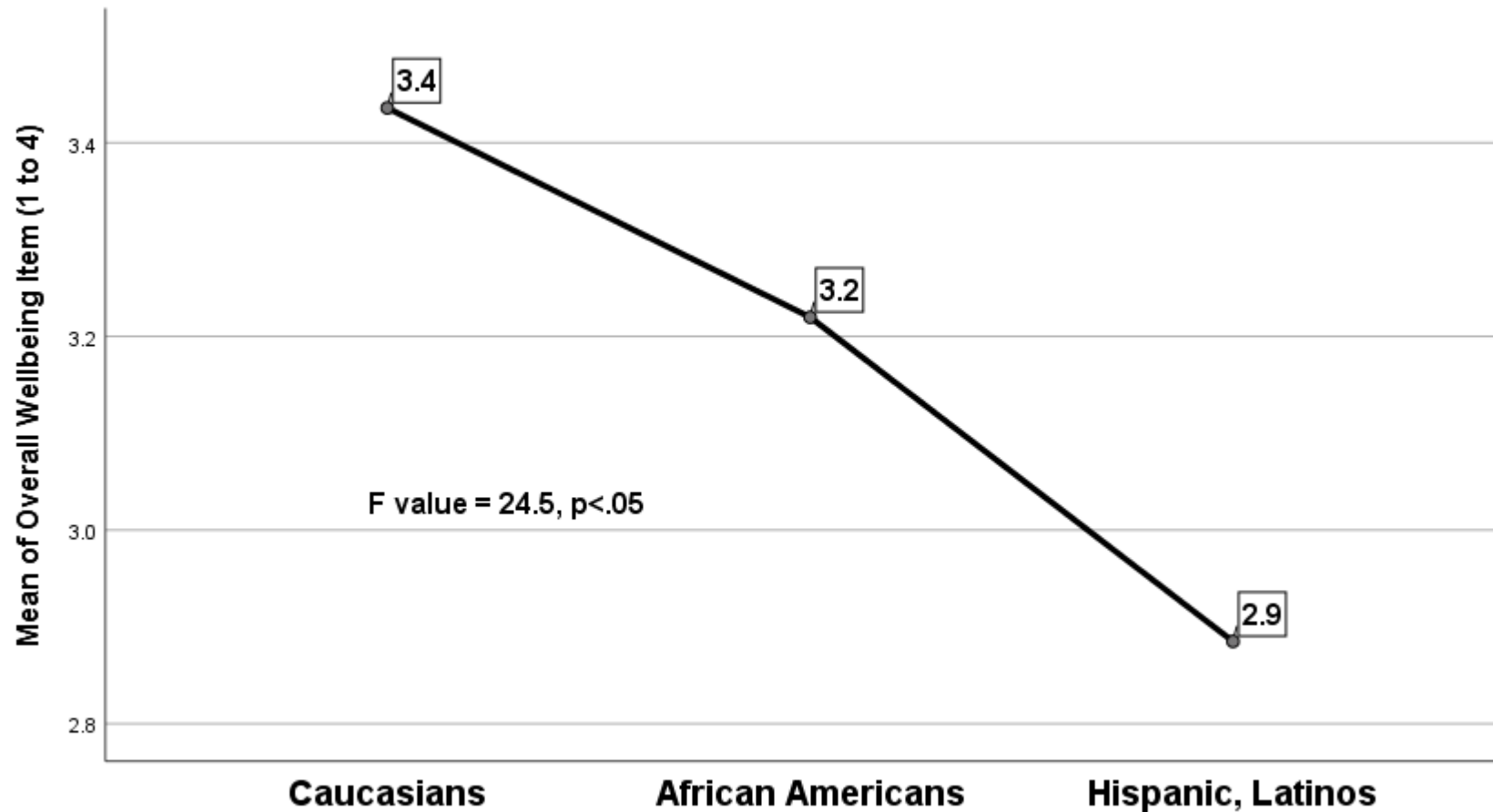
CHART 77. Overall Mental Health-Emotional Wellbeing



MENTAL HEALTH –EMOTIONAL WELLBEING
Scale: Poor (1) to Excellent (4)

Mean = 3.2 (SD = 0.7)
Range 1 to 4

CHART 78. Overall Mental Health - Emotional Wellbeing by Race/Ethnicity





Health Characteristics and Geographical Distribution of Adults 60+
in Charlotte and Mecklenburg County



FIGURE 8

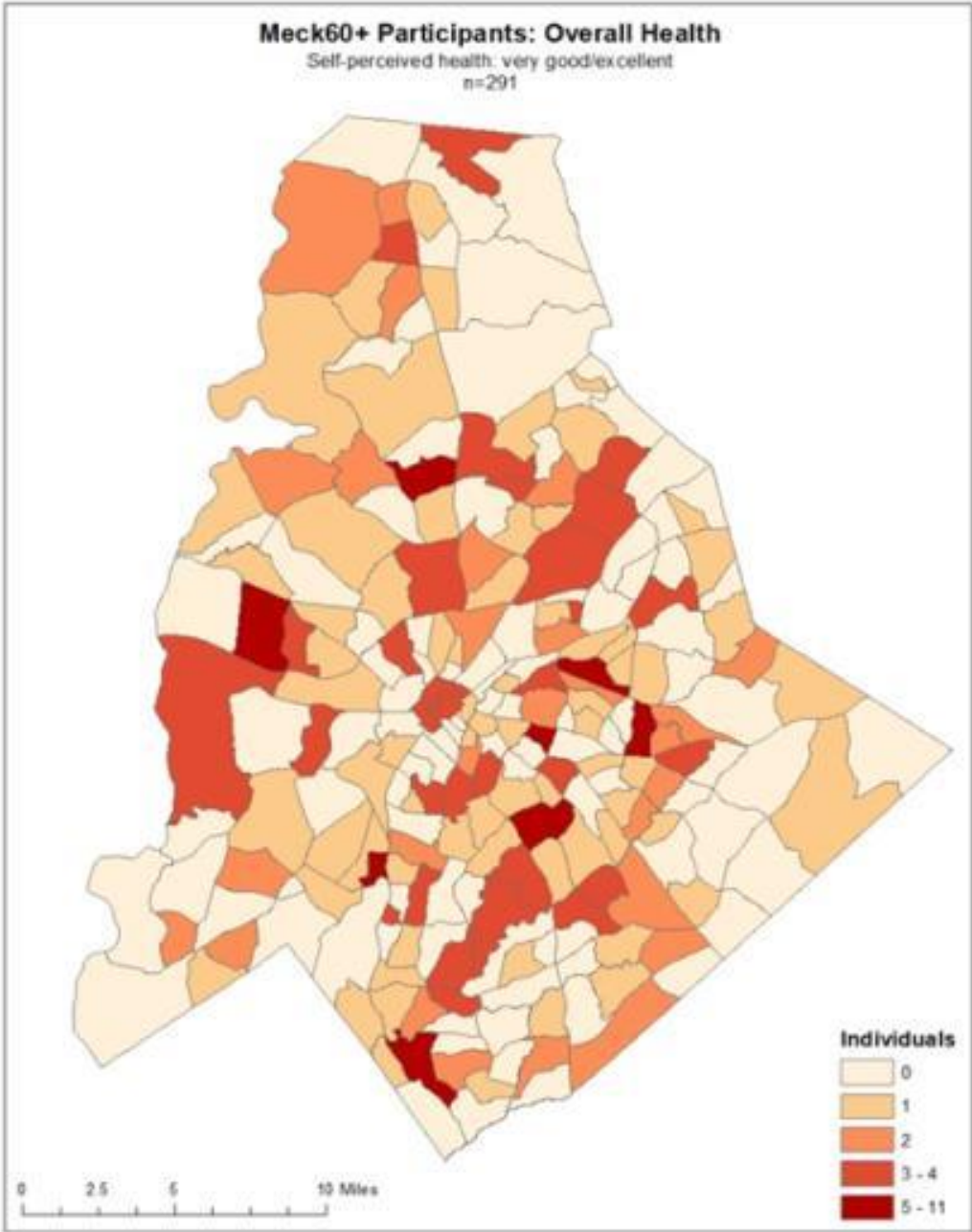


FIGURE 9

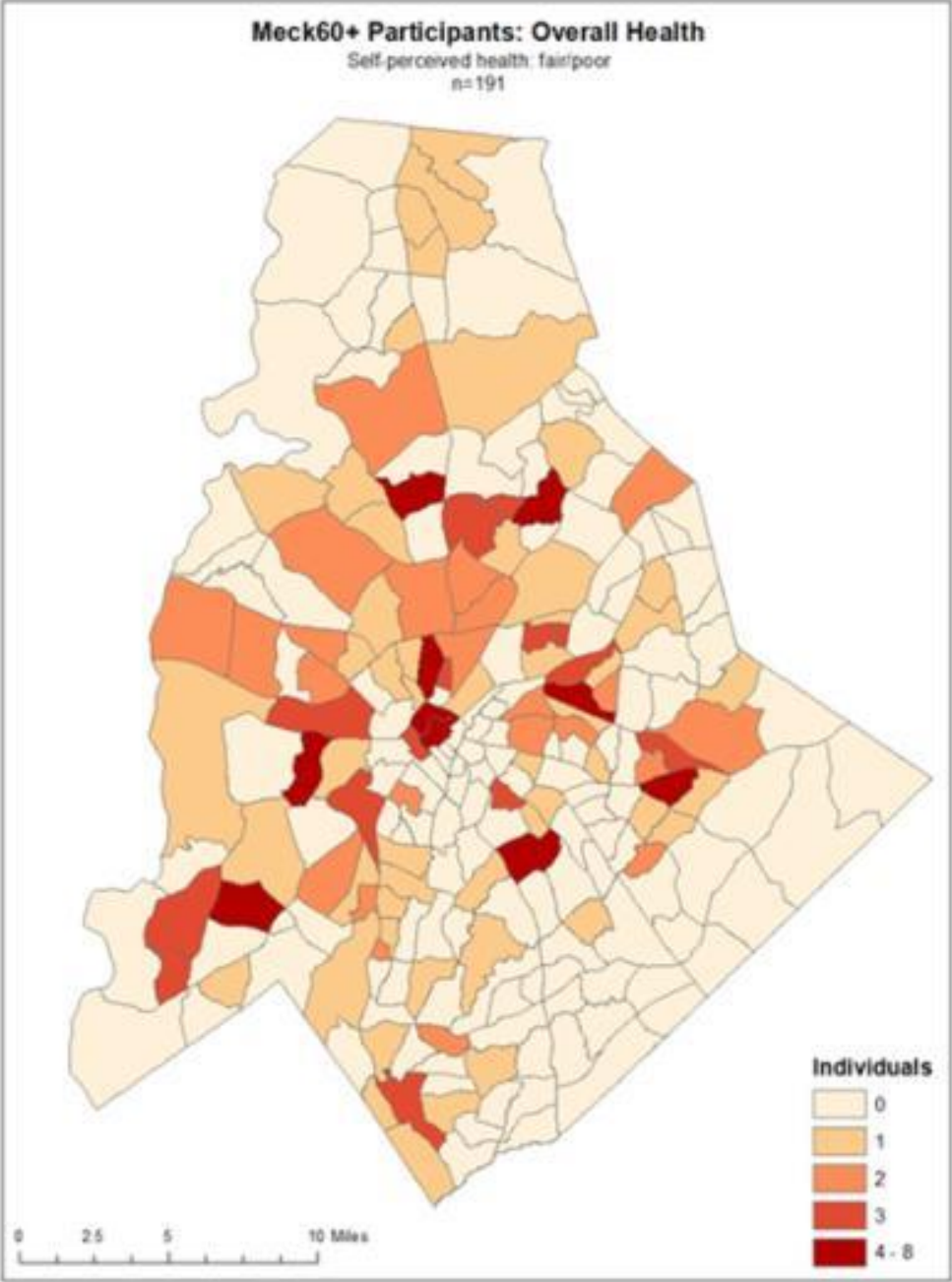


FIGURE 10

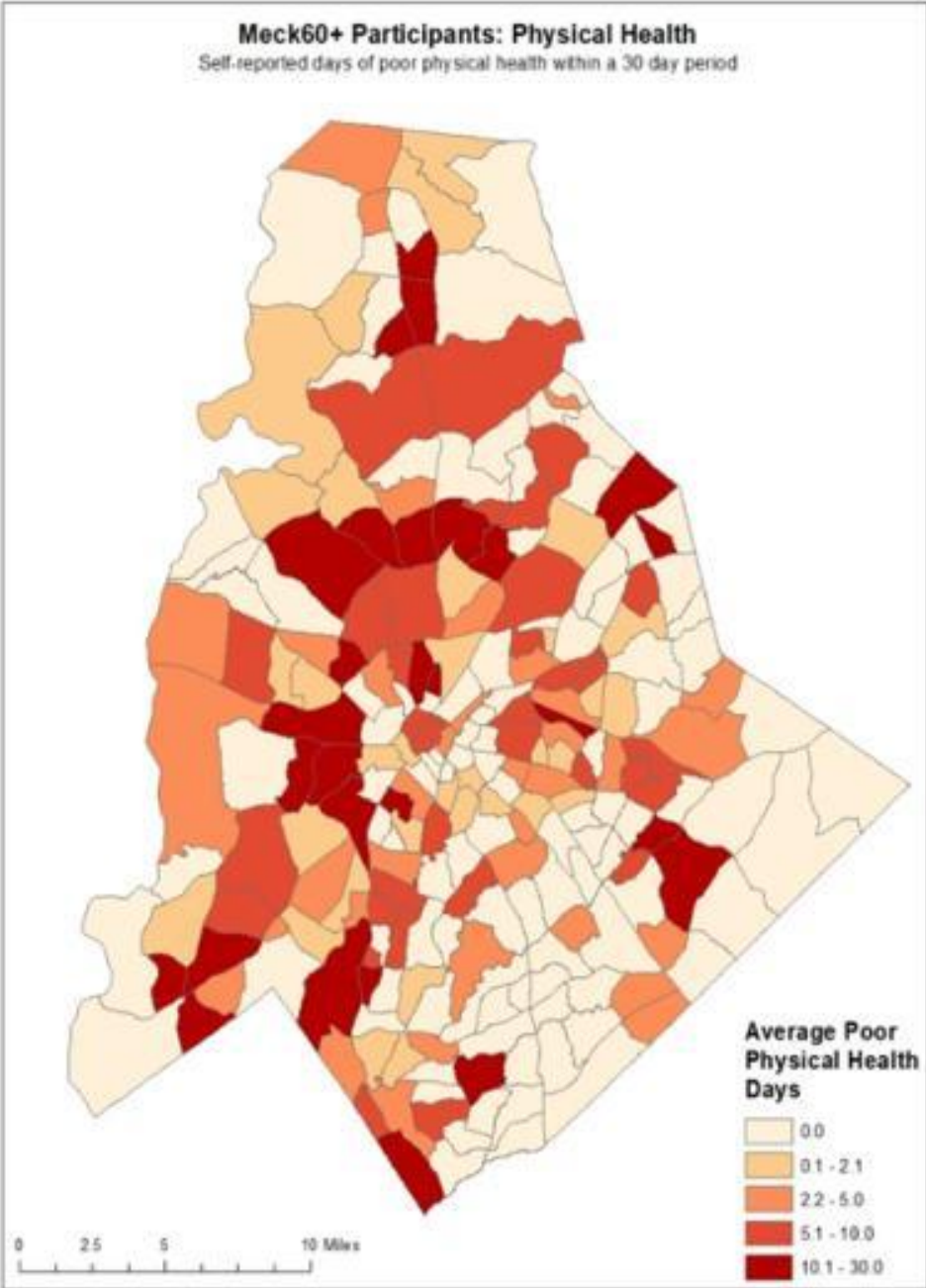


FIGURE 11

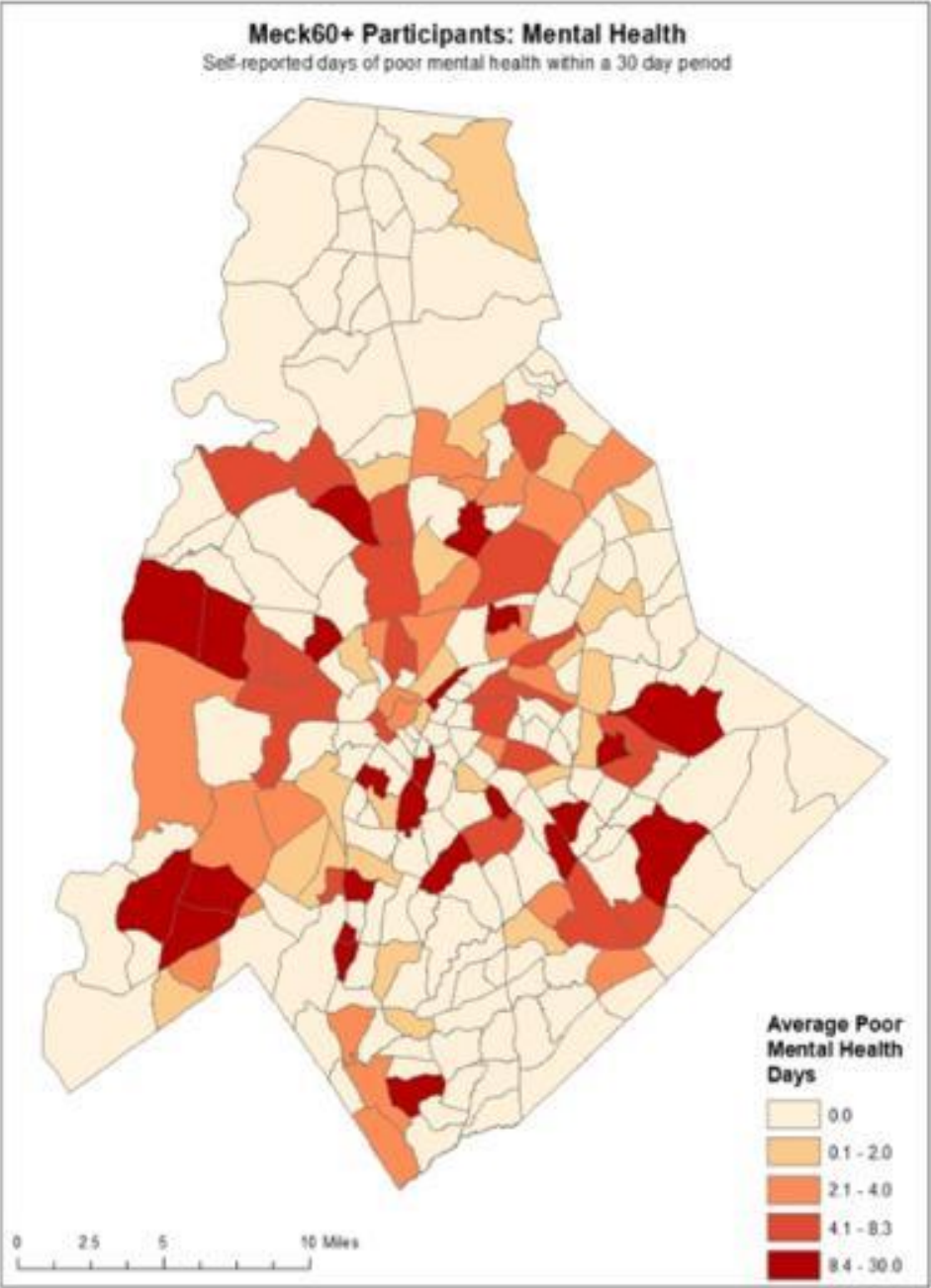


FIGURE 12

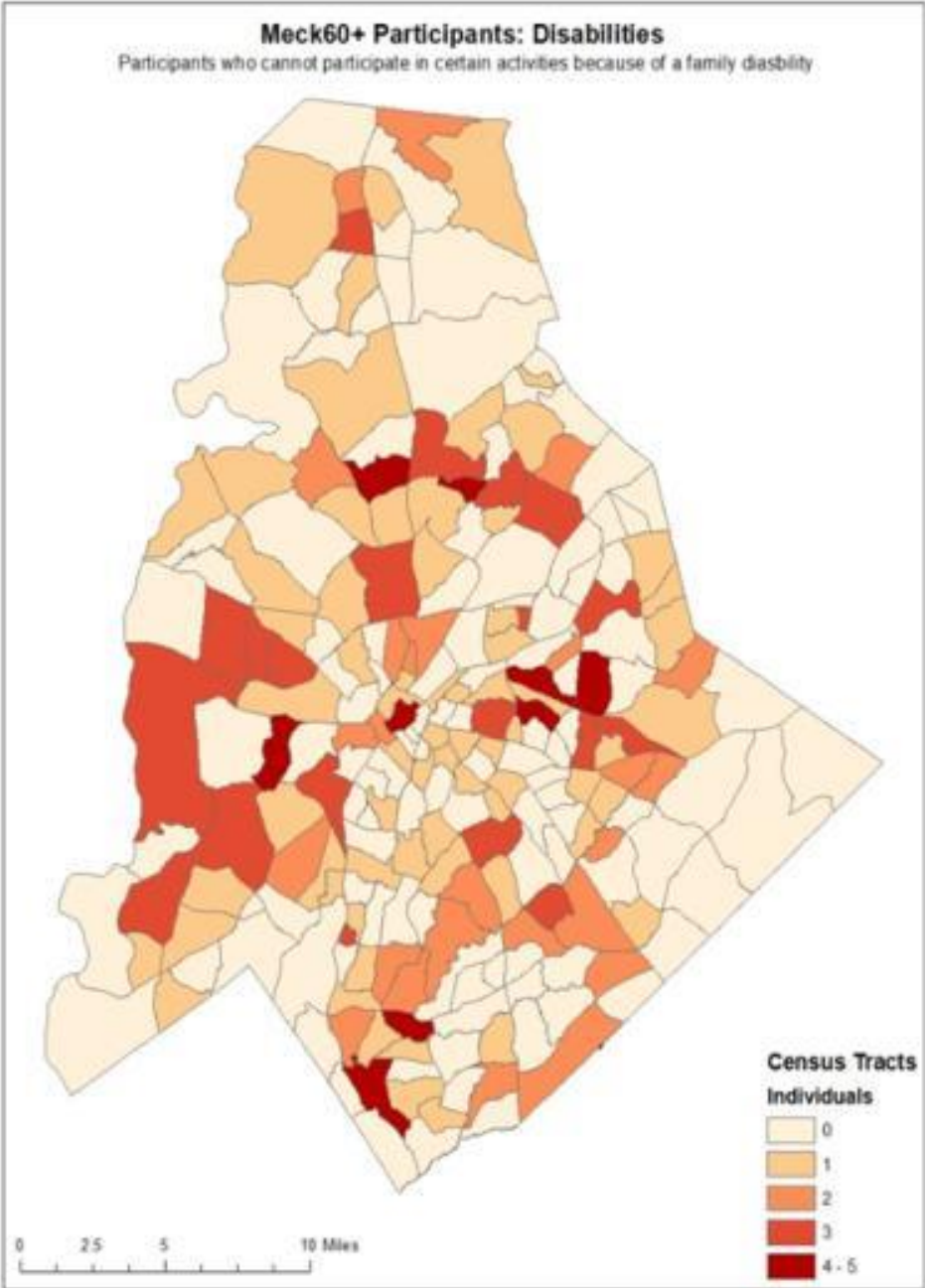


FIGURE 13

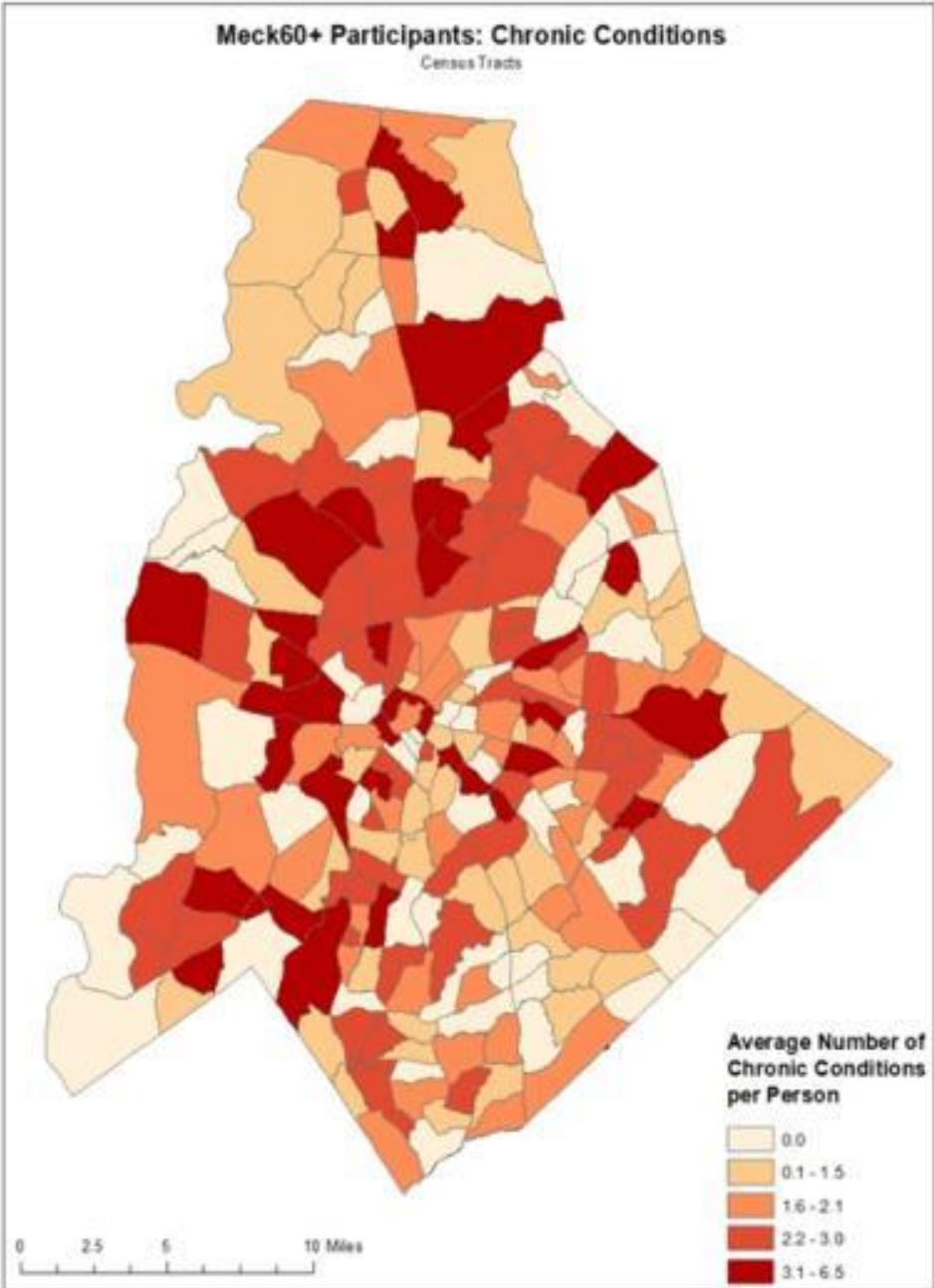


FIGURE 14

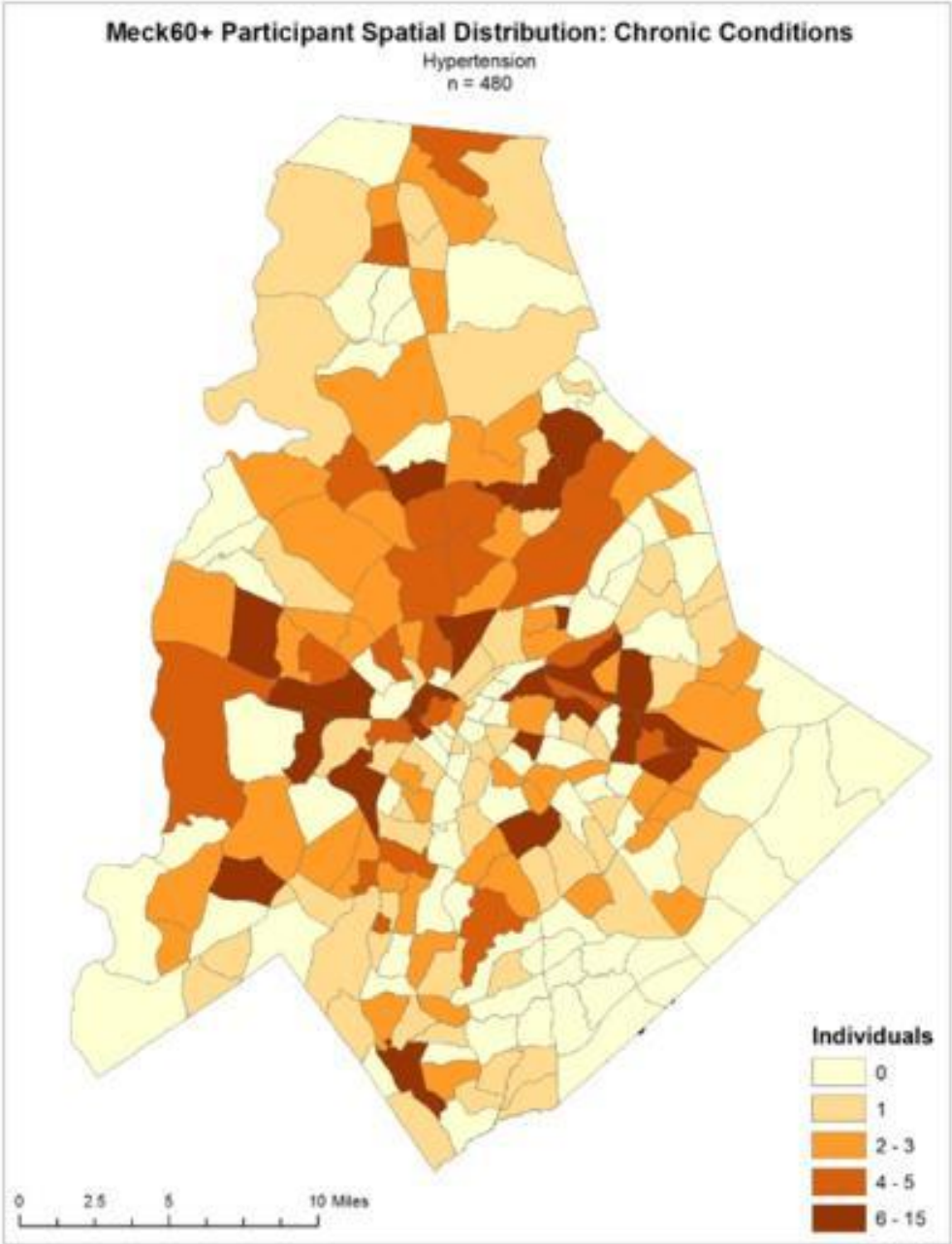


FIGURE 15

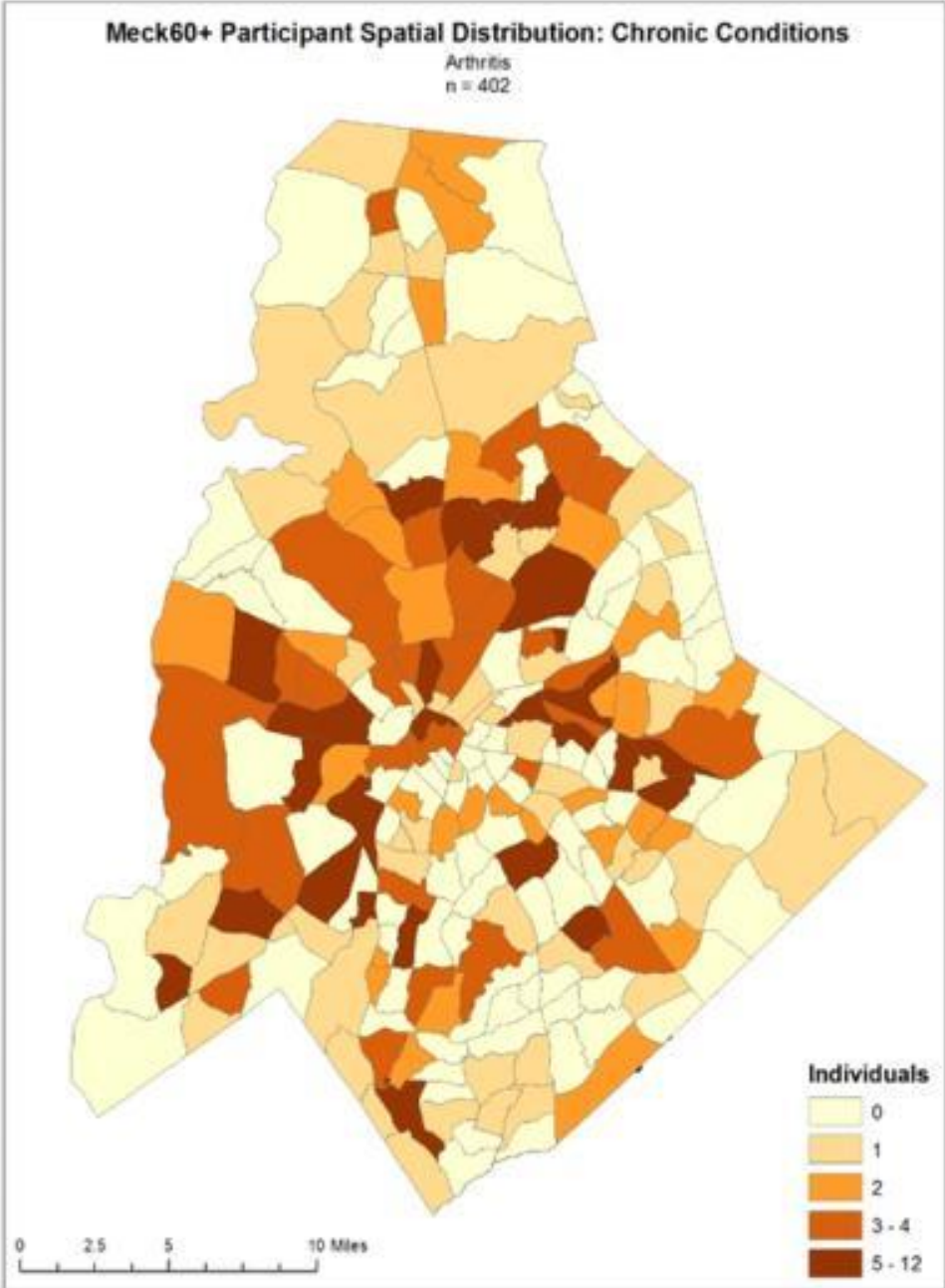


FIGURE 16

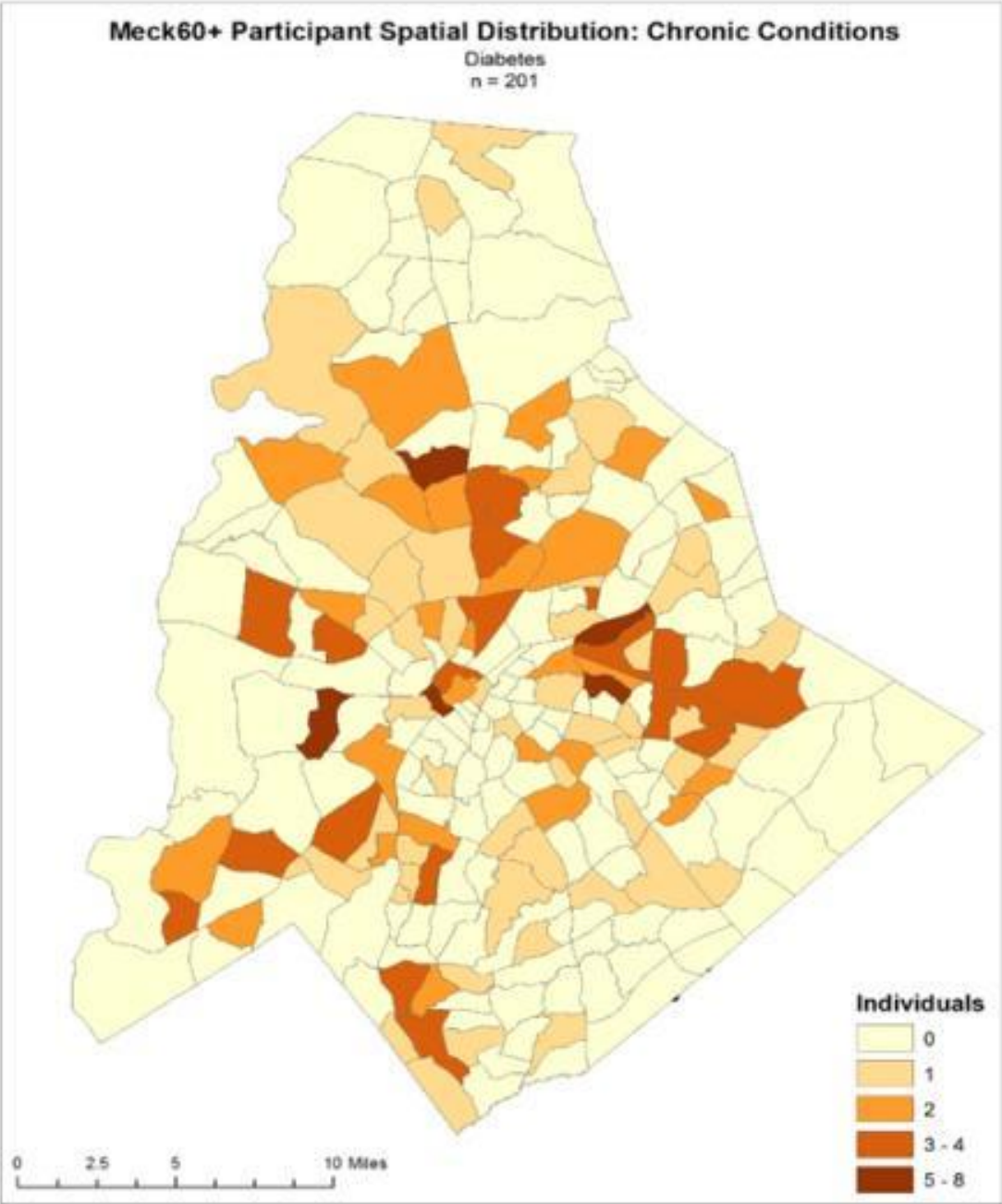


FIGURE 17

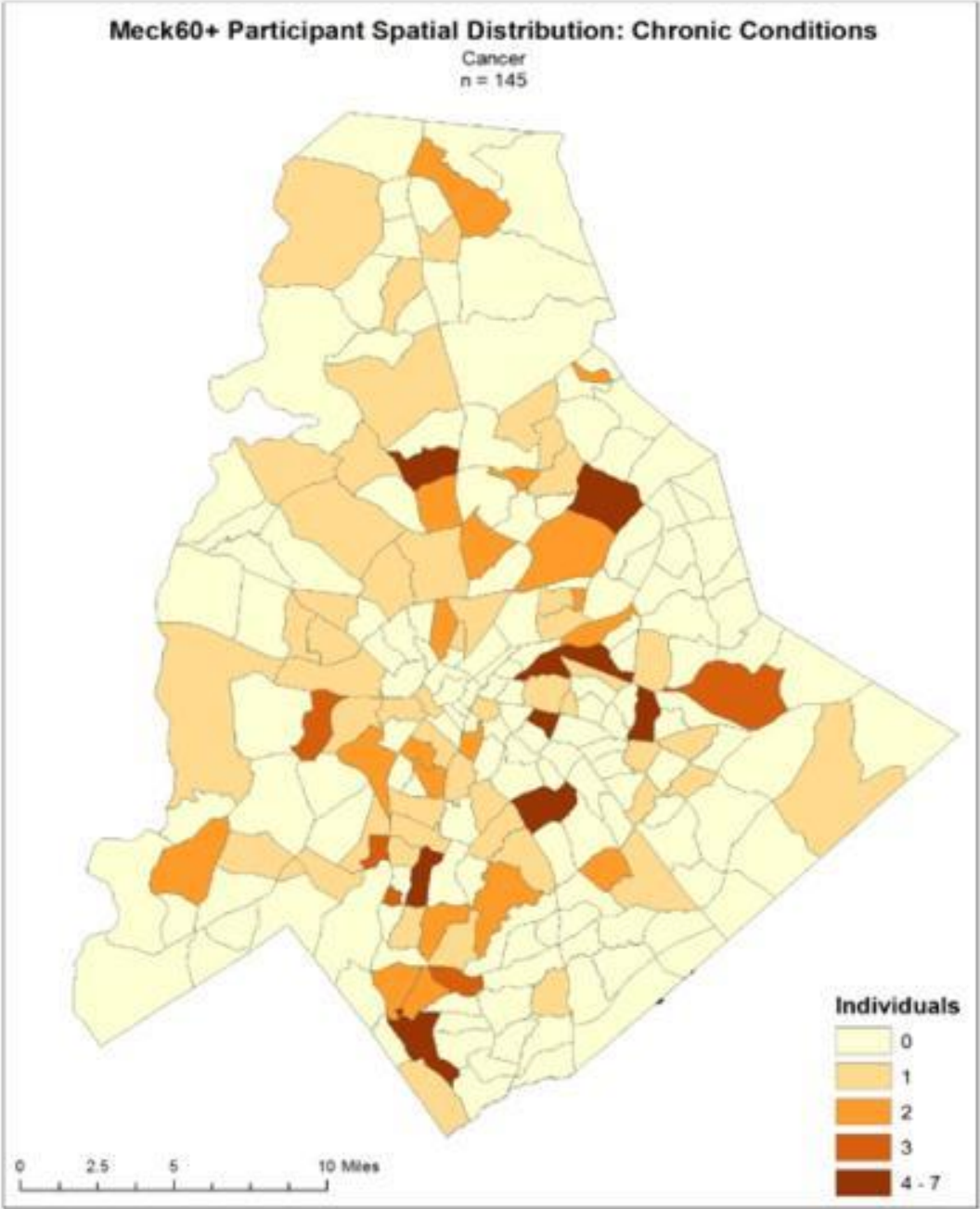


FIGURE 18

Medical Specialist Visits: Meck60+ Participants

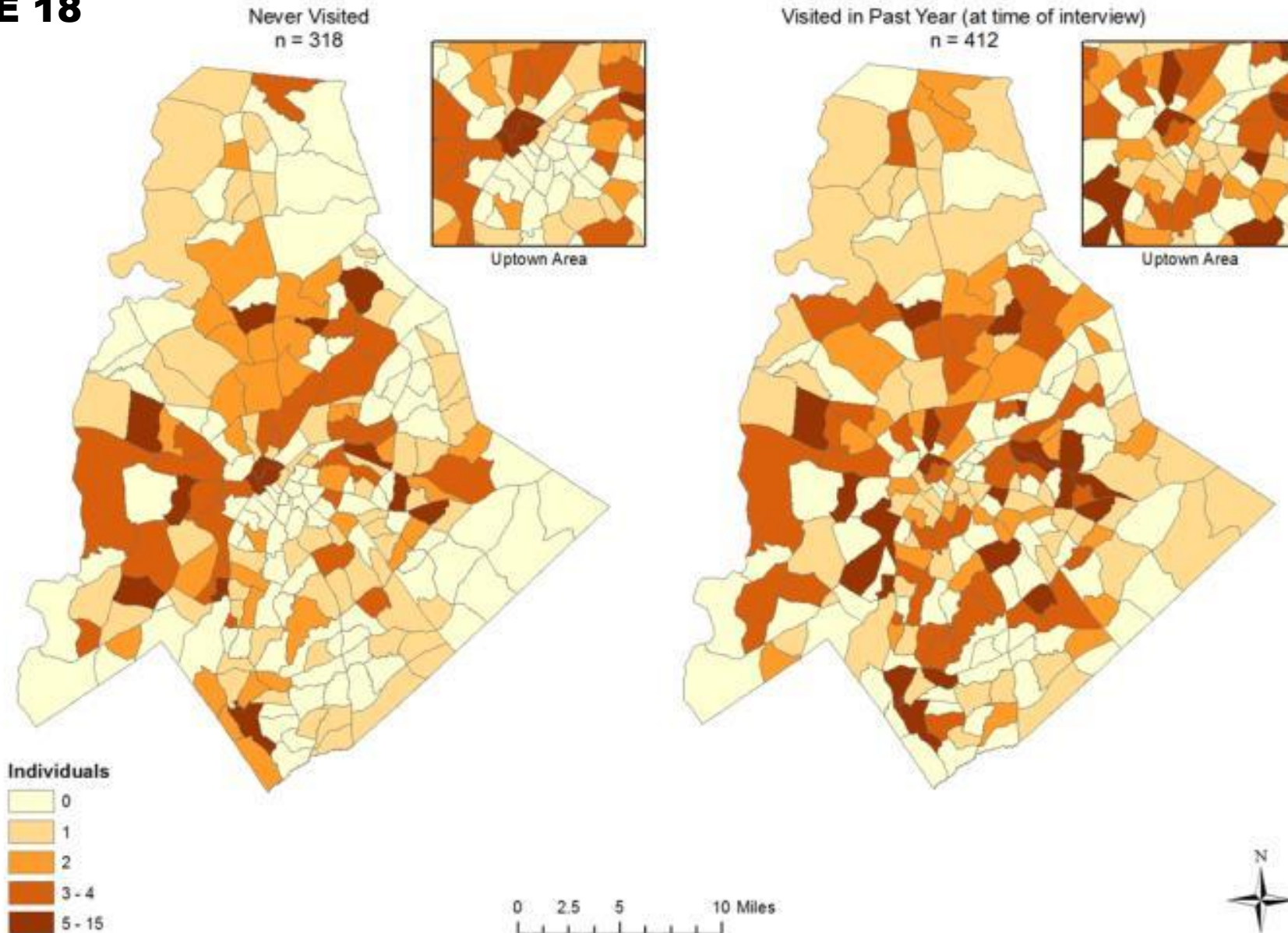


FIGURE 19

Eye Specialist Visits: Meck60+ Participants

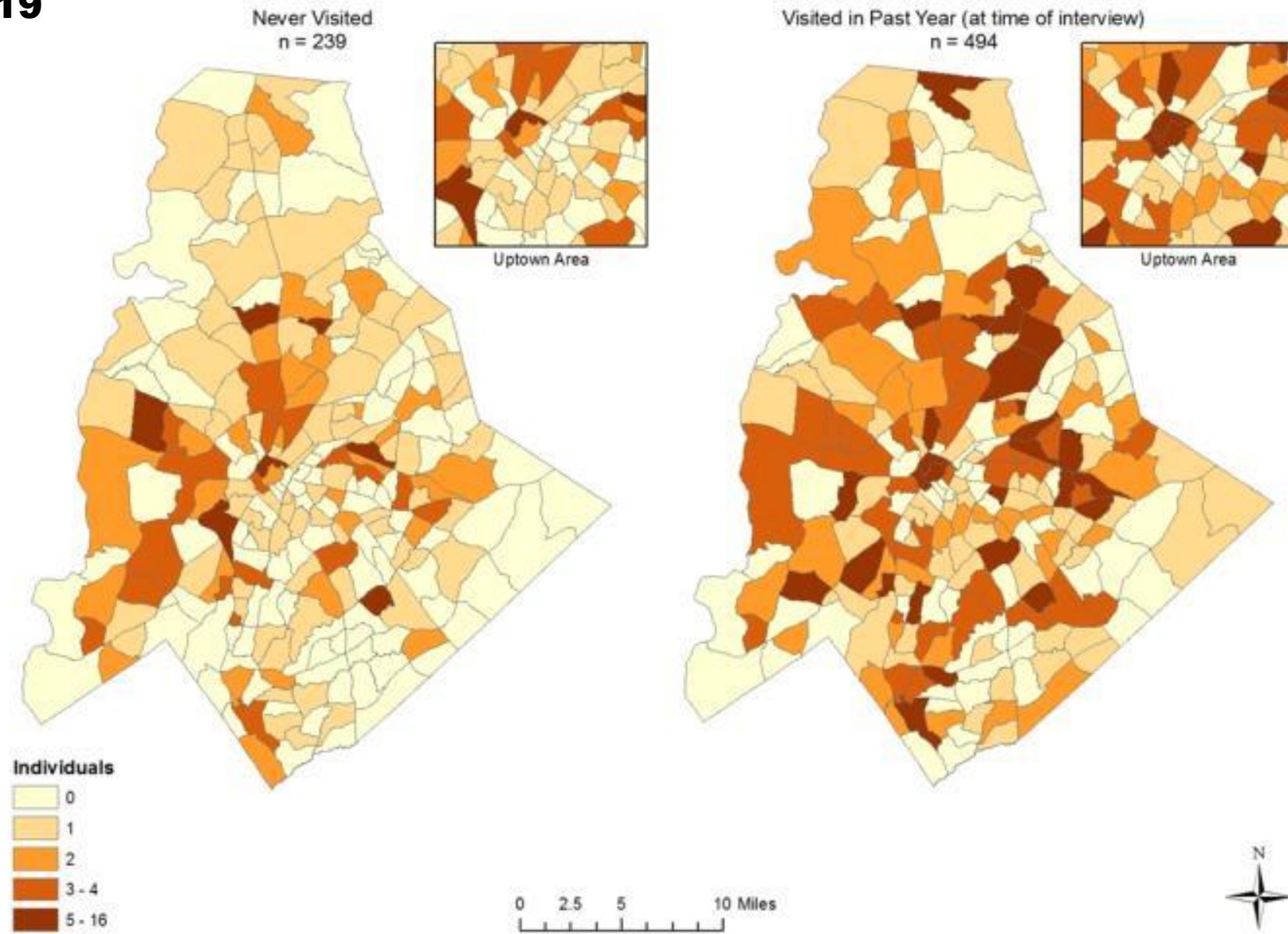


FIGURE 20

Dental Visits: Meck60+ Participants

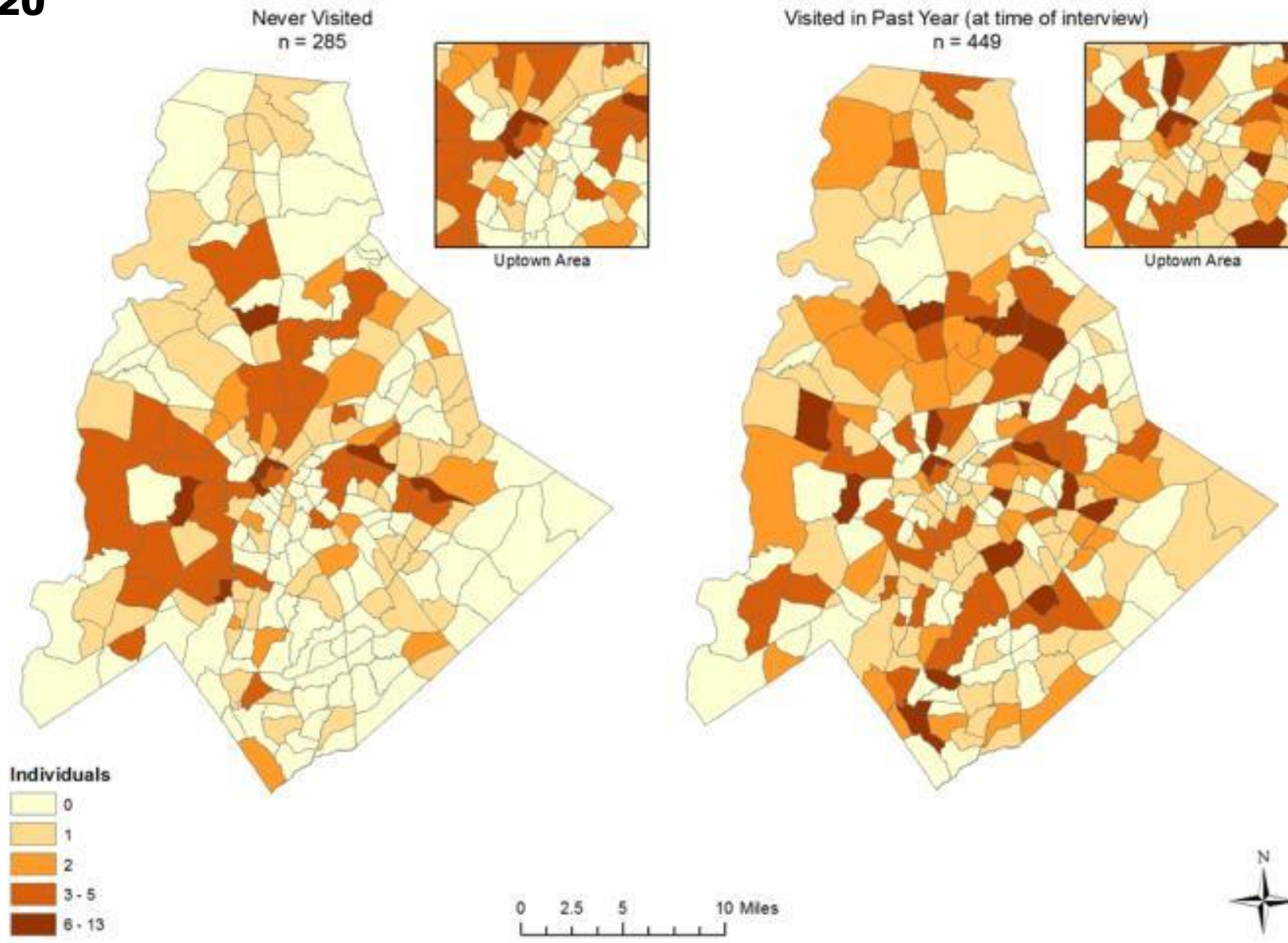


FIGURE 21

Hospital/Emergency Room Usage: Meck60+ Participants

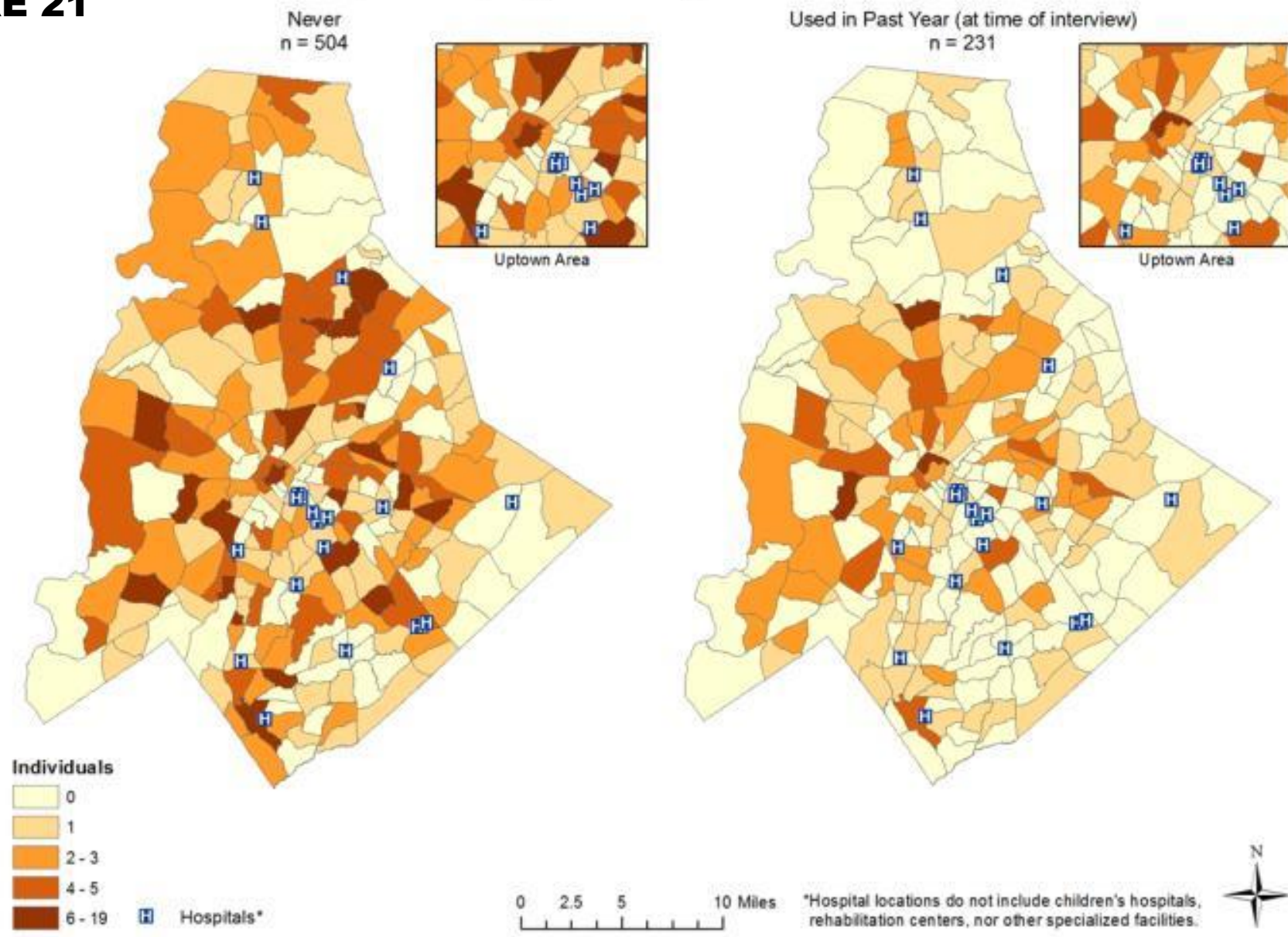


FIGURE 22

Low Intensity Physical Activity Participation: Meck60+ Participants

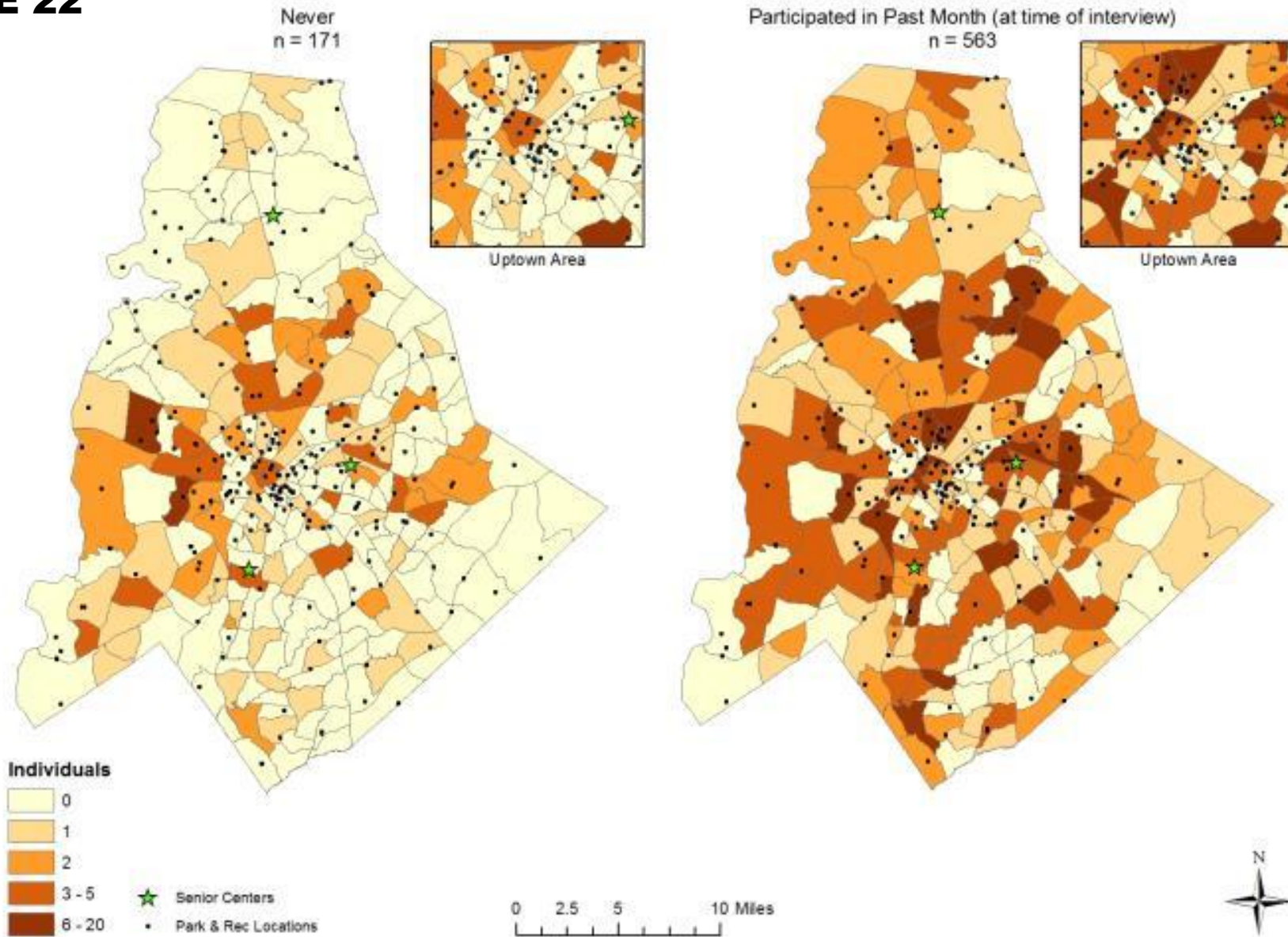
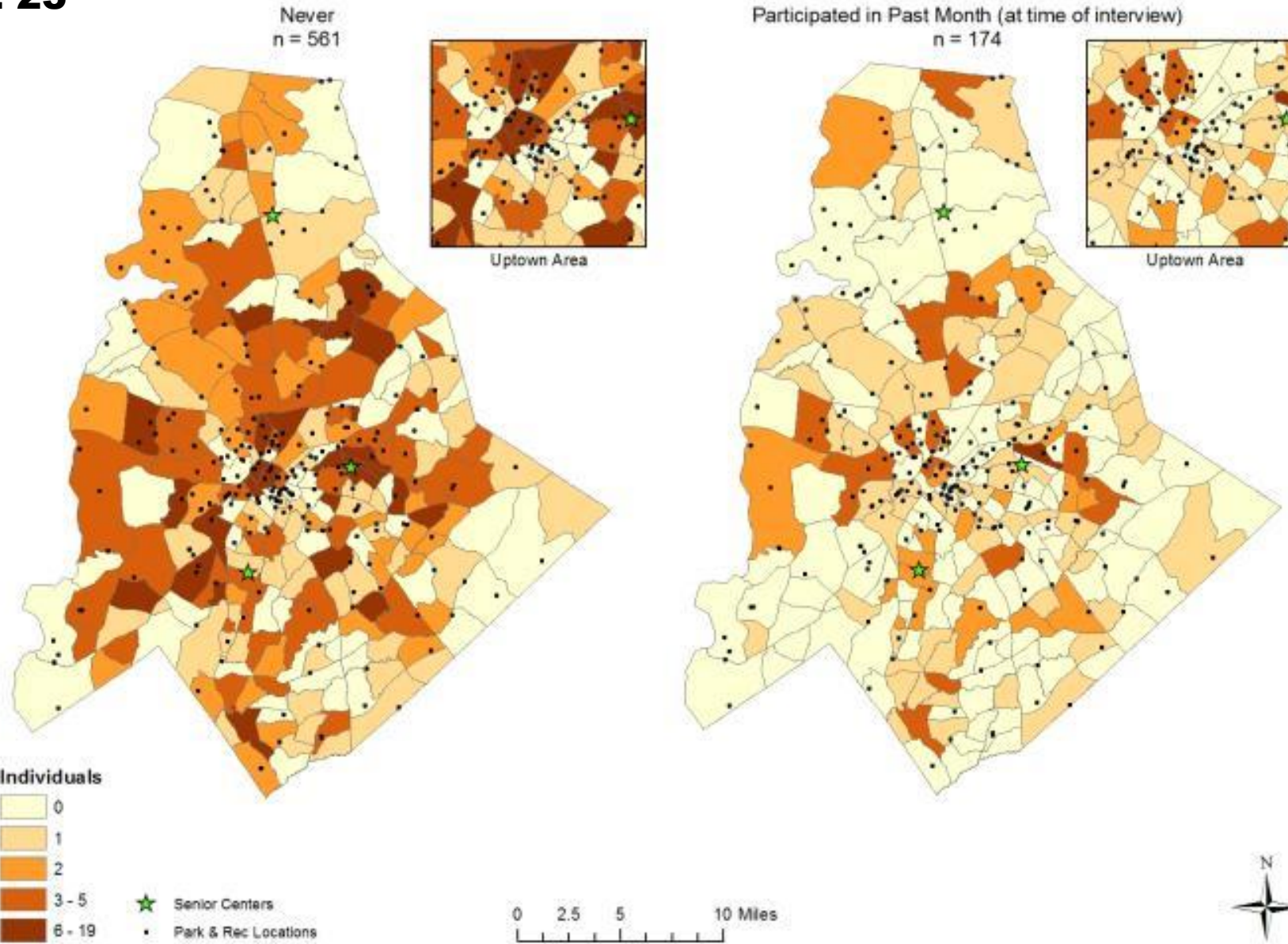


FIGURE 23

High Intensity Physical Activity Participation: Meck60+ Participants





COMMUNITY SATISFACTION
N = 758



CHART 80. How do you Rate Charlotte/Mecklenburg County as a Place to Live?

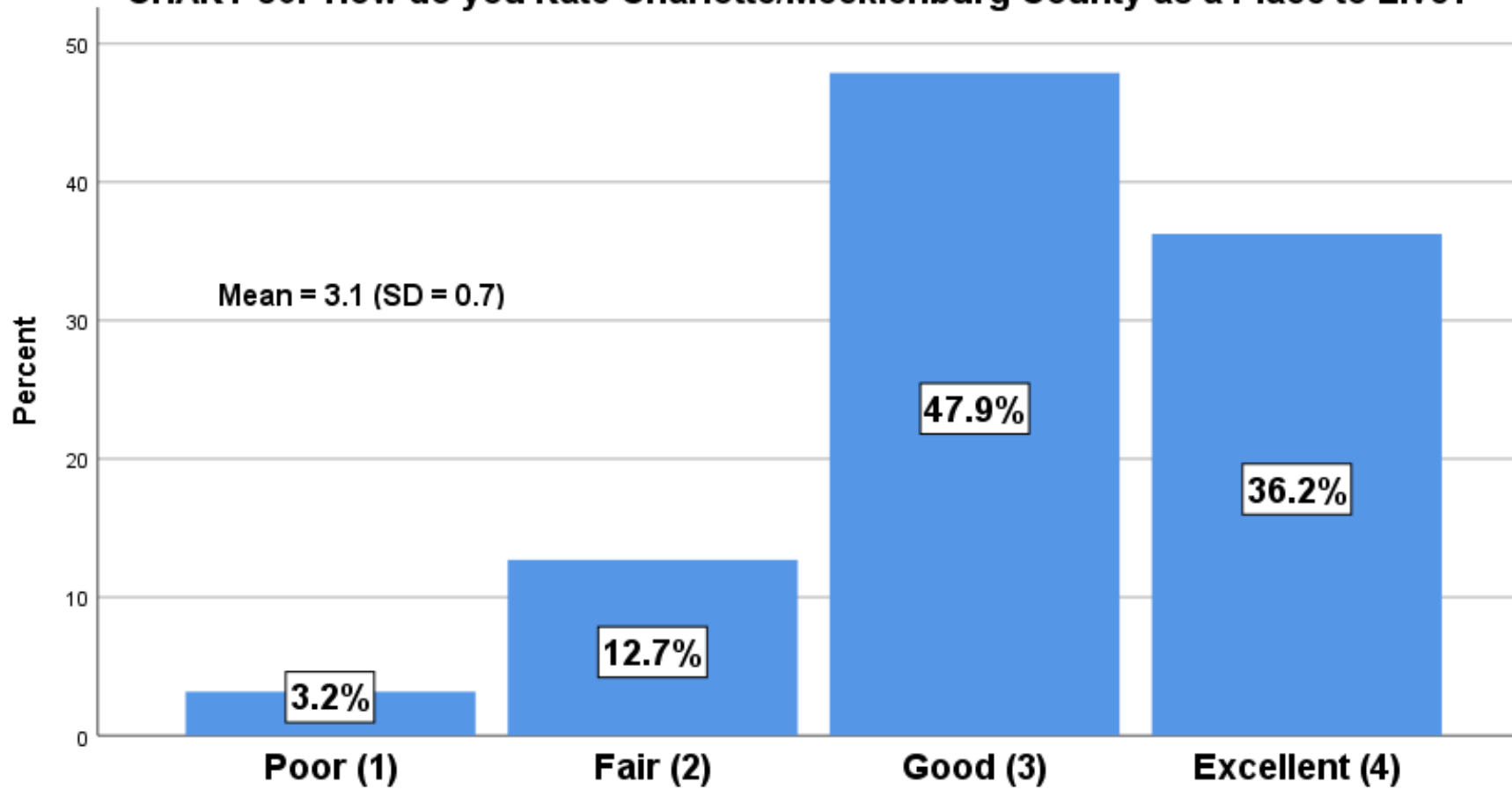


CHART 81. How do you Rate Charlotte/Mecklenburg County as a Place to Retire?

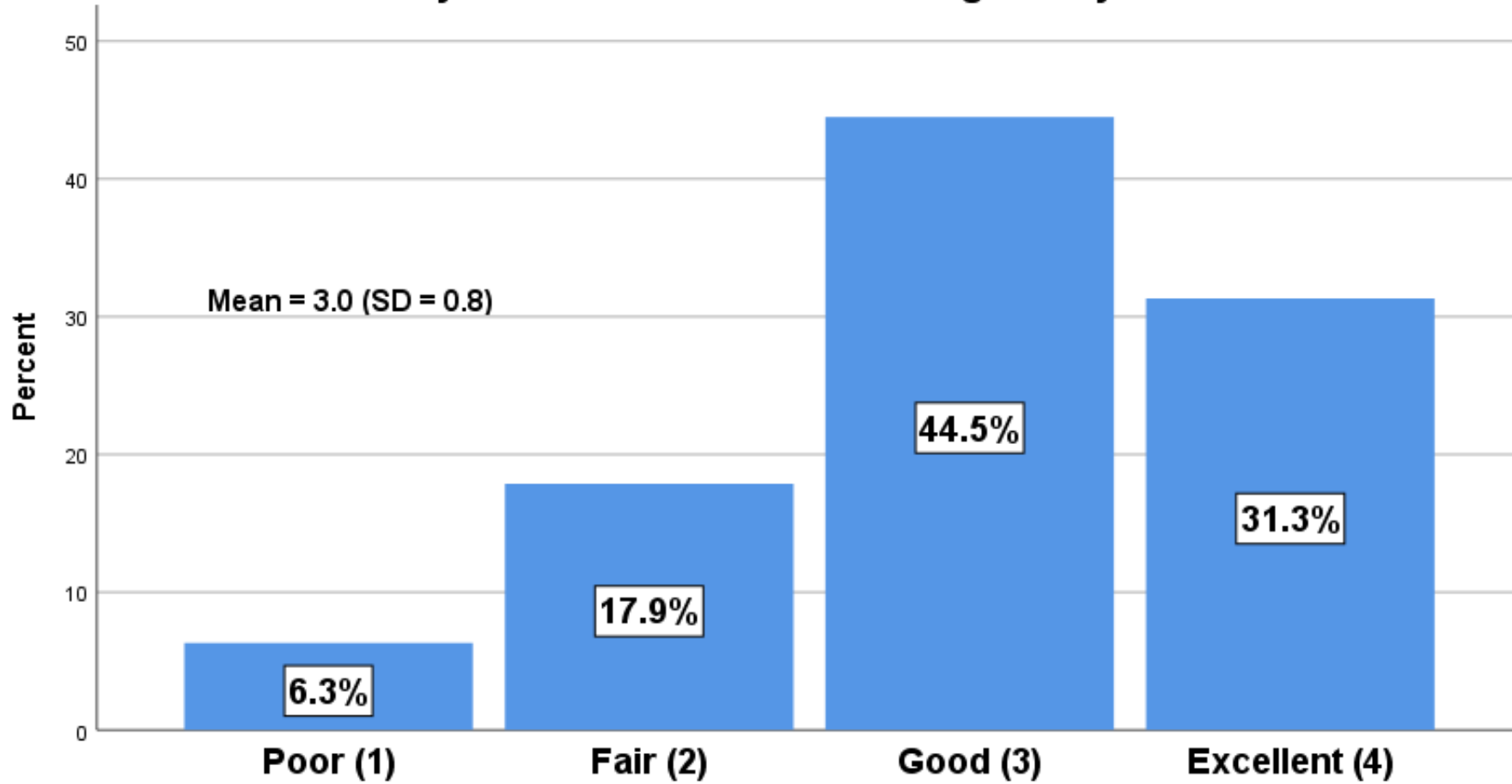


CHART 82. Recommend Living in Charlotte/Mecklenburg County to Older Adults

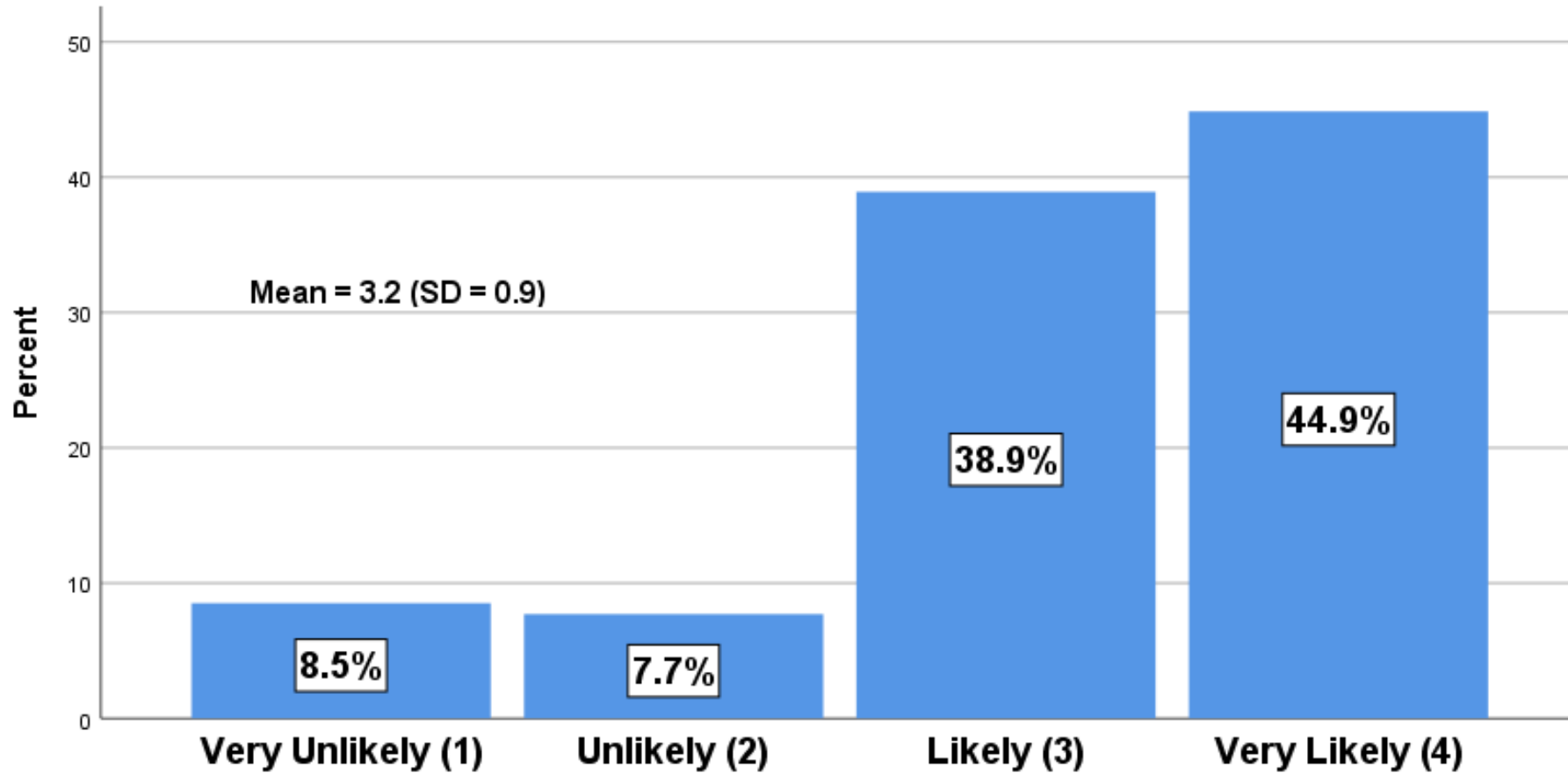


CHART 83. Remain in Charlotte/Mecklenburg County throughout your Retirement

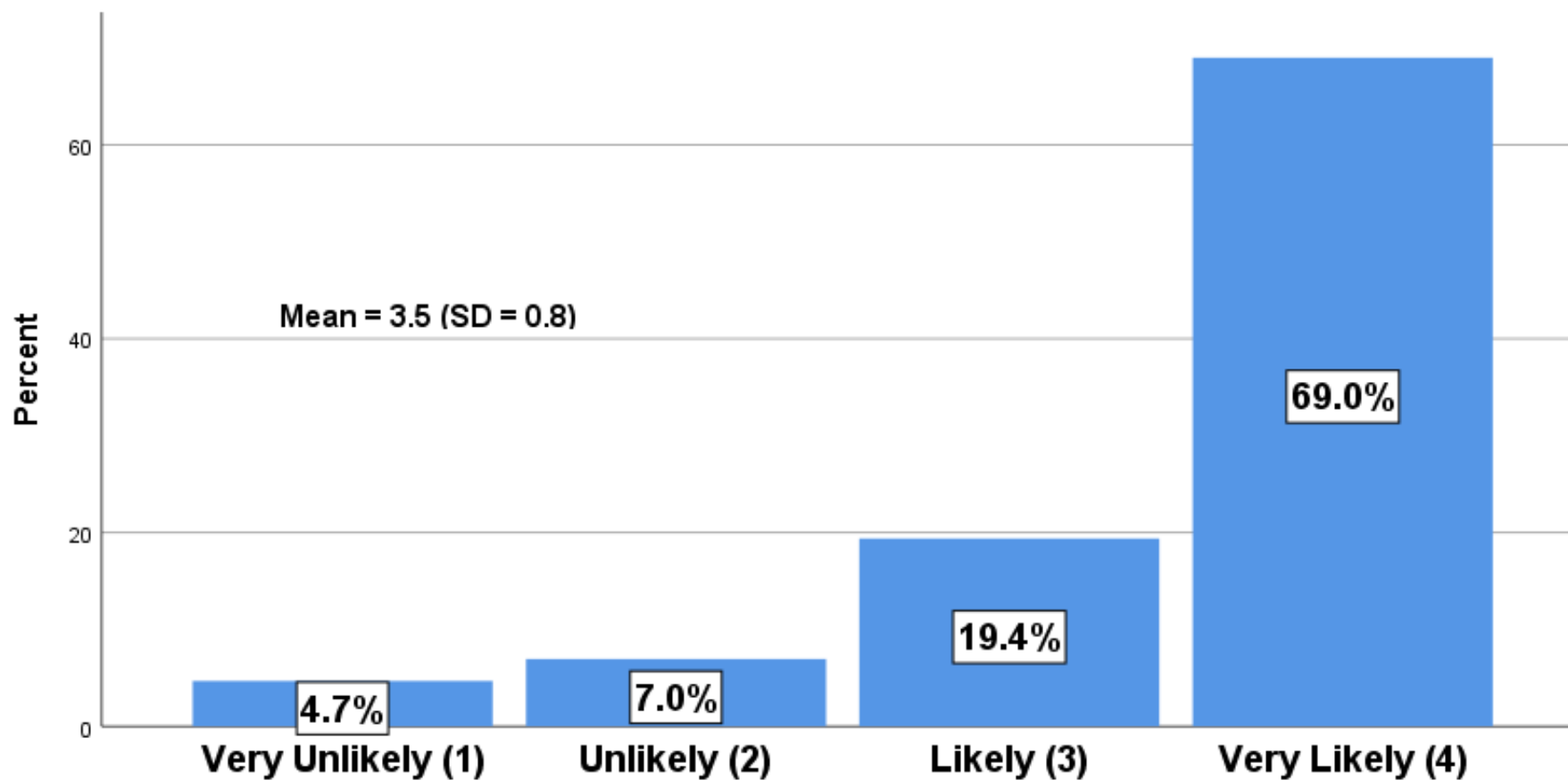


CHART 84. Ratings for Charlotte/Mecklenburg County

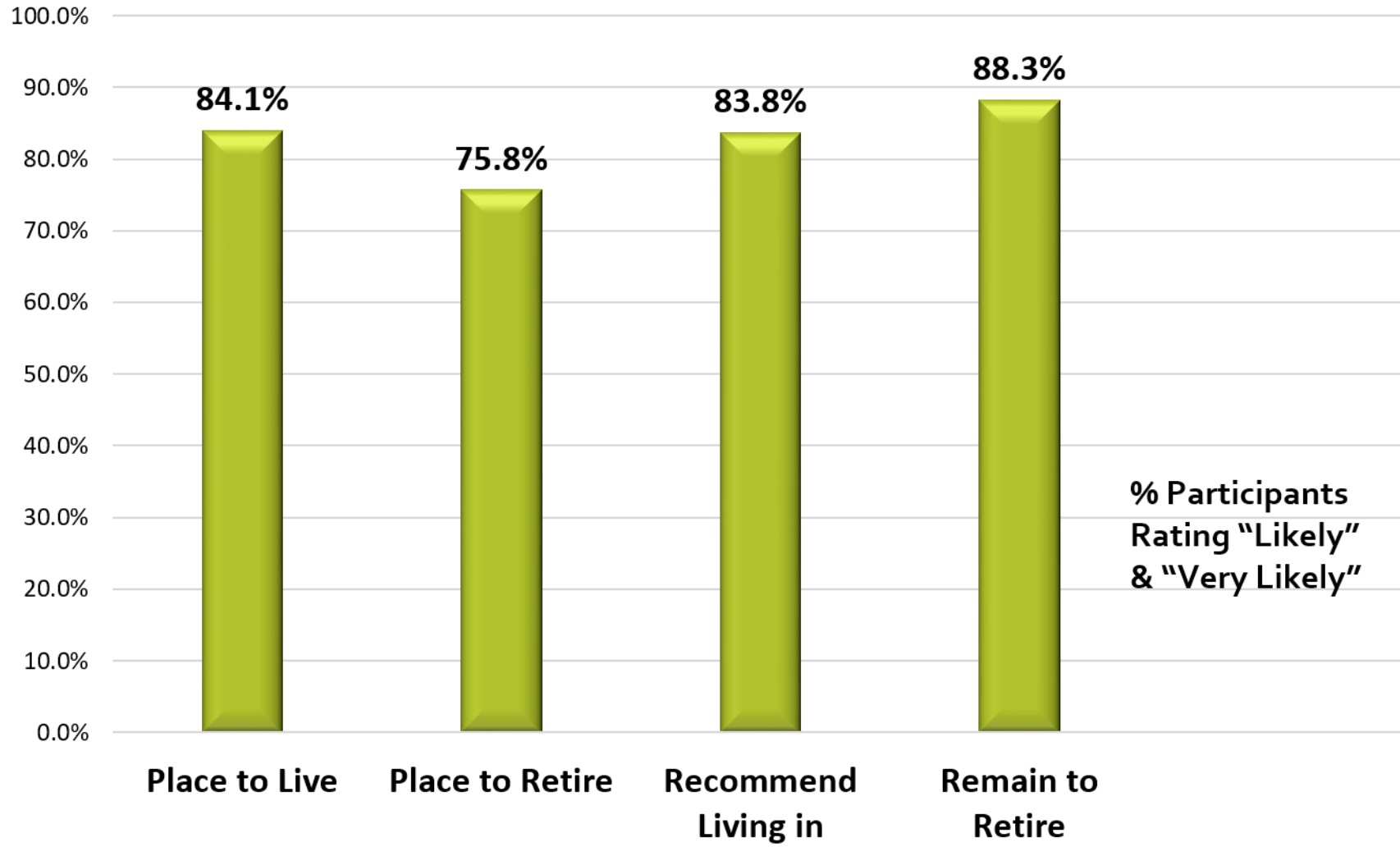


CHART 85. Rate of Overall "Sense of Community" in Charlotte/Mecklenburg County

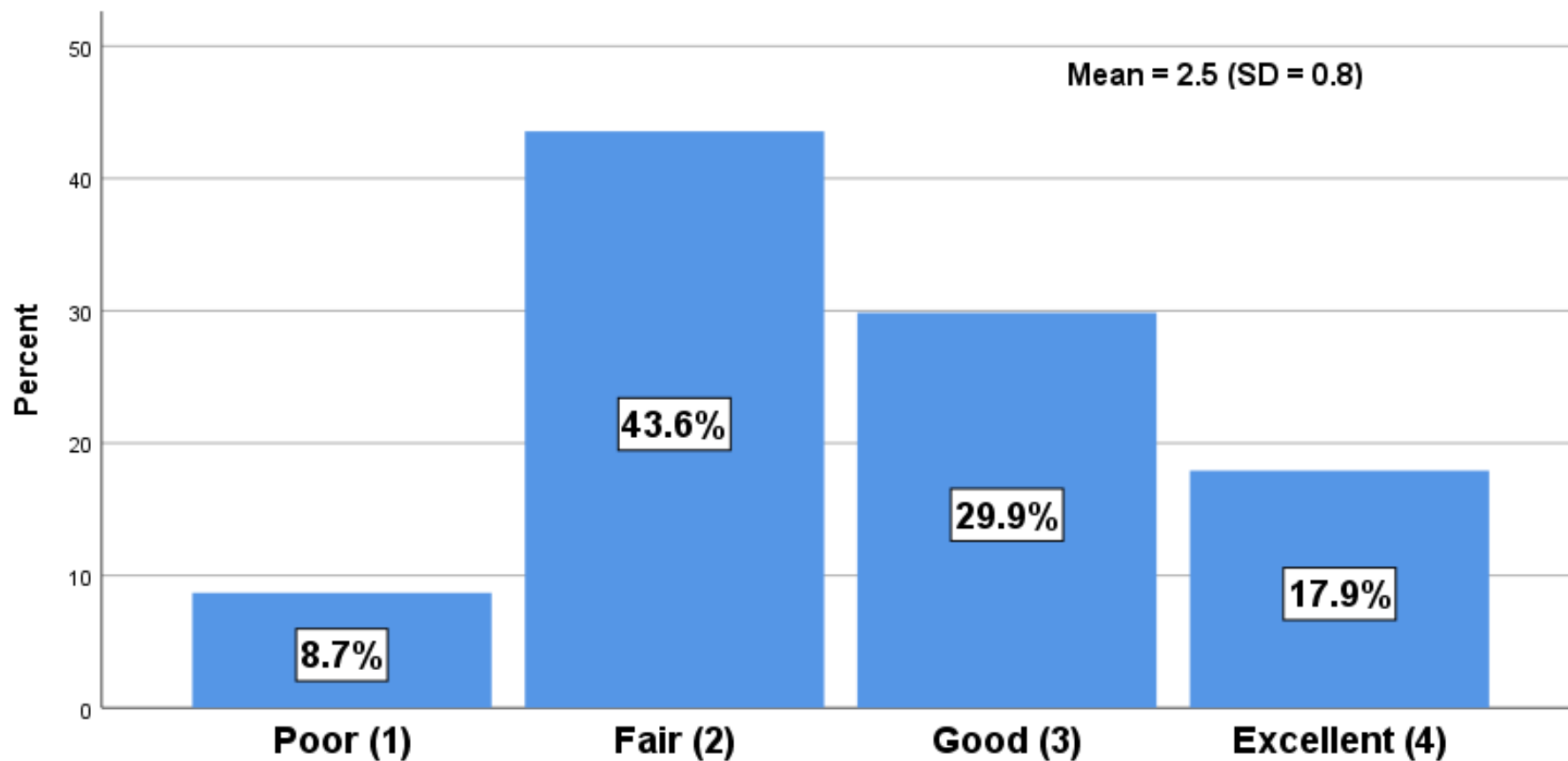


CHART 86. Rate of Community "Openness & Acceptance" towards Older Adults

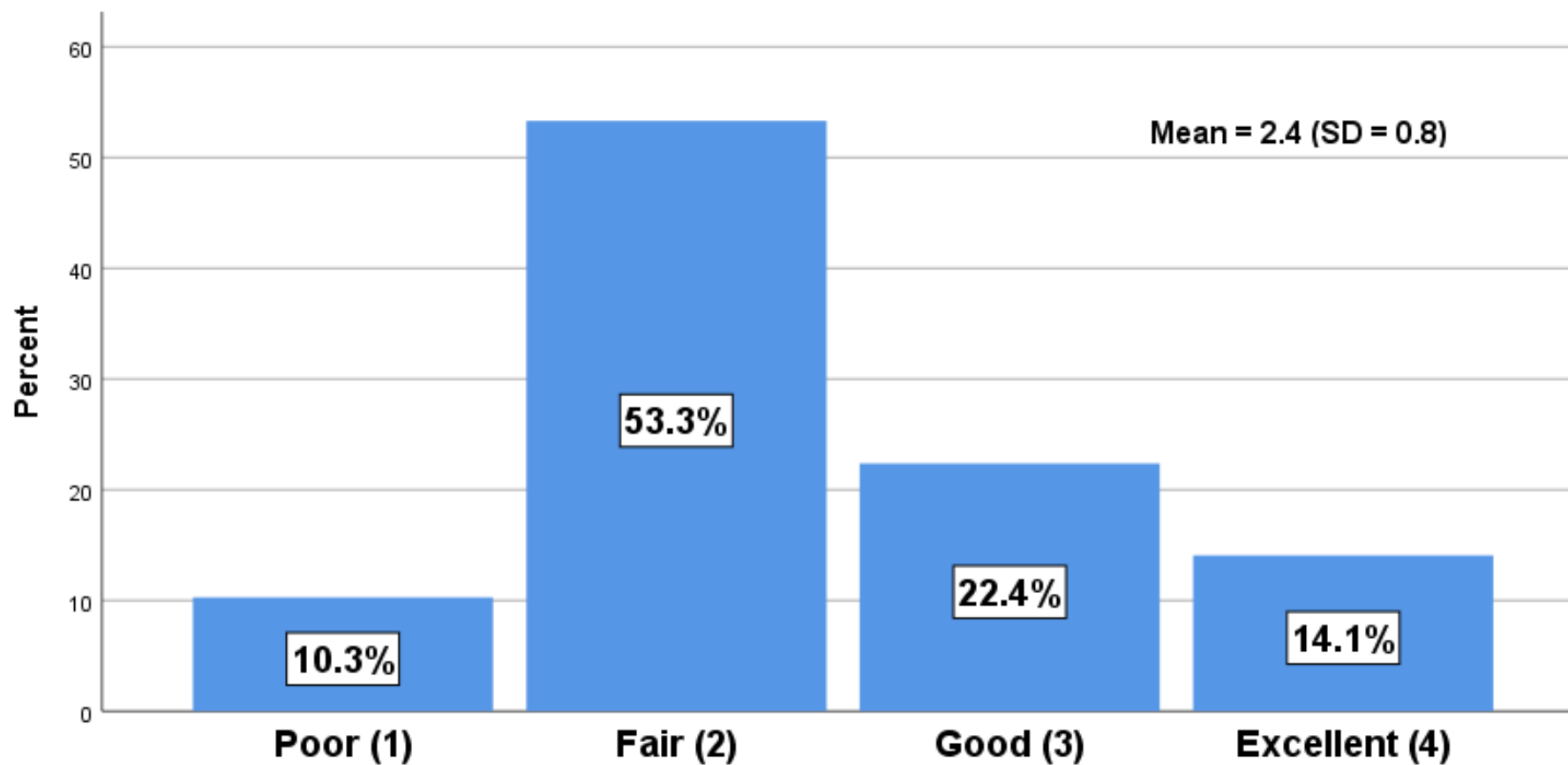


CHART 87. Rate of Overall "Feeling of Safety of the Community" in County

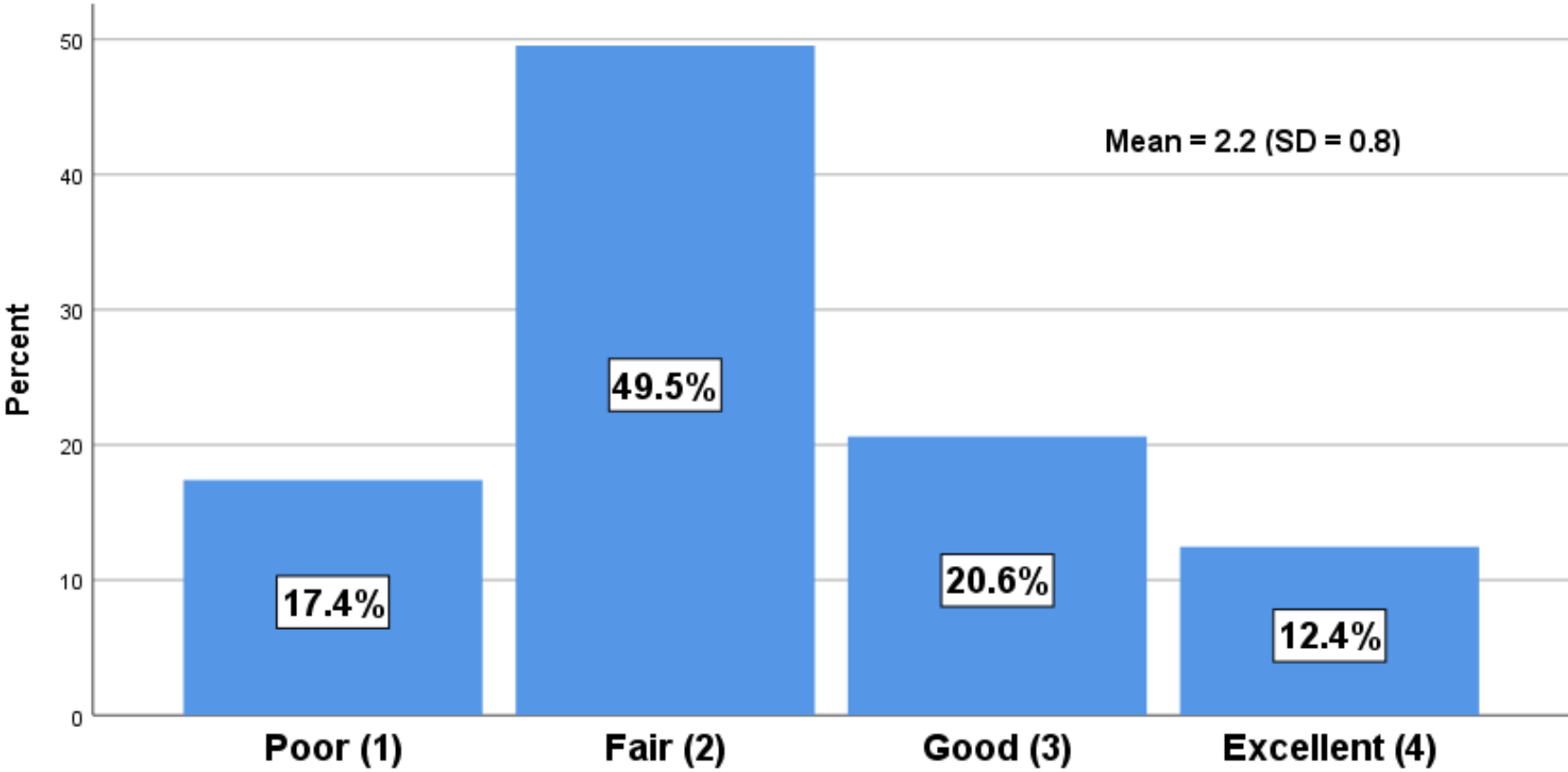


CHART 88. Rate of Level of "Respect for Older Adults" in the Community

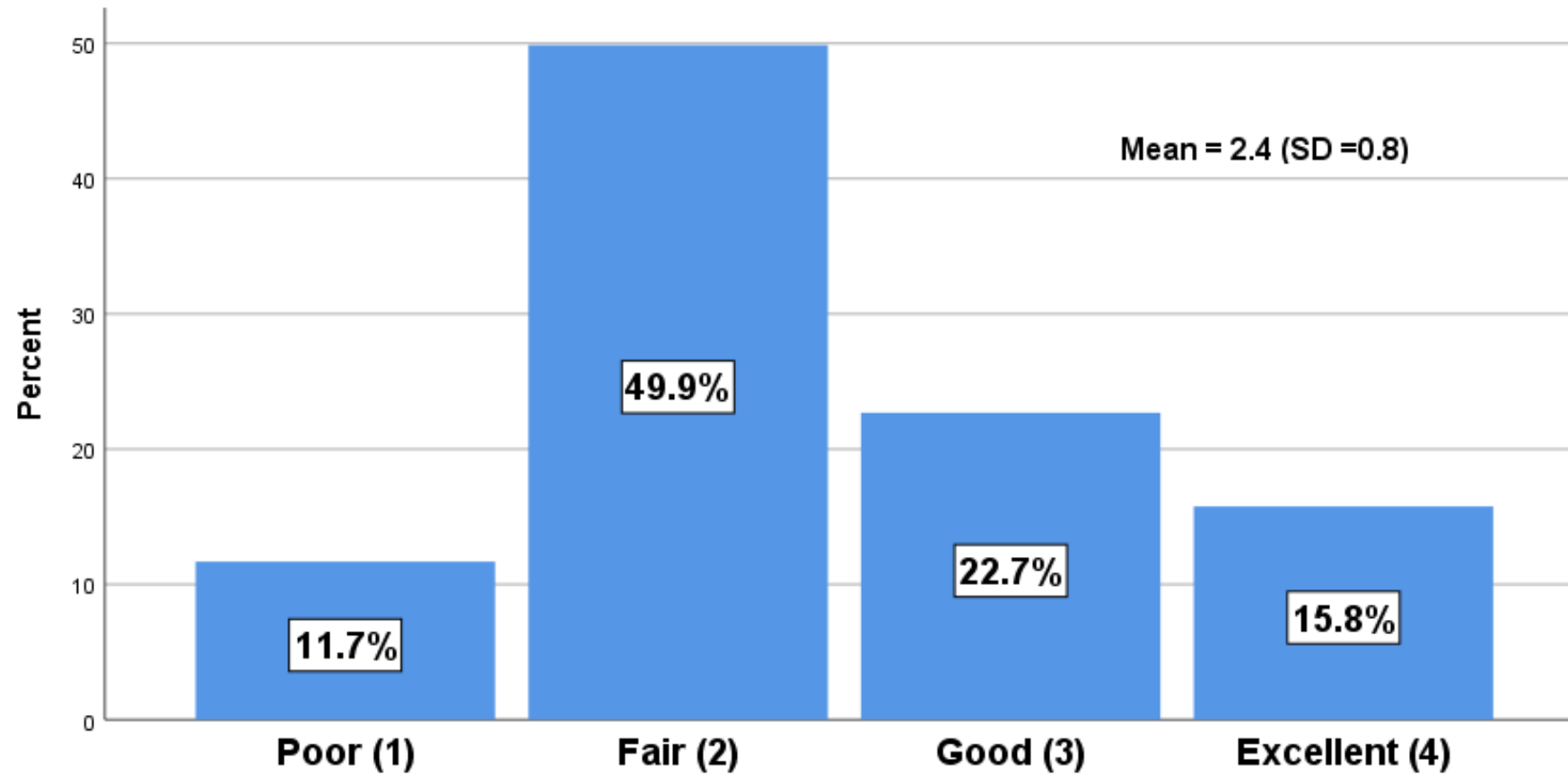


CHART 89. Ratings for Charlotte/Mecklenburg Community Attitudinal Values

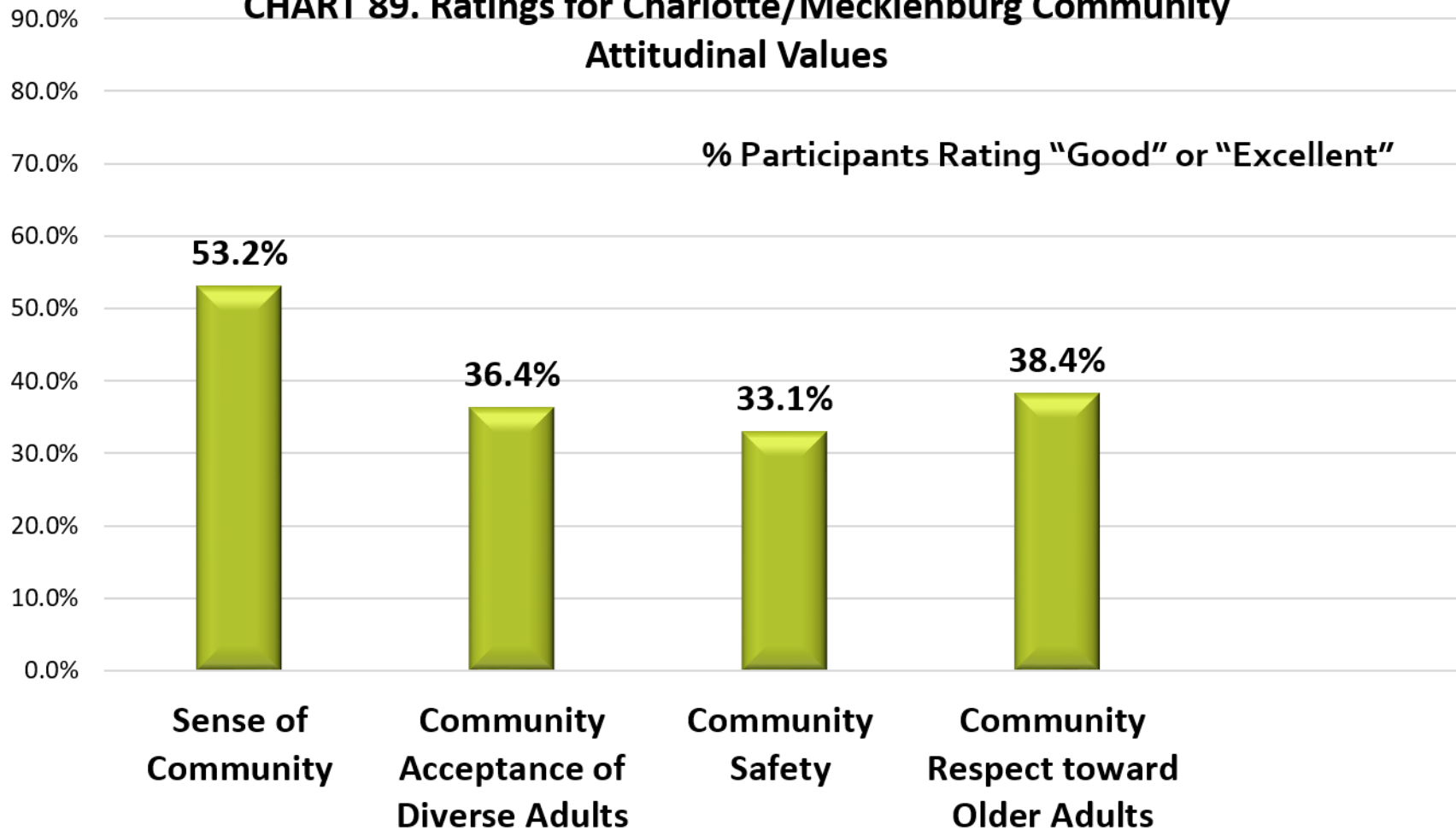


CHART 90. Rating of Services for Older Adults in Charlotte/Mecklenburg County

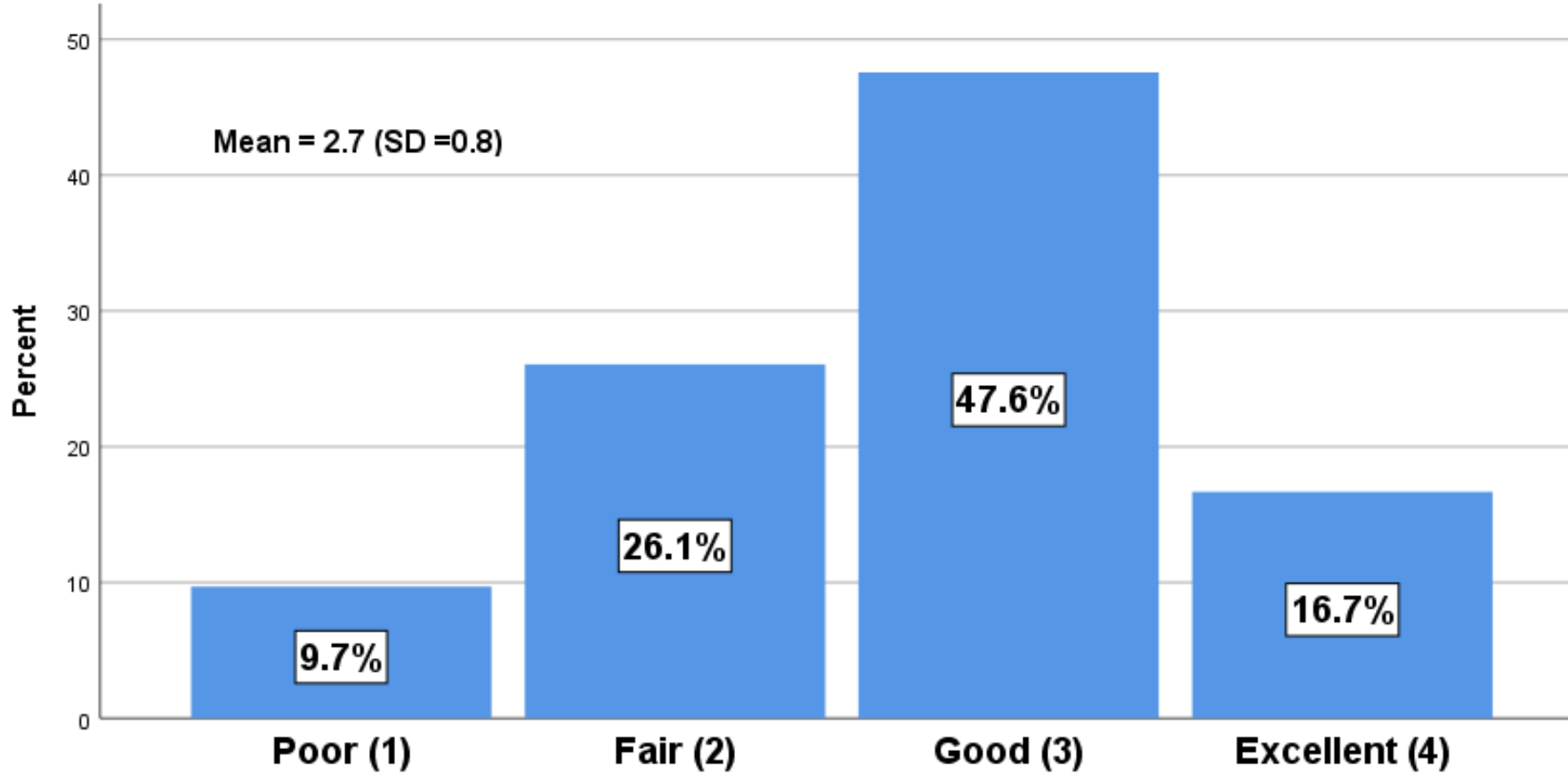
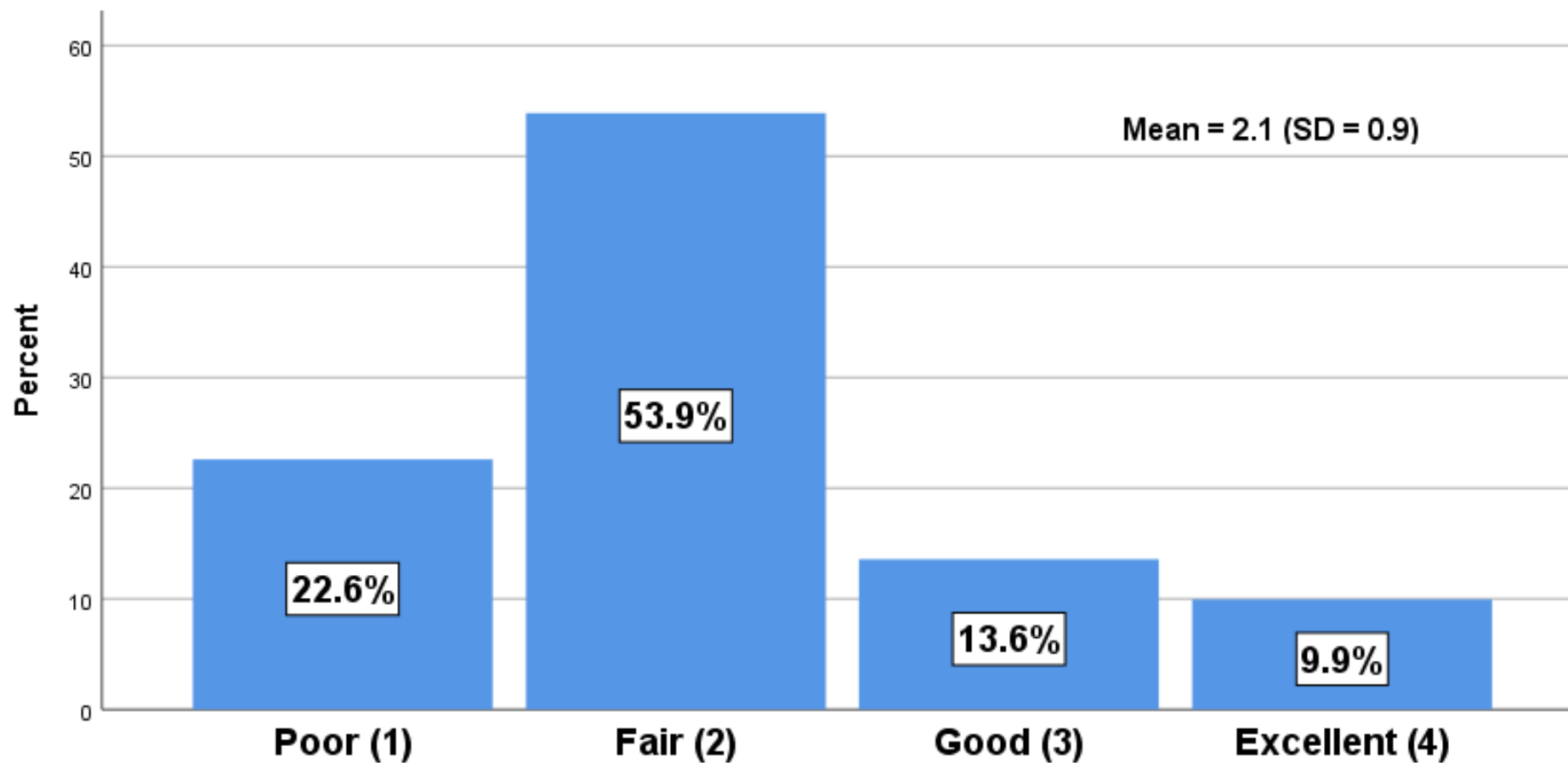


CHART 91. Availability of Affordable Quality Mental Health Care for Older Adults



**CHART 92. Ratings for Community Services in
Charlotte/Mecklenburg**

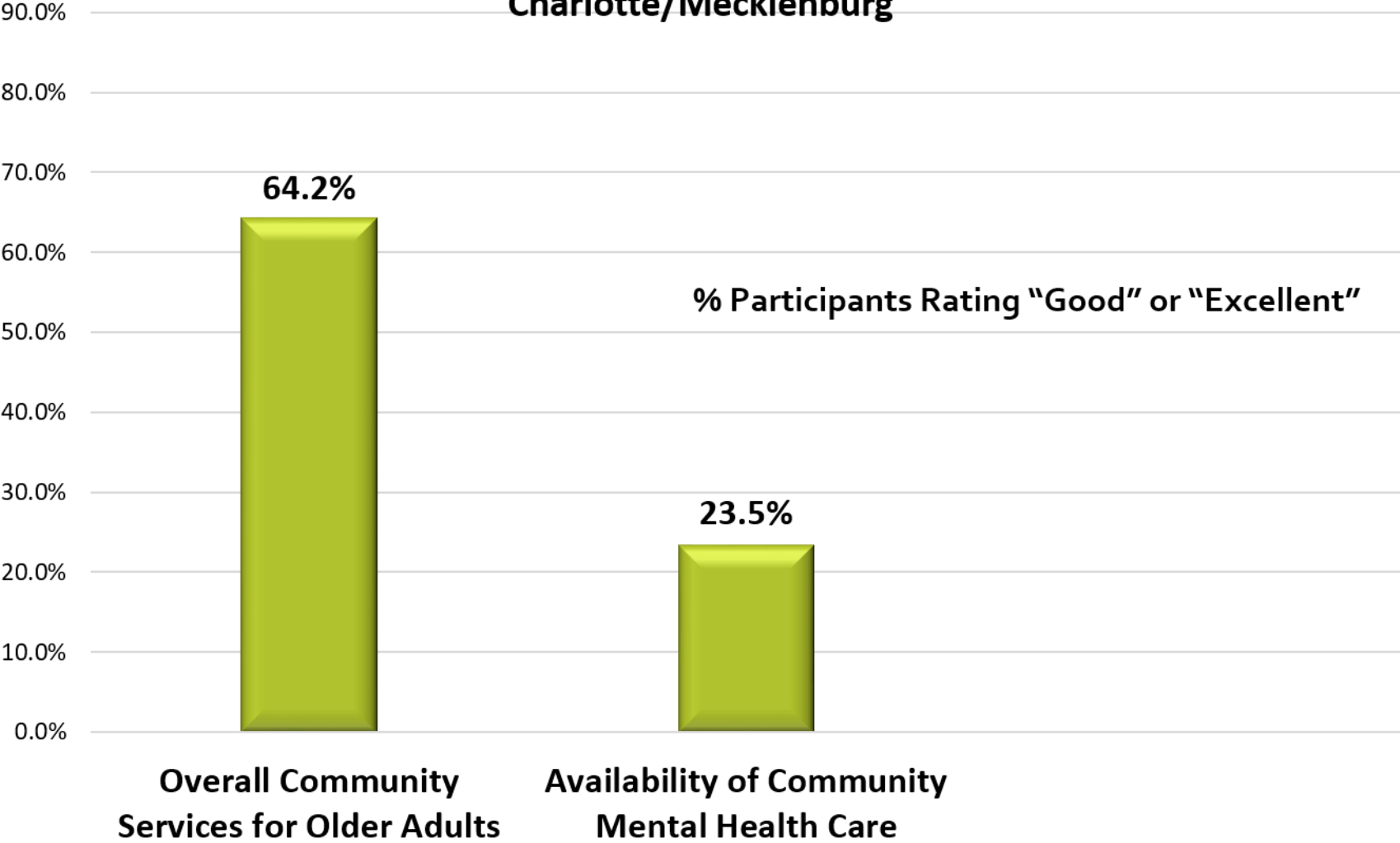


CHART 93. How Informed do you Feel about Services and Activities Available to Older Adults in the County

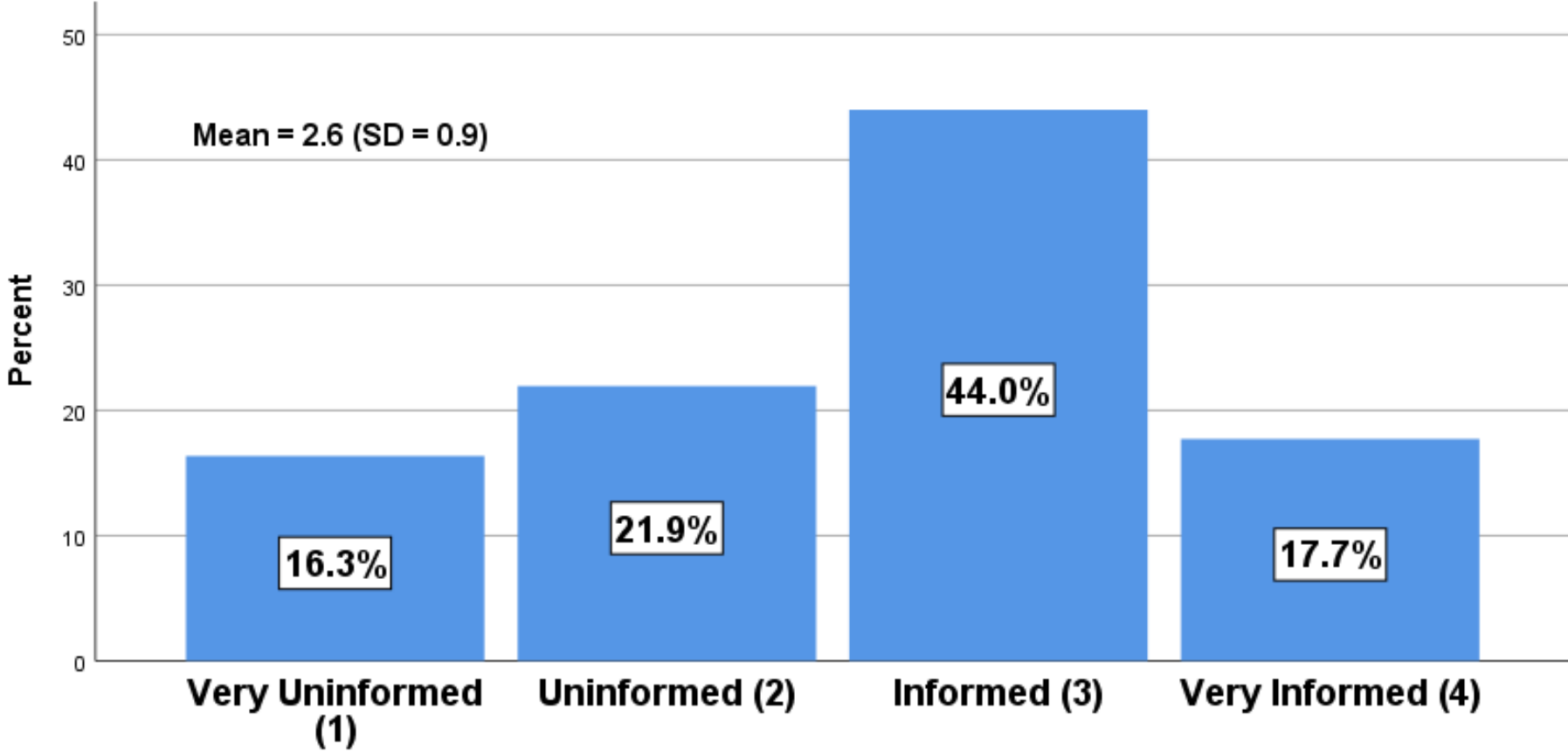


CHART 94. How Difficult is to Find Productive or Meaningful Activities to do in the County

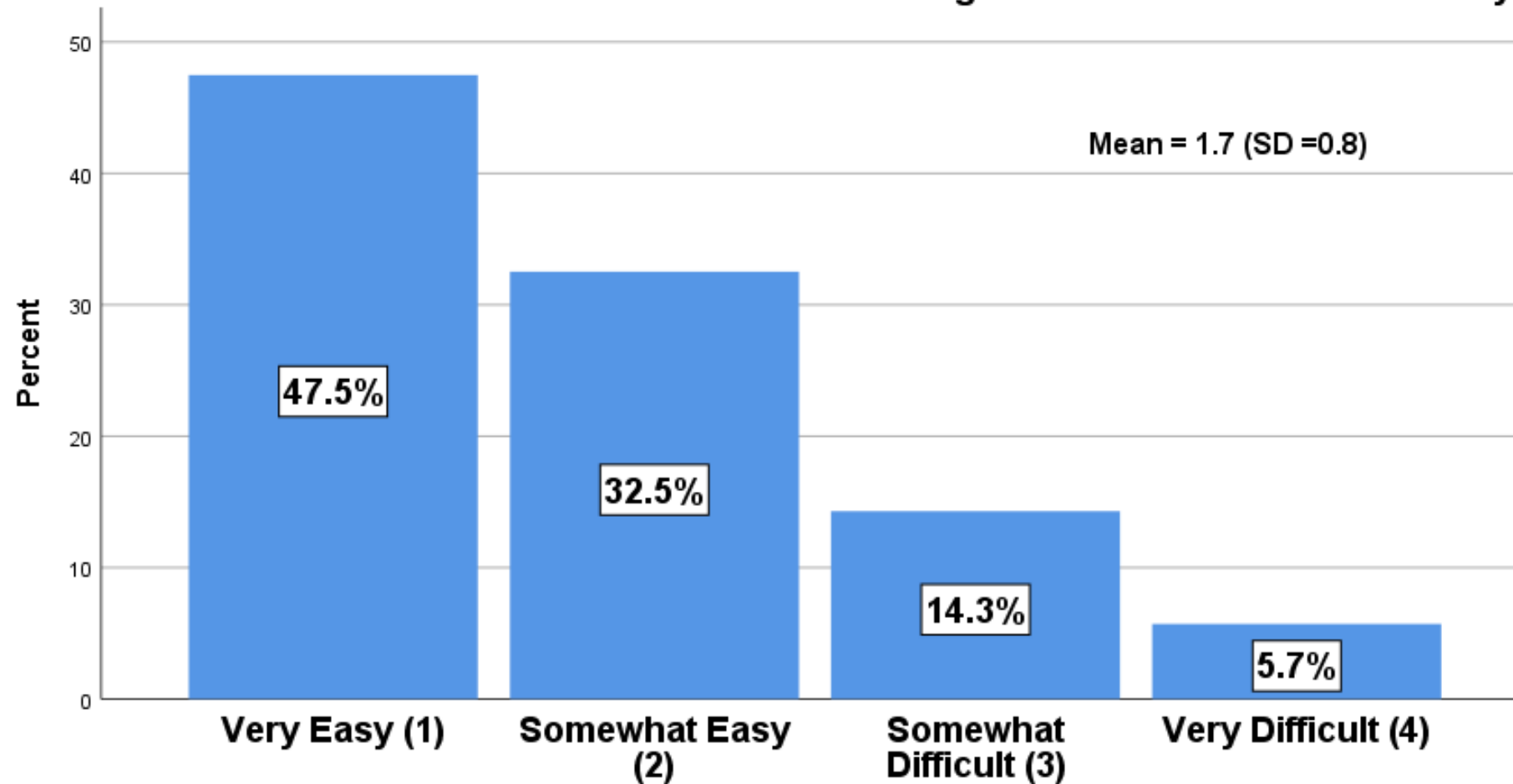


CHART 95. How Difficult is it to Find Meaningful Volunteer Work in the County

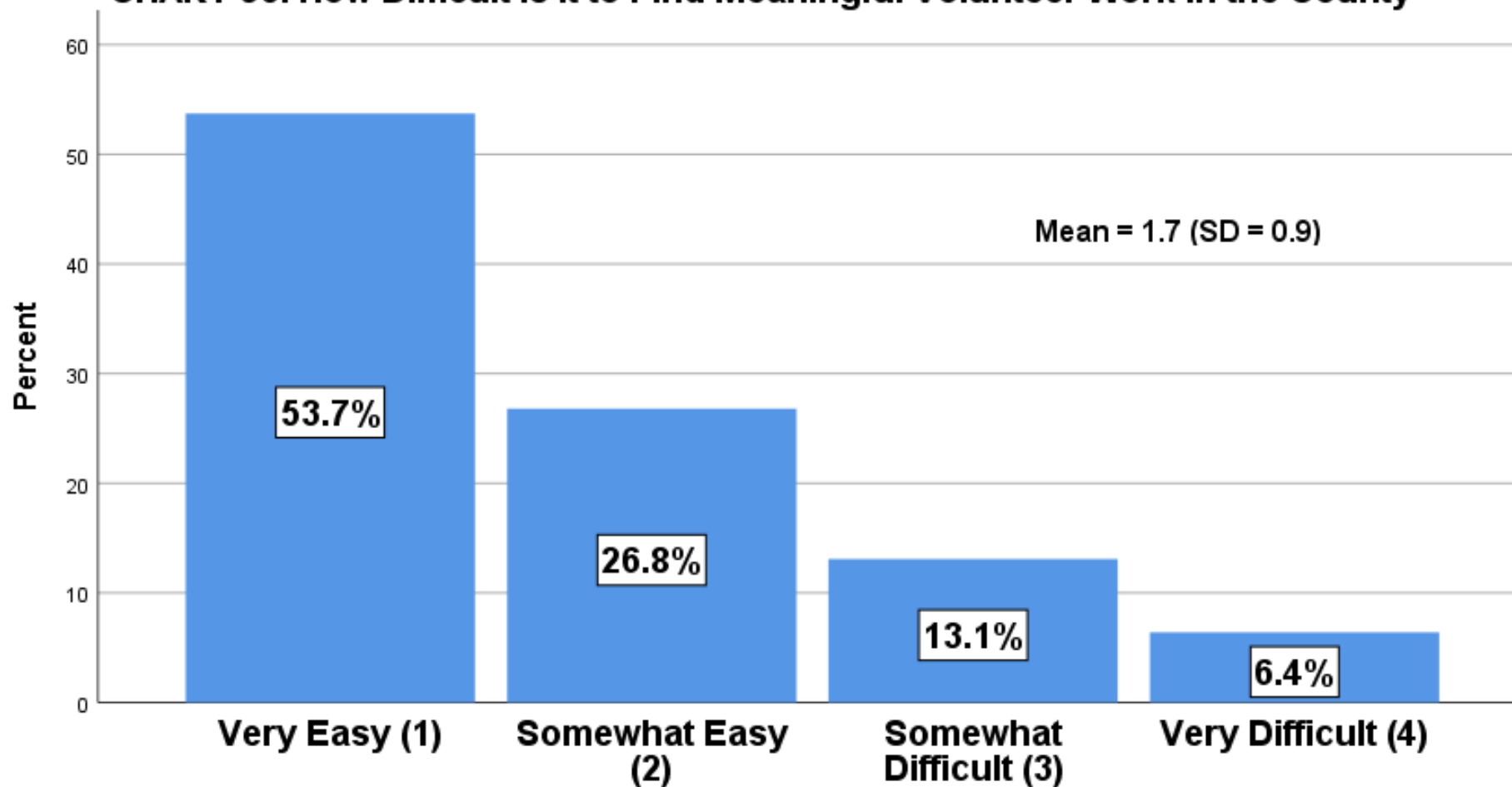


CHART 96. How Familiar are you with Services Available to Older Adults in the County

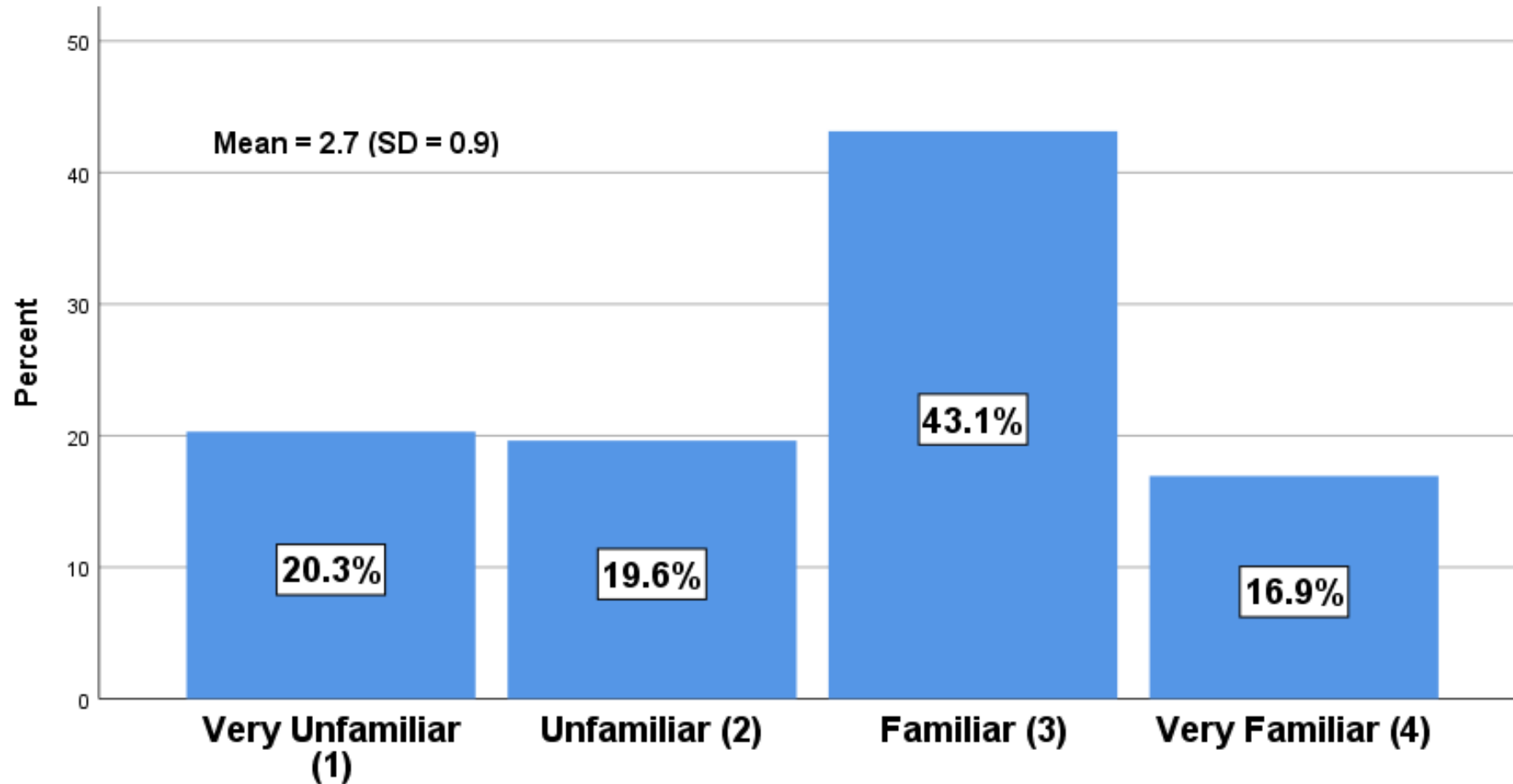


CHART 97. Familiarity with Available Services by Race/Ethnicity

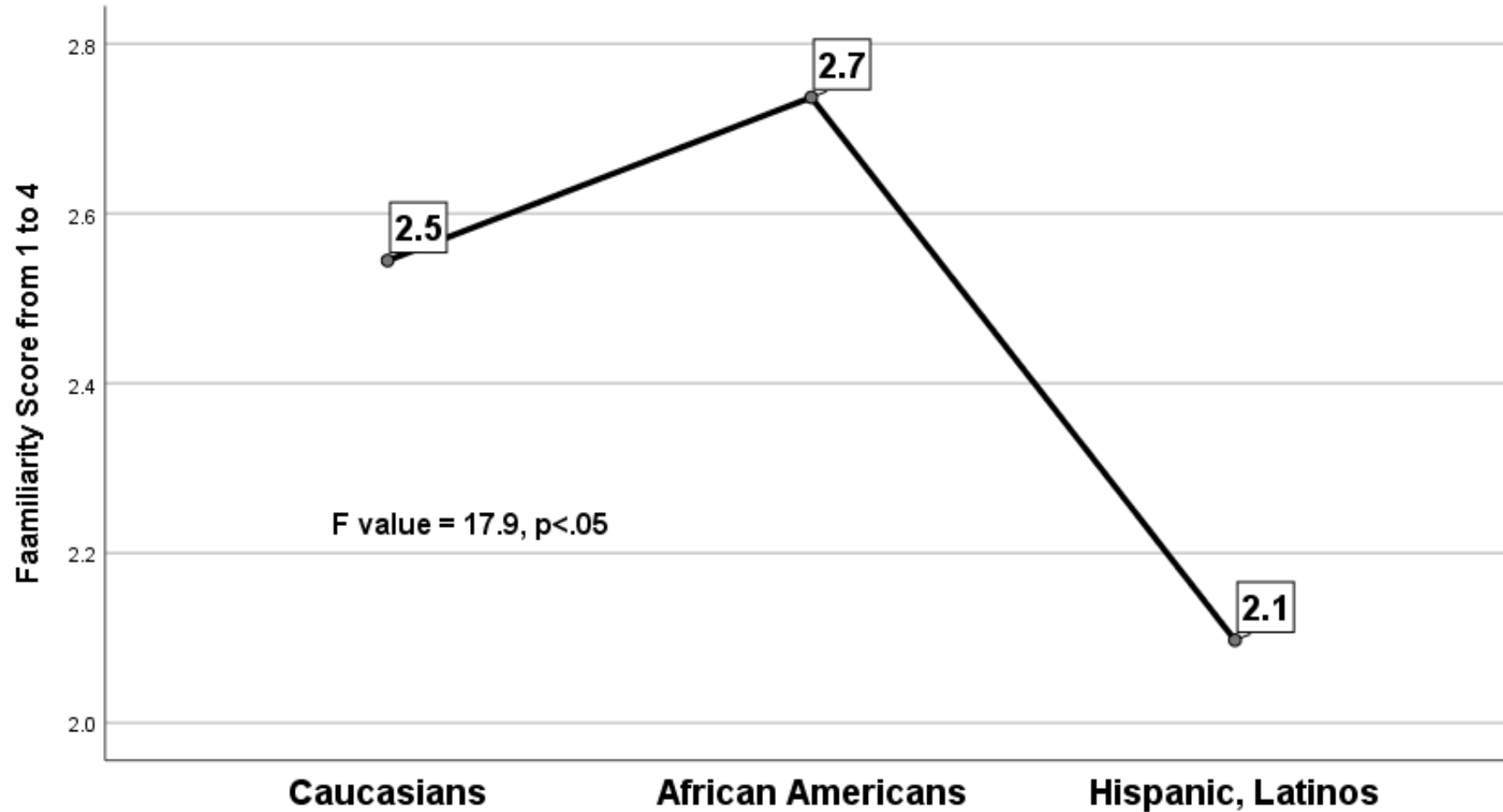


CHART 98. Do you Feel your Voice is Being Heard in Charlotte/Mecklenburg County?

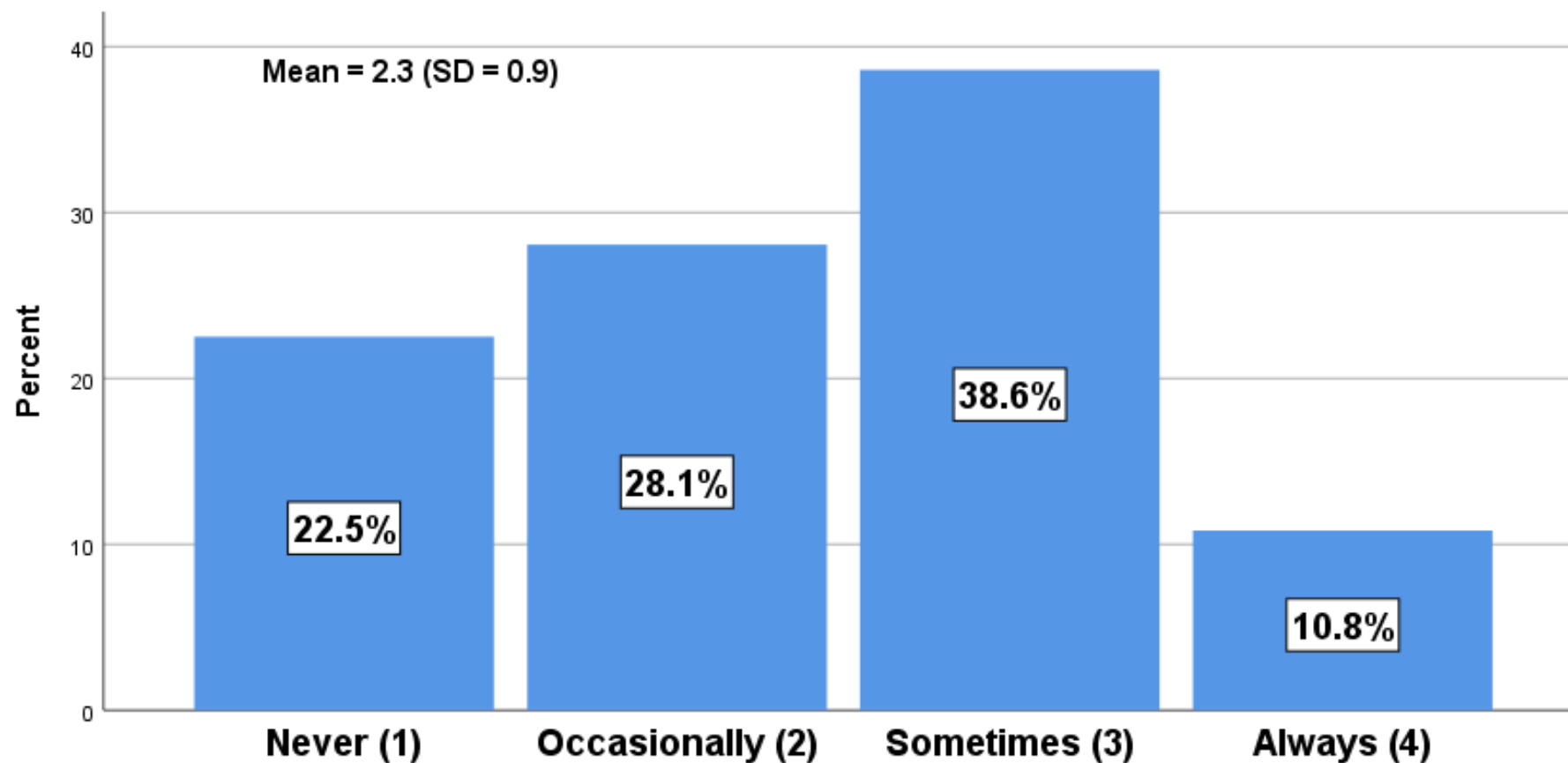


CHART 99. Participated as Volunteer in Activities for Older Adults in the County Last Year

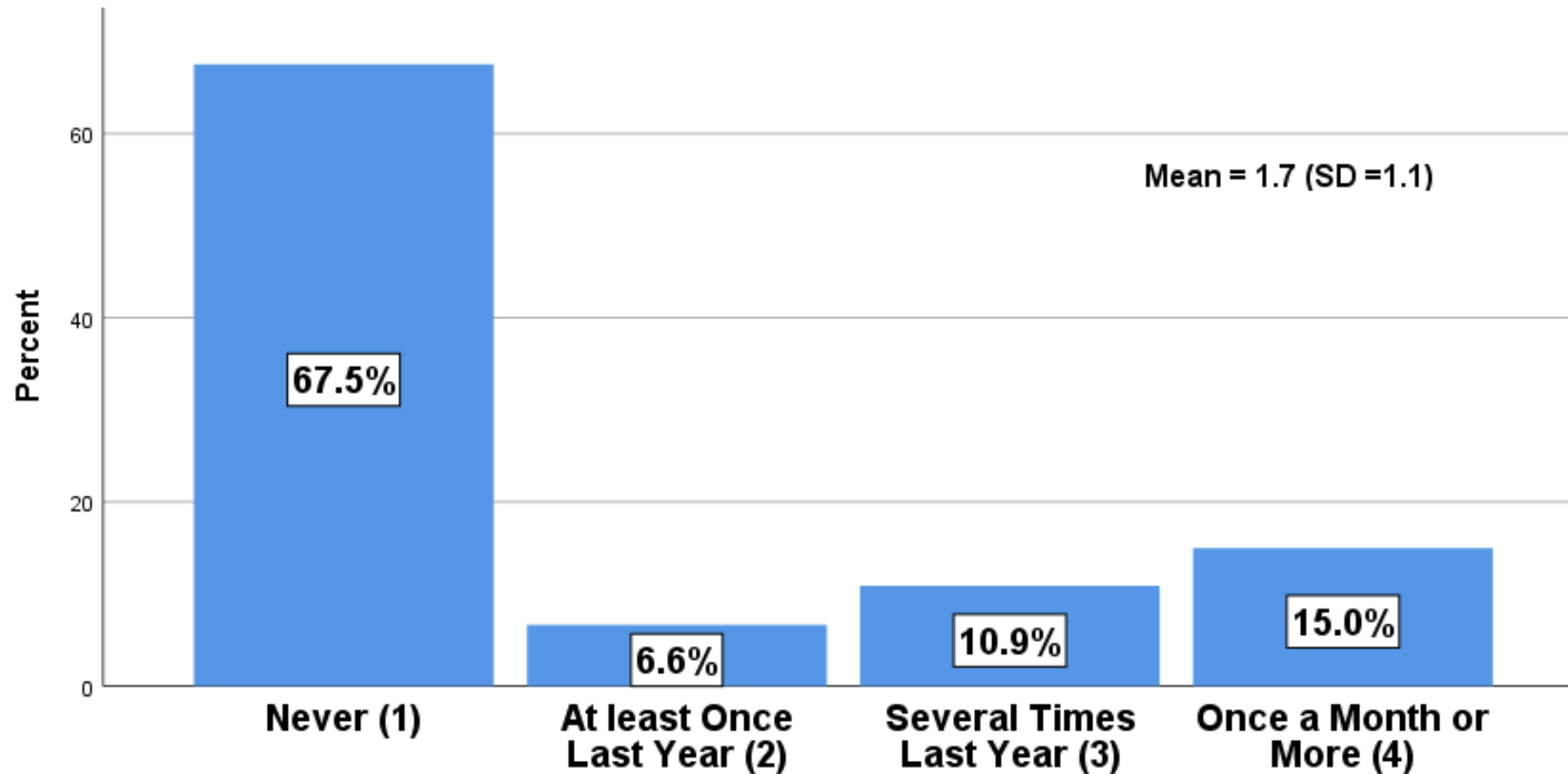


CHART 100. Attended a Meeting of Local Elected Officials or Other Local Public Meeting in the County Last Year

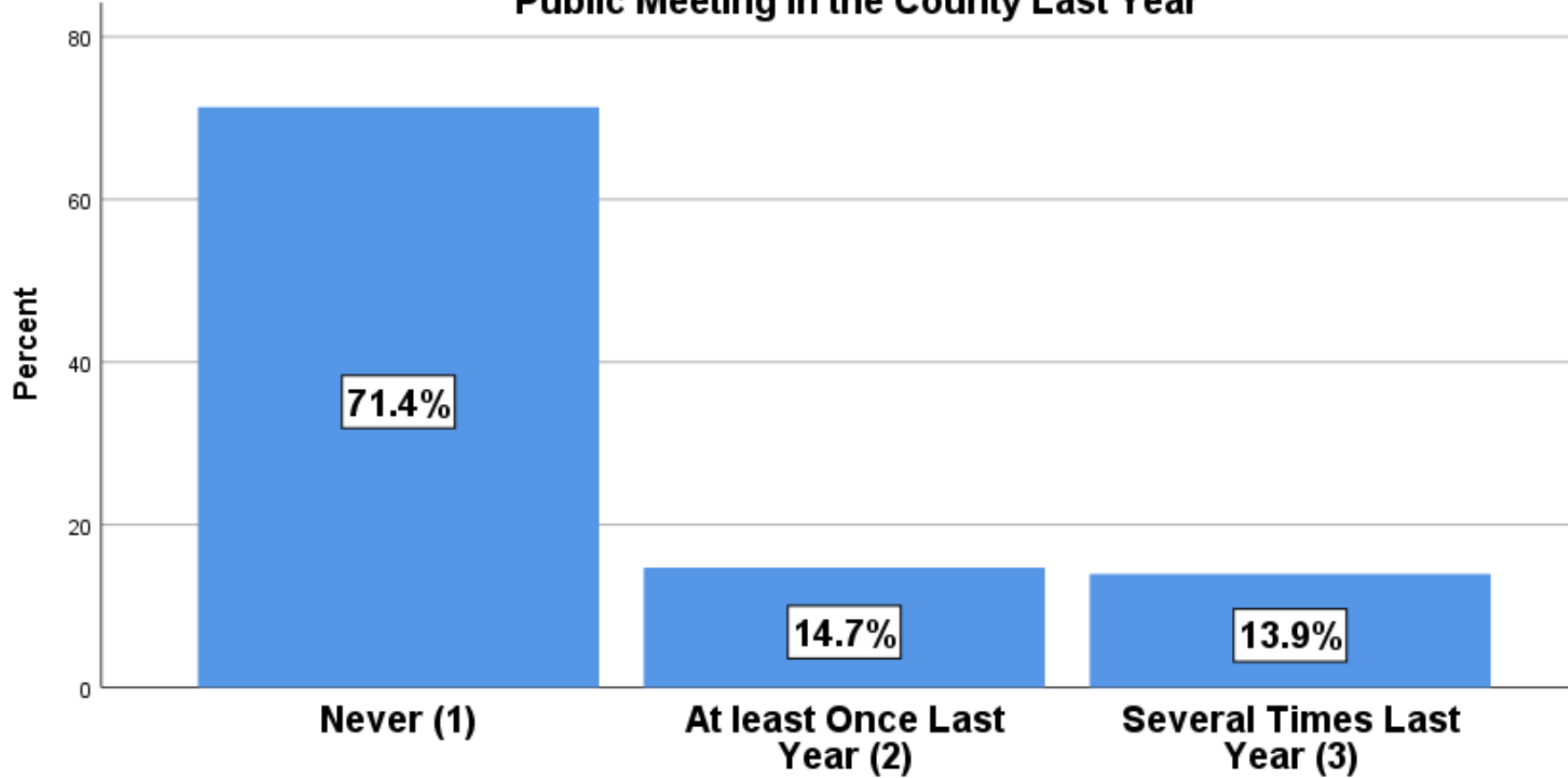


CHART 101. Use Public Transit (e.g., bus, light rail, etc.) within Charlotte/Mecklenburg County Last Year

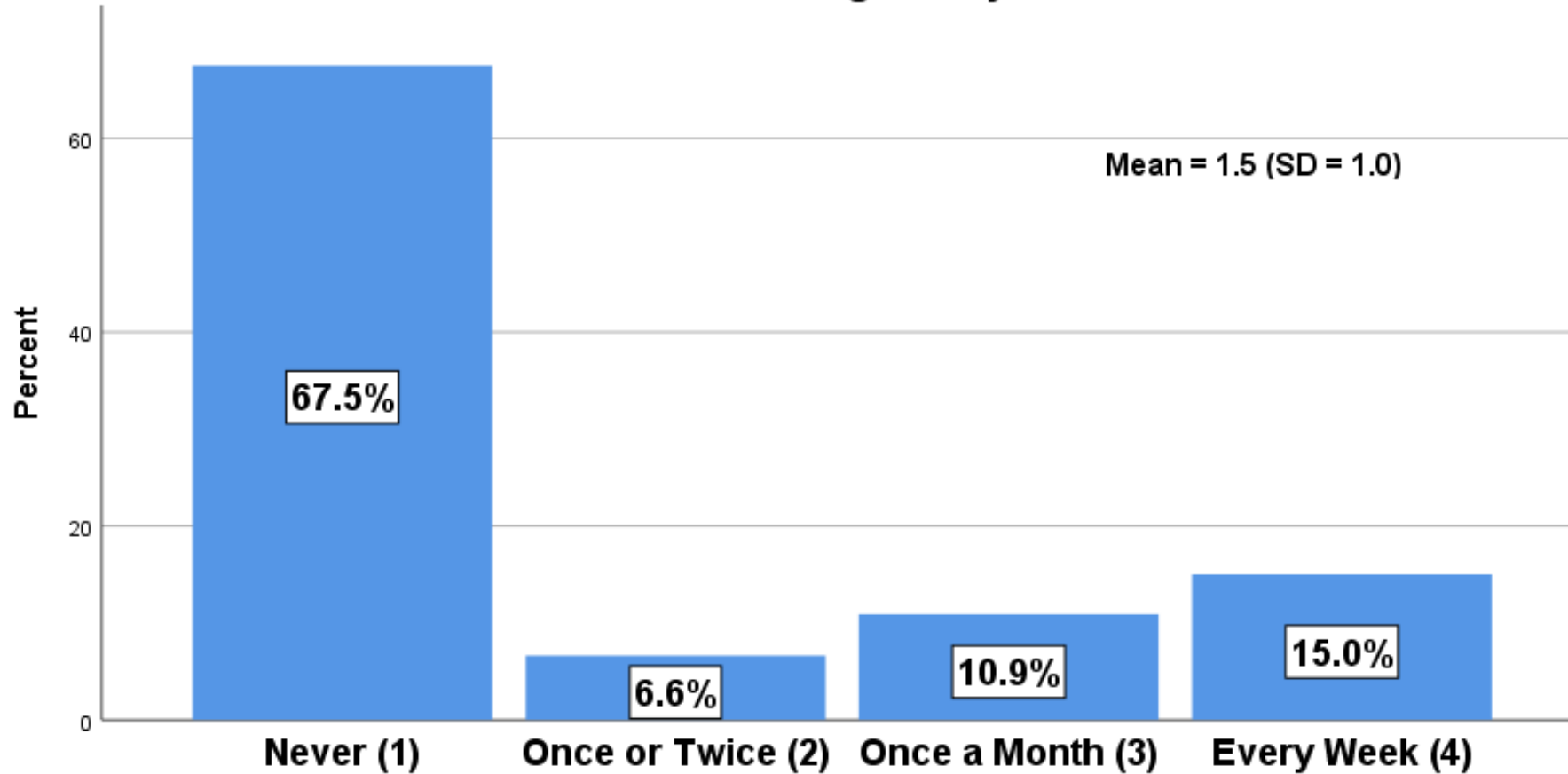


CHART 102. Attended Church Activities in the Last 12 Months

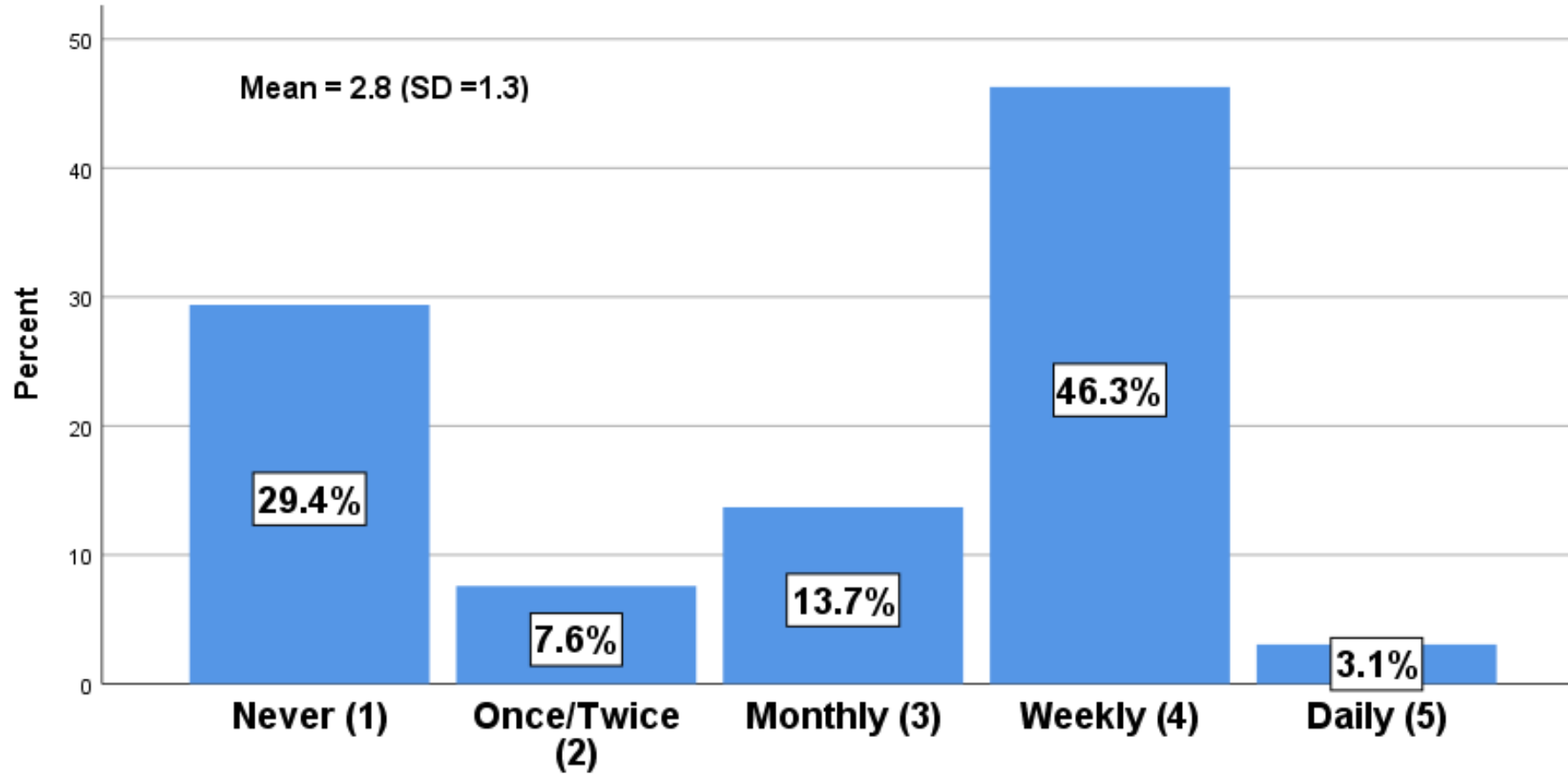


CHART 103. Attended Activities in Public Library in the Last 12 Months

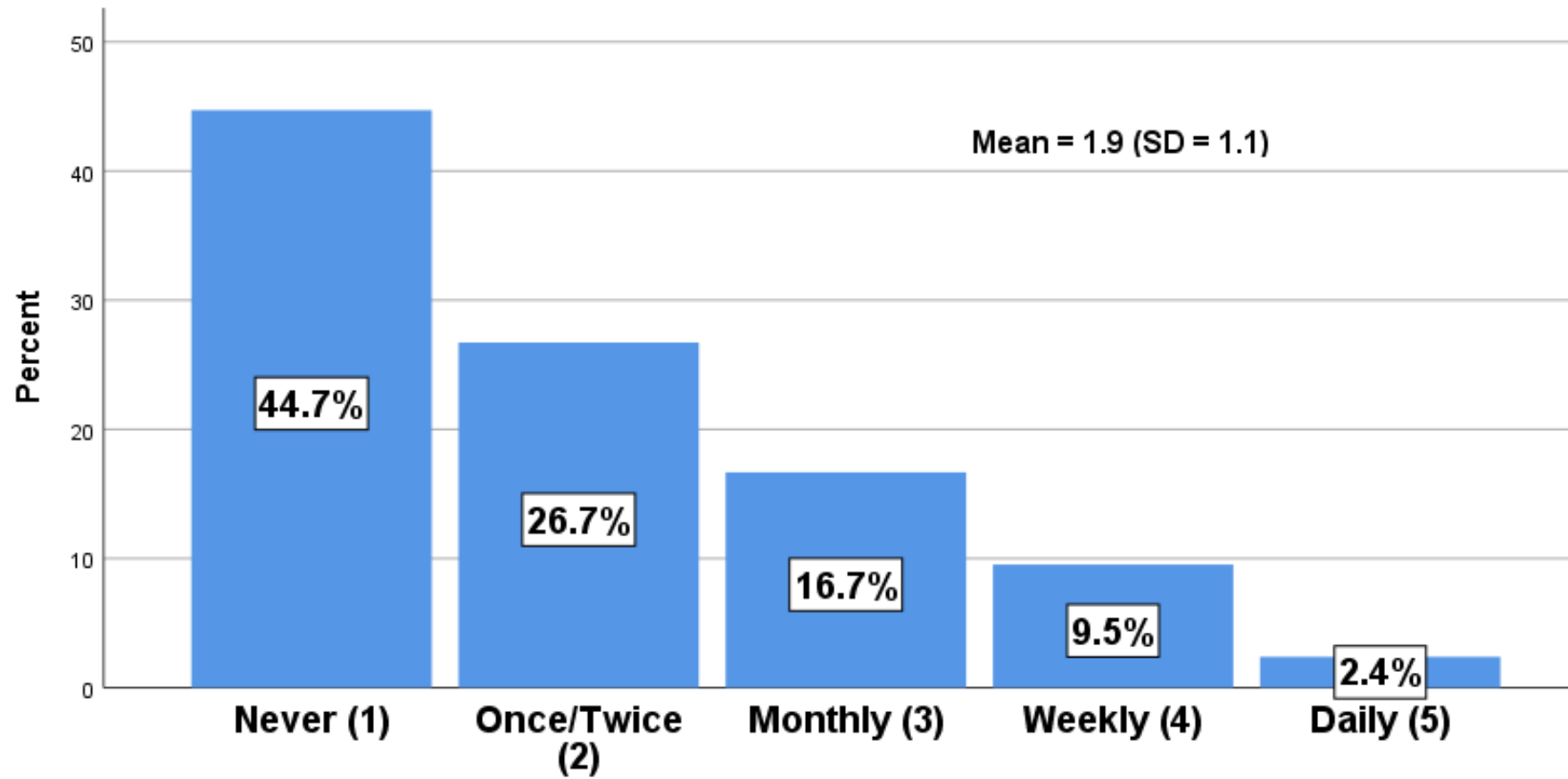


CHART 104. Attended Activities at Parks and Recreation Centers in the Last 12 Months

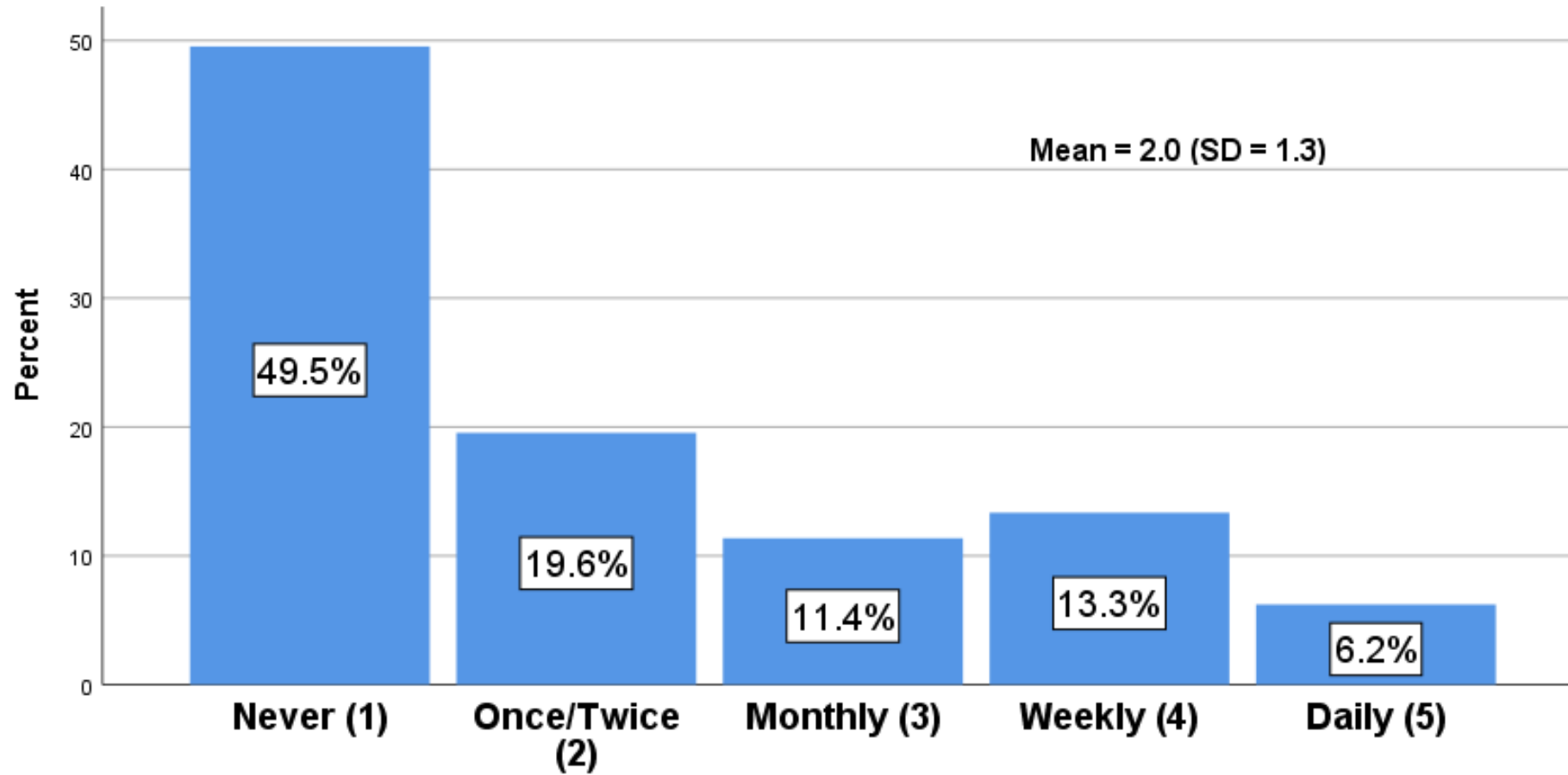


CHART 105. Attended the Farmer's Market in the Last 12 Months

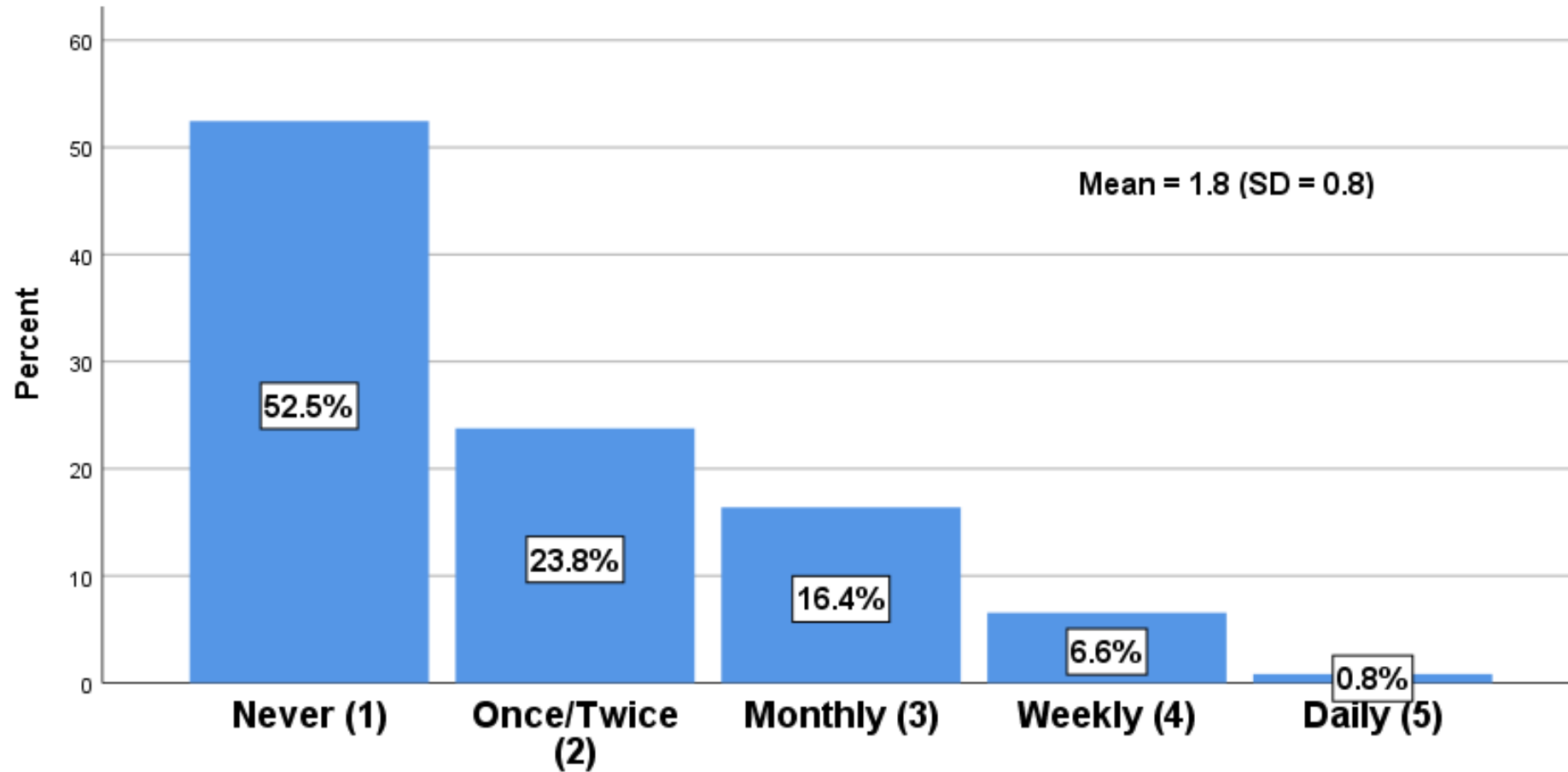


CHART 106. Attended Activities in Senior Center in the Last 12 Months

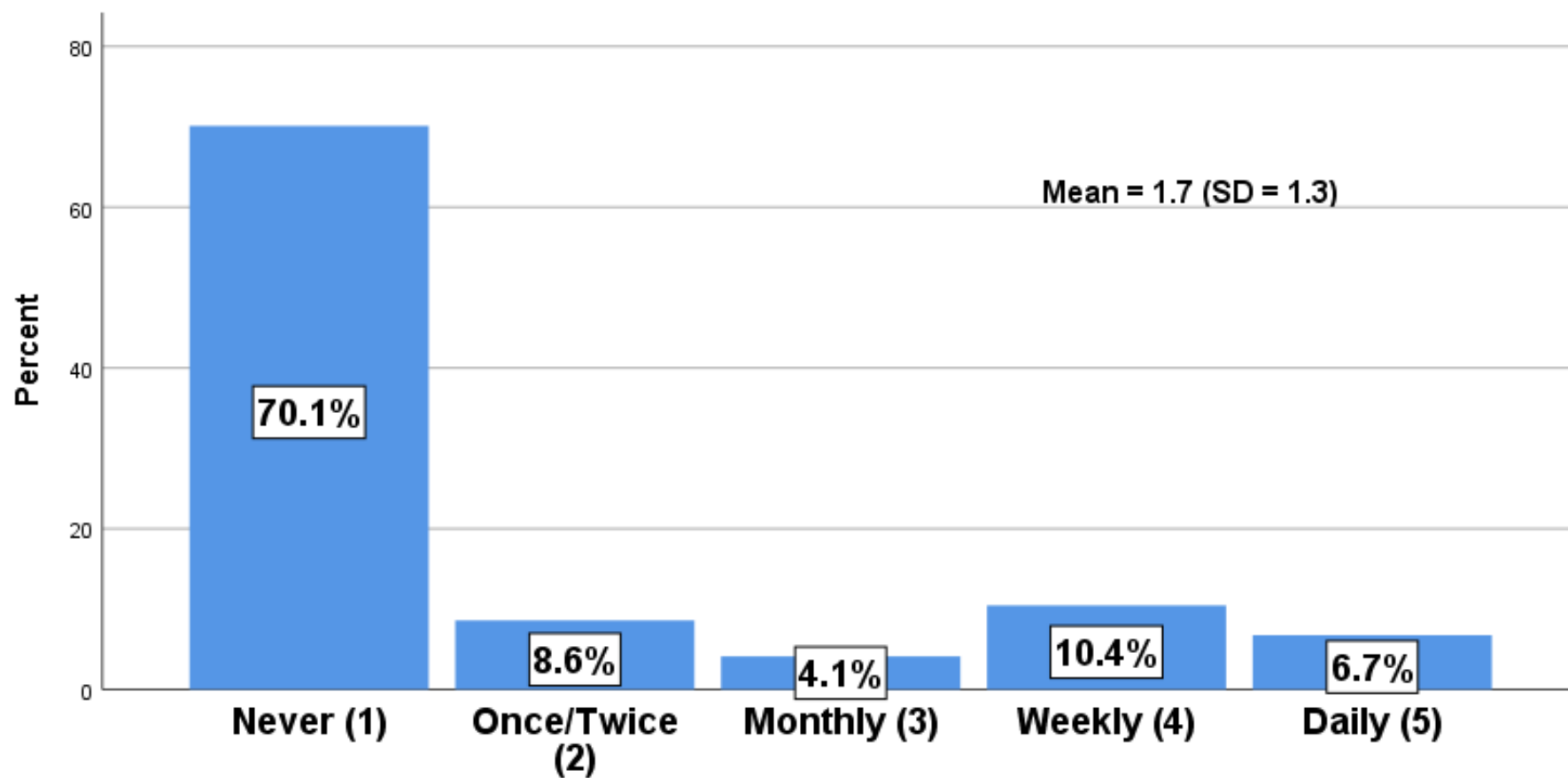


CHART 107. Attended Nutritional Program in the Last 12 Months

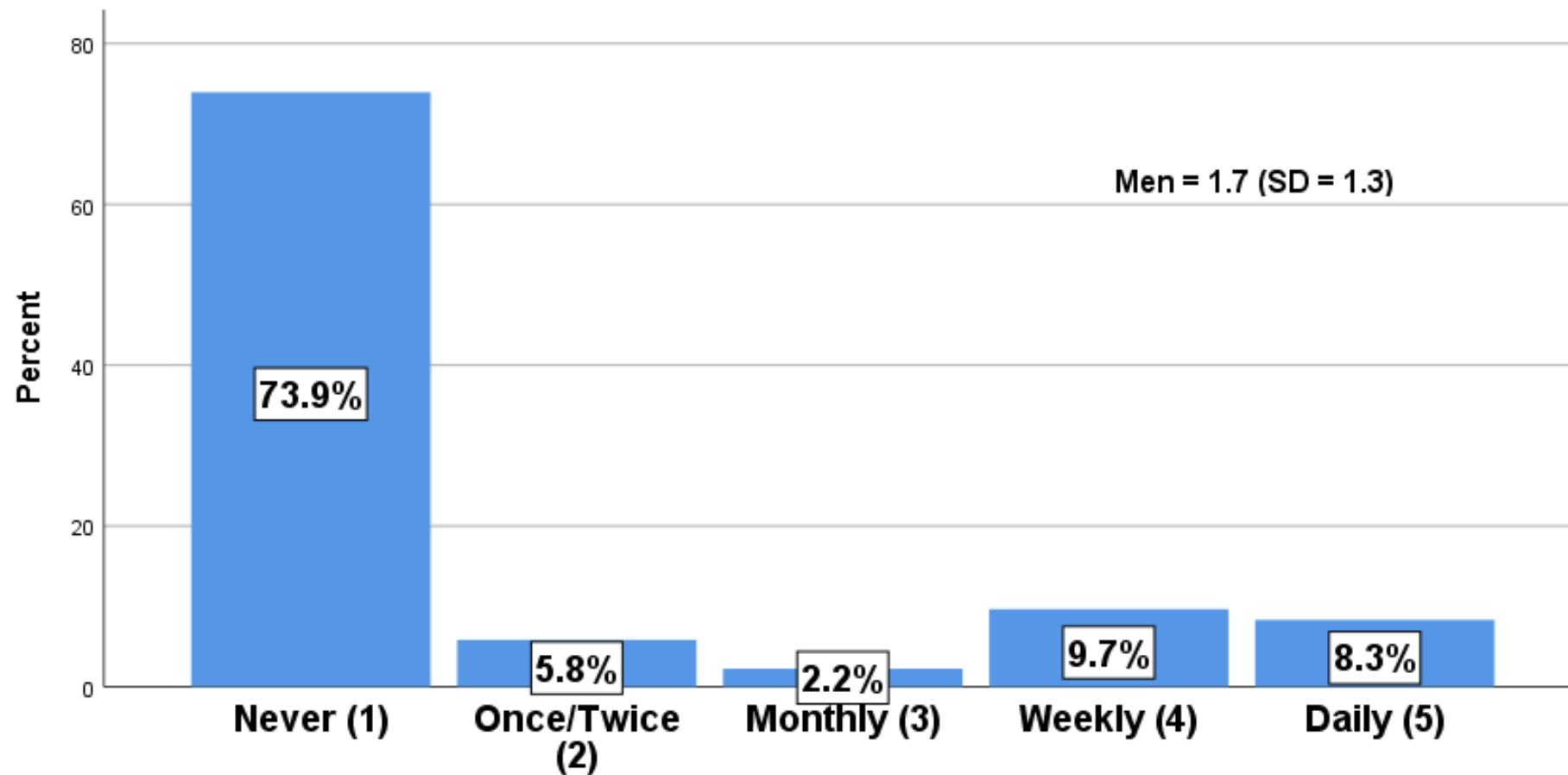


CHART 108. Attended Activities in Community Center in the Last 12 Months

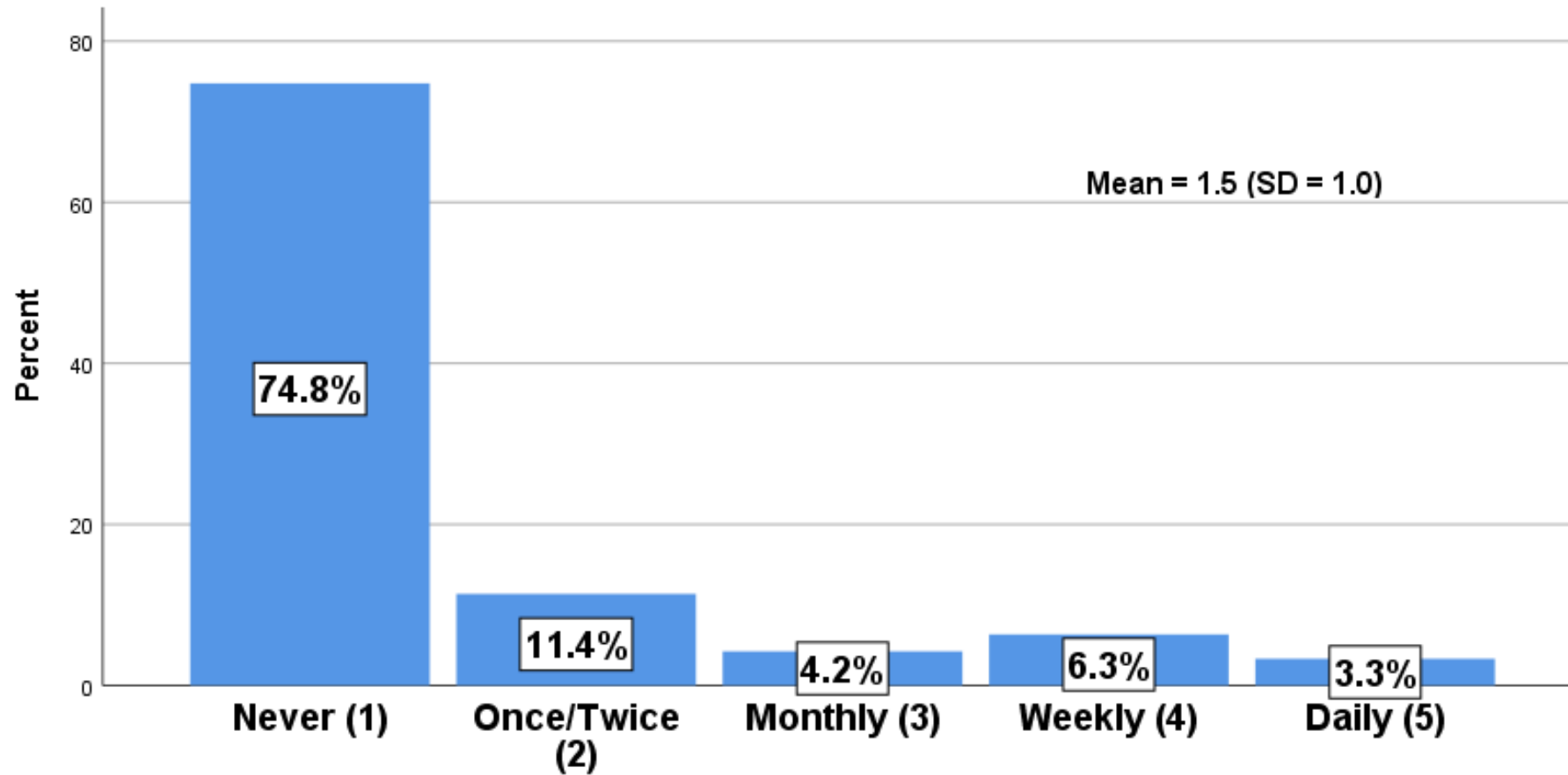


CHART 109. Used Public Transportation in the Last 12 Months

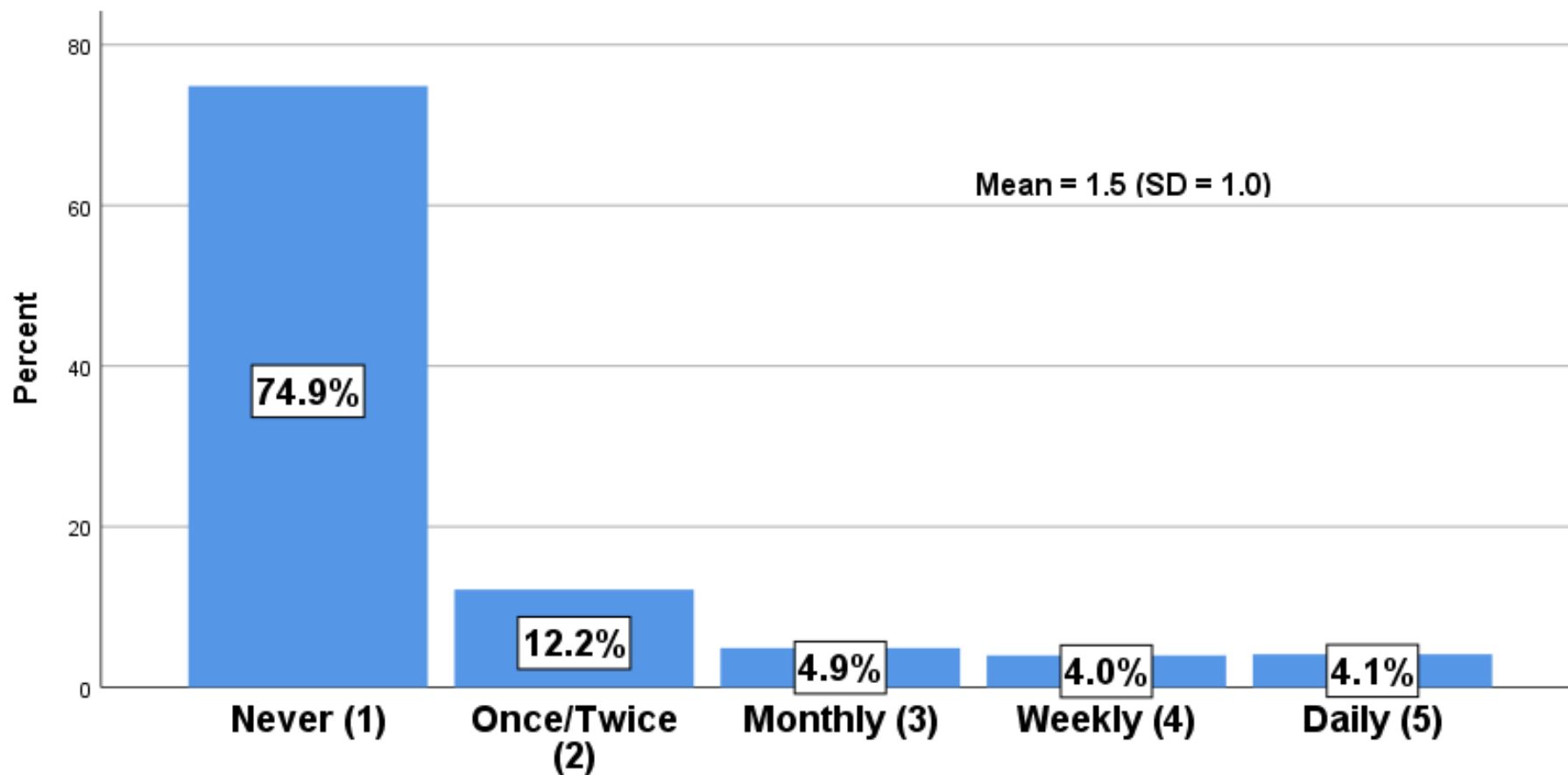


CHART 110. Attended Activities at School Programs and Facilities in the Last 12 Months

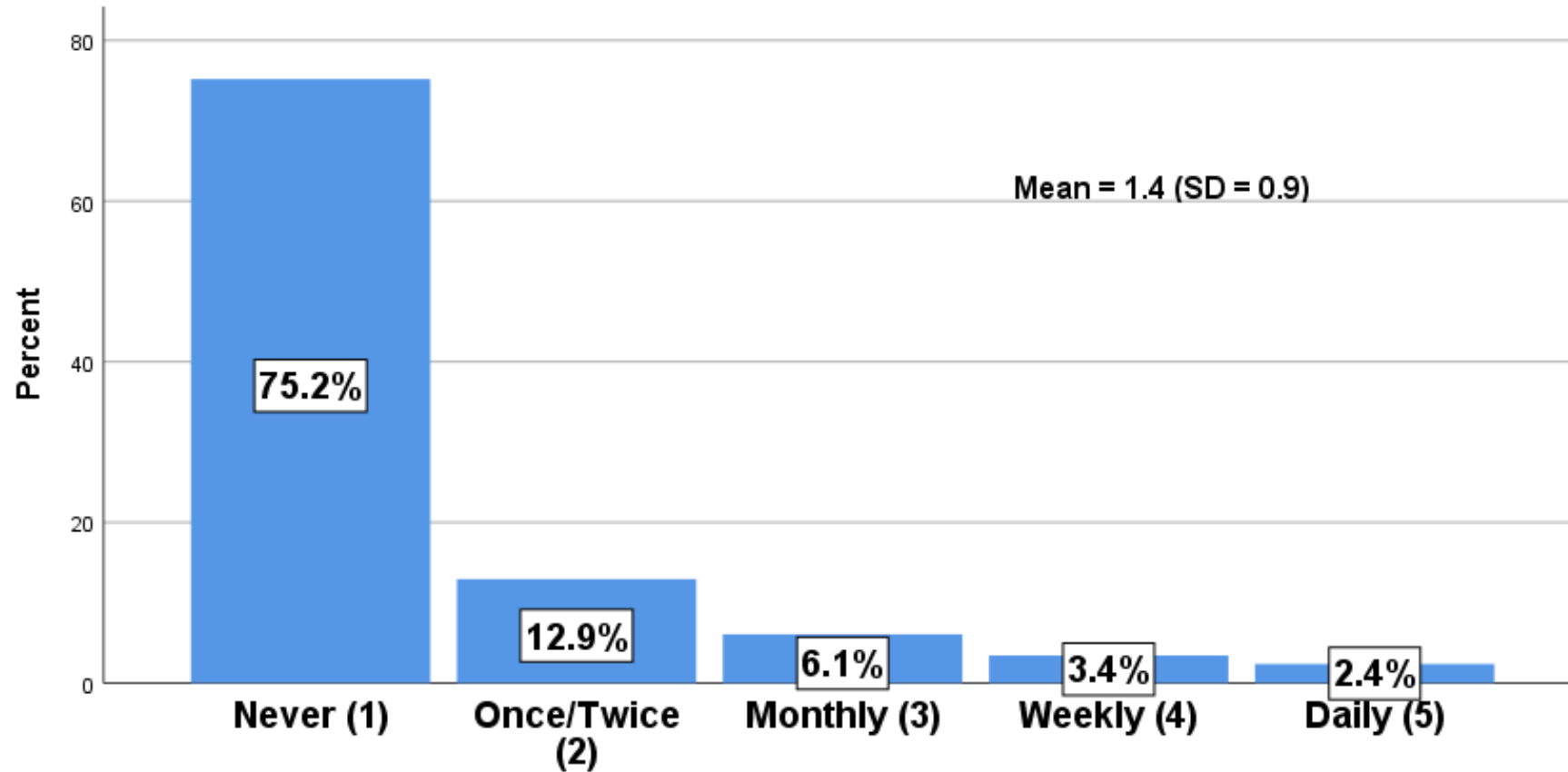


CHART 111. Attended Services at the Social Security Office in the Last 12 Months

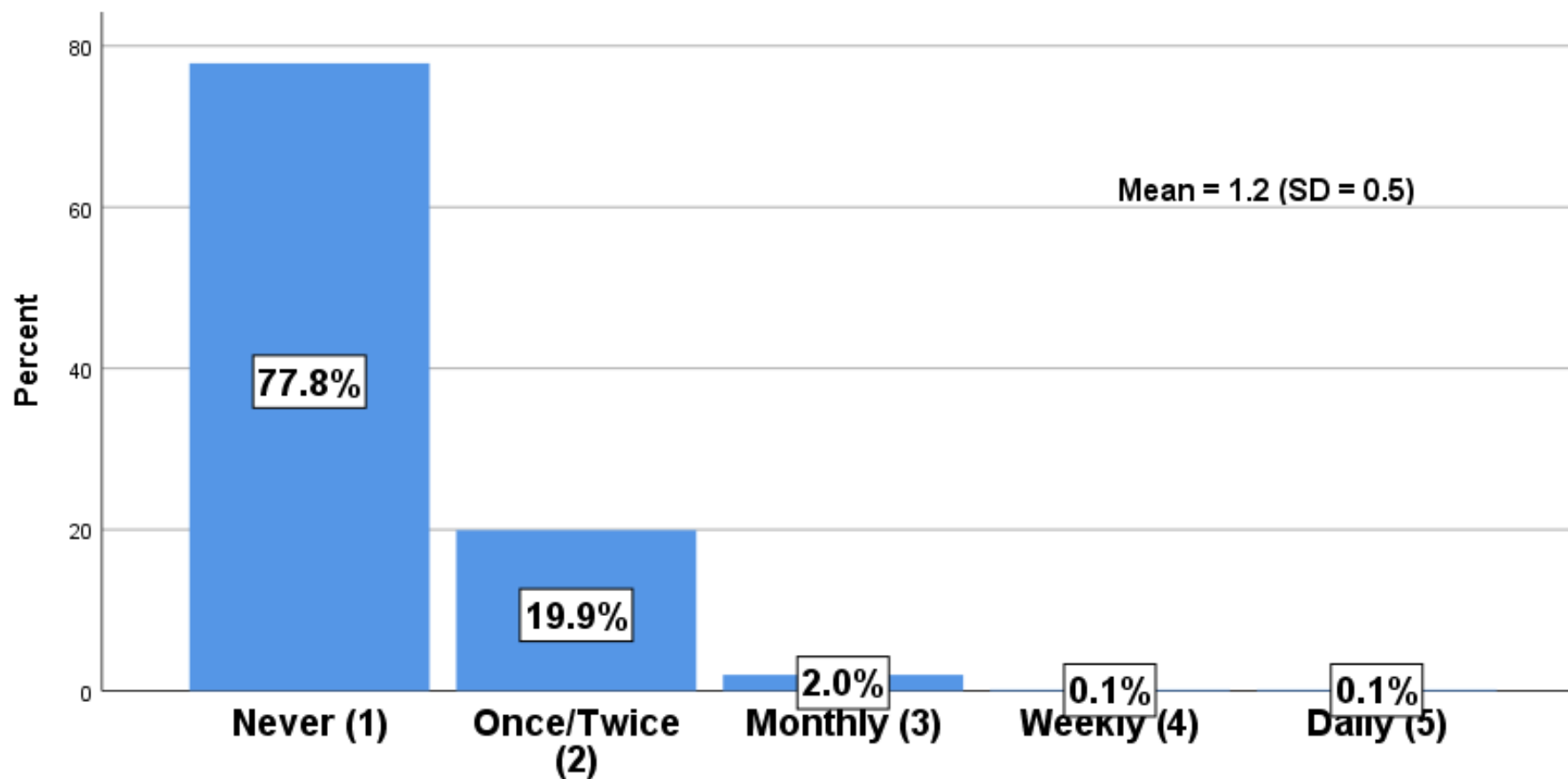


CHART 112. Use of Community Services/Programs Last 12 Months

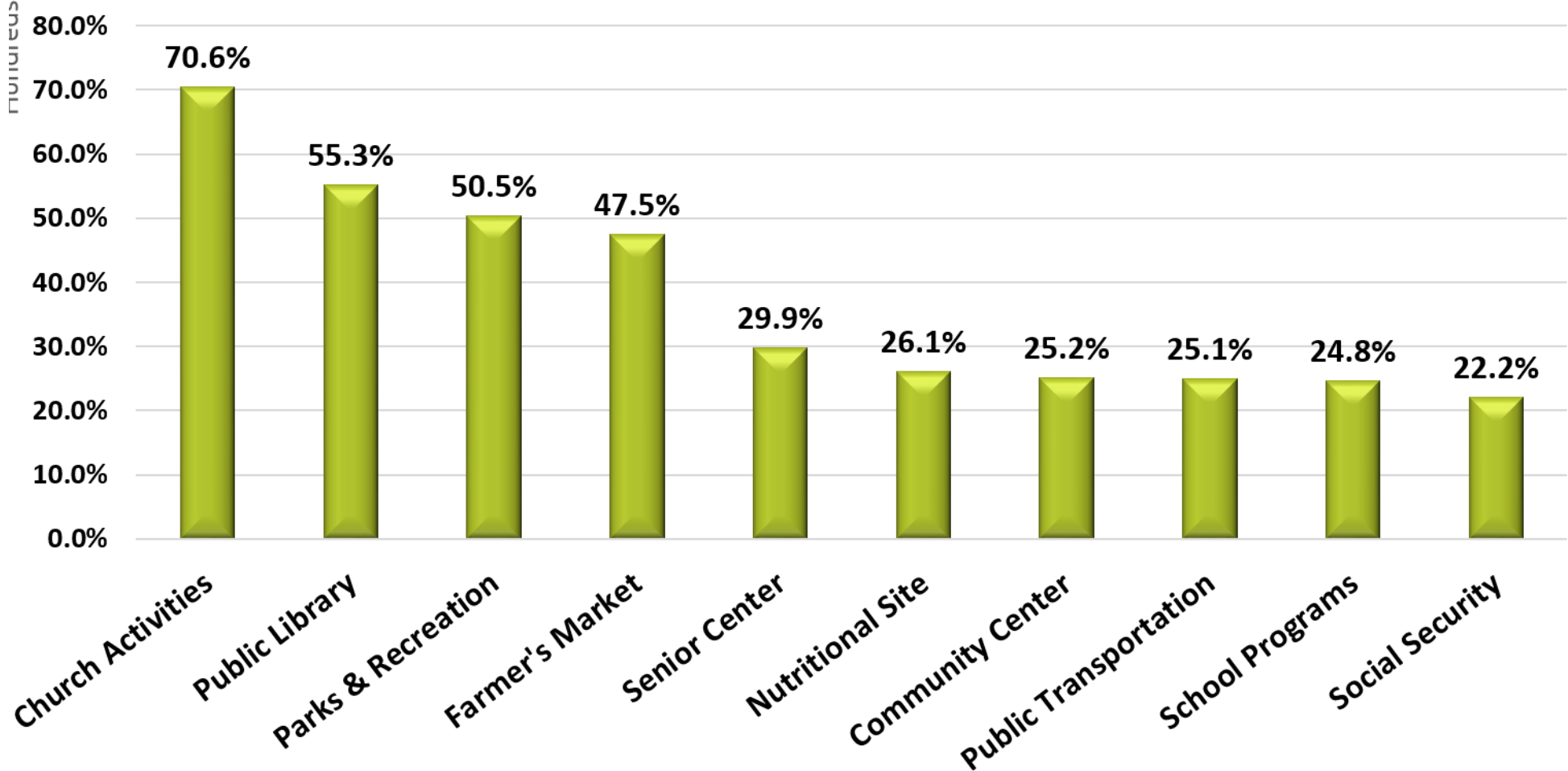


CHART 113. Use of Community Services/Programs Last 12 Months

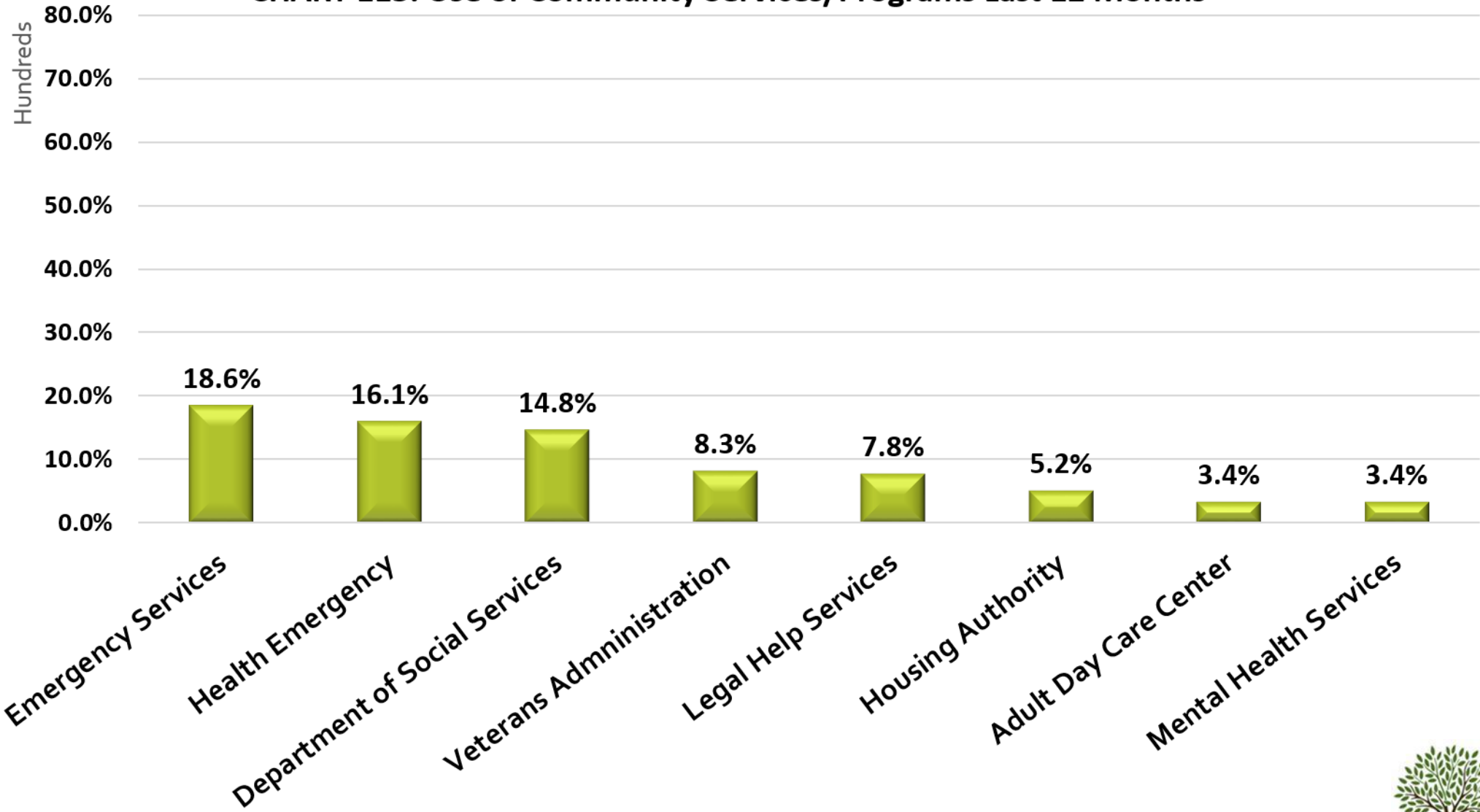


CHART 114. Use of Community Services by Gender

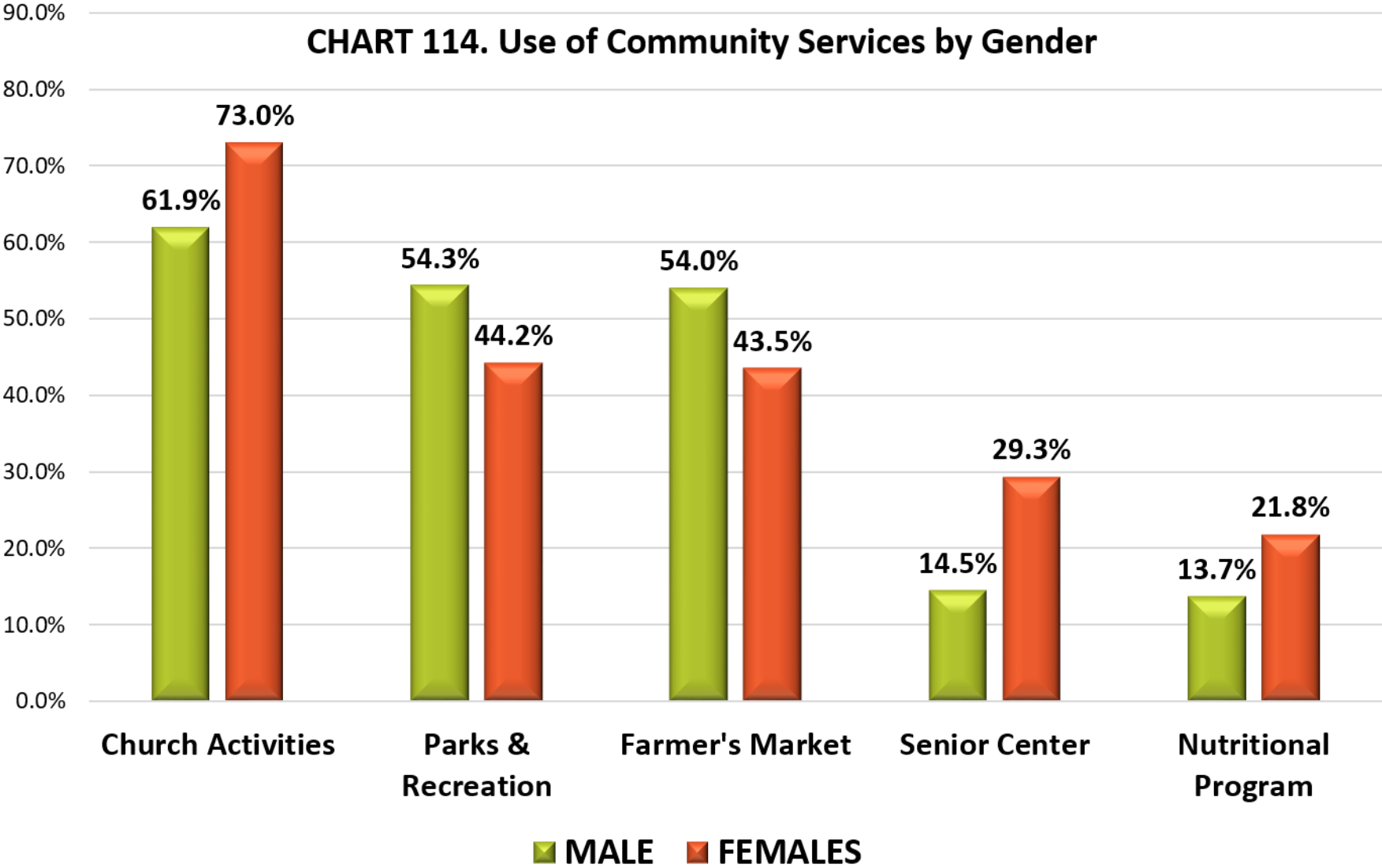
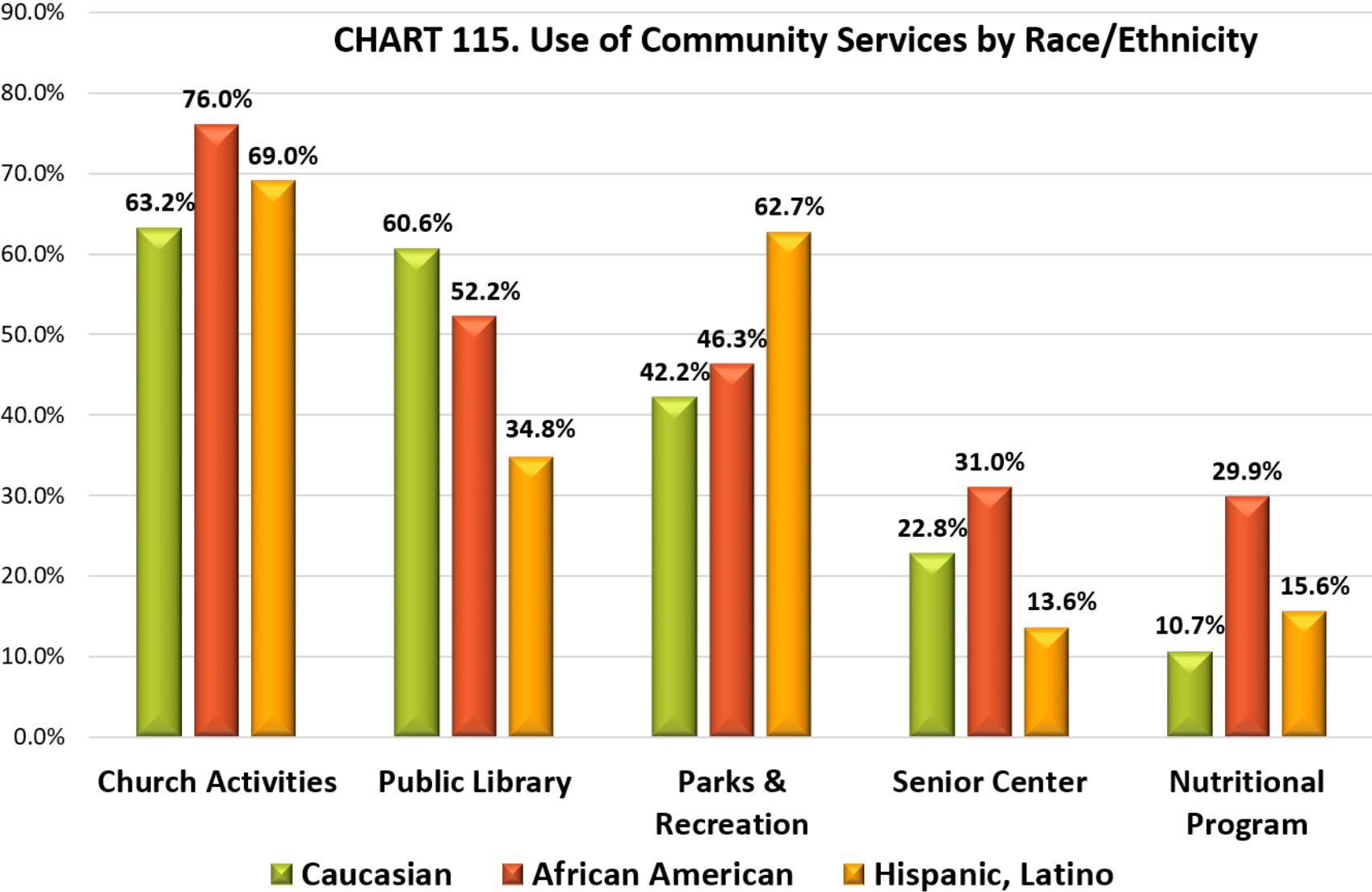


CHART 115. Use of Community Services by Race/Ethnicity





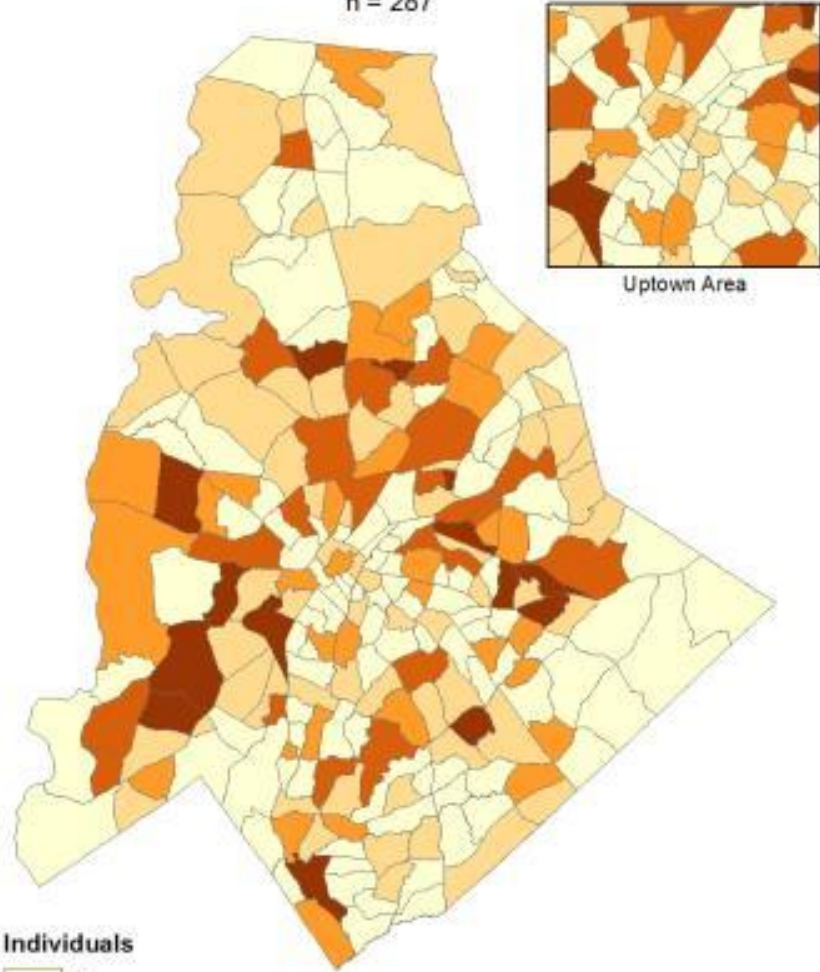
Community Satisfaction Characteristics and Geographical
Distribution of Adults 60+ in Charlotte and Mecklenburg County



FIGURE 24

Familiarity with Services Available for Older Adults: Meck60+ Participants

Very Unfamiliar/Somewhat Unfamiliar
n = 287



Very Familiar/Somewhat Familiar
n = 437

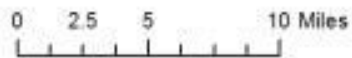
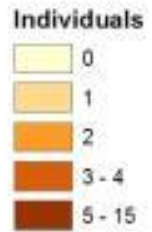
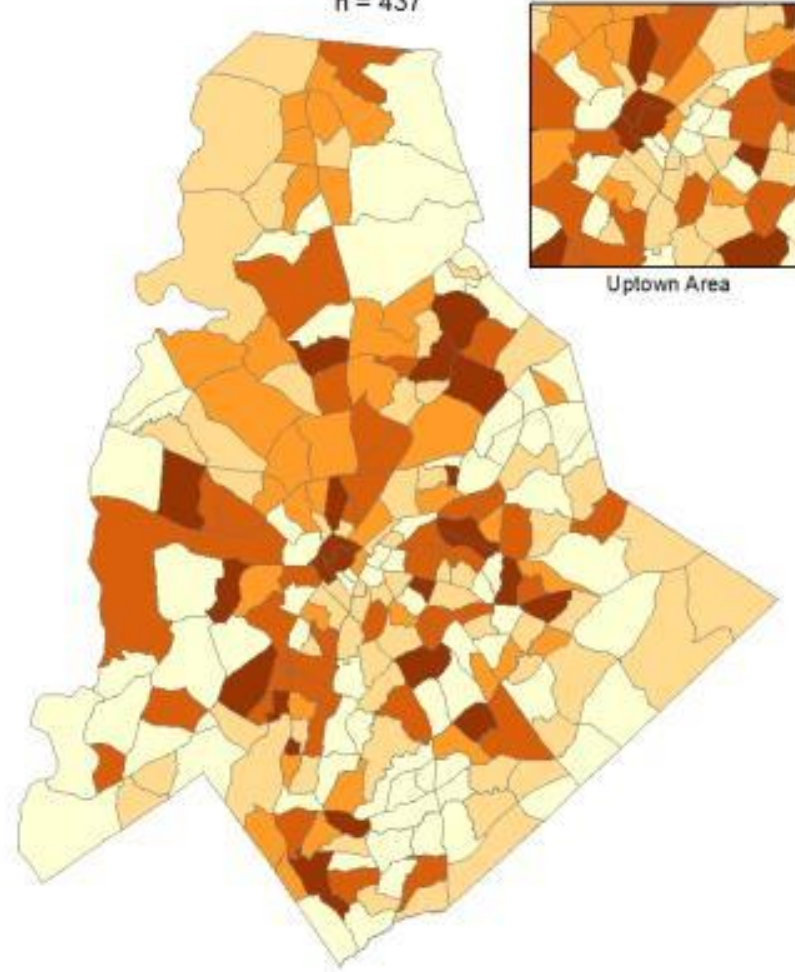


FIGURE 25

Public Library Usage for Meck60+ Participants

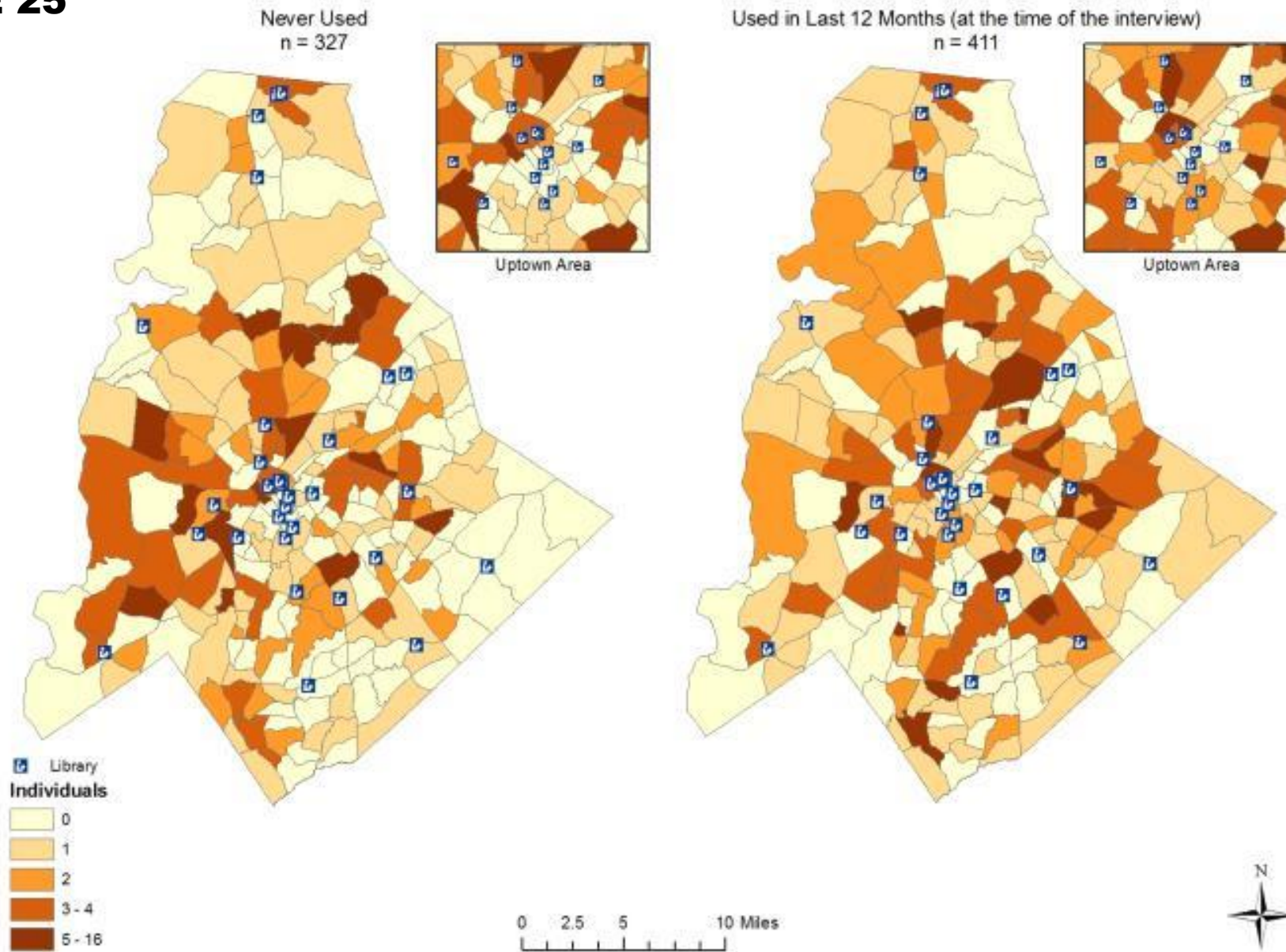


FIGURE 26

Nutrition Program Usage for Meck60+ Participants

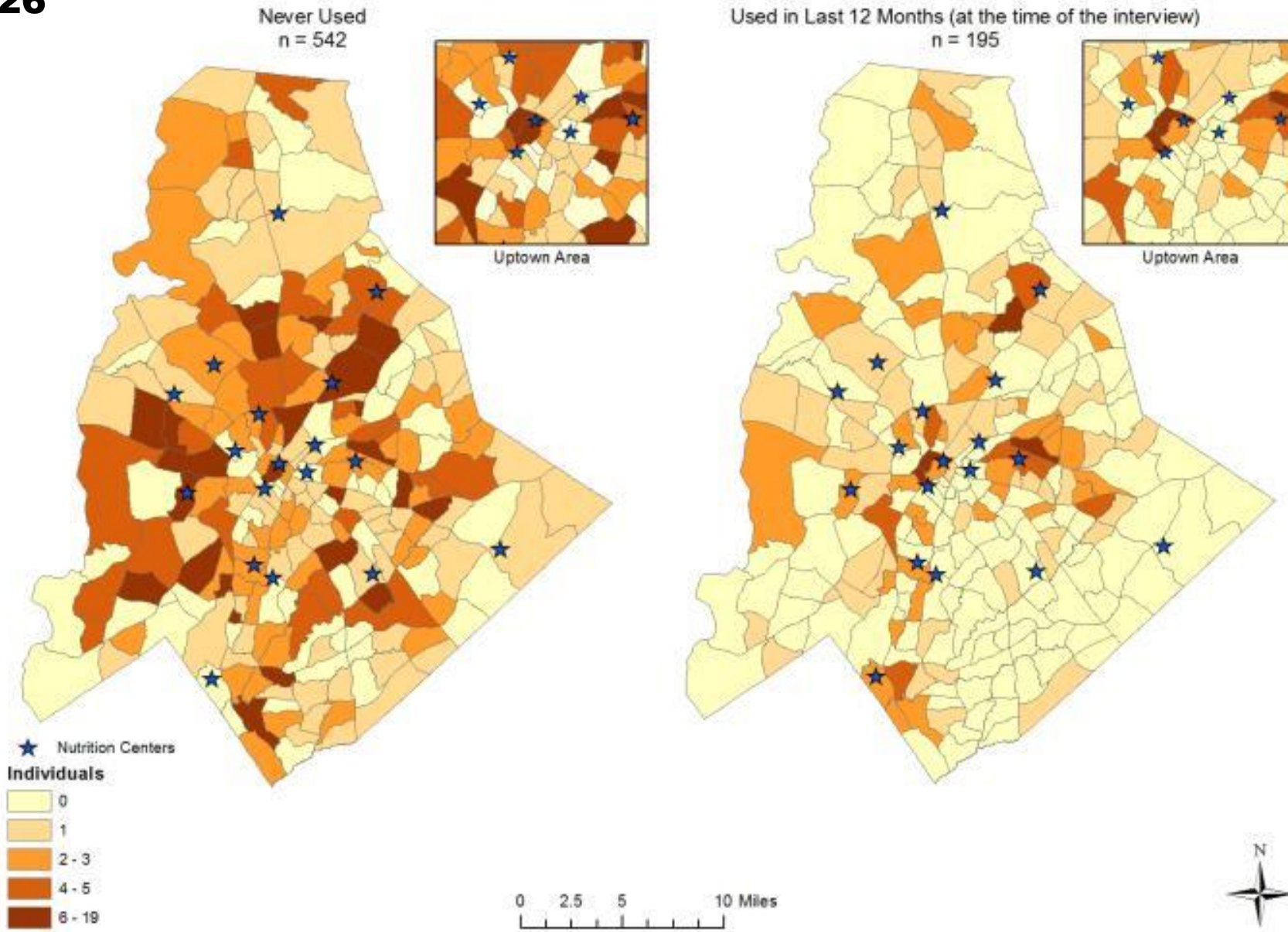


FIGURE 27

Senior Center Usage for Meck60+ Participants

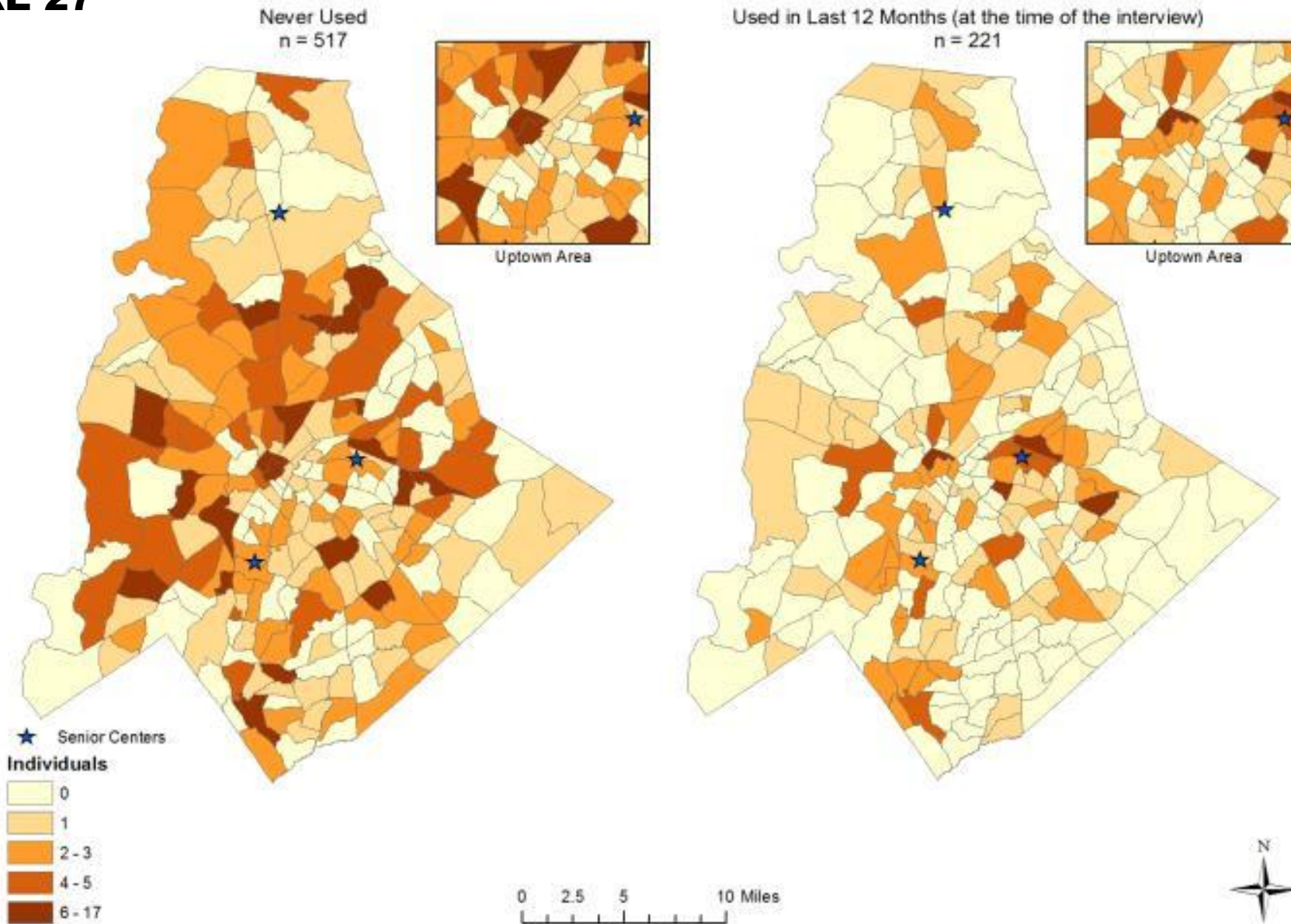


FIGURE 28

Public Transportation Usage for Meck60+ Participants

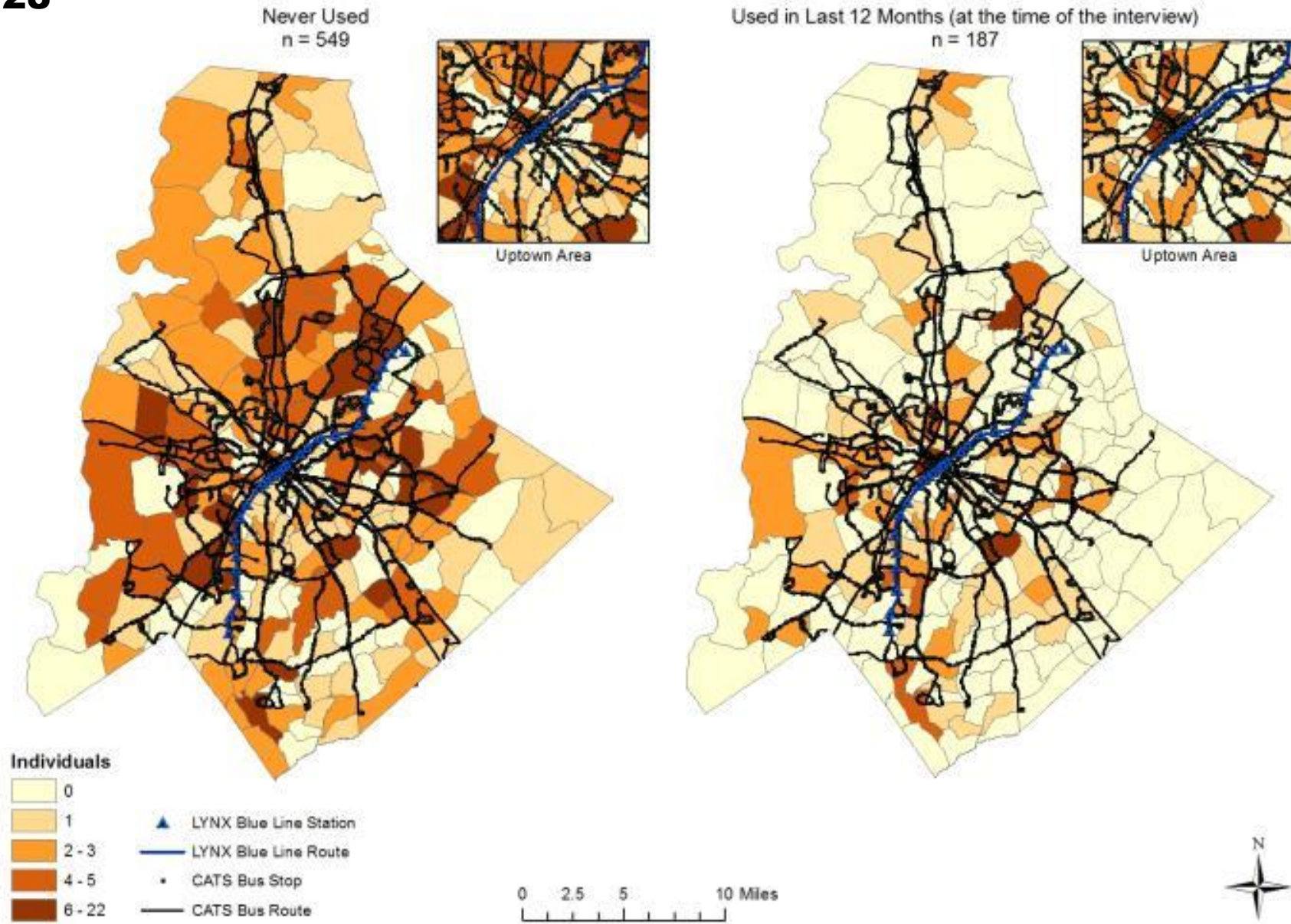


FIGURE 29

Park and Recreation Center Usage for Meck60+ Participants

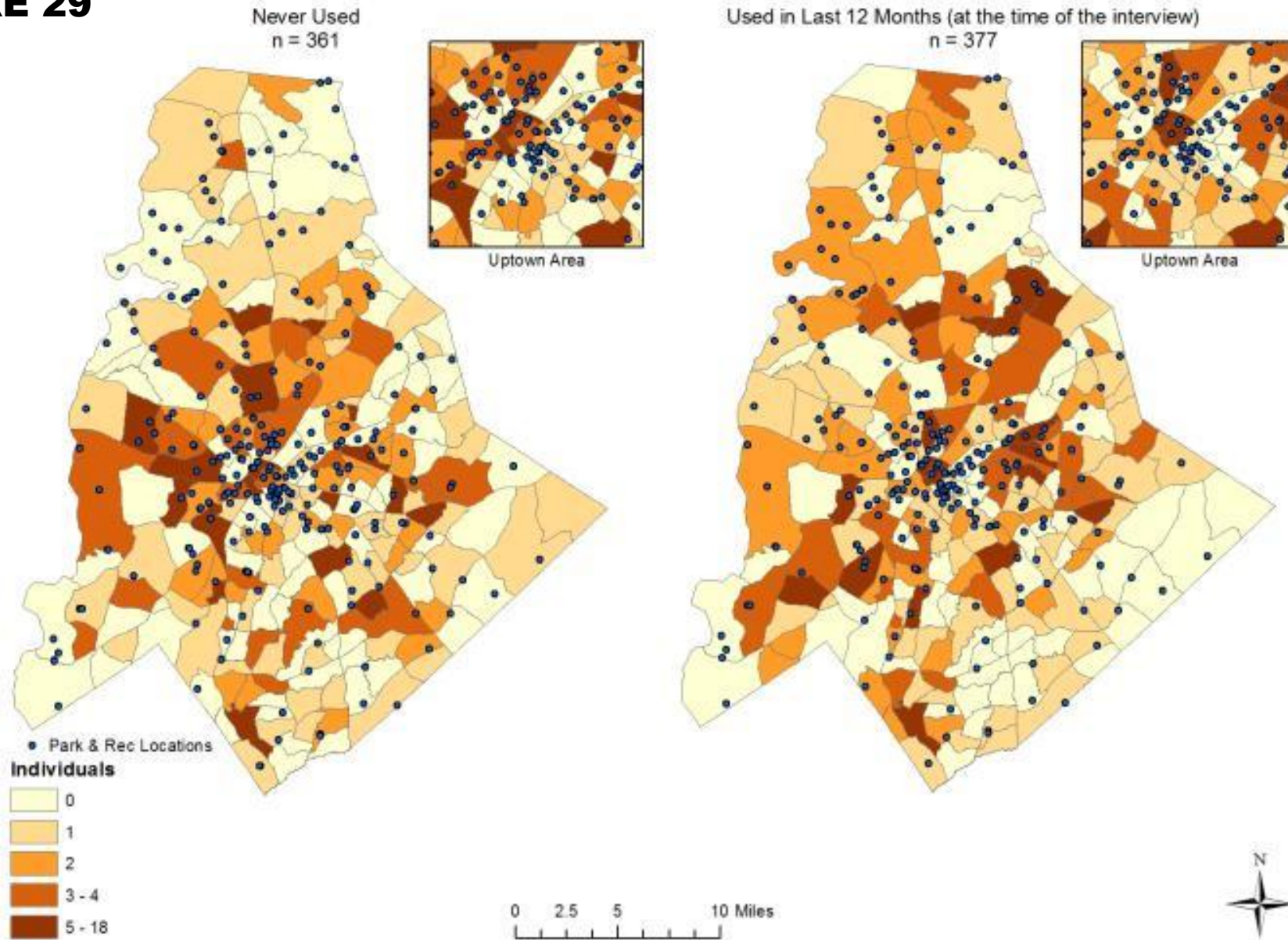
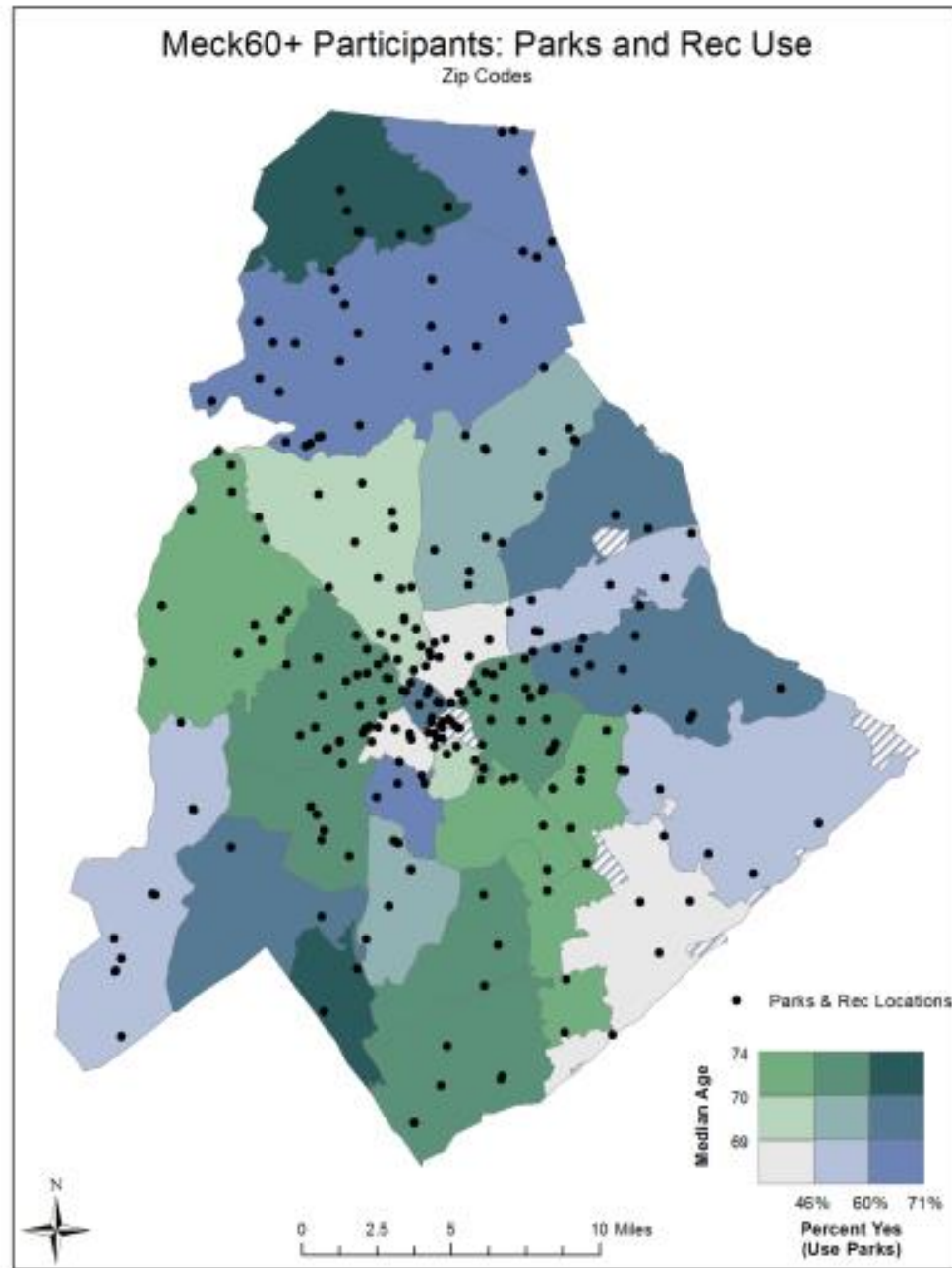


FIGURE 30





FAMILY CAREGIVING PROFILE
N = 127



CHART 120. Caregiver's time Living in Charlotte/Mecklenburg County?

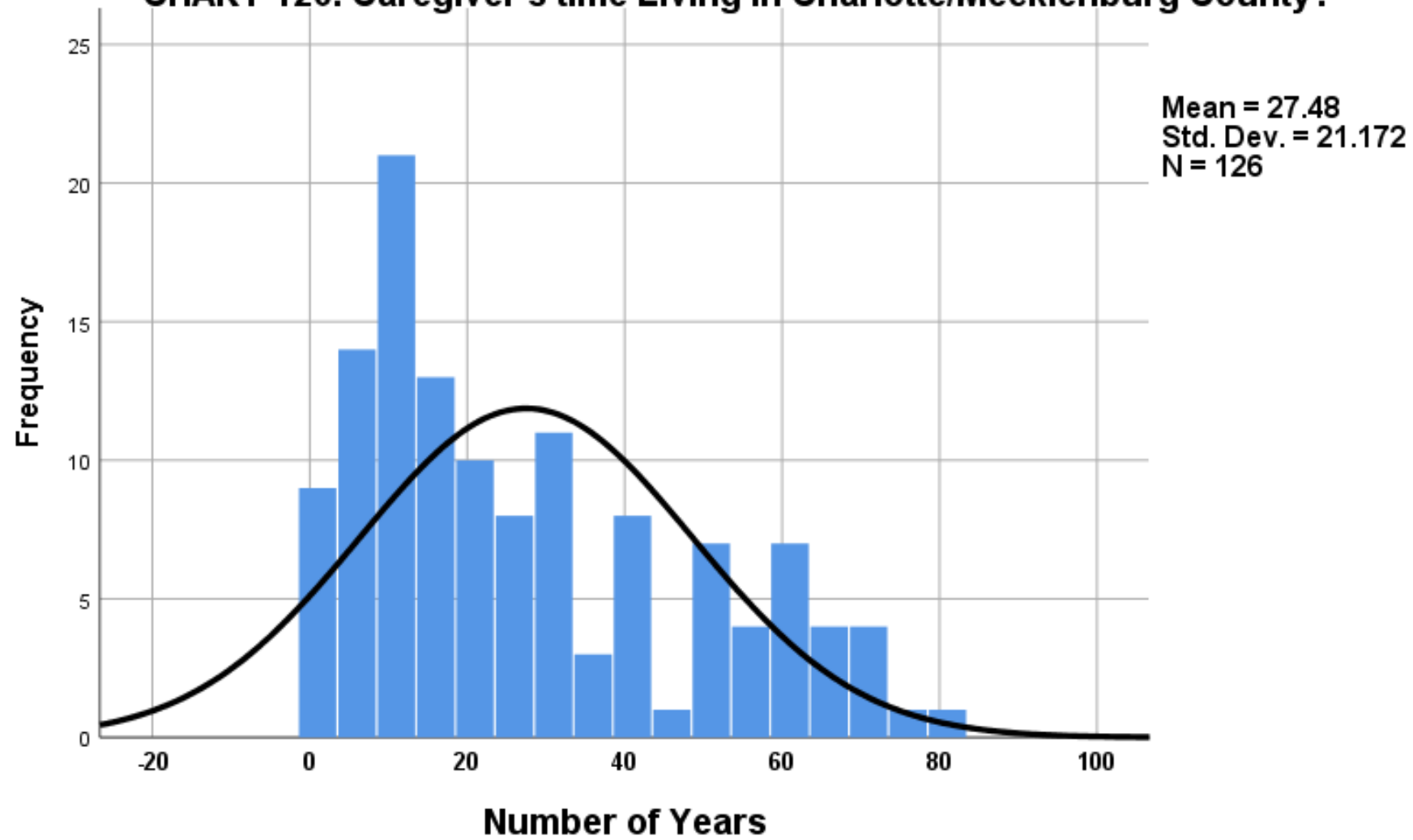
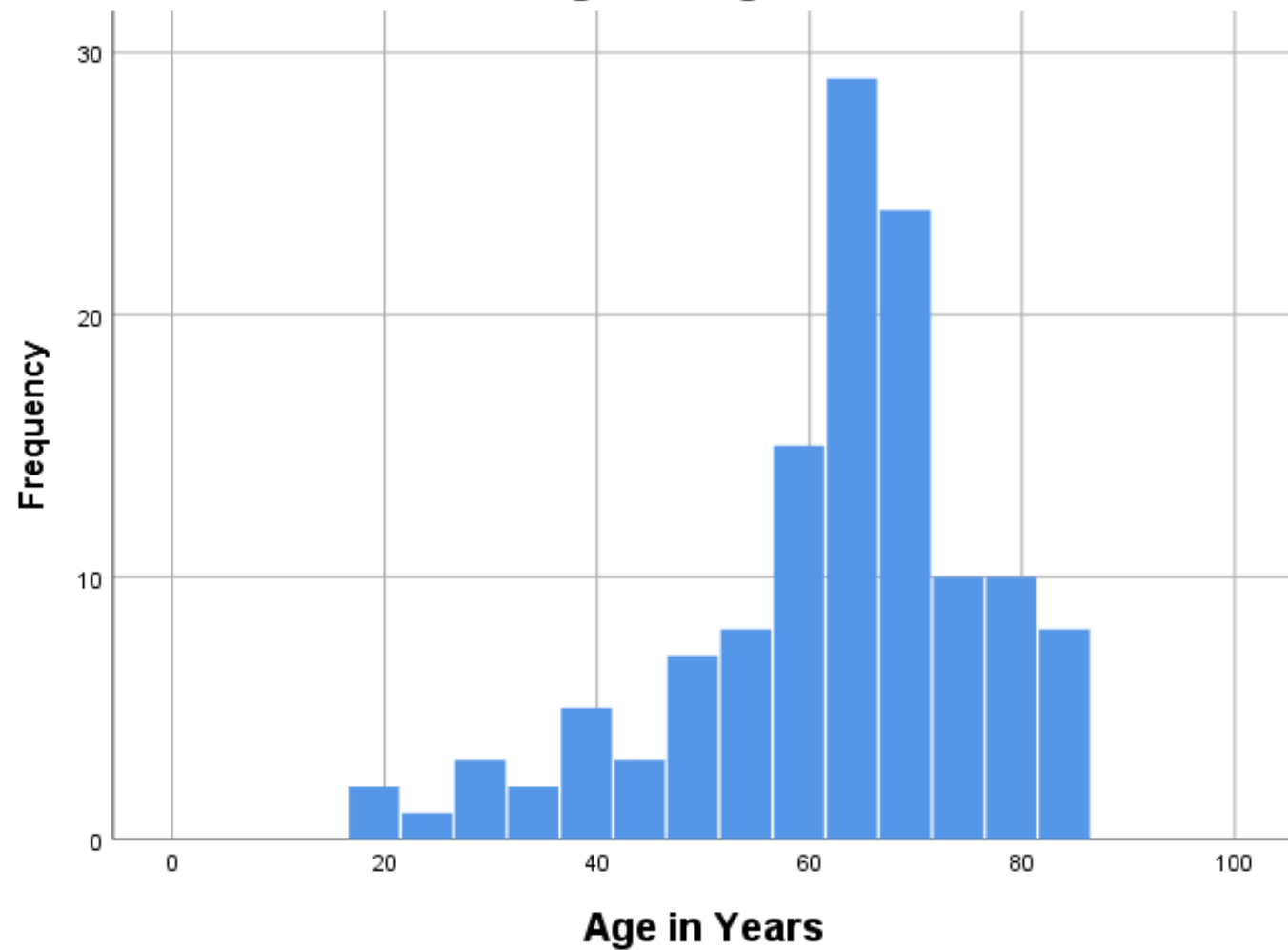


CHART 121. Caregiver's Age



Mean = 62.38
Std. Dev. = 14.016
N = 127

CHART 122. Caregiver's Race/Ethnicity

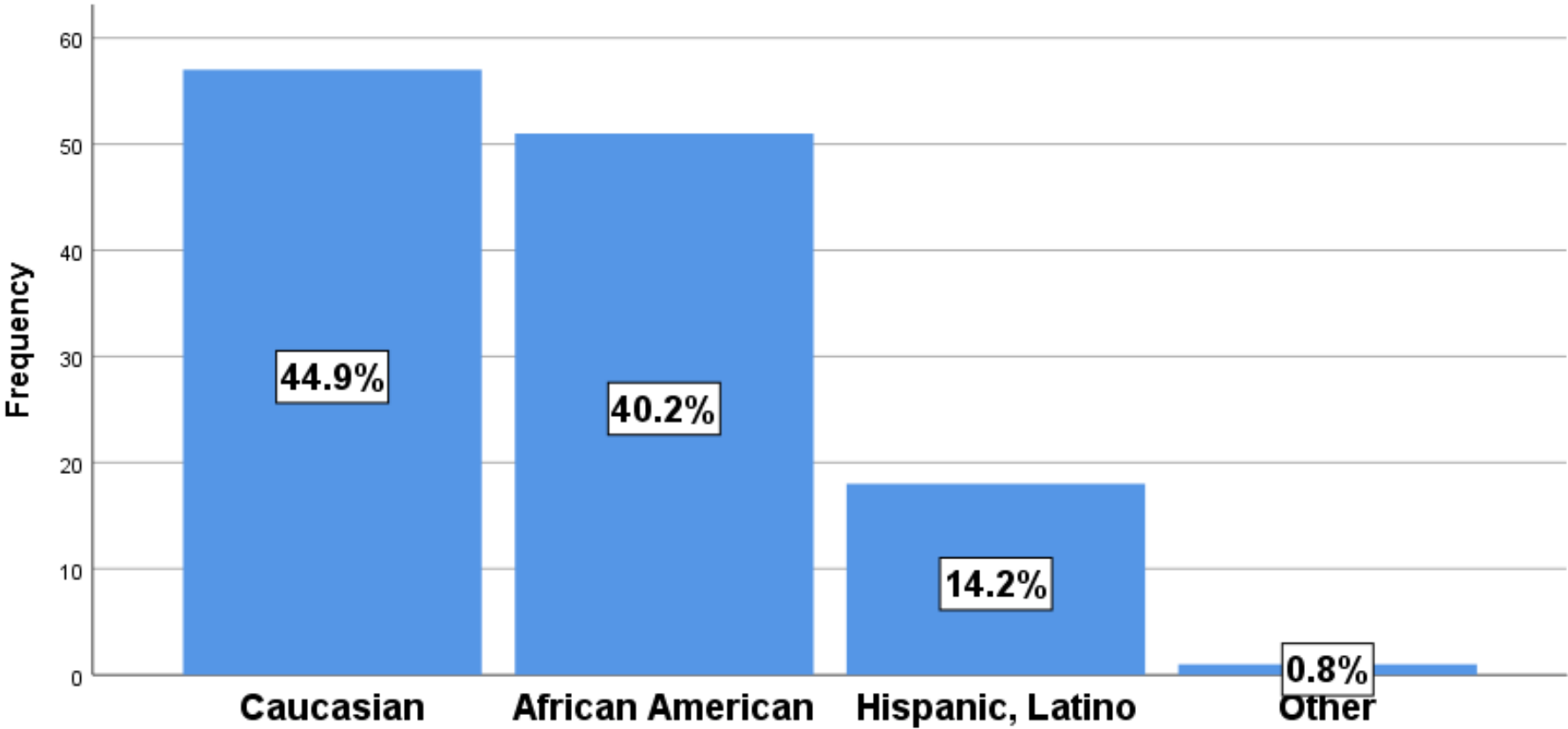


CHART 123. Caregiver's Gender

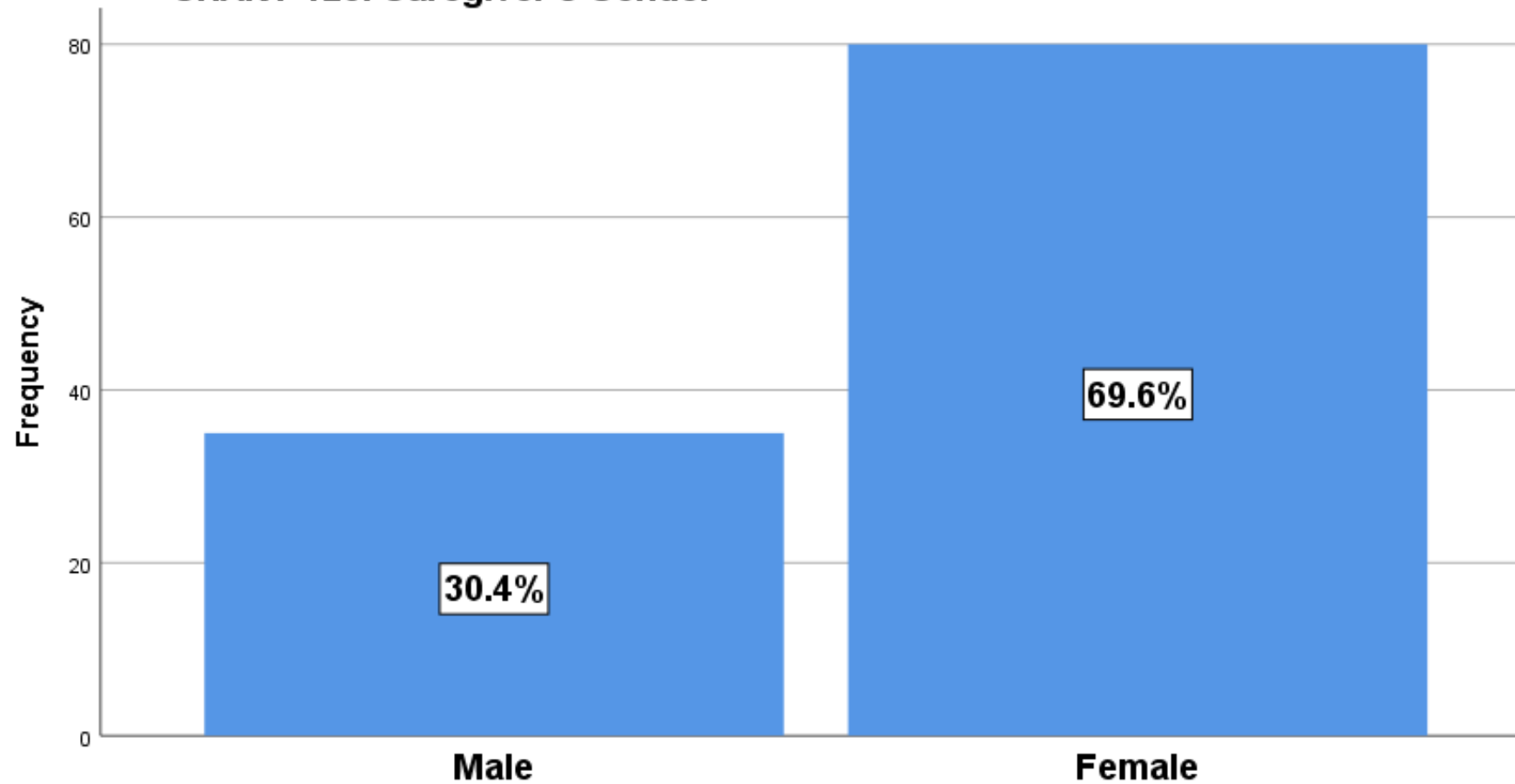


CHART 124. Caregiver's School Completed

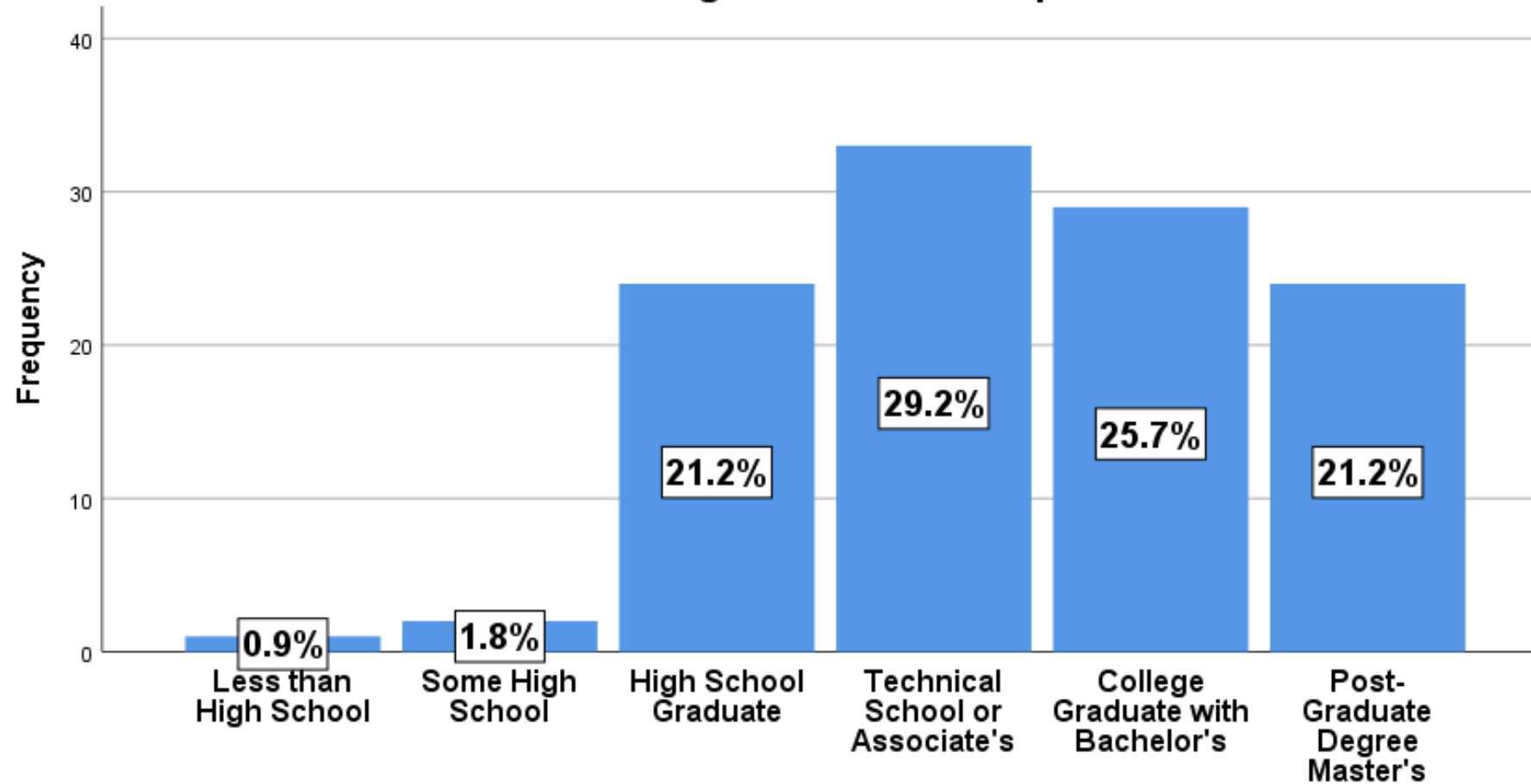


CHART 125. Total Family income from all sources, for last year before taxes

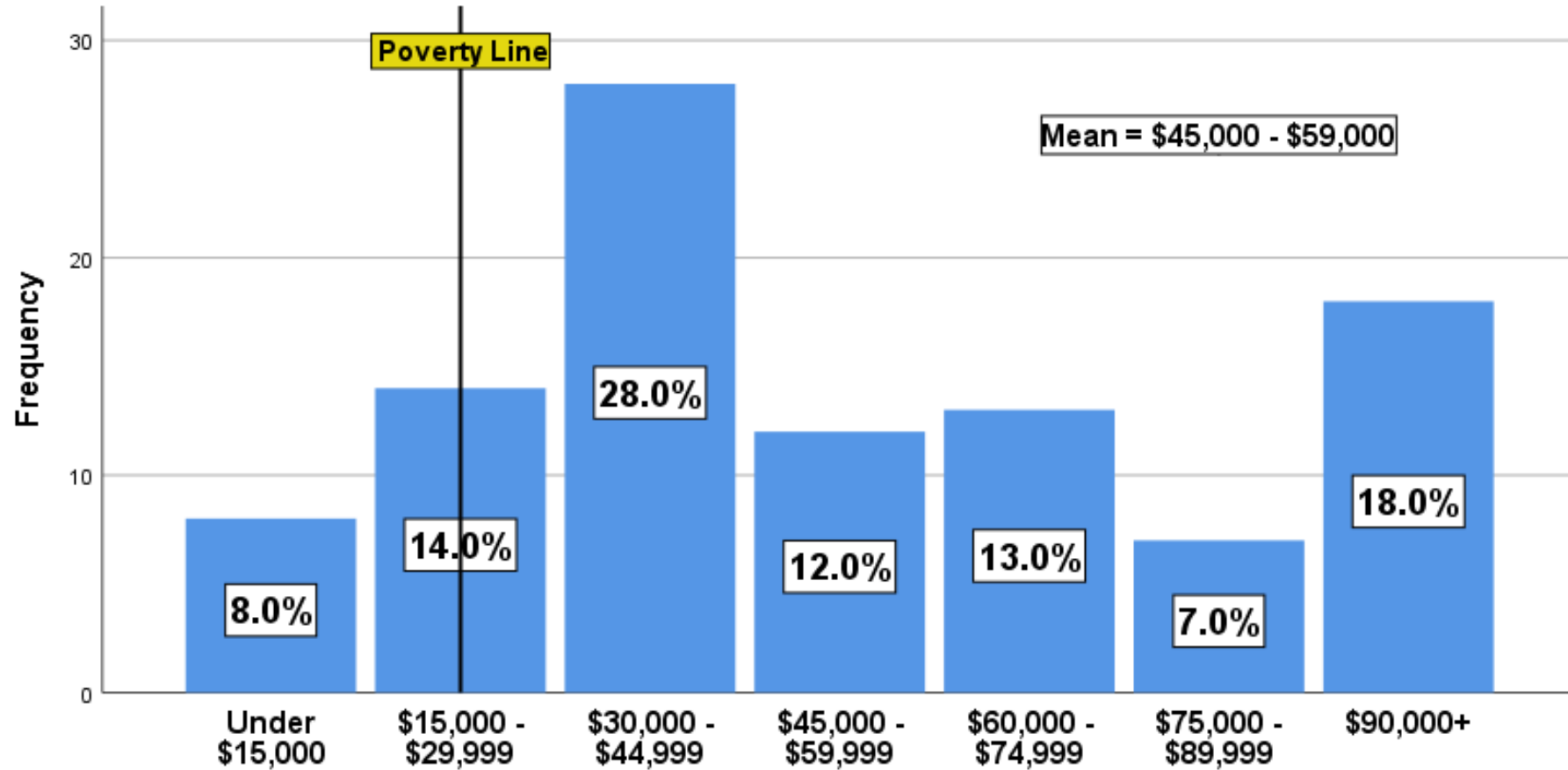


CHART 126. Caregiver Family Income by Race/Ethnicity

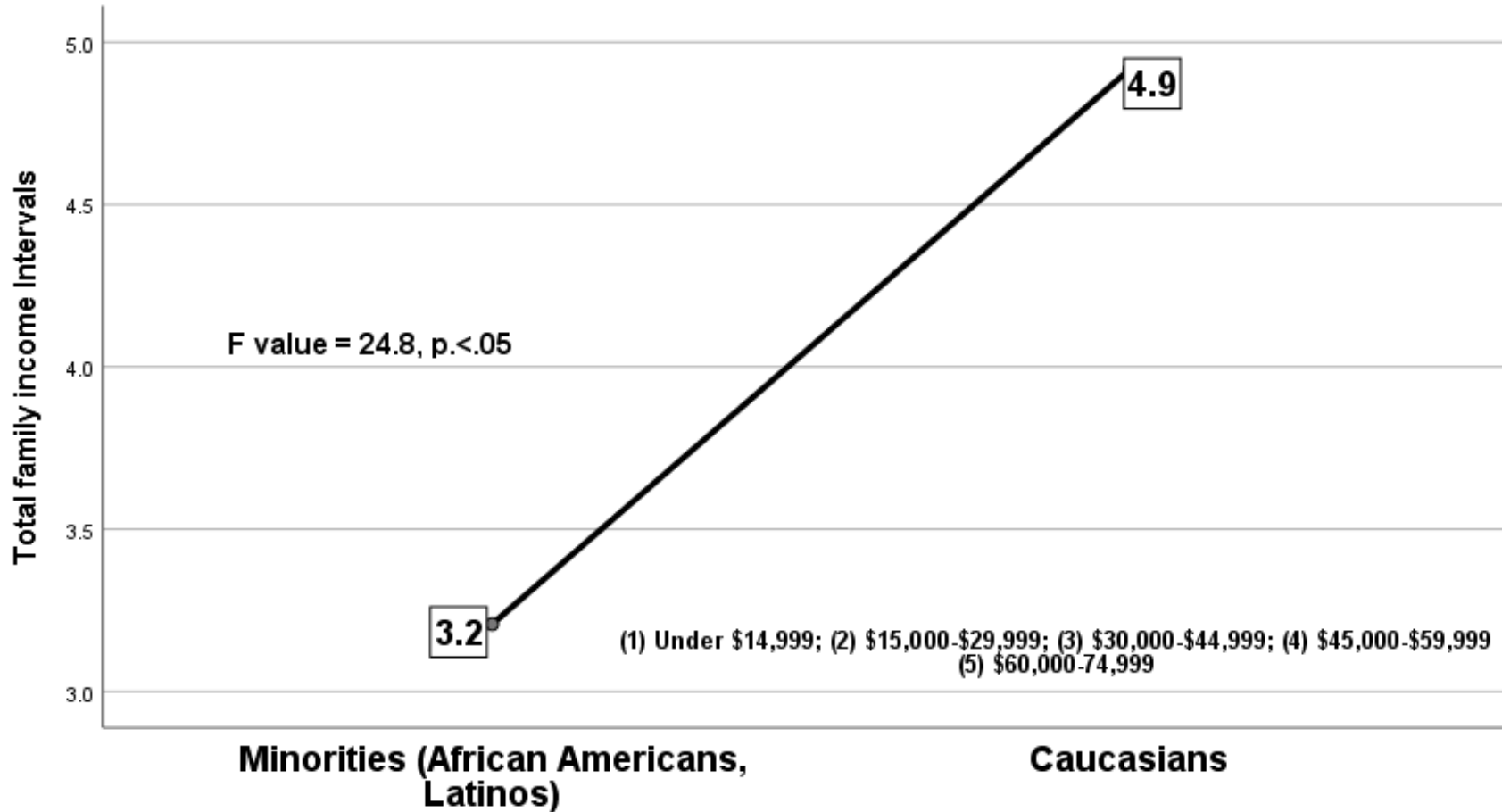


CHART 127. Family Relationship with the person you provide CARE the most

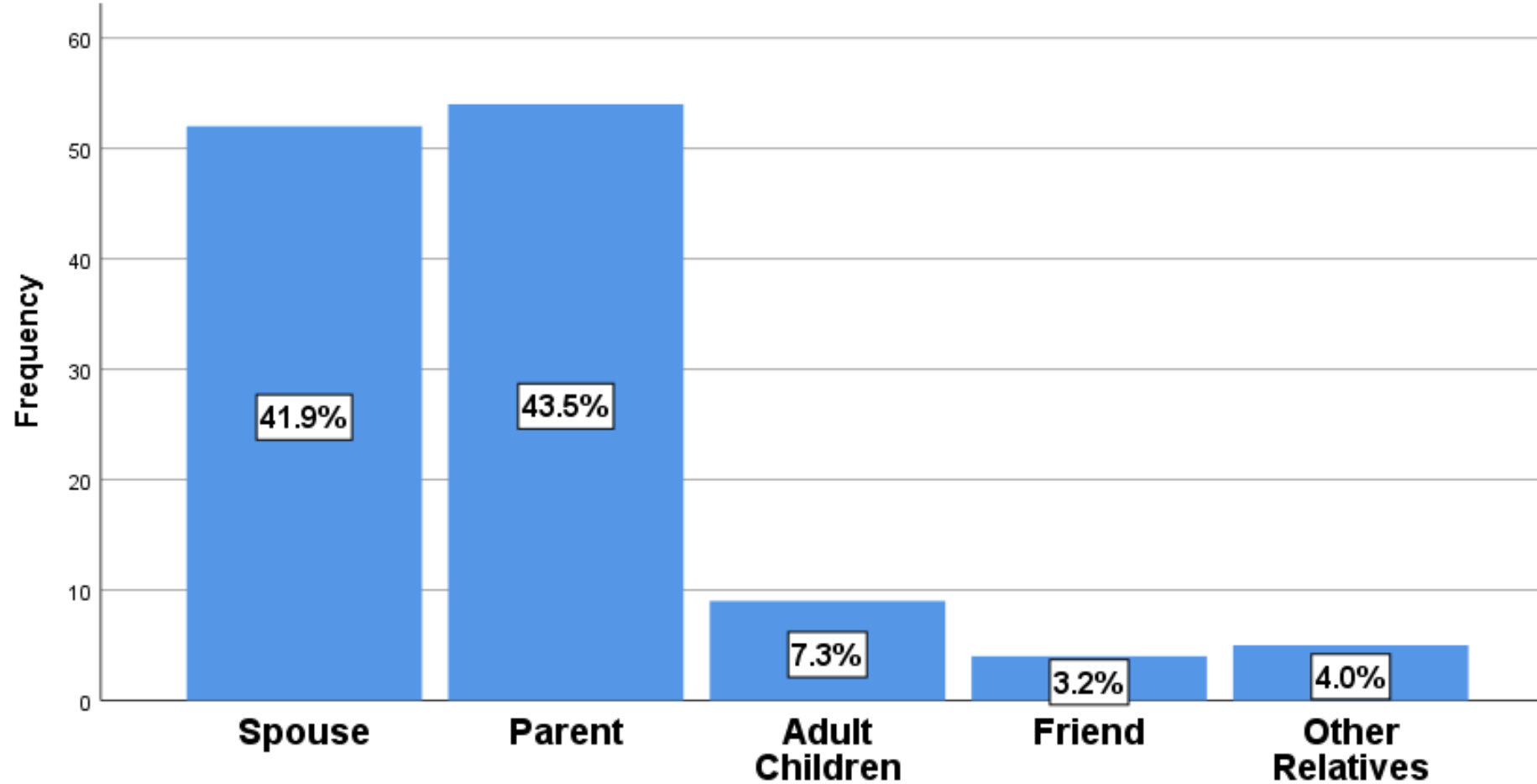


CHART 128. Caregiver's Frequency of Care

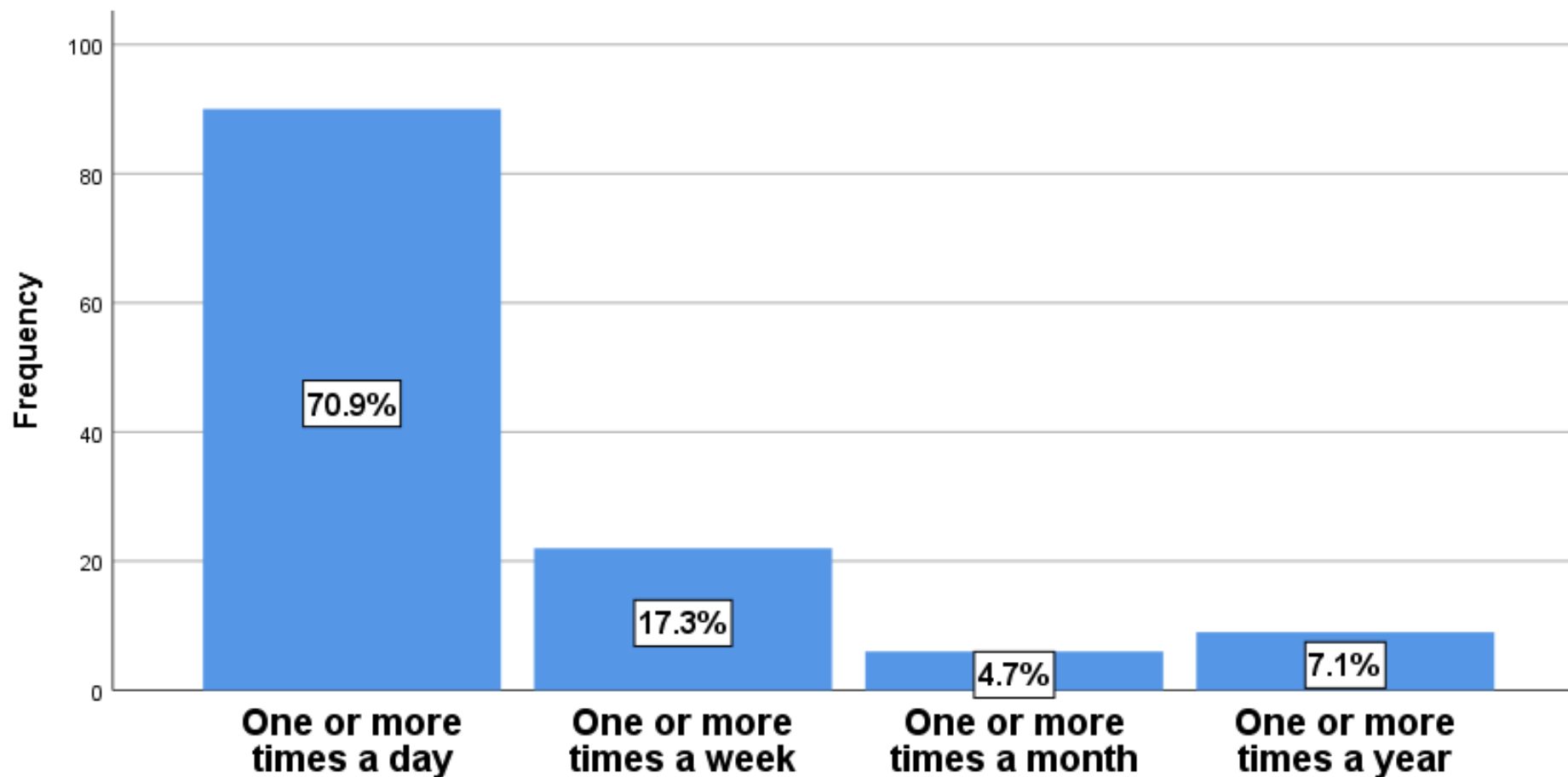
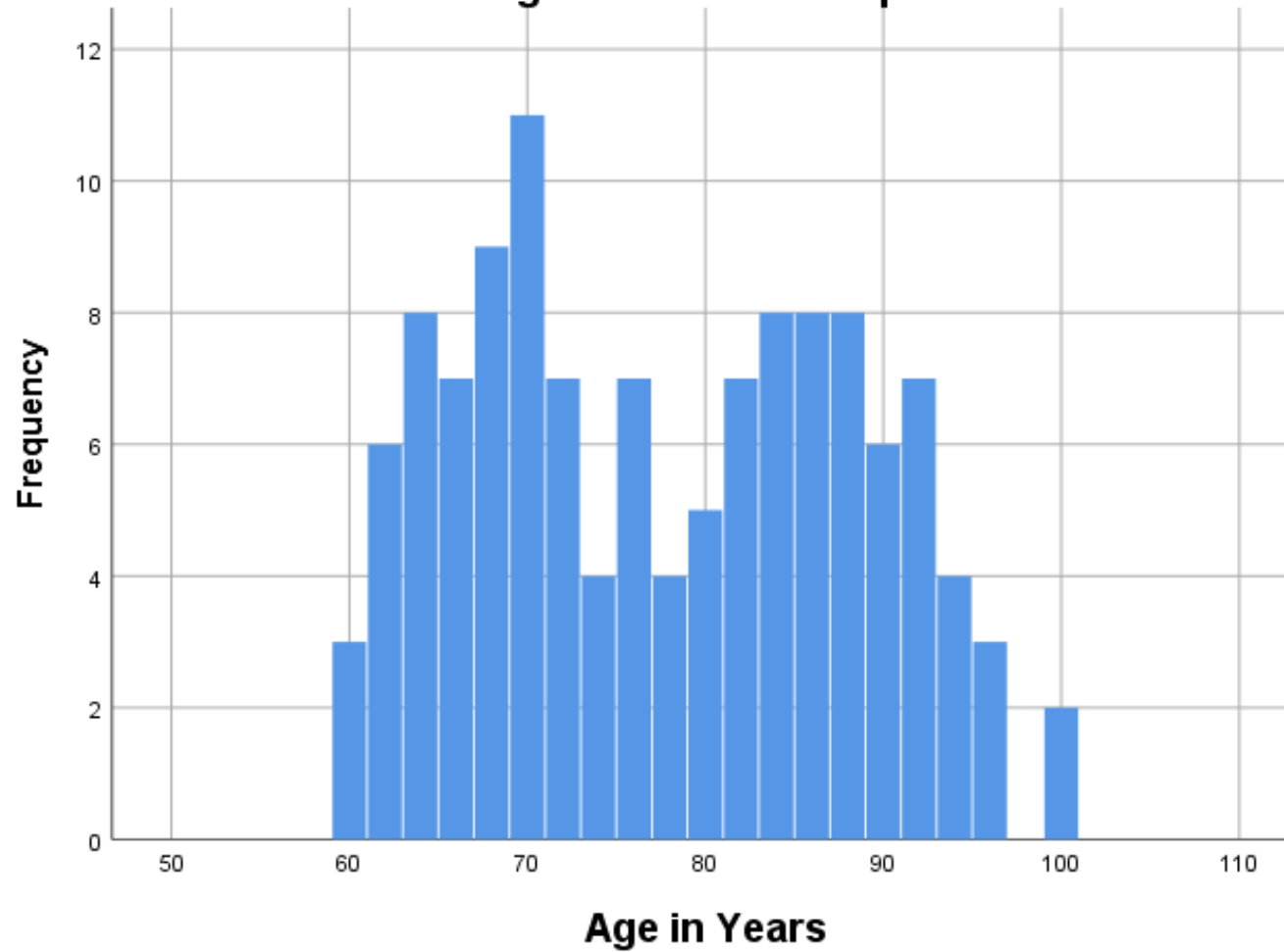


CHART 129. Age of the Care-Recipient



Mean = 77.26
Std. Dev. = 10.657
N = 124

CHART 130. Gender of the Care-Recipient

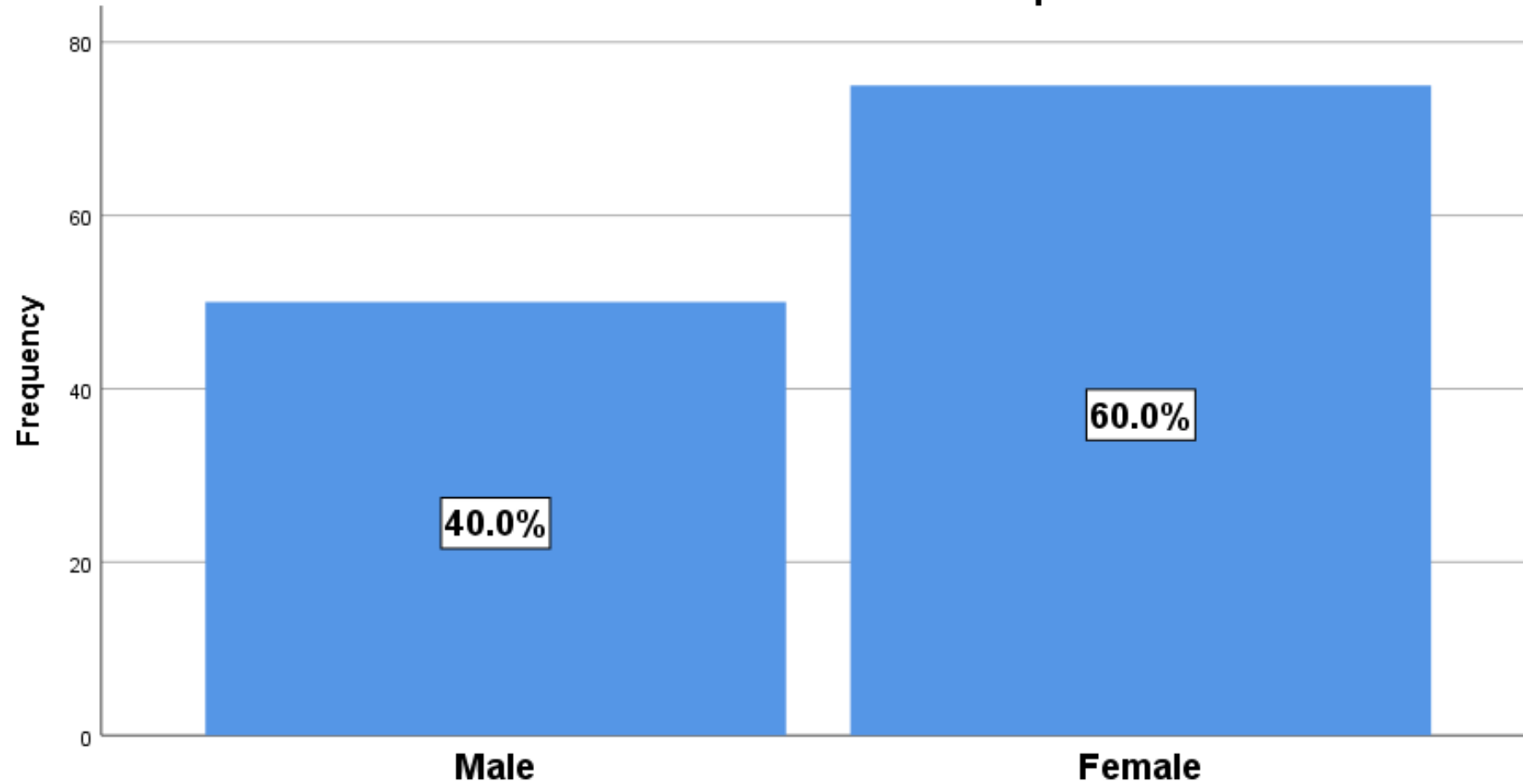


CHART 131. Care-Recipient Living Arrangements

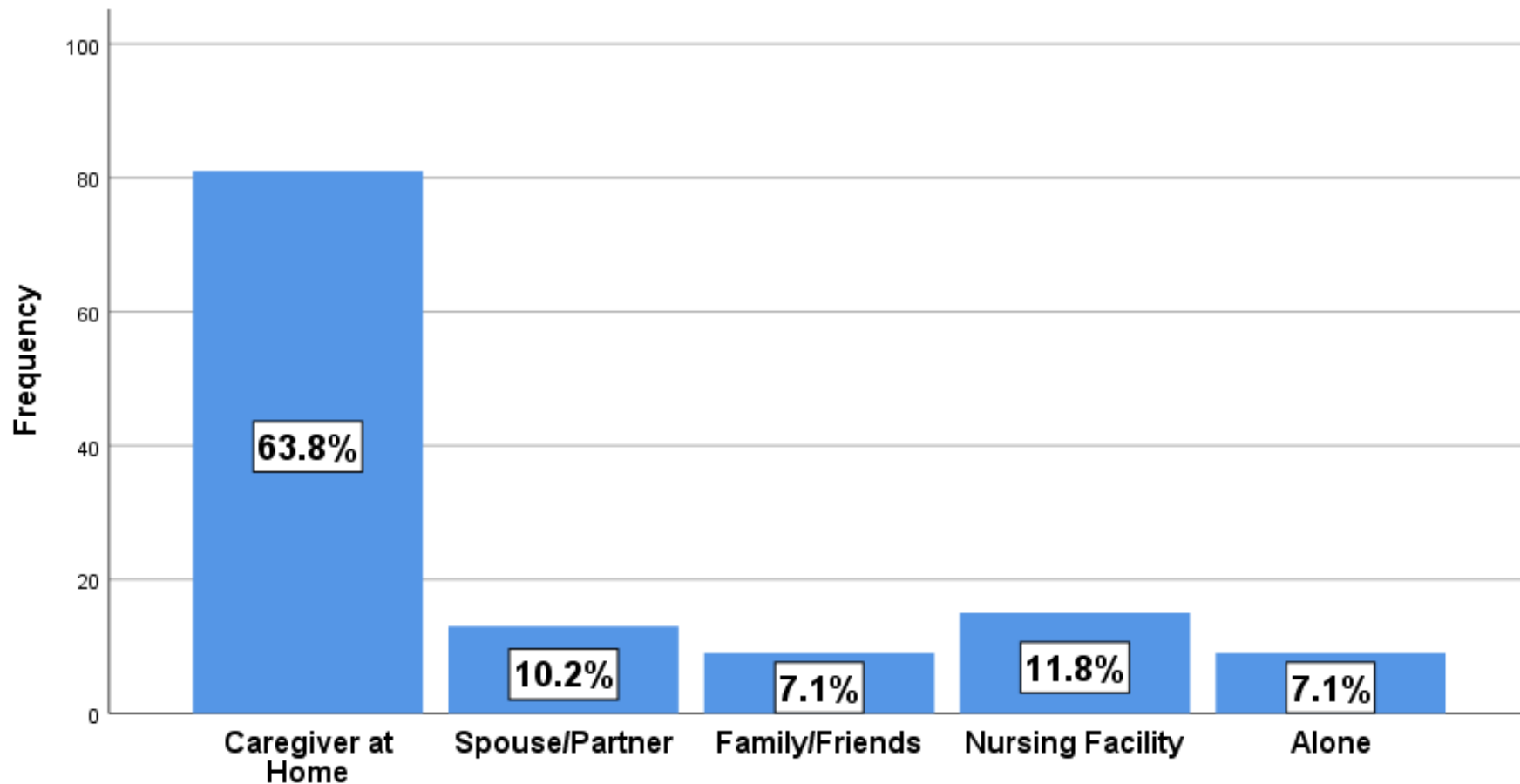


CHART 132. Frequency of Care per Week

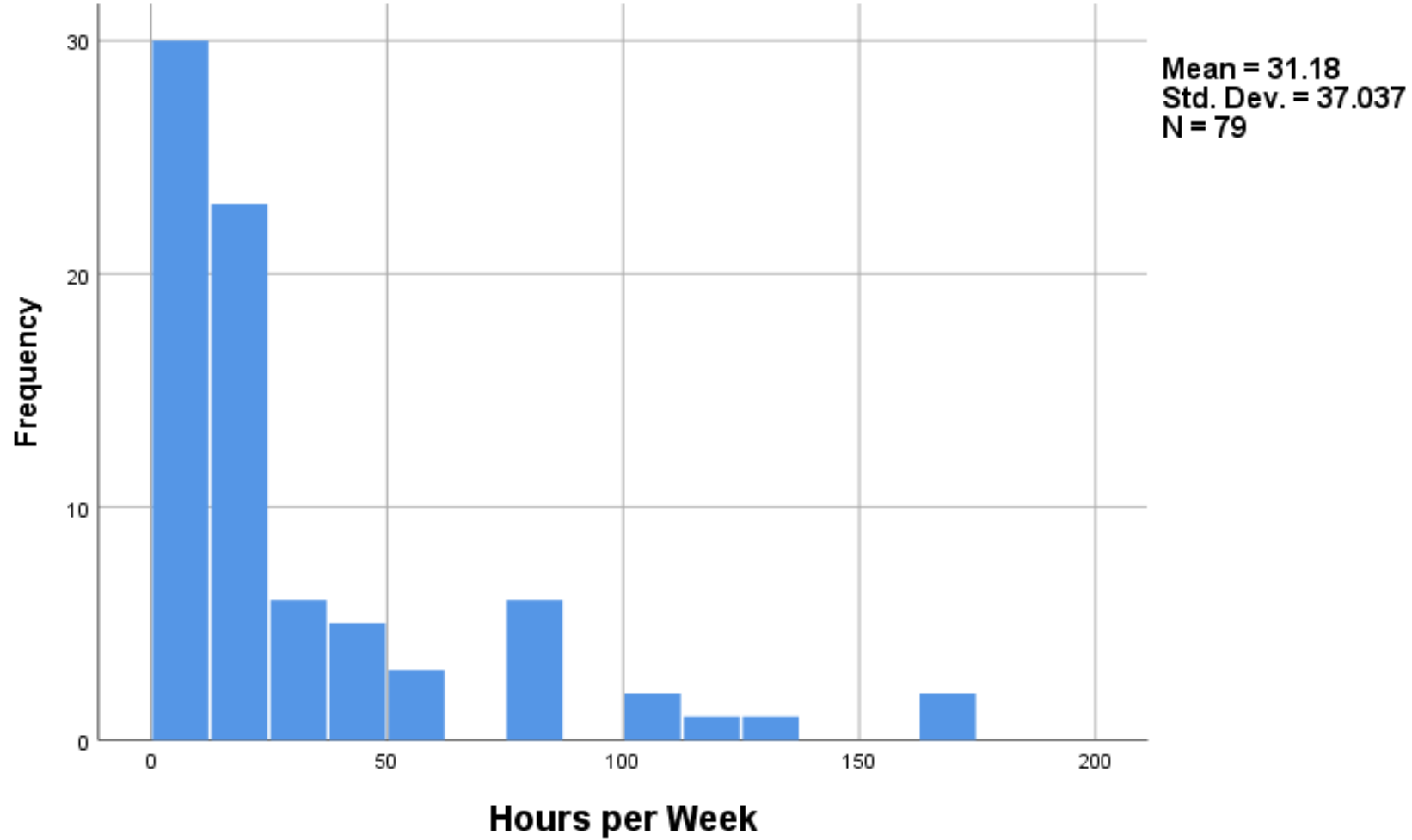


CHART 133. Length of Caregiving

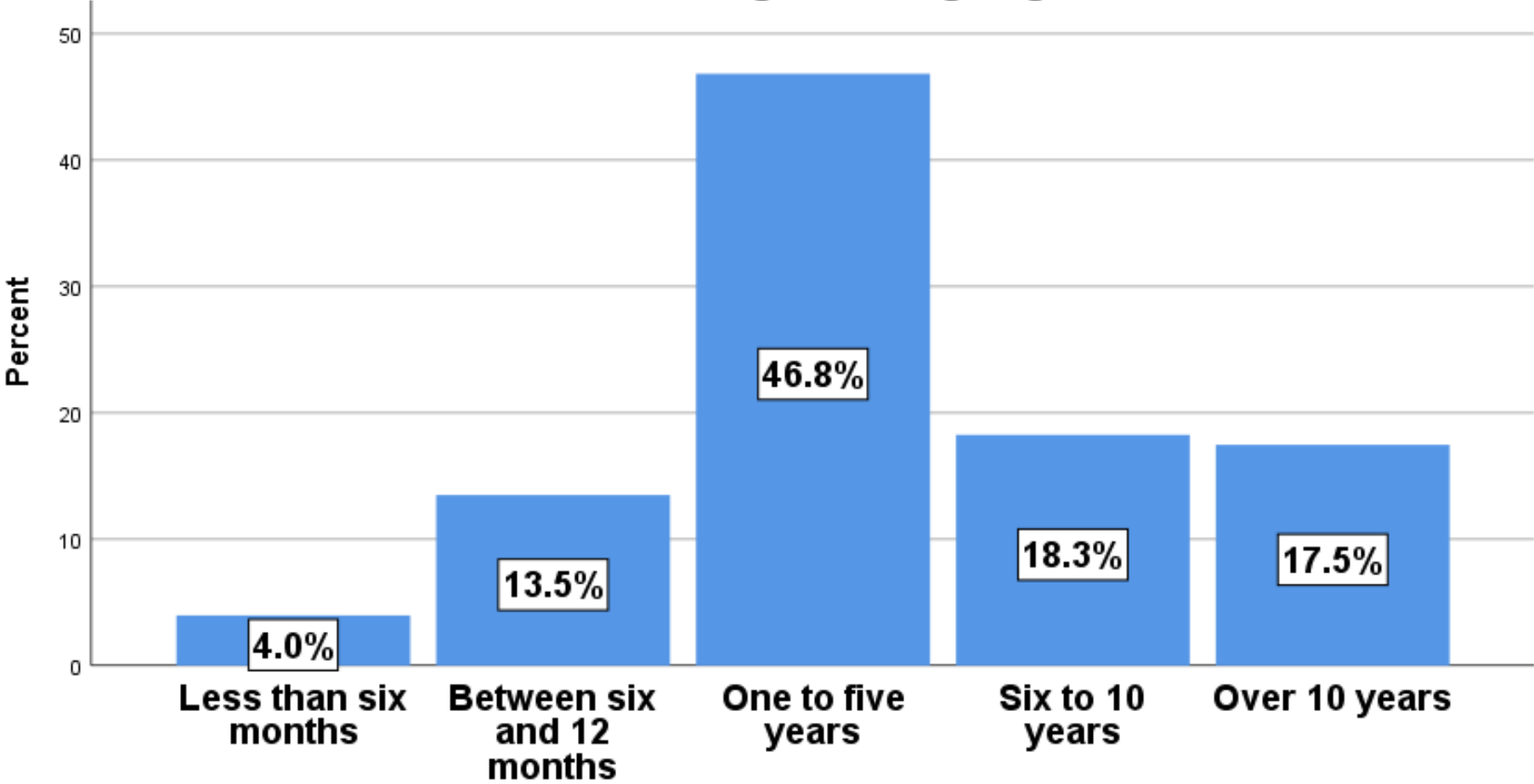


CHART 134. Caregiver's Health Interference with Caregiving

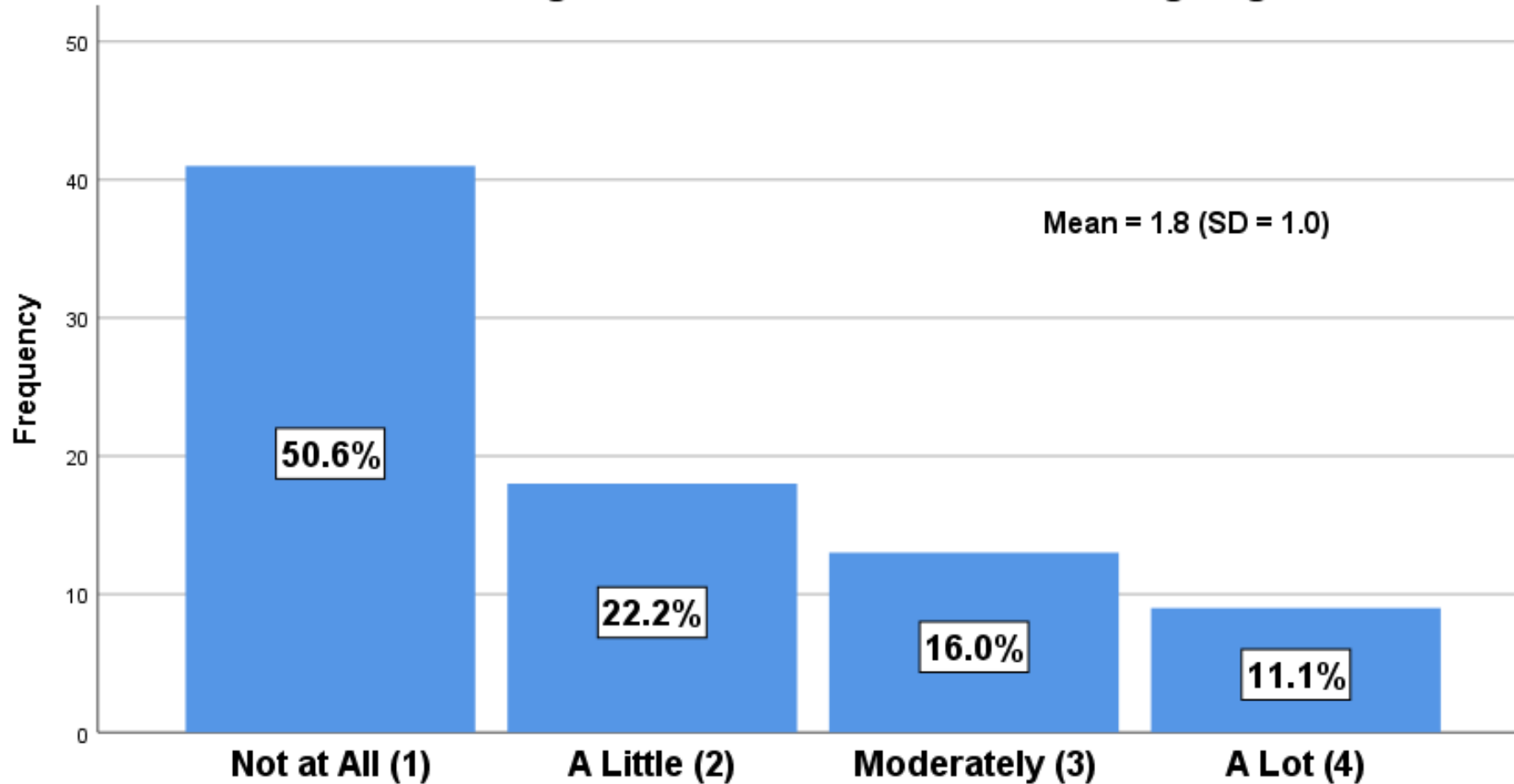


CHART 135. Caregiver's Income meets Needs of Caregiving

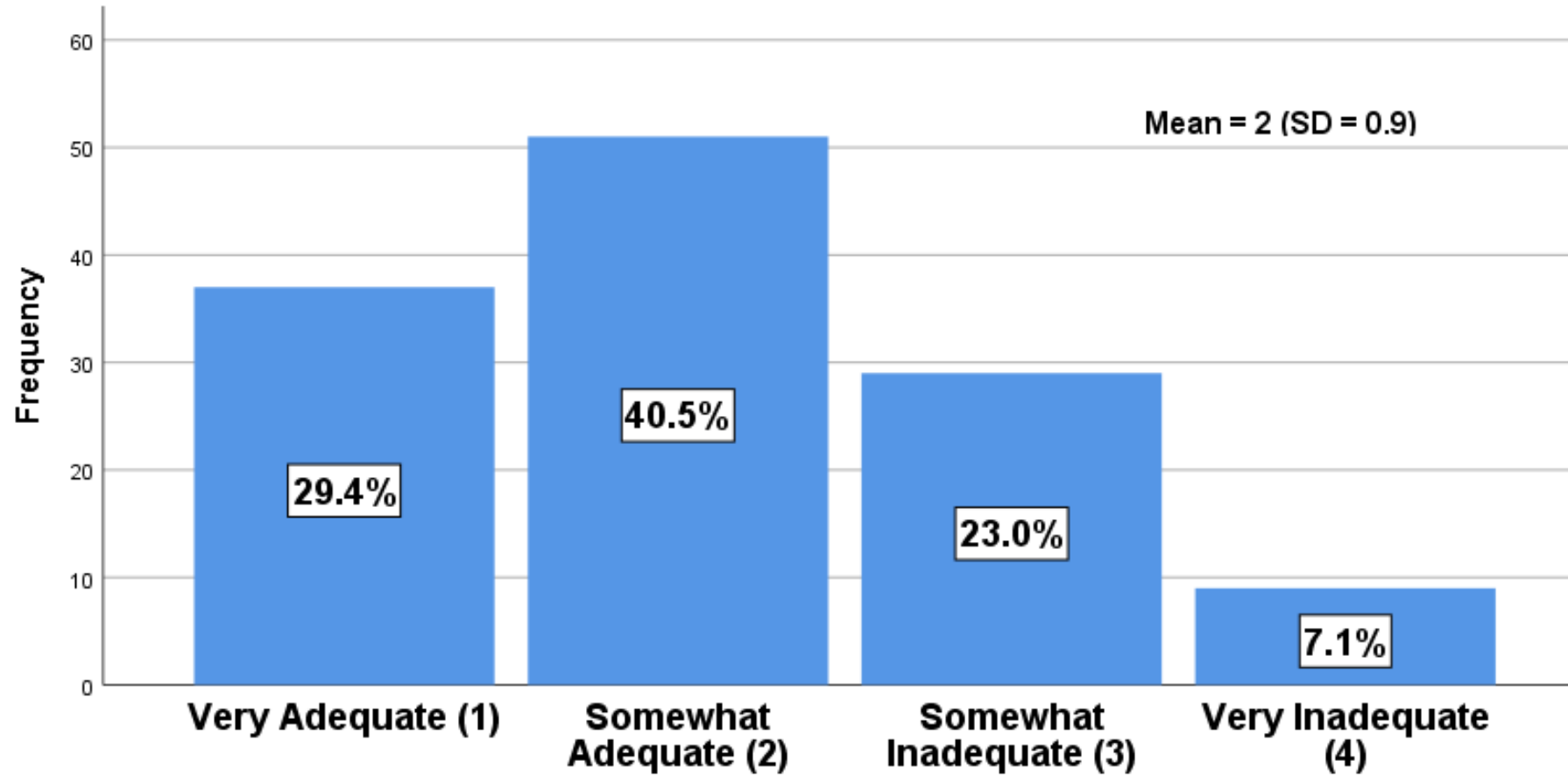


CHART 136. Caregiver has Terminated or Reduced Employment because of Caregiving

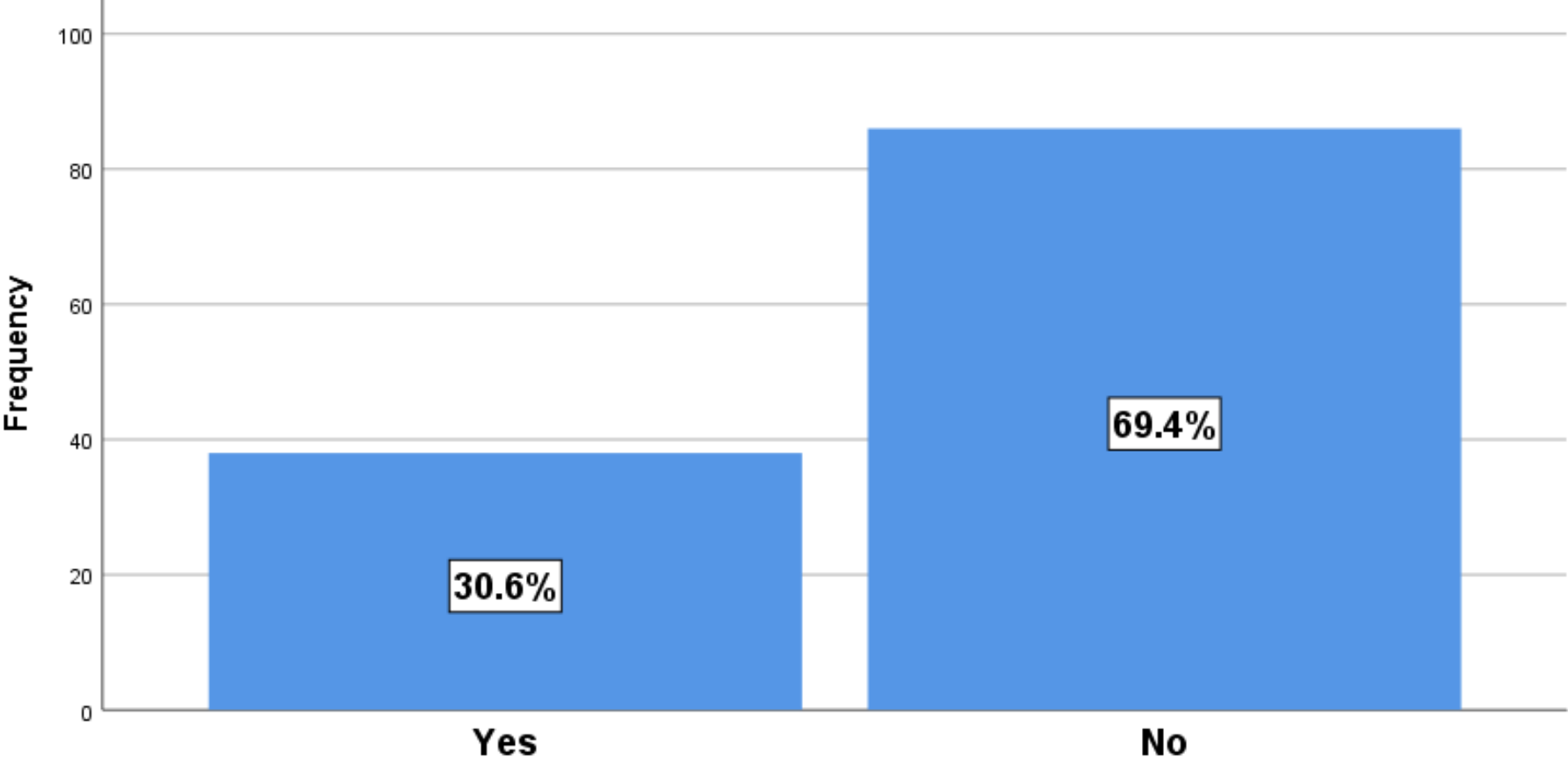


CHART 137. Care-Recipient Number of Chronic Conditions

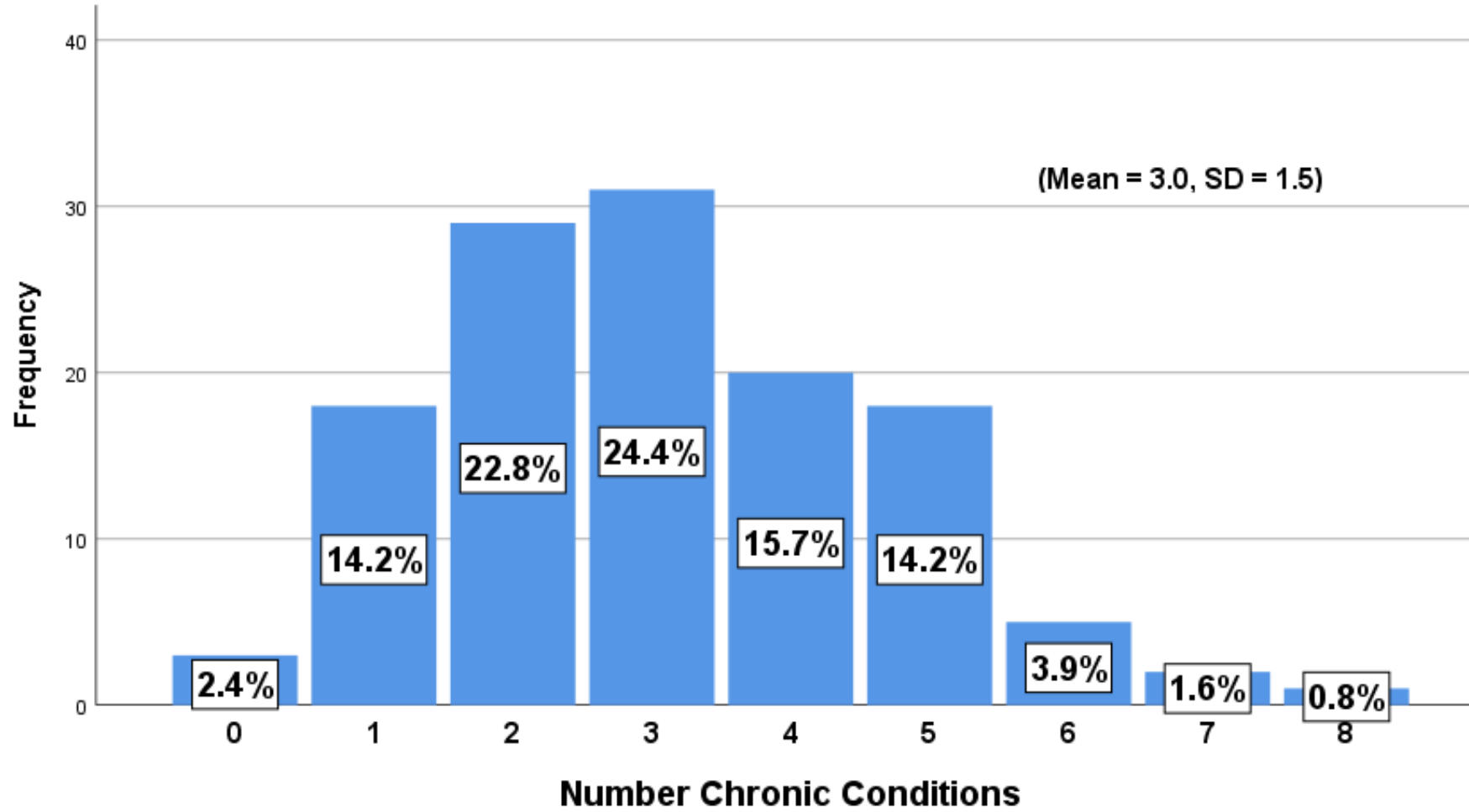
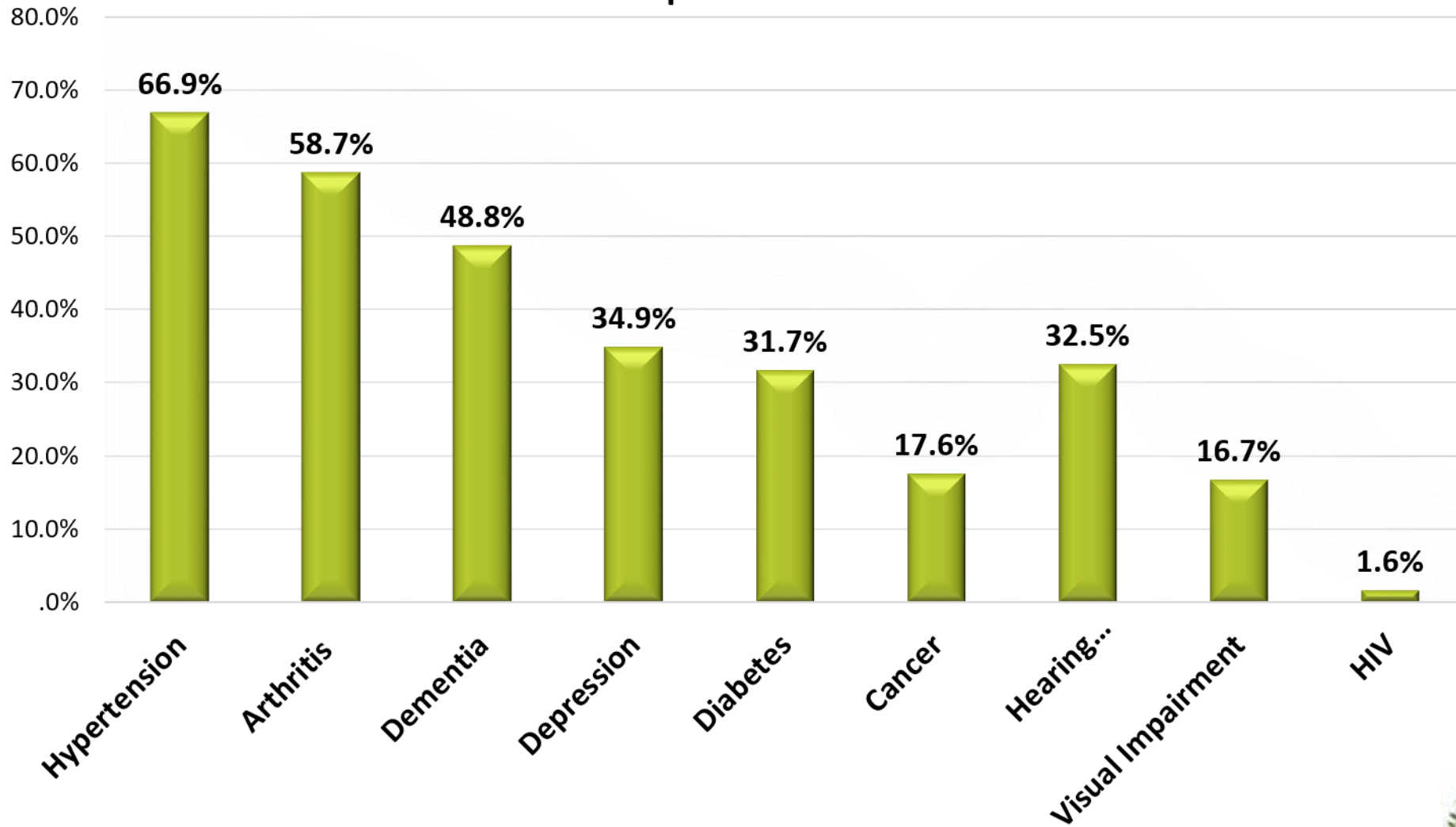
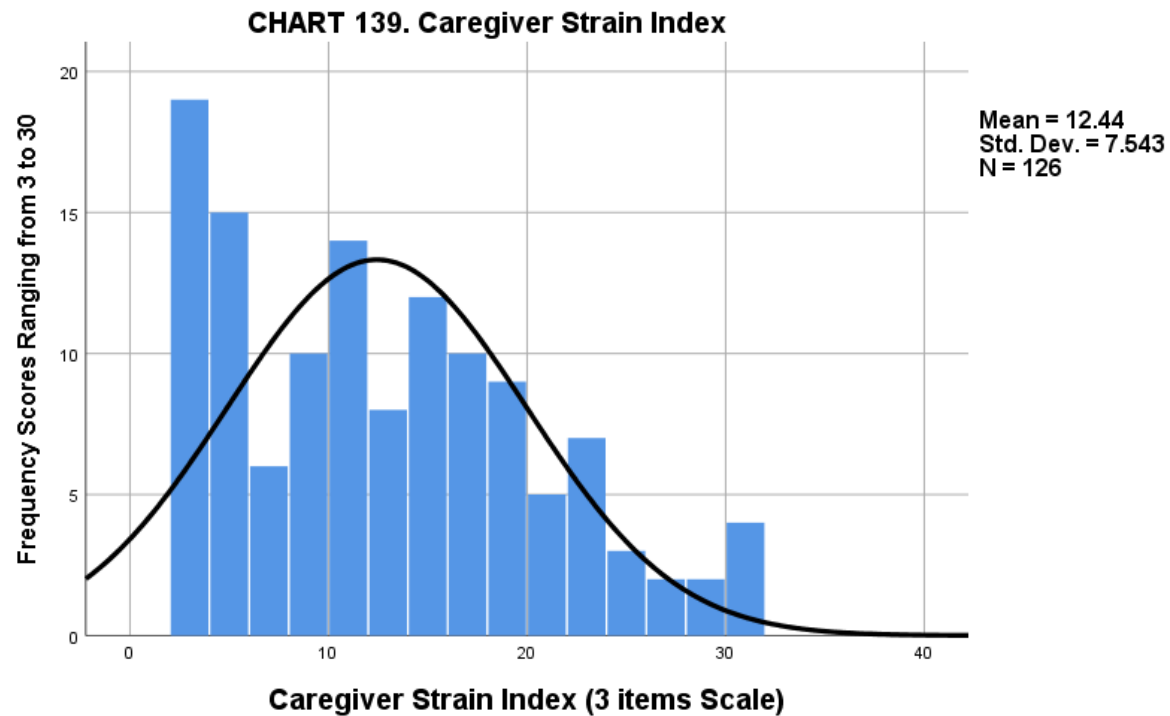


CHART 138. Care-Recipient Health Chronic Conditions



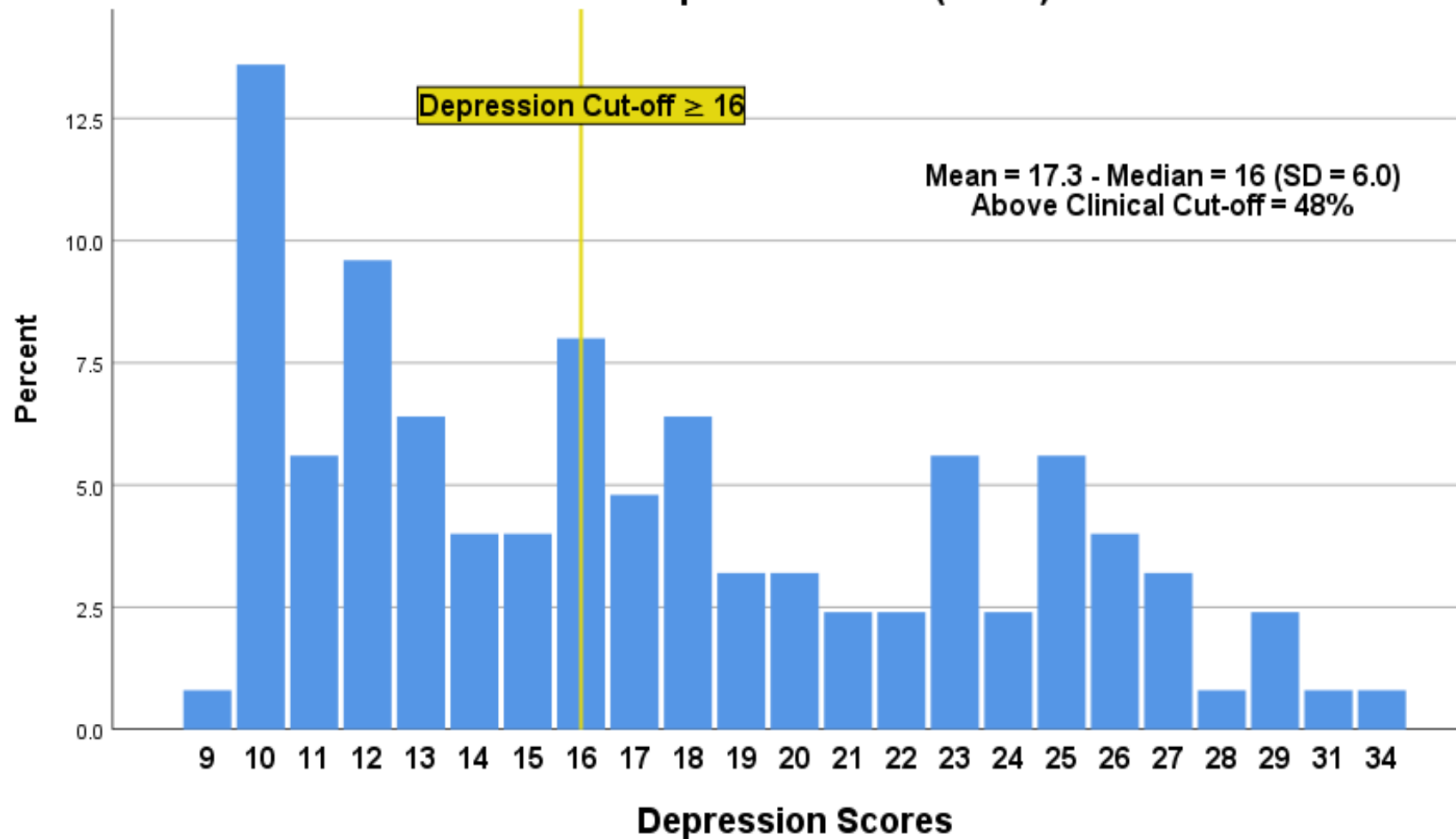
FINANTIAL HARDSHIP - Caregivers Subjective Rate on a scale from 1 to 10	Mean = 3.47 (SD = 2.9) Range 1 to 10
PHYSICAL STRAIN - Caregivers Subjective Rate on a scale from 1 to 10	Mean = 3.98 (SD = 3.0) Range 1 to 10
EMOTIONAL STRESS - Caregivers Subjective Rate on a scale from 1 to 10	Mean = 5.06 (SD = 3.2) Range 1 to 10
INDEX CAREGIVER STRAIN	Mean = 12.4 (SD = 7.5) Range 3 to 30



DEPRESSION - Caregivers
CESD – Caregiver Depression Index

Mean = 17.3 (SD = 6.0)
Range 9 to 34

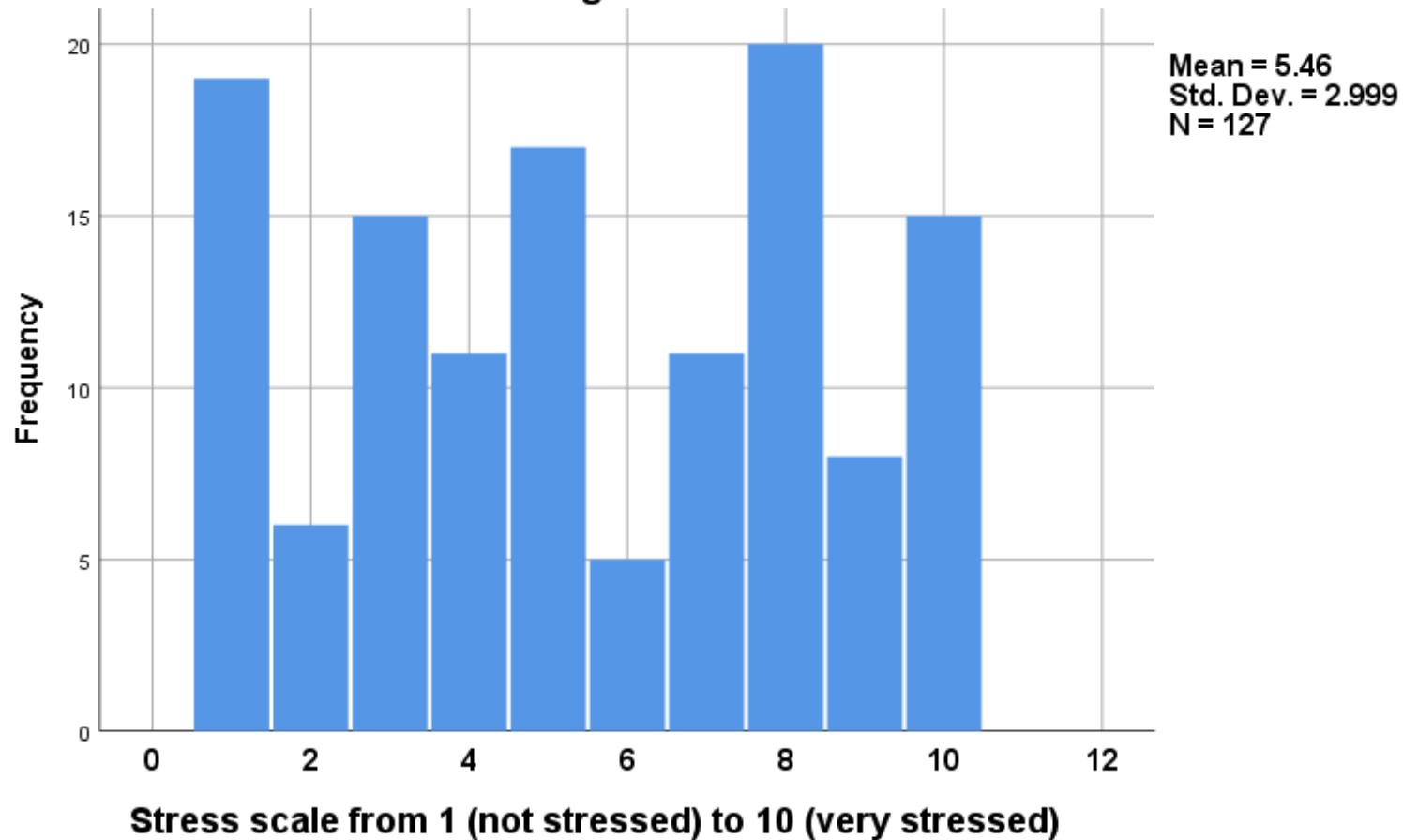
CHART 140. Depression Index (CESD)



STRESS - Caregivers
Subjective Rate on a scale from 1 to 10

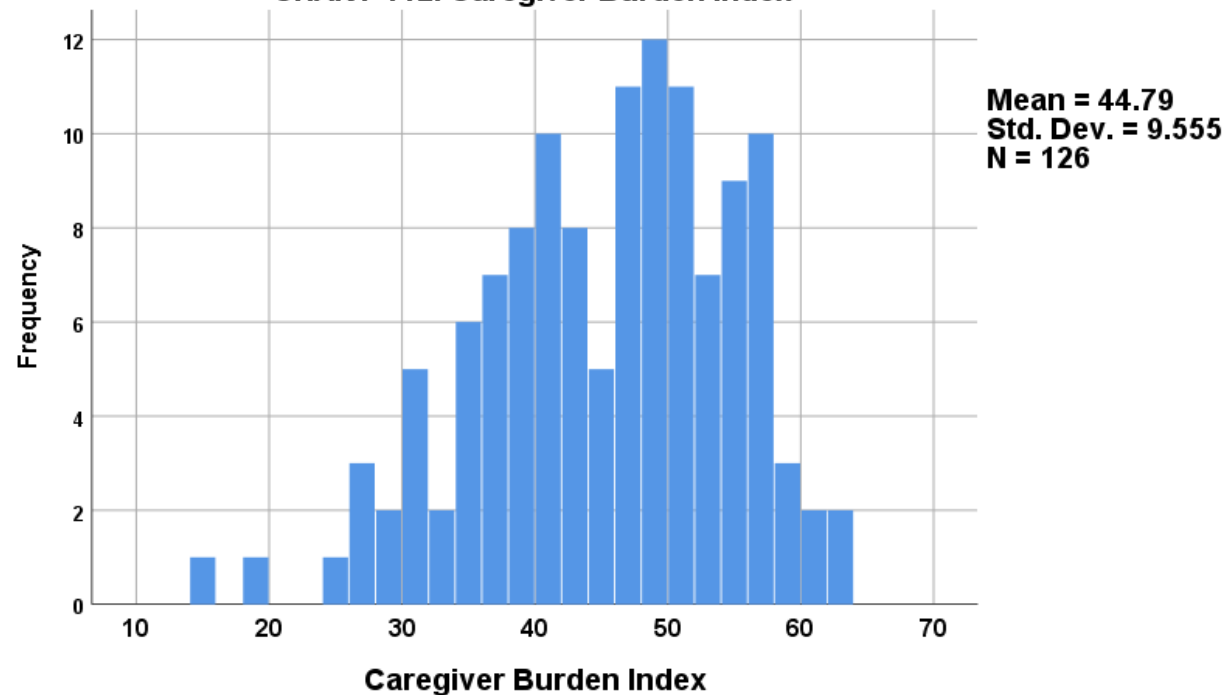
Mean = 5.4 (SD = 2.9)
Range 1 to 10

CHART 141. Caregiver's level of Stress



BURDEN - Caregivers Less Time for yourself Index	Mean = 19.7 (SD = 4.0) Range 7 to 25
BURDEN - Caregivers Subjective Tension/Stress Index	Mean = 12.6 (SD = 4.1) Range 2 to 20
BURDEN - Caregivers Demands on Caregiving Index	Mean = 10.3 (SD = 4.1) Range 3 to 20
INDEX CAREGIVER BURDEN	Mean = 44.79 (SD = 9.5) Range 15 to 63

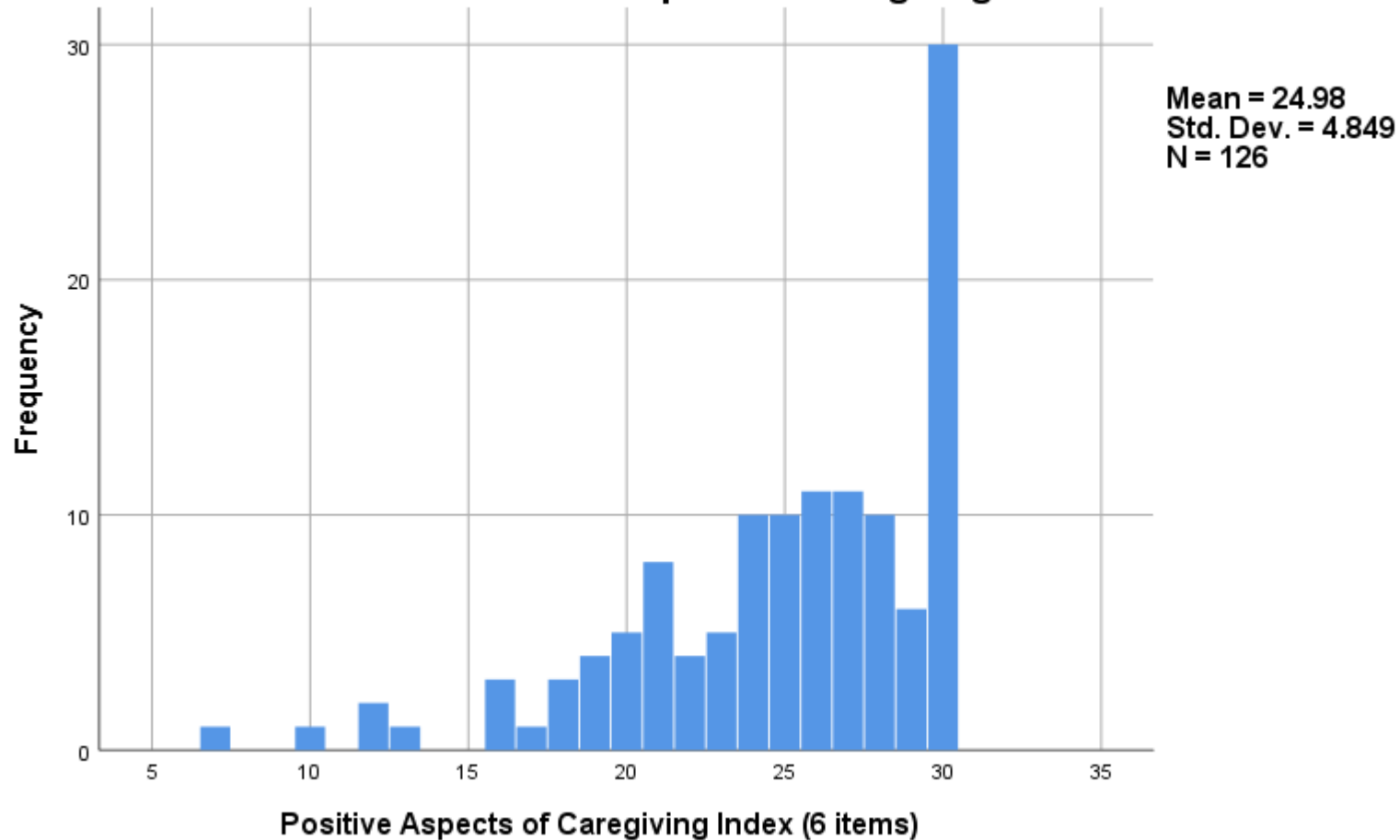
CHART 142. Caregiver Burden Index



POSITIVE ASPECTS OF CAREGIVING
Subjective Rate on a scale from 1 to 5

Mean = 24.9 (SD = 4.8)
Range 7 to 30

CHART 143. Positive Aspects of Caregiving



CAREGIVER FAMILY CONFLICT
Subjective Rate on a scale from 1 to 5

Mean = 6.3 (SD = 4.2)
Range 0 to 15

CHART 144. Conflict with Family

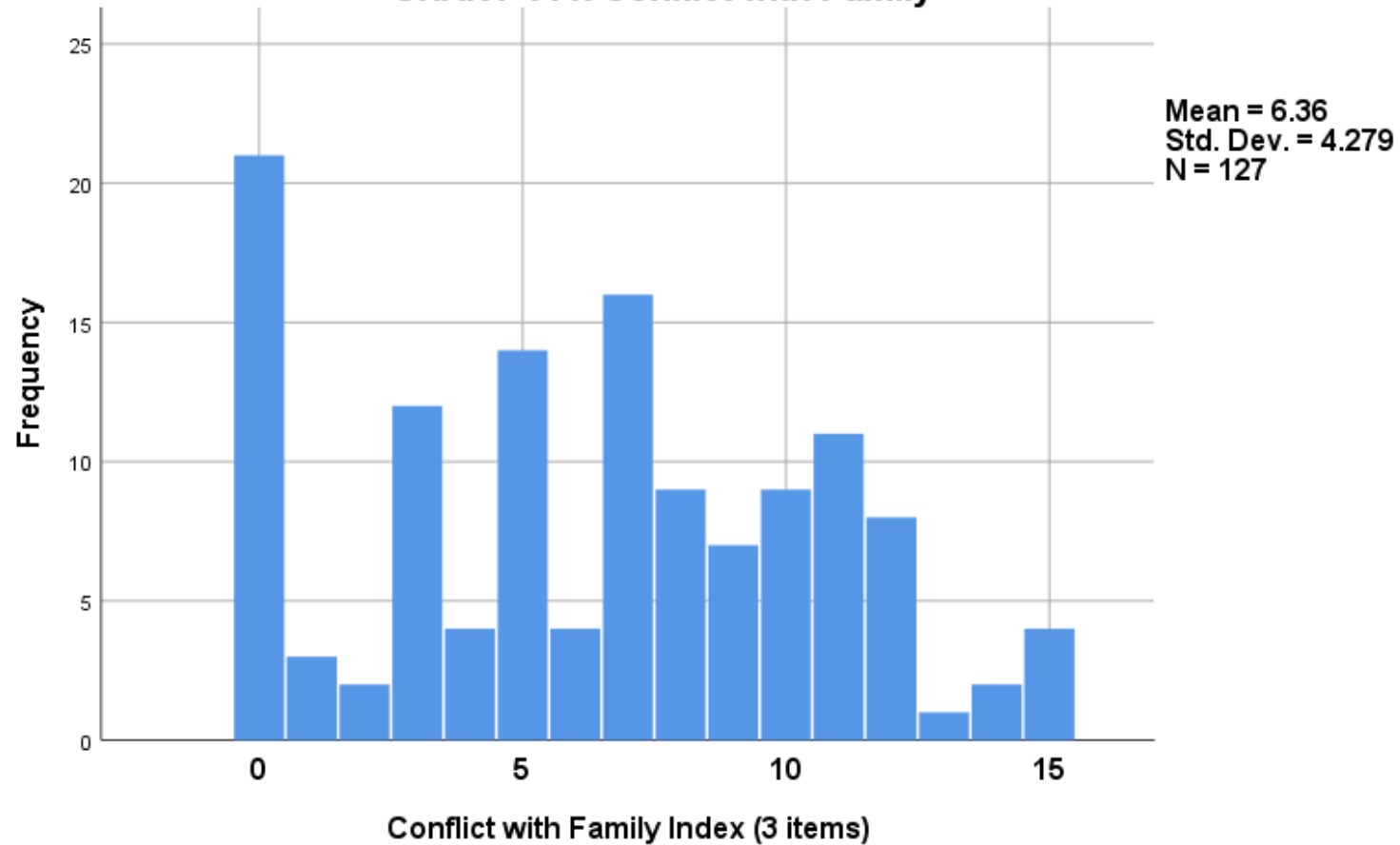


CHART 145. Intention to Place Care-Recipient in Nursing Home

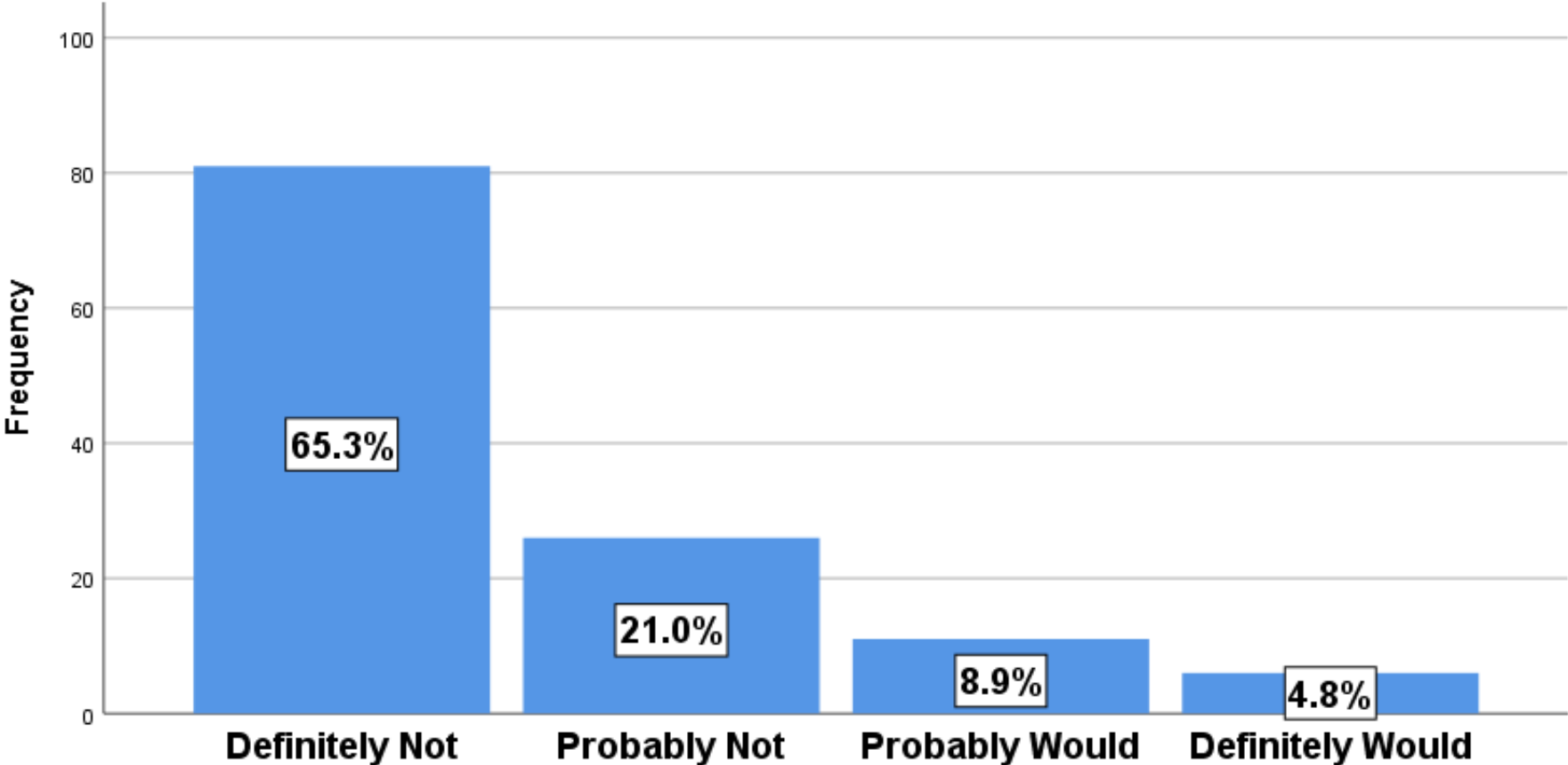


CHART 146. Intention to Place Care-Recipient in Nursing Home if Health Gets Worse

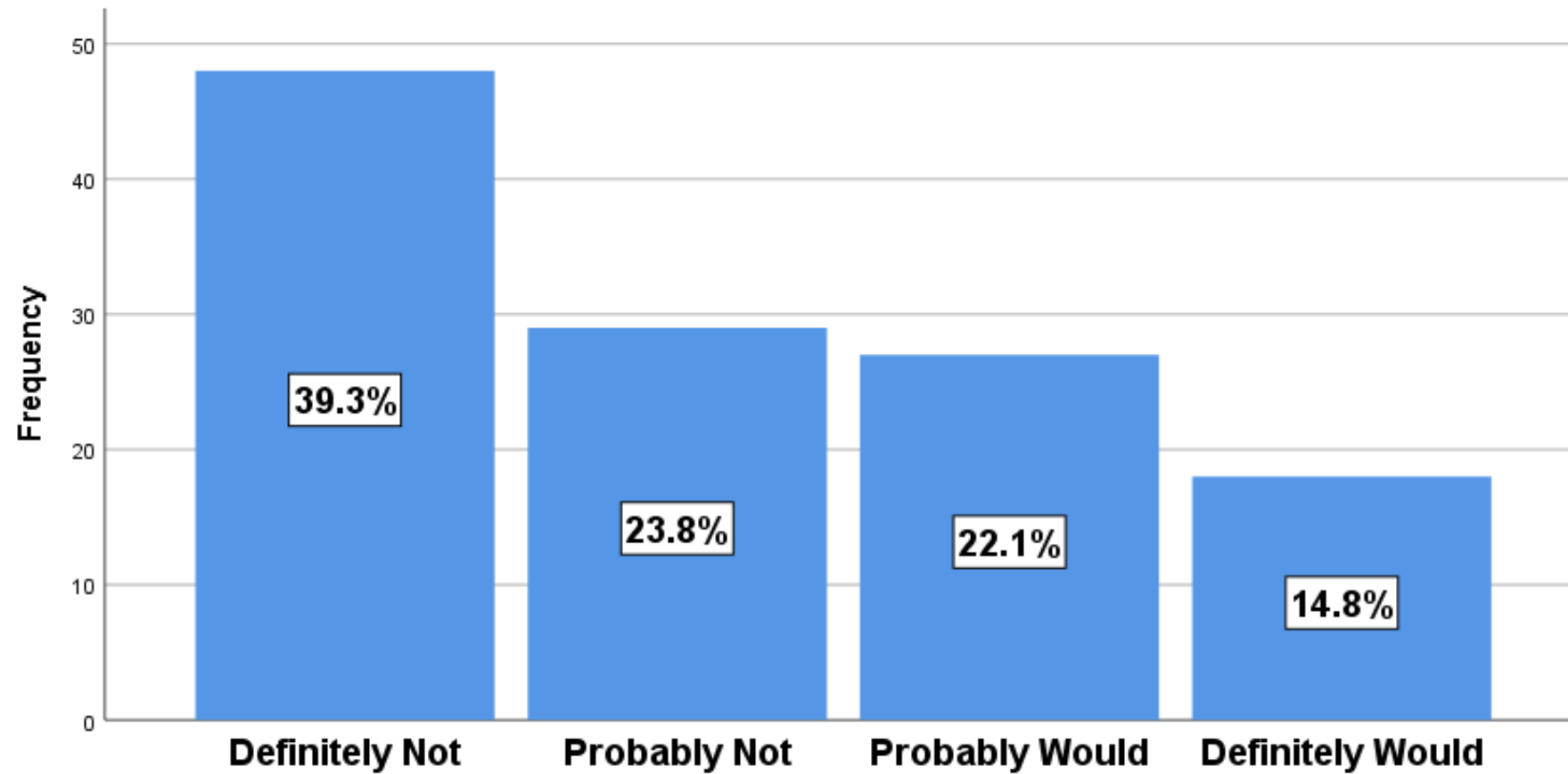


CHART 147. Caregiver Inquired Information about Nursing Placement of Care-Recipient

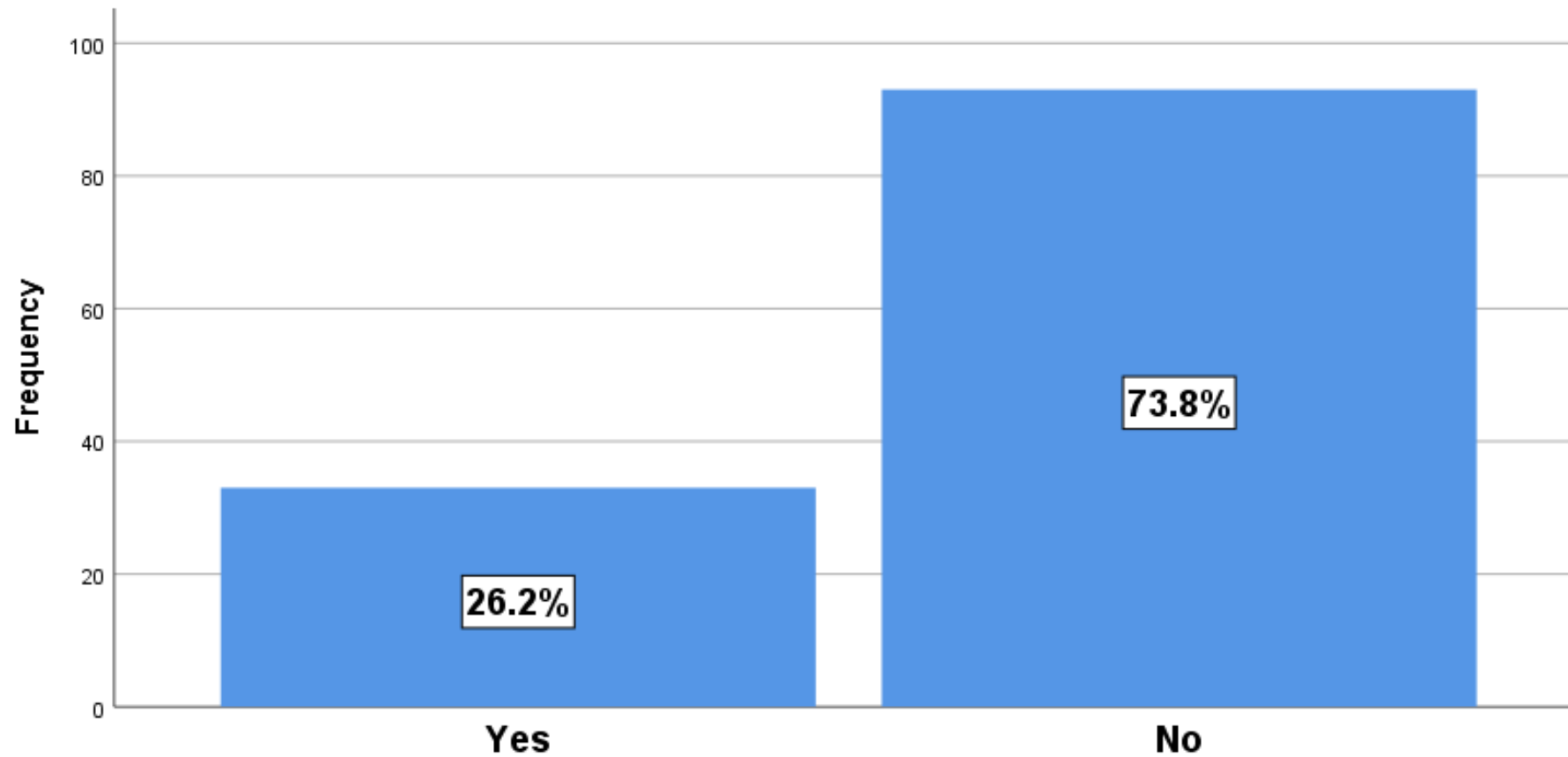
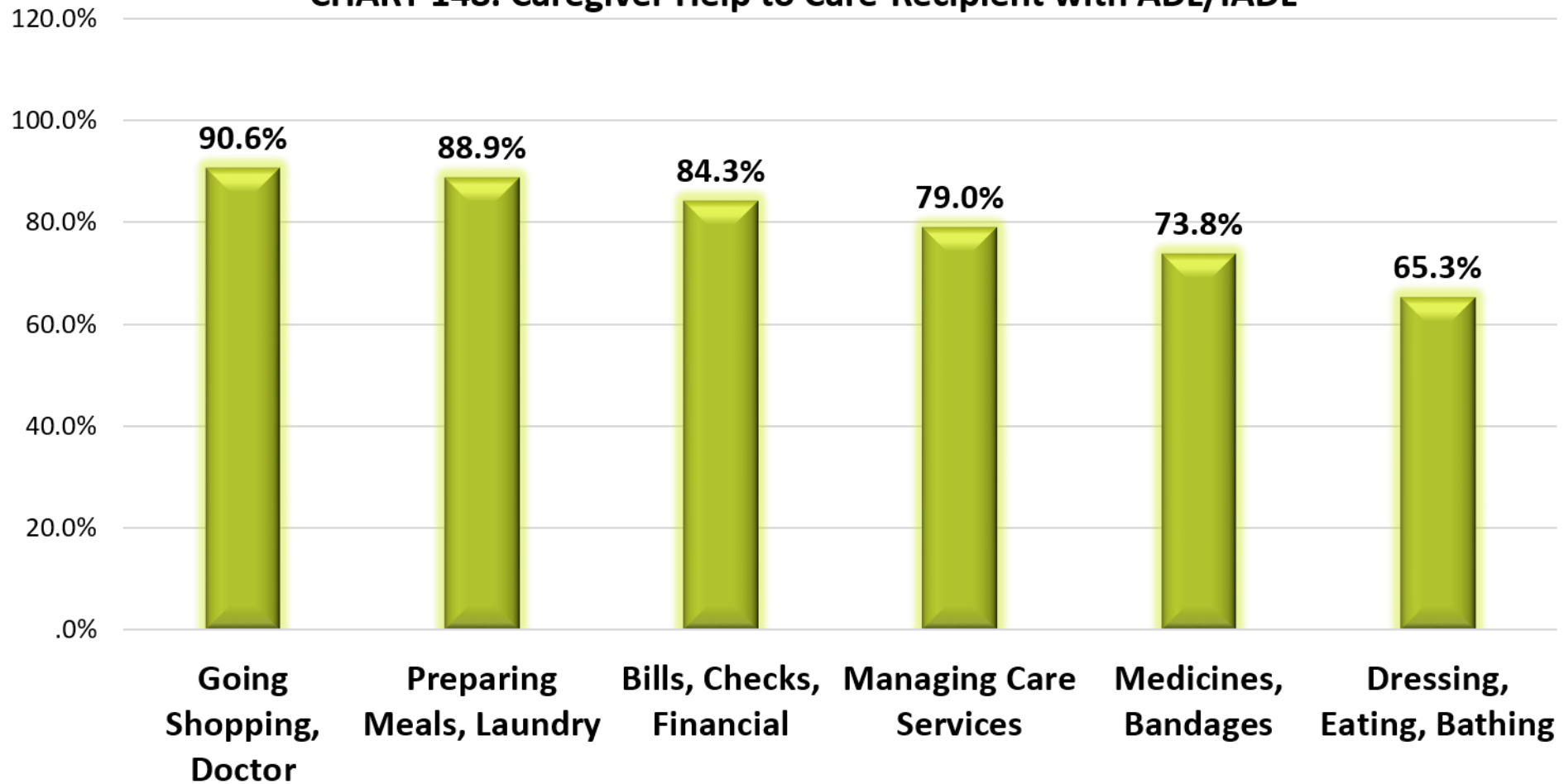


CHART 148. Caregiver Help to Care-Recipient with ADL/IADL



**AMOUNT CARE PROVIDED TO CARE-
RECIPIENT - Caregivers**
Subjective Rate on 6-Items Scale from 0 to 5

Mean = 19.6 (SD = 8.4)
Range 0 to 30

CHART 149. Amount of Care Provided by Caregiver

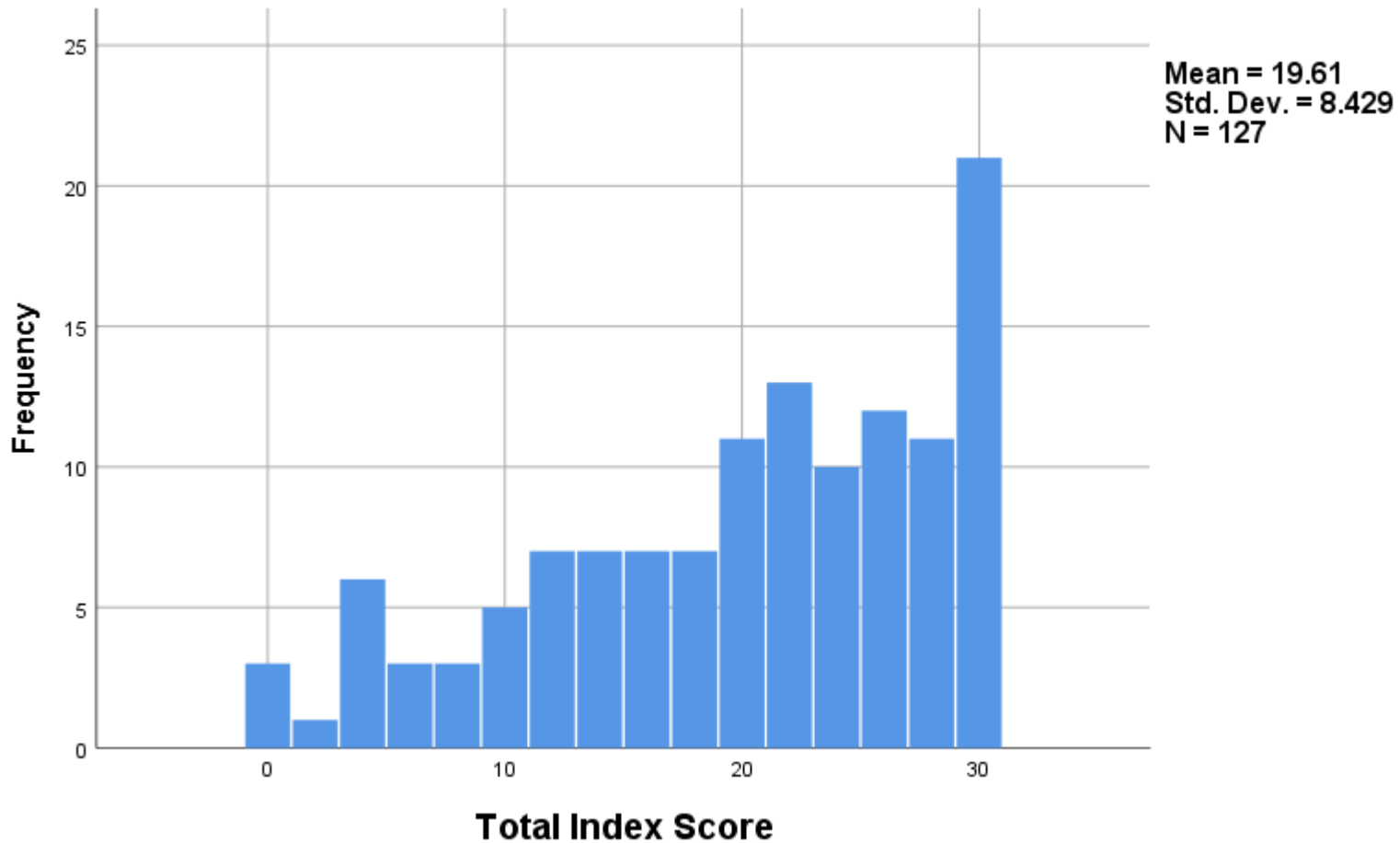
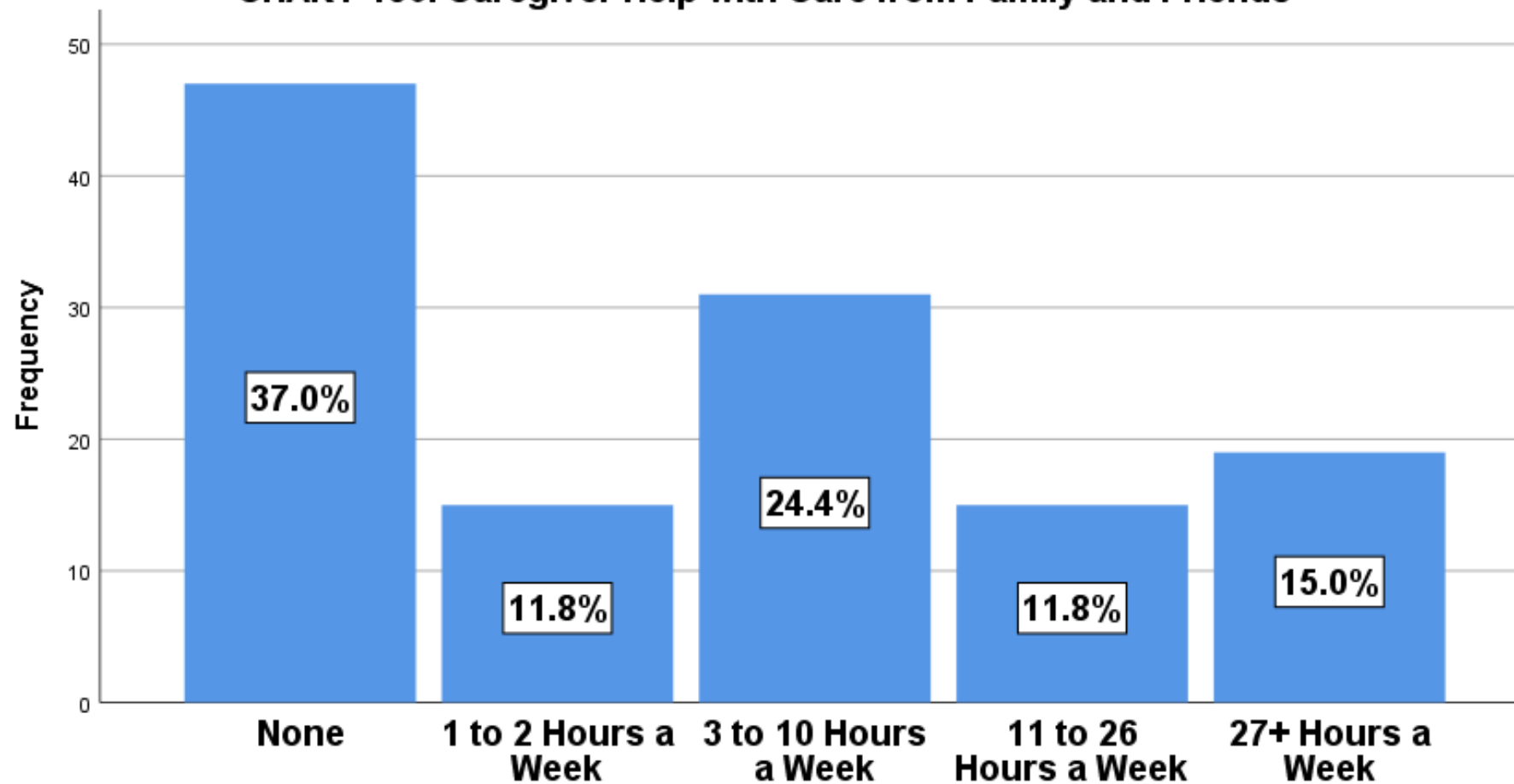


CHART 150. Caregiver Help with Care from Family and Friends



Caregiver Count on People to Provide Care
Subjective Index (3-items, scale from 1 to 4)

Mean = 8.3 (SD = 2.8)
Range 3 to 12

CHART 151. Subjective Index - Count on People to Care

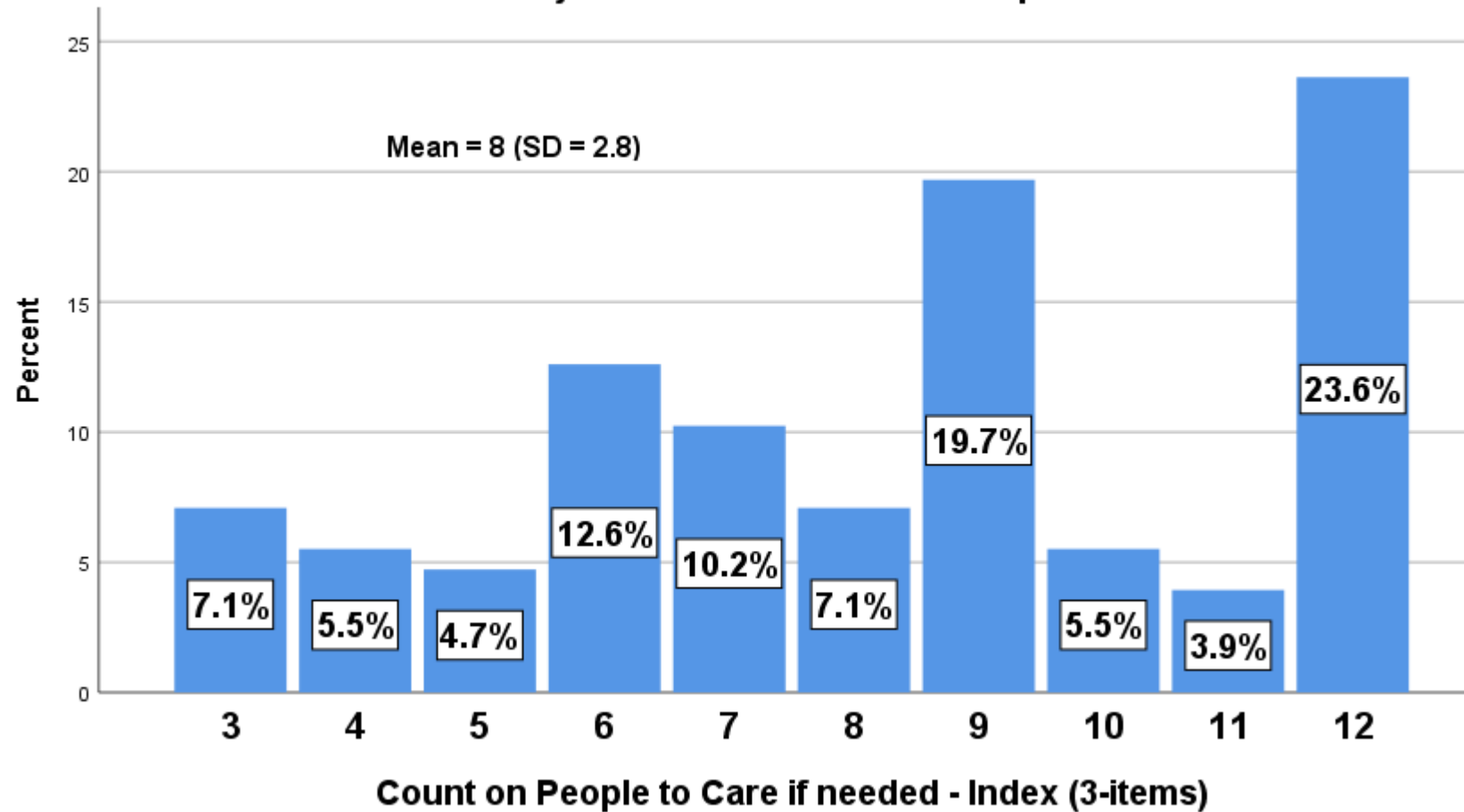


CHART 152. Informal Respite Available to Support Caregiver

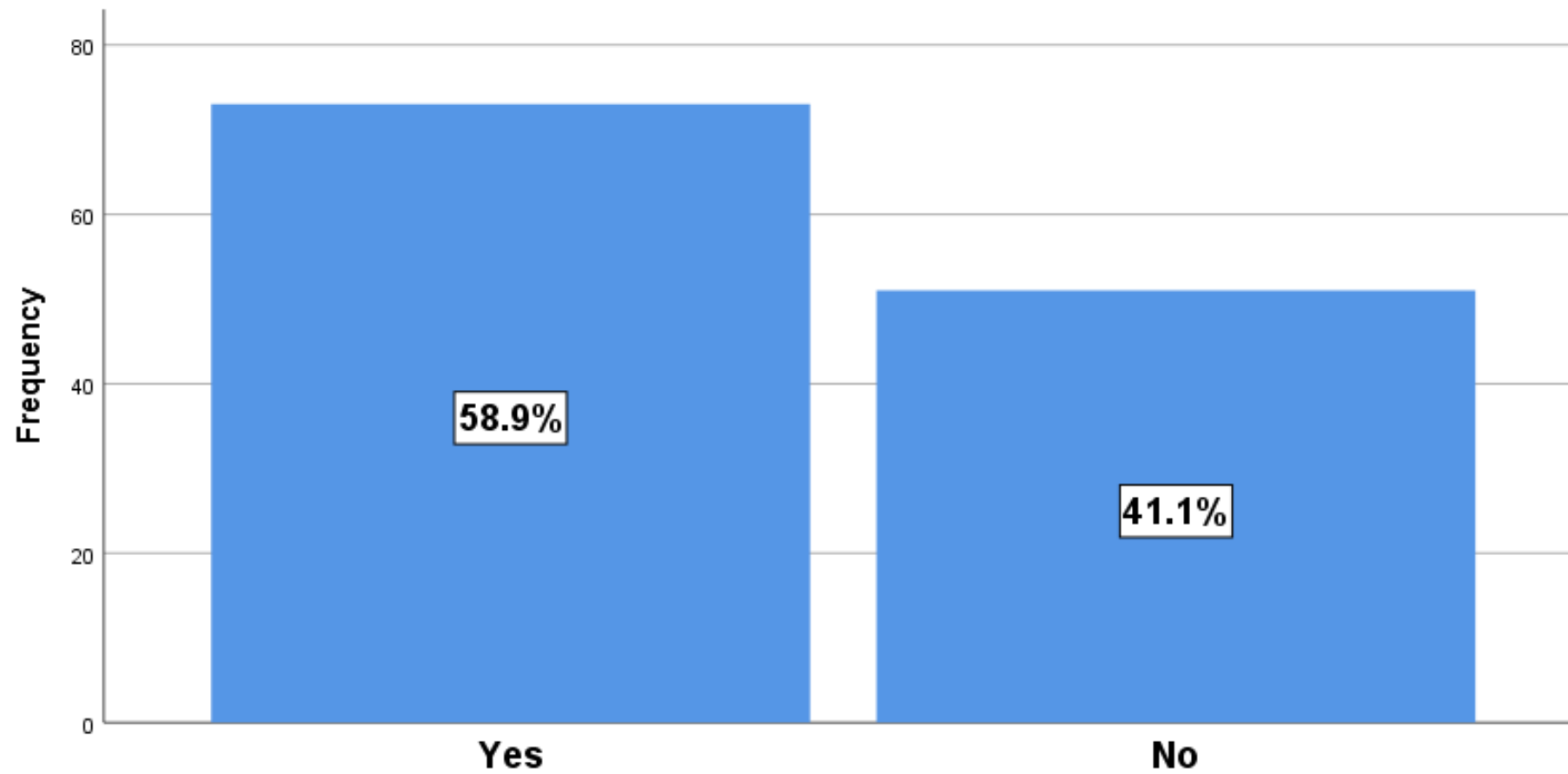


CHART 153. Formal Respite Use by Caregivers

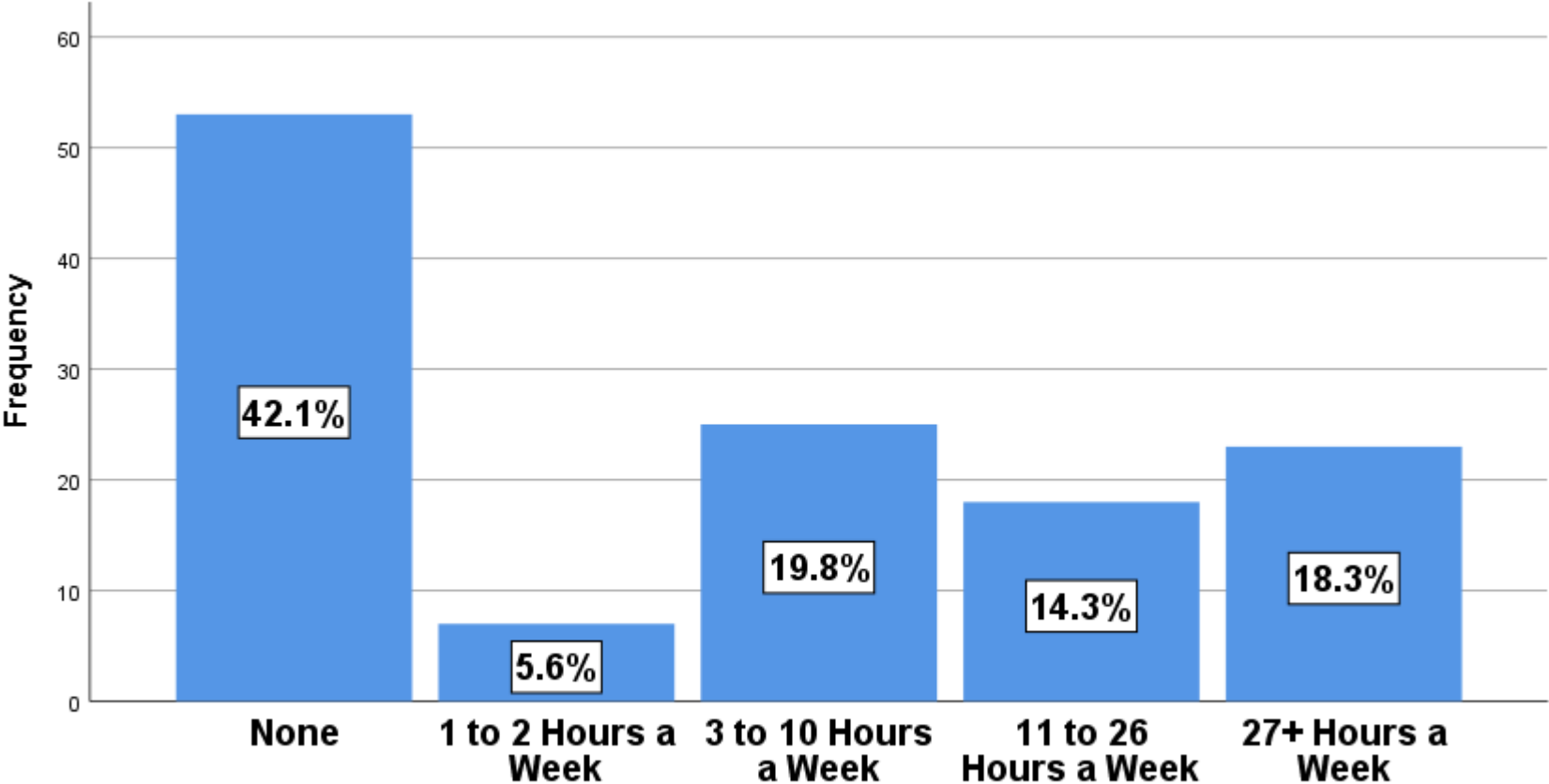


CHART 154. Caregiver's Satisfaction with Use of Respite Time?

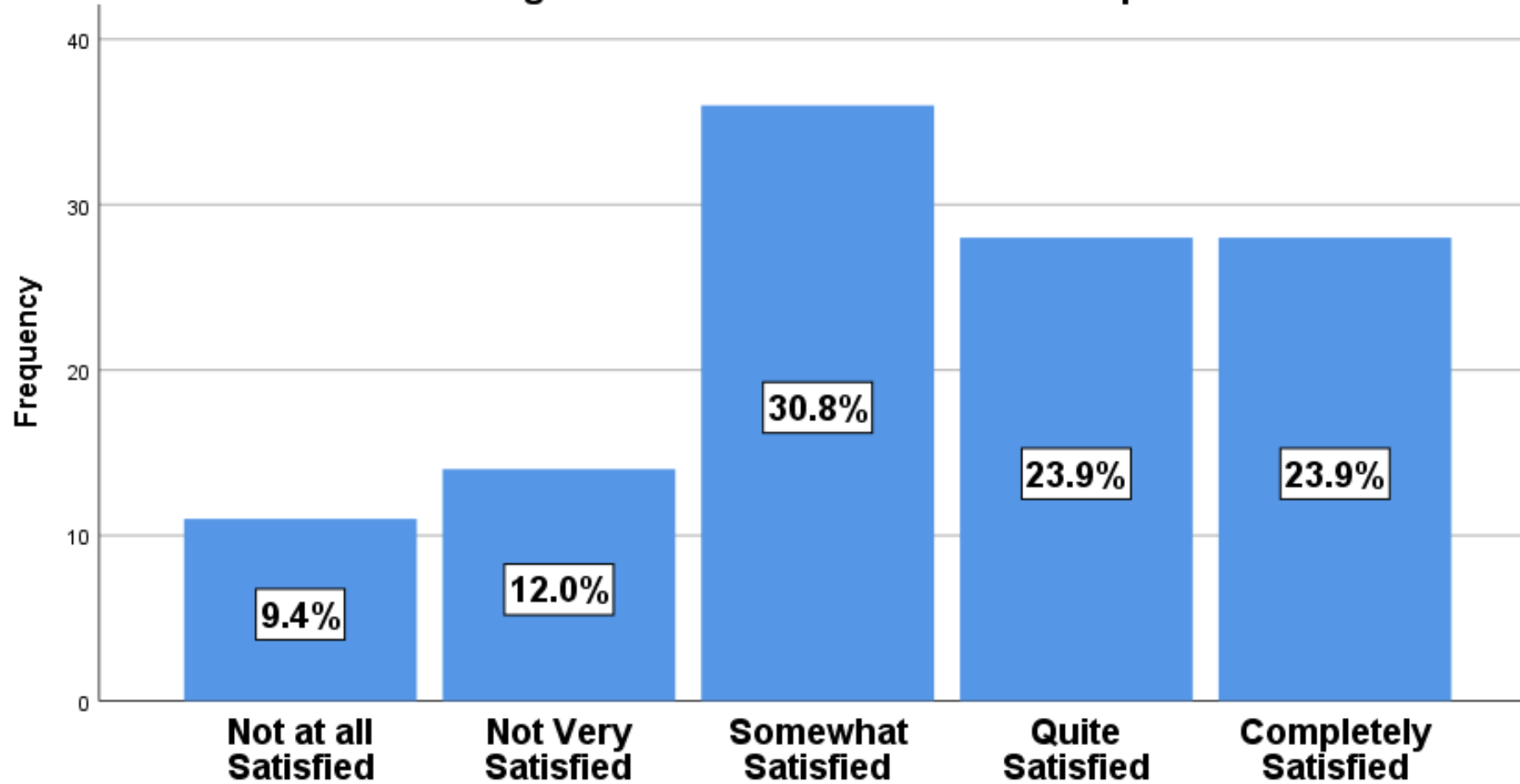


CHART 155. Frequency of Support from Others to the Caregiver

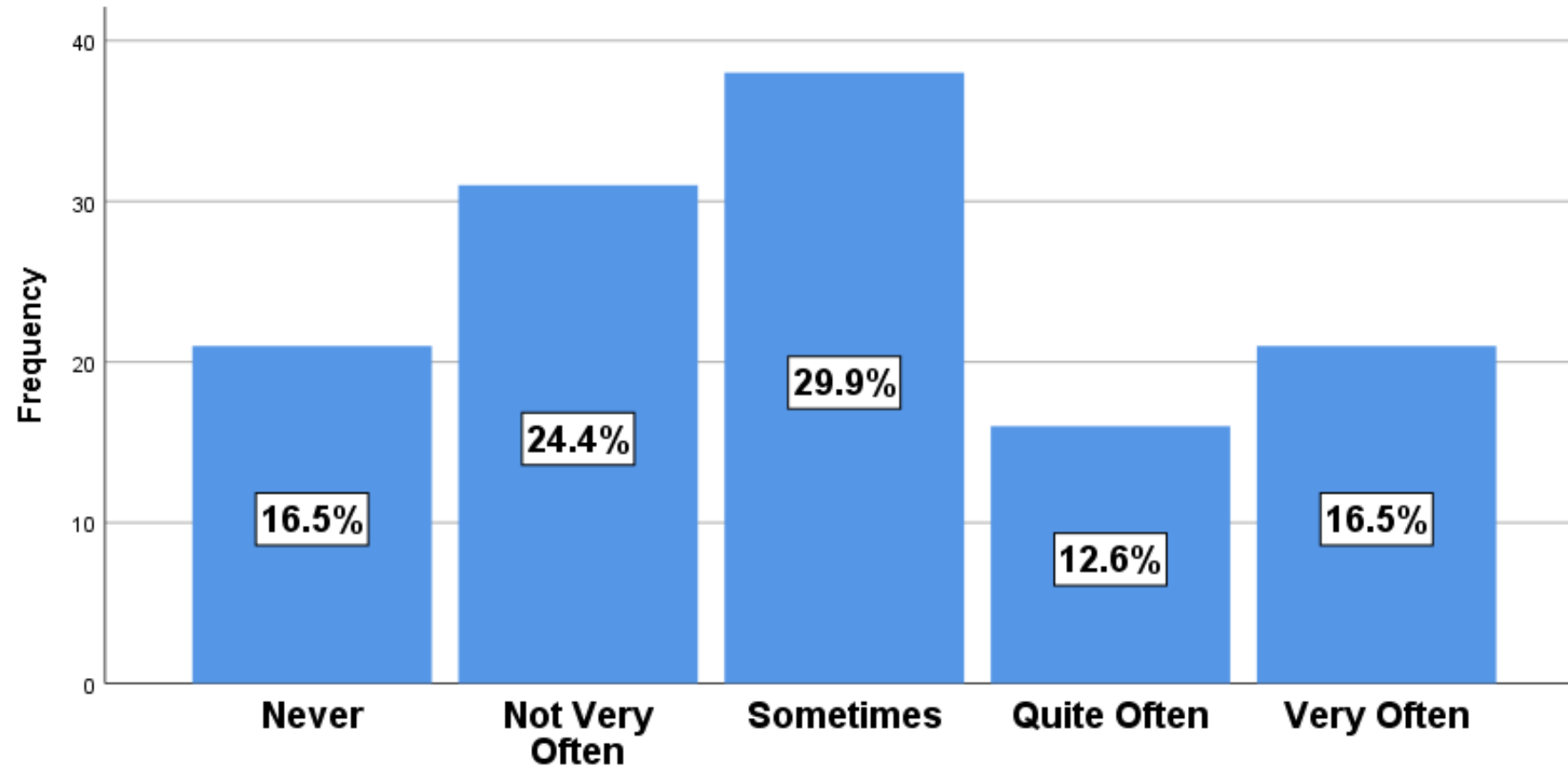
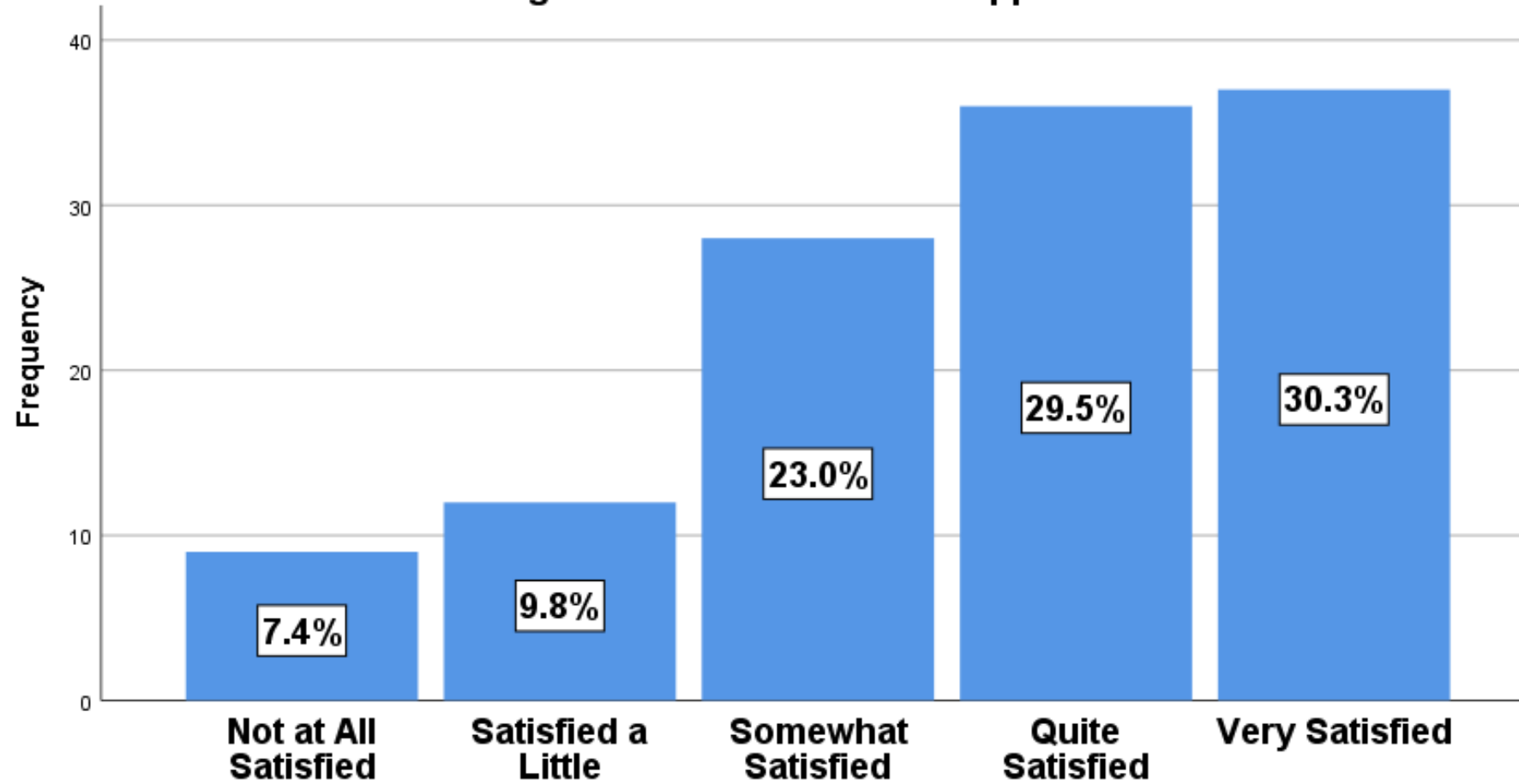


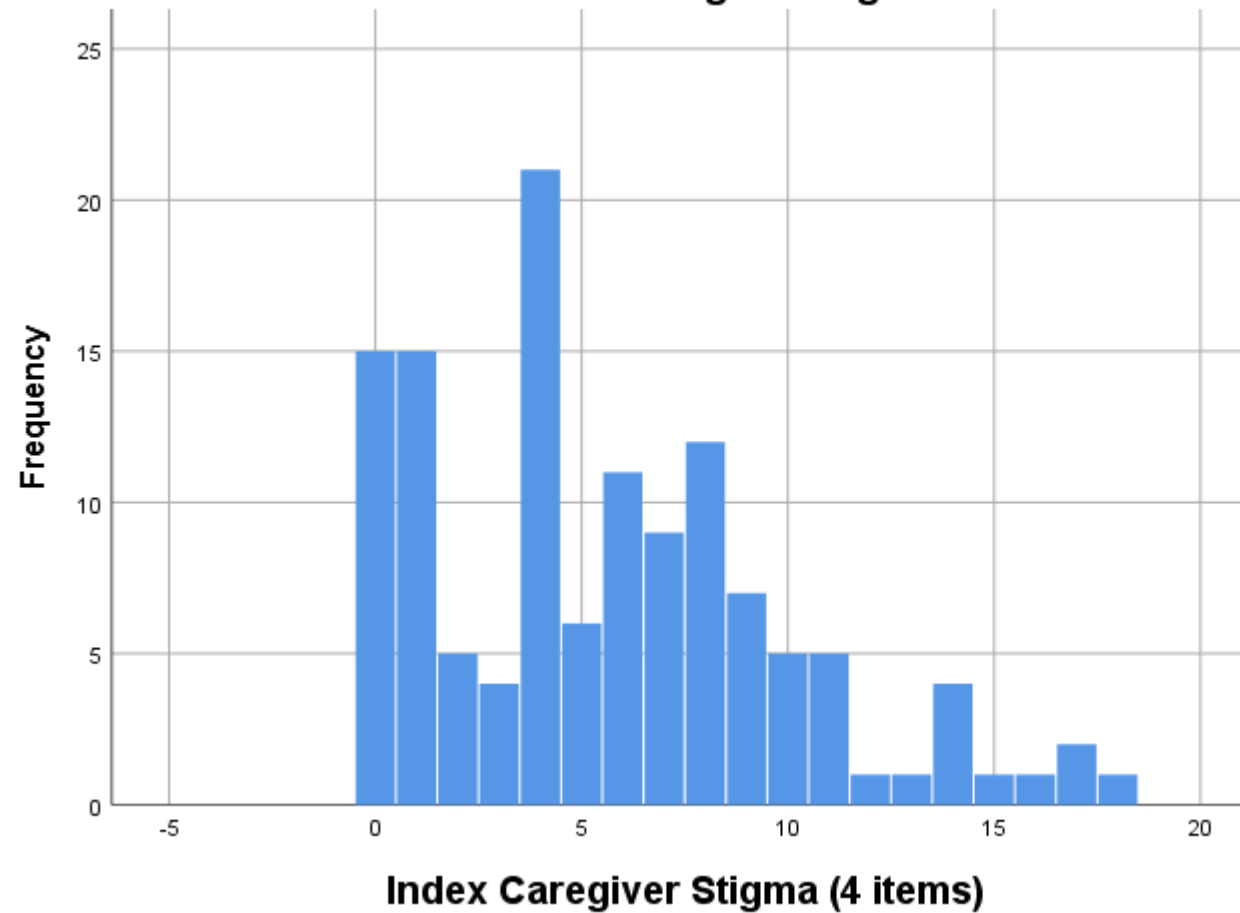
CHART 156. Caregiver's Satisfaction with Support from Others



Caregiver Perceived Stigma
Subjective Index (4-items, scale from 0 to 5)

Mean = 4.6 (SD = 4.3)
Range 0 to 18

CHART 157. Caregiver Stigma Index



Mean = 5.62
Std. Dev. = 4.323
N = 126

CHART 158. Care-Recipient Legal Guardian or Power of Attorney with ...

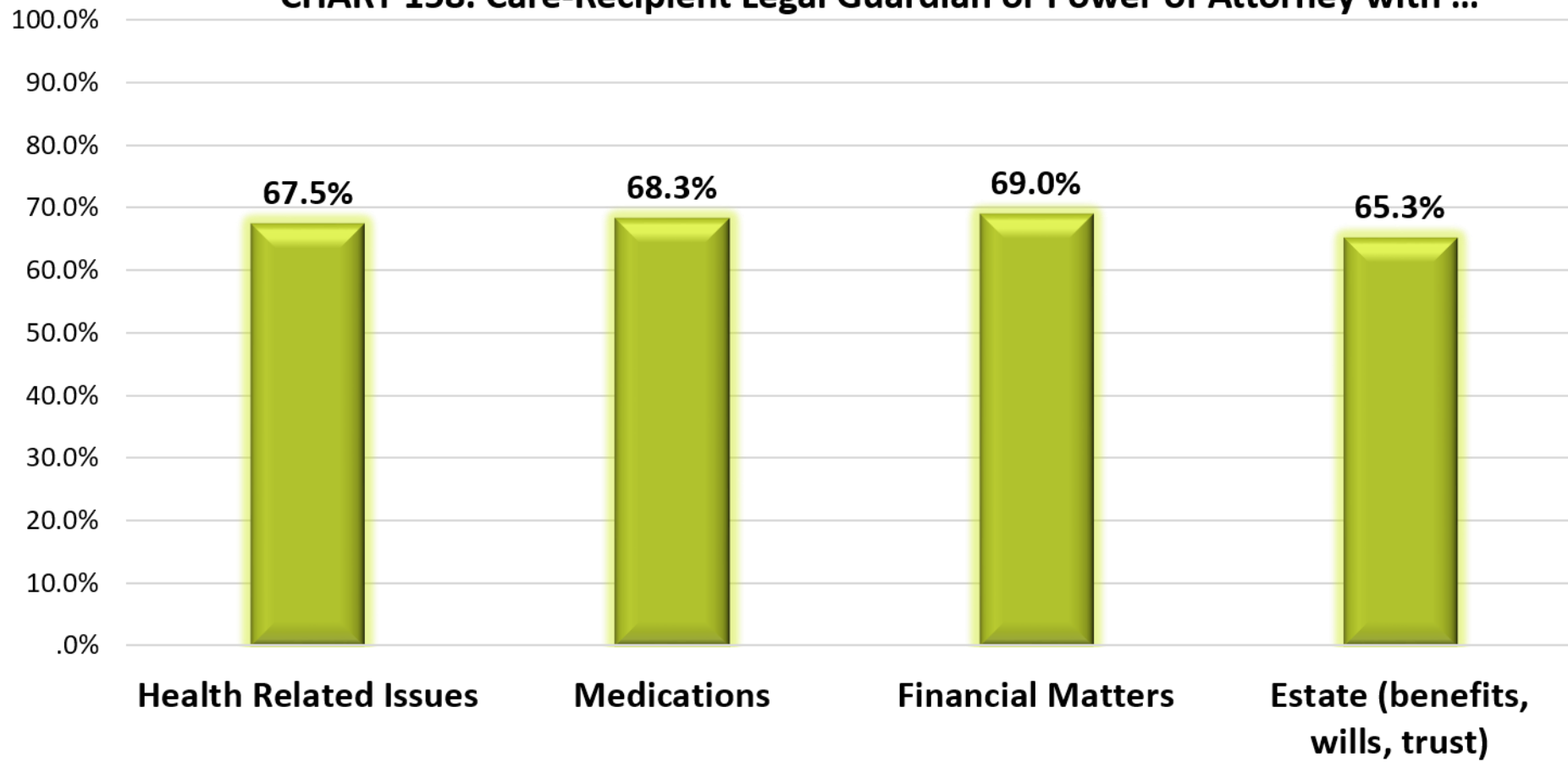
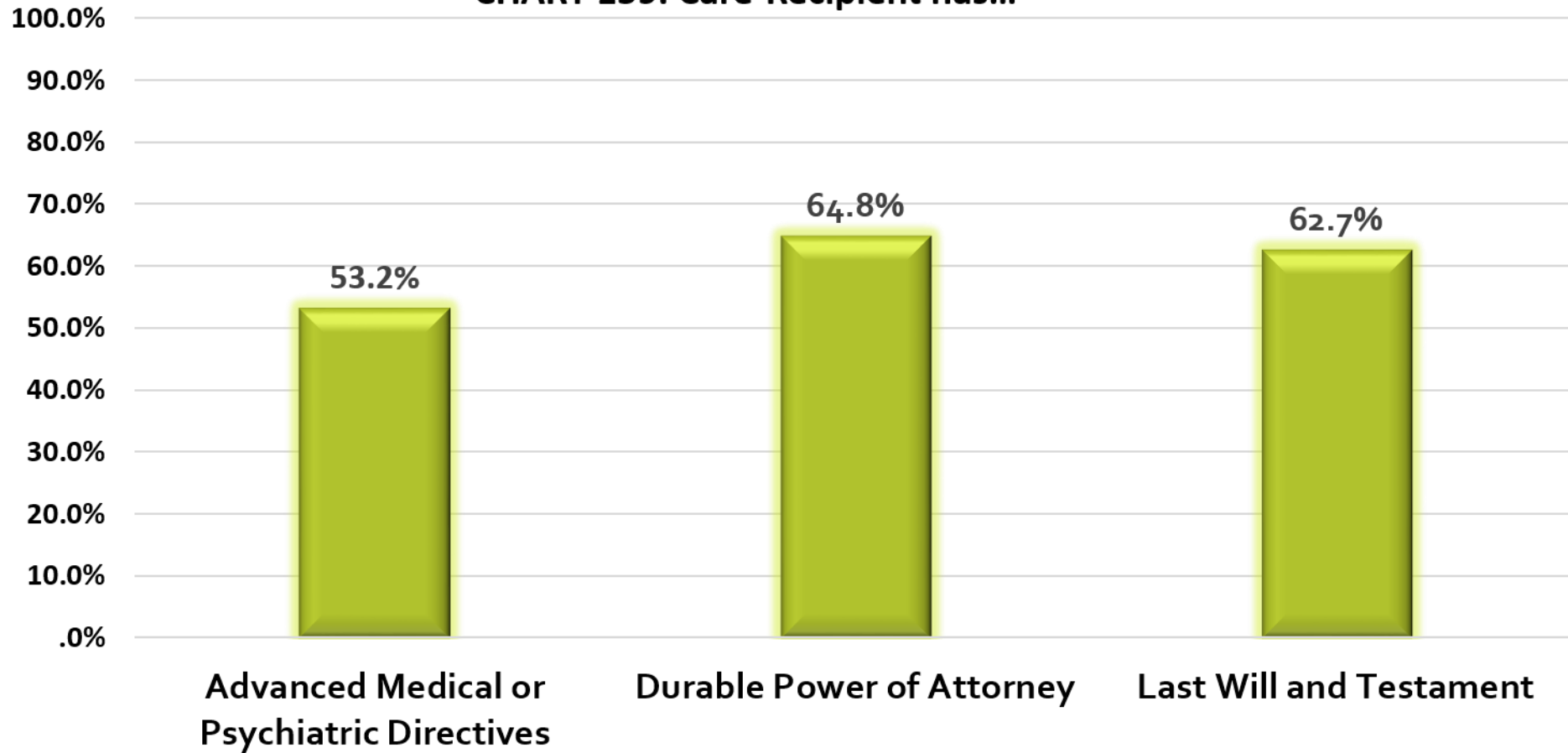


CHART 159. Care-Recipient has...



**CHART 160. Care-Recipient Afraid of Neglect or Abuse of Care
for the Care-Recipient**

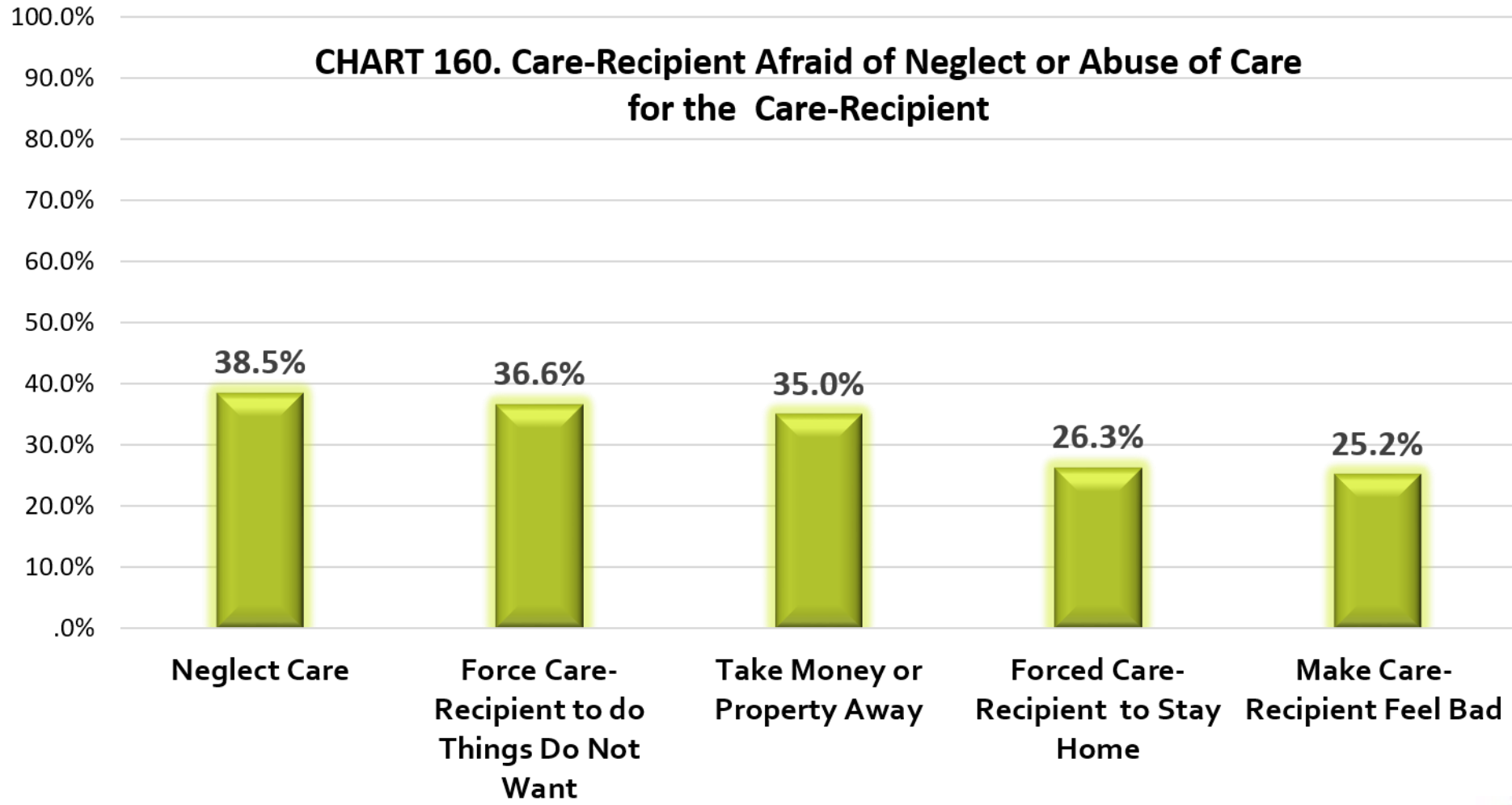


CHART 161. Caregiver Service Use in the Past 12 Months

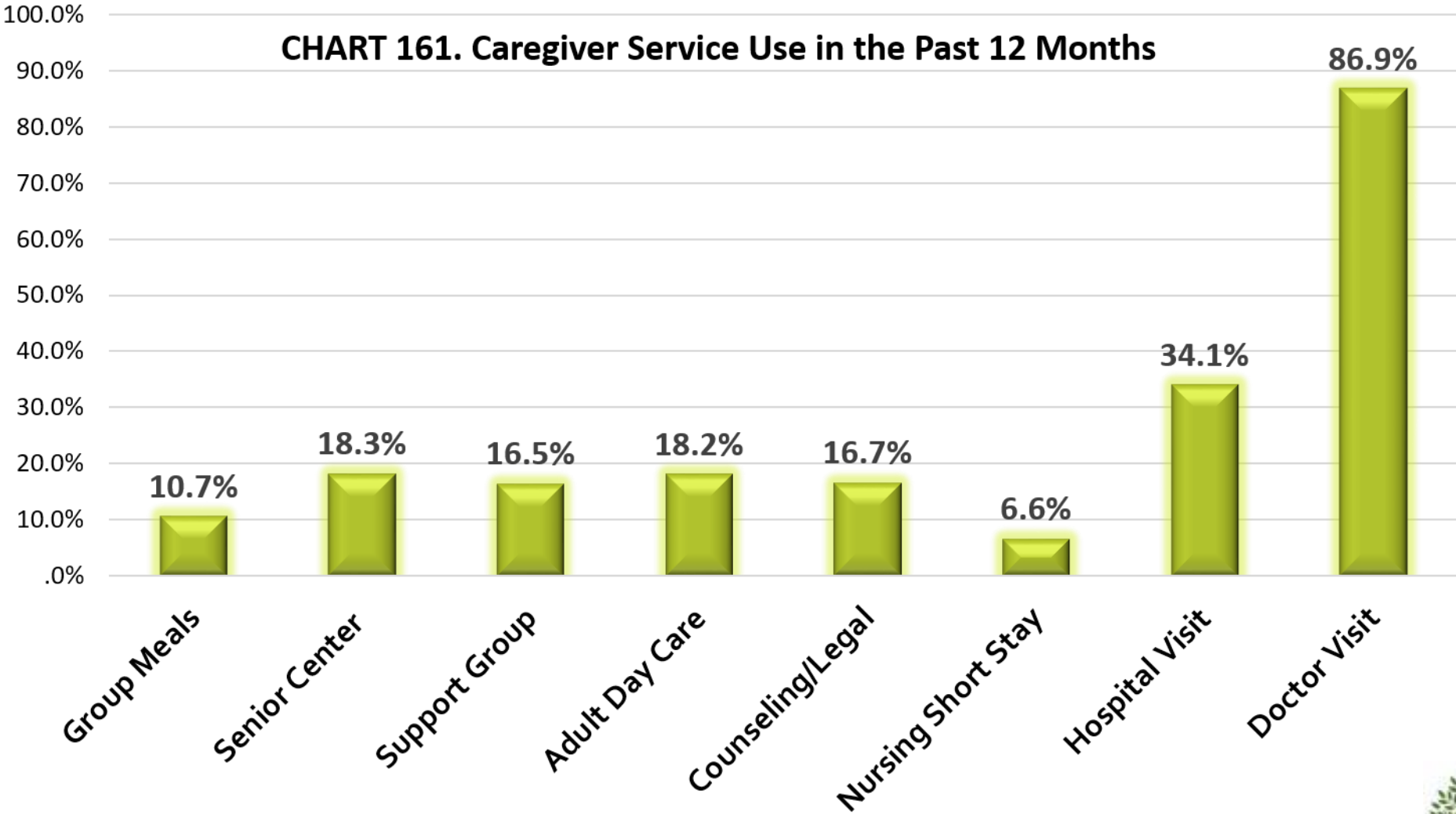
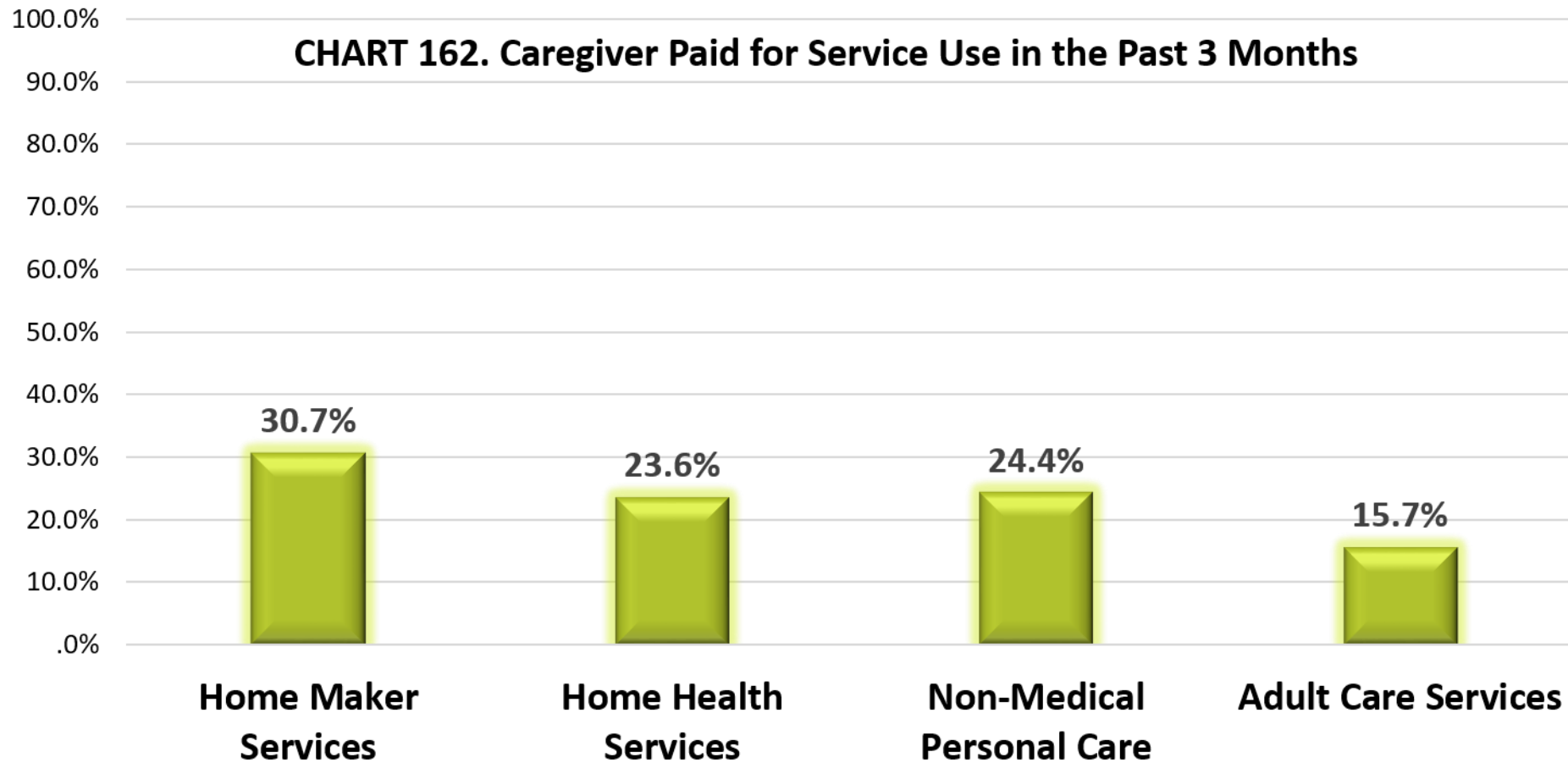


CHART 162. Caregiver Paid for Service Use in the Past 3 Months



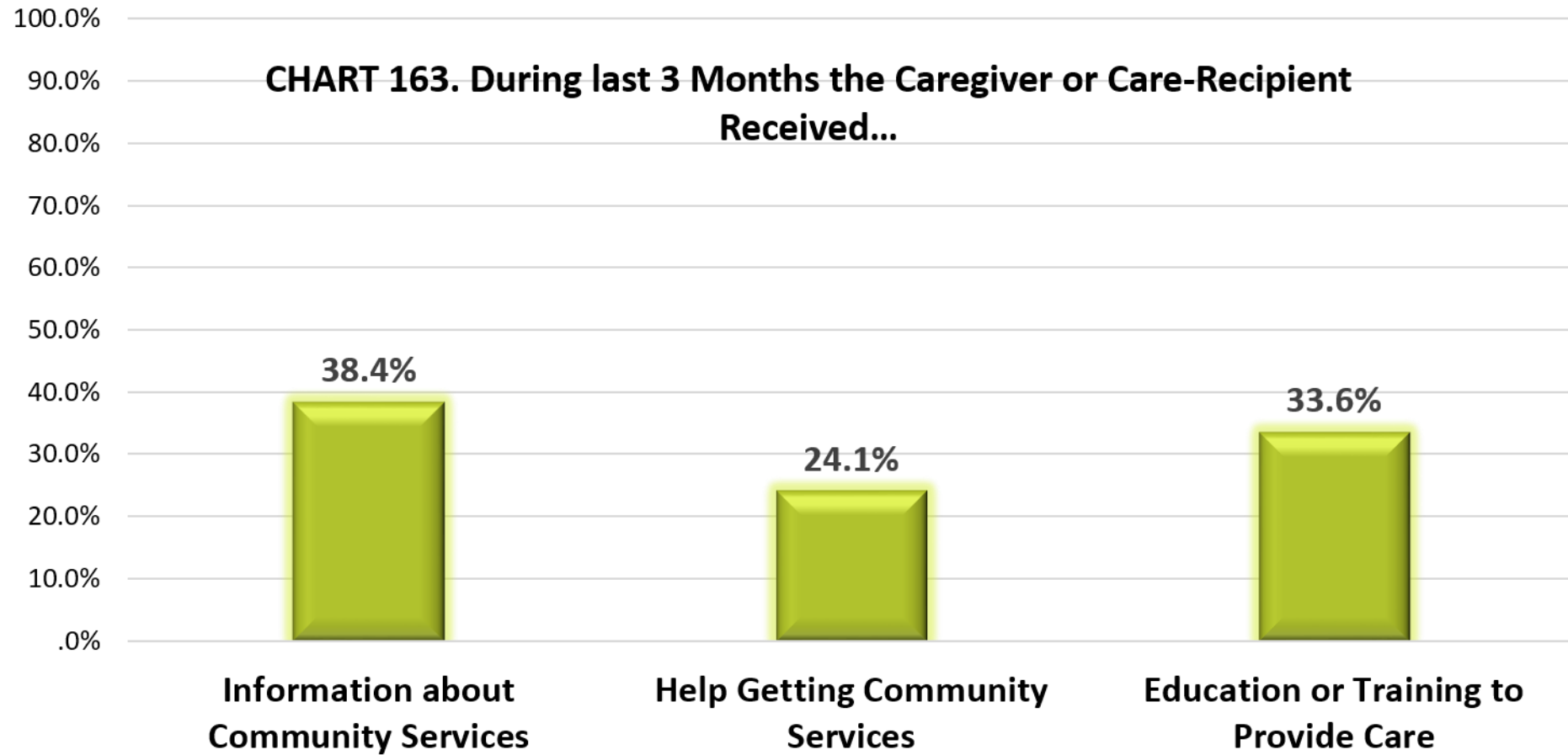
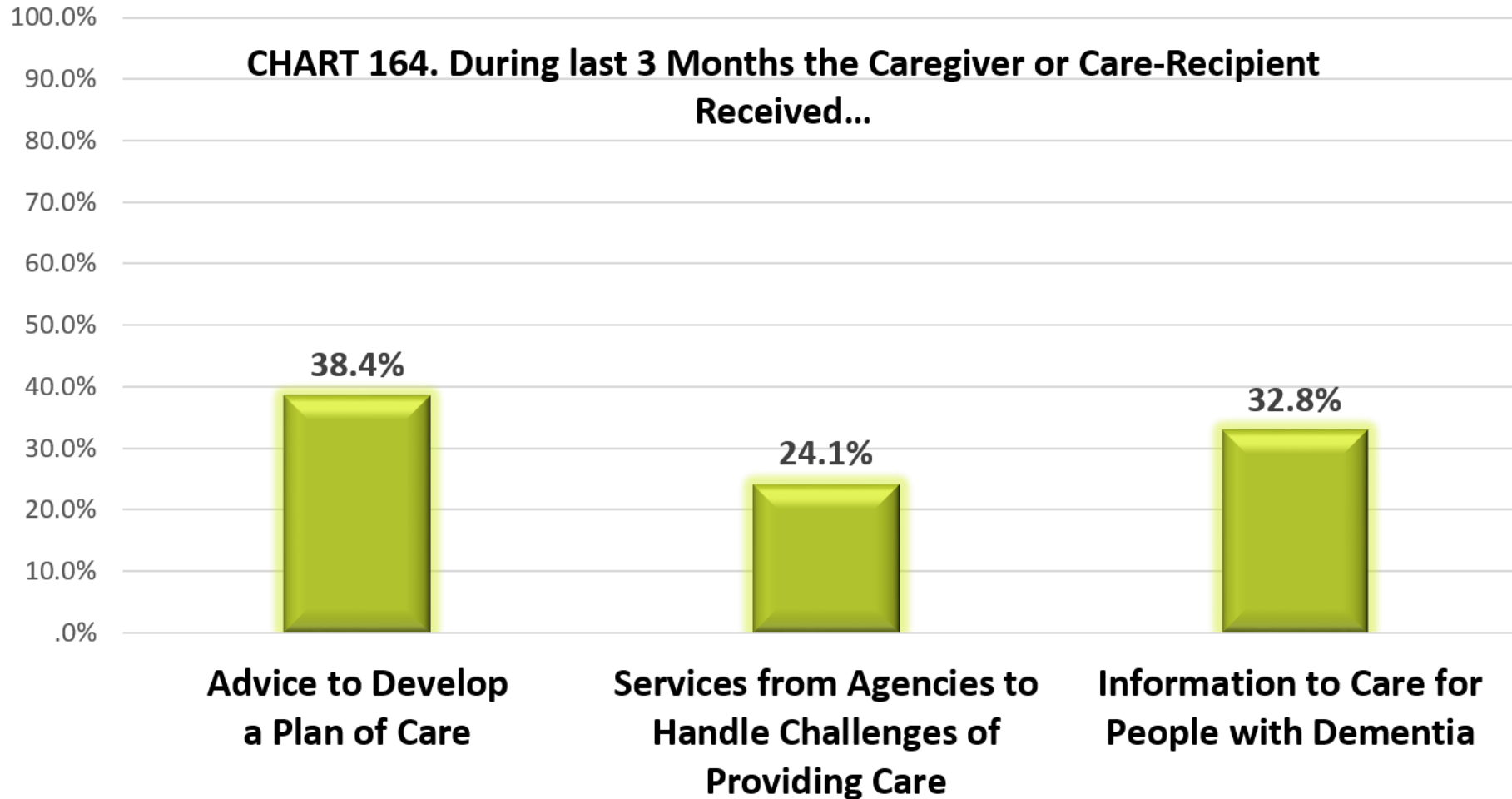


CHART 164. During last 3 Months the Caregiver or Care-Recipient Received...



**CHART 165. Caring for Alzheimer's
N = 127 Caregivers**

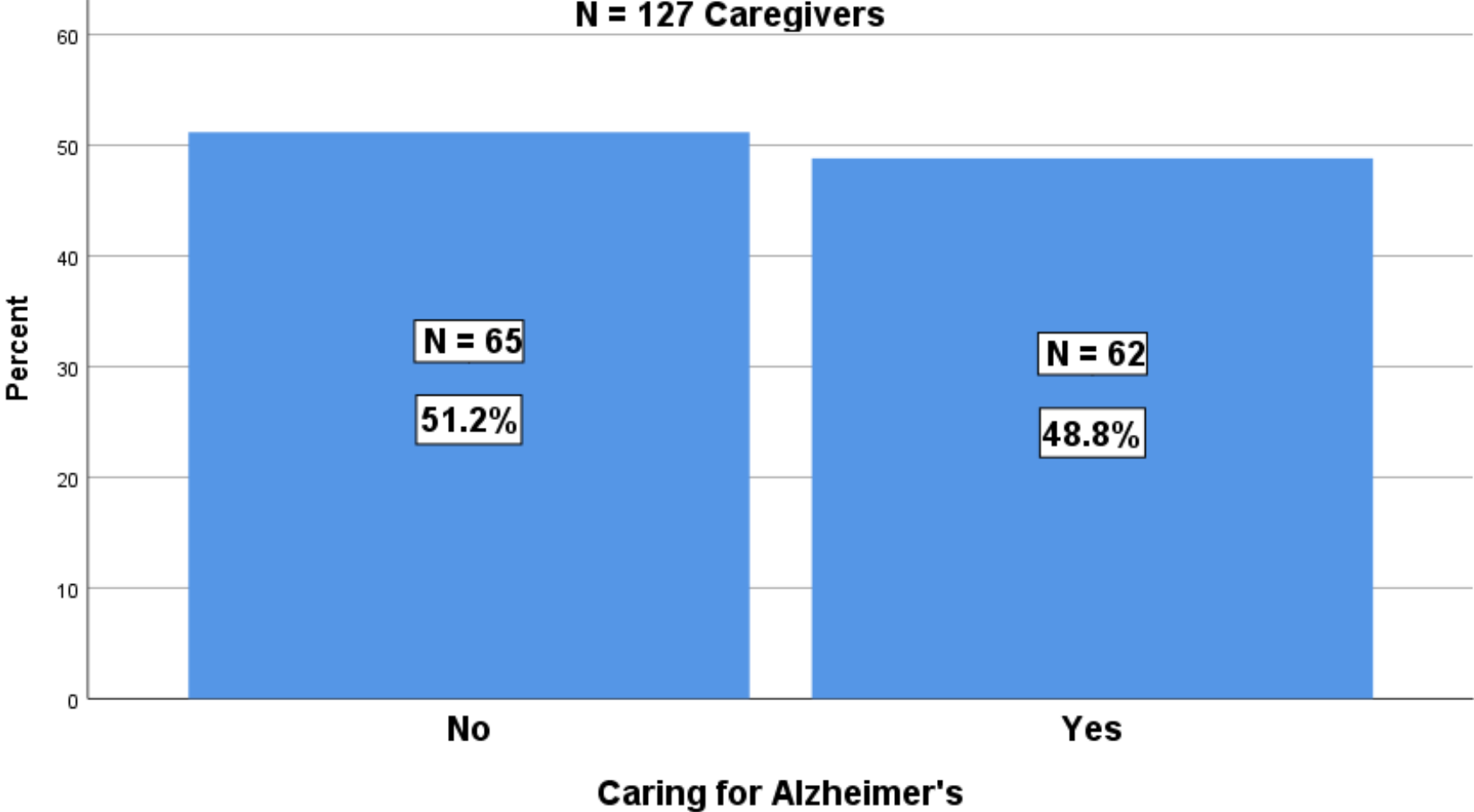


CHART 166. Care-Recipient Number of Chronic Conditions by Dementia

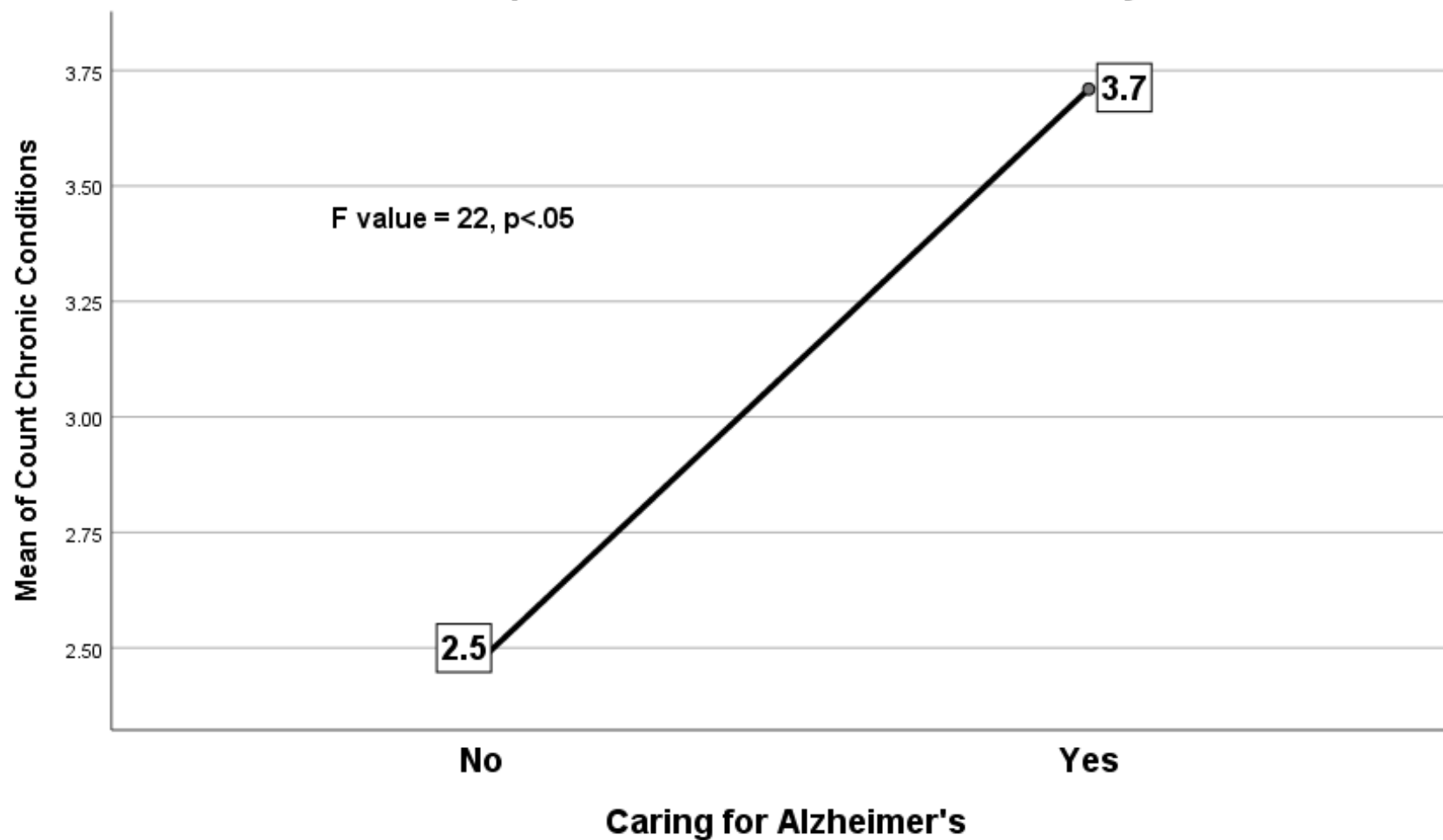


CHART 167. Caregiver Count on People to Care by Dementia

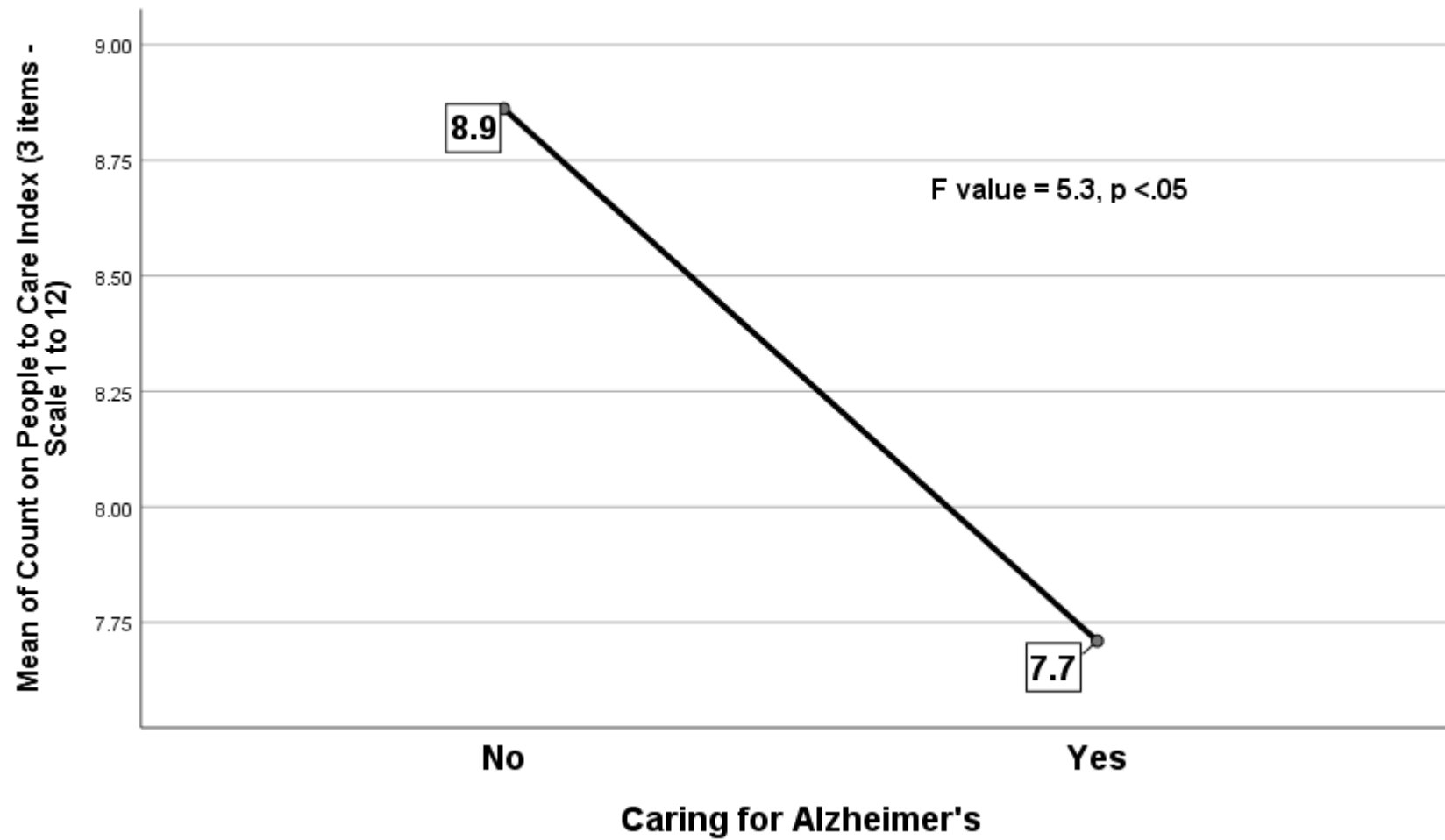
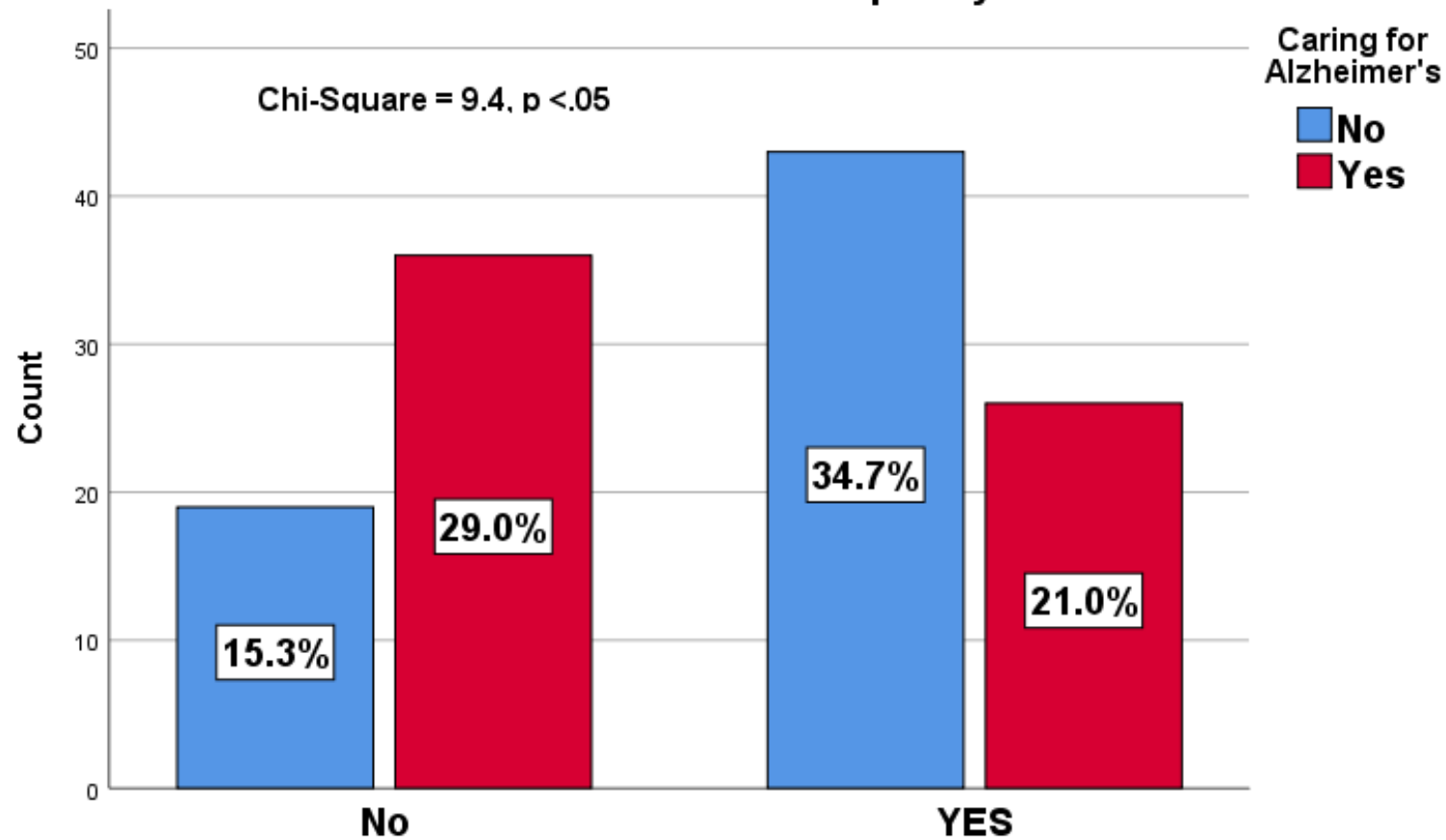


CHART 168. Informal Available Respite by Dementia



Is there someone else who would be able to provide the care you do?

CHART 169. Caregiver Use of Adult Day Care by Dementia

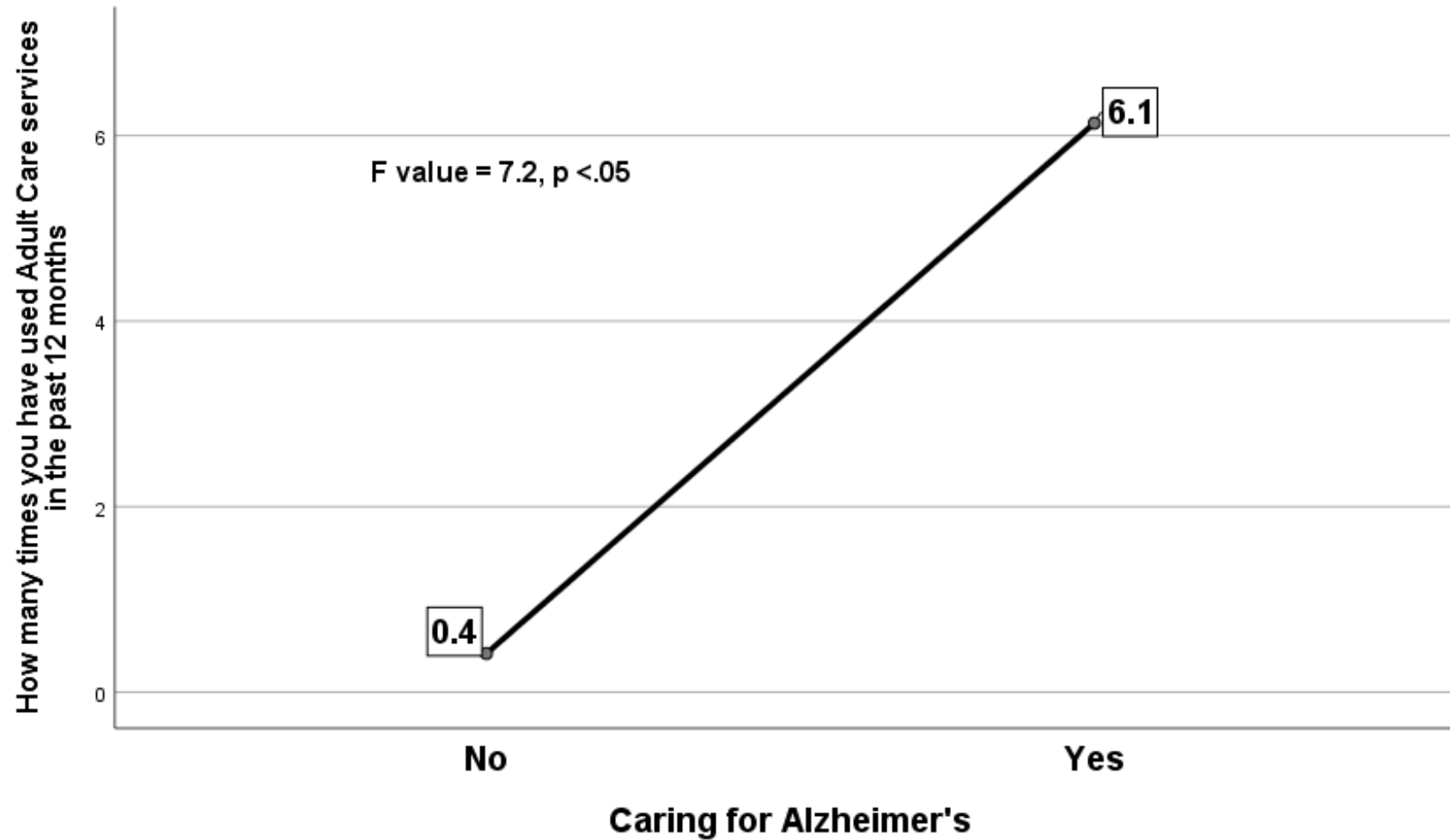


CHART 170. Caregiver Use of Paid Adult Day Care - Respite Service by Dementia

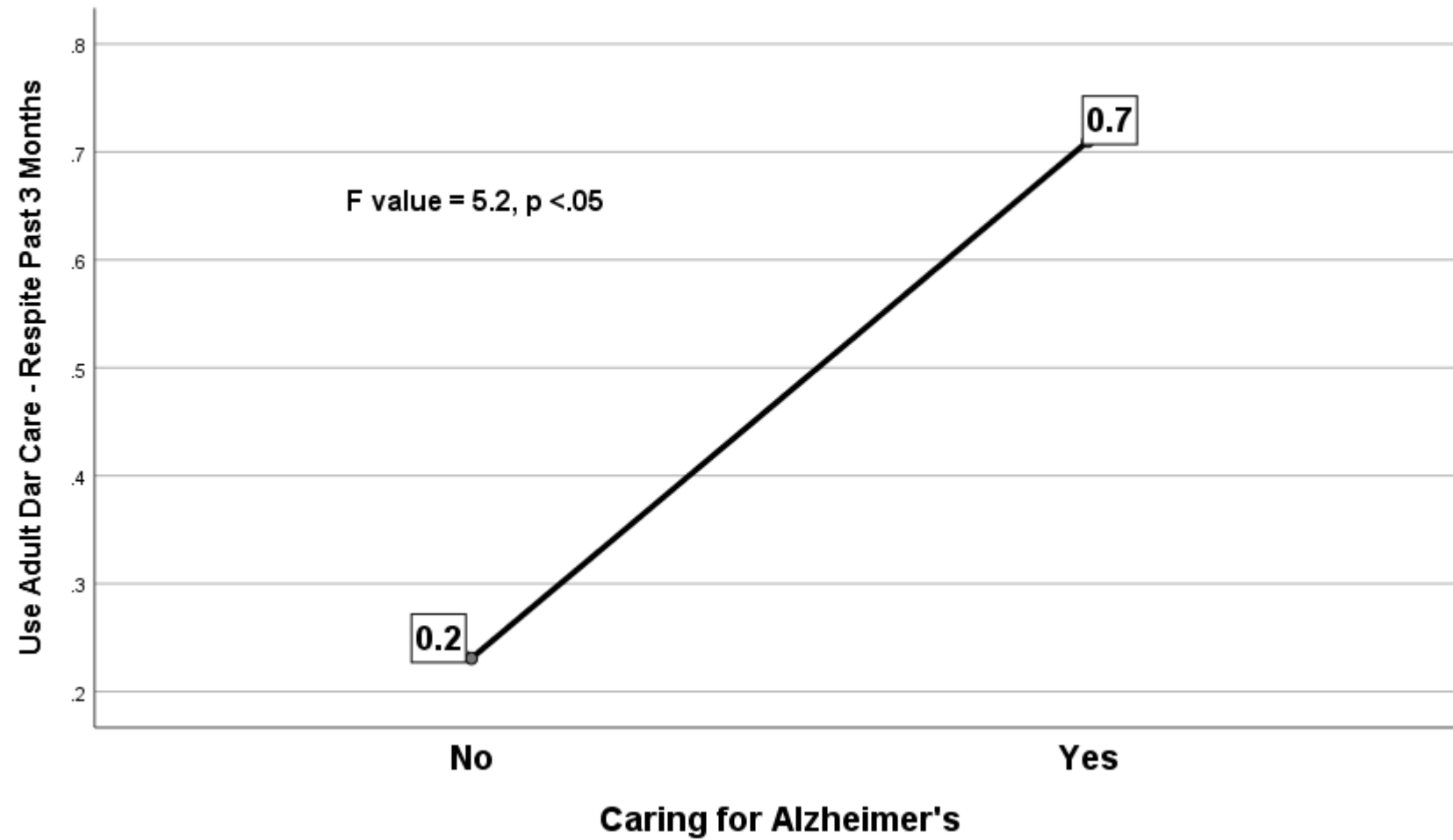


Chart 171. Care-recipient Needs and Support by Dementia

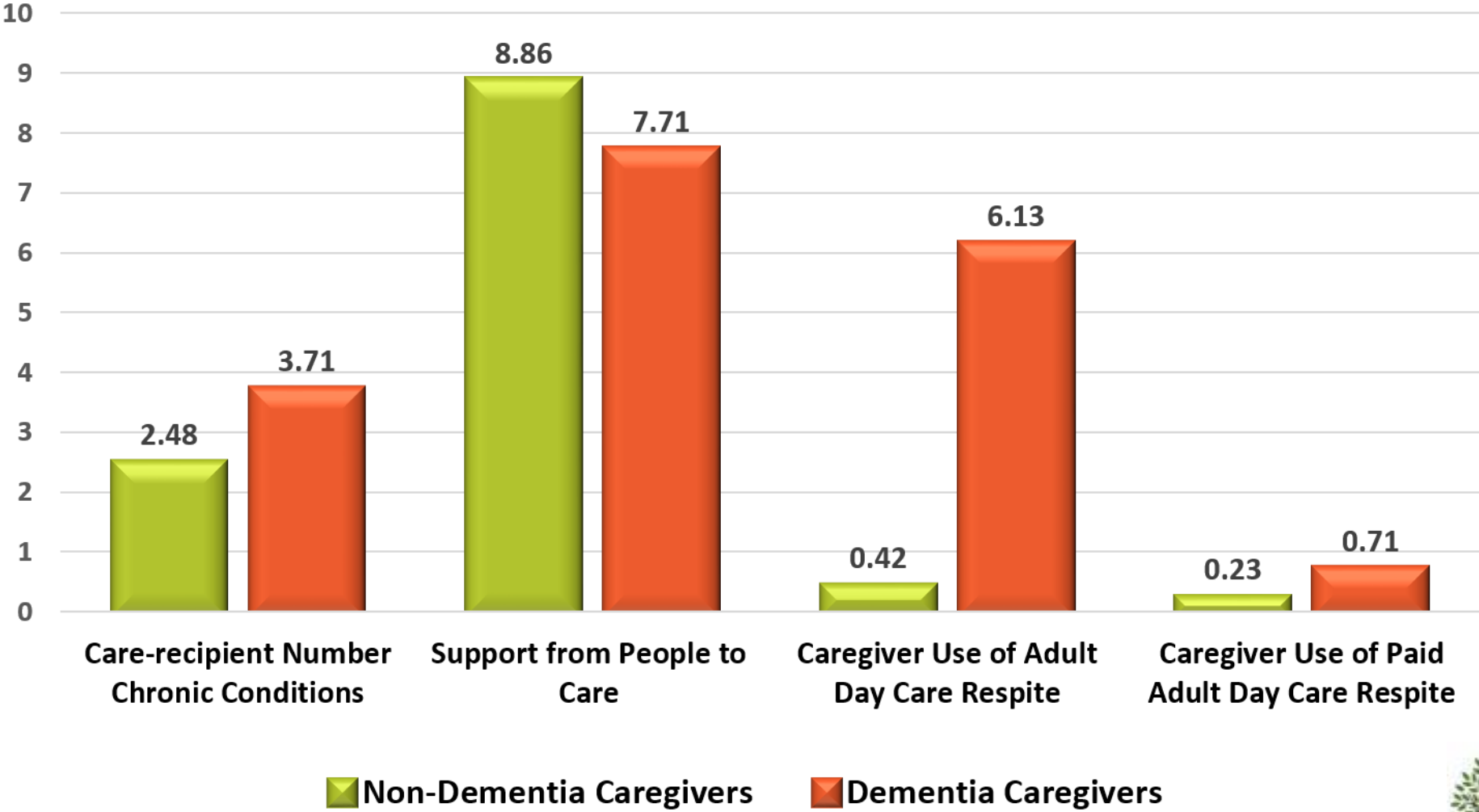


CHART 172. Frequency of Care per Week by Dementia

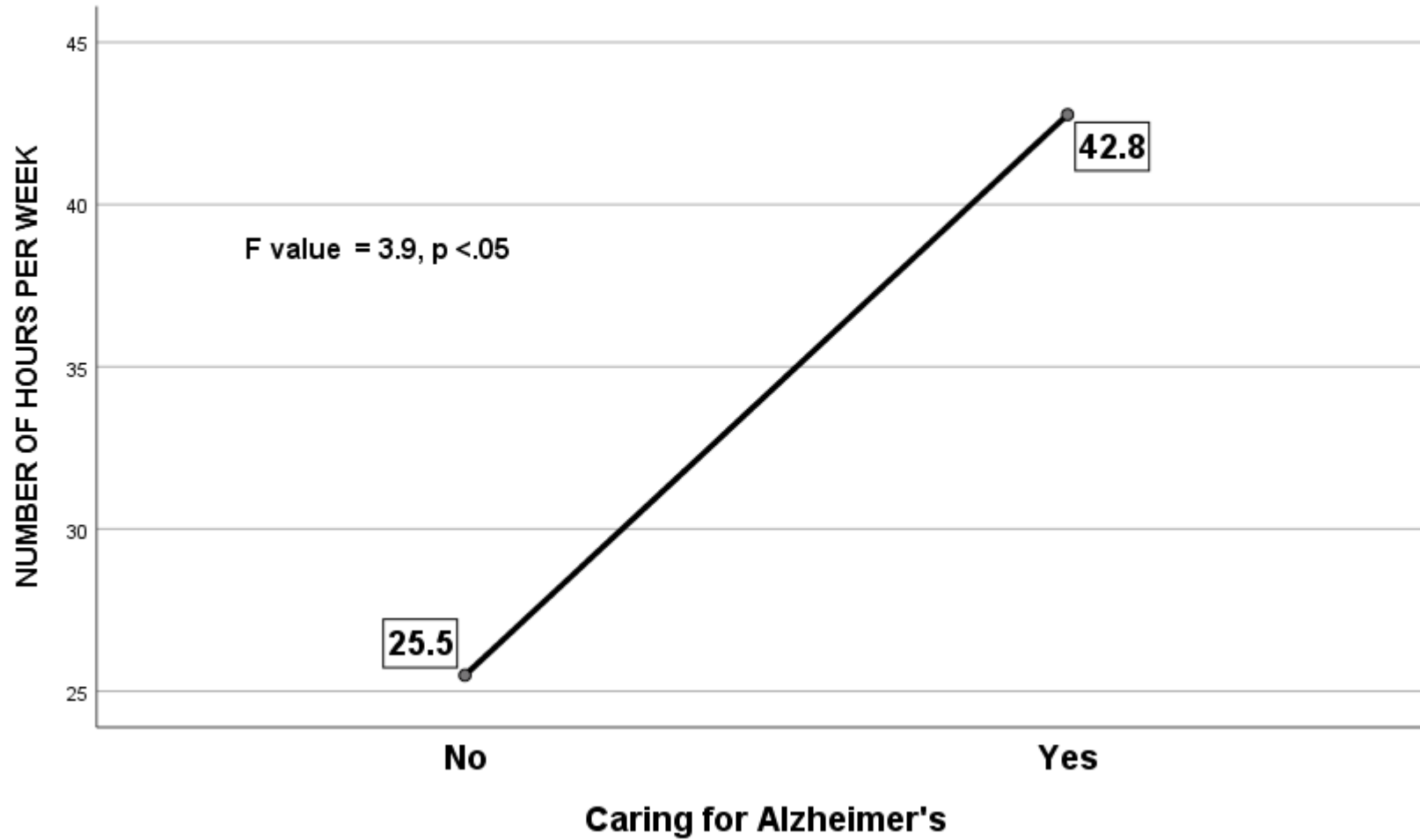


CHART 173. Caregiver Help with ADL/IADL's by Dementia

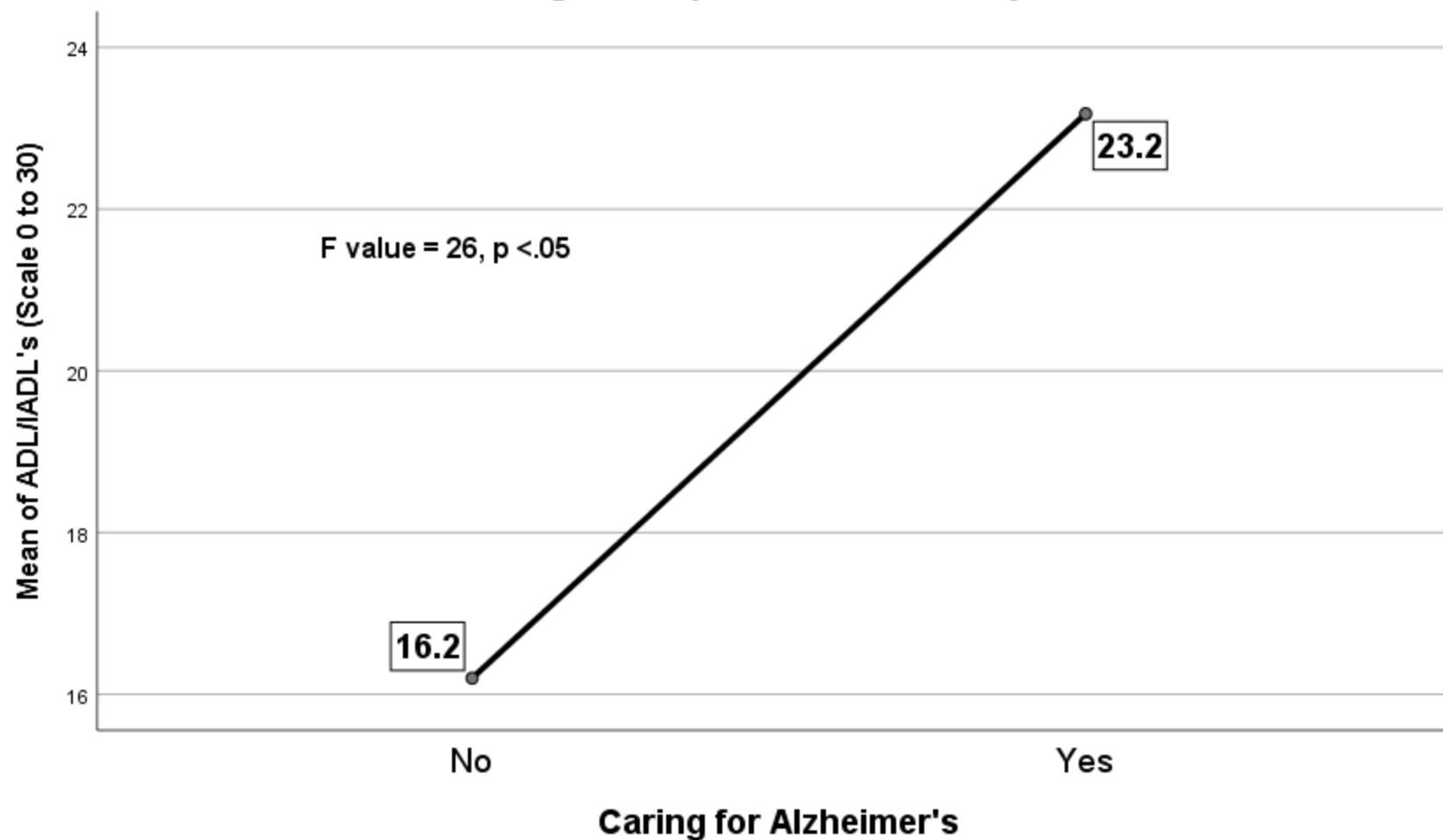


Chart 174. Caregiver Help with ADL/IADL's Needs of Care-recipient by Dementia

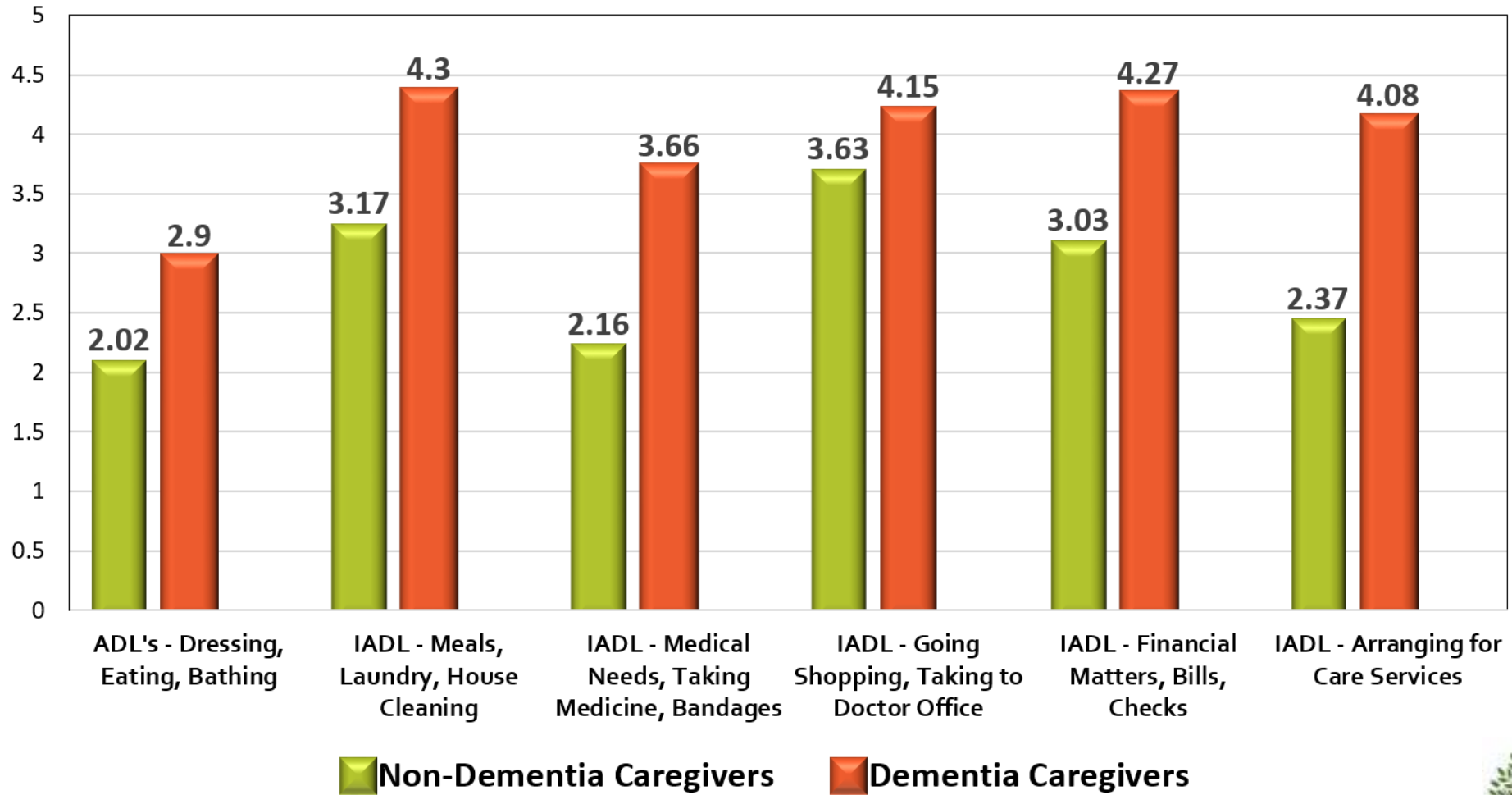


CHART 175. Caregiver Strain by Dementia

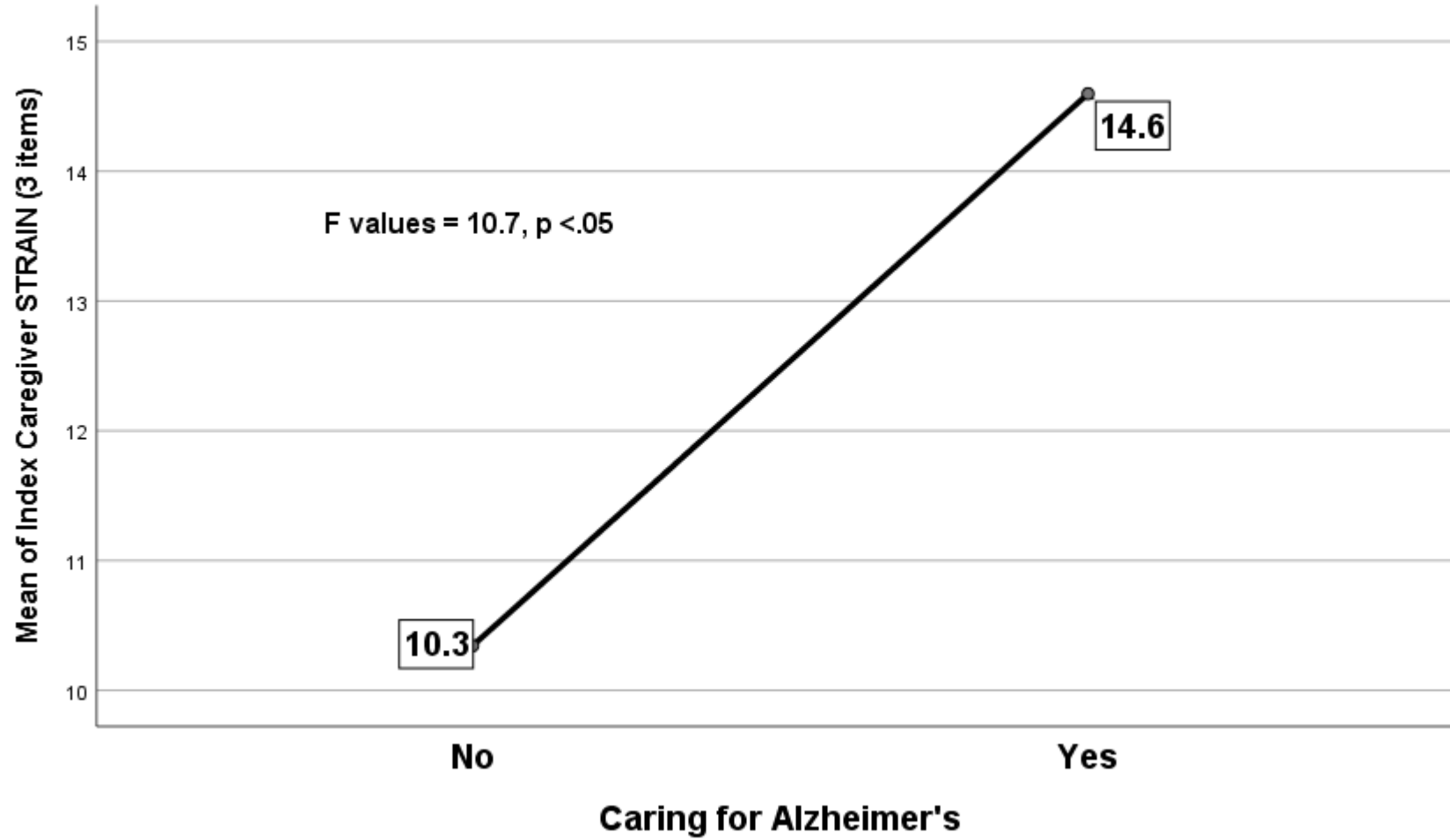


CHART 176. Caregiver Perceived Stress by Dementia

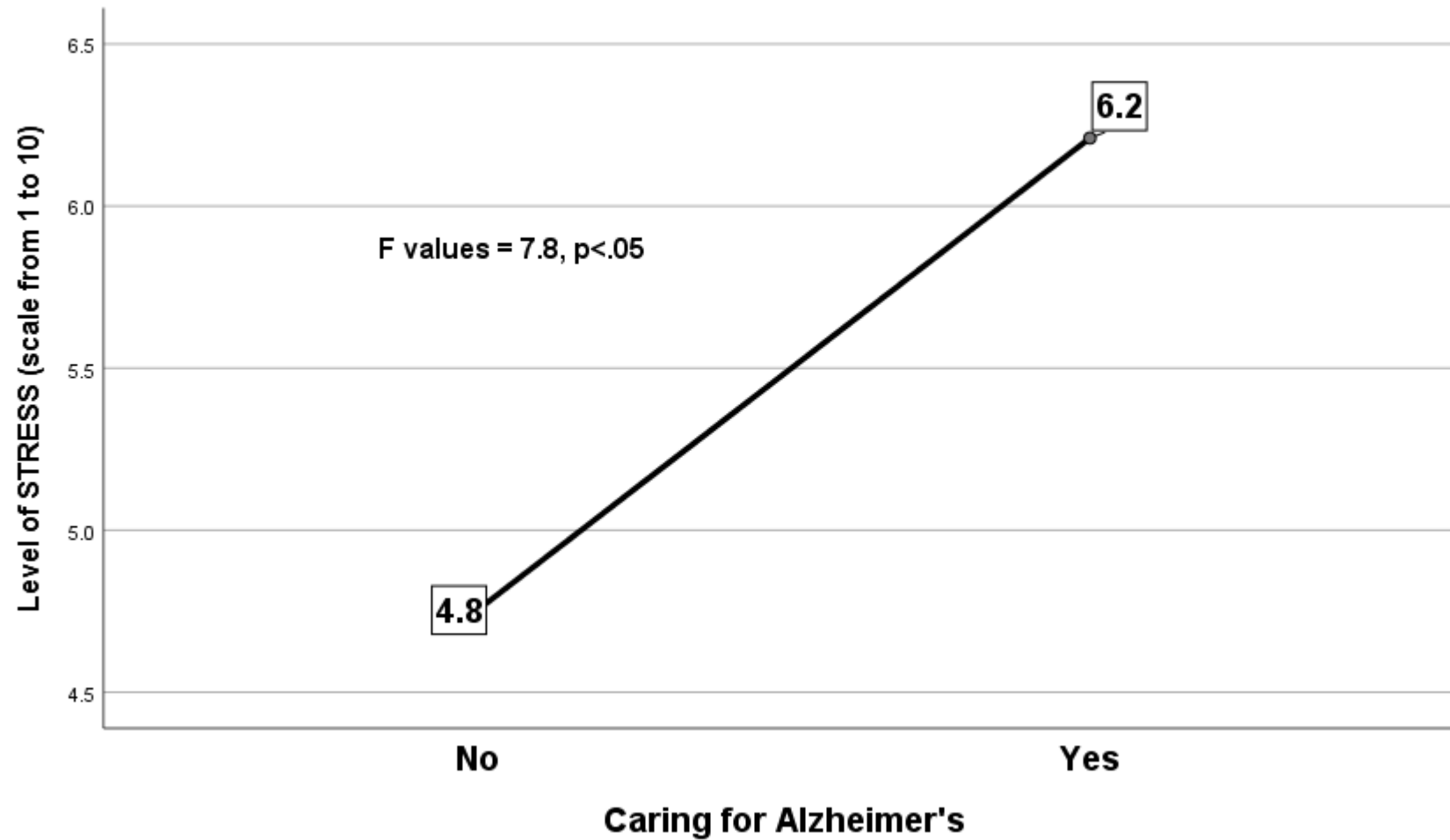


CHART 177. Caregiver Burden Index by Dementia

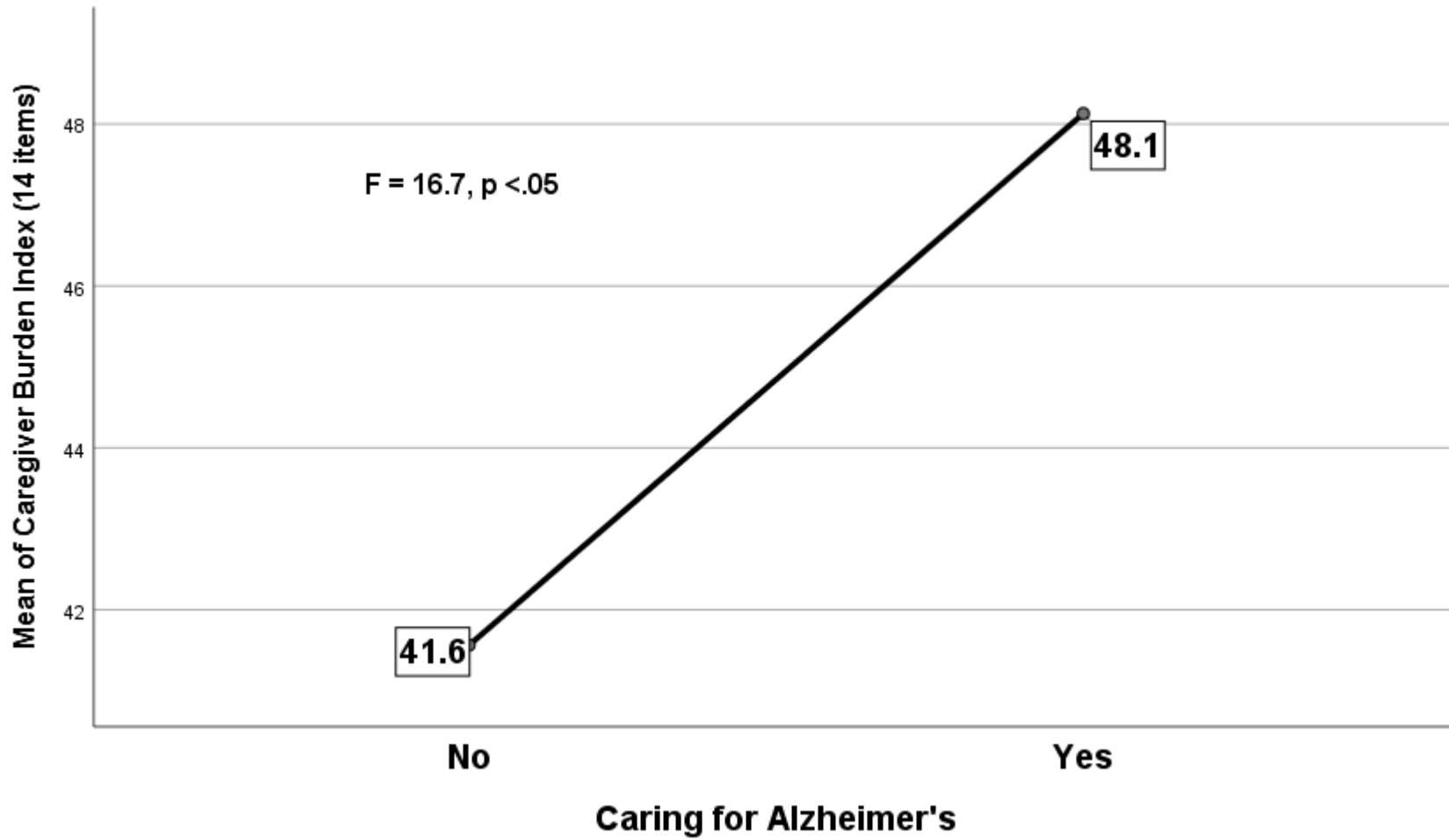


CHART 178. Caregiver Stigma Index by Dementia

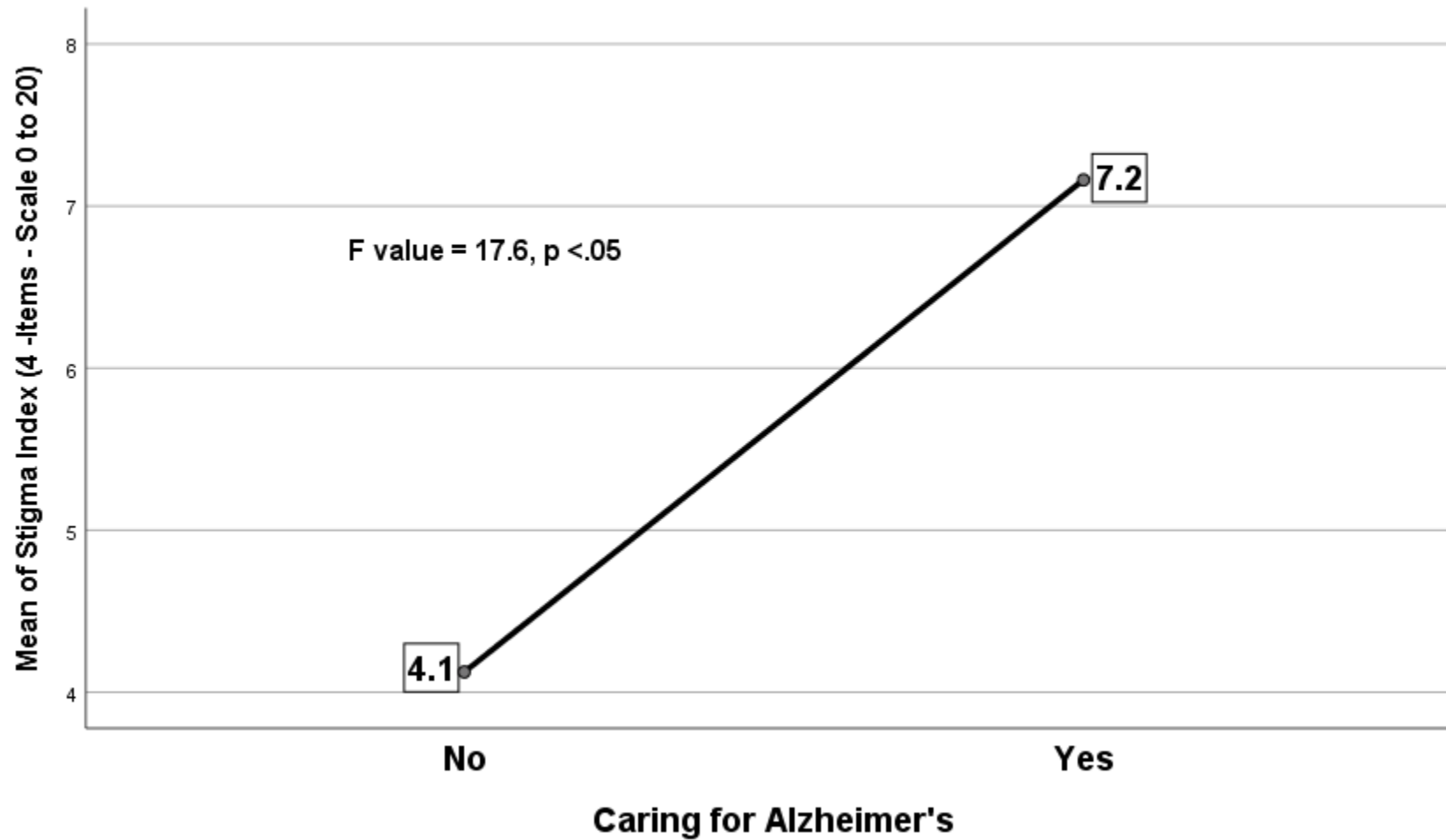


CHART 179. Nursing Home Placement by Dementia

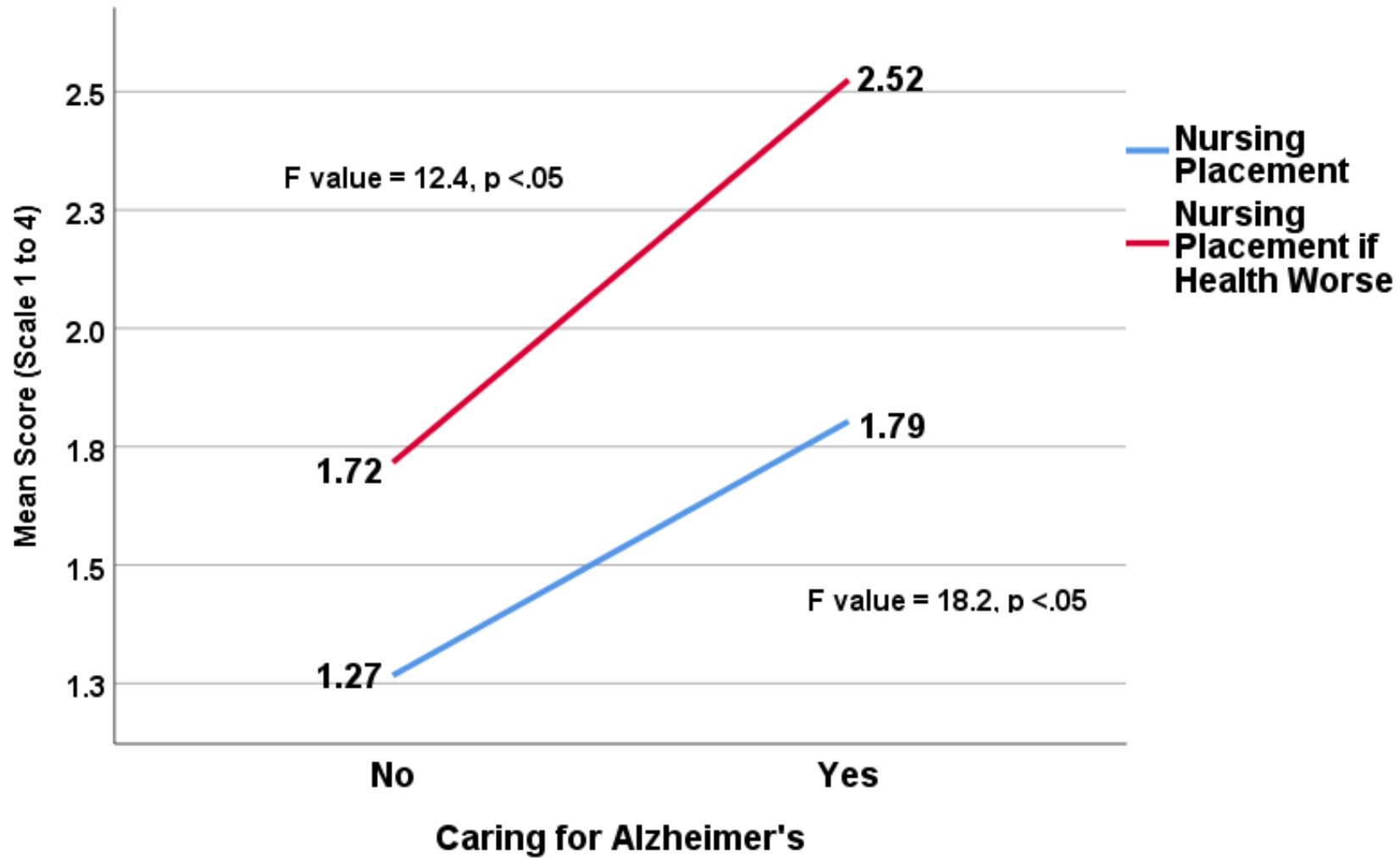


Chart 180. How often Caregivers Received Information about Services Past 3 Months by Dementia

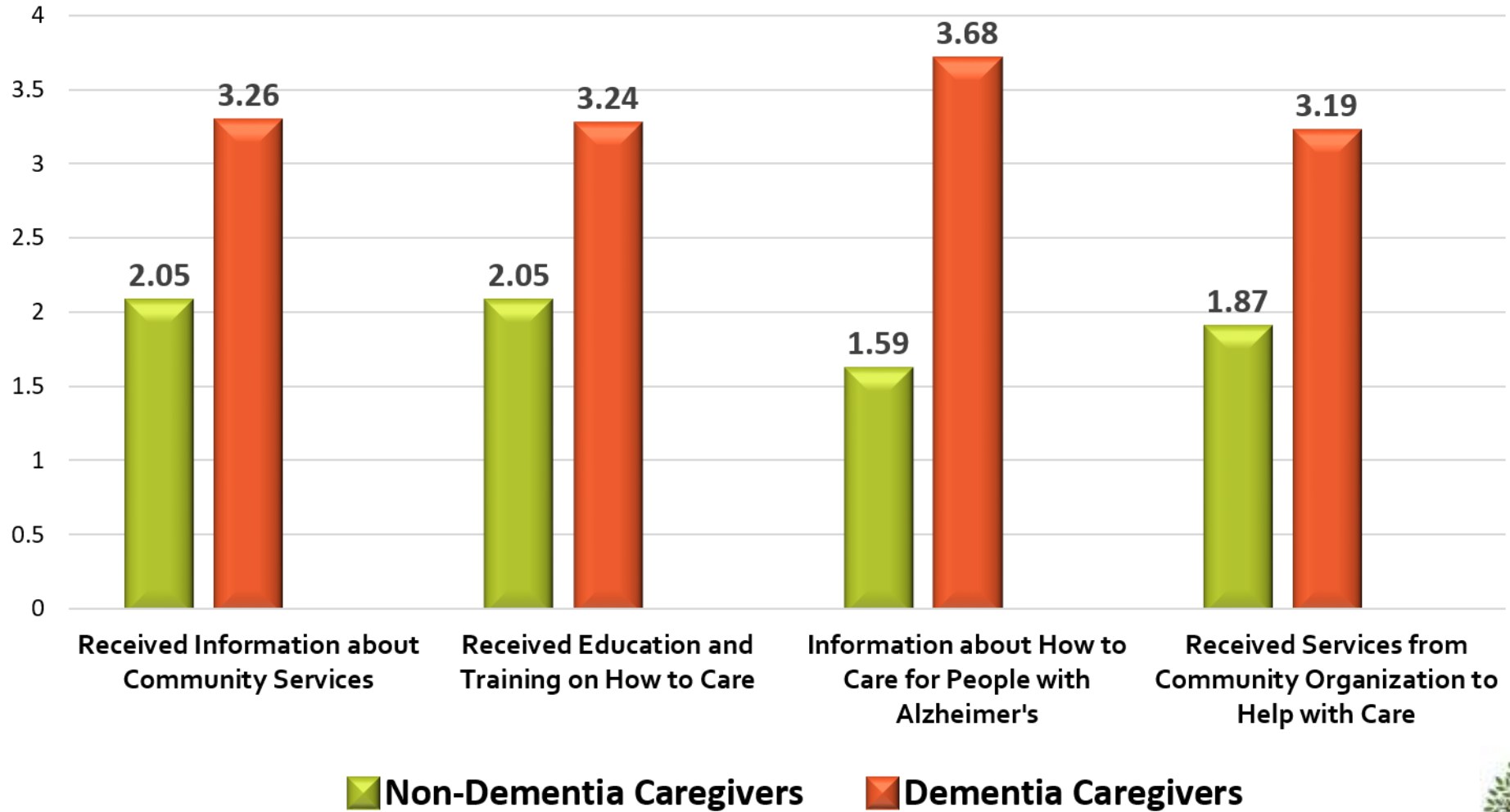


Chart 181. Caregiver Health Outcomes by Dementia

